

# The Newport *Naval*og

VOL. 103 NO. 40 OCTOBER 10, 2003

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



*Mum's the word*

Ron Fontaine/U.S. Navy photo

**SEASONAL SETTING** — Amy Burnes, special events and sponsorship coordinator with the Naval Station Newport Morale, Welfare and Recreation Department, puts finishing touches on a harvest motif of mums, corn stalks and pumpkins on a restored antique wagon at Dewey Field, Coasters' Harbor Island. The wagon was purchased from the Newport Equestrian Center several years ago.



## Toys shipped to Iraqi kids

A retired Navy spouse ships bags of stuffed animals to needy children in Iraq to show Americans care.

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## NAPS invites parents back

The Naval Academy Prep School opens its doors and schedules a variety of events for Parents Weekend.

— Pages 8-9



## REDCOM gets new commander

Naval Reserve Readiness Command Northeast holds change of command and promotion ceremonies.

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Ron Fontaine/U.S. Navy photos

**CHOW LINE —** Naval Ambulatory Care Center staff members and guests line up for distinctive Hispanic fare in the command conference room last week to celebrate Hispanic Heritage Month, Sept. 15 to Oct. 15.

## NACC program recognizes Hispanic impact on nation

By **JOY CHRISTMAS**

NAVSTA Public Affairs Staff

The command conference room at Naval Ambulatory Care Center (NACC) Newport took on an Hispanic flare last week as staff and family members gathered to celebrate Hispanic Heritage Month.

The program, observed nationally from Sept. 15 through Oct. 15, pays tribute to the many contributions and unique talents of fellow Americans of Hispanic descent.

Lt. Rafael Vargas, Nurse Corps, of the NACC Family Practice Clinic was the keynote speaker.

Of Puerto Rican decent and raised in New York, Lt. Vargas Vargas said he joined the Navy to get off the streets of New York. With nearly 20 years of service, Lt. Vargas said it was one of the best decisions of his life.

"There is a lot of opportunity in the military; more so in the Navy than any other branch," he said, proudly referring to himself as a "New YoRican."

Lt. Vargas said his service in the Navy has not just been to his own benefit, but to others.

"I'm here to say positively that Hispanics do have a place in the Navy...one with opportunities, said Lt. Vargas.

Lt. Vargas said, as with all American sub-cultures, His-



**TUNING IN —** Ariana Reyes, 3 1/2, gets a front row seat to listen to Lt. Rafael Vargas talk about Hispanic American contributions to the military.

panic Americans are proud of their own different, but special customs and contributions. But there remains one thick common thread that links us all together. "We are all Americans."

Citing a role of 35,000 Hispanics serving honorably on active duty today, Vargas, said the numbers continue to grow in a manner that reflects society.

"Good or bad, we're here and we're here to stay." I am proud to be an Hispanic in the Navy

and I'm proud to be an American."

Hispanic Americans have brought a rich and diverse flavor of their distinct cultures from such places as Mexico, Puerto Rico, Cuba, Colombia and Spain.

The potluck luncheon, featuring various distinct recipes of Hispanic nations, reflected that diversity.

Hispanic Americans now constitute approximately 13 percent of the country's population.

## Fair to showcase tools for disabled

By **BOB KREKORIAN**

NAVSTA Public Affairs Staff

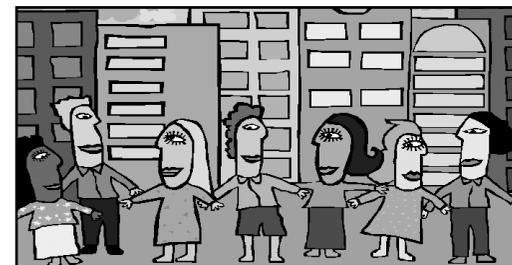
Naval Station (NAVSTA) Newport's Equal Employment Opportunity (EEO) Committee will sponsor the third annual Disability Awareness Fair on Oct. 22 from 11 a.m. to 2 p.m. at the Officers' Club.

This year's theme is "America Works Best When All Americans Work."

"The goal of the fair is to raise the level of awareness about disabilities in the workplace and the appropriate accommodations that can be made," according to Kathryn Allen, chairperson of the event.

"You may think that disability awareness does not apply to you or your family, but a need

may arise because of a permanent disability or a temporary condition," Allen said. "Will you have to take care of an aging parent or other family member? How many people



with disabilities are in your workplace? Together we are working for a day when all people with disabilities are able to live and work with dignity, freedom and independence."

At least 48 vendors and organizations that provide services for those with disabilities will attend. The fair is free and open to the public.

## Navy in Columbus Day parade

Naval Station (NAVSTA) Newport will be well represented in the annual Columbus Day Parade on Monday, Oct. 13, at noon.

Sixty students from the Naval Science Institute and the Broadened Opportunity for Officer Selection and Training programs, a color guard from the Naval Ambulatory Care Center and the Marine Corps Detachment, Newport will also march in the parade through downtown Newport.

Sponsored by the Festa Italiana Committee, the parade

celebrates the 25th anniversary of Newport's relationship with her sister city, Imperia, Italy, and the 50th anniversary of the dedication of the statue of Christopher Columbus on Memorial Boulevard near Bellevue Avenue.

The parade will start from St. Joseph's Church on Broadway and proceed to Thames Street, south on America's Cup Avenue, to Memorial Boulevard West, then east to the recently restored statue where a brief ceremony will be held.

**Navalog**

**Capt. Robert P. McLaughlin Jr.**  
Commanding Officer, Naval Station Newport

<b>David Sanders</b> NAVSTA Public Affairs Officer	<b>Bob Krekorian</b> NAVSTA Public Affairs Staff	<b>Greg Kohlweiss</b> NAVSTA Public Affairs Staff
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Ron Fontaine/U.S. Navy photo

**ANIMAL HOUSE** — Jeane Seymour of Newport is surrounded by some of the 42 stuffed animals she shipped to Iraq as the local coordinator of 'Toys For Iraq.'

## Navy widow on mission to show Americans care

By **ENSIGN SCOTT MEIS**

Navallog contributor

Far removed from the chaos and confusion of a war-torn country half a world away, one Navy Newport woman is determined to make a change. Jeane Seymour is the local coordinator of "Toys For Iraq," a donation program designed to gather boxes of toys that are sent overseas to needy Iraqi children.

Behind a pleasant demeanor and bright smile, Seymour has the focus of a Marine charging into battle on a mission to make a change.

"Our goal is to get these stuffed animals into the hands of poor, Iraqi children who have been left with nothing," she said recently.

Seymour first got involved in the program after speaking with her grandson, Jonathan Bradfield, a 31-year-old Army Military Police Specialist who has been stationed in Baghdad with the 340th Military Police for the past eight months. Bradfield's wife had gathered a variety of small stuffed animals from friends and then mailed the toys to her husband after hearing about the destitute children, begging around the camp where her husband is currently stationed.

Bradfield, along with his fellow MP's, decided to hand out the toys and take pictures of the children who were ecstatic with the gifts. Upon seeing the photos, Jeane knew she had a calling.

Sparkling a grassroots community effort, Seymour managed to collect 42 stuffed ani-

mals from parishioners at St. Paul's United Methodist Church last month. Seymour planned to mail the toys to her grandson last week so his platoon could begin distributing them.

Invariably, Seymour believes that "Toys For Iraq" will affect the way Iraqis perceive the United States and hopefully help improve current relations. "We pray that our sympathetic efforts on the home front will alter the way Iraqis view Americans as a whole," she said.

A widow and dedicated Navy wife of over 20 years, Seymour is packing her bags and moving south to avoid the harsh New England winter and be closer to her daughter. Regardless, she plans to continue her involvement with the "Toys for Iraq" program and will return to Newport each year to visit friends and enjoy the summer months.

Seymour anxiously awaits the return of her grandson and hopes that her hard work will help ease the tension our troops face overseas on a daily basis.

"Hopefully this program will help people recognize that a small amount of care and concern can create a large amount of change," she said.

For more information or to get involved in the "Toys for Iraq" program, the new Newport coordinator, Maggie Bulmer, may be called at 849-3537. Specific information regarding what appropriate supplies or toys can be sent overseas is accessible at [www.toysforiraq.org](http://www.toysforiraq.org).

## Autumn concert includes bonfire

For the second straight year, Morale, Welfare and Recreation Department will sponsor the "Fall into the Rhythm" Concert and bonfire at Naval Station Newport, Oct. 17 at 5 p.m.

This awesome autumn event is sure to get your feet tapping and your hands clapping as Rhode Island Sound, Navy Band Northeast's Rock Band, performs tunes ranging from R&B to classic rock to today's favorite hits!

The concert and bonfire takes place on the grassy area between the NEX Package Store and Uniform Shop. Food

and beverages will be available.

The concert coincides with the commissioning on Oct. 18 of the guided missile destroyer USS Chafee at Pier Two. The Arleigh Burke class warship arrives Oct. 13 and all hands from the ship's Precommissioning Unit (PCU) are invited. Active duty military and reservists participating in the Surface Navy Association's 5k-by-the Bay on Oct. 17 are also welcome after their race ends.

For more information, call MWR special events coordinator at 841-4038.

## Navy Housing Office surveys all residents

The Naval Station Newport Navy Family Housing Office has sent out a Navy-wide Resident Satisfaction Survey this month as part of a performance assessment program. Participation is critical since continued improved service is dependent upon cooperation and candid responses.

The survey is called "React," and only takes approximately 10 minutes to complete. A pre-addressed, pre-paid return envelope is provided with the survey for immediate return. Participants are encouraged to express their true thoughts and feelings since responses are completely confidential and anonymous.

