

The Newport *Navalog*

VOL. 104 NO. 34 AUGUST 27, 2004

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.

Comfort zone



Ron Fontaine/U.S. Navy photo

Boatswain's Mate Third Class Jacob Gordon, Port Operations, waits for tugs to nudge the huge hospital ship USNS Comfort of Baltimore, Md., into its berth at Pier Two last Monday morning. The ship, which leaves today, made a port call in Newport on her way south from Halifax, Nova Scotia.



Final concert to end in bang

Navy Band Northeast plans a Labor Day weekend finale to its summer concert series, complete with a fireworks display.

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NEX stocks school clothes

With opening day for school around the corner, military shoppers take advantage of Navy Exchange tax-free prices.

—Page 3



SEA graduates master chiefs

The Senior Enlisted Academy graduates its 10th Command Master Chief/Chief of the Boat class.

—Page 4



Photo by NUWC staff

NUWC VISIT — Senate Armed Service Committee members and staff view the Spartan Scout Unmanned Surface Vehicle recently at Naval Undersea Warfare Center (NUWC) Division, Newport with Dr. Vic Ricci, left, (Operational Systems Evaluation & Engineering Division). On the stairs with him, from left, are Lt. Cmdr. Leda Chong, Congressional liaison, Navy Office of Legislative Affairs; and Senate Armed Services Committee Staff members Elaine McCusker and Dr. Arun Seraphin. In foreground is Daniese Johnson, executive assistant to Rear Adm. Stephen Johnson, NUWC Commander.

Navy Choristers seek new members

The Newport Navy Choristers are seeking new members in all voice ranges for the 2004-2005 music season.

The group performs concerts throughout the year to benefit local charitable organizations. Since its founding in 1953, the Choristers has raised over \$300,000 for area groups.

The Choristers will perform twice during the December holiday season, once in the Fall River area and once in Newport as part of the annual month-long Christmas in Newport celebration. Smaller sub-groups of the larger chorus, such as The Nautical Notes, perform at other functions throughout the holiday season. Additional concerts are planned in March and May.

Membership is open to active duty, reserve and retired military personnel, employees of local military commands and family members 16 years or older.

There are no auditions for the main chorus, and the ability to read music is not required to join. Experience, while helpful, is unnecessary.

The Choristers meet Tuesday evenings at 6:15 p.m. in the Quinn Lecture Room at the Naval War College. The first rehearsal of the new season will be Sept 7.

For additional information, please contact group chairman Steve Larson at 848-6623 or 847-4256, or musical director JoAnn Loewenthal at 423-3523.

FEGLI posts benefits line

Employees wanting information regarding the upcoming Federal Employees Group Life Insurance (FEGLI) Open Season may call the benefits line at 1-888-320-2917, and select Option 4 to speak with a benefits counselor.

Counselors are available from 7:30 a.m. until 7:30 p.m., Monday through Friday.

Civilian Benefits Information *Bulletin 2004-10*, contains information about the upcoming FEGLI Open Season. To learn more, visit: https://www.civilianbenefits.hr.oc.navy.mil/Bulletins/Benefits_Bulletin_FEGLI_UPDATE.pdf.

As the open season draws closer additional publicity will be released.

Hearing impaired employees should call: (215)408-5449.

Fireworks to cap last Navy concert

By **BOB KREKORIAN**
NAVSTA Public Affairs Staff

Naval Station Newport will conclude its Summer Concert Series on Friday, Sept. 3, at 5 p.m. on Dewey Field when the Navy Band Northeast presents its "Salute to Summer" concert, followed by a spectacular fireworks display over Narragansett Bay.

Music and concession sales at Dewey Field will begin at 5 p.m. The rain date is Saturday, Sept. 4.

The concert will feature all components of the Navy Band Northeast, including Rhode Island Sound, Island Breeze and Forecast. The main performance will be by the Concert Band in an all-out celebration, including a patriotic salute to America's veterans.

Just after 9 p.m., fireworks will be shot from a barge in Narragansett Bay.

Due to increased security measures, no coolers or backpacks will be allowed onto the naval complex.

The concert is free and open to the public. The general public should enter Naval Station Newport through Gate One, the main entrance near the Officers' Club. Those with base stickers may use Gate

One; Gate Four, off Coddington Highway; or Gate 11, near the Naval Undersea Warfare Center.

The concert and fireworks display is sponsored by the Home Depot, Geico Direct, First Command Financial, and McLaughlin and Moran Distributors.



To our readers:

To post an announcement in *The Newport Navallog*, submit copy via guard mail (Code N01P), facsimile or hand delivery to our offices in Building 690 opposite the Naval Station (NAVSTA) Newport Main Post Office. Phone is 841-4921 and fax is 841-2265.

The U.S. Mail address is *The Newport Navallog*, c/o Public Affairs Office, Naval Station Newport, 690 Peary St., Newport, R.I. 02841-1522.

To place an advertisement, contact *The Newport Daily News*, 101 Malbone Road.

Navalog

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The Newport Navallog is printed on recycled paper.

School days to soon replace beach days

A display at the Navy Exchange sets the tone for back-to-school shopping.



Ron Fontaine/
U.S. Navy photos



Gabriella Scarpellini adjusts a new back back on her son, Marco, at the Navy Exchange. Marco is the son of Italian navy Capt. Carlo Massagli, a Naval Command College student at the Naval War College. The family arrived recently from Rome.

By **JOY CHRISTMAS**
NAVSTA Public Affairs Staff

Beach and pool days will soon turn in to school days, as the majority of the schools in Newport County will begin before Labor Day.

