

The Newport *Navallog*

VOL. 103 NO. 38 SEPTEMBER 26, 2003

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



*Navy Warfare Development
welcomes new commander*

STARS OF CEREMONY — Rear Adm. John M. Kelly, left, is congratulated by Vice Adm. Albert H. Konetzni, center, Deputy and Chief of Staff, U.S. Atlantic Fleet, after relieving Rear Adm. Ronald A. Route, right, as Commander, Navy Warfare Development Command, during change of command ceremonies on Colbert Plaza, Naval War College, last Wednesday. Route is also President of the college. Story, Page 3

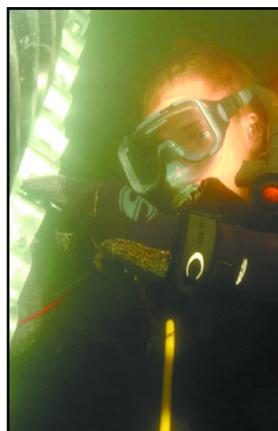
Ron Fontaine/U.S. Navy photo



Fort Adams gets new life

The first phase of extensive renovations at Fort Adams, site of many period reenactments, is finally complete.

— Page 3



Va. Seabees dive into work

Seabees from Little Creek, Va., take on underwater construction tasks at Pier One and Narragansett Bay.

— Pages 8-9



Skilled cagers wow Gym 109

The Harlem Ambassadors basketball team razzles and dazzles an entertained crowd at Gym 109.

— Page 12

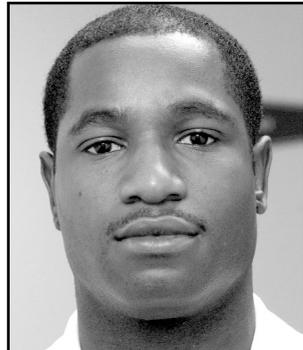
Roving reporter

Our question:

September is National Cholesterol Education Month. What do you do on a regular basis to control cholesterol in your diet?

"I try to exercise three or four times a week, and I try to keep away from eating eggs as much as I can."

—DK3 Curtis L. Clark
of Chicago, Ill.
Personnel Support Activity
Detachment Newport



"I eat oatmeal every morning, and exercise every day."

—DT2 Mischa Phillips
of Calienta, Nev.
Naval Dental Center
Northeast

"I eat Cheerios for breakfast, and exercise daily."

—IT3 Amanda D. Ebaugh
of Fairfield, Pa.
Naval Academy Prep
School

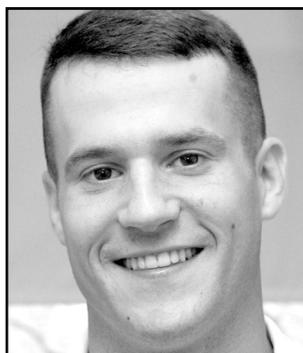


"A daily two-hour workout."

—SK2 (SW) Enrico Guray
of Northridge, Calif.
Naval Academy Prep
School

"I try to exercise on a daily basis and I also try to watch my fat intake."

—HM2 (SW) Eric Priest
of Cartersville, Ga.
Seaman to Admiral-21/
Broadened Opportunity
for Officer Selection and
Training



Hispanic Heritage Month highlights talent in Navy

Annual observance planned at NACC on Oct. 2

More than 26 million people in the United States are of Hispanic origin, and some 39,300 serve in the U.S. Navy. Every day, and in every facet of naval operations, these Sailors work, serve and sacrifice for their country and its citizens.

"They bring to the fight unique talents and experiences that both enrich our service culture and improve our ability to give the president options. They have done so throughout our navy's history," said Vice Adm. Gerald L. Hoewing, Chief of Naval Personnel.

National Hispanic Heritage Month, which began Sept. 15, will be observed until Oct. 15. The theme for this year's observance is "Hispanic Amer-

icans: Honoring Our Past, Surpassing Our Present, and Leading our Future."

At Naval Station Newport, the Naval Ambulatory Care Center (NACC) Newport will hold an observance Oct. 2 at 11:30 a.m. in the Command Conference Room.

Recently, a record breaking 222 Sailors from more than 40 countries and 60 commands, each of whom had participated in the global war on terrorism, took the oath of citizenship aboard the carrier USS Theodore Roosevelt.

One of the new citizens is Aviation Support Equipment Technician Second Class Newton R. Arias, from the Dominican Republic. He said, "I can make a difference now."

Proud of his Hispanic heritage and U.S. citizenship, his next goal is to become an officer. This is the type of Sailor, and those who have gone before him, that the Hispanic heritage month will celebrate, Vice Adm. Hoewing said.

All commands are strongly encouraged to celebrate Hispanic Heritage Month through educational programs, exhibits, publications, and participation in military and community events that recognize the profound contributions of Hispanic Americans to the Navy and to the nation they so proudly serve. Visit: www.persnet.navy.mil/pers00h/observances.html for information on cultural observance months.

Birthday Ball to celebrate Navy

BY JOY CHRISTMAS

NAVSTA Public Affairs Staff

Tickets are now on sale for Naval Station (NAVSTA) Newport's celebration of the 228th year of the establishment of the Navy (officially Oct. 13), with a gala birthday ball on Friday, Oct. 10, at the Officers' Club.

All hands are welcome and encouraged to attend.

The evening will begin with a cash bar cocktail hour with hors d'oeuvres at 6 p.m., followed by dinner. Entrée selections include prime rib, chicken portabella or grilled vegetable past primavera (vegetarian option). All will be served with garden salad potato, vegetable, rolls and butter.

Highlights of the celebration will include toasts to the nation and the Navy, and a ceremonial birthday cake cutting by the youngest and eldest guests attending.

The Navy Band Northeast-Showband will provide music for the evening, and a photographer will be available to take formal portraits throughout the evening.

Tickets are as follow:
\$25 for E-6 and below/GS-5 and below;
\$38 for E-7 through O-3/GS-6

to GS-11;

\$45 for O-4 and above/GS-12 and above.

Attire for the evening will be dinner dress blue or dinner dress blue with jacket for military personnel, and formal or semi-formal for civilian guests.

Tickets are available at the Officers' Club, Building 95, or from the following command representatives:

Lt. Thomas O'Malley, Naval Undersea Warfare Center (NUWC), 832-6583;

Lt. Jim Hamilton, Naval Academy Preparatory School

(NAPS), 841-6966;

Chief Machinist's Mate (Surface Warfare) Dan Podesta, Officer Training Command-Newport (OTC-N), Buttercup Trainer, 841-1006; and Religious Program Specialist Second Class Kathleen Matthews, (OTC-N) Naval Chaplains School, 841-2557;

Lt. Sergio Santillan, Surface Warfare Officers School Command (SWOSCOLCOM), 841-2509;

Lt. Lawrence Hilton, NAVSTA Newport, Public Works Department, 841-7308.

Navalog

Capt. Robert P. McLaughlin Jr.
Commanding Officer, Naval Station Newport

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Navy Warfare Development welcomes new commander

By **JOHN H. WOODHOUSE**
External Communications
Navy Warfare Development Command

Rear Adm. John M. Kelly relieved Rear Adm. Ronald A. Route, as Commander, Navy Warfare Development Command (NWDC), in a traditional change of command ceremony last Wednesday on Colbert Plaza, Naval War College.

Vice Adm. Albert Konetzni, Deputy Commander, Fleet Forces Command, and Deputy and Chief of Staff, U.S. Atlantic Fleet, was the guest speaker.

In addition to commanding NWDC since September 2002, Rear Adm. Route has been dual-hatted since taking command of the Naval War College on July 9.

Under his tenure, the command has continued its movement to the forefront of Navy experimentation. This includes the command's assumption of responsibility for coordinating all Navy experimentation under a pro-



Rear Adm. Kelly

gram called Sea Trial, part of the Chief of Naval Operations' vision for the future called Sea Power 21.

Rear Adm. Route will continue to serve as President of the Naval War College.

Rear Adm. Kelly comes to Newport after serving two years as Commander, Cruiser-Destroyer Group THREE in Everett, Wash., and commander of the aircraft carrier USS

Abraham Lincoln Battle Group. Rear Adm. Kelly commanded the battle group during its historic 10-month deployment in support of Operation Iraqi Freedom.

A second-generation Naval Academy graduate, Rear Adm. Kelly earned his commission and bachelor's degree in ocean engineering in 1973. His initial tour was as main propulsion assistant and navigator aboard the guided missile destroyer USS Joseph Strauss.

Prior to joining the commissioning crew of the destroyer USS Thorn as combat systems officer in July 1979, Rear Adm. Kelly earned a master's degree in weapons systems technology at the Naval Post Graduate School.

While aboard Thorn, Kelly served as combat systems officer in support of the Lebanese Missile Crisis and Gulf of Sidra Freedom of Navigation Operations.

His other assignments **NWDC, Page 13**

Newport Naval Cable TV

Terrorism experts at world conference

Navy and Marine Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week's show:

— U.S. government terrorism experts attend the 14th annual Defense Worldwide Combating Terrorism Conference in Alexandria, Va.