The bar code, number and boxes on the survey and the

colorful coding on the return envelope only identify housing communities; they do not identify respondents in any way.

In addition, a comment card is provided for elaboration on a particular issue, or for contact information regarding a specific concern. The card should be completed and included in the return envelope. The Housing Office will review the comments and provide a direct response.

The survey should be completed as soon as possible so that all opinions may be included in the tabulation and analysis process.

For questions, contact the Newport Housing Office at 841-2233.



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# Class 108 graduates from SEA

**CMDCM RALPH RAO**  
Senior Enlisted Academy PAO

The Senior Enlisted Academy (SEA) graduated its 108th class in a ceremonies Oct. 2 at the Officers' Club. Chief Justice Frank J. William of the Rhode Island Supreme Court was the guest speaker.

The SEA prepares selected senior enlisted leaders in pay grades E-8 and E-9 for future challenges in leadership and management responsibilities. Sixty-four senior enlisted leaders from the Navy, Air Force, Coast Guard and Croatian navy, comprised the 108th graduating class.

Class 108 started its nine-week course last Aug. 6. During the pursuing weeks, these senior enlisted leaders immersed themselves, using



John W. Corbett Jr./U.S. Navy photo

**SENIOR ENLISTED Academy Class 108 poses outside Tomich Hall before graduation exercises last week.**

small group facilitation, in a range of topics from leadership theories, models, and management techniques; to communications, national security affairs; Navy programs; and health and physical fitness.

The curriculum also provides for guest speaker geopolitical and background briefs on a variety of disciplines.

Included in the overall model are heritage visits to Recruit Training Command Great Lakes, Ill., and the frigate

USS Constitution or "Old Ironsides" in Charlestown, Mass.

These visits re-connected students with recruit development and our proud naval heritage.

Class President, Command Master Chief William Burton of

San Diego, said, "We learned the value of friendship, respect for others, network communication skills, and servant leadership."

Class Vice President, Command Master Chief Robert **CLASS 108, Page 13**

# 63 graduate from OIS in ceremonies

**By JOY CHRISTMAS**  
NAVSTA Public Affairs Staff

Graduation for Officer Indoctrination School (OIS) Class 03060 will take place today Capt. Howard N. Kay Hall at Naval Station (NAVSTA) Newport. The ceremonies will begin with a traditional pass in review beginning at 9 a.m.

Rear Adm. Michael F. Lohr, Judge Advocate General of the Navy, will serve as reviewing officer and guest speaker.

The ceremonies culminate five weeks of intense naval indoctrination for the 63 newly commissioned officers for service in the Medical Corps (MC), Medical Service Corps (MSC), Nurse Corps (NC), Judge Advocate General Corps (JAGC), Dental Corps (DC) and nuclear power field. The curriculum included military bearing and appearance, naval law, naval history, career development, physical readiness, damage control, personnel administration, Navy poli- **CEREMONIES, Page 13**



YNC Ginamarie Doherty/U.S. Navy photo

**Capt. Mark H. Buzby, left, Commanding Officer, Surface Warfare Officers School Command, presents Chief Machinist's Mate Edward DeArruda with his Navy-Marine Corps Commendation Medal.**

# Surface warfare says goodbye to 'Chief D'

**By YNC G. DOHERTY**  
SWOSCOLCOM Public Affairs Officer

After 24 years of naval service, Chief Machinist's Mate (SW) Edward F. DeArruda Jr.

retired on Sept. 26 in Weakley Hall, Surface Warfare Officers School Command. DeArruda was accompanied by his wife and their two children, who all **DeARRUDA, Page 11**



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## Special events



PHC(AW) Jon Hockersmith/U.S. Navy photo

**ON A DARK AND RAINY NIGHT... Capt. David Burnes keeps Morgan Beck, held by her mother, Margaret, enthralled with a spooky Halloween story several years ago at the Ghoulish Gathering. The Halloween 'spook'tacular returns Oct. 30 to the Officers' Club.**

### 'Ghoulish Gathering' to haunt club

Children of active duty military, ages 4 to 12, are welcome at the annual Ghoulish Gathering at the Officers' Club ballroom on Thursday, Oct. 30, from 5 to 7 p.m.

This "spook"tacular all-hands special event is sponsored by the Naval Station Newport Morale, Welfare and Recreation Dept.

Children and parents alike are invited to don their cutest/scariest/wildest costumes.

There will be a magician, balloon artist, games and crafts, a Halloween hayride and much more. Bring a carved, painted or decorated pumpkin for our contest and you could win a prize. Light refreshments will be available and there will be plenty of photo opportunities, so don't forget the cameras.

Remember, costumes are a must for children and encouraged for parents, so get yours early. Adult volunteers are needed. For more information or to volunteer, call Special Events at 841-4038.

### Adm. Route to speak at Navy Ball

Rear Adm. Ronald Route, President of the Naval War College, will be guest speaker tonight for Naval Station (NAVSTA) Newport's Navy Birthday Ball at the Officers' Club.

The ball celebrates the 228th anniversary of the establishment of the Navy, officially Oct. 13. All hands are welcome and encouraged to attend.

The evening will begin with a cash bar cocktail hour with hors d'oeuvres at 6 p.m., followed by dinner.

Tickets are available at the Officers' Club, Building 95.

### Glee Club performs at War College

The Naval Academy Men's Glee Club will perform Monday, Oct. 13 at 7:30 p.m. in Spruance Auditorium at the Naval War College.

The world-renowned club will help celebrate the Navy's 228th birthday by performing patriotic music, sea chanties, classical music, and Broadway music. This evening of music and entertainment with a nautical flair will fall under the direction of Dr. John Barry Talley.

Due to security precautions that restrict access to Naval Station Newport and the Naval War College, guests attending the concert must make reservations. All guests will be permitted entry to the base and the Naval War College through Gate 1 as long as reservations are made in advance today. Call 841-4527.

# Reserve aerographers' drill puts their heads in clouds

By **JO1 JEREMY ALLEN**  
Naval Air Reserve Brunswick PAO

Naval Reserve Naval Meteorological and Oceanography Reserve Activity (NMORA) 1093 traveled together to the Naval War College and Naval Undersea Warfare Center in Newport to perform Inactive Duty Training Travel (IDTT) on Sept. 5-7.

This reserve unit drills and conducts training at Naval Air Station Brunswick, Maine. NMORA 1093 augments the Naval Atlantic Meteorology and Oceanography Center located in Norfolk, Va., and subordinate METOC Commands in Jacksonville, Fla., as well as NLMOD Brunswick.

NMORA 1093 assists the active-duty METOC office by providing tactical support to P-3C squadrons based at NAS Brunswick. This support consists of tailored climatologic packages for pre-mission planning and real-time updates to meteorology and oceanography parameters during field exercises and operations.

The oceanographers and aerographer's mates (AG) comprising the unit arranged

for great weather and the training proved to be both productive and enjoyable.

"This was the most incredible drill weekend I have had as an AG," said Aerographer's Mate Third Class Cheryl Mathieu. "It was a perfect, jam packed, mix of lecture and experiences. It strengthened our bond as a cohesive unit. Since becoming an AG, my hands on experience has been with my head in the clouds... watching the atmosphere. This weekend brought the Oceanography portion of the rate to life."

A portion of the primary training was hosted by the Naval Training Meteorological and Oceanography Detachment (NTMOD) Newport located in the newly constructed McCarty Little Hall at the Naval War College and a detachment from Meteorology and Oceanography Command Atlantic (METOC) in Norfolk.

"The Hazard Prediction and Assessment Capability (HPAC) software is a little bit tricky and they needed training, that's why they came down here," said AGC (AW) David Williams assigned to NTMOD. "If a CBR

weapon is set off, it helps weather people track the direction and intensity of the fall out. We input weather data into the software and we can determine the path the fall out will take and a good estimation of the amount of people affected."

"The training provided by the NTMOD staff was terrific," said Cmdr. Michael Incze, Commanding Officer of NMORA. "HPAC training was identified during Enduring Freedom and Noble Eagle as high priority items for mobilized AG reservists, but little formal training was available. The combination of theory and hands-on work precisely addressed the unit needs."

Other training sessions coordinated during the weekend included; sea and swell theory, observation, and forecasting. The arrival of long-period swells from Hurricane Fabian provided real-time observation opportunities, including the effects of local bathymetry (study of ocean temperatures) on surf heights for operations, amphibious landings and other shallow water missions.

**DRILL, Page 11**

## Announcements

### Preschool has drop-in care

Need a break? Moving in? Running errands?

Then bring your pre-schoolers to Coddington Cove Preschool, Building 1165 in Navy Housing for drop-in care.

The program is available for children ages 3 to 5 and includes a qualified staff, nurturing environment, lunch, snacks and lots of fun.

Care is available Monday through Friday from 7:30 a.m. to 4 p.m. Eligible patrons, active duty military and DoD civilians, must complete enrollment paperwork prior to using the drop-in care program. Please note, this program is open on a space-available basis.

Call 841-4562 to enroll or 841-2080 for more information.

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## What's going on

### Adm. Route speaker for Navy Ball

Rear Adm. Ronald Route, President of the Naval War College, will be the guest speaker at Naval Station Newport's celebration of the Navy's 228th birthday tonight.

The all hands gala ball will take place at the NAVSTA Officers' Club beginning with a no-host cash bar reception at 6 p.m.

The evening's festivities will include dinner, dancing, a ceremonial cake-cutting and toast. Navy Band Northeast's Showband will provide music and formal portraits will be available.

