

# The Newport *Navallog*

VOL. 103 NO. 35 SEPTEMBER 5, 2003

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.

## *Navy deploys to school*



**SCHOOL DAY ONE** — Petty Officer First Class Mark and Suzie Boyle, right, watch in the rain as their children, Jacob, 91/2, and Courtney, 7, board the school bus at Melville School for their shuttle to Hathaway School on the first day last Tuesday. Story, Page 2.

Richard Alexander/U.S. Navy photos



### Lieutenant on Cheerios

A Division Officer School graduate is pictured on the Cheerios box for his accomplishments as an Armed Forces athlete.

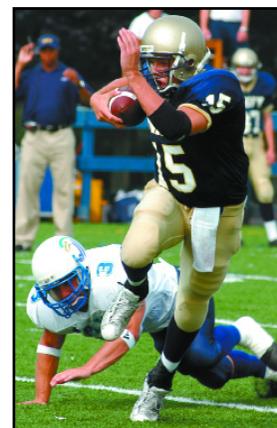
—Page 3



### Concert bids summer adieu

Navy Band Northeast wraps up its Summer Concert Series with music and fireworks on Dewey Field.

— Pages 8-9



### NAPS Rams muffle Salve

The Navy Prep football team shows stingy defense as it bottles up Salve Regina University, 46-19, on its season opener.

— Page 12

# Navy pupils take first day of school in stride

By JOY CHRISTMAS

NAVSTA Public Affairs Staff

PORTSMOUTH — The steady rain couldn't put a damper on the first day of school for some pupils at Melville Elementary School on East Main Road last Tuesday.

Xavier Sever, son of Torpedoman's Mate Second Class William Sever, was bright eyed and smiling with his Spiderman book bag in tow for his first day of school. His father is also a student in the new class at the Broadened Opportunity for Officer Selection and Training (BOOST) program at Naval Station

Newport.

Xavier, arriving with his mother, Laura, from Melville Navy Family Housing, was looking forward to making new friends and playing basketball. "I also like "reading and painting," the new pupil said.

Yellow bus after yellow bus rolled up in front of the public school, dropping off pupils from other neighborhoods then embarking more pupils to be shuttled to Elmhurst and Hathaway Schools in Portsmouth.

The first day of kindergarten can be overwhelming, but not for Riley Hamp-

ton. Walking confidently with his parents, Lt. Charles and Kelly Hampton, there was little evidence this was a new life experience.

"I'm looking forward to doing my letters (alphabet) and making new friends," said Riley.

"Normally he's not up this early," said Lt. Hampton, an instructor at the Surface Warfare Officers School Command. "But this morning he woke up on his own, dressed and was ready to go."

Even in the fourth and second grade, with a little experience under the belt,

the first day of school can still be exciting.

Brother and sister, Jacob and Courtney Boyle are also new to Aquidneck Island. Their father, Cryptologic Technician-Interpretive First Class Mark Boyle, is also entering the BOOST new class. They waited in the cafeteria for their bus to the Hathaway School.

"They were up and ready at 6:30 this morning," said Petty Officer Boyle.

Jacob, 9, admitted he was a little excited. It was different for his sister.

Not trying to contain the huge grin on her face, Courtney, 7, blurted, "not me. I'm ve-e-e-ery excited!"



Richard Alexander/U.S. Navy photo

**WITH BAYONETS fixed, British Army 'redcoats,' all re-enactors in the 1778 Battle of Rhode Island, advance toward Continental militia positions at Glen Park in Portsmouth last Saturday. More than 1,000 troops and their families participated in the Revolutionary War anniversary reenactment over the weekend.**

## Modest observances planned for Sept. 11

By JOY CHRISTMAS

NAVSTA Public Affairs Staff

Patriot Day will be observed at two Navy Newport commands on Thursday, Sept. 11, marking the second anniversary of the terrorist attacks on America.

The Presidential Proclamation signed last year by President Bush, pays tribute to the victims and heroes of the terrorist attacks on the United States two years ago, as well as those who continue the fight against terrorism today.

In a local and national tribute, the Naval War College personnel and students will gather at the Patriot Memorial on the west side of McCarty-Little Hall, at noon. The memorial, unveiled and dedicated last year, memorializes 10 NWC students and alumni killed at the Pentagon, one of three terrorist crash sites.

The ceremony will include remarks and the reciting of "Lest We Forget" by Rear Adm. Ronald Route, President, NWC. A wreath will be placed at the memorial, and the Newport Navy Choristers are scheduled to sing. The observance will conclude Taps played by a bugler from Navy Band Northeast.

The attack on Sept. 11, 2001 began when hijacked American Flight 11 slamming into the World Trade Center's north tower at 8:46 a.m. The South Tower was struck by United Airlines Flight 175. American Airlines Flight 77 hit the Pentagon in Washington, and United Flight 93 crashed into a field in Shanksville, Pa.

Details for observances are planned at Officer Training Center-Newport (OTC-N) were unavailable at press time.

## R.I. Senior Corps volunteers contact families of deployed

CRANSTON — With the help of Senior Corps of Rhode Island, the R. I. National Guard last week launched its 100 percent Contact Campaign to reach each Rhode Island family that has a loved one deployed overseas.

Rhode Island is the first state to launch this type of program, in which each family will be contacted once a month by Senior Corps volunteers.

The campaign is designed not only to let family members

know how much their loved one's efforts are appreciated, but also to make sure that any needs the family has will be attended to by the National Guard's Family Readiness Office.

Senior Corps volunteers will relay pertinent information to the center.

At an Aug. 19 press conference announcing the campaign, Maj. Gen. Reginald A. Centracchio, the adjutant general of Rhode Island and the

commanding general of the Rhode Island National Guard, said that the "greatest generation" is still giving to our country by helping the next generation and their families.

The 100 percent Contact Campaign is part of the On the Homefront resource launched in March by USA Freedom Corps as a means for people seeking to support U.S. forces, their families, and their communities.

*Navalog*

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Commanding Officer, Naval Station Newport

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# Former SWOS student pictured on Cheerios box

## General Mills salutes military in athletics

A graduate of the Division Officer Course at the Surface Warfare Officers School Command (SWOSCOLCOM) will see his face on the back of a Cheerios box this month.

In a "Salute to the Military," Cheerios honored Lt. j.g. Henry Nuzum with placement on its 2003 commemorative Cheerios box because of his many accomplishments as a military member and Armed Forces athlete. Nuzum competed in the 2000 Olympic Trials and 2001 World Rowing Championships in quadruple sculls.

The Armed Forces Sports Office teamed with corporate partner General Mills to honor five Armed Forces athletes to help make "cereal history."

Besides Nuzum representing the Navy, the box will include representatives from the Army, Marine Corps, Air Force and Coast Guard featuring a photograph and biography of each athlete.

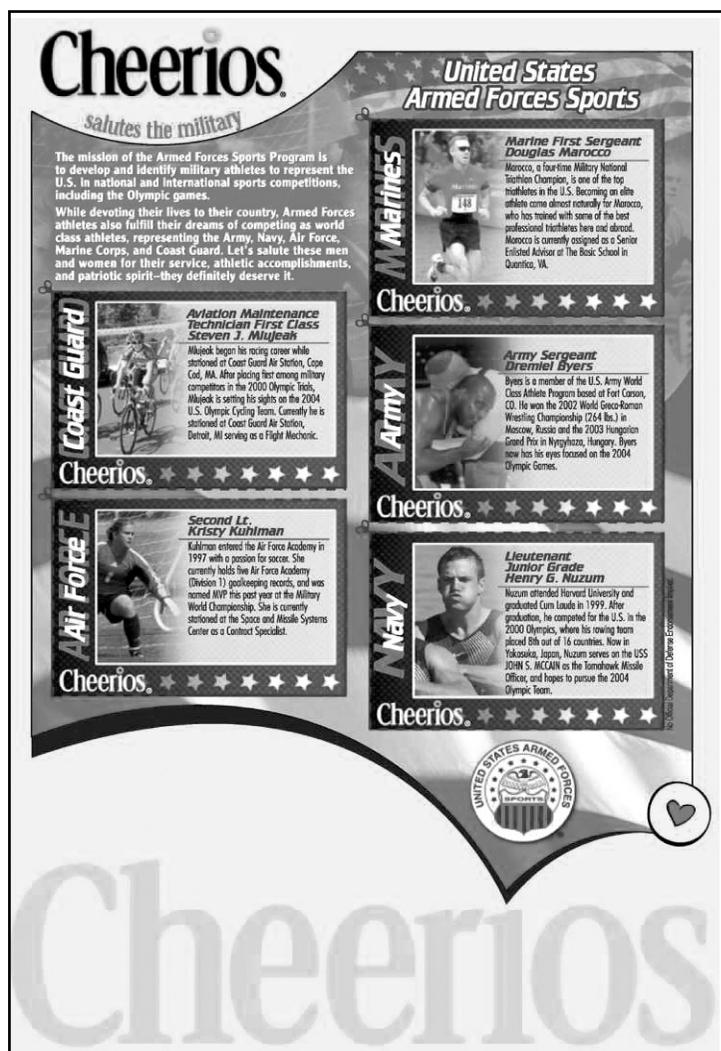
Nuzum, who is a Tomahawk missile officer and recently served aboard the USS John S. McCain, was recently assigned to Navy Recruiting in Philadelphia. But he also is training for the 2004 Olympic Games.