— Find out how steel from the fallen World Trade Center in New York will soon be "leading the way" in the global war on terrorism.

Health and Wellness Videos

Health education and wellness programs are now offered on Newport Naval Cable Television channel 13, daily, following *Navy and Marine Corps News*.

During next week's featured segments, beginning Sept. 29, learn more about *Stroke* and *Thyroid Disorders*. If interested in classroom/video programs or in participating in the

Health Promotion Action Council, call Health Promotion Department at 841-6777.

Fleet and Family Support

Parents and teenagers may be interested in the Fleet and Family Support Center video series.

The programs air daily on channel 11 at 10 a.m., 1:30 and 7 p.m. The weekly schedule is displayed below.

Call 841-3538.

DAY	TITLE
Friday through Sunday	Classroom Conflicts: Teen Guide to Resolving Disputes and Arguments
Monday	Coping With a Substance-Abusing Parent
Tuesday	How to Deal with Competition and Comparisons
Wednesday	Attention Deficit Hyperactivity Disorder (ADHD). What Can We Do?
Thursday	Humor Your Stress

Historic Fort Adams shows new life, north wall lighted

By **RICHARD ALEXANDER**
Navalog editor

The private curators in the restoration and preservation of historic Fort Adams in Newport want to take something that "died 50 years ago and make it come alive again."

Retired Marine Corps Col. Anthony Palermo, executive director of the Ft. Adams Trust, explained the work that's underway and plans for the future during a monthly meeting of the Southeastern New England Chapter of the Military Officers Association of America at the Naval Station Newport Officers' Club last Friday.

Palermo, once the senior Marine adviser to the Naval War College president, said it has become his four-year passion to restore the fortifications for an educational experience for school children and families, and preserve its historic significance.

A milestone in the ongoing restoration effort was the illumination last Sunday of the north wall of the fort. The ceremony, called "Rhode Island's New Glow," included Gov. Don

'We really want to make the fort a destination for tourists. Our theme is, 'History You Can Touch.'

**— Retired Col. Tony Palermo
Fort Adams Trust**

Carciari of Rhode Island.

The state-owned fort is under the jurisdiction of the Department of Environmental Management. The Fort Adams Trust is working in conjunction with the state, and in consultation with the R.I. Historic Preservation Commission, to restore a portion of the fort in four phases.

The first phase, to be completed by October and costing

\$1.3 million, includes new gates and security bars on windows, an illuminated 110-foot flagpole, a restored overlook facing the East Passage, the restoration of the north casemates, and the reinforcement of deteriorating archways.

The restoration of the roof over the officers' quarters will be Phase 2; and the creation of an historical period room, offices and overnight barracks space in the officers' quarters is included in Phases 3 and 4.

"We really want to make the fort a destination for tourists," Palermo said. "Our theme is, 'History You Can Touch.'"

"We want it to become a place for families. Children can try on a wool uniform like what 19th century soldiers wore in July, or try to lift a cast iron cooking pot that the women used over an open fire," he said.

The fort already is a busy place during the summer and

FORT ADAMS, Page 13

A number of things...

228

The number of years that have passed since the establishment of the U.S. Navy. The annual Navy Birthday Ball will be held at the Officers' Club on Oct. 10. **Story, Page 2.**

39,300

The number of Americans of Hispanic origin who serve in the U.S. Navy. The National Hispanic Heritage Month will be observed until Oct. 15 on the theme, "Hispanic Americans: Honoring Our Past, Surpassing Our Present, and Leading our Future." **Story, Page 2.**

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PHC Robert Inverso/U.S. Navy photo
WARGAMING FOR SWOS — Keith Baker, right, of APTIMA, provides instruction to Surface Warfare Officers School Department Head student Lt. David Wallace during a recent computer simulated wargame at the Naval War College's McCarty Little Hall. SWOS students participated in a Command and Control, and Information Wargame.

Letter of Commendation:

HM3 Geoffrey Goodale, Naval Ambulatory Care Center Newport, from Commander, Navy Region Northeast, July 23, 2003

Lt. Scott Clark, Naval Ambulatory Care Center Newport, from Commanding Officer, Detention Hospital, Guantanamo Bay, Cuba, July 23, 2003

HN Roger Roberts, Naval Ambulatory Care Center Newport, from Commanding Officer, Detention Hospital, Guantanamo Bay, Cuba, July 23, 2003

Civilian Length of Service

Paul R. Trial, Naval Station Newport Supply Department, 15 Years, July 16, 2003

Mark R. Luther, Naval Station Newport Fire Department, 15 Years, July 16, 2003

Sylvia L. Oliveira, Naval Station Newport Supply Department, 15 Years, July 16, 2003

Gregory Jackson, Naval Station Newport Public Works Department, 20 Years, July 16, 2003

Mark E. Marshall Naval Station Newport Combined Bachelor Housing, 20 Years, July 16, 2003

David H. Preston, Naval Station Newport Public Works Department, 20 Years, July 16, 2003

Carl E. Davis, Naval Station Newport Combined Bachelor Housing, 20 Years, July 16, 2003

John R. Oliveira, Naval Station Newport Public Works Department, 35 Years, July 16, 2003

Recognition

FC2 James Pruett as Junior Sailor of the Quarter, Commanding Officer, Surface Warfare Officers School Command, July 17, 2003.

ET1 Kurt Nauenberg as Senior Sailor of the Quarter, Commanding Officer, Surface Warfare Officers School Command, July 17, 2003.

Surface Warfare Officers School Command, winner of Chief of Naval Operations 2002 Safety Award, for "Small Shore Activity, Non-Industrial."

NEX Grand Opening rolls out red carpet to shoppers

By **JOY CHRISTMAS**
 NAVSTA Public Affairs Staff

After a three-year expansion and renovation project, the main Navy Exchange (NEX) at Naval Station Newport will hold Grand Opening ceremonies Wednesday, Oct. 8, at 9 a.m.

The ribbon-cutting ceremonies also will kick off two of three grand opening sales and specials from Oct. 8 through Oct. 13. The third sale of Columbus Day specials, kicks in Oct. 11 for three days only.

The grand opening sale leads off the Navy Birthday Sale, Oct. 8 to 13. The Navy's 228th birthday is Oct. 13.

The NEX flyers are packed with sale-priced merchandise storewide, including footwear, electronic equipment, clothing for the entire family, home and personal care products jewelry and more.

In addition to the grand opening sale items, patrons can register for special prize drawings such as \$250 Nike and New Balance shopping sprees, \$100 Haggard, Dockers, Chaps, Izod and Liz Claiborne wardrobes, a basketball autographed by Phoenix Suns' Stephon Marbury, free Reebok shoes valued at \$100, or a \$100 DVD player.

Complimentary refreshments will also be available.

In addition, wine tasting will be available at the NEX main store, Mini-Mart at Greene

63 students in OIS class

Naval Officer Indoctrination School (OIS) convened its last class of fiscal 2003 on Sept. 8. Class 03060 consists of 63 students who are being prepared to serve as naval officers in the Navy Medical Department, Judge Advocate General Corps, and selected nuclear power specialties.

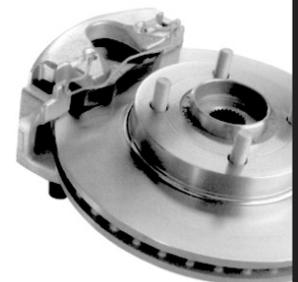
Students must master a core curriculum consisting of military appearance, naval customs and courtesies, administration and career development, military law, physical readiness, naval history and damage control.

Lane and Package Store. now be open Monday through Saturday, 9 a.m. to 8 p.m., and also begin Oct. 8. NEX will 10 a.m. to 6 p.m. on Sunday.

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Your checkbook can become personal financial tool

A representative from the Navy Federal Credit Union will conduct a Money Management workshop at the Fleet and Family Support Center on Tuesday, Oct. 7, from 11:30 a.m. to 1 p.m.

Learn how to attain your financial goals by transforming your checkbook into a personal financial planning tool.

Fleet and Family Support Center

Hear how you can reduce your checking account fees, avoid bouncing checks, better manage your cash flow, and safeguard yourself and your money. For information and to register for this workshop, call 841-2283.

Retirement requires investment strategy — This workshop is being held at the Fleet and Family Support Center on Wednesday, Oct. 8, from 11:30 a.m. to 1 p.m. Retirement investment strategies can provide the creative solutions you need to manage your investments during retirement.

Call 841-2283 for more information and to register.

Adolescence — A Survival Group for Parents — Do you ever wonder what has happened to your child? Is he/she angry, sultry, withdrawn, excitable, contrary and unrea-

sonable?

Are you having trouble understanding the decisions he/she makes. Why do they dress the way they do, and say it was "cool"? Why won't they listen any more? Who are these other children they hang out with?

Why won't they go to family activities anymore? What are they doing when they stay out so late? What is adolescence and who asked for it anyway?

Learn the answers to these questions and how to handle others. We will discuss and share your concerns and learn some ways to tackle them. This group will be led by a licensed social worker, and will meet for three consecutive weeks, beginning on Tuesday, Oct. 14, from 2 to 3:30 p.m., at the Fleet and Family Support Center.