Tickets are still available at the Officers' Club, Building 95.

#### TODAY, Oct. 10

- Naval Academy Prep School Parents Weekend begins, reception at Capt. Kay Hall, noon.

- Armed Services YMCA (846-9622):

- Fitness Hour, 9 to 10:30 a.m.
- Reading Your Credit Report, 9 a.m.

- Lil' Chefs, 10:30 a.m.
- Education funding, 10:30 a.m.

- Soup kitchen at Martin Luther King Center, Dr. Marcus Wheatland Boulevard, military volunteers welcome, 8:30 a.m.

- Soup kitchen at Salvation Army, Memorial Boulevard, welcomes military volunteers, 5 to 5:45 p.m.

- Recreation Center Movie Night — Shown upon request beginning tonight: *Bulletproof Monk* (PG-13); *Confidence* (R).

- Haunted Newport 2003.

A month of Halloween activities throughout Newport County, including ghost and vampire tours, haunted hayrides, Halloween parties, Metaphysical Faire, horror film festival and more. Call 846-9884, or visit [www.hauntednewport.com](http://www.hauntednewport.com).

- Jack O' Lantern Spectacular, through Nov. 2, Roger Williams Park Zoo, Providence. Over 5,000 pumpkins carved by more than 30 professional pumpkin carvers aglow a three-mile wooded path at the zoo.

#### SATURDAY, Oct. 11

- 11th annual *NBC-10* Oktoberfest begins through Oct. 13, 11 a.m. to 9 p.m., Newport Yachting Center, America's Cup Avenue, Newport. Call 846-1600.

- Naval Academy Prep School soccer vs. Tabor Academy, 3 p.m., Nimitz Field, Naval Station Newport; NAPS volleyball team at Community College of Rhode Island, 7 p.m.

#### SUNDAY, Oct. 12

- Ocean State Marathon, from

Rhode Island state Capitol Building to Convention Center, 7:55 a.m. start. Call 272-3111, or visit [www.odm26.com](http://www.odm26.com).

- Chapel of Hope Sunday worship services:

- Protestant service, 8 and 10:30 a.m.

- Catholic mass, 9 a.m. and noon.

- Sunday brunch, Officers' Club, 10 a.m. to 12:30 p.m.

- Naval Academy Prep School football at Yale University, New Haven, Conn., 1 p.m.

- Sunday bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.

- Soup kitchen, 4 to 4:45 p.m., Salvation Army, Memorial Boulevard, military volunteers welcomes military.

#### MONDAY, Oct. 13

- St. Patrick's Day Parade, downtown Newport, noon.

- U.S. Navy 228th birthday

- U.S. Naval Academy Glee Club, Spruance Hall Auditorium, Naval War College, 7:30 p.m. Call 841-4527, or inquire via e-mail at [eveninglecture@nwc.navy.mil](mailto:eveninglecture@nwc.navy.mil)

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., \$10 per person.

- Soup kitchen, Martin Luther King Center, Dr. Marcus Wheatland Boulevard, military volunteers welcome, 8:30 a.m.

- Soup kitchen, St. Joseph's Church, Broadway, Newport. Military



Roger Williams Park Zoo public relations  
**THE JACK-O-LANTERN Spectacular continues all month at the Roger Williams Park Zoo in Providence, featuring 5,000 intricately carved pumpkins.**

- volunteers welcome, 11:30 a.m.

- Soup kitchen, Trinity Church, Newport. Military volunteers welcome, 5 p.m.

#### TUESDAY, Oct. 14

- Armed Services YMCA (846-9622):

- Fitness Hour, 9 to 10:30 a.m.
- Stamp-a-Rama, 9 a.m.
- Coupon Club, 10:30 a.m.
- Kids Sewing, 3:30 to 5 p.m. Also,

- Oct. 15, 4 to 5:30; Oct. 16, 2:30 to 4 p.m.; 4 to 5:30 p.m.

- Folk art painting, 7 to 9 p.m.

- Newport Navy Choristers rehearsal, 6:15-8:45 p.m., Quinn Lecture Room at Naval War College. Call 847-4256 or 423-3523 for more information.

- Coping with Adolescence — A Survival Group for Parents, Fleet and Family Support Center, 2 to 3:30 p.m. Call 841-2283 to register or for more information.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.

- Pre-school Story Hour, 10:30 to 11:30 a.m., Norman Bird Sanctuary. Call 846-2577. Through Aug. 19

- Soup kitchen, Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport, 8:30 a.m. Military volunteers welcome.

- Soup kitchen, Emmanuel Episcopal Church, Dearborn Street, Newport, 5 p.m. Military volunteers welcome.

- Officers' Club movie night at 6 p.m., *Charlie's Angels: Full Throttle*(PG-13); 8 p.m., *The Matrix: Reloaded* (R).

#### WEDNESDAY, Oct. 15

- Armed Services YMCA (846-9622):

- Parents' Time Out, 9 a.m. to noon.

- Adult Beginner Sewing, 9 a.m. to noon.

- Controlling holiday spending, 4 to 5 p.m., Fleet and Family Support Center. Increase your holiday joy, while lowering holiday expense and debt. Call 841-2283.

- American Red Cross Community First Aid and Safety Course, 6 to 10:30 p.m. Call 846-8100 for more information.

- Preschoolers (ages 3 to 5) with Parents (Session A), 1 to 2 p.m., Norman Bird Sanctuary. One-hour hands-on programs to engage preschoolers to the wonders of nature. Also, Oct. 15. Call 846-2577 for more information.

- Senior Living Expo, 10 a.m. to 3 p.m., Warwick Mall 400 Bald Hill Road, Warwick, with focus on the lifestyle and health of adults over age 50. More than 60 interactive exhibits, informative seminars and entertainment.

#### THURSDAY, Oct. 16

- Armed Services YMCA (846-9622):

- Parent and Toddler Playgroup, 10:45 to noon
- Fitness Hour, 9 to 10:30 a.m.

- Kids Sewing, 2:30 to 4 p.m.; and 4 to 5:30 p.m.

- Soup kitchen, Martin Luther King Center, Dr. Marcus Wheatland Blvd, 8:30 a.m. Military volunteers welcome.

#### Upcoming:

- Oct. 17 — SNA 5k By The Bay race, 5 p.m., from Arleigh Burke Hall, Surface Warfare Officers School Command. Proceeds to benefit Navy-Marine Corps Relief Society. Entry forms available at [www.sna5k.com](http://www.sna5k.com), or call 841-4664.

- Oct. 17 — Fall into the Rhythm concert, Navy Band Northeast's rock band Rhode Island Sound, on median between NEX Package Store and Uniform Shop, 5 p.m. Bonfire, food and beverages.

- Oct. 18 - Arleigh Burke destroyer Chafee commissioned into service. 11 a.m., Pier Two, Naval Station Newport.



## Haunted Fort Adams puts fright into night

The thrills and chills of October have descended upon Newport once again and transform Fort Adams into a haunted house. The Fort Adams Trust is pleased to announce the return of the Halloween event "FrightNights at the Haunted Fort," co-sponsored with FrightNight Productions.

This return engagement will feature a thrilling and scary experience with haunted characters leading thrill seekers through the "cemetery ditch" as well as decorated sections of Fort Adams.

Characters will be brought to life out of the tunnels and vaulted chambers of the Fort. Participants can learn about

the legendary ghosts of Fort Adams and see the inhabitants of long ago reappear as fiendish characters created by FrightNight Productions.

The Haunted Fort will be open from 7 to 9:30 p.m. on Oct. 17, 18, 24, 25, 30 31, and Nov. 1.

Admission to this spooky event is \$8 for adults and \$4 for children 8 to 12. This haunted adventure is not recommended for children under age 8. For more information, call Fort Adams Trust at 841-0707 or visit these websites: [www.fortadams.org](http://www.fortadams.org) or [www.frightnight-productions.com](http://www.frightnight-productions.com).

## Schools seek reading tutors

The Newport School Department is seeking literacy volunteers for the BOLD (Books Open Life's Doors) Program that helps children in kindergarten through Grade 5 who are struggling with basic reading.

Volunteers are needed one hour per week at Newport's six elementary schools. BOLD, an after school program, is a year long commitment to work with the children under the guidance of their classroom teacher.

Literacy volunteer training is scheduled from 3:30 to 5 p.m. on Wednesday, Oct. 15 or 29 at the Triplett School, 437 Broadway.

The point of contact is Kath-

leen Shinnors, community literacy coordinator, at 847-2100, ext. 267, or Bob Krekorian, NAVSTA Newport Public Affairs Office, at 841-3538.



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**Social Hour**  
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## Fleet and Family Support Center

# What's up with these teens?

Do you ever wonder, "What has happened to my child? He/she is angry, sultry, withdrawn, excitable, contrary and unreasonable.

"Sometimes I cannot understand the decisions he/she makes. Who would dress like that and say it was 'cool'?"

"Why won't they listen any more? Who are these other children they hang out with? Why won't they go to family activities anymore?"

"What are they doing when they stay out so late? What is adolescence and who asked for it anyway?"

Learn the answers to these questions and how to handle others, in **Coping with Adolescence**. Express your concerns and learn some ways to tackle them. This group will be led by a licensed social worker, and will meet for three consecutive weeks, beginning on Tuesday, Oct. 14, from 2 to 3:30 p.m., at the Fleet and Family Support Center.

**Control holiday spending** — Come to the Fleet and Family Support Center on Wednesday, Oct. 15, from 4 to 5 p.m., to hear suggestions on increasing holiday joy by lowering holiday expenses. Participants will be given some ideas on how they can get through the holidays without getting into debt.

