

# The Newport Times

VOL. 103 NO. 9 MARCH 7, 2003

**SERVING COMMANDS**



## Snake charmer

**SEE SERPENT** – Victoria Cecchetti, 2, meets a boa constrictor from the traveling zoo Animal Experiences of East Providence at the Armed Services YMCA on Wednesday. Host Dave Marchetti brought a collection of reptiles, amphibians, and other furry animals for the children to see and touch. Ron Fontaine/U.S. Navy photo



### Blood donors step forward

The West Warwick nightclub fire creates need for blood donations, so Naval Undersea Warfare Center employees answer the call.

— Page 4



### Officers' Club opens Monday

The Officers' Club, closed since Christmas for kitchen upgrading, will reopen Monday with a full service menu.

— Page 6



### NAVSTA to mark women's history

Retired Rear Adm. Barbara McGann, will speak at Naval Station Newport's celebration of Women's History Month.

—Page 13

To Our Men and Women in Uniform  
**Thank You For Your Untiring Efforts**  
 God Bless America and Our Men and Women in Uniform  
**NEX Your "Navy Family" Store!**



**TWO SERVICEMEMBERS, left, walk under a patriotic banner, while customer service employee Verna Coleman, above, sports red, white and blue ribbons as the Navy Exchange promotes its patriotism.**

Ron Fontaine/U.S. Navy photos

## Navy Exchange goes patriotic

The Navy Exchange, Naval Station Newport, is putting up the red, white and blue of patriotism to support reserve and active duty military members deployed in support of Operation Enduring Freedom.

A large banner, hanging from the side of the building, is directed to servicemen and women: "Thank you for your untiring efforts" and "God Bless America and our men and women in uniform."

Spokesman Jan Tanury,

visual merchandise manager, said NEX sales associates inside are wearing red, white, and blue ribbons, as well as handing out free static-cling American flags for their patrons for car windows and work spaces.

## 111 more Reservists mobilized

**JO1 STEVEN BANSBACH**  
 Deputy Public Affairs Officer REDCOM  
 Northeast

As part of the mobilization authorized by President Bush in support of Operations Noble Eagle and Enduring Freedom, 111 Sailors from 20 Northeast Naval Reserve Centers are being called to active duty this week.

Reserve Centers activating Sailors include Naval Reserve Centers in New Haven and Plainville, Conn., Bangor and

Brunswick, Maine; Quincy and Worcester, Mass.; Manchester, N. H.; Earle and Fort Dix, N. J.; Albany, Amityville, Bronx, Buffalo, Glens Falls, Horseheads, Rochester, Syracuse, and Watertown, N.Y.; Providence, R. I.; and White River Junction, Vt.

The majority of Navy Reservists being mobilized are Navy corpsmen and Navy Medical Corps staff personnel. The 111 Sailors will join the 1,114 Sailors from the North-

east Region already mobilized.

The mission of the Naval Reserve force is to provide mission-capable units and individuals to the Navy-Marine Corps team throughout the full range of operations, from peace to war.

The Naval Reserve force coordinates with the fleet commanders and Navy planners at the Pentagon to identify skills to match the needs of the Navy and the naval components of unified commanders.

# 'Enola Gay' pilot planning lectures, book-signing here

**By COL. KEVIN DARNELL**  
 Naval War College

The pilot of the B-29 bomber, "Enola Gay," which dropped the atomic bomb on Japan in 1945, will visit Naval Station Newport March 15-17 to participate in several lectures and community events.

Retired Air Force Brig. Gen. Paul W. Tibbets Jr. organized and led the historic bomber mission, a sortie credited by many with leading to the end of the war against Japan.

Gen. Tibbets' visit is sponsored by the Naval War College Foundation and Chapter 180 of the Air Force Association. His grandson is a Naval War College student.

His presentations detail the planning that carried the highly secret "Manhattan Project" missions through to completion, as well as his personal experiences of the mission and aftermath. Gen. Tibbets retired from the Air Force in 1966 and went on to run a private aviation company and author several books on his experiences.

The general is scheduled to participate in a book signing at Newport's Redwood Library and Athenaeum at 50 Bellevue Ave. March 15 from 10 a.m. until 2 p.m. While no purchase is necessary to meet Gen. Tibbets, copies of his self-published memoir *Return of the*

*Enola Gay* will be available for sale.

Members of the Newport military community will have the opportunity to meet Gen. Tibbets at an Air Force Association meeting Saturday, March 15, at 6 p.m. at the Officers' Club.

Gen. Tibbets will be the featured guest speaker and will participate in a question and answer period. Reservations are required and can be made by calling 841-6422 no later than March 11. Cost for the event is \$20 and will include heavy hors d'oeuvres.

Copies of Gen. Tibbets' book will be available for sale and autographing at this event.

The general also will speak at Pringle Auditorium at the Naval War College on Monday, March 17, from noon to 1:20 p.m. The event is open to the Naval War College community, and to members of the foundation who will receive invitations in the mail.

He will also participate in a book-signing from 3 to 4:30 p.m. in the Spruance Auditorium Lobby. General Tibbets' book will be available for advance purchase at the NWC Museum, however, it is not necessary to purchase a book to have the opportunity to meet the general.

For more information, call Col. Kevin Darnell at 841-6422.

*Navalog*

**Capt. Ruth A. Cooper**

Commanding Officer, Naval Station Newport

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NAVSTA Public Affairs Officer

**Bob Krekorian**

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Ron Fontaine/U.S. Navy photo

**NAVY Counselor First Class (AW/SW) Cordel Garrett talks to a reporter about force manning.**

## Navy counselor plays role in reshaping force manning

By **RICHARD ALEXANDER**  
Navalog editor

Naval Station Newport's Navy counselor billet, lying vacant for almost two years, was filled last month by Navy Counselor First Class (AW/SW) Cordel Garrett.

Petty Officer Garrett reported to Newport from the aircraft carrier USS Theodore Roosevelt, homeported in Norfolk, Va., but currently deployed in support of Operation Enduring Freedom in the Persian Gulf.