Watch that holiday spending — Come to the Fleet and Family Support Center on Wednesday, Oct. 15, from 4 to 5 p.m., to hear suggestions on increasing holiday joy by lowering holiday expenses. Participants will be given some ideas on how they can get through the holidays without getting into debt.

Maintain your credit — Good credit is an important part of financial planning. Establishing credit, correcting

credit problems, and rebuilding good credit are important skills. Credit reports are used not only by banks, loan companies, and credit card companies, but also by rental property agencies, potential employ-

ers, and can be part of a job security clearance process.

A representative from the Navy Federal Credit Union will be conducting this program at the Fleet and Family Support Center on Oct. 21, from 11:30

a.m. to 1 p.m. Hear how to order your credit report to use with the follow-on class, "Reading Your Credit Report," scheduled for Nov. 13. Registration is required. Call 841-2283.

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Special Olympians set sail once again

The eighth annual Special Olympics Rhode Island Sailing Regatta, sponsored by the Surface Warfare Officers School Command, returns this weekend.

The event, which includes teams from southern New England, will be at the Coasters' Harbor Island Yacht Club with opening ceremonies on Saturday at 9 a.m. It will include the arrival of the Olympic torch to open the games.

Capt. Mark Buzby, Commanding Officer, SWOSCOL-COM, will speak.

The Navy Sailing Center at the Naval Station (NAVSTA) Newport Marina will provide Rhodes 19 boats for the unified sailing teams which will compete in preliminary races Sat-

urday, with final rounds Sunday.

A dinner dance is scheduled for Saturday night, and a cook-out with hamburgers and hot-dogs will follow finals Sunday.

The regatta will conclude on Sunday afternoon with a medal ceremony to recognize the athletes' achievements.

Members of the regatta management team are still looking for volunteers to help rig/secure the sailboats, set up for the dinner dance, distribute lunches to the athletes, and cook burgers/hot dogs.

NAVSTA Newport personnel, as well as family and friends, are also welcome to volunteer, and can just show up anytime between 8 a.m. and 4 p.m. to help out. If interested in volunteering, call at 841-2509.

What's going on

Fair draws artisans, antiques

The third annual Artisans and Antiques Fair will be Saturday and Sunday, 10 a.m. to 4 p.m. on the grounds of Great Friends Meeting House, Marlborough and Farewell Streets, Newport.

A special Gala Preview Party and Auction will be tonight.

The fair will feature about 25 artisans who will give demonstrations of crafts and trades, such as basket-making, blacksmithing, boat-building, pewter casting, quilt making, scrimshaw, tin smithing, weaving and fine woodworking.

Homestead Timber Frame of New Hampshire will erect an 8 by 12-foot post and beam frame that will be auctioned off. Several antique dealers will display their wares and appraise heirlooms.

There will be live and silent auctions of rare antiques, collectibles, original art and more.

Colonial games for children will include hoops, graces, and corn cob darts. Entertainment will include The Reprobates, Narragansett Swells, Buffalo Gals and Wild Goose Nation.

Admission is \$5 for adults, and free for children under 12.

For more information, call 846-0813, or visit www.newporthistorical.org.

TODAY, Sept. 26

- Eastern States Exposition-The Big E, continues through Sept. 28, West Springfield, Mass., features carnival rides, craftsmen, big name entertainment, agricultural and livestock exhibits, harvest contest, food from around the world. Call (413) 222-2601, or visit www.thebig.com.

- Autumn stargazing, 8 p.m. Learn more about constellations and the night sky. Call 846-2577 for more information, or visit www.normanbirdsantuary.org Also, Oct. 24, 7 p.m.

- Recreation Center Movie Night - Shown upon request beginning tonight: *Holes* (PG-13); *View From the Top* (PG-13).

SATURDAY, Sept. 27

- Taste of Rhode Island, through Sunday, Newport Yachting Center, America's Cup Avenue, Newport. Bite size samples from \$1 to \$6. Admission \$6 for adults, and free for children under 12. Call 846-1600, extension 218, or visit www.taste-of-ri.com.

- Narragansett Bay Lighthouse Tours aboard the Alletta Morris, 10 a.m. to 3 p.m., from Newport. Tour includes active and inactive light-



ANTIQUE HUNTERS — Mr. and Mrs. Richard Burnham take a closer look at some items in last year's second annual Artisans and Antiques Fair at the Great Friends Meeting House, Newport, during the opening night gala Preview Party and Auction. The fair returns this weekend.

houses and foot tour of Rose Island Lighthouse. For more information, call 272-3540, ext. 131.

- Wind-Sea-Sky Sculptures, Easton's Beach, Newport.

- Red Cross Community CPR Review Course, 9 a.m. to 1 p.m., Grand Islander Center, 333 Green End Ave., Middletown. Pre-registration/payment (\$35) required. Call 846-8100.

- Wild About Seniors continues through Sept. 30, Roger Williams Park Zoo, Providence. Special programming, including discounted admission to the zoo and special giveaways. Visit www.roger-williamsparkzoo.org.

- Newport International Polo Newport Cup finals, 4 p.m., Glen Farm, Portsmouth.

SUNDAY, Sept. 28

- Chapel of Hope Sunday worship services:

- Protestant service, 8 and 10:30 a.m.

- Catholic mass, 9 a.m. and noon.

- Sunday bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.

- Cluny Country Fair, 10 a.m. to 4 p.m., Cluny School grounds, 75 Brenton Road, Newport. Games, hayrides crafts, white elephant sale, silent auction and more. Free admission, parking.

- Sunday morning bird walks through September, 8 a.m., Norman Bird Sanctuary. Free. Call 846-2577

MONDAY, Sept. 29

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., \$10 per person.

TUESDAY, Sept. 30

- Newport Navy Choristers

rehearsal, 6:15-8:45 p.m., Quinn Lecture Room at Naval War College. Call 847-4256 or 423-3523 for more information.

- Reading your Credit Report, 11:30 a.m. to 1 p.m., Fleet and Family Support Center. Call 841-2283 to register or for more information.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.

- Pre-school Story Hour, 10:30 to 11:30 a.m., Norman Bird Sanctuary. Call 846-2577. Through Aug. 19

- Officers' Club movie night at 6 p.m., *Bulletproof Monk* (PG-13); 8 p.m., *Confidence* (R).

WEDNESDAY, Oct. 1

- Armed Services YMCA (846-9622):

- Preschoolers (ages 3 to 5) with Parents (Session A), 1 to 2 p.m., Norman Bird Sanctuary. One-hour hands-on programs to engage preschoolers to the wonders of nature. Also, Oct. 8, 15. Call 846-2577, or visit www.normanbirdsantuary.org for more information.

- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Blvd. Military volunteers welcome; 5 p.m., United Baptist Church, Spring Street, Newport.

THURSDAY, Oct. 2

- Armed Services YMCA (846-9622):

- Fitness Hour, 9 to 10:30 a.m.

Upcoming:

Oct. 4-5 — 29th annual Harvest Fair, 10 a.m. to 5 p.m., Norman Bird Sanctuary. Enjoy wholesome family fun with pony rides, field games, crafts, home grown/made vegetable, flower, baking/cooking and creative craft competitions. Admission is \$5 for adults and \$2 for children. Call 846-2577 for more information.

Announcements

Fleet and Family Support closes Oct. 9 for planning

The Fleet and Family Support Center will be closed on Thursday, Oct. 9, from 12 to 4:30 p.m., for strategic planning. In the event of an emergency, a FFSC staff member may be paged by calling the Naval Station Newport Quarterdeck at 841-3456.

NACC to close for Sunday

The Naval Ambulatory Care Center, Newport, will be closed on Sunday, Sept. 28, for yearly electric maintenance. The clinic will resume normal operations at 8 a.m. on Monday, Sept. 29.

Gas line work resumes

The installation of New England Gas Co. lines on Coasters' Harbor Island is continuing down Perry Road to the intersection of Luce Avenue, the Resident Officer in Charge of Construction said. There will be traffic delays.

Crews will then move to a portion of Bainbridge Road. After that is complete, pipe installation will begin at the corner of Taylor and Cushing Roads, and proceed down Cushing Road.

Chapel closes for day, Oct. 1

The Chapel of Hope will be closed Wednesday, Oct. 1, all day for staff training, Chaplain (Cmdr.) David Gunderlach, NAVSTA command senior chaplain said. There will no midday mass on that day.

Ticket Connection limits hours

Effective immediately, the MWR Ticket Connection Office, located in the Recreation Center, Building 656 will be open from 11 a.m. to 4 p.m., Monday through Friday. Regular hours are scheduled to resume on Wednesday, Oct. 1.

SAT preparation classes at CCRI and Bristol CC

The Community College of Rhode Island and Bristol Community College is offering SAT preparation classes next month for testing starting at the end of October.

The CCRI fee is \$105 (textbook included), and is limited to 35 seats. The class will be offered at CCRI's Knight Campus in Warwick on Wednesdays through Oct. 29 from 6:30 to 9 p.m.

Bristol Community College will offer SAT preparation until Nov. 8, from 9 a.m. to noon, for \$125.



