

The Newport **Navalog**

VOL. 104 NO. 7 FEBRUARY 20, 2004

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Jumping for healthy hearts

Ron Fontaine/U.S. Navy photo

TOWING THE LINES — Navy Counselor First Class Cordel Garrett, left, of Naval Station Newport's First Class Petty Officers Association, swings the jump rope for second grader Melissa Riley-Paiva during Sheffield School's seventh annual Jump Rope For Heart fundraiser last week. At center are Culinary Specialists First Class Ron Robinson and Broadus Brooks (partially hidden). Story, Page 2.



Ambassador critiques Iraq

France's ambassador to the United States says it's critical that Iraq become a success story in the Mideast.

— Page 2



Foreign eye on America

International military students at the Naval War College look forward to experiencing U.S. culture.

— Page 3



Post Office gets facelift

Naval Station Newport's Post Office, renovated in a Command Self Help project, earns stamp of approval.

— Pages 8-9

Ambassador says Iraq must be success story

By **CAROLYN BAKER**
NAVSTA Public Affairs Staff

The future of the entire Middle East is at stake with the situation in Iraq, said France's Ambassador to the United States last Thursday to about 950 persons in Spruance Hall auditorium, Naval War College.

Jean-David Levitte, who has been France's ambassador since December 2002, has served on the staff of two French presidents, including current President Jacques Chirac. He is also France's Permanent Representative to the United Nations since 2000.

Though the French did not support the war in Iraq, they do acknowledge the sensitive position that Iraq is presently in and the need to reconstruct the country as smoothly as possible, he said.

"Iraq needs to be a success story," said

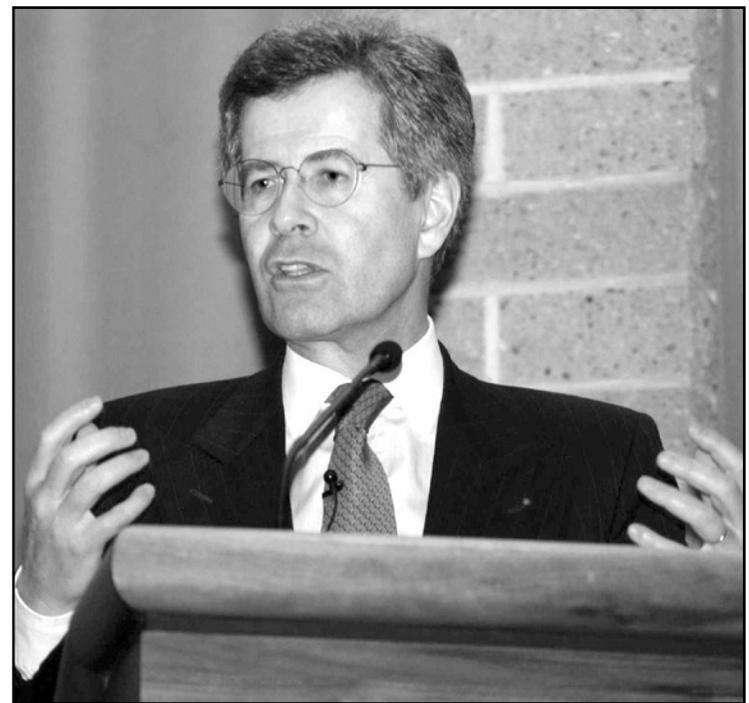
Levitte, stressing that what happens in this country will serve as an example for all Middle Eastern countries and the fight against terrorism.

After being introduced by War College President Rear Adm. Ronald Route, Levitte opened his lecture by referencing the 60th anniversary of the D-Day invasions on June 6, 1944, saying, "Thank you, America. We will never forget what you did."

He made it clear that France appreciates the U.S. for its involvement in World War I and II. Consequently, "the French reacted as all Americans" in response to the Sept. 11, 2001, attacks. He watched the destruction of the World Trade Center twin towers from the 44th floor of his office building.

He said the entire international community responded to the attacks by adopting a draft resolution stating that an act of terrorism is an act of war and consequently,

IRAQ, Page 13



PHC Bob Inverso/U.S. Navy photo

Jean-David Levitte, France's Ambassador to the United States, speaks to a near capacity audience at the Naval War College last week.



PHC Bob Inverso/U.S. Navy photo

Petty Officer Cary Cantu of Naval Construction Battalion One, Detachment 211, straightens a portrait for the Naval War College Museum exhibit, 'Open Doors: Vietnam POWs Thirty Year Later.'

31 former POWs reflect on lives

By **LT. DAVID AUSIELLO**
NWC Public Affairs Staff

The Naval War College Museum last week opened a new exhibit, "Open Doors: Vietnam POWs Thirty Years Later." The exhibit is a collection of portraits and narratives celebrating the current lives of 31 Vietnam POWs.

The display, on loan from the Coronado Historical Association, Coronado, Calif., features NWC Professor and former POW, Porter Halyburton.

Born in Davidson, N.C., Halyburton left the United States in May 1965 for Vietnam as a naval flight officer with VF-84. During the following six months, he flew 75 combat

missions before being shot down and captured on Oct. 17, 1965.

He was the 40th American prisoner taken in North Vietnam. In 1973 he was released following the signing of the Paris Peace Accords.

Upon his return to the Unit-

MUSEUM, Page 13

Sailors help pupils jump rope for heart

Naval Station Newport's First Class Petty Officers' Association had Sheffield School jumping last week to raise money for the American Heart Association and heart disease research.

February is American Heart Month so for the seventh straight year, all grades participated in the annual "Jump Rope for Heart" in the school's gymnasium on Feb. 13 from 8:30 to 11:45 a.m. The elementary public school is on Broad-

way in Newport.

Each of the children raised pledges and took turns jumping rope, during their regular gym periods. The ropes were held by volunteer parents or Sailors from NAVSTA.

Physical education instructor Chris Bowley said last year the pupils, in kindergarden through Grade 5, tallied 64,455 jumps and raised \$5,413. This year, the pupils made 64,835

JUMP ROPE, Page 13

Navalog

Capt. Robert P. McLaughlin Jr.
Commanding Officer, Naval Station Newport

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U.S. tours offer insight for students

By **LT. DAVID AUSIELLO**
NWC Public Affairs Office

In 1975, Adm. Arleigh Burke remarked, "Every Sailor knows that the most important element in the cooperation among navies is the intimate knowledge of people in other navies...when one navy is operating with another, the cause for error and ineffective operations is the difference in the way the personnel of the two navies think and act."

It was this vision by Burke that spawned a program for international students coming to the Naval War College. The Naval Command College (NCC), and later the Naval Staff College (NSC), which host senior and junior naval officers, respectively, from countries around the world, were born on this concept.

Adm. Vern Clark, Chief of

TOURS, Page 13



NCC photo

Naval Command College students at the Naval War College pose in front of the sail of the submarine USS Woodrow Wilson at Deterrent Park, Naval Submarine Base, Bangor, Wash., last month.

Boy Scouts experience FFG 7

By **YNC G. DOHERTY**
SWOSCOLCOM Public Affairs Officer

About 30 Boy Scouts from Troop 28 in North Smithfield last month got a chance to work the controls of the FFG 7 Simulator as Chief Gas Turbine Systems Technician (SW) Jeffrey Morrison ran a few casualty scenarios at Fitzgerald Hall, Surface Warfare Officers School Command (SWOSCOLCOM).

Bells were sounding and lights were flashing as the scouts, directed by Chief Morrison, made every effort to save the frigate. They got first hand experience and learned the value and importance of the training conducted at SWOS. They isolated the problem only seconds before being forced to evacuate the simulator.

Chief Morrison, a fellow scout leader in Middletown, sparked the interest of his visi-



YNC Ginamarie Doherty/U.S. Navy photo

Chief Gas Systems Turbine Technician Jeff Morrison, Surface Warfare Officers School Command, explains the controls in the FFG 7 Simulator to Boy Scout Troop 28 from North Smithfield.

tors by showing them a presentation of the FFG 7 class frigate and explaining some of its engineering and combat systems. He included in his presentation a question and answer session, allowing the scouts to share and better understand their interests of the Navy overall.

A number of things...

31

The number of former Vietnam War POWs who are profiled in a new exhibit at the Naval War College Museum.

Page 2

30

The number of Boy Scouts from Troop 28 in North Smithfield who visited the FFG 7 Simulator at the Surface Warfare Officers School Command.