"This box is an exciting partnership for the Armed Forces Sports Program," said Suba Saty, Armed Forces Sports secretariat. "The box recognizes more than the five athletes on the box — it recognizes the accomplishments of all armed forces athletes!"

The featured athletes will sign autographs and talk to shoppers during appearances at their "hometown" commissary, or near where they are training for competition, in late August or September. Appearances are scheduled at commissaries at Fort Carson, Colo., Selfridge Air National Guard Base, Mich., Lakehurst Naval Air Engineering Station, N.J., Marine Corps Base, Quantico, Va., Ramstein Air Base, Germany, and Los Angeles Air Force Base.

Also featured on the cereal boxes will be:

Marine 1st Sgt. Douglas Marocco, a senior enlisted adviser at Marine Corps Base,



Defense Commissary Agency photo  
**Lt. j.g. Henry Nuzum, lower right, joins other outstanding military athletes pictured on the back of the Cheerios box this month. Nuzum was a Surface Warfare Officers School Command student in 2000.**

Quantico, Va. In addition to his many military duties, Marocco is one of the armed forces' top triathletes competing in national and international championships throughout the year. Marocco is a former Armed Forces and two-time Marine Corps Athlete of the Year.

Air Force 2nd Lt. Kristy Kuhlman, a contracting officer at the Space and Missile Command at Los Angeles Air Force Base. Kuhlman is a 2001 graduate of the Air Force Academy, Colorado Springs, Colo., and currently holds numerous women's soccer records at the academy. She was named most valuable player at the 2002 World Military Women's Soccer Championship and is the reigning 2002 Female Athlete of the Year for the Air Force.

Coast Guard Aviation Maintenance Technician Steven Mlujeak, stationed at the Coast Guard Air Station in Detroit. In his off-duty time, Mlujeak is one of the armed force's top cyclists, placing first among military competitors in the 2000 Olympic trials. He currently is training for the 2004 Olympic trials.

Army Sgt. Dremiel Byers, a supply specialist and member of the U.S. Army World Class Athlete Program in Colorado Springs, Colo. Byers was crowned the 2002 Greco Roman Wrestling champion (264 lbs.) and won the 2003 Hungarian Grand Prix. Byers was named the 2002 Male Athlete of the Year for the Army and is now training to make the 2004 Olympic team.

## Newport Naval Cable TV Special retrospective looks at September 11

*Navy and Marine Corps News* airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week's show:

— Post Sept. 11, 2001, events are remembered in a special retrospective.

— Fifth Fleet Commander, Vice Adm. Timothy Keating, talks about the readiness of Sailors and Marines under his command.

— A survivor of the attack on Pearl Harbor is laid to rest with his former shipmates aboard the battleship Utah at the bottom of Pearl Harbor.

### Health and Wellness Videos

The Naval Ambulatory Care Center and the Health Promotion Action Council offer health education and wellness programs on Newport Naval Cable Television channel 13, daily, following *Navy and Marine Corps News*.

During next week's featured segments, beginning Sep. 8,

learn more about *Coronary Artery Disease* and *Overweight & Obesity*.

### Fleet and Family Support

Parents and teenagers may be interested in the Fleet and Family Support Center video series. These programs deal with a variety of topics, which are of interest to children of all ages, and families.

The programs air daily on channel 11 at 10 a.m., 1:30 and 7 p.m. The weekly schedule is displayed below.

To obtain a video schedule or for more information, contact the Public Affairs Office at 841-3538.

DAY	TITLE
Friday through Sunday	Resolving Conflicts
Monday	Managing Your Anger
Tuesday	Alcohol: What You Don't Know
Wednesday	Live by the Gun; Die by the Gun
Thursday	Self-Image: The Fantasy, the Reality

## A number of things...

### 17

The number of chief warrant officers (CWO) 4 who were recently selected for promotion to CWO-5, making them the first to ever wear that rank in the U.S. Navy.

Story, page 16.

### 46

The number of points the Naval Academy Prep School (NAPS) football team rolled up against Salve Regina University in its opener last Saturday on Nimitz Field. Story, Page 12.



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## Bravo zulu

# Prospective Commanding Officers graduated

By YNC G. DOHERTY  
SWOSCOLCOM Public Affairs Officer

Prospective Commanding Officer (PCO) Class 218 was graduated on Aug. 28 at Arleigh Burke Hall, Surface Warfare Officers School Command.

Director, Command Training, Capt. George L. Ponsolle presented awards for academic achievement.

Cmdr. Steven W. Holland was awarded The American Society of Naval Engineers Award for the highest standing in engineering based on class participation and performance in the operational seminars and restricted maneuvering doctrine boards.

Lt. Cmdr. Kevin M. Robinson was awarded the Vice Admiral Bulkeley Distinguished Graduate Award for most closely resembling the characteristics of boldness, initiative, tactical acumen, exacting standards, and refinement.

Cmdr. Brad Williamson was awarded The Armed Forces Communications Electronics Association Award for the highest standing in Combat Systems based on exams, class

participation, and battle order preparation.

The graduates and their follow-on duty stations are:

Cmdr. John D. Alexander, USS Dwight D. Eisenhower (CVN 69)

Cmdr. Gary M. Boardman, USS Ashland (LSD 48)

Capt. Andres A. Brugal, USS Ronald Reagan (CVN 76)

Cmdr. Charles C. Denman III, USS Barry (DDG 52)

Lt. Bart L. Denny, USS Squall (PC 7)

Lt. Cmdr. Lance C. Esswein, USS Pioneer (MCM 9)

Cmdr. Herbert M. Hadley, USS Halyburton (FFG 40)

Cmdr. Jerome F. Hamel, USS Boone (FFG 28)

Cmdr. William C. Hamilton, USS Enterprise (CVN 65)

Cmdr. Donald D. Hodge, USS Crommelin (FFG 37)

Cmdr. Steven W. Holland, USS Trenton (LPD 14)

Lt. Cmdr. Leon R. Jablow IV, USS Robin (MHC 54)

Cmdr. William H. Jacob, USS Ponce (LPD 15)

Lt. Cmdr. Keith A. Knutsen, USS Pelican (MHC 53)

Capt. Dee L. Mewbourne,



YNC Ginamarie Doherty/U.S. Navy photo

**BEST IN CLASS—** Cmdr. Brad Williamson, right, receives the Armed Forces Communication Electronics Association Award for highest standing in Combat Systems, from Capt. George L. Ponsolle, Director, Command Training, Surface Warfare Officers School Command.

USS George Washington (CVN 73)

Cmdr. Jack S. Noel, II, USS Stout (DDG 55)

Cmdr. David R. Pine, USS Theodore Roosevelt (CVN 71)

Lt. Cmdr. Kevin M. Robinson,

USS Grapple (ARS 53)

Cmdr. Bradley J. Smith, USS Fitzgerald (DDG 62)

Lt. Cmdr. Xavier F. Valverde, USS Warrior (MCM 10)

Cmdr. Brad Williamson, USS Porter (DDG 78)

## PXO class graduates recognized

By YNC G. DOHERTY  
SWOSCOLCOM Public Affairs Officer

The Prospective Executive Officer (PXO) Class 199 at the Surface Warfare Officers School Command, was graduated on Aug. 28 at Arleigh Burke Hall classrooms.