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Despite diabetes, sailor braves race around world

By **ENSIGN SCOTT MEIS**
Navalog Contributor

At age 8, Canadian skipper John Dennis told his father that he was one day going to sail around the world alone.

With a wink of confidence his father replied, "That's a very bold statement, young man."

Fifty years later, Dennis fulfilled his dream by competing in the 2002 Around Alone Race, a 28,000 mile single-handed around the world yacht race.

Aside from having an old boat and a small budget, Dennis overcame incredible odds by making history as the first skipper with diabetes to compete in a solo global yacht race.

Originally diagnosed with Type 2 diabetes in 1993, Dennis initially thought his lifelong dream was shot when the Around Alone race application read, "Diabetics Need Not Apply."

According to Dennis, "Once I determined that I could manage my diabetes through regular monitoring, I was certain that I would find a way to compete."

Dennis told his story Tuesday morning at the Naval Ambulatory Care Center command conference room to medical staff as well as diabetes patients. The lecture featured a DVD presentation highlighting his racing adventures.

Undeterred by the existing rules, Dennis flew to England and convinced race organizers to enter him in the five-legged race that included New York, Torbay (England), Cape Town (South Africa), Tauranga (New Zealand), Salvador (Brazil), and Newport. His successful entry into Around Alone stood as a tribute to his diligence in bringing his diabetes under control.

Ascensia, the brand name for Bayer self-man-



Ensign Scott Meis/U.S. Navy photo

John Dennis, 58, a diabetic, uses a DVD presentation to point out gear aboard his sailboat Ascensia which he sailed single-handed in the 2002 Around Alone Race.

agement diabetes monitors and services, sponsored him in the race. He aptly named his boat Ascensia, meaning to "ascend and achieve," to reflect what diabetics can achieve if they are meticulous about self-managing their condition.

During his journey, Dennis survived on oatmeal, canned fish, and pasta while consuming between 3,000 and 9,000 calories daily. Moreover, he used satellite phone communications and e-mail to report regular blood sugar level reports back home. Though he eventually completed the race, Dennis was forced to withdraw from competition during the second leg because of equipment failure.

Regardless, Dennis' sheer participation in the race speaks volumes to the mental and physical obstacles that he had to overcome to get where he is today. He stands as an inspiration to his family, fellow competitors, as well as diabetics around the world.

As for the future, Dennis plans to continue racing and is currently considering entering the 2005 Antarctica Cup.

Meetings/reunions

USS Forrestal reunion

The USS Forrestal (CVA/CV/AVT-59) annual reunion is this weekend in Virginia Beach, Va. It is open to anyone who served aboard the Forrestal in any capacity. Veterans may contact Jim Stewart, 21 Viburnum Lane, Levittown, Pa. 19054. Phone is (215) 943-7626 or (888) 434-5955.

The Forrestal is currently mothballed in Newport, R.I.

USS Capodanno reunion

The frigate USS Capodanno (FF-1093) Association will hold its second annual reunion in Newport on Oct. 10-12 (Columbus Day weekend). The ship was homeported here for many years with Naval Surface Group FOUR.

The reunion will be held at the Middletown VFW Post.

For more information contact either David

Campbell at ff1093@hotmail.com or phone (727)385-7121;

or Mike Ryder at USN1093@aol.com or by phone (904) 277-3152

The Newport Dealeys

The Newport Dealeys, including the USS Cromwell (DE-1014); USS Dealey (DE-1006); USS John Willis (DE-1027); USS Van Voorhis (DE-1028); USS Lester (DE-1022); USS Hartley (DE-1029); USS Joseph K. Taussig (DE-1030); USS Courtney (DE-1021); USS Hammerberg (DE-1015), will hold their next reunion Oct. 2-5 in Lancaster, Pa.

If you served on board any of the Dealey-Class destroyer escorts out of Newport, R.I., contact Bob Kitchen at 1007 Foster St, Philadelphia, Pa., 19116. Phone: (215) 698-1858; or email trimbleL@msn.com; or website <http://www.newportdealeys.com>

Special events

Market yourself for second career

Transitioning from the military to the civilian work force can be an overwhelming experience.

"Buzz" Buse, Deputy Director, Officer Placement Service for the Military Officers Association of America (MOAA), will head a seminar that will help ease some of the anxiety for employment.

The free 2 1/2 hour presentation, "Marketing Yourself for a Second Career," will be held on Friday, Oct. 17, from 9 to 11:30 a.m., at the Weakley Hall Auditorium at the Surface Warfare Officers School Command.

All officers, senior non-commissioned officers, and their spouses are welcome and encouraged to attend.

Journalist, traveler to lecture

The Contemporary Civilian Lecture series at the Naval War College will offer two guest speakers in the span of two days this month and next.

Robert Samuelson, contributing editor to Newsweek magazine, will present, "Are We Entitled to Economic Stability," on Sept. 30 at Spruance Hall.

Paul Theroux, author and world traveler, will speak on "Dark Star Safari: Revelations from the Real Africa," on Oct. 2. Both lectures begin at 7:30 p.m.

Samuelson was named as one of the "100 most influential Business Journalists" of 1998, and besides his *Newsweek* column he writes a biweekly column that appears in *The Washington Post*, *The Los Angeles Times*, *The Boston Globe* and other papers.

Theroux, who in the 1960s was a former lecturer at the University of Urbino in Italy, a Peace Corps teacher in a school in Africa, and a lecturer at Makerere University in Kampala, Uganda, now lives on the north shore of Oahu, Hawaii.



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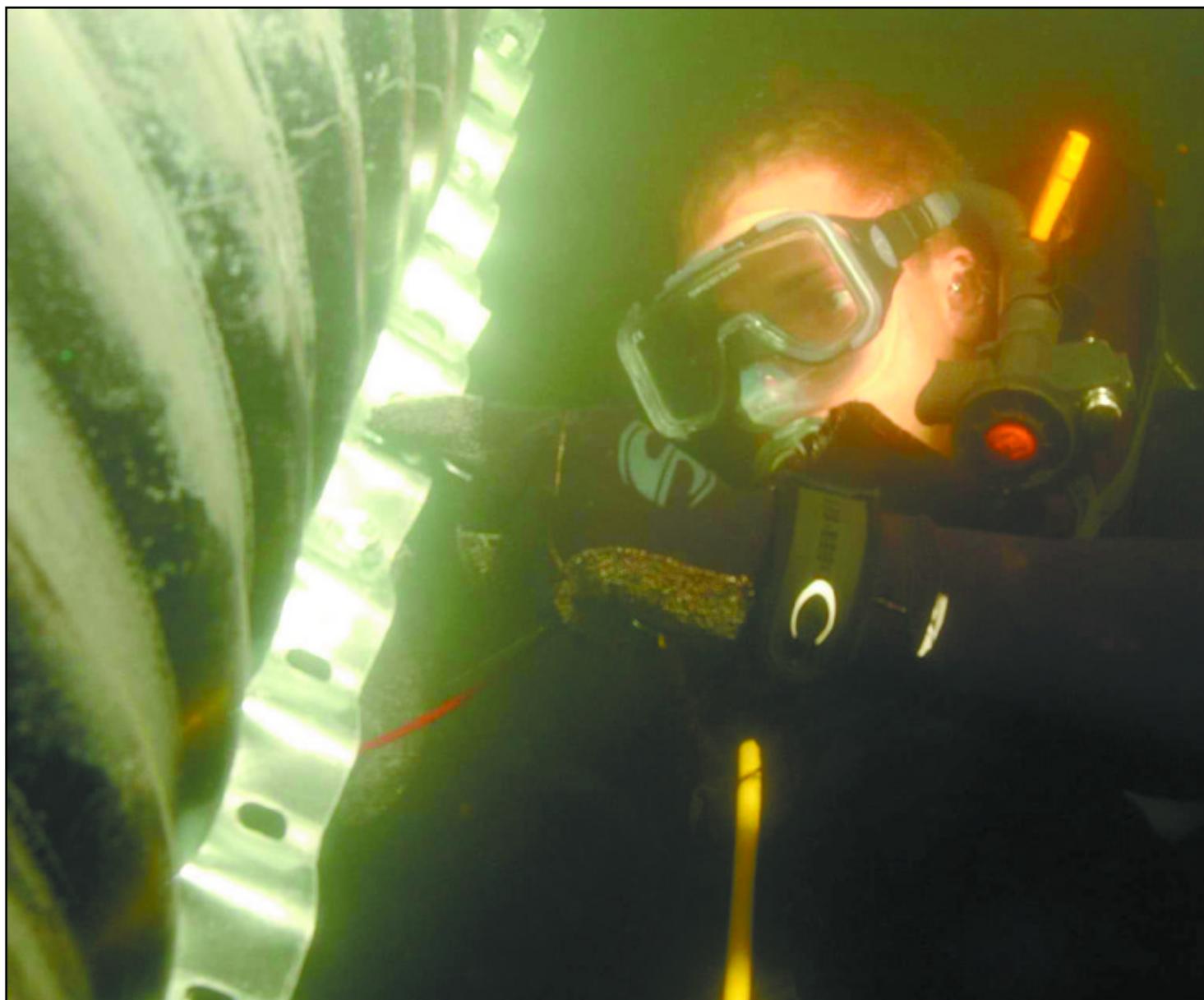
Special Events/Holidays may be higher
Offer expires 10/12/2003

Working the deep



WORK SITE: Naval Underwater Construction Team ONE sets up its work site from floats and skiffs at the foot of Pier One, Naval Station Newport. The decommissioned aircraft carriers are at left.

