

The Newport **Navalog**

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SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.

A hit with the fans



Ron Fontaine/U.S. Navy photo

Stephanie Sharkey of the Korean Hibiscus Cultural Group of South Kingstown performs a Korean folk dance with fans at the Naval Station Newport Diversity Day Potluck Picnic on July 22. Story, more pictures, Pages 8-9.



SWOS hosts open house

The Surface Warfare Officers School Command holds its first open house and welcomes family members to tour facilities.

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Welcome Fair for newcomers

About 55 agencies and organizations staff tables at the Welcome Aboard Fair sponsored by Fleet and Family Support Center.

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NEX readies Fitness Expo

The Navy Exchange plans a Family Fitness Expo this weekend and encourages customers to try various exercise equipment.

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Capt. George Ponsolle, Director, Material Readiness Surface Warfare Officers School Command, shows his son Thomas proper emergency steering procedures on the mock USS Cunningham steering system trick wheel.

Surface warfare opens doors

By YNC GINAMRIE DOHERTY
SWOSCOLCOM Public Affairs Officer

Family and friends of Surface Warfare Officers School Command staff gathered together July 9 for the first SWOS Open House and Summer Picnic combination.

In an informal version of "Take Your Child to Work Day," Rear Adm. (sel.) Mark Buzby invited spouses and children of staff members to his open house, to explore the training facilities, classrooms, and virtual

reality simulators. Regular classes remained in session.

The schedule began with a tour of the spaces from 10 to 11:30 a.m., followed by a picnic where the chicken, burgers and dogs were exhausted in record time.

The Moonwalk and rock wall climbing apparatus was a big hit with SWOS children and friends as the smallest member rang the bell at the top several times.

The Walt Disney movie, *Sinbad*, played in the Weakley Hall auditorium as the picnic came to a close.

Navy Prep seeks sponsors

By ATC NANCY ESTRADA
Naval Academy Prep School

The Naval Academy Prep School (NAPS) is seeking sponsor families for its midshipman/cadet candidates in its Class of 2005.

The NAPS Sponsorship Program offers students respite from the rigors of their military and academic responsibilities and an opportunity to relax in an informal, hospitable setting. More importantly, it provides an environment suited for mentoring young men and women assigned to NAPS.

Sponsors are encouraged to extend invitations to their sponsorees for community and/or family activities or

functions, and to open their homes to students for an occasional home-cooked meal, a place to study, or just to watch television.

There will be a sponsor brief Aug. 20 at 6 p.m. in the Building 1112 auditorium for anyone interested in becoming a sponsor. Assignments will be made the following week when sponsors will meet their candidate on Aug. 27 at 7 p.m. in Gym 302.

For many NAPS students, this is their first time away from home and the program can help ease their transition to a military academy lifestyle.

"This is a mutually beneficial program," Capt. Charles Hautau, Commanding Officer of

NAPS, said. "It's a chance to reach out to those young people in a nurturing or parenting fashion."

Standard liberty periods for the midshipman and cadet candidates are Saturday at 9 a.m. to approximately midnight; and Sunday, 8 a.m. to 6:30 p.m.

Additionally, there are holiday periods such as Thanksgiving, Christmas and spring break, when some students are not able to make it home.

If interested in being a sponsor and cannot make the meeting Aug. 20, contact Chief Estrada at 841-4018 or e-mail sponsor@naps.edu

Uniform Shop to unveil fresh remodeled look

By RICHARD ALEXANDER
Navalog editor

After extensive renovations costing about \$400,000, the Navy Exchange (NEX) Uniform Shop, Building 1903, will hold ribbon-cutting ceremonies on Tuesday, Aug. 3, at 9:30 a.m.

Guest speaker will be Capt. Henry Conde, Deputy Commander for Military Services at NEXCOM. Other guests will include Capt. Robert McLaughlin, Commanding Officer, Naval Station Newport.

All personnel are invited to attend the ceremony. Cake and refreshments will be provided after the ribbon cutting.

Most noticeable is the brightness inside the store. New men's and women's changing rooms were added, and all racks and shelves of uniforms are out front on the main floor space—women's to the right and men's to the left.

Robin Joseph, NEX general manager, said the renovation involved the complete remodeling of the interior, with all new light fixtures, carpeting, display space and the addition of the Brooks Brothers line of the U.S. Navy Premium Uniform Collection for men and women.

"There are also new restrooms, entrances and laundry/dry cleaning area," he said. The Laundry was repaint-

ed, retiled and brightened with better lighting.

Uniform Shop manager Joanne Nadeau was busy this week overseeing the final preparations. Six seamstresses and one presser in the Tailor Shop were busy with alterations on uniforms for 305 members of the Navy Prep Class of 2005, and the current Officer Indoctrination School class.

"The entrance isn't quite finished," Nadeau said. "We'll be adding a computer workstation where customers can shop online for uniforms. We also have to finish the Navy Pride section." The whole south wall carries insignias and collar devices.

To our readers:

To post an announcement in *The Newport Navallog*, submit copy via guard mail (Code N01P), facsimile or hand delivery to our offices in Building 690 opposite the Naval Station (NAVSTA) Newport Main Post Office. Phone is 841-4921 and fax is 841-2265.

The U.S. Mail address is *The Newport Navallog*, c/o Public Affairs Office, Naval Station Newport, 690 Peary St., Newport, R.I. 02841-1522.

Our email addresses are Richard.k.alexander1@navy.mil for editor Richard Alexander; or joy.christmas@navy.mil, for staff writer Joy Christmas.

To place an advertisement, contact The Newport Daily News.

Navalog

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Information flows at Welcome Fair

55 groups, agencies staff tables

By **JOY CHRISTMAS**
NAVSTA Public Affairs Staff

With an inviting bouquet of colored balloons outside, the Harbor Island Conference Center was turned into a Welcome Fair on July 22 at Naval Station Newport. It was sponsored by the Fleet and Family Support Center (FFSC).

Marking their 25th year of service, FFSCs operate to ensure service members and the families have access services and resources they need.

More than 55 military and civilian groups and organizations in the local area were on hand to welcome military members and the families, and educate them to the various organizations and services available in their new community.

More than 100 people visited the fair.

Participants included representatives from local public and private schools; Rhode Island Department of Human Services; Roger Williams Park Zoo; American Red Cross; Potter League for Animals; Newport County Chamber of Commerce; Navy Federal Credit Union; Newport Naval Station Morale, Welfare and Recreation and Security Departments; Chapel of Hope; Navy-Marine Corps Relief Society; Armed Services YMCA; Child Development Center; Commissary Store; Naval Ambulatory

Care Center Newport Health Promotions Department; Navy Exchange and more.

In Newport just three weeks, Chaplain (Lt.) Laura Bender said the Welcome Fair is a tremendous help.

"Everyone is so friendly and I've been able to get some great information," said Chaplain Bender, who is on staff at the Naval Chaplains School. "Some of the organizations here will also be useful to me professionally, and convenient all under one roof."

A single father of two boys, 6 and 2, Culinary Specialist Second Class James Dunne is also new to the area and in search of recreational activities.

"With two active boys, this gives me an idea of some of the things we can do in the area," said Dunne. "All of my needs and questions have been taken care of."

Kelly Conner staffed the NAVSTA Morale, Welfare and Recreation station.

"I've had a lot of visitors," said Conner, publicist for MWR. "Everyone knows about MWR, they just want to know what's available in this area."

Elaine Fleming, life skills education specialist at FFSC, said visitors to the fair seemed pleased.



"They were able to find out information about everything from the location of the local zoo; completing registration forms for their children's upcoming school year; to where to find child care in the area. We consider the fair a success!"

The Roger Williams Park Zoo table was constantly busy distributing give-aways, and fielding questions about the wildlife facility in Providence.

This is great, said Joel Pena, an environmental educator at the zoo. "We've had a great response from both the kids and adults."

COMMUNITY MIX — Marilyn Brockway, a representative of the Newport Public Library, talks with Culinary Specialist Second Class James Dunne at the Welcome Fair, sponsored by the Fleet and Family Support Center, last week at the Harbor Island Conference Center.

Ron Fontaine/U.S. Navy photo

NAVFAC reshaped, consolidated

By **LT. TOMMY CROSBY**
NAVFAC Deputy PAO

WASHINGTON NAVY YARD — The Naval Facilities Engineering Command (NAVFAC) announced last week the start of a major transformation that will reshape its global engineering, acquisition, and public works organizations to enhance efficiency and effectiveness, and improve its products and services for the Navy, Marine Corps, Department of Defense, and other federal Clients.