Page 3



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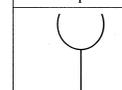
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Top Sailors

The Naval War College has selected its Senior Sailor of the Quarter, Information Systems Technician First Class Karl E. Headen Jr., top, and its Junior Sailor of the Quarter, Information Systems Technician Third Class Matthew J. Silva, left. Both are attached to the NWC War Gaming Department.

PHC Bob Inverso/U.S. Navy photos

Special Olympic recognition

Senior Chief Quartermaster (SW) Michael Jones, left, attached to Surface Warfare Officers School Command (SWOSCOLCOM), receives a chronometer and plaque from Chris Hopkins, Director of programs, Special Olympics Rhode Island, on Feb. 12 for Jones' commitment over the years in supporting the organization. Jones will transfer to the USS Saipan in Norfolk, Va.

YNC Ginamarie Doherty /U.S. Navy photo



Jazz combo Forecast opens concert series

By CAROLYN BAKER
NAVSTA Public Affairs Staff

Featuring a mix of jazz, vocals, swing, Dixieland and popular tunes, Navy Band Northeast will open its ninth annual Spring Recital Series on Sunday, Feb. 29, at 3 p. m. in Spruance Hall auditorium at the Naval War College.

The first concert will feature the band's eight-piece jazz ensemble Forecast, performing a mix of contemporary jazz, vocals, swing and Dixieland.

The remaining four concerts in the series will feature the band's woodwind trio, saxophone quartet, brass choir, and wind octet. The concerts will be performed in Pringle and Spruance Halls at the Naval War College.

Scheduled performances in the recital series include:

Woodwind Chamber Music on Sunday, March 14, at 3 p.m., Pringle Auditorium.

An Afternoon of Steel Drums on Sunday, March 28, at 3 p.m., in Pringle Auditorium.

A Chamber Music Recital on Sunday, April 25, 3 p.m., Spruance Hall. A brass choir and wind quartet will perform musical selections by Wagner, Gabrieli, Marks, Stravinsky, and others.

Miles on End, on Sunday, May 2, 3 p.m., Spruance Hall. "Miles on End," will feature a variety of music made famous by trumpeter and jazz legend Miles Davis.

All concerts are free and the public is invited as guests of the Commanding Officer, Naval Station Newport. Attendees who do not normally have access to the Naval Station must contact NAVSTA Newport's Public Affairs Office at (401) 841-3538 to be placed on an admittance list. Guests should enter the naval complex via Gate One, the main entrance. Photo ID is required.



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Explore some sources for college tuition funding

The Fleet and Family Support Center will offer a workshop on college funding on Tuesday, Feb. 24, from 11:30 a.m. to 1 p.m.

A Navy Federal Credit Union representative will be discussing the average annual

Fleet and Family Support Center

cost of a college education and various sources of college funding.

Registration is required and may be made by calling 841-2283.

Understand your credit report — A representative from the Navy Federal Credit

Union will be at the Fleet and Family Support Center on Wednesday, Feb. 25, from 11:30 a.m. to 1 p.m., to discuss information on credit reports..

Bring a copy of your credit report to the class and find out how to read the report and correct any errors you may find.

Call 841-2283 to register.

Homebuyers' Workshop

— Purchasing a home is a complex task. There are many questions that need to be answered before you take that big step.

Come to the Fleet and Family Support Center on Thursday, Feb. 26, from 7 to 9 p.m., and learn about your options and

decipher real estate lingo. You will meet with a representative from the Navy Federal Credit Union to hear first-hand about qualifications for mortgages and other financial options. Home-buying information for

all areas of the United States is available at this workshop.

Registration is required. Call 841-2283.

Lunch and learn movie matinee — Bring your lunch to

the Fleet and Family Support Center on Friday, Feb. 27, at 11:30 a.m. and watch the half-hour film, "Self Talk and Talking Skills." Registration is not required. Just bring your lunch and enjoy the show.

Workshop to focus on career options

Career Options and Navy Skills Evaluation Program (CONSEP), a four-day course, is being held at the Fleet and Family Support Center (FFSC) March 1-4, from 7:30 a.m. to 4 p.m. CONSEP provides service members with the information needed to make an informed decision about their naval career.

Training topics include self-

assessment, personal financial planning, Navy career options, and civilian career planning. CONSEP training also assists service members in planning for their retirement and ensuring they are competitive with their civilian counterparts.

Registration is required and may be made by calling the FFSC at 841-2283.

Five tax centers staffed to help servicemembers

Once again the Naval Legal Service Office (NLSO) is coordinating a VITA tax assistance program on board Naval Station Newport for active duty servicemembers, their dependents and retirees.

This year there are some differences from prior years. The NLSO is in temporary space during a rehabilitation project and will not be hosting a physical tax center this year. There are five tax centers located at different commands around the base. Personnel from the Naval War College, the Naval Ambulatory Care Center and personnel specifically assigned to Naval Station Newport should seek tax assistance from volunteers working within those commands.

All other eligible personnel

should seek assistance either at the Surface Warfare Officers School or OTC-N. The following are the points of contact for each command:

Surface Warfare Officers School: Chief Machinist's Mate Ken Parment or Machinist's Mate First Class Larry Jones, 841-2662

Officer Training Command-Newport: Chief Hospital Corpsman Tonya Gill, 841-3221

Naval War College: Andrew Robillard, 841-7890

Naval Ambulatory Care Center: Hospital Corpsman Second Class Rodney Lybarger, 841-6073

Naval Station Newport: Chief Information Systems Technician Ken Bridges, 841-1234



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What's going on

Festival winds up

The 10-day Newport Winter Festival winds down this weekend with a full schedule of fun activities.

Scenic train rides aboard the Old Colony Railroad depart today, Saturday and Sunday at 10:30 a.m. and 12:30 and 2:30 p.m.

The 16th annual Nacho Tasting gets underway at the Brick Alley Pub today at 2 p.m., and a haunting ghost tour through Belcourt Castle begins tonight at 5.

Saturday features a Pizza Cookoff from 11 a.m. to 4 p.m. at the Hyatt Regency Hotel; and snow sculpting on Bowen's Wharf from noon to 3 p.m.

On Sunday from 11 a.m. to 2 p.m., the People's Credit Union will sponsor a Day at Easton's Beach for the whole family.

Activities include a children's block hunt, sand/snow sculpting contests and carousel rides beginning at 11 a.m. A polar bear plunge, kite making/flying events start at noon.

For a complete list of activities and discount Winter Festival Button, good for free and reduced admissions to numerous events. Visit the Information Ticket and Travel (ITT) Office, Building 656.

TODAY, Feb. 20

- Lovers' Night Out, 6 to 9 p.m. Child care is \$15 for first child, and \$7.50 for each additional child.

- Scrapbooking, 6 p.m. to midnight. \$7 per person.

- Lunch and Learn Movie Matinee (Building Your Child's Self-Esteem), 11:30 a.m. to 1 p.m., Fleet and Family Support Center, 841-2283.

- Seal watch cruise, 11:30 a.m. and 12:30 p.m., departing from Bowen's Landing, Newport. Call 272-3540, ext. 133, or visit www.savebay.org

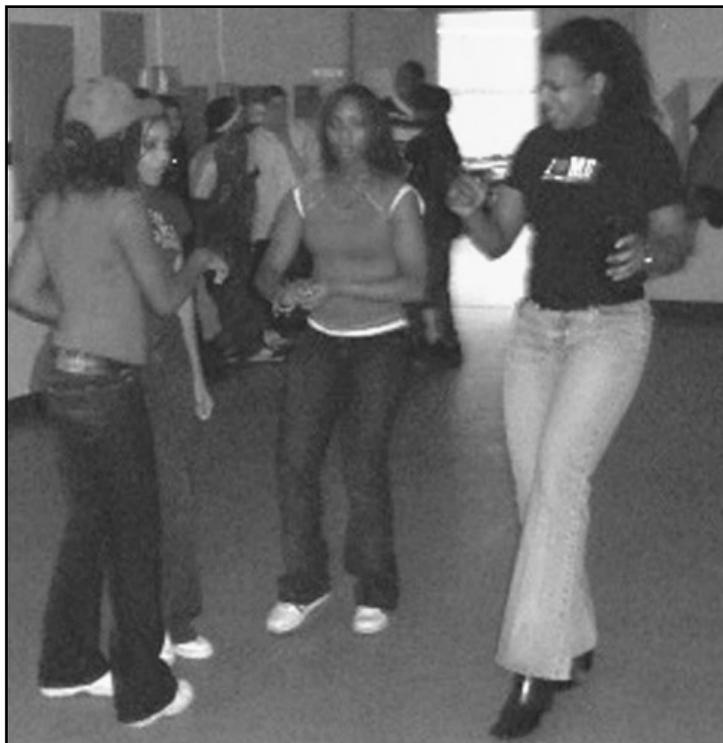
- Rhode Island Spring Flower and Garden Show continues through Feb. 22, Rhode Island Convention Center, Providence.