He is responsible for six Unit Identification Codes at NAVSTA, which encompasses about 150 personnel. Like other NC's at commands in Navy Newport, he will advise enlisted on their careers, and help shape the Navy of tomorrow.

Married, with three children, the Dayton, Ohio, native was a ship's serviceman for 11 years, but will have completed 13 years in the Navy come June. One of the tasks facing Navy counselors service-wide is switching junior enlisted from over-manned to under-manned ratings.

"Right now there are about 5,000 Sailors too many in the Navy," he said. "So, under the

### Quick Take

**Name:** NC1 (AW/SW) Cordel L. Garrett  
**Title:** Navy counselor for Naval Station Newport.  
**Hometown:** Dayton, Ohio  
**Most memorable career event:** The day I became an ordained minister in The Church of God in Christ.  
**Favorite duty station:** USS Sumpter (LST-1181)  
**Role models(s):** Bishop Ted Thomas Sr., elder Ronald Sewell and deacon Alvin Gregory.  
**Free time activities:** Spending time with my wife and kids.  
**Favorite book:** *The Holy Bible*  
**Favorite movie:** *Star Wars* (whole collection)  
**Favorite TV show:** Anything on the *History Channel* or *HGTV*.  
**Favorite sport:** wrestling  
**Favorite professional team:** Cincinnati Bengals (true fan)  
**Secret to success:** set goals, then make your plan and work your plan  
**Something I've always wanted to do or be:** Always wanted to start and pastor a church.  
**Pet peeve:** People who make excuses for failure all the time.  
**Favorite quote, motto or phrase:** Success is failure turned inside out.  
**Long term goal in life:** To accomplish all I can in this life: personal, social and physical.  
**If you could, what one thing would you add to NAVSTA Newport:** Greater selection of colleges operating on base to help facilitate the higher education of the Sailors here.

program, 'Perform to Serve,' to switch to an undermanned rating, or get out." There are great incentives **GARRETT, Page 13**

## Environmental wins Flagship Award for community outreach

By **JOY CHRISTMAS**  
NAVSTA Public Affairs Staff

For the second consecutive year, the Environmental Protection Department at Naval Station (NAVSTA) Newport has been recognized by the Chief of Naval Operations for efforts in community outreach, and has been named the winner of the 2002 Environmental Stewardship Flagship Navy Community Service Award for large shore commands.

The NAVSTA Environmental team received honorary mention honors in the 2001 competition last year.

The award, commending the department's innovation to educate and involve the local community in environmentally-friendly practices, is one of five individual categories recognizing Navy commands for exemplary community initiatives in the areas of Personal Excellence Partnership. They

are Health, Safety and Fitness; Campaign Drug Free; and Project Good Neighbor. Awards are specific to competition among small, medium and large shore; small, medium and large sea; and small, medium and large overseas commands.

Before being forwarded to Navy-wide competition, NAVSTA first cleared regional competition among like commands under Commander, Navy Region Northeast.

Throughout the year, NAVSTA was active in a number of internal and external environmental initiatives.

To celebrate National Safe Drinking Water Week in May, the staff visited two local child care centers where they used interactive activities to help convey to more than 125 youngsters the importance of water as a precious resource. The educational project **ENVIRONMENT, Page 13**

### A number of things....

#### 111

The number of Naval Reservists, mostly in specific medical fields, who were mobilized this week by Naval Reserve Readiness Command, Northeast, to support Operation Enduring Freedom.

Story, Page 2.

#### 4,000

The number of Sailors and Marines attached to

the USS Iwo Jima Amphibious Ready Group that deployed from Norfolk, Va., on Tuesday.

Story, Page 16.

#### 4.1

The pay raise percentage for white collar civil servants included in the \$397.4 billion fiscal 2003 omnibus spending bill signed into law by President Bush.

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## Bravo zulu



NUWC Division Newport file photo

**GIVING BLOOD** — Naval Undersea Warfare Center employees donate blood to the Rhode Island Blood Center in this recent photo. The West Warwick nightclub fire last month prompted a larger than usual turnout on Feb. 21.

# NUWC blood donors answer call after R.I. nightclub fire

By **GARY STEIGERWALD**  
NUWC Division Newport PAO

MIDDLETOWN — The Naval Undersea Warfare Center's Division Newport had a preset goal of 120 pints for the command's routine blood drive scheduled Feb. 21. But when word came down about the tragic nightclub fire in West Warwick the night before, employees lined up to donate.

A pyrotechnics display Feb. 20 in the nightclub, The Station, was blamed for the deaths of 97 patrons and about 180 injuries.

NUWC consistently sponsors some of the largest corporate blood drives conducted by the Rhode Island Blood Center. At a normal drive, appointments are made, donors show up at appointed times, and the nursing staff is kept busy drawing blood.

"Rhode Island's blood supply was dangerously low prior to the tragic fire in West Warwick," said NUWC occupational health nurse Christine Fisher. "Heavy snowfall in the Northeast caused many blood drives to be canceled and hospitals in Massachusetts were

sending requests for blood to the R.I. Blood Center."

Then the need for blood went from urgent to desperate when so many were burned. Many individuals at Division Newport heard the pleas and unselfishly answered the call, she said.

Word went out early Friday morning on radio and through local email that burn victims would need lots of blood, and the Division's civilian employees, military and contractors, responded.

Appointments went out the **BLOOD, Page 13**

## NUWC recognized for training efforts

By **GARY STEIGERWALD**  
NUWC Division Newport PAO

MIDDLETOWN — For the second year in a row, the editors of Training magazine have selected the Naval Undersea Warfare Center's (NUWC) Division Newport to be included in their list of the top 100 organizations in North America that excel at developing human capital.

"It's overwhelmingly clear that training and development inside Top 100 companies is a key driver of corporate prosperity," said Tammy Galvin,

executive editor.

"The vast majority of the Top 100 strategically aligns personal development plans to corporate missions, goals and objectives. And these organizations truly understand that human capital, when developed and nurtured properly, can serve as a company's greatest competitive advantage."