NAVFAC's commands, which are currently comprised of engineering field divisions, engineering field activities, officers in charge of construction, and public works centers, will be consolidated into Facilities Engineering Commands (FECs) that will report to two

NAVFAC commands: NAVFAC Atlantic in Norfolk, Va., and NAVFAC Pacific in Pearl Harbor, Hawaii (formerly Engineering Field Division Atlantic, and Engineering Field Division Pacific, respectively). FEC commanding officers will be double-hatted as regional engineers.

Among its many benefits, Facilities Engineering Commands will provide the Marine Corps, regional commanders, and other clients a single touchpoint for all NAVFAC products and services. In addition, FECs will enable NAVFAC to better align and focus on Regional and Client requirements, surge support across regional boundaries, globally implement common business processes, eliminate redundancy and duplication, and return substantial savings

to the Navy, Marine Corps, and its other clients. Establishment of the FECs will also position the Navy to integrate independent public works departments into FECs and create one public works delivery model.

The Naval Facilities Engineering Command (NAVFAC) manages the planning, design, construction, contingency engineering, real estate, environmental, and public works support for U. S. Navy shore facilities around the world. We provide the Navy's forces with the operating, expeditionary, support and training bases they need.

NAVFAC is a global organization with an annual volume of business in excess of \$8.5 billion. NAVFAC delivers timely and effective facilities engineering solutions worldwide.



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YNC Ginamarie Doherty/U.S. Navy photo

Rear Adm. (sel.) Mark Buzby, Commanding Officer, Surface Warfare Officers School Command, congratulates Machinist's Mate First Class (SW) Larry L. Jones, left photo, and Yeoman Second Class (SW/AW) Joshua P. Wilkes as Sailors of the Quarter at the command picnic July 9.

SWOS recognizes top Sailors

By YNC G. DOHERTY
SWOSCOLCOM Public Affairs Officer

Rear Adm. (sel.) Mark Buzby, Commanding Officer, Surface Warfare Officers School Command recognized the command's Junior Sailor of the Quarter (JSOQ) and Senior Sailor of the Quarter (SSOQ) for April 1 to June 30, 2004, at the command's picnic and open house on July 9.

Yeoman Second Class (SW/AW) Joshua P. Wilkes was chosen as JSOQ for his outstanding performance as the Engineering Department yeoman.

He is responsible for the administration of all engineering and damage control courses at SWOSCOLCOM. He is the student liaison with Personnel

Support Detachment Newport for all matters concerning pay, per diem and travel.

He schedules all travel and lodging arrangements for the Prospective Commanding Officer (PCO) shipride field trip for staff and students.

His involvement in the community includes organizing and supervising the Portsmouth Boy Scouts annual Rain Gutter Regatta. His collateral duties include Yeoman Division Leading Petty Officer, command SAVI (Sexual Assault Victims Intervention) representative, and Engineering Department TAD coordinator.

His previous duty station was the USS Bonhomme Richard.

Machinist's Mate First Class (SW) Larry L. Jones was chosen

as SSOQ for his outstanding achievements as the Assistant Course lead and instructor for the Steam Advanced and Prospective Engineering Officer Steam Course at SWOSCOLCOM.

He spearheaded the development of new curriculum for the Advanced and Prospective Engineering Steam courses. He was a Little League coach for LeBeau's Tavern, SWOS assistant Special Olympics coordinator, and lead trainer for East Bay Games of Rhode Island.

His previous duty stations include: Recruit Training Center Great Lakes, decommissioned cruiser USS Wainwright, USS Sierra, USS Mount Baker, U.S. Submarine Base Groton New London, Conn., USS Detroit and USS Seattle.



Ron Fontaine/U.S. Navy photo

HUSBAND AND WIFE DEPARTING – Senior Chief Musician Allan G. Willson and his wife, Chief Musician Heidi Willson, salute as they pass through sideboys to conclude their double retirement ceremony on July 23 at Pringle Hall, Naval War College. They both arrived at Navy Band Northeast in fall 2001.

OIS to graduate 110 in ceremony

By JOY CHRISTMAS
NAVSTA Public Affairs Staff

Officer Indoctrination School (OIS) will hold graduation ceremonies for Class 04060 today on Nimitz Field at Naval Station (NAVSTA) Newport. The ceremony will begin at 9 a.m. with a traditional pass in review.

Capt. David Beardsley, MC, Deputy, Naval Ambulatory Care Center Newport, will serve as reviewing officer and guest speaker.

The ceremonies culminate five weeks of intense naval indoctrination for the 110 newly commissioned officers for service in the Medical Corps (MC), Medical Service Corps (MSC), Nurse Corps (NC), Judge Advocate General Corps (JAGC), Dental Corps (DC) and nuclear power field.

The curriculum included military bearing and appearance, naval law, naval history, career development, physical readiness, damage control, personnel administration, Navy policies and personal excellence. Additionally, students participate in the one-week Division Officer Leadership Course that prepares the officers for their responsibilities as naval leaders.

OIS Class 04060 and Ultimate Duty assignments follow:
Ensign Narlo Abenojar, National Naval Medical Center, Bethesda, Md.

Ensign Paul Alberico, University of Cincinnati, College of Medicine, Cincinnati, Ohio

Ensign Robert Arthur, University of Pennsylvania, Philadelphia, Pa.

Ensign Tiffany Baalman, University of Health Sciences College of Osteopathic Medicine, Kansas City, Mo.

Ensign Ashley Balsam, Rush University Chicago, Ill.

Ensign Luis Bautista, New York Medical

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Worried about identity theft?

Come to the Fleet and Family Support Center on Tuesday, Aug. 10, from 3 to 4 p.m.,

Fleet and Family Support Center

for the Identity Theft program. Hear how you can reduce your risk of identity theft, and what to do if your identity is stolen.

Registration is required. Call 841-2283.

Need new wheels?—You want to buy a new car. An image of your dream car hovers in your mind—it is shiny, colorful, and purrs like a kitten. But, standing between you and your dream car is the car dealer. How do you get the best car for a fair price? Come to the Fleet and Family Support Center on Tuesday, Aug. 12, from 11:30 a.m. to 1 p.m., to find out how to gather your resources and be well informed.

Call 841-2283 to register.

Have lunch, watch movie—Bring your lunch to the Fleet and Family Support Center on Friday, Aug. 13, from 11:30 a.m. to 12:30 p.m., and watch Part III of the four-part film, *Fighting for Your Marriage*. Registration is not required. Just bring your lunch and enjoy the show!

Explore mutual funds—

Bring your lunch to the Fleet and Family Support Center on Tuesday, Aug. 17, from 11:30 a.m. to 1 p.m., to learn all you can about mutual funds. Registration is required and may

be made by calling 841-2283.

Write effective resumes—The Fleet and Family Support Center is offering a workshop entitled, "Effective Resumes," on Wednesday, Aug. 18, from