Director, Command Training, Capt. George L. Ponsolle, presented "The Knachel Award" to Lt. Cmdr. Michael J. Lehman.

The award is presented to the PXO student, as recognized by his peers and the staff, who most closely resembles the characteristics of Lt. Cmdr. F. F. Knachel, a decorated veteran of the attack on Pearl Harbor, who selflessly took command of his ship in the absence of his Commanding Officer. Knachel's leadership during the attack on Pearl Harbor went largely unheralded, but was heroic nonetheless.

The graduates are:  
Lt. Cmdr. Robert E. Beauchamp, Executive Officer, USS Anzio (CGG



YNC Ginamarie Doherty/U.S. Navy photo

**LT. CMDR. Michael J. Lehman, right, receives 'The Knachel Award' from, Capt. George L. Ponsolle, Director, Command Training, Surface Warfare Officers School Command.**

Lt. Cmdr. Jeffrey J. Bernasconi, Auxiliaries Officer, USS Harry S. Truman (CVN 75)

Lt. Cmdr. Mark R. Breeden, Damage Control Assistant, USS Kitty

Hawk (CV 63)

Lt. Scott A. Carpenter, Executive Officer, USS Patriot (MCM 7)

Lt. Cmdr. Francis X. Castellano,

**PXO, Page 13**

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# 5-day workshop to review CONSEP program

Career Options and Navy Skills Evaluation Programs (CONSEP) was designed to increase retention and mission readiness by providing professional career development resources throughout the career life cycle.

The objective is to impact individual lifestyles, enhance

## Fleet and Family Support Center

personal readiness, speed the attainment of career milestones and return ambassadors to the civilian community supporting recruiting efforts.

A five-day workshop on CONSEP is being offered Sept. 15 to 18, from 8 a.m. to 4:30 p.m. Pre-registration is required and may be made by calling 841-2283.

**Sponsor training** — This training will be held at the Fleet and Family Support Center on Tuesday, Sept. 23, from 9 to 10 a.m. It provides valuable information for individuals who will act as sponsors or department representatives selecting sponsors. Because the military spouse also plays such a vital role in the Sponsor Program, all spouses are invited and encouraged to participate. Call 841-2283 to register.

**Reading your credit report** — Bring your lunch and a copy of your credit report to the Fleet and Family Support Center on Tuesday, Sept. 23, from 11:30 a.m. to 1 p.m. A representative from the Navy Federal Credit Union will show you how to read your credit report and how to correct any errors

you may find. Registration is required. Call 841-2283.

**Relationship enhancement** — The Fleet and Family Support Center is conducting a workshop for individuals and couples who would like to hear

about some proven ways to improve communication in their personal relationships. The five-session workshop begins Tuesday, Sept. 23, from 6:30 to 8:30 p.m. Registration is required and may be made

by calling 841-2283.

**Effective resumes** — The Fleet and Family Support Center is offering a workshop entitled, "Effective Resumes," on Wednesday, Sept. 24, from 11:30 a.m. to 1 p.m. A resume

is one of your most important tools when looking for a job.

Learn how to prepare an effective resume that will get you an interview. For more information or to register, call 841-2283.

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## What's going on

### Health Expo puts accent on fitness

PROVIDENCE —Learn how to be more proactive in your own physical health by visiting the Health Fit Expo tomorrow and Sunday, 10 a.m. to 5 p.m., at the Rhode Island Convention Center.

A diverse panel of experts and programs combine education with practical and recreational participation not often found under one roof. Some of the region's most renowned medical and research institutions will conduct seminars and/or demonstrations and exhibit their services in a one-on-one fashion to thousands of visitors to the Expo floor.

Services and testing will include cholesterol, diabetes, osteoporosis, blood pressure, prostate, kidney disease, breast cancer, glaucoma, vision and hearing, and body fat. In the fitness arena, professional athletes will conduct clinics and seminars.

In addition, demonstrations and classes in exercise, dancing, rock climbing and in-line skating are scheduled.

#### TODAY, Sept. 5

- Armed Services YMCA (846-9622):
  - Fitness Hour, 8 to 9:30 a.m.
  - Scrapbooking, 6 p.m. to midnight.
- Soup kitchen at Martin Luther

King Center, 8:30 a.m., Dr. Marcus Wheatland Boulevard, military volunteers welcome.

- Soup kitchen at Salvation Army, Memorial Boulevard, welcomes military volunteers, 5 to 5:45 p.m.

- Recreation Center Movie Night - Shown upon request beginning tonight: *Bringing Down the House* (PG-13); *Dreamcatcher* (R).

- Free at 5 on Friday at the Providence Children's Museum through August, 5 to 8 p.m., 100 South Street, Providence. Free admission for kids and adults all evening long. Visit [www.childrensmuseum.org](http://www.childrensmuseum.org).

#### SATURDAY, Sept. 6

- U.S. Tennis Association National Open Grass Court Championships, International Tennis Hall of Fame, Bellevue Avenue, Newport. Men's and women's singles, double and mixed competitions. 849-6053.

- Wild About Seniors continue through Sept. 30, Roger Williams Park Zoo, Providence. Special programming, including discounted admission to the zoo and special giveaways. Visit [www.rogerwilliamsparkzoo.org](http://www.rogerwilliamsparkzoo.org).

- Narragansett Bay Lighthouse Tours aboard the Alletta Morris, 10 a.m. to 3 p.m., from Newport. Tour includes active and inactive lighthouses and foot tour of Rose Island Lighthouse. For more information, call 272-3540, ext. 131. Also, Sept. 27.

- Family Fun Day at Newport Art Museum, noon to 3 p.m., celebrating 90 years of the Art School, Bellevue Avenue, Newport, 848-8200.

- Pawtucket Red Sox vs. WB Red Barons, last game of the regular season. Call 724-7300.

- Home By Myself Workshop, 9 a.m. to 12:30 p.m., Fleet and Family Support Center. Teaches youngsters how to be responsible and safe when at home alone. Topics include fire, police and first aid safety, role-playing and more. Registration and parental attendance necessary. Call

841-2283.

Soup kitchen, 4:30 p.m., Community Baptist Church, Dr. Marcus Wheatland Boulevard. Military volunteers welcome.

- Newport International Polo Series, 5 p.m., Glen Farm, Portsmouth. USA vs. England.

#### SUNDAY, Sept. 7

- Chapel of Hope Sunday worship services:

- Protestant service, 8 and 10:30 a.m.

- Catholic mass, 9 a.m. and noon.

- Sunday bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.

- Sunday morning bird walks through summer, 8 a.m., Norman Bird Sanctuary. Free. Call 846-2577

- Soup kitchen, Salvation Army, Memorial Boulevard, welcomes military volunteers, 4 to 4:45 p.m.

- Free Sunday at the Children's Museum, 9:30 a.m. to 5 p.m., 100 South Street, Providence. Visit [www.childrensmuseum.org](http://www.childrensmuseum.org).

#### MONDAY, Sept. 8

- Armed Services YMCA (846-9622):

- Fitness Hour, 9 to 10:30 a.m.

- Nantucket Basketweaving, 6 to 9 p.m.

- Adult Open Sewing, 6 to 9 p.m.

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., \$10 per person.

- Soup kitchen, Martin Luther King Center, Dr. Marcus Wheatland Boulevard, welcomes military volunteers, 8:30 a.m.

- Soup kitchen, 11:30 a.m., St. Joseph's Church, Broadway, Newport. Military volunteers welcome.

#### TUESDAY, Sept. 9

- Armed Services YMCA (846-9622):

- Fitness Hour, 9 to 10:30 a.m.

- Scrapbooking, 9 a.m. to noon.

- Lil' Chefs, 10:30 a.m.

- Navy Choristers rehearsal, 6:15-8:45 p.m., Quinn Lecture Room at Naval War College. Call 847-4256 or 423-3523 for more information.

