

The Newport **Navalog**

VOL. 104 NO. 9 MARCH 5, 2004

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Story hour

Ron Fontaine/U.S. Navy photo

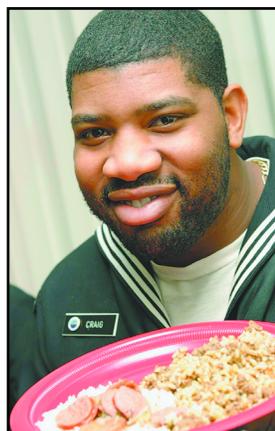
Master-at-Arms First Class Levorn Smallwood of the Naval Station Newport First Class Petty Officers Association reads the story, *George Washington*, to second graders in Sheffield School last Friday. The FCPOA has an informal partnership for reading every other Friday. Teacher Liz Walker said the pupils are studying 'then and now' in social studies, and comparing colonial with contemporary life.



Dicky gets body armor

Naval Station Newport Security's military working dog, Dicky, is fitted with her own body armor.

—Page 2



Desegregation reexamined

Naval Ambulatory Care Center observes African American History Month with speaking program on school desegregation.

—Page 4



SWOS tagged as Flagship

Surface Warfare Officers School Command wins another Flagship Award for its volunteer efforts in the community.

— Pages 8-9



Ron Fontaine/U.S. Navy photo

SNUG FIT — Denise Anthony, founder of Rhode Island Vest A Dog, helps Petty Officer Martin Branch, Naval Station Newport Security's military working dog handler, fit new Kevlar body armor on Dicky, his Belgian Malinois.

Security's canine Dicky fitted with body armor

By **CAROLYN BAKER**
NAVSTA Public Affairs Staff

Naval Station Newport Security's lone military working dog now has her own issue of body armor like her human law enforcement counterparts.

Dicky, a 20-month-old Belgian Malinois received her own bullet and stab-proof vest on Feb. 25 from Denise Anthony, founder of the Rhode Island Vest A Dog organization. Capt. Robert McLaughlin, Commanding Officer, NAVSTA, and security personnel attended brief ceremonies at Building 690, Command Headquarters.

Master-at-Arms Second Class Martin Branch, Dicky's handler, thanked Anthony for her efforts to protect dogs throughout Rhode Island.

Anthony said she started the organization in October 2001 and has since raised enough money to distribute 14 dog vests to police K-9 units in Rhode Island. She raises money from donation cans at Big River Vet Services in West Greenwich and Wolf Rock Vet Services in Exteter, and also plans walkathons, hikes, and golf tournaments.

Dicky's vest, which costs \$715, was paid for by the proceeds from a local golf tour-
CANINE, Page 13

Contractor named for privatization of Navy housing

By **DAVID SANDERS**
NAVSTA Public Affairs Officer

The Department of the Navy has selected the development team of GMH/AB/Centex Military Communities, LLC, to participate in exclusive negotiations for a public-private venture (PPV) partnership of the Navy's Northeast Region military housing.

This privatization initiative is a significant step toward more effectively and efficiently providing quality, affordable housing to military families

located in the Navy's Northeast Region.

The Northeast Family Housing privatization project will affect over 5,600 Navy owned homes spread over five states at the following locations: Naval Air Station Brunswick, Maine; Portsmouth Naval Shipyard, Kittery, Maine; Naval Station Newport, R.I.; Naval Submarine Base New London, Groton, Conn.; Naval Support Unit Saratoga Springs, N.Y.; Naval Weapons Station Earle, Colts Neck, N.J.; Naval Air
CONTRACTOR, Page 13



Ron Fontaine/U.S. Navy photo

SEASON OF LENT — Janet Andrade, secretary for the commanding officer, Naval Academy Prep School, receives ashes on Ash Wednesday from Chaplain (Cmdr.) Michael Dory, a student at the Naval Chaplains School, at Capt. Howard Kay Hall last week.

Chamber music next in concert

By **CAROLYN BAKER**
NAVSTA Public Affairs Staff

Navy Band Northeast will continue its ninth annual Spring Recital Series with woodwinds and saxophone chamber music on Sunday, March 14, at 3 p.m. in Pringle Hall, Naval War College.

A woodwind trio will feature Musicians Second Class Nate Bissell, Heather Knepper and Lori DeJesus; and a saxophone quartet will include Musicians Second Class Frank Newton

and Art Felluca, and Third Class Carl Muckerheide and Henry Hernandez.

Performances will include the works of Debussy, Nestico and Dubois, and the concert will last about an hour.

The remaining three concerts in the series will feature the band's steel drums, brass choir, and wind octet. The concerts will be performed in Pringle and Spruance Halls.

The others will be Sunday, March 28, at 3 p.m., in Pringle Auditorium: "An Afternoon of

Steel Drums;" Sunday, April 25, 3 p.m., Spruance Hall: Brass Choir and Wind Quartet; and Sunday, May 2, 3 p.m., Spruance Hall: "Miles on End."

All concerts are free and the public is invited as guests of the Commanding Officer, Naval Station Newport. Attendees who do not normally have access to the Naval Station must contact NAVSTA Newport's Public Affairs Office at (401) 841-3538 to be placed on an admittance list.

Navalog

Capt. Robert P. McLaughlin Jr.
Commanding Officer, Naval Station Newport

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Joy Christmas/U.S. Navy photo

CAPPING 51 YEARS—Lorreta Massey, a military pay clerk at Personnel Support Activity Detachment in Building 690, holds her Presidential Proclamation presented by Chief Personnelman (SW/AW) Michael West, Officer-in-Charge, during her retirement ceremonies last week.

Half century of civil service

Pay clerk started when Truman was president

By **JOY CHRISTMAS**
NAVSTA Public Affairs Staff

Mimeograph machines to color copiers, manual typewriters to personal computers, and party lines to cell phones are just a couple of changes Loretta Massey has seen evolve during her years working for the Navy.

When Massey first started her civil service President Truman was still in office.

Last week, Ms. Massey, a lead military pay clerk at Personnel Support Detachment (PSD), Building 690, Naval Station Newport, retired and was honored with close to 51 years U.S. civil service. She was presented a Presidential Proclamation and Meritorious Civilian Service Medal.

"Actually, I wasn't planning

on working, but getting married and raising children," said Massey as she thought back to the beginning of her career. "But my father told me to get a job."

After high school, Massey worked at the cosmetic counter at Liggett's Drug Store when someone told her about the civil service exam. The rest is history.

The Newport native began working as a GS-2 invoice clerk at the Naval Supply Depot in Building 11 at Coddington Cove.

"I remember a co-worker told me I was blessed because she was hired as a GS-1," said Massey with a chuckle.

Her father was amazed at her \$150 biweekly salary.

"He said it took him his whole life to make the salary I

was starting with."

Her entire career has been spent at Newport which has seen many organizational and name changes. She started working for what is now PSD in 1957, evolved from the Navy Accounts Dispersing Office (NADO) to the Navy Finance Office (NFO) in Building 85, what now houses the Communications School. They joined PSD in 1980.

"We were once our own entity and came under the Comptroller of the Navy," she said.

Ms. Massey was married for 18 years, and although she never had children it didn't hamper her maternal instincts. She got involved in the Young Life Program with her church, and often took in college stu-

MASSEY, Page 11

Navy to join parade of green

A contingent of students from Broadened Opportunity for Officer Selection and Training (BOOST), Seaman to Admiral-21, and a platoon of midshipmen from the Naval Academy Preparatory School will march in the 48th annual St. Patrick's Day Parade in

Newport on Saturday, March 13, at 11 a.m.

The Navy in Newport will also be represented in the parade by Navy Band Northeast's marching band, a color guard from the Naval Ambulatory Care Center and a Marine Corps color guard from

BOOST. Naval Station Newport Public Safety will provide a Fire Department pumper truck and a Police Department honor guard and cruiser.

The parade starts on Broadway in Newport in front of Newport City Hall, and proceed south.

Newport Naval Cable TV

USS Wasp force departs for Iraq

Navy and Marine Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week's show:

— The new 27-month cycle for carrier strike group deployments, or "Fleet Response Plan," is outlined.

— Sailors and Marines of the new USS Wasp (LHD 1) Expeditionary Strike Group depart in support of Operations Enduring and Iraqi Freedom.

— NATO member countries sharpen their joint naval operational capabilities by training together during Exercise Dogfish.

— Naval Air Systems Command in Orlando, Fla., continues to play a major role in supporting the military with hi-tech flight simulators.

— A look at a new piece of equipment now being distributed to Explosive Ordnance Disposal technicians throughout the Marine Corps.

Health and Wellness Videos

The Naval Ambulatory Care Center and the Health Promotion Action Council offer Health education and wellness programs on channel 13, daily, following *Navy and Marine Corps News*.

During next week's featured segments, beginning March 8, learn more about Insomnia and *Migraine & Other Headaches*.

If interested in classroom/video programs or in participating in the Health Promotion Action Council, call the Health Promotion Department at 841-6777.

A number of things...

20

The age in months of NAVSTA Security's military working dog Dicky, who received bullet and knife-proof body armor last week.

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5,600

The number of Navy owned family housing units in five northeastern states that will be impacted by housing privatization.