**Establish good credit** — Good credit is an important part of financial planning. Establishing credit, correcting credit problems, and rebuilding good credit are important skills.

Credit reports are used not only by banks, loan companies, and credit card companies, but also by rental property agencies, potential employers, and can be part of a job security clearance process. A representative from the Navy Federal Credit Union will be conducting this program at the Fleet and Family Support Center on Oct. 21, from 11:30 a.m. to 1 p.m. Hear how to order your credit report to use with the follow-on class, "Reading Your Credit Report," scheduled for Nov. 13. Registration is required. Call 841-2283.



**Rebuilding when your relationship ends** — This workshop will be held in three parts and will take place at the FFSC on Wednesdays beginning Oct. 29 from 1 to 2:30 p.m.

The program is based on materials by Dr. Bruce Fisher and is designed to help you adjust to the ending of a love relationship or marriage. Topics of discussion will be coping with anger; adapting to independent life; dealing with loss; letting go and building self-esteem again; and entering new relationships. The workshop combines concrete information and group discussion.

**Homebuyers' Workshop** — Purchasing a home is a complex task. There are many questions that need to be answered before you take that big step. Come to the Fleet and Family Support Center on Thursday, Oct. 30, from 7 to 9 p.m., and learn about your options and decipher real estate lingo. You will meet with a representative from the Navy Federal Credit Union to hear first-hand about qualifications for mortgages and other financial options.

Home-buying information for all areas of the United States is available at this workshop. Registration is required and may be made by calling 841-2283.

## Commissary restricts coupons

By **RICK BRINK**  
Defense Commissary Agency

FORT LEE, Va. — Commissaries are no longer accepting "home-printed" coupons as the grocery industry comes to terms with the fraudulent use of Internet coupons.

"We still gladly accept manufacturers coupons — the kind you clip out of newspapers or magazines or that you receive in the mail.

"What we're not accepting are coupons that have been downloaded from the Internet and printed with a home computer because it's too difficult for our cashiers to tell if they are valid," said Bob Vitikacs, the Defense Commissary Agency's director of operations and product support.

Most coupons are legitimate, but home computers and Internet access have made it easy to alter legitimate coupons for fraudulent use, Vitikacs said.

To protect against loss, DeCA officials decided to immediately suspend acceptance of home-printed, photocopied or facsimile-generated coupons — color and black-and-white.

## TRICARE corner

# 3 ways to screen for breast cancer

Among women in the United States, breast cancer is the second leading cause of death from cancer and only skin cancer occurs more frequently. These sobering statistics make it imperative for women to understand the disease and learn how to catch breast cancer early.

Age and health history can affect the risk of developing breast cancer. Other risk factors include early menstruation and having a mother, sister or daughter with breast cancer.

Protect yourself by using at least one of the three common ways to screen for breast cancer: self-exam, clinical exam and mammogram. Self-exams involve checking your own breasts for lumps or other abnormalities, and should be

performed monthly. A clinical breast exam is performed by a doctor or other health professional and may be done during a routine physical exam.

A mammogram is an x-ray of the breast, which can help find tumors that are too small to feel.

Consult your Primary Care Manager to determine which method of screening is best for you.

If you have questions, call 1-800-308-3518 anytime, day or night, to speak to a nurse or to access the Health Information Library (Pin #208).

(Sierra Military Health Services, Inc., the TRICARE administrator for TRICARE Northeast, presents this information courtesy of the National Cancer Institute.)

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[www.savethemanatee.org](http://www.savethemanatee.org)  
SNIC receives 100% of each charitable contribution. SC-03550. Photo © Kim Walker Stanberry

# NAPS shows pride to parents



Midshipman Candidate Jose Anderson Ayala of Gouldsboro, Pa., attaches his medal to his uniform in his Nimitz Hall quarters.

**ON THE MOVE** — Midshipman and cadet candidates at the Naval Academy Prep School march off to class at Perry Hall, Naval Station Newport, as the sun rises over Nimitz Field. Parents Weekend begins today.



Ron Fontaine  
U.S. Navy photos

By **LT.J.G. BEN GRIFFITH**  
NAPS Public Affairs Officer

**T**welve weeks ago, 253 high school graduates and 82 prior enlisted from the fleet were inducted as officer candidates into the 87th class in the history of the Naval Academy Preparatory School (NAPS).

Following the Oath of Office ceremony on July 17 at 4 p.m., all 335 candidates hit the ground running. So far, the candidates have endured a strenuous three-week indoctrination program, followed by an intense academic curriculum that includes calculus, chemistry, physics and English.

Their days have been filled with five classes, athletics, military drill, character development

training, inspections, physical readiness tests, and athletic competitions in football, soccer and volleyball.

In addition to the pressures of academic and military life, many students have faced the emotional challenge of separation from family and loved ones.

For approximately 75 percent of these students, this was their first extended time away from home.

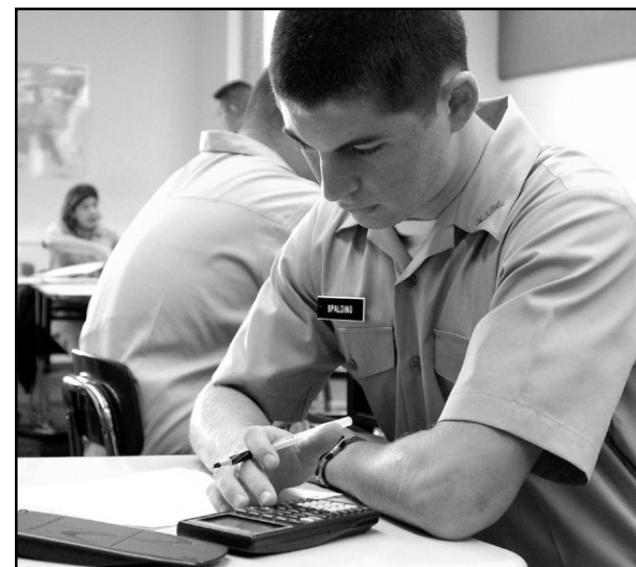
Parents Weekend this weekend is a momentous occasion at NAPS because it represents the first opportunity for most students to reunite with loved ones following their matriculation last summer.

The celebration will begin with a half-day academic schedule and was followed by an

address to the parents in Kay Hall by Capt. Bruce Bole, Commanding Officer.

Following the opening remarks, parents and students will be given the opportunity to meet the military staff, civilian professors, and military instructors. The parents also may tour Nimitz Hall quarters and Perry Hall classrooms. Dinner and relaxation in scenic Newport will complete the day and make the first day of the weekend truly memorable.

Parents and their officer candidate can take in some of the events downtown, including the *NBC-Newswatch 10* International Oktoberfest at the Newport Yachting Center all weekend, and the Italian Festival in the **NAPS, Page 9**



Midshipman Candidate Robert Spalding of Springfield, Va., works with a calculator in his Perry Hall math class.

# Weekend events

The Naval Academy Prep School schedule of events for Parents Weekend follows:

**Today, Oct. 10**

- 11:50 a.m. — Classes end.
- 11:50 a.m. to 12:30 p.m. — Lunch for officer candidates
- 12:30 to 1:30 p.m. — Information session about each service academy for parents and students:
  - Merchant Marine Academy Captain's Call, Student Lounge.
  - Coast Guard Academy Captain's Call, Learning Center
  - Naval Academy Captain's Call, Capt. Kay Hall.
- 2 p.m. — Battalion formation in chute.
- 2:30 p.m. — Pass in review/marching ceremony, Nimitz Field
- 3 p.m. — Conclusion of ceremony. NAPS staff will be available to meet parents and guests until 4 p.m. in Kay Hall. Sponsor families will be available to meet with parents and candidates in Kay Hall; open house on second deck of Nimitz Hall until 3:30 p.m.
- 4 p.m. — Liberty call for officer candidates.

**Saturday, Oct. 11**

- 10 a.m. — NAPS cross country team at Roger Williams University, Bristol.
- 2 p.m. — Liberty expires for officer candidates, formation in chute.
- 3 p.m. — NAPS soccer team vs. Tabor Academy (mandatory), Nimitz Field.
- TBD — Liberty call for students directly after the singing of *The Navy Blue & Gold*, at the conclusion of soccer game.
- 7 p.m. NAPS volleyball team at Community College of Rhode Island, Lincoln.

**Sunday, Oct. 12**

- Chapel of Hope services today:
- 8 a.m. Protestant service
- 9 a.m. Catholic mass



**MIRROR, MIRROR ON THE WALL — Midshipman Candidate Greg Thrasher or Carrollton, Texas, uses a mirror to get squared away before leaving Nimitz Hall.**

- 10:30 a.m., Protestant service
- Noon, Catholic mass
- 10 a.m. to 12:30 p.m.— Sunday brunch at Officers' Club (informal, non-hosted)
- 10:30 a.m.—Parents bus departs for NAPS/Yale University junior varsity football game at New Haven, Conn.
- 1 p.m. — NAPS football at Yale.