According to Training, the Top 100 listing is determined by assessing a range of qualitative and quantitative data including financial investment in employee development, the

type and scope of training and development programs provided to employees, the quality of these programs and how closely such development efforts are linked to business goals and objectives.

"It nice to be externally recognized for our investments in our employees" noted Division Newport Commander, Capt. John C. Mickey.

NUWC was the only government agency to make the Top 100 listing. The complete listing of the Top 100 will be published in the March issue of Training.

# 88 will graduate from War College

David S.C. Chu, the Under Secretary of Defense for Personnel and Readiness, will address 88 graduates of the Naval War College during ceremonies Wednesday, March 12, at 10 a.m. in Spruance Auditorium.

The graduating class represents officers from the U.S. Navy, U.S. Marine Corps, U.S. Air Force, U.S. Army, and the U.S. Coast Guard, and a federal government civilian from the Department of the Navy.

All graduates will receive the master of arts degree in National Security and Strategic Studies.

The students completed a rigorous academic year, which consisted of three trimesters: Strategy and Policy, Joint Military Operations, and National

Security Decision Making. Along with these core subjects, students were also challenged with elective courses. The Naval War College curriculum features seminar-based coursework which allows for invigorating debates and in-depth discussions on case studies.

Chu was sworn in June 1, 2001. A presidential appointee confirmed by the Senate, he is the defense secretary's senior policy adviser on recruitment, career development, pay and benefits for 1.4 million active duty military personnel, 1.3 million Guard and Reserve personnel, and 680,000 DoD civilians and is responsible for overseeing the state of military readiness.

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# Shopping for house? Get some inside tips

Purchasing a home is a complex task. There are many questions that need to be answered before you take that big step.

Come to the Fleet and Family Support Center on Thursday, March 13, from 7 to 9 p.m., and learn about your options

## Fleet and Family Support Center

and decipher real estate lingo at our Homebuyers Workshop.

You will meet with a representative from the Navy Federal Credit Union to hear first-hand about qualifications for mortgages and other financial options.

Home-buying information for all areas of the United States is available at this workshop. Registration is required and may be made by calling 841-2283.

**Checkbook balancing**—representative from the Navy Federal Credit Union will provide you with the “ins and outs” of checkbook balancing at the Fleet and Family Support Center on Thursday, March 20,

from 11:30 a.m. to 1 p.m.

Learn how to attain your financial goals by transforming your checkbook into a personal financial planning tool.

Learn how you can reduce

your checking account fees, avoid bouncing checks, better manage your cash flow, and safeguard yourself and your money.

To register for this workshop,

call 841-2283.

**Establish your credit.** Bring your lunch to the Fleet and Family Support Center on Tuesday, March 25, from 11:30 a.m. to 1 p.m., where a repre-

sentative from the Navy Federal Credit Union will present information on establishing credit, correcting credit problems, and rebuilding good credit.

## Birth



**Chloe Avril Eldridge**, daughter of Electronics Warfare Technician Second Class Christopher and Heidi Eldridge of Middletown, was born Jan. 6, 2003, at Women and Infants Hospital, Providence. She weighed 7 pounds and 8 ounces and was 19 inches long at birth. Petty Officer Eldridge is attached to Surface Warfare Officers School Command. Mrs. Eldridge is employed in the Joint Military Operations Department at the Naval War College.

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**UTILITIESMAN** Second Class Harold Perkins of Command Self Help, works on the window soffit in the Ballroom of the Officers' Club.

**JOE CLIFFORD**, left, of Hobart Corp. adjusts the gas burners on the reconditioned grill in the Officers' Club kitchen.

# Officers' Club back in full swing Monday

By **RICHARD ALEXANDER**  
Navalog editor

The Officers' Club, the No. 1 club in the Navy for retail business, will reopen for business with a full service menu on Monday, March 10.

The club, which drastically scaled back operations last December for interior remodeling and a whole new kitchen, is back in business, Manager Ron Kurtz said this week. Grand reopening ceremonies in the kitchen will be held today.

The heart of the renovations was new and upgraded equipment in the kitchen, which included a stainless steel hood over the grill to expel smoke and grease; extensive floor drains; a fire suppression system; plus new ceiling lighting, heating and circuit breakers. Also added were a new dishwasher with water heater, a steamer for cooking vegetables, and a flattop griddle.

All equipment not replaced was reconditioned by the Hobart Corp. to "like new" standards, Kurtz said.

"This was a complete investment for our

patrons in quality, service and cleanliness," he said.

Since Christmas the Officers' Club has been serving only a limited lunch menu with evening specials in the Constellation Room on the first deck.

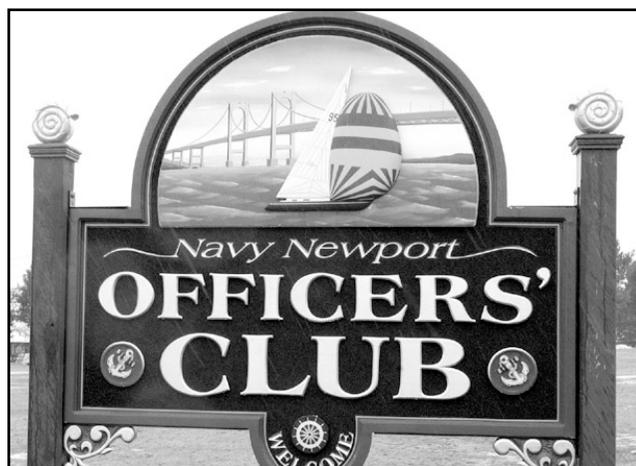
Renovations are still underway in the main ballroom that seats 500. Seabees from Self Help are doing millwork or wainscoting on the walls, and reshaping the ballroom windows on the south and east to bring in more light and offer a commanding view of the Pell Bridge.

Painting and carpet improvements are includ-

ed in the project.