- Recreation Center: The following movies are shown upon request beginning tonight: *My Boss's Daughter* (PG-13) and *Beyond Borders* (R).

SATURDAY, Feb. 21

- Men 2B Training Workshop, 9 a.m. to 3:30 p.m., Fleet and Family Support Center. Two-day training workshop to educate or prepare men who want to be a positive role-model for young boys. Also Feb. 22, 9 a.m. to 3:30 p.m.

- Soup kitchen, 4:30 p.m., Community Baptist Church, Dr. Marcus Wheatland Boulevard. Military vol-



CS1 Ron Robinson/U.S. Navy photo

VALENTINE RAP— Sisters Sharde Robinson, left, and Janey Robinson, center, dance with their friend Barbara Huache and an unidentified parent, right, at the Children's Sweetheart Dance on Valentines Day last Saturday at the Greene Lane Community Center. The dance was sponsored by the Naval Station Newport First Class Petty Officers' Association.

unteers welcome.

- Newport Winter Festival activity: Snow Sculpture Contest, Bowen's Wharf, noon to 2 p.m.

SUNDAY, Feb. 22

- Chapel of Hope Sunday worship services:

- Protestant service, 8 and 10:30 a.m.

- Catholic mass, 9 a.m. and noon.

- Sunday Brunch, Officers' Club, 10 a.m. to 12:30 p.m.

- Newport Winter Festival Event: Teddy Bear Tea Party, 1 to 3 p.m., Newport Colony House, Washington Square, Newport.

- Sunday bowling, Sea view Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.

MONDAY, Feb. 23

- Armed Services YMCA (846-9622)

- Lovers Night Out, 5 to 8 p.m. \$15 for the first child, then \$7.50 each additional child.

- Soup kitchen, 8:30 a.m. Martin Luther King Center, Dr. Marcus Wheatland Boulevard. Military volunteers welcome.

TUESDAY, Feb. 24

- Armed Services YMCA (846-9622):

- Stamp-a-Rama, 9 a.m. \$10 to create up to three projects, or \$5 to stamp, per session.

- Adult Beginner Graduate Sewing No. 1, 9 a.m. to noon. Make a knit unlined jacket.

- College Funding Workshop, 11:30 a.m. to 1 p.m., Fleet and Family Support Center. Learn about dif-

ferent financial resources for college.

- Navy Choristers rehearsal, 6:15-8:45 p.m., Quinn Lecture Room at Naval War College. Call 847-4256 or 423-3523 for more information.

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport; 5 p.m. Military volunteers welcome.

WEDNESDAY, Feb. 25

- Fleet and Family Support Center, Reading Your Credit Report, 11:30 a.m. to 1 p.m. Bring a copy of your credit report and learn to read it and correct any errors. Call 841-2283.

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport. Military volunteers welcome.

- Lecture and book discussion of Toni Morrison's *Jazz*, 7 to 9 p.m., Special Collections Room, McKillop Library, Salve Regina University. Free and open to the public.

THURSDAY, Feb. 26

- Homebuyers Workshop, 7 to 9 p.m., Fleet and Family Support Center. Learn about mortgage qualifications and other financial options from a representative from the Navy Federal Credit Union.

- Island Foghorns Toastmasters Club meets (every third Thursday of the month), 12:15 to 1:15 p.m., Armed Services YMCA. For more information, call Mike Spaziante, 832-8623, or Mary Ann Grota, 841-4196, or visit www.toastmasters.org

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport. Military volunteers welcome.



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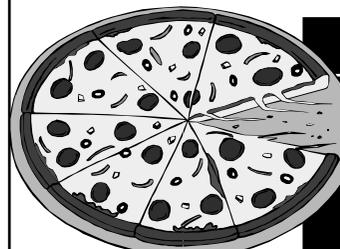
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Information, Tickets and Travel

Cure the winter blues

The Newport Winter Festival concludes this weekend after a week of food cook-offs, music concerts, friendly competition and fun at the 16th annual Newport Winter Festival.

Purchase a button for \$5 at the Information, Tickets & Travel Office, Building 656, to receive reduced-price admission to most festival events.

ITT also has advance tickets for Bellevue Cadillac tomorrow night at the Hyatt Regency. All tickets are available at a discounted rate and will sell out, so stop in and get yours today!

Visit the Information, Tickets & Travel Office to pick up a free brochure that lists all the exciting events, or visit the Winter Festival website at Newportwinterfestival.com

Boston Red Sox tickets soon

Take your family out to the ball game with great box seats in Fenway Park, home of the Boston Red Sox. The MWR Information, Tickets & Travel Office has tickets to 31 home games, including dates on weekends, holidays and a few weekdays.

Seats are located in the Field Box in section 22 and the Loge Box of section 21. Both boxes are located behind and to the right of home plate as you face the field.

Tickets will go on sale at 6 a.m. on Tuesday, March 16.

Sales will be limited to active duty military personnel only on Tuesday (6 to 9 a.m. and 11 a.m. to 4 p.m.) and Wednesday, March 17 (11 a.m. to 4 p.m.) and a valid military ID must be shown upon purchase.

Beginning Thursday, March 18, the remaining tickets will be available to all authorized personnel. Tickets must be purchased in multiples of two and will be limited to four tickets per person, per day.

Loge box seat tickets are priced at \$70 each; field box tickets are priced at \$75 each. Phone orders will not be accepted. For more information call 841-3116.

Sesame Street Live returns

See Big Bird, Elmo and the whole Sesame Street gang live on Saturday, Feb. 28, at the Providence Performing Arts Center.

The Information, Tickets & Travel Office, Building 656 has discounted tickets for the 2 p.m. matinee of *Sesame Street LIVE "1-2-3 Imagine."* The musical extravaganza explores the world of imagination and teaches children that anything is possible.



Announcements

NACC to explain eating disorders

In observance of National Eating Disorders Awareness Week next week, Feb. 22-28, the Naval Ambulatory Care Center Mental Health department staff will provide information on recognizing different types of eating disorders and how to get help, Hospital Corpsman Second Class Lisa M. Caron, Mental Health Department, said.

An information/education area will be set up in the clinic on the second floor outside the Physical Therapy Department between 8 a.m. and 3 p.m.

Special events

Navy Choristers to hold concert

The Newport Navy Choristers will present "Music for a Sunday Afternoon" on Sunday, March 7, at 4 p.m. at Spruance Auditorium, Naval War College.

Tickets are \$6 for adults, \$4 for seniors and children, and \$15 per family.

For additional information, call 849-1135.

Steroid abuse focus of lecture

A former U.S. Weightlifting Team member and two-time national champion, will host a "straight talk" on anabolic steroids and natural supplement alternatives for athletic performance enhancement.

Dr. Gerry Willis, associate dean of students at Salve Regina University, will host the program on Wednesday, Feb. 25, at 7 p.m., in the O'Hare Academic Center lecture hall.

Willis, whose doctoral dissertation focused on "Substance Abuse Among Student Athletes," said steroid use among student athletes is being practiced at alarming proportions. He said the abuse is particularly disturbing at the Division III level where drug testing rarely exists.

Willis, and Tom Blaney, Salve's fitness center director and assistant trainer, also will discuss popular natural supplements, such as Glutamine, herbals, Ephedrine and Creatine, as well as the Atkins Diet.

NEX to raise haircut price

The Navy Exchange will raise the price of regular haircuts at its barber shops on March 15 from \$7 to \$8, Robin Joseph, manager, has announced.

NLSO offers aid

Naval Legal Service Office (NLSO) North Central Branch Office at the Naval Justice School, Building 360, offers free legal assistance services, said Lt. Sean Cogley JAGC, Branch Head.

Ash Wednesday services posted

In observance of Ash Wednesday, the Chapel of Hope will hold the following services for Catholic community only:

—10 a.m., Capt. Howard N. Kay Hall.

—Noon and 6:15 p.m., Chapel of Hope.

Ashes will be distributed at each service.