— Page 2

48

The number of years Newport has held its annual St. Patrick's Day Parade through downtown streets. The procession includes Navy representation.

— This page

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Ron Fontaine/U.S. Navy photo

Ms. Karen Moniz is recognized as the Naval Legal Service Office North Central's Civilian of the Year in ceremonies led by Capt. James W. Houck, JAGC, Commanding Officer.

NLSO recognizes Civilian of the Year

Naval Legal Service Office, North Central, has recognized Ms. Karen Moniz as Civilian of the Year in ceremony recently at the Naval Justice School.

The award, included in NLSO North Central's Performers of the Year announcement, was presented by Capt. James W. Houck, JAGC, Commanding Officer, NLSO North Central.

The NLSO North Central Branch Office Newport said Ms. Moniz has epitomized the willingness of a civilian employee to learn new skills and to persevere through periods of change. In addition to superbly performing her regularly assigned claims duties

throughout the year, Ms. Moniz faced two additional challenges in 2003.

First, the legalman billet at NLSO in the office was gapped. Because the legalman executed the non-attorney legal assistance duties, it quickly became evident that services would suffer if someone didn't pick up the slack.

Ms. Moniz volunteered to assume the complete range of non-attorney legal assistance functions, as well as office administration functions.

Second, in November, the Newport Branch Office was forced to relocate. The relocation went smoothly, in large measure due to Ms. Moniz's efforts.

NACC African American program reflects on school desegregation

Lt. Mikal Phillips, an instructor at the Surface Warfare Officers School Command (SWOSCOLCOM), was the keynote speaker at the African American History Month celebration held at the Naval Ambulatory Care Center (NACC) on Feb. 20.

In symmetry with this year's



Lt. Phillips

national theme, *Brown vs. Board of Education* (50th anniversary), Lt. Phillips shared his experience attending high school in Beau-

fort, S.C., in the late 1980s, which had been segregated up until 1974.

The celebration also included music by the Navy Band Northeast Brass Quintet and a potluck luncheon of traditional African-American family favorites.



HM2 Michael Duff/U.S. Navy photo

Hospital Corpsman Third Class Willie Craig enjoys a plate of potluck fare at NACC's African American History Month observance.

Patrick A. FAYLE
ATTORNEY- AT-LAW

Judge Advocate General
Corps, USN (Ret.)

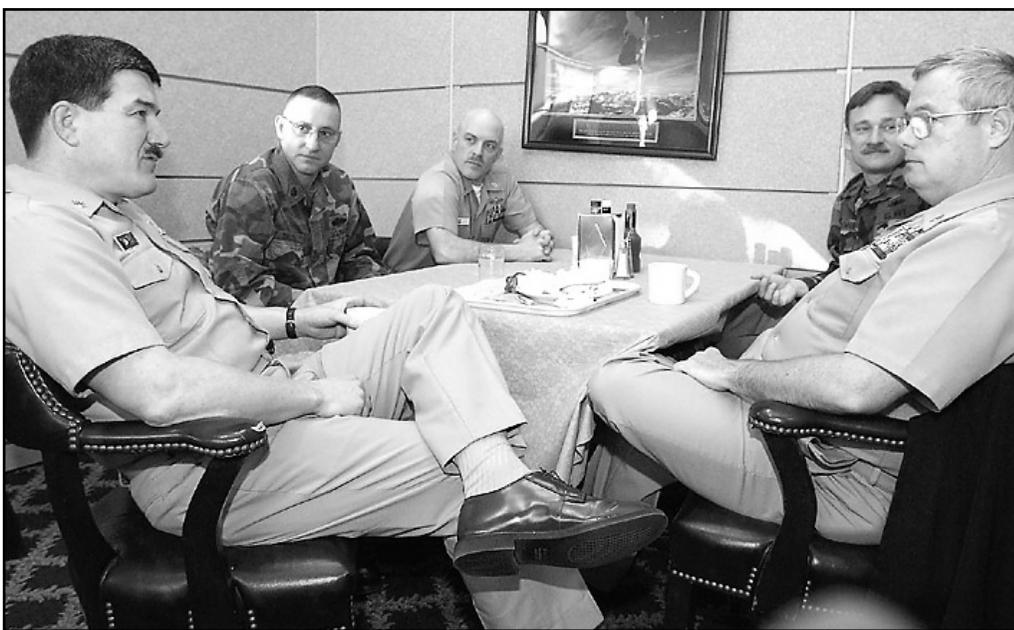
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Ron Fontaine/U.S. Navy photo

KHAKI CONVERSATION — Visiting Master Chief Petty Officer of the Navy Terry Scott, left, discusses enlisted matters with, from left, Chief Builder (SCW) James Diestel, Senior Chief Master-at-Arms (SW) Scott Seiter, Chief Gunner's Mate (SW) Martin Beeman, and Senior Chief Culinary Specialist James Harkins at Ney Hall galley, Naval Station Newport, Feb. 23.



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Announcements



SAFE BOATING — Morale, Welfare and Recreation Dept. will offer two sessions of the state's Boating Safety Course on March 10 and 17 and April 14 and 21 at The Naval Station Newport Marina. It will be taught by Ed Noll, a certified state instructor and licensed charter captain. All materials are provided, and the course is free. To register, call the Marina Office at 841-3283.

Safe boating Course scheduled

Rhode Island law mandates that all persons born after Jan. 1, 1986, must complete the state's Safe Boating Course in order to operate a boat with a motor greater than 10 horsepower. In addition, all persons (regardless of age) operating a personal watercraft (jet ski) must also complete the course.

The course, while offering obvious safety benefits to anyone operating a boat, will also reduce boat owner liability insurance costs (USAA will reduce premiums by 5 percent.) Completion of the course also qualifies as the ground school portion of the Morale, Welfare and Recreation powerboat certification requirement.

MWR has scheduled two sessions of the state's Boating Safety Course to be given by Ed Noll, a certified state instructor and licensed charter captain.

The first class will be held Wednesdays, March 10 and 17, from 6 to 9 p.m. The second class will be held Wednesdays, April 14 and 21 from 6 to 9 p.m. All materials are provided. The course is offered at no cost. To register call the Marina Office at 841-3283.

Haircut price to rise

The Navy Exchange will raise the price of regular haircuts at its barber shops on March 15 from \$7 to \$8, Robin Joseph, manager, has announced.

NLSO offers legal aid

Naval Legal Service Office (NLSO) North Central Branch Office at the Naval Justice School, Building 360, offers free legal assistance services, said Lt. Sean Cogley, JAGC, Branch Head.

There are appointments available for will consultations, advice on divorce and family law matters, consumer problems, landlord tenant issues and other legal matters. NLSO also prepares powers of attorney and can notarize documents without an appointment.

Call 841-3766, ext. 200 for more information or to make an appointment.

Toastmasters meet monthly

The Island Foghorns Toastmasters Club meets the third Thursday of every month from 12:15 to 1:15 p.m., at the Armed Services YMCA.

For more information, contact Mike Spaziante, 832-8623, or Mary Ann Grota, 841-4196.

Meetings/reunions

Retired enlisted to meet

MIDDLETOWN — The next regular meeting for The Retired Enlisted Association, Chapter 79, will be March 13 at 10 a.m. at the VFW Post 4487, 52 Underwood Lane. Come and meet your new slate of officers.

Volunteers are needed help make this chapter one of the best.

For more information, call President Tom O'Connell at 322- 1567

USS Turner reunion

The 13th reunion for those stationed aboard the USS Turner (DD/DDR 834) will be held Sept. 8 to 12 at the Sheraton Hotel in Norfolk, Va. All shipmates, including those of the USS Turner (DD 648) lost in 1944, are welcome and encouraged to attend. Numerous social functions and other activities are planned.

Contact Dick Shanaberger, 2130 Salisbury Street, York, Pa. 17404-1013. Information is also available at www.ussturner.org

Cruiser Sailors to convene

The U.S. Navy Cruiser Sailors Association's annual convention will be May 30 to June 4 at the Embassy Suites in the Charleston, S.C., Convention Center/Coliseum. For information about the event, contact Edward August at (508) 252-3524 or by email at USNCSA@aol.com.

Auto Skills Shop

Get your car through winter

Visit the Auto Skills Shop, Building 304 for a late winter checkup of your car to insure its safety and dependability all season long!

The automotive professionals can rotate and balance your tires, install snow tires, change your oil and filter, inspect your wiper blades and more.

The shop is open Tuesday through Friday from 11 a.m. to 7 p.m. and on Saturday from 9 a.m. to 5 p.m. Call 841-3026 for more information.

Get grime off your car!

Get your vehicle in top shape with a visit to the indoor car wash bay at the Auto Skills Shop, Building 304.

For just \$2.50 you can safely wash your vehicle indoors instead of taking it through a potentially paint-damaging automatic car wash.

If you just need to clean the inside of your car, make use of the powerful outdoor vacuums. They are available 24-hours a day and make it easy to keep your car's interior clean!

WAVES seeks members

Unit 118 of WAVES National extends membership to all past present and retired women of the sea services in the New England area. The organization, established in California in 1979 by a group of female World War II veterans, fosters socialization, camaraderie and support among women of the sea services (Navy, Coast Guard and Marines).