The Officers' Club building was built in 1919 and used as a public works garage. It opened as a club in 1946. In the last half century it has booked hundreds of wedding receptions, retirement parties, conventions, graduation dinners, bridal shows and technology expositions, plus the formal Navy Birthday Balls.

"The heart of a restaurant is its kitchen and quality food," Kurtz said. "If you do those right, people will keep coming back."



**THE OFFICERS' Club sign on Dewey Field directs patrons to Building 95.**



**BILL GRIFFING** of Hobart Corp. wires the kitchen's new steam cooker for vegetables.

Ron Fontaine/U.S. Navy photos

## Announcements

### Engineering technician position

Department of Defense employees who are interested in applying for a position of Engineering Technician, GS-0802-07, should access [www.donhr.navy.mil](http://www.donhr.navy.mil) to review the vacancy announcement.

The announcement opened March 3.

The position is located in the Engineering Division of the Naval Station Public Works Department. Applications should be submitted following the procedures in vacancy announcement DE-GRO-03-0115-NR.

Anyone with questions, may contact Pat Martin, Personnel Management Specialist, HRO Newport Operations, Newport, at 841-3117.

### Navy Choristers plan concert

The Newport Navy Choristers will perform a selection of popular and traditional songs in their "Music for a Sunday Afternoon" concert on March 16 at 4 p.m. at St. Barnabas Church, East Main Rad, in Portsmouth.

Celebrating 50 years of musical presentations, the Choristers have raised over \$300,000 for local charities. The upcoming concert will benefit the Navy Marine Corps Relief Fund and Navy Choristers.

Tickets are \$6 for adults, \$4 for children and seniors, and \$15 for families; and can be purchased from any Chorister member or at the door.

For additional information, call 849-1135.

### Heavy mobile equipment mechanic vacancy posted

Qualified applicants interested in the position of Heavy Mobile Equipment Mechanic, WG-5803-10 should access [www.donhr.navy.mil](http://www.donhr.navy.mil) to review the vacancy announcement.

The position is located the Transportation Branch of the Base Operations Division of the Naval Station Newport Public Works Department.

Applications should be submitted following the procedures in vacancy announcement DE-GRO-03-0049-NR. Anyone with questions, may contact Pat Martin at 841-3117.

### Machinist, vehicle operator sought

Employees who are interested in applying for positions of Machinist, WG-3414-10, or Motor Vehicle Operator, WG-5703-08, should access [www.donhr.navy.mil](http://www.donhr.navy.mil) to review the vacancy announcements.

The positions are located in the Public Works Department of Naval Station Newport. Applications should be submitted following the procedures in vacancy announcement DE-GRO-03-0109-NR (Machinist) or vacancy announcement DE-GRO-03-0110-NR (Motor Vehicle Operator).

Anyone with questions may contact Pat Martin, Personnel Management Specialist, HRO Newport Operations, Newport, at 841-3117.

### Calvary United Methodist Church

200 Turner Road, Middletown  
(Phone: 847-6181)

Contemporary Service 9:00 AM  
Sunday School for all ages 9:30 AM  
Worship Service 10:30 AM  
Coffee Fellowship 11:30 AM

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## Assistance

### Tax help at NLSO

The income tax season has arrived and active duty service members may contact the Naval Legal Service Office for assistance in filling out IRS forms.

If you need to file taxes, call Chief Hospital Corpsman Tonya Gill at 841-3221, Monday through Friday, after 9 a.m. to make an appointment.

### NEX offers IRS tax help

The Navy Exchange (NEX) at Naval Station (NAVSTA) Newport is offering income tax preparation service for the first time.

Jackson Hewitt Tax Service, a multi-regional tax preparation provider, has been contracted to staff an onsite office.

The tax preparation office, in the former Optical Shop spaces, is located inside the main entrance of the store (next to Blimpie's). The phone is 841-4006.

Services are available to all authorized patrons of NEX. In addition, Department of Defense and contracted employees are also welcome to use the tax service.

Through tax season, (January through April), the following hours of operation will be in affect to accommodate the needs of patrons:

Monday, Tuesday, Wednesday, Friday and Saturday, 10 a.m. to 6 p.m.

Thursday, 10 a.m. to 9 p.m.

Sunday, Noon to 4 p.m.

Costs include:

1040EZ — \$35

1040A — \$40

1040 — \$45

schedule A — \$27

Electronic filing and advance loans on tax refunds also will be available

The office will operate on limited hours during the off-peak tax season.

### Civilians eligible for CEAP counseling

All Naval Station Newport civil service employees are now eligible for three free visits and one follow-up visit per instance under the Civilian Employee Assistance Program.

Services provided under the contract include: marital and family issues; addictions including alcohol and drug; stress; emotional difficulties; and the effects of financial and legal concerns.

Family members are also covered under the contract. Even a child away at college is eligible and will be provided services in their area.

The contract is with the Lexington Group, Inc. For services you should call: Toll Free 1-800-676-HELP(4357).

Employees making self referrals should make appointments for either after hours or take leave. Any referrals made by supervisors can be made on government time.

If you have any questions, please email or call Karen L. Peckham, 841-6197.

## Meetings

### Retired enlisted

The next regular meeting of The Retired Enlisted Association (TREA), Chapter 79, will be March 8 at 10 a.m. at the American Legion Post 15, East Greenwich.

Volunteer to help make your Chapter one of the best.

For more information, call President Mike Conroy at 846-0527.

### Amphion reunion

The former crewmembers of the USS Amphion (AR-13) will meet for their reunion, May 1 to 4 in Jacksonville, Fla. If you served aboard the Amphion, please contact Henry Miller, 105 Brook Hollow Court, Cary, N.C., 27513.



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## What's going on

### Test your hang time

Come show us your hang time, at Gym 109's Hang Contest on Wednesday, March 19. The contest, which will continuously run throughout the day, is open to both men and women ages 18 and over.

Participants will hang from the chin up bar for as long as they can. The winner will be the individual with the longest time. For more information, call the fitness department at 841-7196.