Classes will begin for Kindergarten through Grade 9 in Middletown, Portsmouth and Jamestown on Sept. 1. Grades 10 to 12 will follow on Sept. 2.

In Jamestown, pupils in grades 1 to 8, and high school students attending North Kingstown High School, will also report on Sept. 1. Kindergarten pupils will report on Sept. 2.

Last to return are Newport public schools. Kindergarten to Grade 9 begin classes on Tuesday, Sept. 7. Grades 10 to 12 will follow on Sept. 8.

The new school year usually spells back-to-school shopping. The Navy Exchange (NEX) at Naval Station Newport has all you need to get the new school year off to a good start.

Ongoing sales flyers are packed with the latest in fashion and school supplies that student want most.

Backpacks, from Jansport, Trailmaker and others, are proportionately sized to fit students from preschool up are available. New this year are those made with corduroy print and those with an internal 2-liter hydration pack with external spout, said Joanne Brewster, Visual Merchandising associate at NEX.

Notebooks in all colors and sizes are plentiful. Brewster



IF THE SHOE FITS... Diana Parisi checks the fit of a pair of new Reeboks on her daughter, Alyssa, at the Navy Exchange.

said a new notebook labeled with "Math, Science or Social Studies" with color-coordinated folders are popular and selling steady, as are *Lizzie McGuire*, *Fear Factor* and other character supplies.

In terms of writing utensils, Sharpies are the craze, Brewster said. "Especially the *Sharpie* (retractable) RT and the *Foohy* neon markers."

For clothing, colors are big for the fall.

"In addition to the traditional rustic earth tone colors, bright red, pink, purple, blue and yellow are really hot this fall," said Brewster. "Winter white accessories are hot as well."

The NEX mainstay is their signature label, Basic

SCHOOL, Page 13

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Bravo zulu

SEA graduates master chiefs, chiefs of boat

By CMDM(SW) L. SOLINAP
Senior Enlisted Academy

The Senior Enlisted Academy graduated its 10th Command Master Chief/Chief of the Boat (CMC/COB) class on Aug. 6 at Brett Hall, Naval Chaplains School, Naval Station Newport.

The CMC/COB course is a capstone program that provides selected personnel with "just in time" learning experience designed to help them further develop the unique perspective and special skills needed to serve as vital members of their command's leadership triad: commanding officer, executive officer and the command master chief."

Building on the foundation of the Navy Leadership Competency Model, the course utilizes both facilitated seminars and comprehensive group case study analysis to achieve its objective of preparing CMC/COB's for the most demanding assignments in the Navy.

Master Chief Electronics Technician John Self, the CMC/COB Course Manager said, "The Command Master Chief/Chief of the Boat course is based on an optional web-based survey of serving full-time command master chiefs and chiefs of the boat, announced at the World-Wide

CHIEFS, Page 13



Photo courtesy SEA

CLASS 10—The Senior Enlisted Academy's 10th Command Master Chief/Chief of the Boat Class poses at Tomich Hall, Naval Station Newport, before graduation Aug. 6.

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Announcements

Health Net takes over for TRICARE

Effective Sept. 1, Health Net Federal Services will become the managed care support contractor for the new TRICARE North Region.

Under this contract, services in the North Region can be accessed in three ways:

- Internet at www.healthnetfederalservices.com on the Health Net website. On this website beneficiaries can access program information, TRICARE forms, check DEERS information, review claims and much more.

- A new toll free number (1-877-874-2273) will operate seven days a week from 8 a.m. to 7 p.m. (eastern time), as well as an interactive voice response feature which will be available 24 hours a day.

- Walk-in service is available at the TRICARE Service Center located in the Naval Ambulatory Care Center Newport. Hours of operation for the TRICARE Service Center are Monday through Friday from 8 a.m. to 5 p.m.

Naval Ambulatory Care Center Newport beneficiaries can make their Primary Care appointments by calling the Naval Health Care New England Appointment Call Center at 1-888-628-9633..

Hours revised at NLSO Branch

Legal assistance appointments are available on Tuesdays and Thursdays between 9:30 a.m. and 2:30 p.m., and Thursday evenings between 6 and 8.

Appointments are also available during certain weekends of every month. Please call 841-3766 x200 to schedule your legal assistance appointment, or for further information. Notarizations and powers of attorney are available without appointment Monday through Friday between 8 a.m. and 4:30 p.m.

Naval Legal Service Office North Central, Detachment Groton has appointments available Monday through Friday. For more information about scheduling an appointment at the Groton office, please call (860) 694-3741/3315, DSN 694.

NAACP to mark anniversary of Battle of R.I.

NAACP will hold a ceremony marking the 226th anniversary of historic Battle of Rhode Island on Sunday, Aug. 29, 3 p.m., at Patriots Park.

The ceremony also honors the members of the First

Rhode Island Regiment, also known as the "The Black Regiment," who fought in this crucial battle of the Revolutionary War in 1778.

The park is at the intersection of Routes 114 and 24.

Joaquina Bela Teixeira, Executive Director, Rhode Island Black Heritage Society, will be the guest speaker.

Other participants include Mrs. Charles Roberts of the Community Baptist Church

Senior Choir, singing the *National Anthem*; and the Newport County Branch NAACP Youth Council.

The program will conclude with a wreath-laying ceremony.

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- William & Kyra Davis, US Army, Ret.
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What's going on

Deck party will cap off summer '04

So, you think you have stage presence? Why not come out and share your talents with your co-workers and friends at Karaoke Night, tomorrow at 8, at the Recreation Center, Building 656, Naval Station Newport. Select your accompaniment from your favorite golden oldies, R&B, country hits, and of course, today's top tunes, beginning at 8 p.m.