Meetings are held once a month at various locations throughout Rhode Island (primarily in Providence), excluding January and February.

For more information, call president Sandra Jolly at 353-0893 or Ginny Hanson at 846-6932.

Membership is not exclusive to residents of Rhode Island or to non-active duty.

Volunteers wanted to promote wellness

Would you be interested in helping your command maintain its personnel wellness?

The Health Promotion Action Council is looking for volunteers from tenant commands to help bring fun and interesting wellness activities to local commands and their families.

The council meets the second Thursday of every month at 1 p.m. in the Health Promotion classroom, second deck of Building 23.

For more information, please call Health Promotion at 841-6777.



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What's going on

Choristers in concert on Sunday

The Newport Navy Choristers, under the direction of JoAnn Loewenthal, will present "Music for a Sunday Afternoon" on Sunday, March 7, at 4 p.m. in Spruance Auditorium, Naval War College (NWC).

Tickets are \$6 for adults, \$4 for children and seniors, and \$15 per family. Proceeds will benefit the Navy-Marine Corps Relief Society, which this year celebrates its 100th year of serving Navy and Marine Corps personnel and families.

Military/DoD cardholders may purchase tickets at the

Thirty Years Later" exhibit on display through mid April, Naval War College Museum, Monday through Friday, 10 a.m. to 4 p.m.

- Free movies at the NAVSTA Newport Recreation Center available upon request. *Intolerable Cruelty* (PG-13) and *Lost in Translation* (R).

- Irish Heritage Month continues. Citywide celebration commemorating the Irish culture and tradition in Newport. Call 800-976-5122, or visit www.gonewport.com

- Kinsale festival of Fine Food through March 7, various locations. Visiting chefs from Newport's sister city Kinsale, Ireland, join with top chefs from Newport to prepare traditional and nouveau Irish and American cuisine. Call 845-9123, or visit www.gonenewport.com

SATURDAY, March 6

- Rhode Island Pet Show, Rhode Island Convention Center, Providence. Family exposition will feature exhibits, entertainment and fun for pet lovers of all ages, 10 a.m. to 7 p.m.; and Sunday 10 a.m. to 6 p.m.

- Seal watch cruise, 11 a.m. and noon, departing from Bowen's Land-

Child care available for children over 10 months. \$4 for the first child, then \$1 each additional child.

- St Patrick's Day Party, 10:30 a.m. Come wearin' o' the green and make crafts.

- Open Sewing, 6 to 9 p.m. \$16 per session.

- Soup kitchen, 8:30 a.m. Martin Luther King Center, Dr. Marcus Wheatland Boulevard. Military volunteers welcome.

- American Red Cross Community CPR Course, 6 to 9:30 p.m., East Bay Red Cross, 1015 Aquidneck Avenue, Middletown. Call 846-8100. Session two is March 10, 6 to 9:30 p.m.

TUESDAY, March 9

- The Credit Process, 11:30 a.m. to 1 p.m., Fleet and Family Support Center. Call 841-2283 for more information.

- Coping With Adolescents Workshop, 5 to 6:30 p.m., Fleet and Family Support Center. First of three support group sessions for parents dealing with adolescents. Call 841-2283 for more information.

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport; 5 p.m. Military volunteers welcome.

WEDNESDAY, March 10

- Armed Services YMCA (846-9622):

- Parents' Time Out, 9 a.m. to noon. Let the "Y" take care of your child(ren) while you have some time to yourself. \$12.50 for the first child, then \$7.50 each additional child.

- Corned Beef and Cabbage Luncheon, noon. Free. Registration required.

- Fleet and Family Support Center, Smooth Move Workshop, 10 a.m. to noon. Strategies to ease the distress

and frustration of permanent change of station (PCS) moves. Call 841-2283.

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport. Military volunteers welcome.

- 54th annual edition of The Home Show, through March 14, Rhode Island Convention Center, Providence. The largest consumer home show in southern New England, featuring hundreds of exhibitors, displaying hundreds of products and services for building, remodeling, decorating and designing homes, seminars, demonstrations, celebrity guest appearances, children's activities, raffles and more. Today through Friday 2 to 10 p.m.; Saturday, 10 a.m. to 10 p.m.; Sunday, 10 a.m. to 6 p.m.. Call 458-6000, or visit www.ribahomeshow.com

THURSDAY, March 11

- Armed Services YMCA (846-9622)

- Fitness Hour, 9 to 10:30 a.m.

- Parent and Toddler Playgroup, 10:45 a.m. to noon.

- Adult Beginner Sewing #3, 6 to 9 p.m. \$90 for five-week program.

- Money Management Workshop, 11:30 a.m. to 1 p.m., Fleet and Family Support Center. Hear how you can

reduce your checking account fees, avoid bouncing check, better manage your cash flow and more. Call 841-2283 for more information.

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport. Military volunteers welcome.



Navy Choristers file photo

The Newport Navy Choristers, under the direction of JoAnn Loewenthal, will present 'Music for a Sunday Afternoon' on Sunday at 4 p.m. in Spruance Auditorium, Naval War College (NWC). More information this page.

door.

Parking on NWC compound is limited to vehicles with a DoD decal and garage parking is limited to NWC employees with badges. Additional parking is north of the Officers' Club and west of Gym 109.

Call 848-6623 for further information.

TODAY, March 5

- Armed Services YMCA (846-9622):

- Newport Officers' Spouses' Club Welcome Coffee, Quarters A of Adm. and Mrs. Ronald Route, noon.

- New England Saltwater Fishing Show, sponsored by R.I. Saltwater Anglers Association, R.I. Convention Center, Providence, 1 to 9 p.m. Saturday, 10 a.m. to 9 p.m., Sunday 10 a.m. to 4 p.m.

- "Open Doors: Vietnam POWs

ing, Newport. Also, March 7, 11:30 a.m. and 12:30 p.m. Call 272-3540, ext. 133.

SUNDAY, March 7

- Chapel of Hope Sunday worship services:

- Protestant service, 8 and 10:30 a.m.

- Catholic mass, 9 a.m. and noon.

- Sunday Brunch, Officers' Club, 10 a.m. to 12:30 p.m.

- Sunday bowling, Sea view Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.

- Soup Kitchen, Salvation Army, 4 to 4:45 p.m. Military volunteer welcome.

- Sunday Birdwalks, 8 a.m. Norman Bird Sanctuary, Third Beach Road, Middletown. Call 846-2577 for more information.

MONDAY, March 8

- Armed Services YMCA (846-9622)

- Fitness Hour, 9 to 10:30 a.m.

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Naval Dental Center Northeast

Dental implants are option to root canal

LT. MATHEW J. ROYA
Naval Dental Center Northeast

In today's health and image conscious society, a higher priority has been placed on maintaining one's teeth and oral health than in the past. Dental implants and root canal therapy are two options available to patients to help preserve overall oral health.

What is a dental implant? A dental implant is a titanium fixture or screw that is surgically placed into the bone of the jaw to substitute for a missing tooth. Many factors determine if a patient is a good candidate for an implant. Two of the most important criteria are overall health and the amount of existing bone in the area where the implant is to be placed. Smoking is also a very important factor determining if a patient is a good candidate for implants. Smokers often have a decreased immune response as their bodies are unable to fight off infection as well or heal as quickly from surgical procedures as compared to non-smokers.

Consequently, oral surgeons and periodontists, the dental specialists who place implants, will usually not perform surgical implant placement unless the patient is smoke-free for at

least 90 to 120 days.

Implants do have advantages over other methods of replacing missing teeth such as bridges and removable partial or complete dentures. In order to place a bridge, the teeth on either side of the missing tooth or teeth must be prepared for crowns as part of the procedure. Crown preparation could lead to future problems for these teeth.

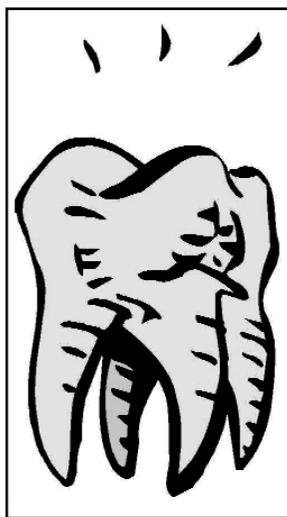
When a tooth is removed, the bone in the area of the missing tooth will start to shrink, just like a muscle will start to atrophy when it is not used.

A benefit to having an implant is that it helps to maintain bone levels and prevent further bone loss or shrinkage in these areas.

What is a root canal? A root canal is a procedure where the tissue inside the tooth is removed and the space that it once occupied is cleaned, shaped and filled with a restorative material. The tooth is then often crowned or capped if it is towards the back of the mouth. The tooth is essentially "dead" and should not respond to hot or cold sensation, but should continue to function normally.

If tooth decay spreads close

DENTAL, Page 13



Fleet and Family Support Center

Your good credit essential

Good credit is an important part of financial planning. Establishing credit, correcting credit problems, and rebuilding good credit are important skills.

Credit reports are used not only by banks, loan companies, and credit card companies, but also by rental property agencies, potential employers, and can be part of a job security clearance process.