#### TODAY, March 7

- Armed Services YMCA:
  - Fitness Hour, 9 to 10:30 a.m.
  - Mommy and Me Infant Massage, 9 to 10:30 a.m.
  - Nantucket Basketweaving, 9 a.m. to noon.
  - Scrapbooking, 6 p.m. to midnight.

- Lunchtime BINGO, at the Recreation Center, Building 656. Noon to 1 p.m. Also Thursdays.

- Fitness Equipment Orientation, FITNESS Plus, Building 355, 8, 9 and 10 a.m. Also, Wednesday and Friday mornings. Call 841-1474.

- Soup Kitchen at MLK Center welcomes military volunteers, 8:30 a.m.

- Soup Kitchen at Salvation Army welcomes military volunteers, 5 to 5:45 p.m.

- Recreation Center Movie Night: White Oleander (PG-13) and Punch-Drunk Love (R).

- Kinsale Ireland Festival of Fine Food, part of Newport Irish Heritage Month events, 845-9123.

#### SATURDAY, March 8

- Seal Watches, Rose Island Lighthouse, 2:30 p.m. and 3:30 p.m., 272-3540 ext. 133.

- Soup Kitchen, Community Baptist Church, welcomes military volunteers, 4:30 p.m.

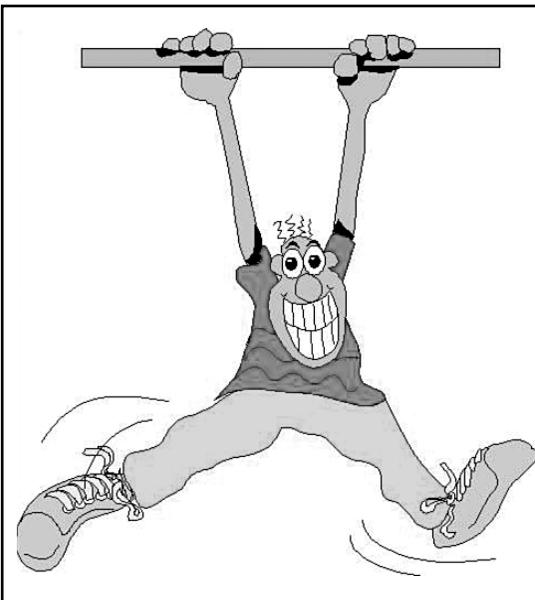
- Winter live music, Clarke Cooke House, 849-2900.

- Kinsale Ireland Festival of Fine Food, part of Newport Irish Heritage Month events, 845-9123.

- Common Fence Music, Common Fence Point Community Hall, 8 p.m., 683-5085.

#### SUNDAY, March 9

- Chapel of Hope worship services:
  - Catholic mass, 9 a.m. and noon
  - Protestant Services, 8 and 10:30 a.m.



**HOW LONG can you hang in there? Gym 109 will hold a Hang Contest on Wednesday, March 19, and it's open to both men and women ages 18 and over. For more information, call the fitness department at 841-7196.**

- Sunday bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.

- Seal watches, Rose Island Lighthouse, 3:30 p.m., 272-3540 ext. 133.

- Soup kitchen, Salvation Army, welcomes military volunteers, 4 to 4:45 p.m.

- Kinsale Ireland Festival of Fine Food, Newport Irish Heritage Month event, 845-9123.

#### MONDAY, March 10

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., \$10 per person.

- Soup kitchen, Martin Luther King Center, welcomes military volunteers, 8:30 a.m.

- Soup kitchen, St. Joseph's Church, welcomes military volunteers, 11:30 a.m.

- Soup kitchen, Channing Church, welcomes military volunteers, 5 p.m.

#### TUESDAY, March 11

- Armed Services YMCA:
  - Fitness Hour, 9 to 10:30 a.m.
  - Scrapbooking, 9 a.m. to noon.
  - Kids Sewing No. 1, 3:30 to 5 p.m.
  - Adult Beginner Sewing No. 3, 6 to 9 p.m.

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109. \$5 for five weeks! 841-3154.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call

- Soup kitchen, Martin Luther King Center, welcomes military volunteers, 8:30 a.m.

- Soup kitchen, United Baptist Church, welcomes military volunteers, 5 p.m.

841-3154.

- Soup kitchen, Martin Luther King Center, welcomes military volunteers, 8:30 a.m.

- Soup kitchen, United Baptist Church, welcomes military volunteers, 5 p.m.

- Officers' Club Movie Night: 6 p.m., 8 Crazy Nights (PG-13); 8 p.m., Ghost Ship (R).

- Great Decisions 2003, Newport Public Library, 7 p.m., 848-0550.

#### WEDNESDAY, March 12

- Armed Services YMCA:
  - Parents' Time Out, 9 a.m. to noon.
  - Kids Sewing No. 1, 3:45 to 5:15 p.m.

- Soup kitchen, Martin Luther King Center, welcomes military volunteers, 8:30 a.m.

- Soup kitchen, United Baptist Church welcomes military volunteers, noon.

- Preschoolers with Parents, Norman Bird Sanctuary, Third Beach Road, Middletown, 1 to 2 p.m., 846-2577.

- Soup kitchen, Newport Congregational Church, welcomes military volunteers, 5 p.m.

- THURSDAY, March 13

- Armed Services YMCA:
  - Fitness Hour, 9 to 10:30 a.m.
  - Knitting, 10 a.m. to noon.
  - St. Patrick's Day Party, 11 a.m. to noon.
  - Pillows, Pillows, Pillows No. 2, 6:30 to 8:30 p.m.

- Preserving Your Own House Lecture Series, 424 Bellevue Ave., 10 a.m., 847-1000 ext. 160.

- Soup kitchen, Martin Luther King Center, welcomes military volunteers, 8:30 a.m.

- Soup Kitchen, St. Paul's Church, welcomes military volunteers, 5 p.m.

- UPCOMING EVENTS:
  - March 15 – St. Patrick's Day Parade! 11 a.m. City Hall to Washington Squard to Thames Street, and ending at Augustin's Church. 845-9123.
  - March 31 – Armed Forces Night at The Fleet Center. The Boston Bruins will play the Tampa Bay Lightning at 7 p.m.