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WIDE OPEN SPACES — The lobby of the Naval Station Newport Post Office is tripled in size through recent renovations, and the addition of fluorescent lighting and two large windows have brightened it up.

Post Office's facelift gets stamp of approval

By JOY CHRISTMAS
NAVSTA Public Affairs Staff

Recent renovations at the U.S. Post Office, Building 1900, at Naval Station Newport, have not only created more space, but have enhanced customer safety and provided more self-service features.

Originally located on Peary Street with parking on the opposite side of the street, the

Post Office main entrance is now at the rear of the building. In addition, a 27-space parking lot has also been established with a pedestrian walkway to



the front steps.

The project was undertaken by Seabees from Command Self Help, augmented by Public

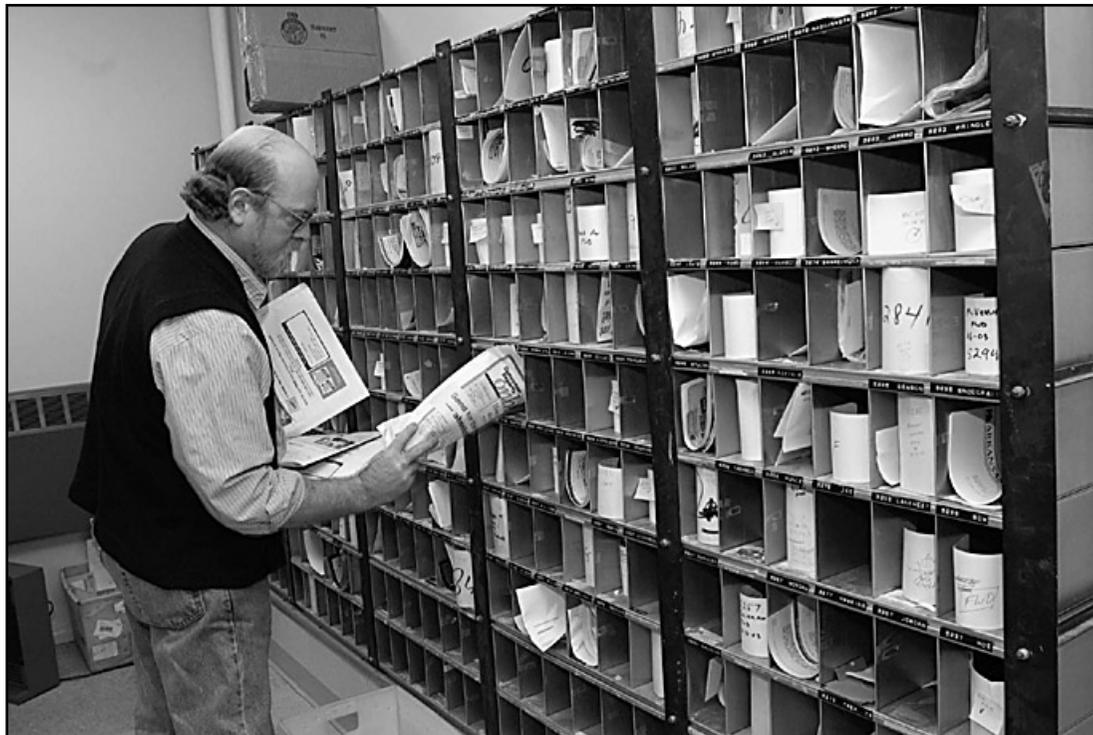
Works Department tradesmen. Patrons often found it difficult to find parking because the former lot was shared with customers doing business at NAVSTA Headquarters, Building 690, and the Navy-Marine Corps Relief Thrift Shop. In addition, crossing the street, especially during

morning and afternoon commute and lunch hour, was hazardous at best.

POST OFFICE, Page 9



LT. J.G. SAMUEL LEVIN, a student at Officer Indoctrination School, buys a book of stamps from postal clerk **Richard Friday**.



STEVE GOULD, a distribution/window clerk, sorts mail for personal post office boxes.



POSTAL clerk Richard Friday uses new computer equipment to weigh packages and compute sales.



RAY ST. PIERRE, above, delivers mail and parcels from the Newport Main Post Office.



A CUSTOMER, left photo, uses the crosswalk from the parking lot to the new Post Office at the rear of Building 1900.

Post Office

Continued from Page 8

"It's a very positive change and we have been receiving very positive feedback," said Brian Simmons, the customer service liaison and engineering technician in the NAVSTA Public Works Department.

The new, wider, covered entrance also includes a handicap access ramp with designated handicap parking right in front of the building.

A vestibule between the entrance and main lobby houses 404 personal postal boxes that are accessible seven days a week, 24 hours a day. A postage stamp vending machine will be installed in the near future.

Space in the main service lobby has been tripled. Added windows and fluorescent lighting has helped brighten things

up.

Although the renovated facility opened on Jan. 20, Janet Pado, supervisor of customer service at the main Post Office on Thames Street in Newport, said a formal opening is forthcoming.

Pado said the finishing touches include a queue line with a parcel slide for packages while customers wait for service at the windows, plus additional tables for customers to address and stamp letters, and fill out forms. A self-service display of assorted shipping supplies, labels, cards and envelopes is also available.

"For now, the new facility has been opened for customer convenience," said Pado. "We have plans for a formal ribbon-cutting for possibly later this month."

Simmons said paramount is to get the word out to patrons about the new entrance and parking lot that has a pedestrian walkway to the facility's steps.

A frequent customer at the NAVSTA branch post office, Jo DeVoll, said it is a very positive change.

"I like this. They definitely needed something a little bigger," said DeVoll, who comes from the west side of Narragansett Bay. "And, the new parking lot is a big plus."

Hours of operation are Monday through Friday, 8 a.m. to 4 p.m. Saturday hours, suspended for six months, have been reinstated. They are 9 a.m. to 1 p.m.

The collection box in front of the former entrance, has been relocated to the new rear entrance.

Ron Fontaine/U.S. Navy photos

Naval Station Newport Dining

Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

Today: Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections.

Tonight: Kick-off the week-end with complimentary hors d'oeuvres in the Topside Pub from 5 to 7 p.m. Order your favorite beverage or something from the pub menu, available until an hour before closing.

Saturday: Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

Monday to Wednesday: Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections. Dinner, 4 to 10 p.m., Topside Pub, Pick from the pub menu.

Tired of cooking? Dine on boneless Buffalo wings, New England clam chowder or try our bacon cheeseburger, a half-pound black angus burger topped with hickory smoked bacon, cheese, crisp lettuce, tomato and onion with a variety of items available. There is something for everyone!

Thursday: Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings, fresh garden salads, and creamy clam chowder. Pub opens at 4 p.m.

Upcoming Events:

Advance tickets may be required for the following events. Gratuity is included in all tickets prices and there is no charge for children age 3 and under at special events.

Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

To purchase tickets or for more information, call 846-7987 or 841-4821.

St. Patrick's Dinner Show: Everyone is Irish on St. Patrick's Day, so come and celebrate a wee bit early with tickets to this evening of fine dining and dancing to the sounds of The Blackthorn Band at the Officers' Club on Friday, March 12.

The evening begins at 6 p.m. with "Blarney" beer cheese and "O'Malley" crackers along with a cash bar— so, why not hoist a pint of Guinness?

Next, enjoy a crock of hearty Dublin split-pea soup, shamrock salad, Irish soda bread, an abundant, all-you-can-eat Irish buffet including corned beef and cabbage, Irish stew and more! Top it all off with a visit to our Irish coffee station for your complimentary, individually made Irish coffee created with Old Bushmill's Irish Whiskey and Bailey's Irish Cream. Decadent desserts are also included in this marvelous March event!

Don't worry, you can splurge,

since you'll be kicking your heels up to the energetic tunes of The Blackthorn Band 'til the wee hours of the morn!

Tickets are on sale now. Tickets must be purchased in advance and cost just \$22.95 each, including gratuity. Order by phone (Visa/MC only) at 846-2515 or visit the O'Club Gift Shop

Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

Hours of operation: The Enlisted Club is open 4 to 11 p.m., Wednesday to Saturday. The CPO Lounge is open Wednesday and Thursday, 4 to 9 p.m. and Friday, 4 to 11 p.m. Pub menu is available Wednesday through Saturday, 4 to 8 p.m. Lunch service is no longer available.

Tonight: Kick off the week-end with a rockin' good time! Head over to the Recreation Center, Building 656, every Friday and kick off the weekend with a fabulous TGIF party!