- The Credit Process, 11:30 a.m. to 1 p.m., Fleet and Family Support Center. Call 841-2283 to register or for more information.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.

- Pre-school Story Hour, 10:30 to 11:30 a.m., Norman Bird Sanctuary. Call 846-2577. Through Aug. 19

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport. Military volunteers welcome.

- Soup kitchen, 5 p.m., United Baptist Church, Spring Street, Newport. Military volunteers welcome.

- Officers' Club movie night at 6 p.m., *The Lizzie McGuire Movie* (PG-13); 8 p.m., *A Man Apart* (R).

#### WEDNESDAY, Sept. 10

- Armed Services YMCA (846-

9622):

- Parents' Time Out, 9 a.m. to noon.

- Retirement Investment Strategies, 11:30 a.m. to 1 p.m., Fleet and Family Support Center, 841-2283.

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Blvd. Military volunteers welcome, 8:30 a.m.

#### THURSDAY, Sept. 11

- Armed Services YMCA (846-9622):

- Fitness Hour, 9 to 10:30 a.m.

- PAT Playgroup, 10:45 a.m. to noon.

- Anger Management (fourth of five sessions), 2:30 to 3:30 p.m., Fleet and Family Support Center.

- NAPS Volleyball Team home vs. Mitchell, 7 p.m., Gym 303

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport. Military volunteers welcome.

- Reading Your Credit Report, 11:30 a.m. to 1 p.m., Fleet and Family Support Center Call 841-2283 to register or for more information.

## Special events



### Exhibition basketball coming to Naval Station

The internationally acclaimed Harlem Ambassadors 2003-2004 "Around the World" basketball tour will come to Gym 109, Naval Station (NAVSTA) Newport, on Friday, Sept. 19 at 7 p.m.

A Navy pickup team will be formed to challenge the Ambassadors, and the free exhibition

game is open to anyone with access to the Naval Station.

### Sailboat skippers may upgrade skills

Qualified Rhodes 19 skippers may upgrade their qualifications to the larger 30-foot Shields class sailboats in a single weekend.

If you are currently an experienced Rhodes 19 skipper or possess equivalent sailing experience, you are eligible to participate in a special training and qualification class Thursday from 5 to 7 p.m. and Saturday from 10 a.m. to noon.

The training and qualification, which is sponsored by the Coasters Harbor Navy Yacht Club, will take place outdoors at the Naval Station Newport Marina, and sessions will proceed even if the weather is mildly inclement.

Cost is \$30 and advance reservations and payment at the Navy Sailing Center and Marina Office is required. Call the Marina at 841-3283.

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**WEDNESDAY, 17 September 2003**  
**Groton Inn & Suites**  
**99 Gold Star Highway**  
**Groton, Connecticut**  
**Hours: 9 a.m. to 3 p.m.**

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**The NCOA Mini Resume is required for admittance to the job fair and may be obtained at the fair or off of the NCOA Web Site. Bring several copies of your completed mini resume.**

Hosted by:  
**NCOA Veterans Employment Assistance Program**  
FOR MORE INFORMATION CALL:  
(210) 653-6161 x 222  
[www.ncoausa.org](http://www.ncoausa.org)  
email: [ncoavea@ncoausa.org](mailto:ncoavea@ncoausa.org)  
This is an E.E.O. program

## Announcements

### Ticket Connection closed for month

The Morale Welfare and Recreation (MWR) Department Ticket Connection Office, located in the Recreation Center, Building 656, will be secured from today until Wednesday, Oct. 1 due to lack of staffing.

MWR apologizes for any inconvenience this may cause.

### MWR website offers information online

The Morale, Welfare and Recreation (MWR) Department has announced the completion of a new website! Just log on and get all the latest MWR info right on your computer.

Computer users can check upcoming events, request a copy of the latest Leisure Times, confirm hours of operation for our facilities, get phone numbers and more! It is the best way to keep connected to all the fun, fabulous things MWR has to offer!

To check out the site, visit [www.nsnpt.navy.mil/mwr\\_sites](http://www.nsnpt.navy.mil/mwr_sites).

### SAT preparation classes at CCRI and Bristol CC

The Community College of Rhode Island and Bristol Community College will offer SAT preparation classes next month for testing starting at the end of October.

The CCRI fee is \$105 (textbook included), and is limited to 35 seats. The class will be offered at CCRI's Knight Campus in Warwick on Wednesdays (Sept. 10 to Oct. 29) from 6:30 to 9 p.m.

There also will be eight sessions at CCRI Quonset, on Tuesdays (Sept. 9 to Oct. 28) from 6:30 to 9 p.m.

Bristol Community College will offer SAT preparation beginning Sept. 6 to Nov. 8, from 9 a.m. to noon, for \$125.

### Choristers want you

The Newport Navy Choristers are seeking new members for the 2003-2004 musical season.

## Meetings/reunions

### Retired enlisted to meet

The Retired Enlisted Association, Narragansett Bay Chapter, will meet Sept. 13 at 10 a.m. at the East Greenwich American Legion Post on Main Street.

Volunteers are needed to help make Chapter 79 one of the best. "It's time to consider a slate of officers for the coming year," President Mike Conroy said. "Let your voice be heard."

For more information, call Conroy at 846-0527

### USS Capodanno reunion

The frigate USS Capodanno (FF-1093) Association will hold its second annual reunion in Newport on Oct. 10-12 (Columbus Day weekend). The ship was homeported here for many years with Naval Surface Group FOUR.

The reunion will be held at the Middletown



**SAVE THE BAY'S M/V Alletta Morris is offering Narragansett Bay cruises to view, from the water, active and inactive lighthouses on Sept. 6 and 27, from 10 a.m. to 3 p.m. The Alletta Morris will also dock at Rose Island for a tour of Rose Island Light. Call (401) 272-3540, ext. 131, for more information and prices.**

Five concerts are performed each season — two in December, one in March, one in April, and one in May.

Membership is open to active duty, reserve and retired military, DoD, and family members 16 years or older.

Choristers meet Tuesdays from 6:15 to 8:45 p.m. in Quinn Lecture Room at the Naval War College.

For additional information, call Steve Larson, 847-4256.

### Demonstration offered on insulin pump therapy

Naval Health Care New England, Newport, will offer a diabetic insulin pump presentation at the Naval Ambulatory Care Center on Friday, Sept. 26, at 2:30 p.m. The presentation will provide patients with the most up-to-date information on insulin pump therapy, and explain the new 512 pump which integrates with the B-D glucose monitor.

The event is specifically for dependent diabetic patients and those currently using pump therapy. Space availability is limited, to make reservations contact Case Management at 841-6137 or Health Promotion at 841-6774.

VFW Post.

For more information contact either David Campbell at [ff1093@hotmail.com](mailto:ff1093@hotmail.com) or phone (727)385-7121; or Mike Ryder at [USN1093@aol.com](mailto:USN1093@aol.com) or by phone (904) 277-3152.

### Naval Rework Facility plans for '03 reunion

The 2003 reunion of all former employees of the Naval Rework Facility and their guests will be held on Sept. 5 at the West Valley Inn, West Warwick.

A cash bar will be open at 11 a.m., followed at 12:15 p.m. by a sit down, family-style dinner of chicken, sliced beef, macaroni, salad and vegetables, coffee and ice cream.

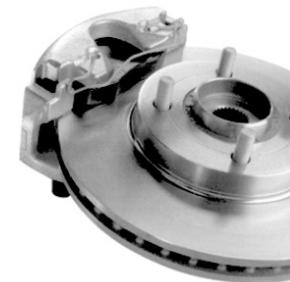
The price is \$15, including tax and tip per person. No tickets will be sold at the door.

For more information, call 783-2828.

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**FREE WOODEN PALLETS**

*Good for firewood, basement storage & other uses.*

**Can be picked up at loading dock at The Newport Daily News, 101 Malbone Road, Newport.**  
First come first serve basis.



About 7,500 visitors fanned out across Dewey Field, Coasters' Harbor Island last Friday night, to listen the Navy Band Northeast's final concert of the season, 'Salute to Summer.'