A representative from the Navy Federal Credit Union will conduct a program on Establishing Good Credit on Tuesday, March 9, from 11:30 a.m. to 1 p.m. Come and learn how to read, understand and correct your credit report.

Registration is required. Call 841-2283.

Coping With Adolescence: A Survival Group For Parents — Do you ever wonder, "What has happened to my child? He/she is angry, sultry, withdrawn, excitable, contrary and

unreasonable. Sometimes I cannot understand the decisions he/she makes.

Why won't they listen any more?

Learn the answers to these questions as we discuss the life stage of adolescence. The group will be led by a licensed social worker, and will meet for three consecutive weeks, beginning on Tuesday, March 9, from 5 to 7 p.m., at the Fleet and Family Support Center.

Call 841-2283 to register.

Smooth Move—Ease the stress and frustration associated with the relocation of military families by attending the next Smooth Move workshop at the Fleet and Family Support Center. The workshop is scheduled for Wednesday, March 10, from 10 a.m. to noon. Registration is required and may be made by calling 841-2283.

Money Management—A

representative from the Navy Federal Credit Union will conduct a Money Management workshop at the Fleet and Family Support Center on Thursday, March 11, from 11:30 a.m. to 1 p.m..

Learn how to attain your financial goals by transforming your checkbook into a personal financial planning tool. Hear how you can reduce your checking account fees, avoid bouncing checks, better manage your cash flow, and safeguard yourself and your money.

For information and to register for this workshop, call 841-2283.

Lunch and Learn Movie Matinee—Bring your lunch to the Fleet and Family Support Center on Friday, March 12, at 11:30 a.m. and watch the 30-minute film, "Listening Skills." Registration is not required. Just bring your lunch and enjoy the show!

NLSO staffs 5 tax centers

Once again the Naval Legal Service Office (NLSO) is coordinating a VITA tax assistance program on board Naval Station Newport for active duty servicemembers, their dependents and retirees.

This year there are some differences from prior years. The NLSO is in temporary space during a rehabilitation project and will not be hosting a physical tax center this year. There

TAX, Page 13



25th Anniversary

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SWOS earns recognition as Flagship



Fire Controlman First Class Tanya Schroder, right, walks a group of athletes into Meade Stadium for opening ceremonies of the Special Olympics Rhode Island Summer Games at the University of Rhode Island.

YNC Ginamarie Doherty/U.S. Navy photo

AT THE FINISH — Surface Warfare Officers School Command (SWOSCOLCOM) volunteers wait at the finish line in the University of Rhode Island field house to congratulate and assist Special Olympics Rhode Island athletes during last year's Summer Games.

YNC Ginamarie Doherty/U.S. Navy photo



Command partner in local community

By YNC G. DOHERTY
SWOSCOLCOM Public Affairs Officer

The Surface Warfare Officers School Command (SWOSCOLCOM) has won the 2003 Community Service Health, Safety and Fitness Flagship Award for medium-sized shore commands.

Each year the Navy recognizes various shore, sea and overseas commands for outstanding community service projects by presenting awards in five flagship sponsor categories: Personal Excellence Partnership; Health, Safety and Fitness; Project Good Neighbor; Campaign Drug Free; and Environmental Stewardship.

The winners were announced by Vice Adm. A. G. Harms, director of Naval Education and Training.

"Congratulations to all who participated in these noteworthy efforts," he said. "My sincere appreciation for your personal commitment and continued support of our Navy's community service program."

SWOSCOLCOM's community service program consists of 25 volunteer programs. These on-going multi-faceted programs involve active-duty military students, staff, and civilian employees.

The command strives to be a positive Navy image in the local community, by providing



TAX ASSISTANCE — Chief Machinist's Mate Ken Parment, left, SWOSCOLCOM, last Monday assists Hospital Corpsman Second Class Laurent Andruet, Navy and Marine Corps Reserve Center Providence, with his IRS tax filing requirement. Parment has been a Volunteer Income Tax Assistant (VITA) for NAVSTA for the past few years.

YNC Ginamarie Doherty/U.S. Navy photo

an outstanding volunteer force.

Chief Engineman Jeremiah Cooper administers the command's community service programs.

SWOSCOLCOM provided

volunteers for Rhode Island Special Olympics in skiing and snowboarding, track and field, sailing and volleyball; plus Shake-A-Leg sailing competition in Newport.

They have promoted fitness

programs at Gaudet Middle School in Middletown; and Cranston Calvert, Rogers High and Sheffield Schools in Newport; have coached with the Middletown Youth Football

FLAGSHIP, Page 9

Flagship

Continued from Page 8

Association, and have become Big Brothers and Big Sisters of Rhode Island.

Volunteers helped build a playground at Cranston-Calvert School, saving the School Department over \$3,000 in labor costs.

In another category, Project Good Neighbor, SWOSCOLCOM has consistently been involved in community relations programs that help the elderly, youth and the disadvantaged. These year-round programs involve SWOSCOLCOM military and civilian employees.

Surface warfare personnel work with SERVE New England where approximately 6,000 families take advantage of receiving supplies of meat and produce at half their supermarket price in exchange for two hours of community service.

South County Chapter of Habitat for Humanity benefited from SWOS volunteers, who provided carpentry and general administration skills in housing construction and renovation projects.

The Newport Habitat for Humanity, Sisters of Mercy Branch, employed many SWOS volunteers in painting and general clean up of a newly constructed unit on Beacon Court.

Volunteers also contributed to the Naval Legal Service Office's Volunteer Income Tax Assistance Center, preparing taxes not only for military personnel, but also for over 400 civilian families and employees. Their work amounted to over \$20,000 savings in preparation and filing fees.

SWOS students and staff consistently donate to the Rhode Island Blood Center.

Year-round tutoring partnership, in reading and math, has been established at Melville School in Portsmouth.

In dire need of bilingual tutors, Rogers High School's academically challenged students directly benefited from the bilingual SWOSCOLCOM volunteers who interpreted English grammar books to Spanish and French for English as a Second Language pupils.

Navy math volunteers tutored off-duty at Newport Public Library, helping 10 high school students raise their mathematics scores.

Coordinating with Newport's Volunteers In Newport Education (VINE) volunteers, SWOS provided reading mentors and tutors to 2nd, 3rd, 4th grade pupils at Sheffield School.

Volunteers devoted about 400 hours of mentoring to academically deficient students of Cluny and Gaudet School. Tutoring during off-duty hours, diligent volunteers made themselves as tutors to "Saturday Scholars" and "Math Superstars."

SWOSCOLCOM's volunteers also continued its support for student fundraising and PTO conferences at John F. Kennedy Elementary School.

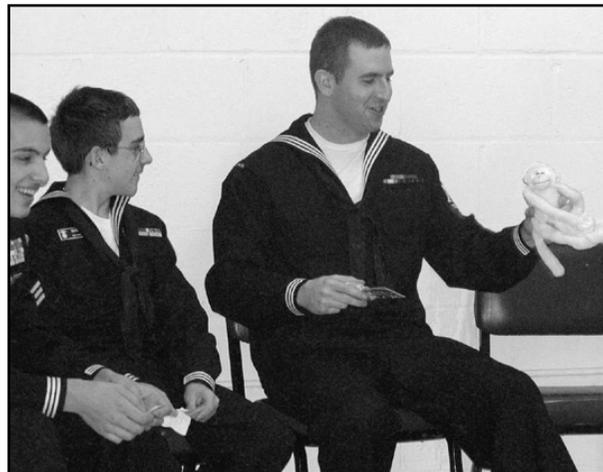
From barbecue lunches to recycling initiatives, volunteers contributed to the success of these school activities for school improvement and the purchase of new books and reading materials.

SWOS "adult leaders" also devoted their off duty hours as reading and leadership mentors to Middletown Boys Scout Troops 33, 27 and 77.



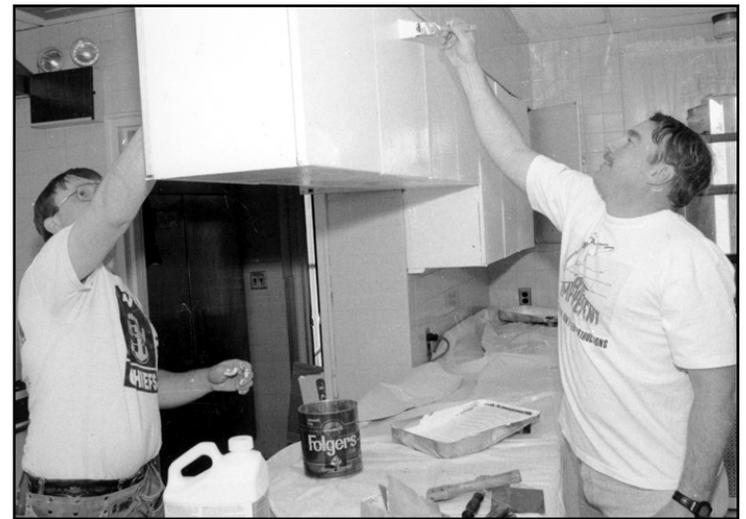
YNC Ginamarie Doherty/U.S. Navy photo

FOOD FOR THE NEEDY — Lucy Matos, left, Coordinator of the Aquidneck Community Service Center, sorts through fresh produce from the Foodbank Warehouse in Warwick with SWOSCOLCOM volunteers, from left, Capt. Rich Callas, Master Chief Mike Napier, Chief Manny Veloz and Chief Marcia Bash. This volunteer effort is undertaken one Saturday morning every month.