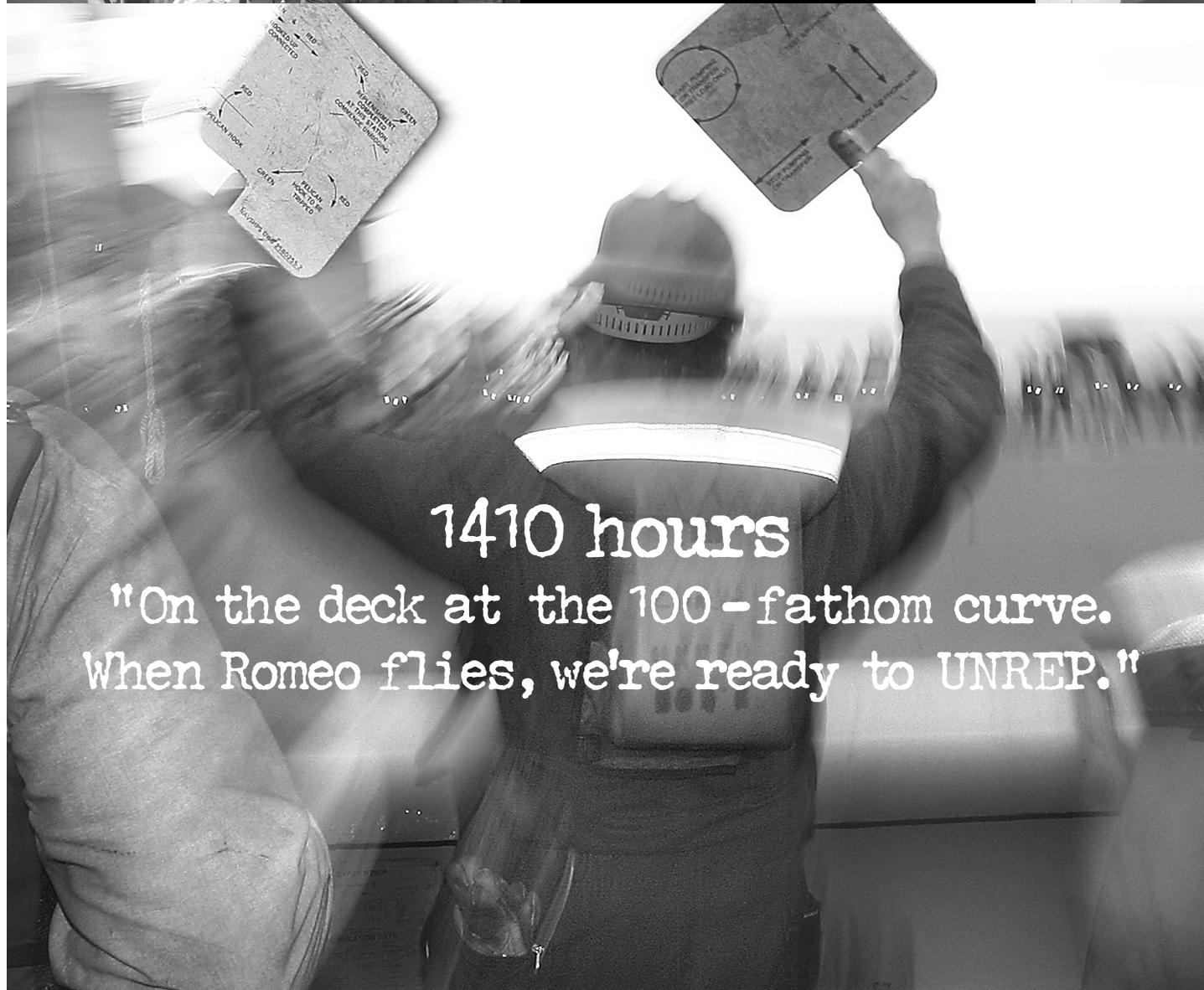
11:30 a.m. to 1 p.m. A resume is one of your most important tools when looking for a job. Learn how to prepare an effective resume that will get you an interview.

This workshop will cover what to include on your resume, which format to use, and other resume writing tips.

For more information or to register, call 841-2283.



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Birth



Jack Willem Garcia, son of Robert and Heidi Garcia of Swansea, Mass., was born June 27, 2004, at Charlton Memorial Hospital in Fall River, Mass. He weighed 8 pounds, and was 20 3/4 inches long at birth. Mrs. Garcia works at the Naval War College Library, Circulation Branch.



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What's going on

NEX Expo accents family fitness

The second annual Navy Exchange Family Fitness Expo will take place tomorrow, from 10 a.m. to 2 p.m., at Naval Station Newport.

Representative from several vendors will be on hand to demonstrate, and distribute and offer samples of products and literature on family fitness. A personal trainer from Morale, Welfare and Recreation Department will demonstrate proper use of physical fitness equipment, such as treadmills and stationary bicycles.

The Health Promotion Department at the Naval Ambulatory Care Center, Newport, will staff a booth to distribute information regarding various health issues, such as proper nutrition, diabetes, skin cancer, heart disease and more. Demonstrations on health cooking is also scheduled.

Come join the fun collect give-a-ways and register to win a Pacific Cycle bike or a home smoothie machine.

FRIDAY, July 30

- Officer Indoctrination School Class 04060 Graduation, 9 a.m., Nimitz Field.
- Naval Health Care New England Change of Command, 11 a.m.

- Armed Services YMCA (846-9622)

— The Armed Services YMCA (ASYMCA) Indoor Yard Sale, 8 a.m. to 1 p.m. at the "Y". The all-under-one-roof sale is a fun way to sell the things you no longer need and pick up things that you do. To set up a table is \$10. For more information, call the "Y" at 846-9622.

— Scrapbooking, 6 p.m. to midnight. \$7 per person, per session.

- Fleet and Family Support Center (841-2283)

— Lunch and Learn Movie Matinee, *Fighting for Your Marriage, Part II*, 11:30 a.m. to 1 p.m.

• The following movies are shown free upon request at the NAVSTA Newport Recreation Center beginning tonight: *Johnson Family Vacation* (PG-13) and *The Girl Next Door*(R).

• The annual Waterplace Park Summer Concert Series concludes, 7:30 p.m., Waterplace Park, in the capital city, featuring Otis Taylor and the Otis Taylor Band.

• Russian submarine Juliett 484 Museum open for tours daily, 10 a.m. to 6 p.m., Collier Point Park, Providence.

• Soup kitchen at Martin Luther King Center, 8:30 a.m., Dr. Marcus Wheatland Boulevard, military volunteers welcome. Also, Salvation Army, 5 to 5:45 p.m.

SATURDAY, July 31

- Pawtucket Red Sox vs. Columbus Clippers, 6:05 p.m., McCoy Stadium, Pawtucket. Discount ticket vouchers available at MWR Information, Tickets and Travel, Building 656, 841-3116. Games Also, Aug. 1, 1:05 p.m., Aug. 2, 7:05 p.m.; and Aug. 3, 12:05 p.m.

- 2004 Newport International Polo Series season continues though September, 5 p.m., Glen Farm, Portsmouth.

- WaterFire, 8:05 p.m., Waterplace Park, Providence. Sculpture of fire from a series of 100 bonfires ablaze just atop the surface of the Providence river running through downtown Providence.

SUNDAY, Aug. 1

- Chapel of Hope Sunday worship services: — Protestant service, 8 and 10:30 a.m.

— Catholic mass, 9 a.m. and noon.

- Soup Kitchen, Salvation Army, 4 to 4:45 p.m. Military volunteer welcome.

- New England Collegiate Baseball team Newport Gulls vs. Concord Quarry Dogs, 6:35 p.m., Cardines Field, America's Cup Avenue, Newport.

MONDAY, Aug. 2

- Armed Services YMCA (846-9622)

— Parents' Time Out, 9 a.m. to noon. Let the "Y" care for your child(ren) while you take some time for yourself.



Courtesy MWR photo

RAVERS SCHEDULED—The local reggae/ska band, **The Ravers**, will perform a free show on the Blue Deck of the Officers' Club on Aug. 20.

\$12.50 for the first child, and \$7.50 for each additional child.

- Little Kids Camp, 10 a.m. to noon. Four days of educational fun for ages 3 to 6, with a focus on letters, numbers, colors and shapes. Also, Aug. 3, 5 and 6.

- Soup kitchen, 8:30 a.m. Martin Luther King Center, Dr. Marcus Wheatland Boulevard. Military volunteers welcome.

TUESDAY, Aug. 3

- Armed Services YMCA (846-9622):

— Fitness Hour, 8:15 to 9:45 a.m. Childcare available for children over 10 months. \$4 for the first child, then \$1 each additional child.

— Scrapbooking, 9 a.m. to noon. \$5 per person to crop.

— Fold Outs, 6:30 p.m. Learn to display multiple pictures on a page for journaling. \$10 includes materials.

- Fleet and Family Support Center (841-2283)

— Reading Your Credit Report, 11:30 a.m. to 1 p.m.

Bring a copy of your credit report and learn how to read it and correct and errors you may find.

WEDNESDAY, Aug. 4

- Fleet and Family Support Center (841-2283)

— Federal Job Applications, 11:30 a.m. to 1 p.m. Learn to analyze and respond to vacancy announcements, develop knowledge, skills and abilities statements and more.

- WaterFire Providence, 8:15 p.m., Waterplace Park, Providence. A series of 100 bonfires ablaze above surface of Providence River through downtown.

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport; 5 p.m., Newport Congregational, Pelham Street, Newport. Military volunteers welcome.

THURSDAY, Aug. 5

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport; 5 p.m., St. Paul's Episcopal Church, East Main Road, Portsmouth. Military volunteers welcome.