## CONSEP course helps Sailors decide careers

The Career Options and Navy Skills Evaluation Program (CONSEP), a four-day course, is the newest "quality of life" initiative launched by the Fleet and Family Support Center (FFSC).

CONSEP provides service members with the information needed to make an informed decision about their naval career.

After attending CONSEP, service members can answer questions such as, "Will I really have more family time? Is there really less travel? Do free family programs exist in the civilian community?" etc.

During CONSEP, participants assess their knowledge, skills, and abilities. Included in the training is a

day devoted to financial planning; a day of Navy opportunities; and information on marketing themselves, resume writing, and interviewing.

By knowing their options, service members can make informed decisions about reenlistment, thereby increasing retention rate and mission readiness.

Military members are provided the skills to decide on furthering their education, making educated investments, getting rid of debt, and comparing Navy benefits with civilian employment benefits.

CONSEP training is scheduled for March 10 to 13, from 7:30 a.m. to 4 p.m., at the FFSC. Registration is required. Call the FFSC at 841-2283.

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# Chaplains rousted for all night drill



**ON THE MARCH** – Staff Sgt. Robert Sears, left, Company Commander, and Chaplain Candidate Jaisen Fuson lead the Chaplains Basic Class in marching to the Fire Fighting School trainer on Burma Road

**TWO chaplains pull a rescue sled through a fabricated crawl space in Capt. Howard Kay Hall as part of the Mass Casualty drill.**



## **LT. DAN STALLARD**

Naval Chaplains School, Officer Training Command, Newport

**S**ixteen highly motivated Navy chaplains successfully completed Officer Training Command-Newport's rigorous eight hour "Battle Stations" drill last month.

The new chaplains, in Naval Chaplains Basic Course B03010, were resting in King Hall from a long day of training when they were rousted by the General Quarters (GQ) alarm on Feb. 20 at 11 p.m.

Scurrying from their racks they grabbed their sea bags, mustered in their assigned repair lockers, and were told that an enemy missile had hit the ship. The order was given to abandon ship and no shipmate was to be left behind.

After mustering at the designated abandon ship station, some of the crewmembers had to reenter the burning vessel to get wounded shipmates.

After GQ the chaplains were challenged by six scenarios (drills) in six different locations on Naval Station Newport: Stores and Logistics in King Hall; Mass Casualties in Capt. Howard Kay Hall; Survival

Swimming in Pool 307; Damage Control at the Buttercup wet trainer in Building 403; erecting a Command Center at the Fire Fighting School on Burma Road; and extinguishing fires at the trainer.

Each of these events was physically and emotionally arduous and required a team of committed shipmates to successfully achieve the objectives. To make Battle Stations more difficult the Chaplain Corps students had to march to each location—the longest from King Hall at Coddington Point to the Fire Fighting School trainer.

Without rest or food the chaplains worked together throughout the night until they assembled back at King Hall for a highly motivating ceremony led by Capt. Daniel J. Brennock, Commanding Officer, OTC-N.

Capt. Brennock began the ceremony by calling each of the students "Shipmates!" He went on to share the importance of this training as reinforcing Core Values and the necessity of teamwork.

"You may be a Navy chaplain, but you are also a naval officer," he said.



**CHAPLAINS muster in Pool 307 during abandon ship and survival swimming drills.**



**LT. J.G. FERGUSON HARRIS, left, Chaplain Corps, and his shipmates struggle to control leaking water lines in the Buttercup Wet Trainer.**

**Chaplain (Lt.) Dan Stallard/U.S. Navy photos**

## Naval Station Newport Dining

### Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

The Officers' Club kitchen is reopening on Monday, March 10. Full lunch service and a complete pub menu will be available. Sunday Brunch will resume on Sunday, March 16.

**Today:** Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections.

**Tonight:** Kick off the weekend right with complimentary hors d'oeuvres in the Pub in the Constellation Room, every Friday from 5 to 7 p.m. As always, you can order your favorite beverages or something from the pub menu, available until one hour before closing.

**Saturday:** The Pub in the Constellation Room, (first deck) opens at 4 p.m. Full pub menu available until one hour before closing.

**Monday and Tuesday:** Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections. Dinner, 5:30 to 8 p.m., the Pub in the Constellation Room, Pasta Night. All-you-can-eat fresh cooked pasta, salad and warm garlic bread. Pub opens at 4 p.m. On Tuesdays, free movies at 6 and 8 p.m. in the Constellation Room, first deck.

**Wednesday:** Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections. Dinner, 5 to 7 p.m., the Pub in the Constellation Room, free sliced beef sandwiches. Buy a beverage of your choice and receive a food token redeemable for two sandwiches. Other items also available. Pub opens at 4 p.m.

**Thursday:** Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections. Dinner, 5 to 7 p.m., the Pub in the Constellation Room, Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings, fresh garden salads, and creamy clam chowder. Pub opens at 4 p.m.

**Sunday:** Make reservations today for the first all-hands Sunday Brunch of the year, March 16.

Start with fresh-brewed coffee and chilled juices. Next, visit the made-to-order station where we prepare waffles (with your favorite toppings), Texas french toast, and omelets

made with your choice of ingredients.

The main buffet line features every breakfast item you can imagine, plus delicious home-cooked lunch entrees.

We even have fresh-carved Virginia baked ham and thin-sliced top round of beef au jus with horseradish sauce. Add bagels with cream cheese,



**EVERYONE is Irish on St. Patrick's Day, so come and celebrate a wee bit early with tickets to fine dining and dancing to the sounds of The Shanagans at the Officers' Club on Saturday, March 15. Call 846-2515.**

toast with jams and jellies, and fresh cut fruit — whatever your pleasure. Finally, treat yourself to our decadent dessert bar and enjoy unlimited delights with a fresh cup of coffee.

This all-inclusive brunch (except gratuity) is free for kids 3 and under, only \$3 for kids ages 4 to 12 and just \$11.95 for adults. Reservations and confirmation numbers are required; please call 846-7987.