# NAPS

Continued from Page 8

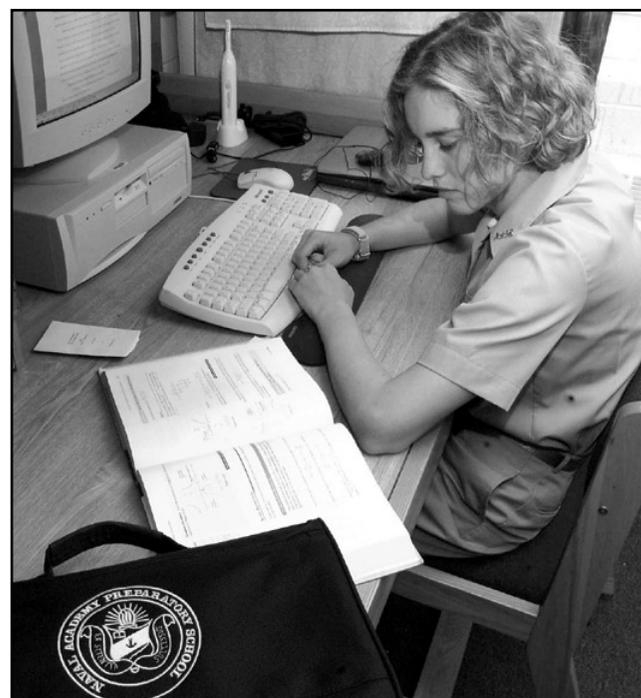
Park at Touro Park. A Columbus Day parade will follow on Monday for parents here for the three-day weekend

Though this is was a long-awaited break for most, the athletic teams will continue to show the blue and gold pride all weekend. The Rams will host Tabor Academy tomorrow in a home soccer match on the new synthetic Nimitz Field.

The volleyball team travels to Community College of Rhode Island in Lincoln, and the cross-country squad heads to Roger Williams University in Bristol.

On Sunday, parents and students will follow the football team to New Haven, Conn., to face the Yale University junior varsity.

After savoring the relaxing weekend, the candidates are anxious to get back to their strict regimen that will carry them to their respective academies next year.



**Midshipman Candidate Danika Denzer of Woodland, Texas, works on her computer in her room in Nimitz Hall.**

## Roving reporter

### Our question:

**How do you feel you have changed since enrolling at the Naval Academy Prep School? What do you want your parents to notice?**

"I feel that I pay more attention to personal appearance and take greater pride in academic performance since attending this school. I want my parents to notice the caliber of people I now associate with on a daily basis."

— M/C Will Spears  
Company 2, Platoon 2  
Pineville, La.



"I think that I have learned a lot more responsibility and how to manage my time wisely, and also what the military life is like."

— M/C Victor Fernandez  
Company 2, Platoon 2  
Odessa, Fla.

"I believe I have become more disciplined, and I have matured both mentally and morally. I want my parents to see that I am not a high school kid anymore, and have been transformed into a midshipman candidate."

— M/C Taren Burkett  
Company 3, Platoon 2  
Virginia Beach, Va.



"NAPS is a program that sets you up for success at your respected service academy. I know that I will be fully prepared to enter the Naval Academy next year after undergoing the academic preparation at NAPS."

— M/C Crystal Piraino  
Company 3, Platoon 2  
Fresno, Calif.

"I feel it's changed my life in many different aspects. I now pay more attention to detail, have better time management skills, and am becoming independent."

— C/C Patrick Frain  
Company 3, Platoon 2  
Yardley, Pa.



## Naval Station Newport Dining

### Watch football at the clubs

Looking for the best place to watch the game on Sunday? Head over to the Topside Pub, at the Officers' Club or the Enlisted Lounge at the Recreation Center and you can see great games every Sunday!

The Morale, Welfare and Recreation Department clubs have your NFL Sunday Ticket to see all the teams, all the plays, and all the action! The doors open at both locations at noon, so head over and grab your seat early!

The pub menu is available from noon to 7 p.m. at both facilities. As always, free peanuts and popcorn are available at the Topside Pub, and patrons can enjoy free hot dogs at half time at the Enlisted Club.

For more information, call the Officers' Club at 841-4821 or the Enlisted Club at 841-2575.

### Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

**Today:** Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections.

**Tonight:** Kick off the weekend with complimentary hors d'oeuvres in the Topside Pub from 5 to 7 p.m. Order your favorite beverage or something from the pub menu, available until an hour before closing.

**Saturday:** Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

#### Upcoming Events:

Advance tickets may be required for the following events. Gratuity is included in all tickets prices and there is no charge for children age 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

To purchase tickets or for more information, call 846-5111 or 841-4821.

**The British invasion is coming:** If you long for "Yesterday" and the songs of The Beatles, you won't want to miss the extraordinary event taking place at the Officers' Club on Friday, Nov. 14! Join "John," "Paul," "George" and "Ringo" as Abbey Road, New England's No. 1 Beatles tribute band takes the stage at the Officers' Club for a night of reminiscing rock and roll!

The evening begins with a delicious Italian buffet complete with hors d'oeuvres, antipasto, minestrone soup and over a half dozen Italian entrees, including six-cheese lasagna, chicken saltimbocca, and baked sole Florentine!

Save room for dessert. There is Tiramisu, spumoni, Italian ice and more! Don't worry, you can splurge. You'll spend the rest of the night dancing to all your favorite "Fab Four" tunes! The cocktail bar opens at 6 p.m.; dinner begins at 6:45 p.m. and Abbey Road performs from 7 to 10:30 p.m.

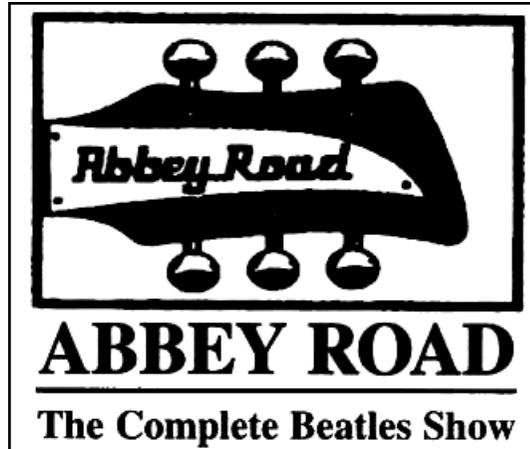
Tickets are on sale at the Officers' Club Gift Shop for \$23.95 for adults and \$11.45 for children (4 to 12).

### Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

**New hours of operation:**

The Enlisted Club is open 11 a.m. to 11 p.m.,



**ABBEY ROAD, New England's No. 1 Beatles tribute band, takes the stage at the Officers' Club on Nov. 14. Join 'John,' 'Paul,' 'George' and 'Ringo' lookalikes for a night of reminiscing rock from the 1960s on.**

Monday to Saturday and from noon to 6 p.m. on Sunday. The CPO Lounge is open Monday through Thursday, 4 to 9 p.m. and Friday, 4 to 11 p.m., and by request\* on the weekend.

\* *The CPO Lounge will be open on the weekend, by request only for a minimum of 20 people or with a sales guarantee of at least \$200. The Lounge may also be reserved for catered events. Requests to open must be submitted by Monday for the following weekend.*

**Today:** Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

**Tonight:** Kick off the weekend with a rockin' good time! Head over to the Recreation Center, Building 656, every Friday and kick off the weekend with a fabulous TGIF party!

Starting at 5 p.m., you are invited to enjoy complimentary hors d'oeuvres, sip refreshing beverages, and listen to the coolest tunes, spun by a rocking DJ from "Get With it Productions."

This is the perfect way to unwind after a long week, so mark your calendar, tell your friends and get ready to kick off the weekend at the Recreation Center. For more information, call 841-3054.

**Saturday:** 11 a.m. to 11 p.m., Pub menu available from 1 to 9 p.m.

**Sunday:** Noon to 8 p.m., Pub menu available until one hour before closing.

**Monday-Friday:** Lunch, begins at 11 a.m., daily specials and pub menu, including burgers, salads, sandwiches and more. Lunch and dinner is open to all hands and Department of Defense civilians are always welcome.

Call for advance order takeout. No home delivery.

**Monday** is "Pile your Plate" with Pasta night, 5 to 8 p.m. Enjoy pasta, marinara sauce, meatballs, sausage, salad and more! Just \$4 per person.

**Tuesday** is "Taco Night," 5 to 8 p.m. Create your perfect taco using all your favorite ingredients for just \$1 each!

## Information, Tickets and Travel

### Let's visit NYC for Macy's Parade

Don't miss your chance to see this famous Thanksgiving Day Parade, highlighted by magnificent floats, giant balloons, fabulous marching bands, celebrities and of course, Santa Claus!

The Information, Tickets and Travel Office will travel to New York on Thursday, Nov. 27 for this must-see event and they want you to come along! Cost is just \$43 per person. The bus departs at 5 a.m. and returns at 5 p.m., so you will still be able to enjoy Thanksgiving dinner when you return. This trip will sell out, so sign up today!

Register at the Information, Tickets & Travel Office, Building 656 or call 841-3116 for more information.

### Take a chance on Six Flags

Are you ready to see haunted attractions, have spooky experiences, and go on some bone-chilling rides? Six Flags New England, in Agawam, Mass., has been transformed into a haunted theme park until the end of their season on Sunday, Nov. 2!

The Morale, Welfare and Recreation's Information, Tickets and Travel Office, Building 656, will be having a drawing on Wednesday, Oct. 15, for a chance to win two free tickets. There is no purchase necessary to win, so stop by ITT today and fill out an entry form!

For more information, call 841-3116.

### P-Bruins vouchers available

The Information, Tickets and Travel Office, Building 656, has discount ticket vouchers for all regular season Providence Bruins home games. The vouchers cost just \$13 each and are easy to redeem—simply take them to the Dunkin' Donuts Center Box Office or redeem by mail for the best available seating.

These vouchers would make a terrific gift for the sports fan in your family, but at just \$13 each there doesn't need to be a special occasion! Stop into the ITT Office and pick up your vouchers and a game schedule today! For more information, call 841-3116.