Upcoming:

Aug. 7 - Newport Folk Festival begins through Aug. 8, 11:30 a.m. to 6:30 p.m., Ft. Adams State Park. A two-day outdoor concert. Call 847-3700.

Special events

NEX offers Fitness Expo

The Navy Exchange (NEX) will sponsor its second annual Family Fitness Expo on Saturday, July 31, from 10 a.m. to 2 p.m.

Customers are welcome to try out the latest in fitness equipment, and meet local health experts who will share information on all aspects of fitness.

Representatives from Timex, Lifescan, New Balance and Weber will be available for demonstrations and advice.

A personal trainer from Morale, Welfare and Recreation Department will demonstrate the treadmill, discuss general health information, and pass out exercise pamphlets.

The Naval Ambulatory Care Center Health Promotion Department will also provide important health information. There will be free power bar, sports drink and sunscreen samples and giveaways.

Customers may enter to win a Pacific Cycle bike or a home smoothie machine.



Sea Services Ball slated in Boston

BOSTON— The 26th annual Sea Services Ball will be Friday, Dec. 3, at Anthony's Pier 4 Restaurant.

Tickets and information are available from Capt. Hal Learson at (617) 489-2221 or Save the date for your holiday highlight of the season.

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New contract for TRICARE

As of Saturday, Aug. 31, Sierra Military Health Services will no longer be contracted for delivery of TRICARE benefits for Naval Health Care New England beneficiaries.

Health Net Federal Services (HNFS) will assume responsibility for delivering TRICARE benefits on Sept. 1.

This will also include the management of the civilian provider network and customer service centers.

The transition will not affect the quality of health care services to beneficiaries.

Credit Union expands hours

Beginning Aug. 2, the Navy Federal Credit Union (NFCU) will expand its hours of operation. The new hours are Monday through Friday, 9 a.m. to 5 p.m.

The change will standardize hours Monday through Friday and provide added convenience for our members at the end of the day, said NFCU manger Linda Crowley.

Marina offers boat storage

The Naval Station Newport Marina has announced the winter berthing period for private boats is Nov. 1 to April 30. Applications are available at the Marina Office, Building 17.

The fee is \$15 per foot and is for "storage" purposes only. Live aboards will not be allowed. Patrons must have all applications and proper paperwork in by Nov. 1.

For more information, call 841-3283.

NACC ceremony to affect hours

Because of a change of command ceremony for Naval Health Care New England today, hours of operation at Naval Ambulatory Care Center (NACC) Newport will be reduced.

Routine clinic hours will be 7:30 to 10 a.m. Urgent/acute care appointment needs will be addressed during the hours of 10 a.m. and 7 p.m.

TRICARE offices have relocated

Effective this week, the TRICARE Service Center (TSC) in

Announcements

Newport has relocated from the Admiral's Gate Building at 221 Third St. to the first floor of the Naval Ambulatory Care Center (NACC) Newport (Building 23).

Hours of operation will be

Monday through Friday 8 a.m. to 5 p.m.

Fitness-Plus curbs parking

Because of continued con-

struction and to prevent risk of damage to Privately Owned Vehicles (POVs), the far parking area of Fitness-Plus (Building 355) will remain closed for parking until completion of project.

Thrift Shop closed in July

The Navy-Marine Corps Thrift Shop and its donation bins at Naval Station are closed for July.

The donation bin will reopen on July 30, and the store will resume business on Aug. 3.

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¹ \$5 a month based on monthly installment payment of premium on annual policy. ² Identity theft coverage not available in IL, LA and TX. ³ Cost of liability coverage may vary by location. ⁴ For coverage to apply, property must be under bill of lading or other professional shipping document.

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NAVSTA salutes ethnic diversity



MR. BASSMAN— Musician Second Class Jeremy Ward plays the bass with Island Breeze, Naval Band Northeast's steel drum component.

By JOY CHRISTMAS

NAVSTA Public Affairs Staff

Ethnic clothing, festive music, dance, good food and camaraderie were all part of Naval Station (NAVSTA) Newport's second annual Diversity Day Potluck Picnic last Thursday.

Sponsored by the NAVSTA Equal Employment Opportunity Advisory Committee (EEOAC), more than 240 military and civilian personnel and their family members from NAVSTA and its tenant commands came out to celebrate the diversity of the workforce and share the uniqueness of the various cultures.

More than 17 cultures were represented, including those from the continents of Asia and Africa, plus Ireland, Greece, France, Germany, The Philippines, Portugal, Korea, Italy, Mexico, and native America and the United States.

Navy Band Newport Northeast's steel drum component, Island Breeze, played a string Latin, Brazilian, Caribbean other cultural music.

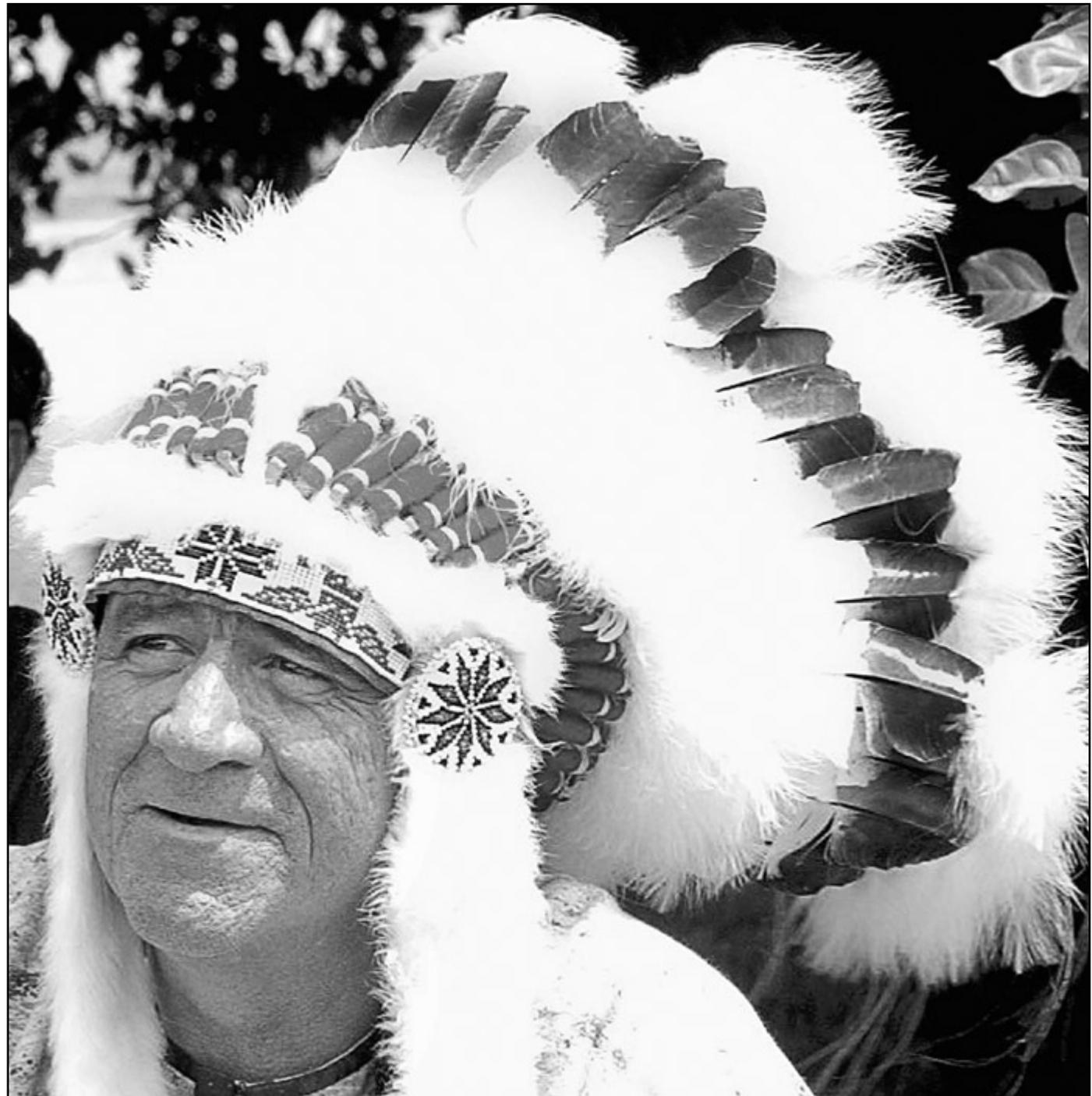
"This is great to get all the different cultures together," said Musician Second Class Ricky Micou. "It's a chance to show our strength as one and the beauty of each culture."