### Upcoming Events:

Advance tickets may be required for the following events. Gratuity is included in all tickets prices and there is no charge for children age 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during

normal hours of operation or by phone using Visa or MasterCard.

**April 4:** Welcome Spring with tickets to a fabulous all-you-can-eat shrimp feast at the Officers' Club on Friday, April 4!

Enjoy thick-with-shrimp bisque, salad, and warm dinner rolls before you dig into the all-you-can-eat shrimp buffet featuring shrimp cocktail, baked stuffed shrimp, jumbo shrimp scampi, grilled lemon pepper shrimp, Louisiana BBQ shrimp, three-alarm shrimp, table-served golden-fried split-tail shrimp and more!

Tickets are currently on sale

at the Officers' Club Gift Shop and cost \$29.85 for adults, \$11.45 for children (4 to 12), and, as always, children 3 and under are free.

**Please note — Gratuity is included in ticket price. Seating reservations are required and must be made at time of ticket purchase. Call 846-7987 to purchase tickets or for more information.**

### Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

New hours of operation:

The EM Club is open 11 a.m. to 11 p.m., Monday to Saturday and from noon to 8 p.m. on Sunday. The CPO Lounge is

open 4 to 9 p.m. Monday-Thursday, 4 to 11 p.m. on Friday and by request\* on the weekend.

\*The CPO Lounge will be open on the weekend, by request only for a minimum of 20 people or with a sales guarantee of at least \$200. The Lounge may also be reserved for catered events. Requests to open must be submitted by Monday for the following weekend.

**Today:** Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians.



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<p><b>NEW LISTING</b></p>  <p style="font-size: x-small;">Ocean Ridge Estates - Beautiful 4 year old 4 bedroom Colonial on approximately 1 acre, 2,600 sq. ft. of living space, dining room, family room, fireplace, wrap porch, deck, professionally landscaped grounds, 3 car garage, close to beaches, Bird Sanctuary, and schools. Offered at \$515,000. Call Dave McCauley 849-2800x219 or 862-6206.</p>	<p><b>NEW LISTING</b></p>  <p style="font-size: x-small;">Location, Location, Location! Meticulously maintained cottage in prestigious Easton's Point! Sit in your hot tub and enjoy views of Atlantic, Cliff Walk and Newport Bridge. Pine floors, new roof, new oil tank. \$525,000 Call Barry Clark 849-2800x222 eves. 847-8266 or Art Weber 849-2800x254 eves. 849-3547. #301277</p>	<p><b>WATER VIEW CONDO</b></p>  <p style="font-size: x-small;">Stunning views of Narragansett Bay with master bedroom suite on 1st floor. This 2002 townhouse is complete with 2 bedrooms, 2 1/2 baths, study, cherry/corrian kitchen, hardwoods, marble fireplace, whirlpool, central air and full basement. Offered for \$379,000. Call Phyllis Joslin 849-2800x215 eves. 683-0048 #300285</p>
<p><b>NEW LISTING</b></p>  <p style="font-size: x-small;">Four units - Two stores and two - 2 bedroom apartments, Spring/Broadway location, and separate gas heat. \$360,000 Call Dave McCauley 849-2800x219 or 862-6206.</p>	<p><b>NEW LISTING - A MUST SEE!</b></p>  <p style="font-size: x-small;">One-level living in one of Middletown's most desired areas - Peckham Estates. Great layout with newly remodeled kitchen. Gardener's paradise. Home inspection included. \$469,000 Call Barry Clark 849-2800x222 eves. 847-8266 or Art Weber 849-2800x254. #301139</p>	<p><b>NEW LISTING</b></p>  <p style="font-size: x-small;">1900 Cottage with 1000 sq. ft. of living area. Six rooms two bedrooms and a garage. Recent improvements include windows, furnace, and electric. Property being sold "as is" for \$225,000. Easy to show. Call Michelle Gilman 849-2800x240 eves. 849-1637.</p>
<p><b>NEW LISTING</b></p>  <p style="font-size: x-small;">Be ready for the summer in this unique home located in prestigious Touisset Point. Walk to water. Quiet and peaceful setting with tennis, beach, recreation center and wildlife refuge minutes away. Two wood stoves and more. \$389,000 Call Sally Jenkins 849-2800x221 or Barry Clark 849-2800x222 eves. 847-8266 or Art Weber 849-2800x254 eves. 849-3547. #301187</p>	<p><b>NEW LISTING</b></p>  <p style="font-size: x-small;">Newport - Point Cottage complete with open floor plan, pine floors, an inviting front porch, sliders to backyard deck, and a fenced-in yard. This charming two bedroom home is in move-in condition. Offered at \$385,000. Call Rich or Patricia Carrubba 849-2800x226/227 eves. 845-2574. #301018</p>	<p><b>MIDDLETOWN</b></p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>NEW CONSTRUCTION</b></p> </div> <p style="font-size: x-small;">Custom home under construction by one of the Island's most reputable builders in desirable Ocean Ridge Estates. Additional upgrades/options available for the early buyer. \$559,000 Call Art Weber 849-2800x254 eves. 849-3547 or Barry Clark 849-2800x222 eves. 847-8266. #117773</p>
<p><b>DRIVE-BY THEN CALL</b></p>  <p style="font-size: x-small;">Make an appointment to see this 4 bedroom, 1 1/2 bath, fenced yard, off-street parking in nice Newport neighborhood. \$279,900 Call Dave McCauley 849-2800x219 or 862-6206. #216849</p>	<p><b>DON'T WAIT TILL SPRING</b></p>  <p style="font-size: x-small;">TO BUY. You can have this 3 bedroom Portsmouth Colonial. 7 year old, 1/2 acre well landscaped lot, deck. \$290's Call Dave McCauley 849-2800x219 or 862-6206. #218295</p>	<p><b>YOU DON'T HAVE TO BE IRISH</b></p>  <p style="font-size: x-small;">To own this 4 bedroom Colonial with unobstructed water views in great Newport neighborhood. 2 baths, dining room, deck and more. \$447,500 Call Dave McCauley 849-2800x219 or 862-6206.</p>

## Leisure

### Bowling

(Building 656, 841-4293)

Seaview Lanes fall/winter hours of operation follow:

Monday, 5 to 9 p.m.; Tuesday through Friday, 5 to 10 p.m., Saturday and Sunday, 1 to 7 p.m. Every other Saturday night, 8 to 11 p.m. for Rock 'n Bowl.