## 7,500 bid adieu to summer

By **RICHARD ALEXANDER**

Navalog editor

About 7,500 turned out last Friday night for Naval Station Newport's last concert of its Summer Concert Series at Dewey Field.

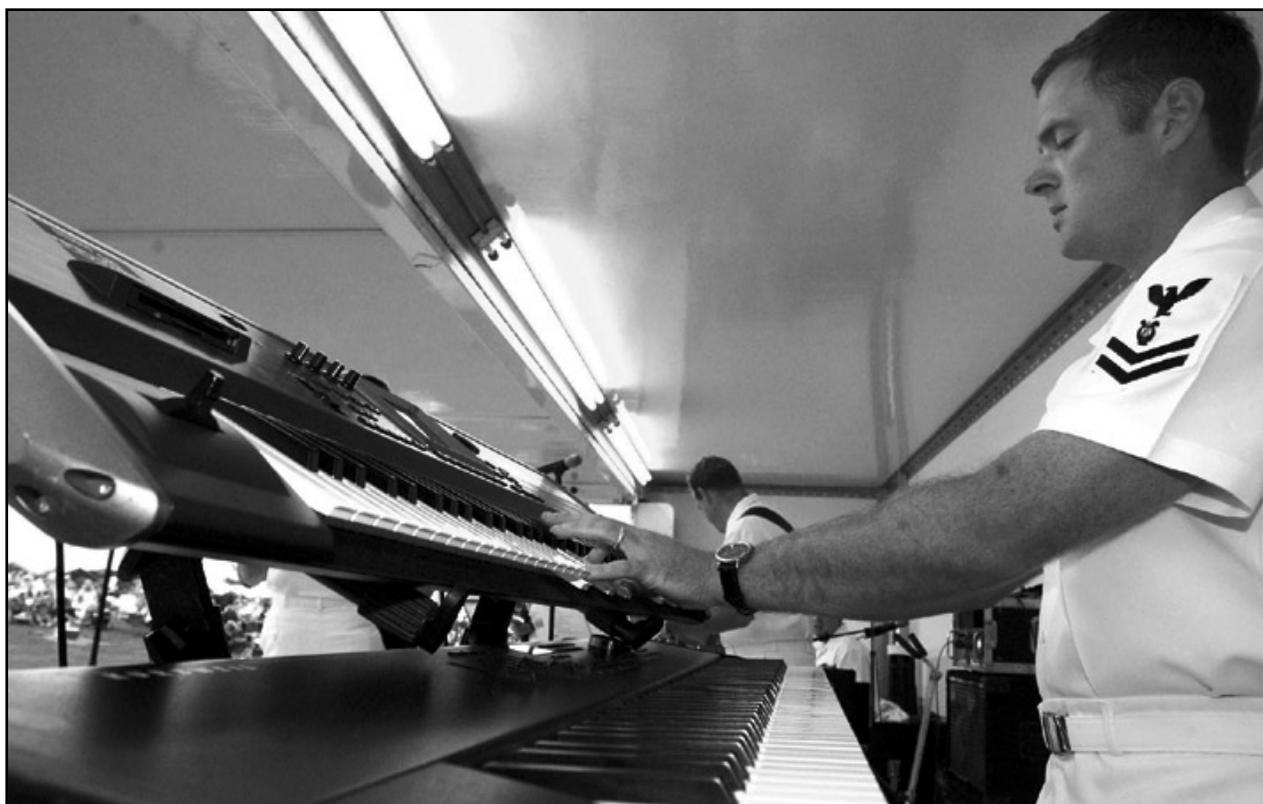
The "Salute to Summer," under cool weather with an occasional sprinkle, was followed by a spectacular fireworks display.

Lt. Ray Penland, Director, Navy Band Northeast, welcomed the crowd scattered across the hillside overlooking Narragansett Bay. Blankets and folding chairs were the preferred seating.

The concert opened with Forecast, Navy Band Northeast's contemporary vocal and jazz combo. Rhode Island Sound followed, and performed a mix of rock 'n roll and Top 40.

Navy Band Northeast's Concert Band concluded the program with patriotic marches and

**SALUTE, Page 9**



**Musicians Second Class Brian Hendrix, foreground, on keyboards, and Jonathan Leeper, guitar, team up for some rock music with Rhode Island Sound.**

**NEAR RIGHT: Chief Musician Heidi Willson bangs out a jazz number with Forecast, while, Musician First Class Frank Hetzler, far right, handles percussion.**



Ron Fontaine/U.S. Navy photos





**A MOONWALK, supplied by MWR, keeps some children occupied.**

## Salute

Continued from Page 8

light concert pieces.

David Sanders, NAVSTA Public Affairs Officer, was master of ceremonies and also announced the winner of the seven-night cruise to Bermuda this fall aboard the liner Norwegian Majesty. A maximum of 5,000 tickets were sold for \$2 each, and the winner was Alfred Freniere of East Greenwich.

The Officers' Club staffed concession tents as usual offering a selection of hamburgers, hot dogs, beer, wine, ice cream and more. But for

the first time vendors were allowed to set up concession trucks and stands on the field.

Popular Del's Lemonade of Middletown drew a steady crowd, and Spike's Junkyard Dogs of Providence dispensed huge frankfurters.

Events sponsors also included CocaCola, AT&T, Anheuser Busch, First Command Financial Planning, and Navy Federal Credit Union.

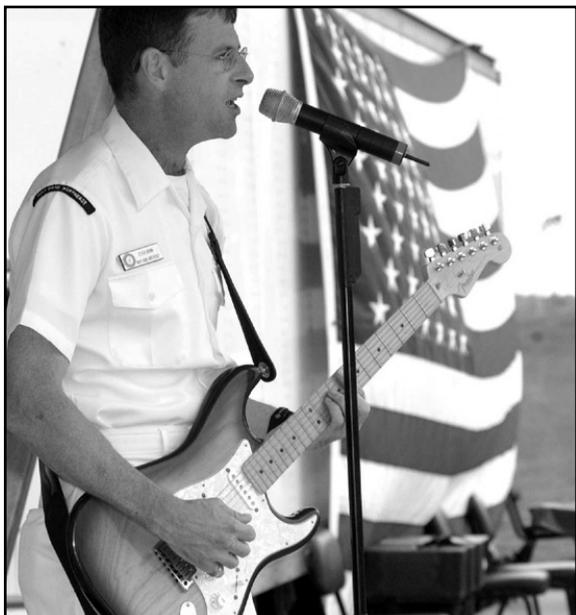
The fireworks went off about 8:45 p.m. from a barge offshore from the Naval War College.

The concerts will return in late June or early July 2004. The first concert of the season, July 3, was rained out, but crowds jammed Dewey Field on July 18 for music and fireworks to commemorate the 20th anniversary of the Black Ships Festival. A late summer concert featuring mainly rock music was held Aug. 15.

The concerts are free and the public is invited as guests of the Commanding Officer, Naval Station Newport.



**LAST CALL FOR SUMMER — Jenna Carruba, 4, and her father, Chris Carruba, enjoy a quiet moment as the sun sets. The Pell Bridge is at left.**



**Musician First Class Steven Brown sings and plays guitar with Rhode Island Sound.**



**Musician Second Class Ken Fennell pours on the jazz saxophone with Forecast.**



**UP, UP AND AWAY— Fireworks are launched from a barge offshore.**

## Naval Station Newport Dining



**KING'S ROW, New England's top oldies but goodies band, will open the Officers' Club dinner show season on Friday, Sept. 12, at 6 p.m. More information, this page.**

**Watch football at the clubs:** Looking for the best place to watch the game on Sunday? Head over to the Topside Pub, at the Officers' Club or the Enlisted Lounge at the Recreation Center and you can see great games every Sunday!

The Morale, Welfare and Recreation Dept. clubs have your NFL Sunday Ticket to see all the teams, all the plays, and all the action! The doors open at both locations at noon, so head over and grab your seat early!

The pub menu is available from noon to 7 p.m. at both facilities. As always, free peanuts and popcorn are available at the Topside Pub, and patrons can enjoy free hot dogs at half time at the Enlisted Club.

For more information, call the Officers' Club at 841-4821 or the Enlisted Club at 841-2575.

### Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

**Today:** Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections.

**Tonight:** Kick off the weekend with complimentary hors d'oeuvres in the Topside Pub from 5 to 7 p.m. Order your favorite beverage or something from the pub menu, available until an hour before closing.

**Saturday:** Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

### Upcoming Events:

Advance tickets may be required for the following events. Gratuity is included in all tickets prices and there is

no charge for children age 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

To purchase tickets or for more information, call 846-5111 or 841-4821.

**King's Row Dinner Show:** Join us on Friday, Sept. 12, for our first dinner show of the season featuring a scrumptious Italian feast and the be-bopping sounds of New England's top Oldies Band, King's Row!

The evening begins at 6 p.m. with cocktails (cash bar) and delicious hors d'oeuvres followed by served minestrone soup, individual antipasto and plenty of hot garlic bread. Next, enjoy the bountiful buffet of Italian specialties, including six-cheese lasagna, chicken saltimbocca, baked sole Florentine and more!

Save room for dessert. There's tiramisu, spumoni, Italian ice and more!

Don't worry, you can splurge because you can spend the rest of the night dancing to the fabulous 50s and 60s tunes of The Kings of the Oldies - King's Row!

Tickets are on sale now at the Officers' Club Gift Shop and cost just \$23.95 each (ticket price includes gratuity.)

**Crab-is-King:** This dinner event features every delicious crab dish you can imagine; so don't miss this fabulous all-you-can-eat Alaskan king crab buffet on Friday, Sept. 19, from 6 to 9 p.m. at the Officers' Club! Start with crab bisque, homemade crab cakes, crab salad,

and warm breads. Other crab delicacies include king crab lasagna, crab del ray, and stuffed crab legs. The buffet menu also includes top round of beef, fresh vegetables, scalloped potatoes and much more. Don't miss this feast fit for royalty!

Ticket cost is \$31.95 for adults, \$11.45 for children 4 to 12, and free for children 3 and under.

Seating will be by tickets and reserved time (requested at time of ticket purchase) only. Tickets may be purchased in the Officers' Club Gift Shop during normal hours of operation or by phone (Visa/MC only) by calling 846-7987.

Advance tickets only.

### Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

### Upcoming Events:

Advance tickets may be required for the following event:

**Clamboil on the Deck.** Get your tickets now for the delicious New England clamboil to be held at the CPO Lounge and Enlisted Club on Friday, Sept. 26.

If you have never experienced a clamboil, this is your chance to enjoy a New England favorite at an affordable price.

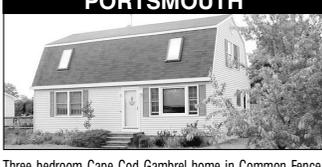
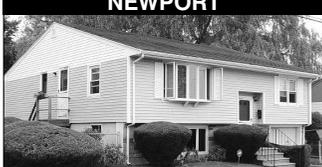
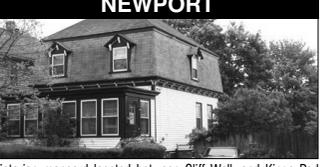
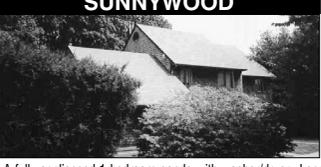
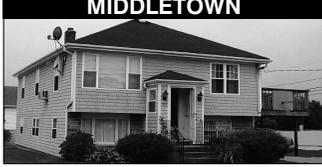
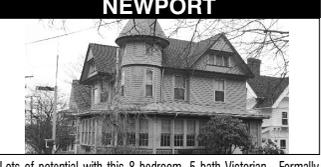
The menu consists of steamers, chourico, onion, potato, sausage, hot dog and corn on the cob, all boiled together in huge pots to create a tasty blend of well-seasoned flavors. The feast is served piping hot and delivered to your table.

Tickets are just \$10 per person or, \$18 with a boiled lobster! You won't find a better price on this delicious special anywhere! The meal will be served from 5 to 8 p.m.

There will be a DJ on the deck spinning tunes and offering great prizes!

Tickets must be purchased by 1 p.m. on Sept. 25

For more information, call 841-3054.

 <p>http://www.prudentialprime.com (web site) prime@prudentialprime.com (E-mail)</p> <p><b>136 West Main Rd., Middletown • 849-2800</b></p>		
<p><b>NEW LISTING</b></p>  <p>New condo conversion - 2 studios, 1 bedroom and a 3 bedroom, 2 bath. Priced from \$138,000-\$225,000. Call for personal appointment - John Silvia 849-2800x215 or 241-8412.</p>	<p><b>NEW LISTING</b></p>  <p>Business for Sale - Unique small and successful publishing company in continuous operation producing The Pineapple Post for 32 years with realistic potential for significant growth. Offered at \$110,000. Call Rich or Patricia Carrubba 849-2800x226/227. #311691</p>	<p><b>NEW LISTING</b></p>  <p>Charming Cape with expansion potential. This home boasts hardwood floors and numerous built-ins. One year Home Warranty. \$299,000 Call Sandi O'Brien 849-2800x214 eves. 846-2624. #312544</p>
<p><b>PORTSMOUTH</b></p>  <p>Three bedroom Cape Cod Gambrel home in Common Fence Point. Very good condition. \$279,000 Call Janet Johnson 849-2800x13 eves. 847-1005 or Doug Arnold 849-2800x267 or 846-4992. #309980</p>	<p><b>MIDDLETOWN</b></p>  <p>9 rooms, 4 bedroom 2.5 bathroom colonial with two level deck and hot tub. Very good condition on cul-de-sac. Great family home with open floor plan downstairs, 2 car garage. Pre-Home Inspection and Home Warranty. \$385,000 Call Dave McCauley 849-2800x219 or 862-6206. #307431</p>	<p><b>MIDDLETOWN</b></p>  <p>Immaculately maintained home with private backyard, oversized 2 car garage. New hardwood floors and carpeting. Asking \$319,900. Call John Silvia 849-2800x215 or 241-8412. #309876</p>
<p><b>NEWPORT</b></p>  <p>4 bedroom split level, 2.5 baths, fireplace, family room and garage. Dead end street. \$255,000 Call Dave McCauley 849-2800x219 or 862-6206. #311302</p>	<p><b>NEWPORT</b></p>  <p>Victorian mansard located between Cliff Walk and Kings Park. Off-street parking, updated mechanicals. Attractively priced \$339,000. Call Paul Tobak 849-2800x238 or 862-9962. #308698</p>	<p><b>SUNNYWOOD</b></p>  <p>A fully appointed 1 bedroom condo with washer/dryer. Landscaped setting behind tall hedges. Parking. Just two blocks from Bellevue Ave. \$161,000 Call Maggie Elliott 849-2800x224 eves. 683-1862. #213441</p>
<p><b>LOCATION! LOCATION!</b></p>  <p>Meticulously maintained cottage in prestigious Easton's Point! Sit in your hot tub and enjoy views of Atlantic, Cliff Walk and Newport Bridge. Pine floors, new roof, new oil tank. \$525,000 Call Barry Clark 849-2800x222 eves. 847-8266 or Art Weber 849-2800x254 eves. 849-3547. #301277</p>	<p><b>WELL BUILT</b></p>  <p>4 bedroom, 2 bath 1564 sq. ft. Cape needs a little TLC! Great centrally located area near shopping, schools and Navy Base. 2 car garage, a lot of electric and plumbing just upgraded, all replacement windows, many built in features. Priced to accommodate finish work. \$260,000 Call Carolyn Van Petten 849-2800x243 or 297-9031. #311801</p>	<p><b>NEWPORT</b></p>  <p>Beautifully restored open, bright Victorian! Five bay windows, restored Dutch front door, gracious front porch, walk to downtown. Definitely not a drive-by. Pre-inspected. \$469,000 Call Barry Clark 849-2800x222 eves. 849-8266 or Art Weber 849-2800x254 eves. 849-3547. #309480</p>
<p><b>MIDDLETOWN</b></p>  <p>Close to beaches, school. 5 bedroom split level with 3 baths, fireplace, deck. In-law apartment. \$399,900 Call Dave McCauley 849-2800x219 or 862-6206. #311382</p>	<p><b>PORTSMOUTH</b></p>  <p>DOUBLE PLAY - Two houses on 1 lot. Great investment property in Portsmouth close to Middletown line. One is a 2 family; the other is a 1 bedroom. Separate utilities, country setting. \$339,000 Call Dave McCauley at Prudential Prime Properties 849-2800x219 or 862-6206. #304842</p>	<p><b>NEWPORT</b></p>  <p>Lots of potential with this 8 bedroom, 5 bath Victorian. Formally used as B &amp; B. Zoned as a three family. Has 5/6 off-street parking spots. \$559,900 Call Shirley Mello 849-2800x217 or 338-4343. #304712 / 304713</p>

## Leisure

### Bowling

(Building 656, 841-4293)

The Seaview Bowling Center, Building 656 is operating on the following summer schedule: Monday and Tuesday, secured; Wednesday, Thursday and Friday, 5 to 10 p.m.; Saturday and Sunday, 1 to 7 p.m. Rock and Bowl, every other Saturday, 8 to 11 p.m.