Starting at 5 p.m., you are invited to enjoy complimentary hors d'oeuvres, sip refreshing beverages, and listen to the coolest tunes, spun by a rocking DJ from "Get With it Productions."

Saturday: 4 p.m. to 11 p.m., Pub menu available from 4 to 8 p.m.

Wednesday is "Wild Wings" Night, 5 to 8 p.m. Get a basket of chicken wings (available three ways), fresh celery and blue cheese dipping sauce.

Newport Naval Cable TV

Technology counters minesweeping danger

Navy and Marine Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories on this week's show:

— A report on technology that's taking the human element out of the dangerous job of minesweeping.

— Navy frigates go through changes in an effort to advance combat readiness.

— Sailors at Bethesda National Naval Medical Center conduct a mass casualty exercise.

— Reservists from Yorktown, Va., get ready to deploy to Iraq.

— A report on the job some scientists at the Naval Research Lab.

— Mess management specialists, now culinary specialists, share thoughts on the new title.

— Marines and Sailors in Norfolk indulge in some old-school boxing.

— Service members from around the globe participate in the inter-service cross-country championships.

Health and Wellness Videos

The Naval Ambulatory Care Center and the Health Promotion Action Council offer Health education and wellness programs on channel 13, daily, following *Navy and Marine Corps News*. During next

week's featured segments, beginning Feb. 23, learn more about *Gallstones* and *High Blood Pressure*.

If interested in classroom/video programs or in participating in the Health Promotion Action Council, call the Health Promotion Department at 841-6777.

Fleet and Family Support

Parents and teenagers may be interested in the Fleet and Family Support Center video series. These programs deal with a variety of topics, which are of interest to children of all ages, and families.

The programs air daily on channel 11 at 10 a.m., 1:30 and 7 p.m. The weekly schedule is displayed below.

DAY	TITLE
Friday through Sunday	Effective Discipline: How to raise a responsible child
Monday	Active Communication: Win cooperation with your child
Tuesday	The Magic of Family Meetings: How they solve problems and teach values
Wednesday	Peter Alsop, Costume Party
Thursday	Post Partum Emotions: The Blues and Beyond

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Call Amy Dawson or Patricia Frizzell for more information
849-3300

Leisure

Bowling

(Building 656, 841-4293)

Winter Bowling Hours: The Seaview Bowling Center, Building 656 is operating under the following winter operating schedule: Monday, 5 to 9 p.m.; Tuesday through Friday, 5 to 10 p.m.; and Saturday and Sunday, 1 to 7 p.m. Rock and Bowl, every other Saturday, 8 to 11 p.m.

For more information, call the Bowling Center at 841-4293, during business hours.

Specials:

- **School vacation week bowling specials:** Stop in during the last of winter school vacation today and enjoy an afternoon of bowling. The bowling center will be open at 1 p.m., so come on in and have some fun! Bowling costs \$7 per lane (2 person minimum). For more information, call the Seaview Lanes at 841-4293.

- **Rock and Bowl:** Every other Saturday night beginning at 8. Cost is just \$7 per person. Bowl a strike when the head pin is red and you will win a prize! It's rocking, it's rolling, it's bowling and it's a blast! Rock and Bowl Night is tomorrow, Feb. 21.

- **Sunday special** is \$7 an hour from 1 to 7 p.m. for two people.

- **Bowling birthday parties** available Saturdays and Sundays and include reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, including shoe rental.

- **Bumper bowling** is always available.

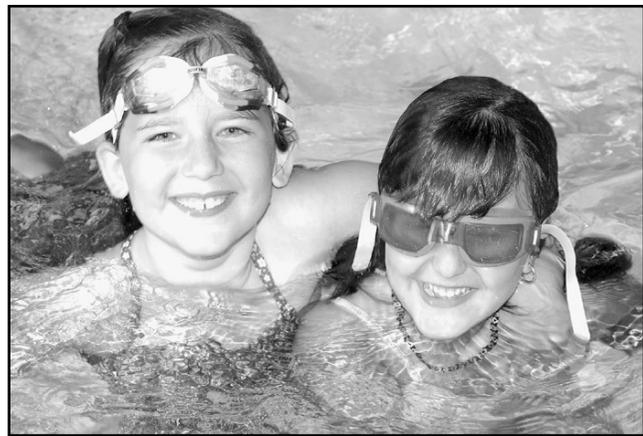
Youth/special fitness activities

(Gym 109, 841-3154)

- **Youth fitness program:** Eligible youth wishing to utilize Morale, Welfare and Recreation Department fitness facilities (Gym 109 and FITNESS Plus) are required to take a mandatory resistance and aerobics training class prior to entering the facilities during the designated times.

This class is required for youth ages 10 to 15, and is also available for 16 and 17-year-olds that may also choose to participate in the fitness assessment program instead.

The Youth Fitness Class is available on an individual basis by pre-registering at Gym 109 or FITNESS Plus in Building 355. Parents are required to be in the building where the course is being held during all



Ron Fontaine/U.S. Navy photo

GET IN THE SWIM — Buddy-up and enroll in the next session of swimming lessons, March 8 to April 2, in Pool 307. Lessons are twice a week for four weeks. For more information, call Jeff Cornell in Gym 109 at 841-7196.

class sessions.

Complete details on this program and youth fitness policies are available at Gym 109. Call 841-7196 for information or to pre-register.

Swimming Lessons

(Pool 307, 841-6628)

The next session of swim lessons will run from March 8 to April 2. Lessons meet twice a week for four weeks, cost \$50 per person and take place for 30 minutes. Lessons offered are: Preschool, Level 1, Level 2 and Level 3. Beginning Monday, Feb. 23 registrations will be accepted at the Athletic Director's Office, Gym 109, Monday through Friday 8 a.m. to 4:30 p.m. Classes fill-up fast and are limited.

For more information, call Jeff Cornell in Gym 109 at 841-7196.

Gymnasium

(Gym 109, 841-3154 or FITNESS Plus, Building 355, 841-1474)

Intramural Volleyball

Register today for the intramural volleyball league at Gym 109! Open to adults 18 and

over, registrations will be accepted Monday through Friday, 8 a.m. to 4:30 p.m. Matches begin March 22 and are played Monday through Thursday evenings at 5:30, 6:30 and 7:30 p.m. through May 20.

Active duty, retirees, reservists, dependents and DoD civilians are welcome to participate. There is a \$15 fee for DoD civilians. All teams are required to pay a \$100 refundable forfeit fee, and teams must have matching shirts with numbers by the first game. Deadline for registrations will be on March 31. There will be a coaches meeting March 17 at 4:30 p.m. in Gym 109. For more information, call Marty Sullivan at 841-7196.

Massage therapy offered at Fitness Plus: Need to reduce muscular aches and pains?

Or do you want to feel more relaxed? A massage therapist will be available at Fitness Plus, Building 355. Body-Wise Therapeutic Massage will be offering a variety of services. Pick from Swedish relaxation massage, sports massage, trigger-tender point therapy or deep tissue massage.

Techniques may be combined to best suit your needs. The prices for massages are: \$35 for a half-hour and \$65 for a full hour. For questions on massages, call 848-9825. For an appointment, call Fitness Plus at 841-1474.

Aerobics/exercise

(FITNESS Plus, Building 355, 841-1474)

Current hours of operation are Monday to Friday, 5 a.m. to 7:30 p.m.; closed weekends and holidays.

Computer Café

(Building 656, 841-2194)

- **Personal computers** available six days a week to send and receive email, surf the web, play games — all at no charge. There is a 10 cent charge for printing. Open

Monday through Saturday, 11 a.m. to 9 p.m.

Music/games

(Building 656, 841-3054)

- **The next Karaoke night** will be next Saturday, Feb. 28, 8 p.m. Showcase your talents

with golden oldies, country hits, and of course, today's top tunes, beginning at 8 p.m. No cover charge, open to all hands. For more information, call The Recreation Center at 841-3054.

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Branch Dental Clinic Newport



Ron Fontaine/U.S. Navy photo

BRUSHING UP ON DENTAL CARE — Cmdr. (Dr.) Stuart Miller, Branch Dental Clinic Newport, explains proper brushing techniques to T.J. Faustino, 4, at the Coddington Cove Pre-School last Monday. This is National Children's Dental Health Month.

Let's keep your smile for life

Are you afraid of the dental needle? Cringe at the sound of the drill? Now you can avoid these experiences and control your dental health.

"How?" you ask.