SUBMERGED WORK — Utilitiesman Third Class (DV) Josh Dresen, Naval Underwater Construction Team One, adjusts a form on a piling under Pier 1. In lower right photo, he peeks out from under Pier One as a pile collar is lowered over the side.



Newport Navallog, Friday, September 26, 2003

By RICHARD ALEXANDER
Navalog editor

Thirteen Seabees attached to Naval Underwater Construction Team ONE, Little Creek, Va., have been working at Naval Station (NAVSTA) Newport since Aug. 10, but hardly anyone will ever see their workmanship.

That's because it's under water.

The Seabees have been tasked by Naval Facilities Engineering Command to improve the structural integrity of 22 piles under Pier One. Twelve piles on the south side and 10 on the north side closest to the quay wall.

Builder First Class James Emerson, assistant officer-in-charge at the project, said the natural wave action by rising and falling tides has worn away the concrete, changing some of the piles into hourglass shapes.

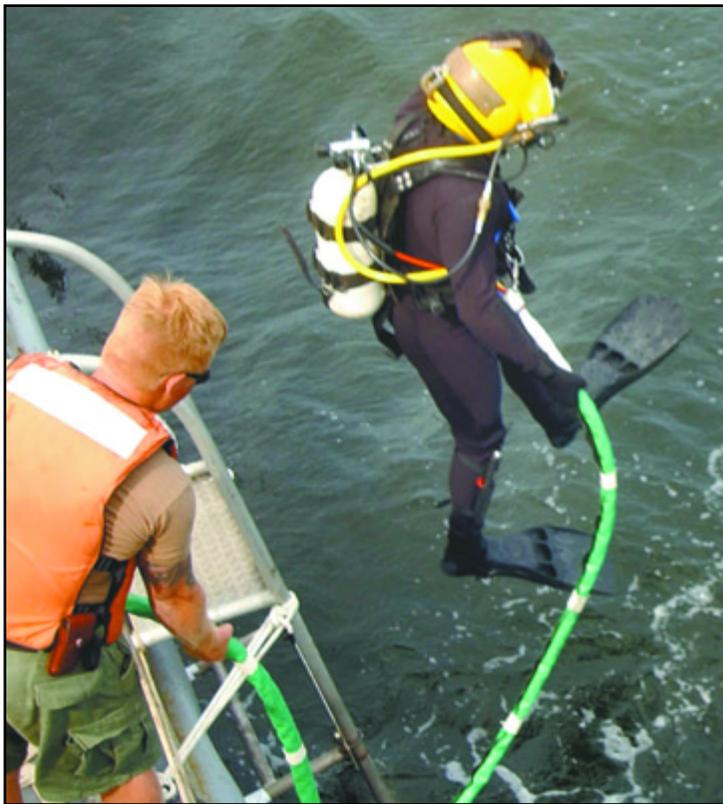
The team first tack-welds steel forms together to encapsulate each eroding pile. After they are fitted in place, concrete is pumped down inside to create a new piling.

"We do a certain number of piles every year just to maintain the integrity of the structure," Emerson said. "We expect to be here until Sept. 30."

A second project already completed



SEABEES, Page 9



TOP: The Seabee crew aboard the ocean tug USNS Apache pulls an old fleet mooring chain up from Narragansett Bay. Three new chains were attached to the Class A buoy, designed to moor Navy frigates.

LEFT: Construction Electrician Second Class (DV) Rob Soto jumps off the Apache to finish work on the chains.

BOTTOM: Steelworker First Class (DV) Steve Harvkey tack welds forms together on Pier 1 which will be fitted around piles underwater to hold concrete.

Seabees

Continued from Page 8

last month was to replace the 50,000-pound test chains to a fleet mooring buoy in Narragansett Bay. The heavy links were ferried out to the site off Pier Two by the fleet ocean tug (TATF) USNS Apache from Norfolk. The buoy is used to moor visiting Navy frigates.

Senior Chief Steelworker (DV) John Emborski said in a task under NAVSTA's Resident Office in Charge of Construction (ROICC), the Seabee divers also completed a hydrographic survey of the seabed from the piers west into Narra-

gansett Bay. A detailed map showing the contours of bay floor will be used for dredging purposes, if necessary. The last survey was done in the late 1950s.

Lt. Cmdr. David Robillard, the team's commanding officer, said the parent command is First Naval Construction Division established only a year ago at Little Creek under broad realignment.

"NAVFAC asked us to do the work, and save some cost by using Navy divers instead of contracting out," he said.



Steelworker Second Class (DV) Bobby Marron, foreground, and Utilitiesman Second Class (DV) Josh Dresen guide the loading of a fleet mooring chain to the deck of the USNS Apache at Pier Two.

PH1 (DV) Greg Lisicki
Combat Camera Team photos

Naval Station Newport Dining

Watch football at the clubs

Looking for the best place to watch the game on Sunday? Head over to the Topside Pub, at the Officers' Club or the Enlisted Lounge at the Recreation Center and you can see great games every Sunday!

The Morale, Welfare and Recreation Department clubs have your NFL Sunday Ticket to see all the teams, all the plays, and all the action! The doors open at both locations at noon, so head over and grab your seat early!

The pub menu is available from noon to 7 p.m. at both facilities. As always, free peanuts and popcorn are available at the Topside Pub, and patrons can enjoy free hot dogs at half time at the Enlisted Club.

For more information, call the Officers' Club at 841-4821 or the Enlisted Club at 841-2575.

Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

Today: Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections.

Tonight: Kick off the weekend with complimentary hors d'oeuvres in the Topside Pub from 5 to 7 p.m. Order your favorite beverage or something from the pub menu, available until an hour before closing.

Saturday: Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

Upcoming Events:

Advance tickets may be required for the following events. Gratuity is included in all tickets prices and there is no charge for children age 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

To purchase tickets or for more information, call 846-5111 or 841-4821.

Roomful of Blues to play O'Club: Legendary jump-blues band, Roomful of Blues returns to Rhode Island for a repeat performance at this spectacular Oktoberfest event at the Officers' Club on Friday, Oct. 3!

Roomful packed the house at last year's Oktoberfest and this year's event is sure to be



SINGING THE BLUES — The legendary jump-blues band, Roomful of Blues, returns to Rhode Island for a repeat performance at this spectacular Oktoberfest event at the Officers' Club on Friday, Oct. 3. Call 846-7987 for reservations and tickets.

just as fabulous! The Grammy-nominated octet is bringing out the brass for their eclectic blend of blues, jump, swing, soul, funk and more and you won't want to miss it!

The doors, beverage stations and concessions open at 6 p.m. and delicious, authentic German delicacies will be available. Roomful takes the stage at 7 p.m., so come early, eat, drink and get a good seat, because this event is sure to sell-out!

Advance tickets for this extraordinary show are now on sale at the Officers' Club Gift Shop for just \$10 each. Tickets will also be available the night of the show for \$12 each. Tickets for children ages 4 to 12 cost \$5 a piece and children under 3 are admitted free. Purchase tickets by phone using Visa/MasterCard by calling 846-7987. Don't miss this outstanding musical event—order your tickets today.

For more information on Roomful of Blues visit their website at www.roomful.com.

Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

New hours of operation: The Enlisted Club is open 11 a.m. to 11 p.m., Monday to Saturday and from noon to 6 p.m. on Sunday. The CPO Lounge is open Monday through Thursday, 4 to 9 p.m. and Friday, 4 to 11 p.m., and by request* on the

weekend.

**The CPO Lounge will be open on the weekend, by request only for a minimum of 20 people or with a sales guarantee of at least \$200. The Lounge may also be reserved for catered events. Requests to open must be submitted by Monday for the following weekend.*

Today: Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

Tonight: Kick off the weekend with a rockin' good time! Head over to the Recreation Center, Building 656, every Friday and kick off the weekend with a fabulous TGIF party!

Starting at 5 p.m., you are invited to enjoy complimentary hors d'oeuvres, sip refreshing beverages, and listen to the coolest tunes, spun by a rocking DJ from "Get With it Productions."

This is the perfect way to unwind after a long week, so mark your calendar, tell your friends and get ready to kick off the weekend at the Recreation Center. For more information, call 841-3054.

Ticket Connection

Ticket Connection open limited hours

Effective immediately, the Morale, Welfare and Recreation Department's Ticket Connection office in the Recreation Center, Building 656, will be open from 11 a.m. to 4 p.m., Monday through Friday. Regular hours are scheduled to resume on Wednesday, Oct. 1.

We apologize for any inconvenience this may cause. For more information, call 841-3116.