For more information, call the Bowling Center at 841-4293, during business hours.

#### Specials:

**Youth Bowling Leagues:** Morale, Welfare and Recreation's Seaview Bowling Lanes, Building 656, invites bowlers ages 5 and up to participate in the Youth Bowling (YABA) League. League bowling will begin Sept. 13 and all games will be played on Saturdays from 1 to 3 p.m.

The league is open to children of active duty military personnel, retirees, reservists and DoD civilians. For more information, please call Ed Machado Wednesday, Thursday or Friday, 5 to 10 p.m., Saturday and Sunday 1 to 7 p.m. at 841-4293. Evenings, you may also contact Lee Van Buren at 849-5877.

• **Rock and Bowl:** Every other Saturday night beginning at 8. Cost is just \$7 per person. Bowl a strike when the head pin is red and you will win a prize! It's rocking, it's rolling, it's bowling and it's a blast! The next Rock and Bowl night is, Sept. 6.

• Sunday special is \$7 an hour from 1 to 7 p.m. for two people.

• Bowling birthday parties available Saturdays and Sundays and include reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, including shoe rental.

• Bumper bowling is always available.

### Gymnasium

(Gym 109, 841-3154 or FITNESS Plus, Building 355, 841-1474)

• Register today for intramural flag football and have a super season of friendly competition and fun! The league is open to active duty, retirees, reservists, dependents and DoD civilians age 18 and over.

Games are played Mondays through Thursdays (Fridays if needed) at Carr Point and Lawrence Field at 5:15 p.m. and 6:15 p.m.

The flag football season runs Sept. 8 through Nov. 14.

Teams may register at Gym 109, Monday through Friday, 8 a.m. to 4:30 p.m. until Oct. 10. There is a \$15 fee for DoD civilians.

All teams are required to pay a (refundable) \$100 forfeit fee and must have matching shirts with numbers by the first game. For more information, call the Athletic Department at 841-7196.

• **Fitness Walk 'n Tone**, designed for patrons age 50 and up. Stretching and muscle toning exercises as well as 20-plus minutes of fitness walking around the gymnasium. Classes are held Monday and Thursday, 8 to 9 a.m., in Gym 109. Call for space availability. Fee is \$5 for six weeks.

• **Fitness equipment** such as Hammer Strength, lifecycles, treadmills, free weights, etc. available; also racquetball, squash and basketball courts.

### Aerobics/exercise

(FITNESS Plus, Building 355, 841-1474)

Current hours of operation are Monday to Friday, 5 a.m. to 6 p.m.; closed weekends and holidays.

• **Yoga:** Register today for the next session of Vinyasa Yoga, beginning Wednesday, Sept. 24 at Fitness Plus, Building 355. This class will take participants through a series of poses with particular emphasis on using breath to guide movement. Students will learn the Ujjayi breathing technique and proper posture alignment while enjoying a vigorous cardiovascular workout. Special attention will be directed towards postures that aid in athletic activities.

Kristin Wilkes, a certified Yoga instructor and a licensed dietician at the Naval Ambulatory Care Center, will teach. The six-week session costs \$60 and classes are held from 4:45 to 5:45 p.m. in the Aerobics Room at Fitness Plus. A minimum of 10, pre-registered participants are needed for classes to begin and all participants must have a yoga mat by the first class.

Mats may be purchased at Fitness Plus for \$18 during normal hours of operation.

For more information, or to pre-register, call Fitness Plus at 841-1474.

### Music/games

(Building 656, 841-3054)

• **Lunchtime BINGO, Thursday and Friday only.** Cover all the numbers on your BINGO card within the designated amount of numbers called and you will win \$500! If no one wins, play continues until a good BINGO is called, winning that lucky person \$100.

Three regular games each day with \$30 prizes for every BINGO called. Jackpot game begins at 12:30 p.m.

• **Karaoke**, Sept. 13, 8 p.m. Showcase your talents with golden oldies, country hits, and of course, today's top tunes, beginning at 8 p.m. No cover charge, open to all hands. Offered every other Saturday night.

### Naval Station movies

• Officers' Club, on Tuesday, Sept. 9: 6 p.m., *The Lizzie McGuire Movie* (PG); 8 p.m., *A Man Apart* (R).

• Recreation Center: The following movies are shown upon request beginning tonight: *Bringing Down the House* (PG-13) and *Dreamcatcher* (R).

### Swimming

(Pool 307, 841-6628)

• **Recreational Swimming:**

—Lap Swim for all authorized patrons (fees apply), Monday to Friday, 12:15 to 1 p.m.; Monday to Friday, 3 to 6 p.m.; Saturday, 9 a.m. to 1 p.m. and Sunday, noon to 3 p.m.

## Ticket Connection

### Ticket Connection secured

The Morale Welfare and Recreation Department Ticket Connection Office, located in the Recreation Center, Building 656, will be secured from today until Wednesday, Oct. 1 due to lack of staffing.

MWR apologizes for any inconvenience this may cause.

## Auto Skills Shop

### Back to school auto safety

School is back in session and that means that children will be on the roads early in the morning walking to school or catching the school bus.

Have you checked your tires and brakes recently to ensure that you can stop quickly should a child dart out in front of you? The auto professionals at the Auto Skills Shop, Building 304 can rotate and balance your tires, ensuring that you are getting the best traction and even wear and tear.

They can also turn your brake drums and cut the brake rotors on your vehicle. The retail shop can order parts for you and the staff can answer questions or offer professional advice on your vehicle. The shop is open Tuesday through Friday 11 a.m. to 7 p.m. and Saturday from 9 a.m. to 5 p.m. Call 841-3026 for more information.

### Get grime off your car!

Get your vehicle in top shape with a visit to the indoor car wash bay at the Auto Skills Shop, Building 304.

For just \$2.50 you can safely wash your vehicle indoors instead of taking it through a potentially paint-damaging automatic car wash. For more information, call 841-3026.



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Enjoy a FREE\* Appetizer \*Some Restrictions Apply

## Military Discount

**\$69<sup>00</sup>**

single or double, plus tax

Valid Sunday thru Thursday

Special Events & Holidays may be higher

Offer expires 09/27/2003

## Sports



PHC Bob Inverso/U.S. Navy photos  
**THE DEFENSIVE** line for the Naval Academy Prep School wraps up Salve Regina University's running back in the two schools' opener last Saturday on the new Nimitz Field. NAPS went on to win, 46-19.

## NAPS defense bottles Salve

By **ENSIGN SCOTT MEIS**  
 Navallog contributor

Even though classes have not officially started at Salve Regina University, the Naval Academy Prep School (NAPS) football team decided to give their cross-town rival a lesson in arithmetic as they tallied up a 46-19 win last Saturday on Nimitz Field.

Hot and hazy weather did not deter a respectable crowd from gathering around the brand new "astroturf" field to cheer on the Rams as they pummeled the Seahawks.

NAPS appeared in control from the start when speedy quarterback Troy Goss scored on a breakaway 1:20 into the first quarter. Goss would score twice more before the day was over, as would Anthony Johnson who shared time running the offense.