### See famed tenor Bocelli perform

Don't miss your chance to see Italian tenor, Andrea Bocelli in his only area performance on Sunday, Nov. 23, at the Dunkin' Donuts Center in Providence.

The MWR Information, Tickets and Travel Office, located in the Recreation Center, Building 656, has your tickets to see this international singing sensation in a spectacular pre-holiday concert event. Tickets are \$78 each for the 8 p.m. show, which also features the World Festival Symphony.

For more information or to purchase tickets, visit the ITT Office or call 841-3116.

### Plan now for Christmas at New York Radio City

Get a jump on the holiday season with tickets to the Radio City Christmas Spectacular bus trip on Friday, Dec. 12. This is a wonderful gift for your entire family that will be remembered for years to come.

Trip price is \$105 per person and includes round-rip motorcoach transportation and a ticket for the 3:30 p.m. matinee performance of the Christmas Spectacular at Radio City Music Hall. For more information call 841-3116.

## Swimming

(Pool 307, 841-6628)

### •Recreational Swimming:

— Active duty only Lap Swim: Monday through Friday, 11 a.m., to 12:15 p.m.

—Lap Swim for all authorized patrons (fees apply), Monday to Friday, 12:15 to 1 p.m.; Monday through Thursday, 3 to 6 p.m.; Friday, 3 to 4:30 p.m.; Saturday, 9 a.m. to 1 p.m. and Sunday, noon to 3 p.m.

## Leisure

— Open Swim for authorized patrons (fees apply), Monday and Wednesday, 3 to 6 p.m.; Friday, 3 to 4:30 p.m.; Saturday, 9 a.m. to 1 p.m., and Sunday, noon to 3 p.m.

— Family Fun Swims, Friday, 4:30 to 6 p.m. and Sunday, 3 to 5 p.m.; \$5 per family. Have a splashing good time with your air mats, wacky noodles and lifeguard-approved toys.

### • Pool 307 swimming lessons:

Swimming lessons are now offered for swimmers of all experience levels. Lessons, which cover elementary swimming skills and basic water safety, are available to children as young as age 3.

Session Two runs from Oct. 13 to Nov. 6.

Session Three runs from Nov. 17 to Dec. 18, (Registration begins Nov. 3.)

Lessons cost \$50 for 8 classes that meet twice a week.

PRE-SCHOOL, age 3 to 5: Child learns basic water safety, how to use a kickboard, and the supported back float. Child will also be introduced to getting head wet and going into the deep end with instructor's help to get more comfortable in the water.

Participants will wear floatation devices (bubbles) only when necessary. (Monday and Wednesday 3:30 p.m. to 4 p.m., 4:30 to 5 p.m., 5 to 5:30 p.m. or Tuesday and Thursday 4 to 4:30 p.m.)

LEVEL 1, age 6 and up: Participants have had limited or no prior swimming instruction. Learn to glide with face in water while kicking, also how to use arms for backstroke. Child will also learn how to dive down to retrieve an object from the bottom of the pool. Must be able to swim front crawl for 10 yards. (Monday and Wednesday 4 to 4:30 p.m. or Tuesday and Thursday

3:30 to 4 p.m.)

LEVEL 2, age 6 and up: Must be able to swim front and back crawl for 25 yards. Will refine strokes, learn elementary backstroke and breathing while turning head using kickboard. (Tuesday and Thursday 4:30 to 5 p.m.)

LEVEL 3, age 6 and up: Participants must be able to swim front and back crawl for 70 yards. Will learn to swim longer distances, breaststroke and flutter kick. (Tuesday and Thursday 3:30 to 4 p.m.)

Register at the Athletic Office in Gym 109, Monday through Friday 8 a.m. to 4:30 p.m. or call 841-7196 for more information. Private swim lessons may also be scheduled with the aquatics director, for more information call 841-7196.

• Water aerobics, Tuesday from 5 to 6 p.m. Cost is \$3 per class or \$25 for 11 classes.

## Youth/special fitness activities

(Gym 109, 841-3154)

• Youth fitness program: Eligible youth wishing to utilize Morale, Welfare and Recreation Department fitness facilities (Gym 109 and FITNESS Plus) are required to take a mandatory resistance and aerobics training class prior to entering the facilities during the designated times.

This class is required for youth ages 10 to 15, and is also available for 16 and 17-year-olds that may also choose to participate in the fitness assessment program instead.

The Youth Fitness Class is available on an individual basis by pre-registering at Gym 109 or FITNESS Plus in Building 355. Parents are required to be in the building where the course is being held during all class sessions.

Complete details on this program and youth fitness policies are available at Gym 109. Call 841-7196 for information or to pre-register.

## Gymnasium

(Gym 109, 841-3154 or FITNESS Plus, Building 355, 841-1474)

**Halloween fun run:** Dress up in your favorite Halloween costume for this frightfully, fun fitness event! Come and join your base mates at the "Halloween Fun Run and Walk" on Friday, Oct. 31.

The three-mile run and one and a half mile walk will take you around Coasters' Harbor

Island, beginning and ending at Gym 109. The race will start at 11:45 a.m. This event is open to all active duty, retirees, reserve personnel, DoD civilians and all family members.

Participants under age 18 must have written parental consent (on form available at Gym 109). The command with

the most participation and costume creativity will receive a treasure chest of treats. Register at Gym 109 Monday through Friday, 8 a.m. to 4:30 p.m., or at the event. For more information, call 841-7196.

• Fitness Walk 'n Tone, designed for patrons age 50 and up. Stretching and muscle

toning exercises as well as 20-plus minutes of fitness walking around the gymnasium. Classes are held Monday and Thursday, 8 to 9 a.m., in Gym 109. Call for space availability. Fee is \$5 for six weeks.

• Fitness equipment such as Hammer Strength, lifecycles, treadmills, and free weights.

## DeArruda

Continued from Page 4

received Certificates of Appreciation for the support and dedication they provided to their husband and father.

During Chief DeArruda's final assignment he instructed all levels of surface warfare officers in the areas of basic and advanced steam cycles, electrical engineering systems, and steam specialties.

His presence demanded respect and his nickname, "Chief D," confirmed it.

His awards include the Navy Marine Corps Commendation Medal, the Navy and Marine Corps Achievement Medal (seventh award), his sixth Good Conduct Award, various service and unit awards, and several certificates from government officials including the past and present commanders-in-chief.

Cmdr. Arthur Whittaker, who previously

served with Chief DeArruda, was guest speaker. He reflected on DeArruda's career as a boiler technician and what a great boiler inspector he will continue to be in his civilian endeavors.

Capt. Richard Callas, Department Head director, gave the invocation and benediction. The Commanding Officer of SWOSCOLCOM, Capt. Mark H. Buzby, presented DeArruda with his myriad of awards and certificates.

A reception was held in Bobbie Burke Lounge catered by DeArruda's friend and shipmate Senior Chief Boatswain's Mate (SW) Rodney Baker. Senior Chief Electrician's Mate (SW) Patrick Campbell performed flawlessly at the Master of Ceremonies.

Upon completion of the "Pass the Flag" ceremony, Chief DeArruda passed on the flag to his son, Eddie.

## Drill

Continued from Page 5

A training period reviewing hurricane formation, history, and METOC personnel responsibilities for hurricane tracking, reporting, and command support was also scheduled. Unit members assembled briefs on specific aspects of these subjects, through interaction with NTMOD Newport personnel and command standard operating procedures, and the briefs were then presented to the unit for review. This proved to be a good opportunity for junior personnel to strengthen their briefing skills, and the timely passage of Hurricane Fabian during the drill weekend provided a practical element to the briefing preparation and presentations.

"The technical training during the IDTT provided a broader view of the AG rate responsibilities than is available through drills at NAS Brunswick," added Incze. "Exposure to the big picture serves as a real motivation for unit personnel and provides relevance to rate training that is not represented in daily tasks at a Naval Air Station."

Technical presentations during the drill periods were rounded out with a visit to the

neighboring Naval Undersea Warfare Center, Combat Systems Department. The NMORA 1093 personnel were treated to a demonstration of the latest versions of the Navy Integrated Tactical Environmental System (NITES) II software application and the SPPEDES/ICAPS Integrated Product. These two products developed by the Advanced Systems Technology Office for the Oceanographer of the Navy support METOC information integration into tactical decision aids for shore and sea commands. The products are an integral part of the daily responsibilities of Oceanographers and AG's in the Fleet.

Along with an intensive tightly packed training schedule, these Sailors found time to fit three additional events into their schedule. The first of these events was a group tour of Navy ships on display at Battleship Cove in Fall River, Mass., with a walk-through of US and foreign surface, submarine, and air platforms from the WWII and Cold War era.

A second event was small-boat training at the Naval Station Newport Marina. Following classroom instruction on the rules of the road, buoyage

and general seamanship, a two-hour water tour of Newport provided the end of a great day of training.

Finally, some time was carved between sessions to visit the nearby Naval War College museum and enjoy wonderful exhibits depicting the history of the Navy in the Newport area. Some very complete collections representing more technical subjects were also available, such as the evolution and present components of the modern torpedo.

"Naval War College personnel and facilities proved to be top rate for this IDTT," said Incze. "The value of this IDTT was in part a result of our hosts, and in part because of the enthusiasm and dedication of the NMORA 1093 personnel. I look forward to seeing this group of sailors participate in future IDTT's that challenge them similarly and provide a unique opportunity for professional growth."

"We enjoyed working with them," added Williams. "I hope we get to train great units like this one in the future."