There is no cover charge, and its open to all hands. For more information, call The Recreation Center at 841-3054.

Why not start the weekend off right with the End of the Summer Deck Party, tonight from 5 to 7. Enjoy complimentary hamburgers and hot dogs, with domestic draft beer for \$1.50. A DJ will be playing your favorite tunes.

Enter and stay for the drawing for tickets for two to the Jimmy Buffett Concert for Sept. 10 at Fenway Park. For more information, call 841-2575.

FRIDAY, Aug. 27

- Armed Services YMCA (846-9622)
 - Yellow Brick Road Quilt, 9:30 a.m. to noon.

- Lil' Chefs, 10:30 a.m. Funny face pizza and marshmallow bars,

- Lovers' Night Out, 6 to 9 p.m. \$15 for the first child, then \$7.50 for each additional child.

- Fleet and Family Support Center (841-2283):
 - Lunch and Learn Movie Matinee, 11:30 a.m. to 1 p.m. Fighting for Your Marriage, Part IV.

- The following movies are being shown free at the NAVSTA Newport Recreation Center beginning tonight: *The Prince & Me* (PG) and *Laws of Attraction* (PG-13).

- Free admission to the Providence Children's Museum, 5 to 8 p.m. Families play and learn together with various hands-on exhibits. Call 273-KIDS, or visit www.childrensmuseum.org

SATURDAY, Aug. 28

- Newport Art Festival begins through Aug. 29, 10 a.m. to 5 p.m., Fort Adams State Park, Newport. Outdoor arts festival featuring more than 200 artist and master craftsmen from all over the country. Call 841-0707, or visit www.fortadams.org

- Fourth annual Health Magazine's Feel Great Festival on Newport's waterfront. Family day of beauty makeovers, spa treatments, kids activities, rock climbing, fitness classes, cooking demonstrations, wine tasting and more, Newport Yachting Center, America's Cup Avenue.

- Newport International Polo

Series, 5 p.m., Glen Farm, Portsmouth. Newport vs. Meadowbrooke. For more information, call 847-7090.

SUNDAY, Aug. 29

- Chapel of Hope Sunday worship services:

- Protestant service, 8 and 10:30 a.m.

- Catholic mass, 9 a.m. and noon.

- NAACP marks 226th anniversary of the Battle of Rhode Island, Patriots' Park, Portsmouth, 3 p.m.

MONDAY, Aug. 30

- Armed Services YMCA (846-9622)

- Parents' Time Out, 9 a.m. to noon. Let the "Y" care for your child(ren) while you take some time for yourself. \$12.50 for the first child, and \$7.50 for each additional child.

TUESDAY, Aug. 31

- Armed Services YMCA (846-9622):

- Fitness Hour, 8:15 to 9:45 a.m. Childcare available for children over 10 months. \$4 for the first child, then \$1 each additional child.

- Scrapbooking, 9 a.m. to noon. \$5 per person to crop.

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport.

WEDNESDAY, Sept. 1

- First day of School: Middletown, Kindergarten to Grade 8; Jamestown, grades 1 to 8; and North Kingstown, High School; Portsmouth, Kindergarten to Grade 9; Tiverton, Kindergarten to Grade 9.

- Armed Services YMCA (846-9622):

- Parents' Time Out, 9 a.m. to noon. Let the "Y" care for your child(ren) while you take some time for yourself. \$12.50 for the first child, and \$7.50 for each additional child.

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport.

THURSDAY, Sept. 2

- First day of School: Middletown, Grades 10 to 12; Jamestown, Kindergarten; Portsmouth, Grades 10 to 12; Tiverton, Grades 10 to 12.

- Armed Services YMCA (846-9622):

- Fitness Hour, 8:15 to 9:45 a.m. Childcare available for children over 10 months. \$4 for the first child, then \$1 each additional child.



MWR Department photo
MUSICIAN CHRIS VINCENT plays his Jimmy Buffett style of music at the Officers' Club earlier this month.

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You can learn to fine tune your parenting style

Bring your lunch to the Fleet and Family Support Center on Friday, Sept. 10, from 11:30 a.m. to noon, and watch, "What's Your Parenting Style," from the Active Parenting series. Registration is not required.

Just bring your lunch and enjoy the show.

There is still time to see Part IV of the four-part film, *Fighting for Your Marriage*, today from 11:30 a.m. to 12:30 p.m.

Fleet and Family Support Center

Registration is not required.

Money Management — A representative from the Navy Federal Credit Union will conduct a Money Management Workshop at the Fleet and Family Support Center on Tuesday, Sept. 14, from 11:30 a.m. to 1 p.m.

Learn how to attain your financial goals by transforming your checkbook into a personal financial planning tool. Hear how you can reduce your checking account fees, avoid bouncing checks, better manage your cash flow, and safeguard yourself and your money.

For information and to register for this workshop, call 841-2283.

Stress Management — The Stress Management workshop is scheduled for Wednesday, Sept. 15, from 9 to 10:30 a.m., at the Fleet and Family Support Center.

If you sometimes have problems coping with day-to-day situations, or just need

some relief from stress on the job or at home, then this workshop is for you.

Learn how to assess your stress level, increase stress relief skills to avoid burnout,

and learn how to regain control of stressful situations.

Call 841-2283 to register.

The Credit Process — Good credit is an important part of financial planning. Establish-

ing credit, correcting credit problems, and rebuilding good credit are important skills. A representative from the Navy Federal Credit Union will be conducting this program at the

Fleet and Family Support Center on Tuesday, Sept. 16, from 11:30 a.m. to 1 p.m.