Realize that dental caries (cavities) and gingivitis (gum disease) are caused by bacteria that live in your mouth. Controlling the bacteria will avoid trips to the dentist. If the bacteria are allowed to multiply and grow in number, they destroy the teeth and gums.

Dental caries is a destruction of the tooth enamel. They occur when foods containing carbohydrates (sugars and starches) such as milk, pop, raisins, cakes or candy are frequently left on the teeth. Bacteria that live in the mouth thrive on these foods, producing acids as a result.

Over a period of time, these acids destroy tooth enamel, resulting in cavities. This process is also called "tooth decay." is caused by acid producing bacteria (s. mutans). Every time you eat food that contains sugars or starches your teeth are attacked by acid for 20 minutes or more.

Gingivitis is caused by plaque, a sticky film of with bacteria that constantly forms

Branch Dental takes tooth care on road

February is National Children's Dental Health Month and Branch Dental Clinic Newport (BDC Newport) this month is dispatching five dentists and 16 dental technicians to give lectures and demonstrate hands-on oral hygiene at six Newport public schools, Naval Station Newport's Child Development Center, and the Coddington Cove Pre-school.

The focus is on keeping teeth healthy for a lifetime and how the dentist is our partner in cavity prevention.

The discussions include eating the right foods, limiting snacking, brushing and flossing daily and visiting the dentist regularly. A video will be shown, and a bag with a toothbrush, sample size toothpaste and dental floss will be given to each child.

on the teeth. These bacteria create toxins that can damage the gums. In the early stage of gum disease, called gingivitis, the gums can become red, swollen and bleed easily. At this stage, the disease is still reversible and can usually be eliminated by daily brushing and flossing.

The best way to remove bacteria in plaque is by brushing and cleaning between your teeth every day.

Cleaning with floss or interdental cleaners removes plaque from between the

teeth, areas where the toothbrush can't reach.

A dental check-up will ensure early detection of dental problems. The dentist may even suggest sealants that are plastic material, which bonds to the grooves of the chewing surfaces of back teeth. The sealants will act as a barrier protecting enamel from plaque and acids that cause decay.

By taking care of your teeth, visiting your dentist regularly, you can have healthy teeth and an attractive smile for life.

Sports

Navy Prep cagers to face Air Force

By **CHRISTIAN APPLEMAN**
NAPS Basketball Coach

The Naval Academy Prep School men's basketball team will depart for Ft. Monmouth, N.J., tomorrow for a military matchup against Air Force Prep. Ft. Monmouth is the home of the U.S. Military Academy Prep School.

The Rams hosted Community College of Rhode Island on Feb. 17. In games this month, Navy lost two and won one.

The Rams dropped a 96-65 decision on Feb. 3 to St. Thomas More in Oakdale, Conn.

Although NAPS only trailed by only 10 at halftime,

St. Thomas More unleashed a barrage of long jump shots to begin the second half en route to their decisive victory. Offensively for the Rams, only Corey Johnson (18) and Jeff Prebeck

(13) scored in double figures.

On Feb. 5, Navy Prep traveled to Brockton, Mass., to take on Massasoit Community College, a team they had beaten earlier in the season. NAPS raced to a 32-17 lead at intermission and coasted to a 73-60 win.

The Ram bench played its best collective game of the year as Tyler Roden (13), Chris Romnek and Mark Guadagnini (10 each) were outstanding at both ends of the court.

Johnson (14 points) and Mark Fannin (11 points) continued their solid play as the NAPSters improved their record to 9-11 on the season.

Navy dropped a heartbreaker to Mitchell College, 76-74, in Gym 302 on Feb. 10. Navy Prep led by as many as 20 points in the second half, only to fall victim to Mitchell's full court press.

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Tours

Continued from page 3

Naval Operations, strongly believes Burke's idea is an extremely worthy project.

"This fine program provides lasting relationships that will impact future world events. It is our intent to provide these officers with a better understanding of the economic, political, and social aspects of life in the United States," said Clark.

Naval Command College Director, Capt. Bradley Smith echoed the CNO's remarks.

"The recent past and foreseeable future illustrate the essentiality of strong coalitions to help prevent conflict when possible and to win decisively when called into action. The Naval War College is dedicated to the continual enhancement of understanding, and communication between military officers of many nations through our NCC and NSC programs," said Smith.

During the NCC and NSC course of study, students take part in five or six Informational Program Visits (IPVs) to different regions of the country. International students travel to Washington D.C., New York City, Florida, Maine, Arizona, California and more.

These visits allow students to gain a firsthand view of how Americans live and work. To do this, the NCC and NSC arrange

in-depth visits and tours of America's businesses, corporations, government agencies and educational institutions.

NCC visits include chief-executive level briefings on topics such as company structure and product review, business and economic policy, international markets, and management and labor relationships.

Students walk through the Boeing production facilities in Seattle, and also sit down with one of the senior vice presidents of Hewlett Packard and discuss marketing strategies, advertisement, industry, strategic vision, competition in a global marketplace, customer satisfaction, and employee pay and benefits.

Whether they engage with senior management at Disney, Harley-Davidson, Microsoft, Starbucks, or the New York Police Department, it's the understanding of American values, business, laws and culture that the students take away with them in each visit.

The IPVs are "invaluable" and are filled with "free and frank discussions," according to current NCC student, Indian Navy Capt. Ajit Kumar.

Kumar is equally impressed with the structure of the Naval Command College as well.

"It provides the ideal platform for fostering friendship and

camaraderie amongst all of the students," said Kumar.

Recently, the Naval Command College visited the West Coast, where they had an opportunity to experience firsthand different aspects of the American culture.

"The West Coast IPV increased student understanding of U.S. institutions and the economic, industrial, technological, military and cultural aspects of this region of the U.S.," said Smith.

"Students had the opportunity to actively participate in 15 separate briefings and tours, including visits to Boeing, Seattle Navy League, Microsoft, Naval Postgraduate School, the nuclear-powered aircraft carrier, USS John C. Stennis, and two nuclear submarines."

Presentations on industry, the economy and labor-management relations were delivered by high-ranking officials of two Fortune 500 companies.

Robert Faye, a senior executive at Boeing Corp. told the students, "The economic health of the world depends on the airline industry, just like the cooperation of the people in this room."

Students also heard from representatives from Hewlett-Packard who gave the students a comprehensive understanding of the corporation's very simple mission statement: "Deliver vital technology for business and

life."

"Our students see why Americans exercise democratic ideals and engage in the U.S. free enterprise system," continued Smith. "They experience American diversity, not only in political opinion and thought, but culturally and ethnically as well."

Military briefings were also on the schedule while on the West Coast as the Naval Command College students met with flag officers leading operational and educational elements of the U.S. Navy.

"The Naval War College attracts the very finest international officers," said Smith.

Jump rope— Continued from Page 2

jumps and raised more than \$5,000.

"Over the past seven years we've tallied 346,885 jumps and raised \$23,986 for heart research," he said.

Principal Leland Brown praised the Navy for stepping in to help out. "Any time we call for assistance, the First Class Association comes willingly," he said. "They're volunteer readers, they listen to the kids, and show up faithfully."

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10 - Help Wa

ADMINISTRATIVE: Part-time Reception & Administrative position available at major brokerage firm. Good interpersonal & basic computer skills required. Resum Greg Voccio, Smith Barney, 284 Bellevue Ave Newport, RI 02840 o greg.j.voccio@smithbarney.com EOE, M/F/D/V

CAFE counter help, Mon-Fri., 6:30 a.m. to n Also part time wknd: Ocean Breeze Cafe, 589 Thames, 849-1750

COFFEE HOUSE. Hiring Counterpersons, apply in person at Customer House Coffee, 796 Aquidneck Ave., Middletown.

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HOTEL/RESORT: Fairfield Resorts is now interviewing for the position Assistant Resort Manager, to oversee daily operations, primarily with rooms division, for properties located Newport. Resort/ hotel experience, ideally within rooms division, preferred. Please mail resume to: Long Wharf Resort, 5 Washington St., Newport, RI 02840 or resume to 401-845-0127.

HOTEL: Guest services supervisor, 4 p.m. to midnight. 154 rms. Prior hotel front office experience required. Apply in person, or send resume to: Bob Wirth, Howard Johnson Inn, 351 West Main Road, Middletown, RI 02842. 849-2000.