Try train, riverboat for Conn. sightseeing

Climb aboard the Essex Steam Train and Riverboat for a two and a half-hour sightseeing excursion that includes some of Connecticut's most beautiful landscapes and unusual treasures.

Ticket Connection, Building 656, offers discounted tickets to the Essex Steam Train and Riverboat tour which features an hour-long tour through scenic towns, pristine meadows and coves and wildlife preserves aboard an authentic steam locomotive.

Next, board a multi-deck riverboat for a cruise down the Connecticut River. Sit back and relax as you learn about the history, natural wonders and legends surrounding the River.

You will also pass by the historic Goodspeed Opera House and Gillette Castle. The tours are available year-round (see schedule for details) and feature special weekends, including a Day out with Thomas and The Polar Express.

Tickets cost just \$22 for adults (a \$2 savings) and \$11 for children 3 to 11 (a \$1 savings). Purchase yours today! For complete schedule and details, visit call 1-800-377-3987 or pick up a brochure at the MWR Ticket Connection.

Visit Doris Duke's with discount ticket

Would you like to see one of the most prestigious mansions around? Ticket Connection, Building 656, is offering tickets to the late Doris Duke's mansion, Rough Point.

The English manorial was built in 1889 for Fredrick W. Vanderbilt was purchased by Doris Duke's father in 1922. It is located on Bellevue Avenue overlooking the Atlantic Ocean. It houses the Duke family's extensive collections of European fine and decorative arts, which include works by Gainsborough, Reynolds, Bol and Renoir.

Rough Point is operated by the Newport Restoration Foundation, which was created by Doris Duke in 1968 to preserve the city's 18th-century architecture.

Tickets are \$23 per person and must be purchased 48 hours in advance. Tours are available Tuesday and Wednesday at 9 a.m. and 1 p.m., and Thursday through Saturday at 1 p.m.

Ticket purchasers need to pick up the shuttle at the Gateway Center, cars cannot be driven on Rough Point Property. For more information, call Ticket Connection at 841-3116 or call Newport Restoration Foundation at 849-7300.

Plan now for Christmas at New York Radio City

Get a jump on the holiday season with tickets to the Radio City Christmas Spectacular bus trip on Friday, Dec. 12. This is a wonderful gift for your entire family that will be remembered for years to come.

Trip price is \$105 per person and includes round-trip motor-coach transportation and a ticket for the 3:30 p.m. matinee performance of the Christmas Spectacular at Radio City Music Hall.

There's also time for a little holiday shopping. Departure time is set at 7 a.m. with the return scheduled for 11 p.m. Reserve your space with a 50 percent per person deposit. The balance is due by Nov. 7.

This trip sells out every year so don't risk disappointment. For more information call 841-3116.

Leisure

Bowling

(Building 656, 841-4293)

Fall Bowling Hours: The Seaview Bowling Center, Building 656 announces the following fall operating schedule: Monday 5 to 9 p.m. Tuesday through Friday, 5 to 10 p.m.; Saturday and Sunday, 1 to 7 p.m. Rock and Bowl, every other Saturday, 8 to 11 p.m.

For more information, call the Bowling Center at 841-4293, during business hours

Specials:

- **Rock and Bowl:** Every other Saturday night beginning at 8. Cost is just \$7 per person. Bowl a strike when the head pin is red and you will win a prize! It's rocking, it's rolling, it's bowling and it's a blast! The next Rock and Bowl night is, Oct. 4.

- Sunday special is \$7 an hour from 1 to 7 p.m. for two people.

- Bowling birthday parties available Saturdays and Sundays and include reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, including shoe rental.

- Bumper bowling is always available.

Youth/special fitness activities

(Gym 109, 841-3154)

- **Youth fitness program:** Eligible youth wishing to utilize Morale, Welfare and Recreation Department fitness facilities (Gym 109 and FITNESS Plus) are required to take a mandatory resistance and aerobics training class prior to entering the facilities during the designated times.

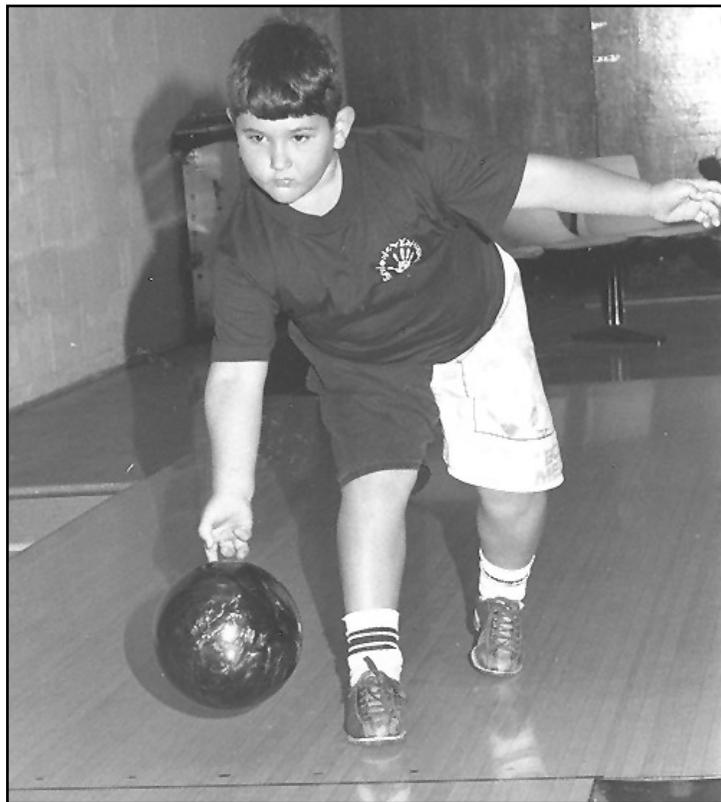
This class is required for youth ages 10 to 15, and is also available for 16 and 17-year-olds that may also choose to participate in the fitness assessment program instead.

The Youth Fitness Class is available on an individual basis by pre-registering at Gym 109 or FITNESS Plus in Building 355. Parents are required to be in the building where the course is being held during all class sessions.

Complete details on this program and youth fitness policies are available at Gym 109. Call 841-7196 for information or to pre-register.

Gymnasium

(Gym 109, 841-3154 or FIT-



THE SEAVIEW Bowling Center is available Saturdays and Sundays for birthday parties, and includes reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, including shoe rental. Call 841-4293.

NESS Plus, Building 355, 841-1474)

- Register today for **intra-mural flag football** and have a super season of friendly competition and fun! The league is open to active duty, retirees, reservists, dependents and Department of Defense civilians age 18 and over.

Games are played Mondays through Thursdays (Fridays if needed) at Carr Point and Lawrence Field at 5:15 p.m. and 6:15 p.m.

The flag football season runs through Nov. 14.

Teams may register at Gym 109, Monday through Friday, 8 a.m. to 4:30 p.m. until Oct. 10. There is a \$15 fee for DoD civilians.

All teams are required to pay a (refundable) \$100 forfeit fee and must have matching shirts with numbers by the first game. For more information, call the Athletic Department at 841-7196.

- **Fitness Walk 'n Tone**, designed for patrons age 50 and up. Stretching and muscle toning exercises as well as 20-plus minutes of fitness walking around the gymnasium. Classes are held Monday and Thursday, 8 to 9 a.m., in Gym 109. Call for space availability. Fee is \$5 for six weeks.

- Fitness equipment such as Hammer Strength, lifecycles, treadmills, free weights, etc. available; also racquetball, squash and basketball courts.

NAVSTA movies

- **Officers' Club**, on Tuesday, Sept. 30: 6 p.m., *Bulletproof Monk* (PG-13); 8 p.m., *Confidence* (R).

- **Recreation Center:** The following movies are shown upon request beginning tonight: *Holes* (PG) and *View from the Top* (PG-13).

Music/games

(Building 656, 841-3054)

- **Lunchtime BINGO**, Thursday and Friday only. Cover all the numbers on your BINGO card within the designated amount of numbers called and you will win \$500! If no one wins, play continues until a good BINGO is called, winning that lucky person \$100.

Three regular games each day with \$30 prizes for every BINGO called. Jackpot game begins at 12:30 p.m.

- **Karaoke**, tomorrow night, Sept. 27, 8 p.m. Showcase your talents with golden oldies, country hits, and of course, today's top tunes, beginning at 8 p.m. No cover charge.

Video helps Sailors see suicide signals

By **DEAN PERSONS**

NETC Public Affairs

PENSACOLA, Fla. — Suicide does not care what rank, color or gender you are, or whether you're rich or poor. It doesn't care if you're a Sailor, Marine or civilian...on or off-duty.

However, for those at risk for suicide, there is help available through your nearest medical treatment facility, and shipmates are ready to support in any way possible. To assist all hands in preparing for their role in suicide prevention, there is important training available to help you learn how to best support shipmates at risk for suicide.

Suicide prevention training is available from several sources, but the latest information is presented in a new suicide prevention video recently released by the Navy Education and Training Command (NETC) and Navy Personnel Command (NPC).

This new video, called *Making the Critical Decision*, addresses many of these challenges.

"We know that suicide can affect young and old, officer, enlisted and civilian," said NETC Commander Vice Adm. Alfred G. Harms Jr.