Tim Fleming, an electrician with the Special Trades Division in the Public Works Department, said the picnic is a great opportunity to experience the different cultures at one time.

"The music, dancing and food were all great," said Fleming. If you can't get to the different countries, the countries came here today."

Garbed in native dress, staff members from the Naval Ambulatory Care Center performed two dances indigenous to the Philippines. The Maria Clara Dance was originally performed for dignitaries during the Spanish regime; and the Tinikling or bamboo stick dance, the national dance of the Philippines. Other entertainment included two students from the Korean Hibiscus Cultural Group of South Kingstown performing a Korean folk dance.

"I think events like this are important," said Lt. Cindy McKenna, a nurse at the Naval Ambu-



latory Care Center. "It educates people to the beauty of our heritage and where we come from."

Kelli Nelson, visiting family from Maryland, attended the fair with her year-old son, and niece and nephew, 8 and 7.

"It's important to intro-

duce children to the beauty of diversity at an early age," said Nelson, who grew up a military child. "What a great and fun way to do it."

"Anytime we are able to get a large crowd together and share our diverse heritages,

DIVERSITY, Page 9

Joe Dias, of Naval Station Newport Public Works, sports his native American headdress at the second annual Diversity Day Potluck Picnic outside Building 690 on July 22.

Ron Fontaine/U.S. Navy photos



STEPPING LIVELY – From left, Chief Hospital Corpsman Aquinas Faustino, Precious Dacquil, Stephanie Jaruege and Lt. Cindy McKenna perform the Tinikling dance, the national dance of the Philippines.



Anna Lisa Sharkey with the Korean Hibiscus Cultural Group of South Kingstown performs an ethnic dance.



Isaiah, 7, and Siobhan Christmas, 8, try out the congas of Navy Band Northeast's Island Breeze.

Diversity

Continued from Page 8

we are accomplishing what our committee has set out to do—to bring our base community closer together, said Roy Snow, chairman of the EEOAC. “Through our diversities we become one.”



Yeoman Third Class Jae Cates, Naval Station Newport Administration, gets a sample of ethnic food.

Naval Station Newport Dining

Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

Today: Lunch, 11 a.m. to 1:15 p.m., first deck, sit-down service.

Tonight: Kick-off the weekend at the Officers' Club, the place to be on Friday nights, from 4 to 6 p.m. Enjoy complimentary tortilla chips and chunky salsa on the Blue Deck.

In case of inclement weather, it moves to the Topside Pub.

From 5 to 9 p.m., listen to the cool jazz music of The Connie Williams Trio

Saturday: Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

Sunday: Come enjoy all-hands breakfast buffet on the Blue Deck or in case of inclement weather, inside at the Officers' Club. \$8.95 for adults and \$4.50 for children (4 to 10), gratuity and beverages not included.

Served from 9 a.m. to 12:30 p.m., enjoy your favorite breakfast meals with spectacular views of Newport Harbor.

Monday-Friday: Lunch, 11 a.m. to 1:15 p.m., on the Blue Deck (weather permitting), sit-down service. Dinner, 4 to one-hour before closing, Pub Menu is available at Topside Pub or on the Blue Deck weather permitting.

Thursday: Lunch, 11 a.m. to 1:15 p.m., first deck, sit-down service. Dinner, 5 to 7 p.m.

Topside Pub or on the Blue Deck, Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings, fresh garden salads, and creamy clam chowder.

Upcoming Events:

Enjoy these free shows on the Blue Deck at the Officers' Club:

Friday, Aug. 13 from 4:30 to 8:30 p.m. Jimmy Buffett-style musician, Chris Vincent

Friday, Aug. 20 from 5 to 9 p.m. local Reggae/Ska band, The Ravers

Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

Hours of operation: The Enlisted Club is open 4 to 11 p.m., Wednesday to Saturday. The CPO Lounge is open Wednesday and Thursday, 4 to 9 p.m. and Friday, 4 to 11 p.m. Pub menu is available Wednesday through Saturday, 4 to 8



Courtesy MWR photo

MUSICIAN/guitarist Chris Vincent entertains about 100 people on the Blue Deck on the Officers' Club last Friday night.

p.m. Lunch service is no longer available.

Tonight: Head over to the Recreation Center, Building 656, every Friday from 4 to 6 and enjoy complimentary chunky salsa and tortilla chips and listen to tunes on the jukebox.

This is the perfect way to unwind after a long week, so mark your calendar, tell your friends and get ready to kick off the weekend at the Recreation Center. For more information, call 841-3054.

Saturday: Open 4 to 11 p.m. Pub menu available from 4 to 8 p.m.

Wednesday is "Wild Wings" Night, 4 to 8 p.m. Basket of chicken wings (available three ways), fresh celery and blue cheese dipping sauce costs just \$2.50.

Thursday: Open 4 to 11p.m. Pub menu available from 4 to 8 p.m.

Ney Hall Galley

(Building 292, phone 841-4445)

All hands welcome

Weekdays: breakfast, 6 to 7:15 a.m.; lunch, 11 a.m. to 12:30 p.m.; and dinner, 5:15 to 6:30 p.m.

Saturday: breakfast, 6:30 to 8 a.m.; lunch 11 a.m. to 12:30 p.m.; and dinner, 5 to 6:15 p.m.

Sunday: breakfast 8:30 to 10 a.m.; lunch, 11:45 a.m. to 1 p.m.; and dinner, 5 to 6:15 p.m.

Call for daily menus and meal charges.

Blimpie's Subs and Salads

(Navy Exchange Main Building)

Lunch and dinner menu, dine-in or take out. No home delivery. Open Monday through Saturday, 9:30 a.m. to 6 p.m., and Sundays 11 a.m. to 4 p.m.

Information, Tickets and Travel

Explore Nova Scotia with ITT bus, cruise

Information, Tickets and Travel is offering a 47 hour weekend trip to Nova Scotia, Canada, Sept. 17 to 19.

The trip begins with motorcoach transportation from Naval Station Newport to Portland, Maine, plus a buffet breakfast and upgraded cabin aboard the Scotia Prince.

Amenities include full gaming casino, a Las Vegas style revue and live music.

Included is a night's stay at the Grand Yarmouth Hotel, a full Scottish breakfast and a guided in-town tour.

The fee is \$235 per person (double occupancy), and deadline for ticket payment is Aug. 16. For more information, call 841-3116.

New hours of operation posted for ITT next month

Beginning on Aug. 1, Information, Tickets and Travel will be open Tuesday through Friday 10:30 a.m. to 4:30 p.m.

The Lion King playing in Boston

If you've been waiting to see *The Lion King*, the award-winning Disney musical, tickets are now on sale. The Information, Tickets & Travel Office has tickets for the Opera House Theater in Boston on Aug. 21 at 2 p.m. to see this spectacular production.

Ticket price is \$90 per person. For more information, stop by the ITT Office, Building 656 or call 841-3116.

Let us help sell your car

Have a used car to sell? Sell it fast in the Morale, Welfare and Recreation's car lot, located in a highly visible area.

The cost for the lot is \$20 for the first 30 days, then \$10 for each additional month – for a total of 90 days. For more information, call ITT at 841-3116.



Ron Fontaine/U.S. Navy photo

IN COMMEMORATION — USS Forrestal veterans lay a wreath at the brow of the decommissioned aircraft carrier at Pier One to commemorate the deaths of 135 shipmates in an explosion and shipboard fire in the Gulf of Tonkin on July 29, 1967. From left are Jim MacDonald, Jesse Gentry and Wilbur Lamb.

Leisure

Bowling

(Building 656, 841-4293)

The Seaview Bowling Center, Building 656, is closed for July and August.

Youth/special fitness activities

(Gym 109, 841-3154)

• **Youth fitness program:** Eligible youth wishing to utilize Morale, Welfare and Recreation Department fitness facilities (Gym 109 and FITNESS Plus) are required to take a mandatory resistance and aerobics training class prior to entering the facilities during the designated times.

This class is required for children, ages 10 to 15, and is also available for 16 and 17-year-olds who may also choose to participate in the fitness assessment program instead.