YNC Ginamarie Doherty/U.S. Navy photo

PUPPET MASTER — Fire Control Technician Second Class David Setser, right, U.S. Naval Sea Cadets training officer, entertains cadets at their annual Christmas party last December at their drill site, Building 348, Naval Station Newport.



Ron Fontaine/U.S. Navy photo

TWO SENIOR enlisted members of the Chief Petty Officers Mess at SWOSCOLCOM volunteer to paint the kitchen of Lucy's Hearth, a shelter for women and their children in domestic crisis.



GETTING A GRIP — Electronics Warfare Technician First Class Chris Eldridge, right, Surface Warfare Officers School Command and wrestling coach for Rogers High School, shows proper wrestling techniques to team member Tim Windley. Eldridge has been the coach all year for RHS.

YNC Ginamarie Doherty/U.S. Navy photo



GO GREEN — Celebrate Irish-American heritage as the Blackthorne Band kicks off the St. Patrick's Day weekend at the Officers' Club on Friday, March 12, 6 to 11 p.m. Tickets must be purchased in advance and cost just \$22.95 each, including gratuity. Order by phone (Visa/MC only) at 846-2515 or visit the O'Club Gift Shop.

Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

Today: Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections.

Tonight: Kick-off the weekend at Topside Pub, the place to be on Friday nights 4 to 6 p.m. "Happy Hour" special-Domestic Beverage Special (excludes Guinness)—only \$1.50!!

Designated drivers—Free coffee or fountain drinks all night long!!

Saturday: Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

Monday - Wednesday: Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections. Dinner, 4 to 10 p.m., Topside Pub.

Try a delicious burger claimed to be the best half-pound burger in town and fixed just the way you like it! Not feeling like a burger? Try one of our combo meals—soup & salad or soup & sandwich. If you don't feel like having a meal, we have a variety of appetizers to choose from like boneless Buffalo wings, nachos or our own home-style chili. Great prices, great location!

Thursday: Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings,

fresh garden salads, and creamy clam chowder. Pub opens at 4 p.m.

Upcoming Events:

Advance tickets may be required for the following events. Gratuity is included in all tickets prices and there is no charge for children age 3 and under at special events.

Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

To purchase tickets or for more information, call 846-7987 or 841-4821.

St. Patrick's Dinner Show: The Blackthorne Band at the Officers' Club on Friday, March 12, 6 to 11 p.m. Tickets must be purchased in advance and cost just \$22.95 each, including gratuity. Order by phone (Visa/MC only) at 846-2515 or visit the O'Club Gift Shop.

Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

Hours of operation: The Enlisted Club is open 4 p.m. to 11 p.m., Wednesday to Saturday. The CPO Lounge is open Wednesday & Thursday, 4 to 9 p.m. and Friday, 4 to 11 p.m. Pub menu is available Wednesday through Saturday, 4 to 8 p.m. Lunch service is no longer available.

Tonight: Kick off the weekend with a rockin' good time! Head over to the Recreation Center, Building 656, every Fri-

day and kick off the weekend with a fabulous TGIF party!

Starting at 5 p.m., you are invited to enjoy complimentary hors d'oeuvres, sip refreshing beverages, and listen to the coolest tunes, spun by a rocking DJ from "Get With it Productions." This is the perfect way to unwind after a long week, so mark your calendar, tell your friends and get ready to kick off the weekend at the Recreation Center. For more information, call 841-3054.

Saturday: 4 p.m. to 11 p.m., Pub menu available from 4 to 8 p.m.

Wednesday is "Wild Wings" Night, 5 to 8 p.m. Basket of chicken wings (available three ways), fresh celery and blue cheese dipping sauce costs just \$2.50!

Thursday, you are invited to enjoy the "Chef's Choice," a delicious, freshly prepared meal from our kitchen at a price guaranteed to please. 5 to 8 p.m.

Ney Hall Galley

(Building 292, phone 841-4450)

All hands welcome

Weekdays: breakfast, 6 to 7:15 a.m.; lunch, 11 a.m. to 12:30 p.m.; and dinner, 5:15 to 6:30 p.m.

Saturday: breakfast, 6:30 to 8 a.m.; lunch 11 a.m. to 12:30 p.m.; and dinner, 5 to 6:15 p.m.

Sunday: breakfast 8:30 to 10 a.m.; lunch, 11:45 a.m. to 1 p.m.; and dinner, 5 to 6:15 p.m.

Call for daily menus and meal charges.

Information, Tickets and Travel

Get your tickets now

for N.E. Flower Show

The MWR Information, Tickets & Travel Office, Building 656 has tickets to the 2004 New England Spring Flower Show at the Bayside Expo Center, Boston.

Tickets prices per person are: weekend, \$21; weekday, \$17; seniors, \$15; and or children 4 to 12, \$8.

The flower show is in bloom from March 13 to 21.

With six acres of exhibits, this is one of the largest indoor events in New England. For more information, call the ITT Office at 841-3116.

Boston Red Sox tickets

Take your family out to the ball game with great box seats in Fenway Park, home of the Boston Red Sox. The MWR Information, Tickets & Travel Office has tickets to 31 home games, including dates on weekends, holidays and a few weekdays.

Seats are located in the Field Box in section 22 and the Loge Box of section 21. Both boxes are located behind and to the right of home plate as you face the field.

Tickets will go on sale at 6 a.m. on Tuesday, March 16.

Sales will be limited to active duty military personnel only on Tuesday (6 to 9 a.m. and 11 a.m. to 4 p.m.) and Wednesday, March 17 (11 a.m. to 4 p.m.) and a valid military ID must be shown upon purchase.

Beginning Thursday, March 18, the remaining tickets will be available to all authorized personnel. Tickets must be purchased in multiples of two and will be limited to four tickets per person, per day.

Loge box seat tickets are priced at \$70 each; field box tickets are priced at \$75 each. Phone orders will not be accepted. For more information call 841-3116.

Vouchers available for Pawsox

Catch terrific baseball action close to home in Pawtucket, R.I., at McCoy Stadium, home of the Pawtucket Red Sox.

The Information, Tickets & Travel Office, Building 656, has discount ticket vouchers for all regular season Pawsox home games. General admission seat vouchers cost \$5 each and box seat vouchers are just \$8 each. For best available seating, redeem all vouchers to this season's games on your first visit to the box office.

Pick yours up today! For more information, call 841-3116.

Smucker's stars on ice

If you love watching figure skating, this is the event for you! Information, Tickets & Travel Office, Building 656, has tickets to Smucker's *Stars on Ice*, at the Dunkin' Donuts Center in Providence on Wednesday, March 3, at 7 p.m.

See performances by Todd Eldredge, Alexei Yagudin, Yuka Sato, Jamie Sale and David Pelletier, and Olympic gold medalists Scott Hamilton, Kristi Yamaguchi and Oksana Baiul, and world champion Kurt Browning.

Tickets cost \$40 each. Call 841-3116 for more information.

Sesame Street Live returns

See Big Bird, Elmo and the whole Sesame Street gang live on Saturday, Feb. 28, at the Providence Performing Arts Center.

The Information, Tickets & Travel Office, Building 656 has discounted tickets for the 2 p.m. matinee of *Sesame Street LIVE "1-2-3 Imagine"*. The musical extravaganza explores the world of imagination and teaches children that anything is possible.

Tickets are \$15 for adults and children 12 months and older. For more information, call ITT at 841-3116.

Bowling

(Building 656, 841-4293)

Winter Bowling Hours: The Seaview Bowling Center, Building 656, is operating on the following winter operating schedule: Monday, 5 to 9 p.m.; Tuesday through Friday, 5 to 10 p.m.; and Saturday and Sunday, 1 to 7 p.m. Rock and Bowl, every other Saturday, 8 to 11 p.m.

For more information, call the Bowling Center at 841-4293, during business hours.

Specials:

- Rock and Bowl: Every other Saturday night beginning at 8. Cost is just \$7 per person. Bowl a strike when the head pin is red and you will win a prize! Rock and Bowl Night is tomorrow, March 6.

- Sunday special is \$7 an hour from 1 to 7 p.m. for two people.

- Bowling birthday parties available Saturdays and Sundays and include reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, including shoe rental.

- Bumper bowling is always available.

Youth/special fitness activities

(Gym 109, 841-3154)

- Youth fitness program: Eligible youth wishing to utilize Morale, Welfare and Recreation Department fitness facilities (Gym 109 and FITNESS Plus) are required to take a mandatory resistance and aerobics training class prior to entering the facilities during the designated times.

This class is required for youth ages 10 to 15, and is also available for 16 and 17-year-olds that may also choose to participate in the fitness assessment program instead.

The Youth Fitness Class is available on an individual basis by pre-registering at Gym 109 or FITNESS Plus in Building 355. Parents are required to be in the building where the course is being held during all class sessions.