"The overarching lesson is that shipmates need to take all suicide threats seriously and to intervene proactively when warning signs appear."

Cmdr. Kevin Kennedy, the Behavior Health Officer at NPC, said, "It is our first video that includes a scenario on threatened suicide by a family member. It talks about how getting immediate assistance is just as important when there is a problem close to home with a dependent, as well as with a fellow Sailor."

According to Kennedy, one of the teaching points in the video is the use of the acronym "AID LIFE" as a tool to help in responding appropriately to suicide warning signs. The responses are:

A— Ask the person if they're

thinking about suicide

I— Intervene immediately

D— Don't keep it a secret

L— Locate help

I— Inform your chain of command

F— Find someone, don't leave the person alone

E— Expedite, get help right away

On a national level murder-suicide occurs at a rate of 0.2 per 100,000 suicides. "Unfortunately, the Navy is pretty much the same as the civilian community," said Kennedy.

"In 2001 we produced the video *Taking Action, Saving Lives*," said Kennedy. "That video was adopted by the Los Angeles County Sheriff's Department for training of all



of their law enforcement officers.

This new video has won a Bronze Telly which is an industry standard award in which all the major production houses in the nation compete.

The new suicide prevention General Military Training material and *Making the Critical Decision* video are available through command training offices, local Fleet and Family Support Centers, or it may be ordered by email: gmt.distribution@cnet.navy.mil.

For more information about the *Making the Critical Decision* video, contact Kennedy at (901) 874-4256 or email: p601b@persnet.navy.mil.

For more information about Navy training, visit the NETC Web site at <https://www.cnet.navy.mil>.

Sports

Harlem Ambassadors show razzle, dazzle on hardcourt

By **ENSIGN SCOTT MEIS**
Navalog contributor

Gym 109 is typically dormant on Friday evenings when most Naval Station Newport personnel have headed home for the weekend.

But last Friday, a crowd of 250 people returned to fill the bleachers around the basketball courts to see the Harlem Ambassadors' "Around the World" basketball tour.

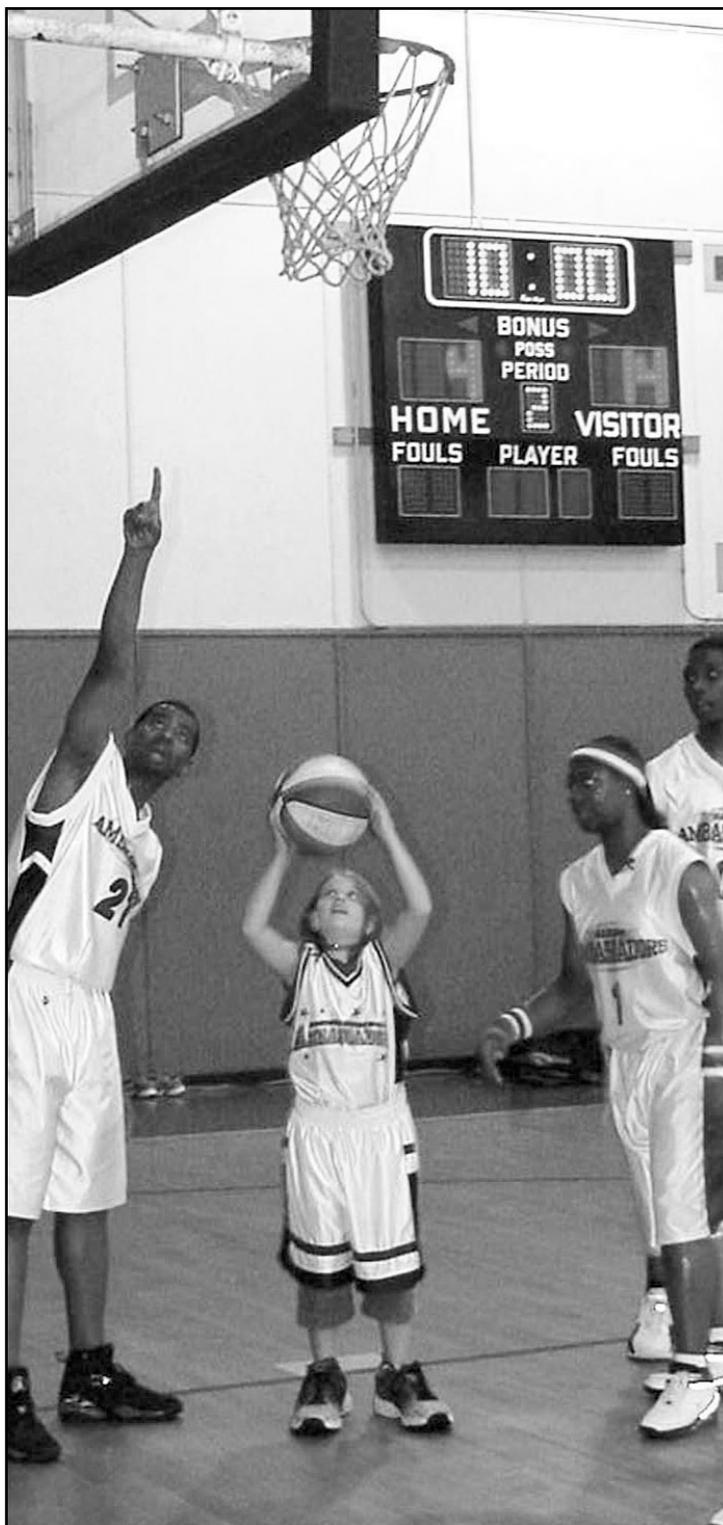
Led by the Queen of Show Basketball, Ladè Majic, the internationally acclaimed Ambassadors competed against members of the Naval Academy Prep School (NAPS) basketball team in a free exhibition game.

Majic and her teammates impressed the crowd with amazing ball handling skills and a series of high-flying dunks from 6-8 center Spencer Alton. The Ambassadors utilized the "three-man-weave" along with a variety of behind the back and no-look passes to score buckets and build a substantial lead by halftime.

There was never a dull moment in the game as Majic took time to demonstrate that her skills as a comedian are on par with her basketball skills. The crowd knew they were in for a treat even before tip-off when Majic started flirting with a few of the NAPS starters.

She drew a huge laugh when she contested a foul, but gained revenge by tugging down the shorts of a NAPS player as he attempted his free throw.

Moreover, Majic ensured that the children and other family members of NAVSTA personnel had ample opportunities to participate in the fun. At one point in the game, nearly a quarter of the crowd was on the floor mirroring Majic as she led a dance routine. In addition, two lucky youngsters had the chance to compete against one another in a shooting contest with the winner taking home a Harlem Ambassadors basketball signed by



Kelly Conner photo

THE HARLEM AMBASSADORS instruct Jessica Carnal, 9, daughter of Senior Chief Conrad and Mrs. Deborah Carnal, how to make a foul shot during the exhibition basketball team's tour stop at Gym 109 last Friday. She is wearing the Ambassadors uniform and size 15 sneakers.

Majic herself.

When all was said and done, it was apparent that the crowd was unconcerned with the official winner of the game (Harlem Ambassadors, 70-46).

The children attending were

all smiles as they waited patiently for autographs and photos with the Ambassadors. The Ambassadors graciously thanked the crowd before heading off for their next stop on tour.

Police challenge military in softball to benefit troops

By **ENSIGN SCOTT MEIS**
Navalog contributor

Fall in New England is a great time to enjoy crisp, sunny weekends outdoors. So why not combine it with charitable support for our military forces stationed overseas?

A softball game dubbed, "Jocks Filling Socks," will take place Oct. 4 at 3 p.m. at Toppa Field behind the International Tennis Hall of Fame, Bellevue Avenue.

The game will be between the sponsor, the Newport Police Department, and the Marine Corps Detachment. However, all Sailors and Department of Defense personnel who work at Naval Station Newport are invited and encouraged to participate.

Capt. Chris Silvern, Commanding Officer, MARDET, hopes to form a platoon of 20 to 30 Marines attached to the Naval Justice School, Naval Academy Prep School, Naval Chaplains School, Broadened Opportunity for Officer Selection and Training, and the Naval War College.

The MARDET Color Guard will parade the colors.

All proceeds from the game will support troops that have either served or are currently serving in Iraq. Specifically, the funds raised will be used to send over morale/support packages for U.S. troops.

Admission is free but voluntary donations in a military steel pot will be collected at the gate.

This event has already gathered the attention of numerous Newport merchants who have made various donations that will be raffled off. Hundreds of support boxes have already been sent to deployed troops.

Those interested should contact Marine Capt. Tom McGee at 841-2759. The police contact is Officer Kevin Parsonage, who can be reached at 338-6724.