The Youth Fitness Class is available on an individual basis by pre-registering at Gym 109 or FITNESS Plus in Building 355. Parents are required to be in the building where the course is being held during all class sessions.

Complete details on this program and youth fitness policies are available at Gym 109. Call 841-7196 for information or to pre-register.

Registrations for the Military Youth Activities fall soccer

(ages 4 to 10) and flag football (ages 6 to 12) programs will be held through Aug. 14 with late registration on Aug. 16.

The season will run from Sept. 11 until Nov. 6 and games will be played on Saturday mornings. There is \$30 fee per child and registration is open to children of active duty and retired service members, all reservists and DoD civilians. A Parents Information Night will be held the weeks of Monday, Aug. 9 and 23, at the Armed Services YMCA.

Register at Gym 109, Monday through Friday from 8 a.m. to 4:30 p.m. or call 841-7196 or

841-3293 for more information.

Pool 307

(Pool 307, 841-6628)

Registration will begin Aug. 9 for the Aug. 23 to Sept. 9 swimming classes at the pool.

All levels are offered, pre-school (ages 3 to 5) and Level 1, 2 and 3 (ages 6 and up). For more information, call Jeff Cornell at 841-7196 or 841-6628.

Computer Café

(Building 656, 841-2194)

• Personal computers avail-

able six days a week to send and receive email, surf the web, play games — all at no charge. There is a 10-cent charge for printing. Open Monday through Saturday, 11 a.m. to 9 p.m.

Music/games

(Building 656, 841-3054)

• The next Karaoke night will be tomorrow, July 31, at 8 p.m. Showcase your talents with golden oldies, country hits, and of course, today's top tunes, beginning at 8 p.m. No cover charge, open to all hands. For more information, call The Recreation Center at 841-3054.

Naval Dental Center Northeast

Periodontal disease presents early signs

By **LT. CMDR. S. NAGY**
Staff Periodontist, Branch Dental Clinic

Do your gums bleed? Have you noticed bad breath? Have your teeth become sensitive? Are your gums swollen? You may have periodontal disease.

This is a painless infection caused by bacteria in the mouth that affects three out of four adults.

Recent research suggests bacteria associated with periodontal disease enter the blood stream and travel to

major organs to begin new infections. These bacteria may contribute to the development of heart disease, stroke, pre-term low birth weight babies, diabetes, osteoporosis and respiratory disease.

Periodontal disease is an infection in gums and/or bone around your teeth (gingivitis or periodontitis). Specifically, gingivitis is inflammation (swelling) of the gingiva (the gums surrounding your teeth). Gingivitis is caused by plaque, a sticky film with bacteria that constantly forms on the teeth.



Ron Fontaine/U.S. Navy photo

OPEN WIDE—Mrs. Shannen Irish, registered dental hygienist, cleans the teeth of retired Master Chief Stephen Gielczyk at the Branch Dental Clinic, Naval Dental Center Northeast.

DENTAL, P. 13

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Sports



Greg Kohlweiss/U.S. Navy photo

IN THE SWIM — Capt. Robert McLaughlin, Commanding Officer, Naval Station Newport, prepares to enter the water at Dewey Field last Saturday morning with almost 400 swimmers for the annual Swim the Bay fundraiser, sponsored by Save the Bay. The skipper made the crossing to Jamestown in 1:02:56.

Patterson outsails Navy Shields fleet

By **BETH R. HOLLAND**

Shields Class racing contributor

ON NARRAGANSETT BAY — Among Navy competitors, Bernie Patterson's Boat 164 claimed top honors with a stellar finish during Wednesday Night Shields Class racing on July 21.

With a light sea breeze, and a flooding current, the Shields fleet scrambled for position at the pin-end of the starting line.

Boat 224 won the pin, and punched out to the left early for current relief behind Rose Island and better pressure, but with boat 89 close behind.

Doug Ferguson in boat 20 owned the boat-end of the line, but soon found that the right side did not pay.

Navigating through to the south side of the Pell Bridge made lane management a challenge.

Tim Cellers in boat 224, and Bill Shore in boat 89 were punched by the first weather mark, with boats 145, 107, 217, and 222 close behind. On the first down-wind leg, most of the fleet kept to the left for

more pressure, but the leaders defended to the right.

The gate option at the leeward end, allowed major gains to be made. Though most of the fleet chose the right gate, those who went left crushed the fleet.

The race committee shortened the course for the second up-wind leg, sending the fleet to a new mark just north of the Pell Bridge.

Again, lane management came into play, as boats 226, 138 and 59 climbed ahead in the last 100 yards to the mark.

However, no one could catch the breakaway pack of boats 224 and 89. In the end, Cellers and Walter Bundy in Boat 224, took the gun with Shore and David Straden, Boat 89, in second, and Ted Fischer, Boat 145, in third.

The order of finish for the Navy boats are as follows:

14th, Boat 163, Bernie Patterson, Middletown
28th, Boat 1, Dean Schofield, Holliston, Mass.
29th, (DNF) Boat 14, Curtis Duncan, Middletown.

Incze paces Rhodes 19 fleet

ON NARRAGANSETT BAY — In tight racing last week, Mike Incze dominated the pack to win the Rhodes 19 Class race series off Coasters' Harbor Island on July 21. On July 14 he took second place in the Wednesday night series.

Following the time-tested formula for success, Incze started first, sailed fast and opened his lead to win the race in Morale, Welfare and Recreation Department boats.

With most of the 10 boats bunched up at the committee boat end of a crowded starting line, Incze in boat 15 started on port tack at the pin end, tacking immediately onto starboard to remain clear of the pack's dirty air.

On a short 400 yard beat to the windward mark buoy 10 the sailing order was quickly established, with Herb Rommel in boat 17 in second, and Chuck Kesson in boat 14 in third, as several other boats underestimated the flood current at the mark on the newly turned tide.

Under a steady 10 knots from the south-southwest, there were few position changes during the downwind run to Bishop Rock Shoal.

In the final windward leg the Shields fleet overtook the

Dental

Continued from Page 11

These bacteria create toxins that can damage the gums and eat away bone. In the early stage of gum disease, called gingivitis, the gums can become red, swollen and bleed easily. At this stage, the disease is still reversible. The treatment to reverse this is a combination of your homecare (brushing, flossing and an antibacterial mouth rinse) and visiting a hygienist two to four times a year.

Brushing removes plaque from the tooth surfaces. Brush your teeth twice a day, with a soft-bristled brush. The size and shape of your brush should fit your mouth, allowing you to reach all areas easily. Use toothpaste that contains fluoride, which helps protect your teeth from decay.

Clean between the teeth with floss or interdental cleaners to remove plaque from areas where the toothbrush

can't reach. An antibacterial mouth rinse also helps in removing disease-causing bacteria from between the teeth. If left untreated gingivitis can lead to periodontitis. This is inflammation of the gums with loss of the bone, which surrounds the teeth.

The advance stage of periodontal disease occurs when bacteria and plaque are not eliminated and the bacteria secrete substances that eat away bone around the teeth.

Periodontitis is not reversible but further bone loss can be prevented by visiting a periodontist (dentist who specializes in treating the gums) to eliminate the bacteria and stop the bone loss.

The treatment of periodontitis includes a combination of home care, treatment by the hygienist, and treatment by the periodontist.

Rhodes as their courses overlapped, mostly affecting the boats pulling of the rear of the Rhodes fleet.

Kesson sacrificed some wind to go inside for better current, as Incze and Rommel remained outside. Kesson lost a little ground, but managed to hold on to third for the finish.

This week's race results:

1st — Boat 15, Mike Incze
2nd — Boat 17, Herb Rommel
3rd — Boat 14, Chuck Kesson
4th — Boat 19, Scott Vilouda-

ki

5th — Boat 16, Dan Sullivan
6th — Boat 8, Mike Arsenault
7th — Boat 12, Tom Gunzelman

8th — Boat 5, Mike McDonald

9th — Boat 11, Marjorie Zambrana

10th — Boat 13, Dave Wilson
Rommel took first place in the July 14 races.

Qualified individuals who wish to participate in the Wednesday night Rhodes Racing Series are always welcome. Call 782-2691.