Complete details on this program and youth fitness policies are available at Gym 109. Call 841-7196 for information or to pre-register.

Register for MYA spring sports: Does your child athlete



SOCCKER registration, for children ages 4 to 12, is currently underway at Gym 109. All games are held on Saturday mornings, beginning April and run until June. Story this page.

have the winter blues? Cheer up, the spring sporting season is just around the corner!

Soccer, t-ball and coach-pitch baseball registrations are currently being accepted at Gym 109. T-ball is open to children ages 3 to 5 and youth ages 6 to 8 may register for coach-pitch baseball. Soccer registration is open to ages 4 to 12. All games are held on Saturday mornings, beginning in April and ending in June.

The fee is \$30 per child for each sport, and the registration is on going until Friday, March 12. Soccer skill evaluations will take place in March.

There will be sports clinic prior to the start of the season. Children will learn or brush up on their sports skills.

Sign-up will take place at Gym 109 and there is a \$5 fee per child. Register at Gym 109 from 8 a.m. to 4:30 p.m., Monday through Friday, or call Jeff Dunn at 841-7196 for more information.

Gymnasium

(Gym 109, 841-3154 or FITNESS Plus, Building 355, 841-1474)

Intramural Volleyball: Register today for the intramural volleyball league at Gym 109! Open to adults 18 and over, registrations will be accepted Monday through Friday, 8 a.m. to 4:30 p.m.

Matches begin March 22

and are played Monday through Thursday evenings at 5:30, 6:30 and 7:30 p.m. through May 20.

Active duty, retirees, reservists, dependents and DoD civilians are welcome to participate. There is a \$15 fee for DoD civilians. All teams are required to pay a \$100 refundable forfeit fee, and teams must have matching shirts with numbers by the first game.

Deadline for registrations will be on March 31. There will be a coaches meeting March 17 at 4:30 p.m. in Gym 109. For more information, call Marty Sullivan at 841-7196.

Massage therapy offered at Fitness Plus: Need to reduce muscular aches and pains? Or do you want to feel more relaxed? A massage therapist will be available at Fitness Plus, Building 355. Body-Wise Therapeutic Massage will be offering a variety of services. Pick from Swedish relaxation massage, sports massage, trigger-tender point therapy or deep tissue massage.

Techniques may be combined to best suit your needs. The prices for massages are: \$35 for a half-hour and \$65 for a full hour. For questions on massages, call 848-9825. For an appointment, call Fitness Plus at 841-1474.

Computer Café

(Building 656, 841-2194)

- Personal computers are available six days a week to send and receive email, surf the web, play games — all at no charge. There is a 10¢ charge for printing. Open Monday through Saturday, 11 a.m. to 9 p.m.

Music/games

(Building 656, 841-3054)

- The next Karaoke night will be next Saturday, March 13, 8 p.m. Showcase your talents with golden oldies, country hits, and of course, today's top tunes, beginning at 8 p.m. No cover charge, open to all hands. For more information, call the Recreation Center at 841-3054.

Naval Station movies

- Recreation Center: The following movies are shown upon request beginning tonight: *Intolerable Cruelty* (PG-13) and *Lost in Translation* (R).

Massey

Continued from Page 3

dents who participated in the co-operative student program with the former Naval Underwater Systems Center (NUSC), now Naval Undersea Warfare Center.

"They would come from various schools to work here during the summer in exchange for their college tuition expenses," said Massey.

Massey, who will turn 70 this month, has also been a mom to those among the military ranks, too.

"I was adopted by two former Naval Academy Prep School (NAPS) students some years back," she said. "They still keep in touch with me."

She was once honored at a Mother's Day program at her church, Community Baptist, where she is active in several areas. She's a member of the Deacon's Board.

Massey said she is happy to see more minorities in the officer and senior enlisted ranks. It reflects the true fabric of society.

She once met now retired Vice Adm. Samuel Gravely, the Navy's first black admiral.

"He came to the service counter late one afternoon in a jogging suit," she said. "I didn't realize who he was at first. You can imagine how surprised I was."

Officer Spouse Club offering scholarships

Applications are now available for the scholarships by the Newport Officer Spouse Club. The scholarships are open to high school seniors who are dependents of active duty, retired with pay, deceased while on active duty, officer or enlisted Armed Forces or Coast Guard members.

Eligible students must live in Rhode Island.

Scholarship selection will be based upon academic achievement, extra-curricular involvement and certainty of admission to a nationally or regionally accredited institution of higher learning. Applications are available from area high school guidance departments and the Fleet and Family Support Center. Complete applications must be received no later than April 15.

Massey said modern technology has made our jobs more efficient, but has taken away an important element.

"We got to meet and talk with the people whose records we maintained. I miss that personal contact."

Before computers, all entries on a servicemember's account was done manually, including all account and leave balances, including W-2s.

Before the days of direct deposit, long lines formed at the pay cage in Building K-61 every payday.

It also presented more interaction between co-workers, where Massey said the civilians and military always worked well together.

Every six months when records were balanced, co-workers teamed in threes to read back every entry made in pay records within that time.

"It held us accountable to someone else," said Massey.

In hindsight Massey said if she were to do it all over again, she probably would have retired sooner to try her hand at something else, possibly writing, something she has always enjoyed.

"I wasn't planning on staying for 50 years," said Massey. "Time just got away from me. I've worked with a met a lot of nice people. I have no regrets."

For further information, contact Theresa Jackson at 849-0322.

Mass. man wins raffle for TV to benefit NMCRS

MIDDLETOWN — The drawing for a 36-inch color television sponsored by the Navy-Marine Corps Relief Society (NMCRS) was held at VFW Post 4487 on Feb. 27.

Robert Costa of Fall River, a retired Army veteran, purchased the winning ticket for the Panasonic high-definition, flat screen TV.

Proceeds from the raffle sales will help NMCRS assist Sailors, Marine and their families through its many programs and services.

Worcester rains 3-pointers, ends NAPS season

By NAPS Basketball Staff

The Navy Academy Prep School men's basketball team wound up its 2003-04 season Sunday, falling to Worcester, Mass., Academy, 86-76.

Worcester shot an amazing 72 percent (13-for-18) from beyond the three-point arc in the first half, and raced to a 52-36 half time lead. NAPS solidified its second half defense and gave up only four three-pointers in the final 20 minutes, but could not cut the Worcester lead under double digits.

"We came out ready to play and our effort was good early, but not good enough," said Coach Christian Appleman. "They obviously made some long, tough shots, but when they missed we also gave up some easy offensive rebound stick-backs which really hurt us."

Kevin Neveu was once again the workhorse inside for the Rams, scoring 15 of his team-leading 17 points in the first half to keep the NAPSters in the game.

Five other NAPSters also scored in double figures. Corey Johnson and Chris Romnek

tallied 11 each, and Jerryk Owens-Murrey, Thomas Abernethy and Tyler Roden contributing 10 points each.

NAPS lost a heartbreaker to St. Andrew's School of Barrington, 72-69 on Feb. 26. Navy trailed by five at half time (31-26) but rallied to take the lead 52-51 midway through the second half.

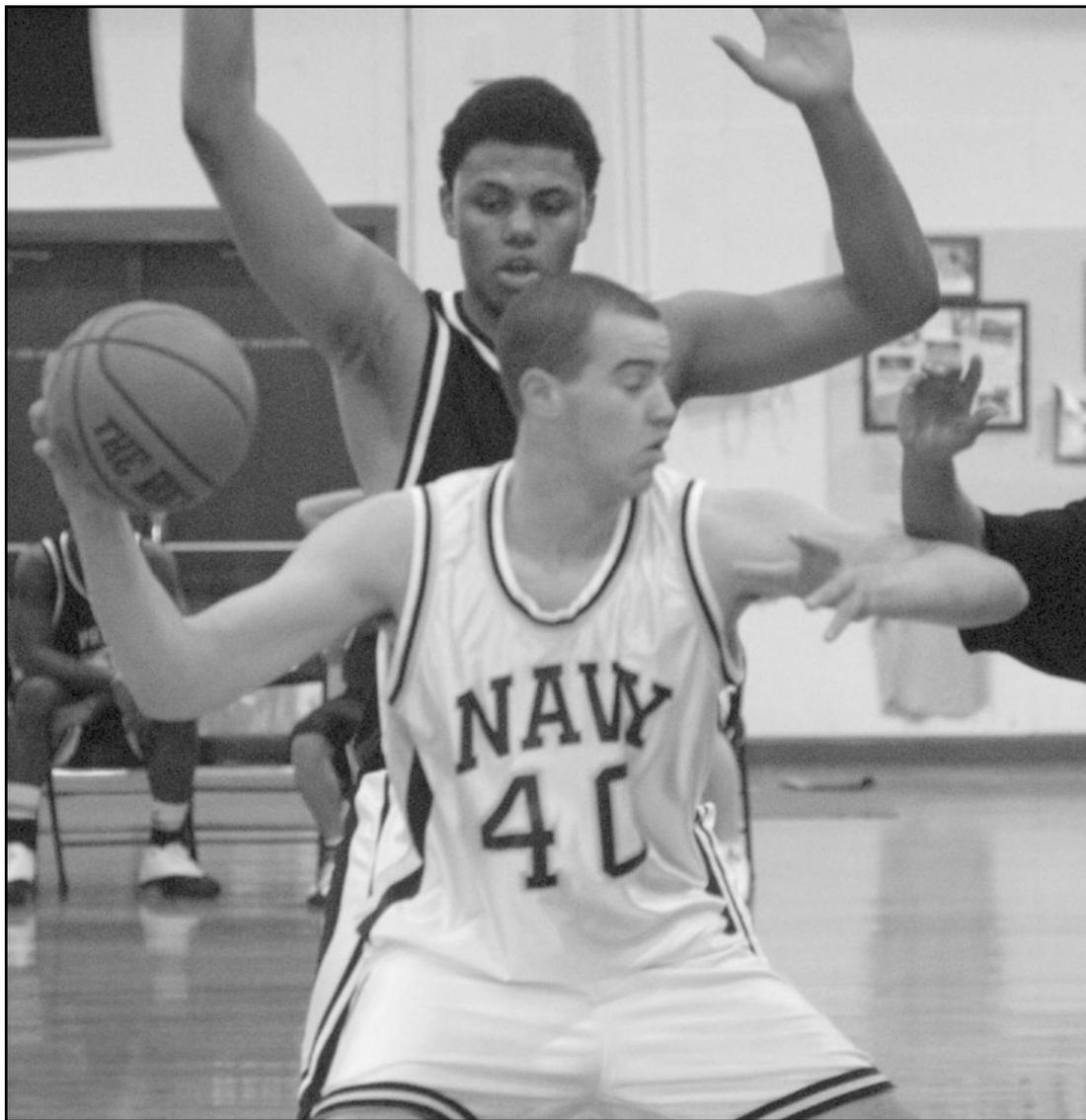
The Saints' inside game took over, as they pounded it to their big men and controlled the glass at both ends.