Registration is required and may be made by calling 841-2283.



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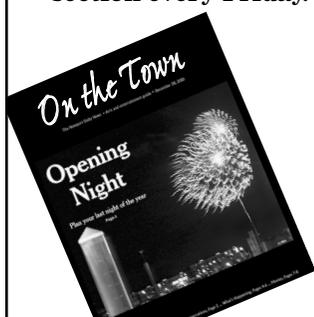
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Want to go out On the Town?

Check out our weekly
arts and entertainment
section every Friday.





The hospital ship USNS Comfort, left, eases into Pier 2 opposite the decommissioned aircraft carriers Forrestal and Saratoga, right, last Monday morning.

Half of the 74 member battalion of Class 04080, Officer Indoctrination School, musters on Pier 2 next to the USNS Comfort before boarding for a tour.



USNS Comfort like floating hospital

By **RICHARD ALEXANDER**
Navalog editor

The stark white hull of the visiting hospital ship USNS Comfort at Pier 2, Naval Station (NAVSTA) Newport, is in sharp contrast to the battleship gray of the decommissioned aircraft carriers at Pier 1.

The 894-foot vessel, that originally was built as a San Clemente-class oil tanker, stopped in Newport last Monday after a joint/combined training exercise with the Navy's medical counterparts in Halifax, Nova Scotia. The Comfort is homeported in Baltimore

and the commanding officer is Capt. (Dr.) Thomas A. Allingham.

Lt. Corey Schultz, public affairs officer, said the U.S. and Canada regularly practice medical relief exercises. "We also work with local police and fire departments in mass casualty drills," she said.

Last Tuesday, 74 members of the Officer Indoctrination School Class 04080 at NAVSTA toured the 10-story ship. Many of the young officers are in the Dental, Nurse and Medical Corps, and may some day receive orders to the ship in times of emergency.

COMFORT, Page 9



Cmdr. Collette Armbraster, Nurse Corps, demonstrates a heart and blood monitor in the Intensive Care Unit. The ICU can handle 80 patients at a time.



OIS students get a laugh out of a mannequin, right, dressed as a surgeon in one of 12 operating rooms (ORs) aboard the Comfort. The ORs are amidships for stability, with deck tiedowns to the operating table.

Ron Fontaine
U.S. Navy photos

Comfort

Continued from Page 8

While in port the ship has only 18 civilian mariners and less than 58 military personnel aboard. But when ordered to mobilize it can take another 1,200 military and 20 civilians, and ship out within five days.

The Comfort was deployed to the Persian Gulf for



Lt.j.g. Hyrum Brossard looks over three portable x-ray machines in the pre-operating holding area.

Operation Desert Shield and Storm in 1990, and to New York Harbor soon after Sept. 11, 2001. Several personnel from Naval Ambulatory Care Center Newport were detailed to the ship before it left Baltimore.

The Comfort also sailed to Haiti to care for refugees during Operation Uphold Democracy in 1994.

Electronics Technician First Class (SW) Matt Kuller led the students on a tour to explain the ship's awesome capabilities. He said Comfort spent more than five months in the Arabian Gulf during Operation

Iraqi Freedom. It returned in June 2003.

"During that time we had about 650 takeoffs and landings by Blackhawk helicopters on the helo deck," he said. "Many patients were Iraqi civilians."

Lt. Schultz said about 700 patients were treated, including 200 civilian and Iraqi enemy prisoners of war.

Petty Officer Kuller said the doctors and nurses, before entering the recovery rooms or wards, had to remove any sharp or pointed objects, such as pens or dog tags, which could be used as weapons.

He said the ship steamed in a continuous circle for the whole time, he said, so it wouldn't be a stationary target.

"I was told a couple missiles passed over the ship, but I never saw them," Petty Officer Kuller said.

When fully operational, the Comfort and her sister ship, USNS Mercy, can treat 1,000 patients. They have 12 operating rooms, four X-ray rooms, a CAT scan unit, and 80 intensive care beds. There is an optometry and lens laboratory, a physical therapy and burn care center, a pharmacy, a dental clinic, a huge medical supply center and laundry. The ship can manufacture its own oxygen and also carries 5,000 units of blood.



Officer Indoctrination School students Lt. Gerald Mastaw, Medical Corps, shows Ensign Sarah Ricci, Nurse Corps, some of the medical equipment in an operating room aboard the Comfort. In foreground is a mannequin in a surgical gown and mask.

"There only thing we can't do is MRI's," Petty Officer Kuller said. "There's just too much metal in the ship."

The Comfort also carries the most modern communications suite, and can send x-rays electronically to Bethesda Naval Hospital for medical specialists to examine. There are also 28 phone lines and Internet access available, he said.

Cmdr. Collette Armbraster, Nurse Corps, who is in charge of the Comfort's Intensive Care Unit said she served aboard the USNS Mercy in the first Persian Gulf War in 1990.

"When we have a full complement of medical staff aboard, this area is jumping," she said.

The Comfort left for her homeport today.

Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

Today: Lunch, 11 a.m. to 1:15 p.m., first deck, sit-down service.

Tonight: Kick-off the weekend at the Officers' Club, the place to be on Friday nights, from 4 to 6. Enjoy complimentary tortilla chips and chunky salsa on the Blue Deck. In case of inclement weather, it moves to the Topside Pub.

Saturday: Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

Sunday: Come enjoy all-hands breakfast buffet on the Blue Deck or in case of

broiled scallops, baked stuffed filet of sole, fresh scrod in lemon butter, seafood scampi, baked stuffed shrimp, baked potato, broccoli and asparagus. A complete dessert bar and coffee station are also included.