For more information on the Reserves or NMORA 1093 visit [www.reserves.navy.mil](http://www.reserves.navy.mil)

**Sports**



PHC Bob Inverso/U.S. Navy photo

**RAMMING HOME SUPPORT** — Naval Academy Prep School midshipman and cadet cadets sport blue and gold paint as they cheer for their Rams football team earlier this season. NAPS travels to Yale University for a Parents Weekend game Sunday.

# Naval Academy stops NAPS

## Annapolis Middies win battle of wishbone offense

**By ENSIGN SCOTT MEIS**  
Navalog contributor

ANNAPOLIS, Md. — Rip Miller Field was transformed into an in-house battlefield this past Sunday when the Naval Academy Prep School (NAPS) football team traveled south to face the Naval Academy junior varsity.

Operating on the same wishbone offense as their opponent, the Midshipmen were able to edge out the visiting Rams, 20-17, after a tough defensive struggle.

The Rams were able to accumulate only 119 yards of total offense on the day out of a total 282 yards of combined offense between both teams.

Emotions ran high between the teams throughout the game as NAPS players received a unique opportunity to play against their future teammates. Though discouraged by the loss, NAPS coach Clayton

Kendrick-Holmes was pleased with his team's effort against older, stronger players.

"This was definitely a tough defensive game. Overall, it was a productive weekend in terms of our players getting the opportunity to see what will be expected of them next year," he said.

During the weekend, NAPS players had the opportunity to tour the USNA campus as well as witness a classic military academy showdown as Annapolis upset nationally

ranked Air Force, 28-25, on Saturday.

The loss on Sunday brings the Navy Rams to 2-3 on the season with a tough schedule still remaining.

The team will return to Annapolis on Oct. 31 to seek revenge against the JVs in what is sure to be an exciting rematch.

The Rams are on the road again this Parents Weekend, facing Yale University in New Haven, Conn. on Sunday at 1 p.m.

## Intramural football

The Naval Station Newport Intramural Flag Football League results as of Oct. 3 follow:

Admirals def. PSD Nights Hawks, 23-22  
DH 175 def. Old Goats, 14-6  
REDCOM One def. Mando Commandos, 18-12  
Law Dawgs def. PSD Night

Hawks, 12-6

### Standings

DH 175.....	3-0
REDCOM One.....	3-0
Law Dawgs.....	2-1
Spanky & the Platters.....	1-0
PSD Night Hawks.....	1-2
Admirals.....	1-2
Old Goats.....	0-2
Devils.....	0-2
Mando Commandos.....	0-2

# Marines, police unite for softball to benefit troops

**By ENSIGN SCOTT MEIS**  
Navalog contributor

A small gathering of 50 braved the wind and rain last Saturday to watch a group of Naval Station Newport Marines compete against the Newport Police Department at Toppa Field in a charity softball game dubbed "Jocks Filling Socks."

The two teams opted to mix players to help build camaraderie and create a more competitive game. Along with the Marine Corps Detachment color guard parading the colors, the Marines were complimented and shown a great deal of appreciation for competing in their uniforms.

Newport Police officer and event coordinator, Kevin Parsonage, was extremely happy with the outcome of the event.

"Hopefully in the future we can continue to put teams together and compete for a trophy," he said. "This is a great

tradition to start for ongoing relations between our two organizations."

Despite the foul weather and muddy playing field, the event turned out to be a great success. Over 15 prizes were raffled off throughout the game with the top prizes consisting of three-night stays at the Newport Onshore with dinner for two at the Newport Marriott.

Other prizes included wine baskets, free golf passes, memberships to the Newport County YMCA, along with numerous other gift certificates to local merchants.

In addition, voluntary donations were collected at the admissions gate. Overall, the event raised close to \$1,200. All proceeds from the game will support troops who are currently serving in Iraq.

Specifically, the funds raised will be used to send over morale/support packages for U.S. troops.

## Entries still accepted for SNA 5k By The Bay

The Newport Chapter of the Surface Navy Association will hold the 70th running of the 5K By the Bay Road Race on Oct. 17 at 5 p.m. at Naval Station Newport.

The SNA is a non-profit organization, incorporated in 1985 to promote greater communication and coordination among those in the military, business and academic communities who share a common interest in Naval Surface Warfare.

Proceeds from the race will benefit the Navy and Marine Corps Relief Society, and the public is invited to enter.

The 5K course, which starts outside Arleigh Burke

Hall, follows a scenic route around the naval complex.

The entry fee after today is \$18.

Trophies will be awarded to the top two finishers in each category, male and female: 17 and under, 18 to 29, 30 to 39, 40 to 49, over-50, Clydesdale for males and Philly for females.

Teams consisting of five or more will also compete for awards. Ample refreshments will be available to all participants following the race.

Final race results will be posted on [www.coolrunning.com](http://www.coolrunning.com).

Entry forms are available on-line at locations throughout the Newport Naval Station.

# Class 108

Continued from Page 4

Cote of Tecumseh, Mich., said, "I thought that the true challenge is working with Sailors at SEA. While at the Senior Enlisted Academy, I found out that the real challenge is taking care of you."

Established in 1981, the SEA is the capstone in the Navy's Enlisted Leadership Continuum pipeline for senior enlisted leaders. Upon successful completion of the 360 hours of instruction, students will gain 18 semester hours applied towards a college degree.

Members of Class 108 graduating class are:

HMCS(DSW/FMF) Scott R. Allison  
 BMCS(SW/MDV) Pascal C. Balesi  
 CMDMCM(SW) Victor E. Bernard  
 HTCS(SW/AW) Martha A. Blair  
 NCCS(SW/AW) Warren Blue  
 YNCS(AW) Quenton Brown,  
 USNR(TAR)  
 CMDMCM(SW/AW) William W. Burton  
 Jr.

MSCM(SW) Carlouis M. Chester  
 HMCS(SW/AW) Edward J. Chmiel  
 CMDMCM(SW/AW) Jeffrey R. Clark Sr.  
 MMCM(SEAL/SW) Henry G. Cole V  
 CMDMCM(SW) Sonia J. Compton,  
 USNR (TAR)  
 CMDMCM(SW) Robert T. Cote  
 BMCM(SW/AW) Terry Craddock  
 GMCS(SW) Wayne E. Cryst  
 AMCS(AW/NAC) Paul L. Deliso  
 FCCS(SW/AW) Joseph R. Desrosiers  
 ITCS(SW) Maria L. Donlevy  
 ADCS(AW/NAC) Robert D. Donnellon  
 USNR (TAR)  
 HTCM(SEAL) Jeffrey D. Ehrmentraut  
 SKCS(SW) Bryon E. Eichelberger  
 ADCS(AW) David H. Ellingson  
 CMDMCM(SW) Edward E. Elliott  
 SKCS(AW/SW) Sherron L. Gardner  
 SKCS(AW/SW) Cedric Glover  
 NCCS(SW) William T. Goggins  
 OSCS(SW) Robert W. Goodwin  
 CMDMCM(SW/AW) Sean E. Graham  
 AFCM(AW) Dean H. Harris  
 AWCS(AW/SW) John L. Hatfield  
 ATCS(AW/NAC) Keith A. Hauter  
 FCCS(SW/AW) Ronald J. Huber  
 NCCS(SS) Chad W. Hulsizer  
 CMDMCM(SW/AW) Gary A. Joplin Jr.  
 SMSgt Steven R. Keck, USAF

CTRC(SW) Meondra Y. Kendley  
 SMSgt Michael R. Lambrecht, USAF  
 GMCS(SW) Donald W. Langlois Jr.  
 YNCM Alvia M. Lee, USCG  
 FCCS(SW/AW) Michael J. Mahoney  
 AECS(AW/NAC) Kolin P. McIntire  
 FCCS(SW) Lorenzo M. Mlinaric  
 ETCM(SS) Raymond J. Mitchell  
 ETCM(SS) William T. Mitchell Jr.  
 STSCS(SS) David E. Morris II  
 ICCS(SW/AW) Angel Nolasco  
 SKCS(SW) Goffery J. Pelly  
 CMDMCM(SW/AW) James E. Piner Jr.  
 BMCS(SW/SCW) Rodney D. Pritchard  
 YNCM(SW/AW) Renato T. Quini  
 ITCM(SW/AW) Errol B. Rivers  
 SMSgt Richard J. Robinson, USAF  
 HMCS(AW/FMF) Mark A. Sanders  
 CMDMCM(SW/AW) Edward E. Scott  
 ASCS(AW/SW) Shawn O. Shekels  
 STGCS(SW) Garry D. Sims  
 UCCM(SCW) Jonathan L. Slichter  
 STGCS(IUSS) Cynthia L. Watson-Sperling  
 ENCS(SW/AW) Shannon D. Thornton  
 AMCS(AW/NAC) Joseph B. Tierney Jr.  
 BMCM(SW/AW) Joseph E. Touchton  
 FCCS(SW) Robert B. Whitaker  
 Senior Chief Petty Officer Zeljko  
 Zivkovic, Croatian navy

# OIS

Continued from Page 4

cies and personal excellence.

Additionally, students participated in the one-week Division Officer Leadership Course that prepares the officers for their responsibilities as naval leaders.