Intramural flag football

The Naval Station Newport Intramural Flag Football League results and standings as of Sept. 19 follow:

Department Head 175 def. Admirals, 24-12

REDCOM One def. Old Goats, 12-7

Law Dogs def. Devils, 33-6

Spanky & the Platters def. Admirals, 25-21

Standings

DH 175.....	1-0
Law Dogs.....	1-0
REDCOM One.....	1-0
Spanky & the Platters.....	1-0
Old Goats.....	0-1
Devils.....	0-1
PSD Night Hawks.....	0-0
SWOS 176.....	0-0
MWR.....	0-0
Admirals.....	0-2

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Fort Adams

Continued from Page 3

fall. It is the site of the Newport Jazz and Folk Festivals, the Island Moving Company dance performances, Civil War reenactments, the Black Ships Festival Taiko drummers, and Boy Scout and sea cadet campouts.

Last weekend it was host to the Newport Arts Festival. Next summer the Naval War College Museum will set up exhibits.

Tours are held daily on the hour, from May through October.

Funding for the \$5 million project comes from state, federal and private donations and grants. The fort is listed as a National Historic Landmark and is recognized under Save American Treasures.

The fort, which dates to 1824, is one of the largest on the East Coast, encompassing 20 acres. The interior parade grounds alone are 7 acres. The fort once housed 2,400 soldiers and was armed with 468 cannons which were never fired.

Palermo said the fort was built by about 500 Irish immigrant laborers, who later settled in the "Old Fifth Ward." They eventually became the butlers, servants, caretakers and housekeepers for the wealthy summer colonists on Bellevue Avenue at the turn of the century.

NWDC

Continued from Page 3

include weapons officer in USS Leahy (1982-84); surface Navy's gunnery officer, in the Office of the Chief of Naval Operations (September 1984-86); Executive Officer, USS Yorktown (January 1986); Director for Tactical Development, staff of Commander, Surface Warfare Development Group; Tomahawk Officer/Action Officer, Current Operations Directorate, Joint Chiefs of Staff (1989 to 1991). During this tour he participated in the planning and execution of the Panama and Desert Shield Operations, and as briefer for the Chairman of the Joint Chiefs of Staff and Secretary of Defense.

In 1991, Rear Adm. Kelly assumed duties as commissioning/commanding officer of the guided missile destroyer USS John Paul Jones. His next assignments included Deputy Director, Theater Ballistic Missile Defense on staff of the Director, Surface Warfare Division; Commanding Officer, USS Gettysburg (May 1996), deploying immediately with the Enterprise Battle Group in support Operation Southern Watch.

Rear Adm. Kelly then served as Chief of Staff, Commander, Second Fleet and Commander, Striking Fleet Atlantic until September 1999, where he conducted Strong Resolve 98, the largest NATO exercise since the end of the Cold War. Rear Adm. Kelly then assumed duties as N765 (Director, Theater Air Warfare), and then Deputy Director, Surface Warfare (N76B).

The Chief of Naval Operations established the Navy Warfare Development Command in July 1998. Its mission is to focus and champion Navy warfare innovation and concept development in a joint environment.

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350 - Instructic

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South County Newspapers has a temporary opening for a part-time proofreader. This is a 20-hour-per-week position that will last approximately three months. The proofreader is responsible for proofing all editorial copy in our two weekly newspapers, the South County Independent and North-East Independent. Bachelor's degree and proficiency in English required. Experience not necessary; we will train the right individual. Send letter of interest and résumé to:

Betty J. Cotter
Managing Editor
South County Independent
P.O. Box 5679
Wakefield, RI 02880



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490 - Wanted

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500 - Garage

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515 - Health

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522 - Sportin

MOUNTAIN BIKE: Mon- goose, 19', full sus- sion. \$150/best 858-336-1808.

530 - Househol

BDRM: A cherry wood queen solid sleigh be with mattress set, plastic, dresser, mir chest of drawers nightstand. Unused Cost \$5500, sacrifici \$1500. Can deliver Neal, 413-3015.

BED: Black wrought iron queen. Headboard/ footboard/ canopy. Mat tress/ box/frame Unused. Cost \$1000, sell \$250. Can deliv Neal, 401-413-3015.

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710 - Unfurn.

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NEWPORT: Lge. 2 bdrm., 1.5 bath duple new carpeting, full ba ment, off st. parki \$1200+. 401-714-4626.

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720- Furnished

1 BEDROOM, in Point. Just remodeled. \$950 mo. incls. all. 847-4:

1 ROOM EFFCY. Kitch- en/private bath. Midd town. Incls. all. \$ Call 851-2008, 849-904:

725 - Condos

1 BDRM., NEWPORT, Downtown, Avail. now \$900. Chad, ReMax, 848-6781.

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741 - Winter

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741 - Winter

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770 - Garages

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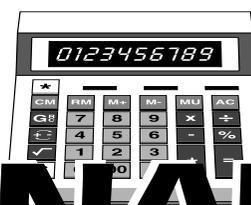
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TADIOHOUST, Morocco (NNS) — With only his stethoscope and medical training, along with a packet of blackberry jam tucked into the pocket of his camouflage blouse to rely on, Lt. Cmdr. Thomas Craig quickly assessed a life-threatening situation and diagnosed a young patient as a diabetic in hypoglycemic shock.

Navy-wide news

As part of MEDFLAG 2003, in a cramped tent, in the remote town of Tadiohoust, Craig was triaging patients when one of them, a teenager, blacked out. Craig saved his patient, in the sweltering heat, by using a life-saving packet of blackberry jam, which he'd saved from his lunch — the often ridiculed Meal-Ready-To-Eat (MRE).

"He whipped out his MRE packet of jam and squirts it down the kid's throat. The boy swallowed and it saved his life," said an eyewitness to the events, Lt. Col. Theresa Prince, U.S. Air Force Europe.

Lt. Cmdr. Craig modestly described the event as, "just my job," but even MEDFLAG's commanding officer, Capt. Elizabeth Niemyer, was impressed.

"That amazing feat of healing is just the sort of thing we're here to do and displays the talent we've brought to Morocco. And I think our MREs went up a notch in everyone's estimation, as well," said Niemyer.

Charlie Daniels rocks recruits

NAVAL TRAINING CENTER GREAT LAKES (NNS) — In a concert that celebrated the "Spirit of America," the legendary Charlie Daniels Band performed for more than 11,000 recruits in training at Recruit Training Command (RTC), Great Lakes, Sept. 11.

"How wonderful it is to look out at you people who have given some of the best years of your life to defend this nation," Daniels told the troops. "We owe a great deal of respect and admiration to the people who give of themselves to defend this nation."

Daniels performed following a memorial service to remem-

ber the victims of the terrorist attacks of Sept. 11, 2001.

Musician third Class Kenny Horton of Navy Band Great Lakes sang the National Anthem, as more than 11,000 recruits and staff members stood at attention on Recruit Training Command's North Porter Grinder. It marked just the second time in recent memory that nearly all recruits in training at the Navy's only boot camp assembled together. The last was for the Sept. 11, 2002, memorial service.

Chaplain (Lt.) John Kalantzis, Navy Chaplain Corps, delivered brief remarks at the memorial service, encouraging recruits to remember the victims of Sept. 11 while they continued their Navy training.

Daniels, who makes no secret of his support for the military, said he enjoys playing for the troops whenever he can.

"I do this because I am very pro-military," Daniels said of the concert. "I was too young for the first couple of wars in my life; I was too old for the next couple. This is my way of serving. It's the only way I can. I just like to come out and say this is what we do, and we're doing it for you."

Never too early for yule mailing

MECHANICSBURG, Pa. (NNS) — The Naval Supply Systems Command's Postal Policy Division, in cooperation with the U.S. Postal Service and military postal officials from all of the services, notes that it's not too early to mail 2003 Christmas cards, letters, and packages to and from military addresses overseas.

In fact, everyone is encouraged to beat the last minute rush, and bring holiday mail and packages to the nearest U.S. Post Office or APO/FPO military post office by the suggested dates listed below.

For military mail addressed to APO and FPO addresses, the mailing dates are:

Parcel post— Nov. 13

Space available — Nov. 28

Parcel airlift — Dec. 4

Priority mail, first class cards and letters — Dec. 11

For military mail from APO and FPO addresses, the mailing dates are:

Space available — Nov. 20

Parcel airlift—Dec. 4

Priority mail, first class cards and letters — Dec. 11

New approach to ship fires

SAN DIEGO (NNS) — Aboard a ship at sea, all hands need to be proficient as firefighters. But a new approach to shipboard firefighting, issued to the fleet in a recent revision to the Surface Force Repair Party Manual, recognizes that not every fire requires all hands to fight it.

The revision of the *Repair Party Manual*, announced by the Commander Naval Surface Forces by naval message Sept. 9, reorganizes shipboard damage control to make it more efficient, align best practices and policy, and give commanding officers more options in responding to damage, such as fires and flooding.

The new approach, which adds an intermediate response

option called Condition II between the rapid reaction of the flying squad and shipwide GQ, will save response time.

It will also let Sailors manning important watch stations, such as on the bridge or in the Combat Information Center, to remain in those roles.

The development of the new damage control doctrine benefited from of input from the deckplate level.

This bracelet was a gift Amber Apodaca received from the center where she helped teens with drug and alcohol problems. She was wearing it when an underage drunk driver took her life.

Friends Don't Let Friends Drive Drunk.



Photo by Michael Mazzone

U.S. Department of Transportation

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