Tickets are on sale at the O' Club Gift Shop Monday to Friday 8 a.m. to 4 p.m. for \$27.95 per person (includes gratuity). To purchase using Visa/MC or for more information, call 846-7987.

Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

Hours of operation: The Enlisted Club is open 4 p.m. to 11 p.m., Wednesday to Saturday.

The CPO Lounge is open Wednesday and Thursday, 4 to 9 p.m. and Friday, 4 to 11 p.m. Pub menu is available Wednesday through Saturday, 4 to 8 p.m. Lunch service is no longer available.

Tonight: Head over to the Recreation Center, Building 656, every Friday from 4 to 6 p.m., enjoy complimentary chunky salsa and tortilla chips and listen to tunes on the jukebox.

This is the perfect way to unwind after a long week, so mark your calendar, tell your friends and get ready to kick off the weekend at the Recreation Center. For more information, call 841-3054.

The End of Summer Deck Party gets underway at 5. Featuring a complimentary barbecue, a disk jockey, \$1.50 domestic drafts and giveaways—including a chance to win two tickets to the sold out Jimmy Buffet Concert on Sept. 10 at Fenway Park.

The drawing will be at 7 p.m. and you must be present to win.

Keep summer alive with Carnival Cruises — obtain information at the promotional table about warm winter getaways. For more information call the Recreation Center at 841-3054 or ITT at 841-3116.

Saturday: Open 4 to 11 p.m. Pub menu available from 4 to 8.

Wednesday is "Wild Wings" Night, 4 to 8 p.m. Basket of chicken wings (available three ways), fresh celery and blue cheese dipping sauce costs just \$2.50!

Naval Station Newport Dining

inclement weather, inside at the Officers' Club. The price is \$8.95 for adults and \$4.50 for children (4 to 10), gratuity and beverages not included. Served from 9 a.m. to 12:30 p.m., enjoy your favorite breakfast meals with spectacular views of Newport Harbor.

Monday-Friday: Lunch, 11 a.m. to 1:15 p.m., on the Blue Deck (weather permitting), sit-down service. Dinner, 4 to one-hour before closing, Pub Menu is available at Topside Pub or on the Blue Deck weather permitting.

Thursday: Lunch, 11 a.m. to 1:15 p.m., first deck, sit-down service. Dinner, 5 to 7 p.m.

Topside Pub or on the Blue Deck (weather permitting): Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings, fresh garden salads, and creamy clam chowder.

Upcoming Events:

Bombay Jim & the Swinging Sapphires Dinner Dance:

Dust off your dancing shoes and swing on down to the Officers' Club on Friday, Sept. 10.

Bombay Jim and the Swinging Sapphires will be playing your favorite songs from 6 to 11 p.m. Doors open at 6 for cocktails (cash bar) and hors d'oeuvres including fried scallops, coconut beer-battered shrimp and seafood stuffed mushrooms.

The second course begins with homemade seafood chowder, warm rolls and finish with choices from our fresh salad bar. Dinner begins at 6:45 p.m. and will include

Thursday: Open 4 to 11 p.m. Pub menu available from 4 to 8 p.m.

Blimpie's Subs and Salads

(Navy Exchange Main Building)

Lunch and dinner menu, dine-in or take out. No home

delivery. Open Monday through Saturday, 9:30 a.m. to 6 p.m., and Sundays 11 a.m. to 4 p.m.

Ney Hall Galley

(Building 292, phone 841-4445)

Weekdays: breakfast, 6 to 7:15 a.m.; lunch, 11 a.m. to

12:30 p.m.; and dinner, 5:15 to 6:30 p.m.

Saturday: breakfast, 6:30 to 8 a.m.; lunch 11 a.m. to 12:30 p.m.; and dinner, 5 to 6:15 p.m.

Sunday: breakfast 8:30 to 10 a.m.; lunch, 11:45 a.m. to 1 p.m.; and dinner, 5 to 6:15 p.m.

Call for daily menus and meal charges.

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Bowling

(Building 656, 841-4293)

The Seaview Bowling Center, Building 656, is closed for the rest of August.

The 2004-2005 Youth American Bowling Alliance (YABA) league will begin at 1 p.m. on Saturday, Sept. 18 at Seaview Bowling Lanes.

Eligible ages are 5 through 21 years old and cost \$6 per week. For more information, call Lee Van Buren at 849-5877.

Youth/special fitness activities

(Gym 109, 841-3154)

• **Youth fitness program:** Eligible youth wishing to utilize Morale, Welfare and Recreation Department fitness facilities (Gym 109 and FITNESS Plus) are required to take a mandatory resistance and aerobics training class prior to entering the facilities during the designated times.

This class is required for children, ages 10 to 15, and is also available for 16 and 17-year-olds that may also choose to participate in the fitness assessment program instead.

The Youth Fitness Class is available on an individual basis by pre-registering at Gym 109 or FITNESS Plus in Building 355. Parents are required to be in the building where the course is being held during all class sessions.

Complete details on this program and youth fitness policies are available at Gym 109. Call 841-7196 for information or to pre-register.

Register today for intramural flag football.

The Morale, Welfare and Recreation Department Intramural Flag Football League is open to active duty, retirees, reservists, dependents and DoD civilians age 18 and over.

Games are played Monday through Friday at Carr Point at 5:30, 6:30 and 7:30 p.m. The flag football season runs from Sept. 13 through Nov. 12.