Intramural softball

The Naval Station Newport Intramural Softball League results for week ending July 26 follow:

Boon Dock Saints def. Fire Fighters, 18-4

REDCOM NE def. Pier Pressure, 10-9 (extra innings)

NACC First Commanders def. Out of the Box, 19-10

Golden Spikes def. Boon Dock Saints, 8-3

Pier Pressure def. SWOS, 12-11

NACC First Commanders def. Fire Fighters, 11-10

Dirty Quahogs def. NACC

First Commanders, 7-6

Out of the Box def. NJS, 10-7
SWOS def. VFW, 7-0

Out of the Box def. NJS, 10-7
Pier Pressure def. Fire Fighters, 23-15

Standings

Golden Spikes.....	11-1
REDCOM NE.....	8-3
Dirty Quahogs.....	7-2
SWOS.....	5-3
Out of the Box.....	5-4
Boon Dock Saints.....	6-5
NACC First Commanders.....	6-6
NJS.....	5-7
DH-178.....	5-4
Pier Pressure.....	3-8
VFW All Star Eagles.....	1-6

OIS

Continued from Page 4

College, New York, N.Y.

Ensign Brooke Bear, University of Medicine and Denistry of New Jersey, Stratford, N.J.

Ensign William Beer, Loyola University, Chicago, Ill.

Ensign Marrisa Benner, Naval Hospital, Camp Pendleton, Calif.

Ensign Veronica Bigornia-Alexander, Medical College of Wisconsin, Milwaukee, Wis.

Lt. Roberto Caldera, Naval Hospital, Camp Pendleton, Calif.

Ensign Lance Calhoun, 3D Fleet Service Support Group, Fleet Marine Forces Pacific, Okinawa Camp, Japan

Ensign Jessica Calman, Western University, Pomana, Calif.

Ensign James Campbell, Lake Erie College of Osteopathic Medicine, Erie, Pa.

Ensign Aileen Cangiano-Heath, Howard University Medical School, Washington, DC.

Lt. Samuel Chambers, Naval Hospital, Portsmouth, Va.

Ensign James Chung, Midwestern University, Arizona College of Osteopathic Medicine, Glendale, Ariz.

Lt. Megan Dahlke, Naval Hospital, Camp Lejeune, N.C.

Ensign Emad Daniel, New York Medical College, New York City, N.Y.

Lt. j.g. Prasad Diwadkar, Naval Hospital, Yokosuka, Japan

Ensign Keteral Ducote, Naval Hospital, Pensacola, Fla.

Ensign Justin Dye, Loma Linda University, Loma Linda, Calif.

Ensign Charles Eisenberg, Rush University, Chicago, Ill.

Ensign Eric Ellington, Naval Hospital, Jacksonville, Fla.

Ensign Joanne Elston, Georgetown University School of Medicine, Washington, D.C.

Ensign James Epperly, University of Medicine and Dentistry, Stratford, N.Y.

Ensign David Faith, Naval Hospital, Camp Pendleton, Calif.

Ensign Steven Fitzgerald, East Tennessee State University, Johnson City, Tenn.

Ensign Karen Flanagan, National Naval Medical Center, Bethesda, Md.

Ensign Aaron Flanders, Weill Medical College, New York City, N.Y.

Ensign Tamara Garcia, National Naval Medical Center, Bethesda, Md.

Ensign Emily Gilley, University of Chicago, Chicago, Ill.

Ensign Steven Glerum, Uniformed Services University of the Health Sciences, Bethesda, Md.

Ensign William Goldenberg, State University of New York, Downstate, Brooklyn, N.Y.

Lt. Averill Gordon, Naval Hospital, Jacksonville, Fla.

Ensign James Greene, University of Tennessee, Memphis, Tenn.

Ensign Meghan Gressler, Uniformed Services University of the Health Sciences, Bethesda, Md.

Ensign Denise Gripka, Naval Medical Center, Portsmouth, Va.

Ensign Timothy Hall, Bremerton Naval Hospital, Bremerton, Wash.

Ensign Sarah Hamilton, Naval Medical Center, San Diego, Calif.

Ensign Mason Harrell, Uniformed Services University of the Health Sciences, Bethesda, Md.

Ensign Thomas Hathaway, University of Michigan, Ann Arbor, Mich.

Ensign Craig Hayes, University of Missouri, Kansas City, Mo.

Ensign Thomas Hayes, Emory University School of Medicine, Atlanta, Ga.

Ensign Marcus Herod, Indiana University, Indianapolis, Ind.

Ensign Amy Hinz, University of Connecticut, Farmington, Conn.

Ensign Thomas Hoang, Drexel University, Philadelphia, Pa.

Ensign Michelle Hogan, Naval Justice School, Newport, R.I.

Lt. Rachel Holloway, Naval Hospital, Beaufort, S.C.

Ensign Chia Huang, Uniformed Services University of the Health Sciences, Bethesda, Md.

Ensign James Hynes, University of Nebraska Medical Center, Omaha, Neb.

Ensign Tracy Iztiga, Kansas City University of Medicine and Biosciences, Kansas City, Mo.

Ensign Carolyn Jennings, National Naval Medical Center, Bethesda, Md.

Ensign Andrew Kellermann, University of Health Sciences, Kansas City, Mo.

Ensign Amanda Kent, Lake Erie College of Osteopathic Medicine, Erie, Pa.

Ensign Joshua Kentosh, Lake Erie College of Osteopathic Medicine, Erie, Pa.

Ensign Christine Kim, University of North Texas Health Sciences Center, Texas College of Osteopathic Medicine, Fort Worth, Texas

Lt. John Kim, 2D Dental Company, Camp Lejeune, N.C.

Lt. Michelle Komal, Naval Medical Clinic, Quantico, Va.

Ensign Tracy Krauss, National Naval Medical Center, Bethesda, Md.

Ensign Karl Kruger, Naval Medical Center, San Diego, Calif.

Ensign Jamie Mangrum, Loyola University, Chicago, Ill.

Ensign Denise Marchand, University of Texas, Health Sciences Center, San Antonio, Texas

Lt. Frederic Marotta, Branch Medical Clinic, Naval Shipyard, Norfolk, Portsmouth, Va.

Lt. Tyler Martinson, Naval Ambulatory Care Center, Groton, Conn.

Ensign Brooks Mattison, Naval Nuclear Power Training Com-

mand, Charleston, S.C.

Ensign Michael McCarthy, University Nebraska Medical Center, Omaha, Neb.

Ensign Lindsey Meeke, Uniformed Services University of the Health Sciences, Bethesda, Md.

Lt. Melanie Mentock, Naval Medical Center, San Diego, Calif.

Ensign Joseph Mickelson, West Virginia Medical School, Morgantown, W. Va.

Lt. Tyler Miles, Naval Hospital, Sigonella, Italy

Ensign Patrick Morrell, Marquette University, Milwaukee Wis.

Ensign Katherine Mudd, Uniformed Services University of the Health Sciences, Bethesda, Md.

Ensign Luke Mueller, Naval Medical Center, Portsmouth, Va.

Ensign Loren Nedelman, National Naval Medical Center, Bethesda, Md.

Ensign Kim Nguyen, New York College of Medicine, Old Westbury, N.Y.

Ensign Amy Nichols, Uniformed Services University of the Health Sciences, Bethesda, Md.

Ensign Bradley Norden, University of Missouri, Kansas City, Mo.

Ensign Thida Nunthirapakorn, Northeastern Ohio Universities, College of Medicine, Rootstown, Ohio

Ensign Jacob Oberstein, Uniformed Services University of Health Sciences, Bethesda, Md.

Ensign Shelley Oehrlein, Naval Medical Center, Portsmouth, Va.

Ensign Michael Okasinski, Northeastern Ohio Universities, College of Medicine, Rootstown, Ohio

Lt. Amy Olson, National Naval Medical Center, Bethesda, Md.

Ensign Robert Orgill, Naval Hospital, Yokosuka, Japan

Ensign Yan Ortiz-Pomales, Georgetown University School of Medicine, Georgetown, Washington, D.C.

Ensign Neal Palmreuter, Wayne State Medical School, Detroit, Mich.,

Ensign Paul Pelroy, Naval Hospital, Portsmouth, Va.

Lt. Deryck Pham, Naval Dental Center, Parris Island, S.C.

Lt. Leah Phanco, Naval Medical Center, San Diego, Calif.

Lt. Tiffany Pierson, National Naval Medical Center, Bethesda, Md.

Lt. Caleb Robinson, Naval Dental Center, Parris Island, S.C.