RECEPTIONIST. Growing veterinary hospital seeking full & part time receptionist. Shifts consist of morning and evening hrs. with Saturday rotation. Must possess exceptional customer service & phone skills. Must be proficient in multi-tasking & enjoy fast pace. Training provided for the right candidate. Resume to Newport Animal Hospital, 333 Valley Road Middletown, RI 02842 No calls please.

Museum

Continued from Page 2

ed States, Halyburton was assigned to the Naval ROTC Unit at Georgia Tech.

During this time, he finished his graduate studies in Journalism at the University of Georgia. Halyburton was then assigned to the Naval War College where he has been on the faculty since his retirement from active naval service in 1984.

Halyburton's military decorations include the Silver Star, three Purple Hearts, the Legion of Merit, three Bronze Stars, seven Air Medals, a Navy Commendation Medal, and the POW Medal. The Department of the Navy awarded him the Meritorious Civilian Service Award.

"Open Doors" takes its name from a poignant quote made

by one POW, retired Navy Cmdr. Paul Galanti: "There is no such thing as a bad day when you have a door knob on the inside of the door."

Continuing on its national tour here in Newport, "Open Doors" has been featured in museums across the country since November 2002.

Most recently, the exhibit has appeared at the Nauticus Maritime Center, Norfolk; the U.S. Naval Academy, Annapolis, Md.; and at the Stephen Decatur House Museum in Washington, D.C.

The exhibit will be on display until mid-April and is available for viewing during normal museum hours, Monday through Friday, 10 a.m. to 4 p.m.

Iraq

Continued from Page 2

supported a war with Afghanistan.

Furthermore, the French fully supported Resolution 1441, allowing inspections in Iraq for weapons of mass destruction in the hopes of disarmament.

Tensions between the U.S. and France regarding Iraq began when, "the pressure in Washington became irresistible to use the 300,000 soldiers who were already on the border," he said.

The French saw the inspections for disarmament moving forward, and Saddam Hussein slowly cooperating under pressure. They were not convinced of a direct connection between al-Qaida and Hussein, nor were they convinced that there existed weapons of mass destruction. France thought that inspections should be continued in order to clarify the overall situation in Iraq.

"However, as we all now know, the U.S. went ahead with the

attacks in Iraq that have brought us to our present state there," he said.

Levitte said that he fears a drawn-out occupation of Iraq will fuel more terrorist attacks there. He stressed that, "Iraqis do not kill other Iraqis," and that the terrorist groups are coming from outside and taking advantage of the current U.S. occupation.

Levitte acknowledged that the Iraqis are grateful for their liberation from Saddam Hussein, but they are nationalists and they need to be allowed to run their country as soon as possible.

Levitte maintained that "France is not a pacifist country" and does not oppose the use of force, but may consider it as a last resort. He also stressed that terrorists should not be acknowledged as soldiers of an army, but rather cowardly criminals.

10 - Help Wa

DRIVERS & dispatchers. Full & part time. Tow, 129 Connell Hwy.

HOUSEKEEPERS: Newport Chalet Hotel, located on the Naval Base has an opening for housekeepers to join our great team. 20-22 hrs/wk. Benefits incl wks. paid vacation 401K, paid holidays monthly bonus plan. Call Pat @ 841-0800.

10 - Help Wa

MANAGER for small busy restaurant. Must have experience, strong P skills & extensive kno of operations. Send resume to: 24 Memorial Blvd. West, Newport, RI 02840.

PRODUCTION ASST. for a dynamic A/V co. Interested parties should email service@i7logic.com

10 - Help Wa

HAIRDRESSER for Bellevue salon. Call eve Elizabeth, 253-4206.

RETAIL SALES: Full or part-time, yr. round possible asst. manager fashionable shoes. Sol Desire, 846-8133.

RN NEEDED, 32-40 hrs., 7am-3pm. Busy, assisted living residence. Send resume to: mwerber@benchmarkbn.com or Blenheim - Newport 303 Valley Rd., Middletown, RI 02842.

SENIOR SOFTWARE ENGINEER desired to serve as a lead programmer for growing, small business specializing in intelligent technology. New office in Middletown. Combat system experience a plus. Generous pay and benefits. Call Carl Conrad at 847-5770 for qualifying skills and some submission guidance. 21st Century Systems, Inc.

UMPIRES NEEDED for Portsmouth Softball League. No experience necessary, but knowledge of the game helpful. Games begin mid April. College, high school students and others encouraged to apply. Call 846-8493.

WAITSTAFF: No nights!! Full/part time for breakfast & lunch cafe Ocean Breeze Cafe, 580 Thames. 849-1750.

12-Earning Opp

ATTN. Work from home \$500-\$1,500 part time \$2,000-\$4,500 full time www.workfromhomeRI.com Health/Nutrition 846-756

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ARMOIRE/WARDROBE WANTED. Prefer wood w/ clothes rod and bottom drawer(s) on shelves. 841-0718

520 - Miscell for Sale

BIRTHDAYS are a blast at Flashback. Photos fun. 846-9522, 846-143.

CELL PHONES Panasonic 320, Mitsubishi T200, all access in \$30 for both. 848-554

COLEMAN 5000 WATT generator on wheels, 1 hp motor, 5 gal. tank 2-110's, 2-240's. \$50 Call 847-5436.

ROUGH CUT OAK. Various widths. Askir \$150. 847-5642 after

530 - Househol

2 TWIN BED FRAMES 1880-1920. \$350. Corner stand for TV w/cabinet. \$45. 849-2481.

530 - Househol



TWIN BED with mattress, made of wood. Storage space underneath. \$50 or best offer. 835-14 or 683-2366.

590 - Music

ORGAN, 1960's (?) Hammond E111, Works Great, 25 Petals, rhythm. Asking \$500. 423-0515.

670-Business Op

INVESTING? Promises of big profit means big risk! Call AG-Consumer Protection at 800-852-7776, the Federal Trade Commission at (877)-FTC-ELP for free information. Or visit our Web site www.ftc.gov/bizop.

NEWPORT Bed & Breakfast zoned & lic., prime mid-town location, parking lot, 4,000 sq ft bed, 6.5 bath Victorian all systems upgraded many extras. Possible seller financing \$8000. 847-3783.

NEWPORT. Well established Thames St. restaurant specializing breakfast & lunch. Cha at ReMax 848-6781.

690-Apartments

ROOMMATE, Newport. Renting 1 bdrm. Furn immaculate, family room tv, all appliances \$550/mo., incl. util. Kevin, 401-662-5910.

710 - Unfurn.

1 BDRM. 1ST. LGE., quiet setting, owner occupied, Victorian at mi. corner. no pets/sake outdoors. Refs washer/dryer. heat/hot water incl. \$925. 3c term lease. Avail. 3, gerrydecotis@yahoo.com

2 BDRM., Kay Street area. 3rd floor, hardwoods, washer/dryer, parking. \$950 a mo Chad, ReMax, 848-6781.

3 BDRM., 1.5 bath, parking, w/d hookups \$1,350+. 662-0241.

ALL NEW 2 bdrm., fire place, hookups, parking \$1225+. Edith Cushing, ReMax 848-6750.

HARBOR LOCATION: Sunny 2 bdrm. Hardwoods. \$1,300+. America's Realty 846-1880.

LOVELY 2 bdrm., redecorated, wash/dry, sun room, hardwoods. \$1000+. Pets? America's Realty 846-1880.

MIDDLETOWN: Like new 2 bdrm., 2 bath. \$950 utils. 592-0041.

NEAR HARBOR 2 bdrm. \$950 incl. heat. smoke/pets. America's Realty 846-1880.

NEWPORT GREEN 2 bdrm., 1 bath, current being renovated. Avail 3/1. \$1150 incl. heat hot water. 842-6602.

710 - Unfurn.

NEWPORT: 2 bdrm., 2nd flr., hardwoods, washer/dryer, 5th Ward, near park & harbor. Avail 4/1. \$1,050. 846-1458.

NEWPORT: off Thames Perry Mill Wharf. Nice room, 1 bdrm. townhouse type apt. \$1,250 mo., parking. 849-042

PORTSMOUTH. 2 bdrm, w/enclosed sun porch. The Elmhurst district. No pets. Utils included \$1600/mo. 683-6516.

YACHTING VILLAGE, sunny 1 bdrm., new kitchen, laundry. \$90 mo. Also 1 bdrm. \$850 incl. utils. America Realty 846-1880.