Teams may register at Gym 109, Monday through Friday, 8 a.m. to 4:30 p.m. until Oct. 8. There is a \$15 fee for DoD civilians. There will be a coaches meeting on Sept. 8 at 4:30 p.m. at Gym 109.

All teams are required to pay a (refundable) \$100 forfeit fee and must have matching shirts with numbers by the first game. For more information,

call the Athletic Department at 841-7196.

Pool 307

(Pool 307, 841-6628)

All levels are offered, preschool (ages 3 to 5) and Level 1, 2 and 3 (ages 6 and up). Next sessions for swim lessons are Sept. 27 to Oct. 25 registrations

begin on Sept. 13 and Nov. 1 to Dec. 2 Registrations begin on Oct. 18.

For more information, call Jeff Cornell at 841-7196 or 841-6628.

Computer Café

(Building 656, 841-2194)

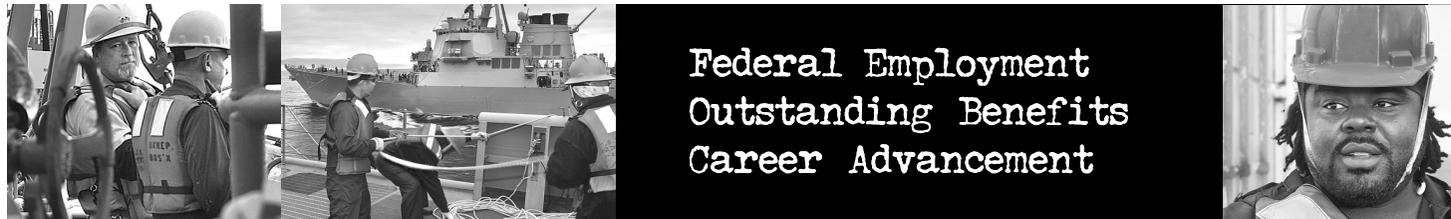
• Personal computers avail-

able six days a week to send and receive email, surf the web, play games — all at no charge. There is a 10-cent charge for printing. Open Tuesday through Saturday, noon to 6 p.m.

Music/games

(Building 656, 841-3054)

• **The next Karaoke night** will be tomorrow, Aug. 28, at 8 p.m. Showcase your talents with golden oldies, country hits, and of course, today's top tunes, beginning at 8 p.m. No cover charge, open to all hands. For more information, call The Recreation Center at 841-3054.



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Sports



Ron Fontaine/U.S. Navy photo

TUNE UP — Naval Academy Prep School defensive lineman **Nate Frasier** of Atlanta stretches on Nimitz Field in preparation for the Rams opening game tomorrow against Salve Regina University.

Tug, barge alter Rhodes racing

By **SCOTT VILOUDAKI**

Rhodes sailing contributor

ON NARRAGANSETT BAY — A fast moving tug and its barge became a major player in last Wednesday's Rhodes Class sailboat race off Coaster's Harbor Island, forcing Herb Rommel out of a big lead half way through the race.

Sailing with a 12 to 15 knot south wind, Rommel had a good start and was first around the windward mark, with most boats requiring an extra couple of tacks to negotiate the

flood tide at the mark.

With a lead of about 100 yards over Mike Incze in the next boat, Rommel flew his spinnaker on the broad reach across the channel to the jibe mark (13), trying to make it there ahead of a large out-bound oil barge.

But the barge appeared to increase speed in the last mile before the Pell Bridge. Rommel had to bail at the last minute, bearing off to run downwind alongside this very large and fast moving barge.

By the time the barge had

passed him, Rommel had to drop his chute and beat to windward to get back up to the mark, while four other boats passed him.

Rommel made up some time on the last two legs, but could not regain the lead, and Mike Incze took the win. Mike McDonald made a good showing as the third place finisher this week.

Final results for Aug. 18:

- 1 — Mike Incze
- 2 — Herb Rommel
- 3 — Mike McDonald

Patterson wins again in Navy Shields fleet

ON NARRAGANSETT BAY — Bernie Patterson (boat 163) from the Navy fleet dominated with a 13th place finish for the second time during the recent Wednesday night Shields class racing series, Aug. 18.

For the third week in a row, Chuck Allen's boat 226 took the gun. Owing the start and winning the left side, they rounded the first mark in front and never looked back. Jed Pearsall and bill Doyle (boat 222) took second, with Pete Gerard's boat 53, driven this week by

Brian Comfort, in third, and the team of Bill Shore and Dave Straden (boat 89) in third.

The order of finish for the Navy boats are as follows:

- 13th, boat 163, Bernie Patterson, Middletown
- 19th, boat 164, Ron Oard, Middletown
- 20th, boat 15, shawn Lobree, Jamestown
- 23rd, boat 14, Col. Chuck Rushworth, Middletown.
- 27th, boat 29, Duncan, Middletown

Golden Spikes rule softball

The Intramural Softball League wound up its season with tournament play last week. The Naval War College Golden Spikes twice defeated the Boondock Saints to win the 2004 title.

The final games and playoffs follow:

- Pier Pressure def. NJS, 18-9
- NACC First Commanders def. REDCOM Northeast, 2-1
- Boondock Saints def. Quakers, 15-14

SOFTBALL, Page 13

Navy rower sixth in Olympic sculls

By **TIM HIPPS**

American Forces Press Service

SCHINIAS, Greece (NNS) — Lt. j.g. Henry Nuzum, a Division Officer Course graduate at the Surface Warfare Officers School Command in Newport, R.I., teamed with Aquil Abdullah to finish sixth last Saturday in the men's double sculls rowing in the 2004 Summer Olympic Games.