St. Andrew's Lamar Barrett scored 13 of his game high 19 points in the second half and connected on a 3-pointer with 45 seconds remaining that gave his team a 4-point lead.

Thomas Abernethy kept Navy in the game in the first half by dropping in 12 points and finished with 17. Greg Sprink scored 15 points and Corey Johnson added 13.

"We maintained a good effort all year long," added Coach Appleman, "My hope is they will continue to mature and improve over the next seven months so they will be in a position to help the Naval Academy team in 2004-05."

The squad finished with a 12-16 record.



PHC Bob Inverso/U.S. Navy photo

Navy Prep's 6-7 forward Kevin Neveu tries to back down a defender in a game earlier this season at Gym 302. Neveu scored 17 points in the Rams losing effort against Worcester Academy last weekend.

Intramural basketball

The Naval Station (NAVSTA) Newport Intramural Basketball League results for the week ending Feb. 27 follow:

18 and over

NFA def. SWOS Hard 8, 53-8
NACC def. SWOS Hitmen, 52-35
BOOST Alpha def. REDCOM One, 37-36
NACC def. NWC & Icy Hot, 60-48
MARDET Wolverines def. SWOS Hitmen, 45-35
NACC def. SWOS Hard 8, 49-42
BOOST Alpha def. SWOS Hitmen, 46-41
REDCOM One def. MARDET Wolverines, 43-39
REDCOM One def. SWOS B-Game, 40-32
BDC Flossers def. SWOS Hard 8, 52-36
NFA def. BOOST Alpha, 62-

Standings

NACC.....	8-1
NWC & Icy Hot.....	7-1
NFA.....	6-2
BOOST Alpha.....	6-4
SWOS Hitmen.....	5-4
BDC Flossers.....	4-5
MARDET Wolverines.....	4-5
SWOS Hard 8.....	2-7
REDCOM One.....	2-8
SWOS B-Game.....	0-5

35 and over

Nothin' But Net No. 3 def. NWC Juniors, 46-40
NWC Juniors def. NWC Seniors, 58-47
1st Draft Pick def. Grumpy Old Men, 60-47
1st Draft Pick def. NWC Seniors, 76-53
1st Draft Pick def. Nothin But Net, 56-47
NWC Juniors def. Grumpy Old Men, 80-36

Gear Rental

Rent ice skates at Gear Rental

Going to the Born Family Skating Rink downtown, or to the Fleet Skating Center in Providence?

Visit Gear Rental before you go and rent skates for just \$3 (military)! Gear Rental also has a full-line of skis and snowboards for rent, making it easy for you to get out and enjoy winter sports! Call 841-2568 for more information.

Get ready to ski Northeast slopes

It's plenty cold and there's plenty of time left in the ski season.

Don't wait to have your ski and snowboard measurements taken. Come into Gear Rental, Building 303, and do it today!

Fittings are available Tuesday through Friday from 11 a.m. to 4 p.m. and Saturday from 9 to 11 a.m.

Appointments are unnecessary for individual fittings; however, groups of five or more should call ahead. Remember, your measurements

will be kept on file for the entire season, making it quick and easy to reserve skis! For more information, please call Gear Rental at 841-2568.

Heading up north? Get your gear here

Don't be left in the cold during the ski season just because you don't have the right equipment!

Gear Rental, Building 303, has a complete line of rental skis, including basic downhill skis, performance skis (for intermediate and advanced skiers), and cross-country skis. Ski packages include skis, boots and poles and are priced for daily, weekend, or weekly rentals.

Stop by for a ski fitting and the staff will record your ski sizing and fitting information, making it easy for you to get skis and hit the slopes as soon as the snow falls. Gear Rental also has snowboards, ladies figure skates and men's hockey skates. So don't be left in the cold—get your gear and have some winter fun! For more information, call 841-2568.

Contractor

Continued from Page 2

Engineering Station Lakehurst, N.J.; and Mitchel Complex, Long Island, N.Y.

At Naval Station Newport, approximately 1,425 units will be part of the PPV project.

The exclusive negotiations to finalize project and partnership documents will take place over the next several months. Following Congressional notification, execution of the business agreements is expected to occur in October 2004.

Section 2801 of the National Defense Authorization Act for Fiscal Year 1996 provides a series of powerful authorities that allow the Department of

Defense (DOD) to work with the private sector, nationwide, to provide family housing in key areas of need.

Principal members of GMH/AB/Centex Military Communities, LLC, are GMH Military Housing, located in Newtown Square, Pa., The Benham Companies, located in Oklahoma City, Okla., and Centex Construction Company, headquartered in Dallas.

For more information on the Department of the Navy's PPV program, visit <http://ppv.myhsg.navy.mil>

Canine

Continued from Page 2

ment. The vests are made of Dupont Kevlar, the same material that protects police forces. They are lightweight and Velcro-adjustable and not only protect against bullet and stab wounds, but from blunt trauma such as kicks, punches or missiles, the more common cause of K-9 injuries.

Dicky, who weighs 55 pounds, was transferred from Lackland, Texas, in October and has been in training at NAVSTA ever since. She is currently undergoing explosives detection training in base housing, and eventually will search visiting ships in the future.

Belgian Malinois are extremely energetic, and smaller in size than German shepherds. Although Dicky initially resisted wearing the vest, Anthony said most dogs become accustomed to it in a short time.

Petty Officer Branch was excited about receiving the vest for Dicky. "She'll feel safe and it will make me feel better, too."

Anthony was asked why she donates her time and money to R.I. Vest A Dog.

"I've met a lot of great dogs and people," she said, describing that even though raising money for the vest is hard work, it is also extremely rewarding. She said she will continue to raise awareness about the dangers dogs face in the line of duty.

Through continued fundraising, she expects to provide more vests to police and military working dogs. Upcoming fundraising events include a "Hound Hike" on Sept. 26 at Goddard Park in East Greenwich; a "Howling Hounds Halloween Dog Walk" on Oct. 24 at Goddard Park; and the "fourth annual Rhode Island Vest A Dog Glowball Golf Tournament" on Oct. 29 at the Jamestown Country Club.

For further information about events contact Denise Anthony at 397-5656, by email at rivestadog@aol.com, or visit the website at www.rivestadog.org.



HM2 Michael Duff/U.S. Navy photo

MUSICIANS First Class Jonathan Moore and Stanley Dunlap, Navy Band Northeast, provide accompaniment for the Naval Ambulatory Care Center, Newport's observance of African American History Month. Story Page 4.

Dental

Continued from Page 7

to or into the nerve of the tooth, then the tooth will often become symptomatic and usually require a root canal. Another situation where root canal therapy may be an option will include trauma to a tooth in which the nerve of the tooth has been damaged.

If a tooth has had multiple dental procedures, the nerve of the tooth may become irritated or slowly start to die and eventually require a root canal.

Also, a tooth can break down to the point where there is very little remaining tooth structure above the gum line. This tooth may require a root canal in order to place a post down into the root of the tooth to act as an anchor for a crown or a cap.

So why would I have a root canal done instead of just getting the tooth pulled and an implant placed? There are several reasons why we want to save and maintain our natural teeth. Natural teeth have a ligament that surrounds the tooth and attaches it to the bone of the jaw. This ligament allows our body to judge how much force we require to bite down. Implants do not maintain this natural ligament and therefore we lose the ability to judge the force with which we bite down on the implant.