720- Furnished

2 BDRM., downtown, off st. parking, laundry basement. \$1150/mo. Nick 401-265-8363.

NEWPORT: 3+ bdrm, 2 bath, washer/dryer, furn/ufurn. \$1675/mo. Great location 391-933

725 - Condos

SPECTACULAR WATER VIEWS, jogging paths, pool & tennis, many amenities. Furn. 1 bdr \$775 till June. \$850 June, July & Aug 847-3455.

730 - Houses

1 BDRM. COTTAGE, by beaches, beautiful furn., great kitchen deck. (Pets?) short long term. 855-1009.

COZY 2 BDRM., central Middletown. \$1350+ utils. Avail. 3/1. St at ReMax, 848-6768.

OFF BELLEVUE, charming colonial 3 bdrm 1.5 bath, amenities \$1800+. America's Realty 846-1880.

740 - Summer I

ATTN.: Summer Rentals. All types, monthly seasonal. Edith Cushing, ReMax 848-6750.

NEWPORT CONDO. Steps to beach, town Cliff Walk. Balcony parking. 732-682-8234.

741 - Winter

2 BDRM. condo. Waterfront, furn., 24 hr. security, 1st. flr., pet min. from town. \$1,200 plus. 401-886-5215.

ATTN. NAVY, SALVE & Others. Rentals all types avail. Remax, Edith Cushing 848-6750.

770 - Garages

ISLAND SELF STORAGE Secure storage; various sizes available. Call furniture, resident commercial storage Climate/non-climate Call for prices, 60033, fax 683-4762.

870 - Houses



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R.I. Human Rights Commission - 1-277-2661

Dept. of Housing & Urban Development - 528-5351

905 - Trucks &

CHEVY S10 '88, standard, tinted windshield, inspected 2/06, great truck, excellent. \$650. 789-110 Thank you.

915 - Autos f

CHRYSLER CONCORD '98. Auto., air, fuel wheel drive, 92,000 miles. Regularly serviced, recently inspected. Excellent condition \$4700. Call 401-847-4022 or 401-619-0745.

DODGE STRATUS 2000, gold/tan interior. po options, 36,000 mi. \$5,000/best. 847-8191.

FORD CROWN VICTORIA 1990. Great transportation. Inspected \$1550 or best offer 841-9328, 662-1159.

FORD EXPLORER '93, Eddie Bauer, leather moonroof, loaded, inspected. \$2750/best 846-0332.

NISSAN ALTIMA 1993. Great cond. 106,000 mi. Asking \$3100. Call 846-4865.

SAAB 900S '95, loaded, auto, leather, sunroof 120,000. Excellent condition. Asking \$4500/best. 855-3289 Rob.

TOYOTA COROLLA '92: Auto, new timing belt water pump, inspected \$1,800 846-3725.

TOYOTA LANDCRUISER 1999. 82,000 mi. Excellent. \$19,900. 846-604

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Deadline near for scholarships

NORFOLK, Va. (NNS) — Money for college is available to dependent family members of active-duty or retired Navy service members who have served a minimum of three years (since 1975) in a unit under the administrative control of Commander, Naval Surface Force, U.S. Atlantic Fleet.

Completed applications for the SURFLANT Scholarship must be postmarked by March 15 to be considered for the following school year.

All information provided is kept confidential within the

Navy-wide news

Scholarship Selection Committee.

Applicants must intend to work toward a B.S. or B.A. degree full-time and may be high school seniors or college students in an accredited school or equivalent educational institution. Students are selected on the basis of academic proficiency, extracurricular activities, character and all-around ability, and financial need.

All information about this scholarship and how to apply can be found online at www.cnsl.spear.navy.mil/scholarship or through the mail at the following address: SURFLANT Scholarship Foundation, P.O. Box 9535, Norfolk, VA 23505. When mailing, please include the sponsor's name, rank, a list of qualifying COMNAVSURFLANT commands, ship types, and service dates plus student's name and a self-addressed 60-cent-stamped envelope.

The SURFLANT Scholarship Foundation was chartered in 1980 by the Commander, Naval Surface Force, U.S. Atlantic Fleet Officers' Spouse Club to provide financial assistance to deserving, college-bound children of Surface Force personnel.

Through increased donations over the years, the support of the fleet, and successful fundraising events by various spouse clubs, Chief Petty Officers Associations and ships' wardrooms, the Foundation has awarded an average of \$30,000 in scholarship grants each year since 1994. Last year alone, the foundation awarded 28 scholarships totaling \$48,500.

Sailors offered USCG ratings

NORFOLK, Va. (NNS) — In an effort to translate Navy training and fleet experience into U.S. Coast Guard ratings and licenses, the Navy's Center for Surface Operations (CSO) announced a formal agreement between the two services in January.

The goal of the partnership is to provide Sailors greater opportunity for professional development and to provide them with recognized certifications from the merchant marine community.

Enlisted Sailors within the Boatswain's Mate, Quartermaster, Operations Specialist and Mineman ratings or Seaman strikers now have the opportunity to apply for an Able-Bodied Seaman rating by using Navy course completion, training acquired through Personal Qualifications Standards (PQS), and sea duty to satisfy merchant marine training, certification, sea service and exam requirements.

In accordance with the agreement, any Sailor within the above ratings or Seaman Striker, completing Seaman Apprentice (SA) Training and having at least one year of sea duty for every five years of service will satisfy the written exam requirements, as well as the knot-tying practical exam for the Able-Bodied Seaman rating. Required training and sea time must have been received on or after Jan. 1, 1990.

To learn more about U.S. Coast Guard certification opportunities, log onto Navy Knowledge Online at www.nko.navy.mil and visit the Center for Surface Operations page.

Exams worth college credit

ROTA, Spain (NNS) — Some educational institutions have begun offering college credits for Navy advancement exams.

Sailors who pass their career advancement examinations but are not advanced in their rate earn "passed, not-advanced" (PNA) points, which until recently were only helpful in enhancing their chances of being advanced in the next exam cycle.

According to the American Council on Education (ACE Guide), if PNA appears on a member's profile sheet and is

posted on the Sailor Marine American Council on Education Registry Transcript (SMART), this means they may qualify for a certain amount of college credit.

The term PNA means that a person has demonstrated his occupational proficiency by passing the exam but has not

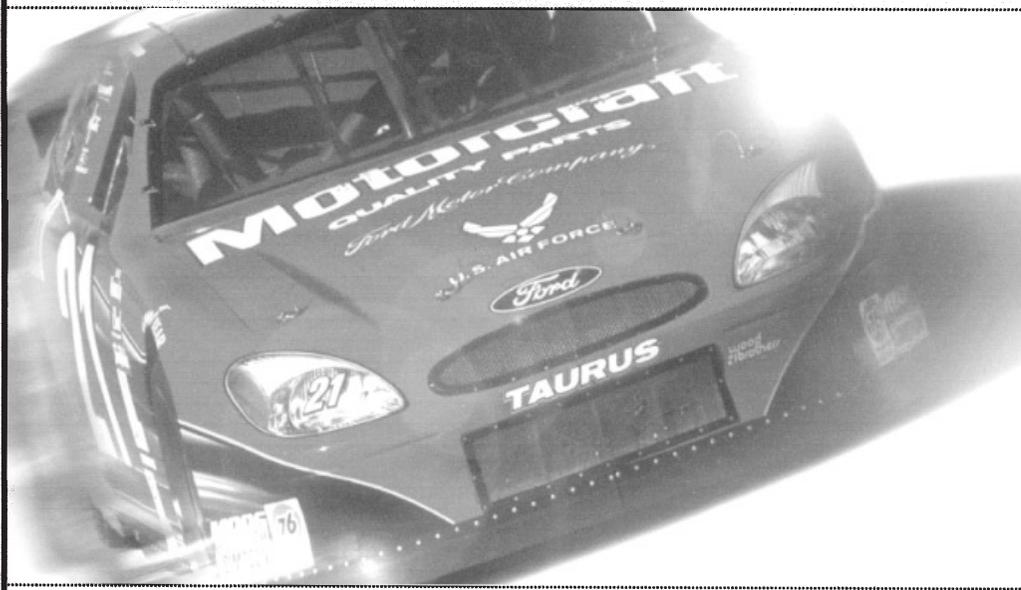
been advanced because of an insufficient amount of points from sources other than the exam, or there may simply be no openings in a particular rate.

Navy members may receive college credit from civilian schools for certain Navy training and work experiences, as

well. These include service schools that are at least 45 contact hours; job experience in the Sailor's rating; limited duty officer or chief warrant officer specialties; and certain Navy enlisted classification codes that have been evaluated and recommended for college credit.

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