France's Sebastien Vielledent and Adrien Hardy won the gold medal in the 2,000-meter event at Schinias Olympic Rowing and Canoeing Centre. Slovenia's Luke Spik and Iztok Cop won the silver medal. Estonia's Rossano Galtarossa

and Alessio Sartori took the bronze medal.

Two-time Olympian Nuzum, 27, of Chapel Hill, N.C., and Abdullah, 31, of Washington, D.C., were clocked in 6:36.86.

"It was a good race, probably a notch up on the semis," said Nuzum, attached to the Navy Recruiting District in Philadelphia. "This was probably our best race of the year. It wasn't perfect, but not many crews race perfect."

Nuzum, a graduate of Yale University, tipped his hat to Navy Sports Director John Hickock at Millington, Tenn., crediting his chance to compete in the Olympics to the Navy's "100 percent" support.

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Chiefs

Continued from Page 4

Command Master Chief Conference in Orlando, Fla., held in June 2003."

Although 162 respondents took part in the survey, the report focused on the 135 respondents who identified themselves as full-time command master chiefs holding the 9580 and 9579 Navy Enlisted Classification (NEC) Codes.

The bulk of the survey revolved around one central theme: "What do you wish you would have known before you reported as CMC/COB?" The thrust of the course, which has been running for a little over a year, has been to provide the right training at the right time to accelerate the mission of CMC/COBs.

"The feedback from graduates has been overwhelmingly positive," he said.

Command Master Chiefs/Chiefs of the Boat are the senior enlisted leaders who report directly to their respective commanders/commanding officers.

They participate in formulating and implementing policies concerning the morale, welfare, job satisfaction, discipline, effective utilization, and training of the Navy enlisted personnel. They also work very closely with the executive officer in the dissemination and promotion of command policy and maintaining the effectiveness and efficiency of the chain of command.

The graduates and their next duty stations are:

- CMDCM(AW) Craig A. Beitinger, USS Bunker Hill (CG 52), San Diego.
- CMDCM(SW/SS) Darryl L. Brandt, USS Harpers Ferry (LSD 49) Sasebo, Japan
- CMDCM(SW/AW) Kevin M. Brown, Helicopter Support Squadron 51, Honshu Atsugi, Japan.
- CMDCM(AW/SW) Eduardo S. Castro, Helicopter Squadron 8, North Island, Calif.
- CMDCM(SW) James B. Colbert IV, USS Antietam (CG54), San Diego, Calif.
- CMDCM(SW/AW) Robert L. Corkish, TAD to Naval Station Pearl Harbor, Hawaii
- ETCM(SS/DV) Joseph M. Giustiniano, USS Alabama (SSBN 731) Blue Team,

- Bangor, Wash.
- CMDCM(SS) Donald W. Lassiter, Naval Ocean Processing Facility, Whidbey Island, Wash.
- MMCS(SS) Scott D. Lentz, USS Scranton (SSN 756), Norfolk, Va.
- CMDCM(SCW) Sean B. Libby, Navy Mobile Construction Battalion 7, Gulfport, Miss.
- CMDCM(SW) Daniel P. Lithgow, USS Robert G. Bradley (FFG 49), Mayport, Fla.
- CMDCM(AW/SW) Emiel Nicholson, Helicopter Support Squadron 37, Kaneohe Bay Hawaii
- ETCS(SS) Raymond G. Powell, USS Dallas (SSN 700)
- CMDCM (AW/SW) Joseph L. Powers, Fleet Air Reconnaissance Squadron 4, Tinker Air Force Base, Okla.
- CMDCM(AW/NAC) Mark A. Ridge, Fleet Air Reconnaissance Squadron 1, Whidbey Island, Wash.
- CMDCM(SW) Dewain D. Rosenthal, USS Rentz (FFG 46), San Diego.
- CMDCM(SW/AW) Mark T. Sansing, VFA 97, Naval Air Station, Lemoore, Calif.
- MMCM(SS) Kirk D. Saunders, USS Boise (SSN 764) Norfolk, Va.
- CMDCM(AW) Gerald Thomas Jr., Fleet Logistics Support Squadron 58, Jacksonville, Fla.
- MMCS(SS) Thomas E. Tucker, USS Topeka (SSN 754), San Diego.
- CMDCM(SW) Charles E. Vertigan, USS Trenton (LPD 14) Norfolk, Va.

School

Continued from Page 3

Concept. The line of clothing is affordable priced and includes all the latest styles of jeans and tops the kids want most.

Alyssa Parisi, who will enter Grade 6 this fall, agrees.

"I love them," said Parisi, 11, showing off her selection of jeans and tops. "They have a lot of style and color."

All the latest in footwear is also available. New Balance, Reebok and Nike are among the list.

"Again, white is the color," said Brewster.

Other items in ample supply include computers, printers, televisions, digital cameras and all the latest in electronic equipment. A representative from T-Mobile is available on location to help with cell phone needs.

When in doubt, NEX gift cards are also available with no minimum denomination.

To enter kindergarten in Rhode Island public schools, students must have reached their fifth birthday by Sept. 1. Children who will be 6 by Sept. 1 are eligible for either pre-one or Grade 1.

State law requires that a child entering Grade 1 must

have completed an accredited kindergarten program. A birth certificate must be presented at the time of registration.

All students in Kindergarten through Grade 12 entering school in Rhode Island for the first time must obtain a physical examination. Physicals completed up to one year prior of registration are acceptable. TRICARE Prime beneficiaries can schedule school or sports physical at Naval Ambulatory Care Center Newport by calling the Naval Health Care New England Appointment Call Center at 1-888-628-9633, Monday through Friday, 7 a.m. to 6 p.m.