Slated as the underdogs, NAPS was up 26-0 by halftime and kept Salve off the scoreboard until five minutes into the third quarter, making it 39-7. Led by the agile John Gilley, NAPS strong defensive line kept Salve on its toes by forcing fumbles

and interceptions. Looks of confusion and frustration could be seen in the faces of the Salve coaches as they tried to break down their opponent's defense.

Following a quick Salve drive that made it 39-19 late in the third quarter, NAPS took back control of the clock and added another touchdown to secure the victory.

Navy head coach Clayton Kendrick-Holmes breathed a sigh of relief with his first win. "Today was all about coming together as a team," he said. "Any doubt in my players' minds that that we could win has been erased."

As for the rest of the season, Kendrick-Holmes remains very optimistic.

"We are not going to face any easy teams. We will have to continue to improve and keep up this type of poise and determination throughout the season," he said.

NAPS visits Hudson Valley Community College in Troy, N.Y., tomorrow. The team returns home Sept. 13 to host Dean College of Franklin, Mass.



**NAVY Prep Quarterback Troy Goss scrambles out of the Salve Regina defense.**

## Foursome from NWC rules links

RICHMOND, R.I. —The Morale, Welfare and Recreation (MWR) Department has announced the winners of the "Super Summer Scramble" Golf Tournament held at Richmond Country Club on Aug. 22.

The tournament was open to all active duty, military retirees and Department of Defense civilian employees.

The team of Michael Cruden, Jeff Debolt, Fredrick Teuscher and Rob Olivice from the Naval War College, College of Naval Command and Staff, was the first place team.

Second place went to the team of Erica Hoffman, Tom Seigenthaler, Mac Reichenau and Karl McCarthy from Surface Warfare Officers School, Division Officer Course.

Third went to the Naval War College 64 team of Carl Weiss, David Gwyther, Eric Kail and Dan Stienle.

MWR will sponsor the final Fall Foliage Golf Tournament of the 2003 season at the Wanumetonomy Country Club in Middletown, Monday, Oct. 20.

The tournament costs just \$50 per person and includes green fees, cart rental and prizes. The "scramble" tournament will tee off at 8:30 a.m. (check-in begins at 7:30) and is open to all active duty, reservist and DoD civilian personnel.

Registrations for active duty teams will be accepted at Gym 109 beginning Sept. 8 through 12.

Teams with two or more active duty or military retirees may register beginning on Monday, Sept. 15 through 19.

Space available, all other authorized patrons may register beginning Sept. 22.

Teams may stop by Gym 109, Monday through Friday, between 8 a.m. and 4:30 p.m. to register. Deadline is Friday, Oct. 3.

Registration must be in person and full team payment is due upon registration.

For more information, call 841-7196.

# PXO

Continued from Page 4

Executive Officer, USS Donald Cook (DDG 75)

Lt Carl W. Degrace, Executive Officer, USS Sentry (MCM 3)

Lt. Cmdr. Michael Dewitt, Executive Officer, USS Tortuga (LSD 46)

Lt. Cmdr. Emil A. Gocong, Executive Officer, USS Underwood (FFG 36)

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Lt. Cmdr. Kevin R. Morrison, Executive Officer, Joint High Speed Vessel Experimentation, second model (HSV-X2)

Lt. Cmdr. Vernon E. Neuenchwander, Executive Officer, USS Germantown (LSD 42)

Lt. Cmdr. Sidney S. Noe, Damage Control Assistant, USS Ronald Reagan (CVN 76)

Lt. Cmdr. David E. Nosal, Damage Control Assistant, USS Carl Vinson (CVN 70)

Lt. Cmdr. Paul Orta, Executive Officer, Assault Craft Unit

Lt. Cmdr. James B. Parkerson, Executive Officer, USS Raven (MHC 61)

Lt. Cmdr. Christian Perry, Executive Officer, USS Comstock (LSD 45)

Lt. Cmdr. Steven Petroff, Executive Officer, USS Lassen (DDG 82)

Lt. Cmdr. Wesley A. Smith, Executive Officer, USS O'Bannon (DD 987)

Lt. Cmdr. Stewart M. Wennersten, Executive Officer, USS Warrior (MCM 10)

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NARRAGANSETT BAY Pressure Washing. Clean dirt, mildew houses, decks, etc 433-4929, license 1970

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ONLY \$60**

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## Personnel files recorded on CD

MILLINGTON, Tenn. (NNS) — Beginning mid-September, all active-duty and Reserve servicemembers will be able to get a copy of their Official Military Personnel File (OMPF) in the Electronic Military Personnel Records System (EMPRS) on Compact Disk (CD) instead of microfiche.

Ordering procedures for requesting your CD are the same as requesting your microfiche. The CD can be requested via mail, FAX, or if you are visiting N P C , record review room in Wood Hall, Building 769, and on BUPERS Access, where your CD will be sent to your official command address. Go to [www.bupers.navy.mil](http://www.bupers.navy.mil), click on the BUPERS Access link, login and under programs you will find a link to order your records.

If you would like to have your CD sent to other than your command address, mail your written request to: Navy Personnel Command, PERS-313C REC, 5720 Integrity Drive, Millington TN 38055-3130 or fax it to: (901) 874-2664 or DSN: 882-2664.

CDs may be requested for individual servicemembers. Additionally, multi-member requests may be made when deployed/disconnected commands desire the records for Sailors within their command. The records may be placed on unique CDs by member or multiple members on a single CD, depending on intended use.

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## Navy selects its first CWO-5's

WASHINGTON (NNS) — Seventeen chief warrant officers (CWO) 4 were recently selected for promotion to CWO-5, making them the first to ever wear that rank in the U.S. Navy.

This new rank was authorized in October 2002 commencing with the FY04 selection cycle. Implementation of the CWO-5 rank ensures that the Navy attracts and retains the very best technical leadership for a full 30-year career.

Establishment of Navy CWO-5s also aligns the Navy with the Army and Marine

Corps serving in joint duty and provides senior leaders the authority commensurate with the responsibilities they have in key positions.

"I have been very fortunate in my career to have served with outstanding officers and enlisted Sailors who made me look good," said Chief Warrant

Officer 4 Larry Hulse, about his selection.

Hulse is currently Fleet Training Officer at Recruit Training Command, Great Lakes, Ill.

The CWO-5 rank is limited to five percent of the total inventory for the Navy's approximately 1,750 active-duty

CWOs. These first 17 promotions are the beginning of a gradual five-year phase in of 86 CWO-5 billets.

These CWO-5 billets will be drawn from the current chief warrant officer billet base. "We expect the projected number of selectees per year will initially range between 17 and 22,

depending on the number of retirements within the CWO-5 rank each year," said Capt. Robert Fiegl, limited duty officer and chief warrant officer community manager for the Military Personnel Plans and Policy Division. "CWO-5 has not been implemented in the Navy Reserve yet."

# "I wouldn't trade it for anything."

- Gerald Hartmann  
Sgt. USAF, Ret.; Bedford, MA

At US Family Health Plan, we're deeply gratified that members give us high marks for quality of care, personal attention and service, ease of use, and peace of mind. In the latest survey, we earned a 93% for overall satisfaction, with 60% giving us a perfect 10.\* We're very proud of that, because we're 100% committed to providing the best service in the country – and we'll never stop trying to improve. Here's what some of our members are saying:

**"Courteous, helpful, and they know what they're talking about."**

- David Stinchfield,  
US Army, Ret.;  
Buzzards Bay, MA

**"Everybody's health plan should be this good."**

- Cherie Saunders,  
Newport, RI



**"The doctors feel very positive about the plan. Makes me feel good about being a member."**

- Albert Pettingill,  
US Army, Ret.;  
Bradford, MA

**"Whatever help I need, I get."**

- Claire Jeronimo,  
Fairhaven, MA

Enrollment is open all year to military beneficiaries of all ages. For more information, call 1-800-818-8589.



US Family Health Plan is the Uniformed Services Family Health Plan, a permanent part of the military health system.

\*Source: 2003 Market Street Research survey of USFHP members in the MA/RI region. On a scale of 1 to 10, where 10 is the best, over 93% of our members gave us an 8 or higher; 60% gave us a 10. (Nationally, only 62% of health plan members gave their plans an 8 or higher, according to the 2002 NCQA survey.)