Cosmetic or aesthetic concerns may be an issue as well. Our natural teeth are designed to be in harmonious contact and contour with the surrounding teeth and gum tissues. In some

cases it might be difficult to establish these harmonious relationships with implants.

Another major factor presently impacting one's decision on treatment is cost and insurance.

Currently, a majority of dental insurance will cover about 80 to 100 percent of the cost of a root canal. Most dental insurance policies do not cover the cost of placing dental implants at this time. Yet another concern with implants is that they require a surgical procedure.

The risks involved with any surgery apply such as infection, temporary or permanent nerve damage, and damage to the bone, jaw or gum tissues. Conventional or non-surgical root canal therapy does have some inherent risk involved, but not to the same degree as a surgical procedure.

Every tooth and every situation is different, many factors will determine the treatment that has the best chance for success.

Therefore, when given the option of having a root canal or removing a tooth to have an implant placed, make sure your dentist provides you with the risks and benefits of both procedures so you will be able to make an informed decision. For additional information on dentistry, please visit the Naval Dental Center Northeast website at <http://www.ndcne.med.navy.mil>.

Tax

Continued from Page 7

are five tax centers located at different commands around the base. Personnel from the Naval War College, the Naval Ambulatory Care Center and personnel specifically assigned to Naval Station Newport should seek tax assistance from volunteers working within those commands.

All other eligible personnel should seek assistance either at the Surface Warfare Officers School or OTC-N. The following are the points of contact:

Surface Warfare Officers School: Chief Machinist's Mate Ken Parment or Machinist's Mate First Class Larry Jones, 841-2662

Officer Training Command-Newport: Chief Hospital Corpsman Tonya Gill, 841-3221

Naval War College: Andrew Robillard, 841-7890

Naval Ambulatory Care Center: Hospital Corpsman Second Class Rodney Lybarger, 841-6073

Naval Station Newport: Chief Information Systems Technician Ken Bridges, 841-1234.

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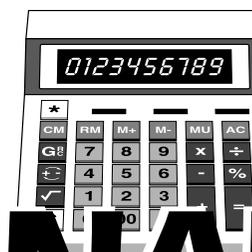
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Navy-wide news

Justice White dies, was 'Golden 13'

WASHINGTON (NNS) — Justice William S. White, one of the first African-American officers commissioned in the Navy and later a judge in the appellate court system in Chicago, died Feb. 16.

White served in the Navy from October 1943 to March 1946 as a public information officer, making history along with 12 others collectively known as the Golden Thirteen—the first group of African-American naval officers..

Born July 14, 1914, in Chicago, White served principally as the liaison officer between the Navy and African-American newspapers, magazines and civic organizations during World War II, according to his discharge papers.

White was proud of the Navy and his service during World War II.

“He wanted the public to know of the significant contributions of African-Americans to the war effort,” said Paul Stillwell, author of *The Golden Thirteen: Recollections of the First Black Naval Officers*.

He earned his undergraduate and law degrees from the University of Chicago in 1935 and 1937 respectively, and won the Judge of the Year award from the Cook County (Illinois) Bar Association in 1972.

Navy considers TIG waivers again

WASHINGTON (NNS) — Thanks to high retention in the officer corps, retirement-eligible commanders and captains may again this year request time-in-grade (TIG) waivers from three years to not less than two years..

The original authority to grant such waivers expired Dec. 31, but the Navy now has permanent authority to continue it.

“We are pleased to be able to continue this entirely voluntary early transition option,” said Vice Adm. Gerry Hoewing, Chief of Naval Personnel. “It contributes to our ongoing efforts to properly shape the force for the future, and it provides an opportunity for retirement-eligible officers to get a head start on a civilian career.”

This authority applies to all retirement eligible officers, including active duty, Full Time Support and SELRES [selected Reservists]. It does not affect the pay computation of the retiring officer.

For more information see NAVADMIN 044/04, available online at www.bupers.navy.mil/navadmin/nav04/nav04044.txt

For related news, visit the Chief of Naval Personnel Navy NewsStand page at www.news.navy.mil/local/cnp

Sailor's daughter on 'American Idol'

ABOARD USS BLUE RIDGE, At Sea (NNS) — A Sailor assigned to the amphibious command and control ship USS Blue Ridge (LCC 19) had the honor of watching his daughter perform on *American Idol* on Feb. 18.

Machinist's Mate first Class (SW) William Velasco, assigned to the ship's engineering department, found out his daughter would appear on FOX Network's popular talent search program as one of 32 finalists on the show's Feb. 17 telecast.

“I never told anyone that my daughter was going to be on *American Idol*,” said Velasco, 43, “until they put it on the night engineering orders, and everyone came to congratulate me on my daughter's success.”

Velasco said his daughter's singing career began at age 16. Her first performances were at the Philippine community centers in Hawaii. Now Camile, an 18-year-old waitress from Haiku, Maui, had the opportunity of a lifetime to boost her singing career on *American Idol*. The winner from each season gets a recording contract.

His daughter currently lives in Hawaii, while he is stationed aboard Blue Ridge, forward deployed to Yokosuka, Japan.

“*American Idol* came to Hawaii, and she participated in the tryouts,” said Velasco.

The television appearance was also the first time Velasco had seen his daughter sing, he said.



PH1 James Perkins/U.S. Navy photo
SHIPS AHOY — The cruisers USS Leyte Gulf, left, and the USS Yorktown, background, steam with the amphibious transport dock USS Shreveport and others ships in Expeditionary Strike Group TWO transiting the Atlantic last month.

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<p>NEW LISTING</p> <p>Indulge yourself. If you like open and airy living, you'll enjoy this 3 bedroom, 2 bath home on one sprawling level. Upgrades such as 2x6 construction, mahogany deck are just a few of the amenities. \$410,000 Call Sandra O'Brien 367-0814. #432171</p>	<p>NEW LISTING</p> <p>This Middletown Mobile Home is conveniently located near the beaches in a small, well maintained park. Asking \$79,000. buyer must be approved by park management. Call today for a personal appointment. John Silvia or Phyllis Joslin 367-0815. #431493</p>	<p>CLASSIC ELEGANCE</p> <p>Extraordinary three family home. This expansive property includes an owner's 4/5 bedroom unit that has been meticulously restored. Expect gleaming hardwood floors, sunny open floor plan, and a 2 car garage with loft. \$635,000. Call Sandi O'Brien 367-0814. #319582</p>
<p>NEW LISTING</p> <p>Tiverton - Sunny 3 bedroom home in move-in condition. Updated kitchen and bath. Fenced yard, convenient location. \$239,900 Call Maggie Elliott 367-0824. #431985</p>	<p>NEW LISTING</p> <p>Central Middletown - 3 bedroom, 2 bath Cape with full dormer, garage, large backyard, and new roof. Home has also been pre-inspected. \$259,900 Call Donna McHenry 367-0818. #432147</p>	<p>ESCAPE TO NATURE</p> <p>This newly constructed home nestled among the 7+ wooded acres. Relax in your two-level master bedroom suite, or entertain in the large granite kitchen opening into your family room or onto your deck. Put everything away in your oversized 3 car garage or finish your walkout basement for even more living space. Asking \$1,190,000. Call John Silvia or Phyllis Joslin 367-0815. #319425</p>
<p>MIDDLETOWN</p> <p>Abutting Newport National Golf Course. Home with substantial heated garage located on 7.4 acres with 566' frontage on Mitchell's Lane. Ideal for gentleman farmer. Many Possibilities. \$850,000 Call Paul Tobak 367-0838. #313300</p>	<p>NEWPORT</p> <p>Charming 5th ward Victorian in move in condition. Five bedrooms, three baths, private yard, off street parking. House zoned two family, being used as a single family. Hardwoods throughout. Separate B&B suite in lower level for added income. Motivated sellers-easy to show. \$649,000. Call Michol Murphy 367-0823 or www.prudentialprime.com/michol.htm #318232</p>	<p>OVERLOOK POINT</p> <p>Built in 2001 - Sunny 2 bedroom, 2 1/2 bath, master bedroom suite on first floor, formal dining, eat-in kitchen, fireplace family room, central air, full basement, 2 car garage. Virtual Tour. \$444,900. Call Phyllis Joslin 367-0815. #315513</p>
<p>BUSINESS ONLY</p> <p>PHOTO NOT AVAILABLE</p> <p>GAS STATION W/CONVENIENCE STORE - Asking \$105,000 - Located on a busy state highway on Aquidneck Island. For details call Michol Murphy 367-0823 anytime or www.prudentialprime.com/michol.htm</p>	<p>PORTSMOUTH</p> <p>Liberty Condominiums - Free standing townhouse units with 2 bedrooms, 1 1/2 baths, hardwood floors, decks, gas fireplaces, garage, basement. \$295,000 Call Dave McCauley 367-0819. #319823</p>	<p>PORTSMOUTH</p> <p>LAND</p> <p>Hard to find corner lot with a water view. Walk to beach or boating. 4 bedroom ISDS in hand. Town water available. \$215,000 Call Shirley Mello 367-0817</p>