Ensign Kristina Rogish, West Virginia University, Morgantown, W. Va.

Lt. Janel Rossetto, Naval Medical Center, San Diego, Calif.

Ensign Frederick Rumford, University of Pennsylvania, Philadelphia, Pa.

Ensign Jesse Ryan, Mt. Sinai Medical School, Ft. Schuyler, Bronx, Ensign Marc Sabatino, New York College of Osteopathic Medicine, Old Westbury, N.Y.

Lt. Jason Schmittschmitt, Naval Drug Laboratory, San Diego

Ensign Paul Schnake, Medical School of Wisconsin, Milwaukee, Wis.

Ensign Elle Marie Schollinberger, Uniformed Services University of the Health Sciences, Bethesda, Md.

Ensign Andrew Schwartz, Philadelphia College of Osteopathic Medicine, Philadelphia, Pa.

Ensign Jessica Schwartz, Philadelphia College of Osteopathic Medicine, Philadelphia, Pa.

Ensign Peter Seguin, Uniformed Services University of the Health Sciences, Bethesda, Md.

Lt. Stephanie Sincock, Naval Medical Research Center, Bethesda, Ensign Jason Slingerland, Uniformed Services University of the Health Sciences, Bethesda, Md.

Ensign James Slotto, Uniformed Services University of the Health Sciences, Bethesda, Md.

Ensign Jordan Smith, University of Vermont, Burlington, Vt.

Lt. Emily Sprague, Camp Pendleton, Calif.

Ensign Michael Sracic, Uniformed Services University of the Health Sciences, Bethesda, Md.

Ensign Cheryl Starrett Keller, Thomas Jefferson Medical School, Philadelphia

Ensign Alan Strawn, Texas A & M College, Station, Texas

Lt. John Sullivan, Camp Pendleton, Camp Pendleton, Calif.

Ensign Randy Tolbert, Naval Medical Center, Portsmouth, Va.

Lt. Kyle Townsend, Naval Hospital, Camp Pendleton, Calif.

Ensign Caroline Tran, University of Maryland, Baltimore, Md.

Ensign Harris Tran, Creighton University, Omaha, Neb.

Ensign Stacy Tuttle, Pennsylvania College of Optometry, Elkins Park, Pa.

Ensign Mikayla Uphoff, Pacific University, Forest Grove, Ore.

Ensign Adam Van Den Boom, Tulane University, New Orleans

Ensign David Volk, Des Moines University, Des Moines, Iowa

Ensign Katrina Vongsy, Uniformed Services University of the Health Sciences, Bethesda, Md.

Ensign Faye Walker, Kansas City University of Medicine & Sciences, Kansas City, Mo.

Ensign Christopher Warner, University of Louisville, Ky.

Lt. Scott Weed, 11th Dental Company, Okinawa, Japan

Ensign Evan Wright, Georgetown University, Washington, D.C.

Ensign Evan Wright, Philadelphia College of Osteopathic Medicine, Philadelphia, Pa.

Ensign Lisa Younghain, Uniformed Services University of the Health Sciences, Bethesda, Md.

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10 - Help Wa



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Carriers finish Summer Pulse

NORFOLK, Va. (NNS) — After successfully demonstrating responsive, credible combat power across the globe by operating in five the-

Navy-wide news

aters with other U.S., allied and coalition military forces, four carrier strike groups (CSGs), including their associated ships, submarines, aircraft and more than 20,000 Sailors, returned July 22 to 26.

These included forces from USS George Washington (CVN 73) (GW), USS Harry S. Truman (CVN 75), and USS Enterprise (CVN 65) CSGs. USS Ronald Reagan (CVN 76) pulled into its new home port of San Diego over this same period.

These arrivals come after the concurrent deployments of seven CSGs in "Summer Pulse '04," the Navy's first exercise of its new operational construct, the Fleet Response Plan (FRP).

Summer Pulse '04 exercised the logistics and shore infrastructure necessary to execute a large scale surge operation and stressed the operational concepts in the Navy's Sea Power 21 strategy. It also served to strengthen maritime capabilities by improving Navy interoperability with more than 23 allies and coalition partners, as well as other U.S. military forces.

240 approved for CTN rating

WASHINGTON (NNS) — The Navy announced the first members of the new Cryptologic Technician Networks (CTN) rating in July.

More than 240 cryptologic technicians were approved for conversion on the FY-04 selection board, which convened June 7.

"The competition was fierce," said Lt. Cmdr. Bill Kramer, Cryptologic Technician community manager, "but we expected that it would be. The talent throughout the CT community is just incredible."

The CTN rating, which became effective Feb. 6, is the first new rating of the 21st century. It was created to develop a skilled work force to meet naval information war-

fare requirements in computer network operations.

Selectees came from a cross-section of all six existing CT ratings and represent pay grades E-1 to E-8. Three senior chiefs and nine chief petty officers were selected, as were 77 first class petty officers; 76 second class petty officers; and 54 third class petty officers. More than 20 E-3s round out the picks.

The community will eventually grow to more than 600 people, but officials are being careful in how they populate the billet base.

"We are taking a very deliberate approach," said Kramer. "We want the community to have enough people at all experience and skill levels, so that it can start to function right away, but we also want to allow for healthy growth and advancement opportunity in the future."

The rating change for selected Sailors takes effect Oct. 1, 2004.

Conversion is still limited to personnel already designated as cryptologic technicians. Those not selected this year may re-apply for the FY-05 board, which will convene in April. A third CTN selection board will be held sometime in FY-06. After that, the community will be manned through accessions and the normal lateral conversion process.

For a complete list of selectees, refer to NAVADMIN 163/04 available on the Web at www.bupers.navy.mil/navadmin/nav04/nav04163.txt

For related news, visit the Chief of Naval Personnel Navy NewsStand page at www.news.navy.mil/local/cnp

Twins reunited on USS Truman

USS HARRY S. TRUMAN, At Sea (NNS) — The Navy reunited a brother and sister aboard USS Harry S. Truman (CVN 75) during a recent underway replenishment.

The Navy twins were stationed on separate ships that came together for a few hours July 10 while ammunition was being transferred from USS Detroit (AOE 4).

Through good luck and planning, Philadelphia natives Airman (AW) Alicia Wilson and Boatswain's Mate Second Class (SW/AW) Kenneth Wilson were able to meet

on Truman's flight deck after Kenneth was flown from Detroit to see Alicia.

The two ships were taking part in Summer Pulse '04, the exercise validating the Navy's Fleet Response Plan.

Much planning had to take place to make the meeting

happen. Kenneth on Detroit filled out a request chit as soon as he knew his ship would be pulling alongside Truman. It was approved, and their two chains of command began working together to plan a 90-minute visit between siblings.

"I'm really excited," Alicia said. "We came back from our last deployment in May 2003 and my brother went on cruise the following fall. That was the last time I saw him."

The reunion came when Kenneth arrived on the flight deck by helicopter.

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CUSTOMER APPRECIATION EVENT



Our factory-trained technicians know your Ford best, and use only the parts engineered specifically for it. That's how you keep it genuine.

YOU COULD WIN AN ALL NEW FORD FREESTYLE!

3 Grand Prize winners!

Other prizes too!

Dress up your vehicle with \$250 in accessories.

50 winners!



ENTER TO WIN AT OUR DEALERSHIP TODAY!

NO PURCHASE NECESSARY. Void where prohibited. Must be legal U.S. resident, 18 or older with valid driver's license. Sweepstakes ends 8/29/04. See Service Advisor for details.

\$34⁹⁵ The Works

- Genuine Motorcraft® oil and filter change
- Rotate and inspect four tires
- Inspect brake system
- Test battery
- Check air and cabin air filters
- Top off all fluids

Up to five quarts of genuine Motorcraft® oil. Taxes and disposal fees extra. See Service Advisor for details. Offer valid with coupon. Expires: 08/29/04

\$79⁹⁵ Genuine Motorcraft® Tested Tough® MAX Battery with 100-month warranty

Price valid with exchange. Taxes and installation extra. See Service Advisor for limited-warranty details. Offer valid with coupon. Expires: 08/29/04

GENUINE PARTS & SERVICE

Fall River Ford, Inc.
292 William S Canning Blvd.
Fall River, MA

508-730-1000 • 800-667-4996

"EXPECT THE BEST"

GENUINE PARTS. GENUINE SERVICE. GENUINE PEACE OF MIND.