OIS Class 03060 and their follow-on assignments follow:

Ensign Katie Adamson, Naval Hospital, Oak Harbor, Wash.  
 Lt. j.g. Ryan Anderson, Naval Justice School, Newport, R.I.  
 Lt. Gary Brunette, Naval Environmental and Preventive Medicine Unit, Sigonella, Italy  
 Ensign Crystal Bryant, National Naval Medical Center, Bethesda, Md.  
 Ensign Kristina Campbell, National Naval Medical Center, Bethesda, Md.  
 Lt. j.g. Coleman Chandler, Naval Hospital, Great Lakes, Ill.  
 Ensign Doris Chen, Naval Medical Center, San Diego, Calif.  
 Ensign Phillip Chockley, Naval Justice School, Newport, R.I.  
 Ensign Anjeanette Cole, Naval Hospital, Camp Lejeune, N.C.  
 Ensign Paul Cooper, Naval Hospital, Camp Pendleton, Calif.  
 Ensign Candace D'Aurora, Naval Hospital, Sigonella, Italy  
 Lt. j.g. Jamie Daut, Naval Hospital, Guam  
 Lt. j.g. Nancy Delahoya, Naval Medical Clinic, Annapolis, Md.  
 Ensign Vanessa Dunn, Naval Medical Center, Portsmouth, Va.  
 Ensign Dawn Eatough, Naval Medical Center, San Diego, Calif.  
 Lt. j.g. Sarah Edson, Naval Medical Center, San Diego, Calif.  
 Ensign Rachel Federman, Naval Justice School, Newport, R.I.  
 Ensign Jennifer Felsing, National Naval Medical Center, Bethesda,

Md.  
 Lt. j.g. Russell Francek, Branch Medical Clinic, Lakehurst, N.J.  
 Lt. Deana Fugate, 2D Dental Company, Camp Lejeune, N.C.  
 Ensign Gerald Gambala, Naval Hospital, Jacksonville, Fla.  
 Lt. George Giner, Naval Dental Center, Jacksonville, Fla.  
 Lt. j.g. Jinaki Gourdine, Naval Disease Vector Ecology and Control Center, Bangor, Wash.  
 Ensign Michael Gumina, Naval Nuclear Power Training Command, Charleston, S.C.  
 Ensign Brandon Hale, Naval Justice School, Newport, R.I.  
 Lt. Cmdr. Mitchell Hardenbrook, Naval Medical Center, Portsmouth, Va.  
 Lt. j.g. William Haywood, Naval Medical Center, San Diego, Calif.  
 Ensign Glenda Hedstrom, Naval Hospital, Lemoore, Calif.  
 Ensign Melissa Hillblom, Naval Justice School, Newport, R.I.  
 Ensign Jennifer Jacobs, Naval Nuclear Power Training Command, Charleston, S.C.  
 Ensign Jaimica Jarvill, Naval Justice School, Newport, R.I.  
 Lt. Gerald Johnson, Naval Dental Center Europe, Naples, Italy  
 Ensign Mark Jones, Naval Justice School, Newport, R.I.  
 Ensign Kathleen Kadlec, Naval Justice School, Newport, R.I.  
 Lt. j.g. Kevin Lyle, Naval Hospital, Corpus Christi, Texas  
 Ensign Renee Lyons, Naval Hospital, Pensacola, Fla.  
 Ensign Ken Magee, Naval Justice School, Newport, R.I.  
 Lt. j.g. Justin McEwen, Naval Justice School, Newport, R.I.  
 Ensign Keith McGahan, Naval Justice School, Newport, R.I.  
 Ensign Tonia McGhee, Naval

Medical Center, Portsmouth, Va.  
 Lt. j.g. Artemio Miguel Cruz, Naval Hospital, Twenty-Nine Palms, Calif.  
 Lt. j.g. Aaron Miller, Naval Academy, Annapolis, Md.  
 Ensign Trisha Mims, Naval Hospital, Great Lakes, Ill.  
 Ensign Jennifer Moore, Naval Medical Center, San Diego, Calif.  
 Ensign Maria O'Campo, Maria Naval Medical Center, Portsmouth, Va.  
 Ensign Virgilia O'Campo, Naval Hospital, Bremerton, Wash.  
 Ensign Emilie Passe, Naval Justice School, Newport, R.I.  
 Ensign Jason Peters, Naval Medical Center, San Diego, Calif.  
 Lt. j.g. Adam Rae, Naval Hospital, Beaufort, S.C.  
 Ensign Craig Rowland, Naval Medical Clinic, Pearl Harbor, Hawaii  
 Ensign Alayna Schwartz, Naval Medical Center, San Diego, Calif.  
 Ensign Marc Silfies, Naval Hospital, Bremerton, Wash.  
 Ensign Ann Snellgrove, Naval Medical Center, San Diego, Calif.  
 Ensign Fidel Soriano, Naval Medical Center, San Diego, Calif.  
 Lt. Shawn Soutiere, Naval Medical Research Center, Bethesda, Md.  
 Ensign John Spanuth, Naval Hospital, Great Lakes, Ill.  
 Lt. j.g. Noah Sperner, Naval Hospital, Camp Lejeune, Calif.  
 Ensign Eddy Thomas, Naval Medical Center, San Diego, Calif.  
 Lt. Matthew Weiner, Naval Medical School Center, Bethesda, Md.  
 Lt. Erin Wilfong, Naval Health Research Center, Wright-Patterson Air Force Base, Ohio  
 Ensign Christina Wilson, Naval Legal Service Office, Port Hueneme, Calif.  
 Ensign Carolyn Zamarripa, Naval Medical Center, San Diego, Calif.

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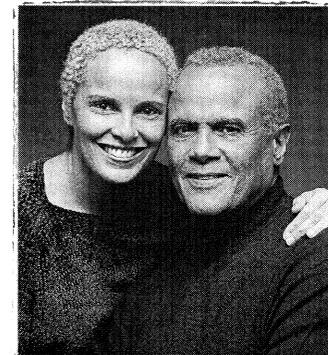
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**915 - Autos f**

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**Navy-wide news**

**Gordon England back as SECNAV**

WASHINGTON (NNS) — Gordon R. England was sworn in as the 73rd Secretary of the Navy (SECNAV) Oct 1.

England becomes only the second person in history to serve twice as the leader of the Navy Marine Corps team and the first to serve in back to back terms.

John Mason served as the 16th Navy Secretary from 1844-1845 and 18th SECNAV from 1846-1849. England had served as the 72nd Secretary from May 2001 until January 2003, before President George W. Bush tapped him to serve as the first Deputy Secretary at the newly created Department of Homeland Security.

**Adm. Fallon heads fleet**

NORFOLK, Va. (NNS) — Adm. Robert J. Natter relinquished command of the Navy's Fleet Forces Command and U.S. Atlantic Fleet to Adm. William J. Fallon in a ceremony held aboard the aircraft carrier USS Theodore Roosevelt (CVN 71) here last Friday. Fallon comes to Norfolk from Washington, D.C., where he most recently served as the Vice Chief of Naval Operations..

As Commander, U.S. Atlantic Fleet, Natter bore the responsibility for 156 ships, nearly 1,200 aircraft, 18 major shore stations and more than 129,000 personnel during an unusually critical three-year period in naval history. Since he assumed command June 23, 2000, the Navy was called on repeatedly to deploy in defense of the nation.

**Sailors help after Isabel**

NORFOLK, Va. (NNS) — In the aftermath of hurricane Isabel in September, Sailors aboard the multipurpose amphibious assault ship USS Wasp (LHD 1) volunteered their time to help their shipmates recover from the damage.

In the Hampton Roads area, thousands of people were left without power and water. Trees were uprooted, and homes were damaged.

**REDCOM Northeast changes helm**

**BY JO1 S. BANSBACH**  
Naval Reserve Readiness Command  
Northeast Public Affairs Officer

FALL RIVER, Mass. — When talk turns to fighting the war against terrorism the thoughts are of Sailors and Marines on the front line, and since the Sept. 11 attacks an important part of the Navy/Marine Corps team are reservists.

In the Northeast more than 2,000 Sailors were mobilized, and the commander in charge of those mobilizations turned over his command last Saturday. Rear Adm. Roger T. Nolan turned over the Naval Reserve Readiness Command to Rear Adm. Frank F. Rennie IV on board the battleship Massachusetts at Battleship Cove here.

Nolan took command of the Naval Reserve Readiness Command Northeast's 6,000 drilling Reservists and 20 Reserve Centers in October 2001 in the aftermath of the terrorist attacks two years ago.

Nolan said he was proud of the job that the Northeast reservists have done. "Reservists are patriots serving our country and are committed and dedicated to our nation's defense. We bring the best of our military and civil-

ian experience to the Navy/Marine corps team and we are role models in our communities."

Nolan oversaw the mobilization and deployment of over 2,000 reservists in the Northeast Region in support of Operations Noble Eagle, Enduring Freedom and Iraqi Freedom.

The reservists were ready when called up, and deployed as far away as Kandahar, Afghanistan; Baghdad, Iraq; and Guantanamo Bay Cuba, completing tasks as diverse as building runways for Marines in Kandahar, providing medical support to front-line units in Baghdad, and constructing and guarding Camp X-Ray in Cuba.

Of the personnel mobilized from the Northeast, approximately 400 remain activated.

"This is a struggle that is far from over, and will require a steady strain from our Navy and naval reserve forces for a long time to come," he said.



JO1 (SW/AW) Steve Bansbach/U.S. Navy photo  
**Rear Adm. Frank Rennie, the new commander of Naval Reserve Readiness Command, Northeast, addresses his new staff aboard the battleship Massachusetts in Fall River last Saturday.**

"While we continue to demobilize our naval reserve sailors, you can count on their talents being tapped again as our battle continues and we'll be there ready to serve, it's our sole purpose, to be ready." Nolan remarked.

Under his command, the Readiness Command main-

tained one of the highest retention rates in the U.S. Navy, and was awarded the Golden Helm Award for this achievement.

Rennie is reporting to the Readiness Command after serving as Deputy Commander, U.S. Sixth Fleet in Norfolk, Va.

Newport Navallog, Friday, October 10, 2003

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