All immunizations must be current prior to registration. The Hepatitis B vaccine series is now required for school. The chicken pox vaccine (Varivax) is also required unless there is documentation of the disease on record.

The Immunization Clinic at NACC will screen records and administer any necessary immunizations on a walk-in basis. The hours of operation are Monday, Tuesday, Thursday and Friday, 8 a.m. to 3:15 p.m., and 8 a.m. to 1 p.m. on Wednesday.

Softball

Continued from Page 12

- NWC Golden Spikes def. Pier Pressure, 10-3
- SWOS def. Out Of The Box, 13-7
- Boondock Saints def. NACC First Commanders, 5-4
- NWC Golden Spikes def. SWOS, 19-1
- Boondock Saints def. NWC Golden Spikes, 19-18
- NJS def. Out Of The Box, 2-0
- Pier Pressure def. NJS, 15-9
- RECOM Northeast def. Quahog, 7-2
- REDCOM Northeast def. SWOS, 7-4
- NACC First Commanders def. Pier Pressure, 16-8
- REDCOM Northeast def. NACC First Commanders, 3-0
- NWC Golden Spikes def. REDCOM Northeast, 9-8
- NWC Golden Spikes def. Boondock Saints, 19-4
- NWC Golden Spikes def. Boondock Saints, 11-1

Tournament standings

Golden Spikes.....	5-1
Boondock Saints.....	3-2
REDCOM NE.....	3-2
NACC First Commanders.....	2-2
PierPressure.....	2-2
SWOS.....	1-2
NJS.....	1-2
Quahog.....	0-2
Out Of The Box.....	0-2

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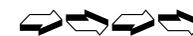
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The Newport Daily News has a part time position available, delivering newspaper bundles to our single copy outlets & carrier drop locations. Starting pay is \$10 per hour. This position requires working Mon. - Fri. from 10:30 am every Friday night from MIDNIGHT. The position also requires occasional heavy lifting. Only mature responsible individuals, with clean driving records & proven reliability will be considered. Apply to:

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PART TIME ASSISTANT MANAGER for busy Newport shop. Retail customer service preferred. Call for an interview, 849-4430.

TICKET SALES & TOUR guide/Deckhand position avail. w/Newport boat co. Must be available until Nov. Please Call 849-2693 or e-mail erica@atlanticstars.com

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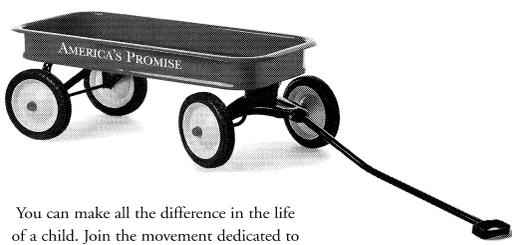
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Navy-wide news

Navy nurses aid in Florida

WASHINGTON (NNS) — The Federal Emergency Management Agency (FEMA) has called for assistance from the U.S. Navy, requesting Navy nurses to deploy Aug. 18 to one of the counties most devastated by Hurricane Charley.

Four Navy nurses, all labor and delivery specialists, will spend up to the next two weeks assisting dozens of pregnant Florida women who are too full-term to travel out of the area.

The nurses are regularly assigned to Naval Medical Center Portsmouth, Va., as well as Florida Naval Hospitals Jacksonville and Pensacola.

"This just further demonstrates the flexibility of Navy Medicine and the fact that we're always there, ready to assist," said Capt. Murray Norcross, Bureau of Medicine and Surgery in Washington, D.C. "FEMA knew they could come to us and we would have certified, board-qualified medical professionals who wanted to volunteer, because they want to help Florida during this time of crisis."

CNO visits U.S. sub base

GROTON, Conn. (NNS) — Chief of Naval Operations (CNO) Adm. Vern Clark visited "the first and finest" of the submarine force Aug. 17 during a trip to Navy Region Northeast headquarters and Naval Submarine Base (SUBASE) New London, Conn., Aug. 17..

During his visit, the CNO spoke to Commander, Navy Region Northeast (CNRNE) leaders, local commanding officers (CO) and command master chiefs (CMC), and he toured USS Albuquerque (SSN 706) and PCU Jimmy Carter (SSN 23) at General Dynamics Electric Boat of Gro-

ton, Conn.

After speaking to COs, CMCs and chiefs of the boat, Clark praised the performance of the submarine force during Summer Pulse '04, a test of the Navy's new Fleet Response Plan that sent seven carrier strike groups 'surge'-deployed around the world this summer. Two SUBASE New London submarines took part in the operation - USS Miami (SSN 755) and USS Albuquerque (SSN 706).

3.5% raise due for military

WASHINGTON (NNS) — The 3.5 percent pay raise provided for in the 2005 Defense Appropriations Bill shows the U.S. government and the American people are committed to supporting their military forces, DoD's top personnel official said Aug. 18.

"It's a strong signal of the country's support for the men and women in uniform," David S. C. Chu, undersecretary for personnel and readiness, said during an interview with *American Forces Press Service* and the *Pentagon Channel*.

This year's appropriations bill also brings to zero the average out-of-pocket housing expenses paid by military members. Five years ago, officials estimated housing allowances paid to military members covered only 81 percent on average of what most military members actually paid. In January 2000, then-Defense Secretary William Cohen pledged to reduce that percentage every year. Since then, officials have kept that pledge.

Chu explained that the housing allowances now cover 100 percent of the average housing costs for individuals, based on DoD estimates of rent rates in various areas.



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