### Specials

—**Super Tuesday Special:** Visit Seaview Bowling Lanes, Building 656, every Tuesday from 5 to 10 p.m., March 11 through May 27 and you may bowl for just \$1 per game! Shoe rental costs just \$1, as well, making it even more affordable to get out and have some fun!

Food and beverage service is available from the Recreation Center kitchen, so you can come over after work, grab a bite to eat and bowl a few frames! For more information, call the Bowling Center at 841-4293.

—**Rock and Bowl:** Every other Saturday night beginning at 8 p.m. Cost is just \$7 per person. Bowl a strike when the head pin is red and you will win a prize! It's rocking, it's rolling, it's bowling and it's a blast! The next Rock and Bowl night is tomorrow night, March 8.

—**Sunday special** is \$7 an hour from 1 to 7 p.m. for two people.

—**Bowling birthday parties** available Saturdays and Sundays and include reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, including shoe rental.

### Special fitness activities

(Gym 109, 841-3154)

—**March Madness 3-on-3 basketball tournament:** Gym 109 has planned a 3-on-3 basketball tournament on Friday and Saturday, March 14 15.

The tournament is open to all eligible patrons and there is no charge for military or dependents to participate. There is a \$15 per team fee for DoD.

The tournament will be divided into the following age brackets: 15 to 17, 18 to 34, 35 and over. Pre-register your threesome at Gym 109, Monday through Friday from 9 a.m. to 5 p.m., by March 12.

An informational meeting will be held in Gym 109 on Thursday, March 13 at 4:30 p.m. For more information, contact Jim Gauch at 841-7196.

—**Sign up for intramural volleyball:** Register today for the intramural volleyball league at Gym 109! Open to adults 18 and over, registrations will be accepted Monday

through Thursday, 9 a.m. to 5 p.m. Matches begin March 24 and are played Monday through Thursday evenings on Court No. 2 at 5:30, 6:30 and 7:30 p.m. through May 15.

Active duty, retirees, reservists, dependents and DoD civilians are welcome to participate. There is a \$15 fee for DoD civilians.

There will be a coaches meeting March 12, at 4:30 p.m. in Gym 109.

### Computer Café

(Building 656, 841-2194)

\*Personal computers available seven days a week to send and receive email, surf the web, play games, etc. — all at no charge.

Open Monday through Friday at 7:30 a.m.; Saturday, 11 a.m. to 11 p.m. and Sunday, noon to 8 p.m. Food menu available from the Recreation Center kitchen.

### Naval Station movies

•**Officers' Club** — Tuesday, March 11: 6 p.m., *8 Crazy Nights* (PG-13); at 8 p.m., *Ghost Ship* (R).

•**Recreation Center** — The following movies are shown upon request beginning tonight: *White Oleander* (PG-13) and *Punch-Drunk Love* (R).

## Army Veterinary Clinic

The U. S. Army Veterinary Treatment Facility, Building 303, will offer a one-day vaccine clinic tomorrow, from 1 to 3 p.m.

Vaccinations will be offered for dogs and cats. Heartworm/Lyme tests will also be offered to dogs. The clinic will be offered on a first-come, first-served basis. The following guidelines apply:

- All rabies vaccines will be one-year vaccinations unless owner provides a past certificate, or has one on file with the clinic.

- No medical concerns will be addressed. Please schedule an appointment with clinic if your pets are ill.

- Dogs must be leashed and cats must be in a carrier.

- Services are provided for active duty, retired service members and dependants. You must provide your military ID.



**BUSTER, left, and puppy Duce, boxers of retired Navy Chief Nathan and Joy Christmas, patients of the U.S. Army Veterinary Treatment Facility, relax at home. A one-day vaccine clinic will be tomorrow from 1 to 3 p.m.**

- Please note that children under 12 are not allowed in the clinic and may not be left unattended outside of the clinic.

This policy will be strictly

enforced and anyone bringing children under the age of 12 will NOT RECEIVE SERVICE.

For an appointment or more information, call 841-3994.

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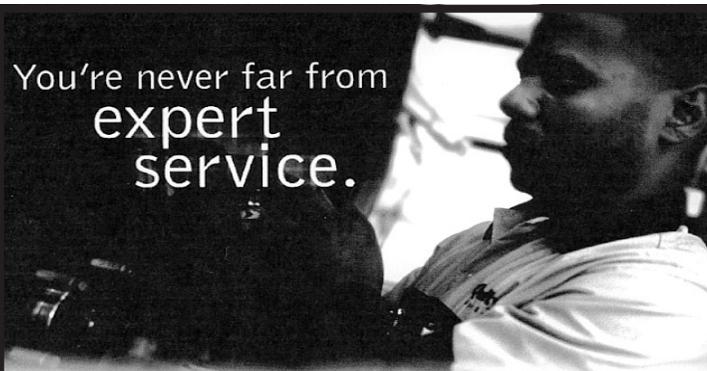


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# SECNAV visits Sailors and Marines in Gulf region

Navy and Marines Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week's Navy/Marine Corps News show:

## Newport Naval Cable TV

— Acting Secretary of the Navy Hansford Johnson visits forward-deployed Sailors and Marines in the Arabian Gulf.

— Atlantic Fleet Master Chief B. L. Heffernan talks about the Navy's new "Perform to Serve" initiative.

— Chief of Naval Personnel Vice Adm. Gerry Hoewing brings Sailors stationed in Florida up to date on personnel issues.

— San Diego based "Operation Homefront" makes the welfare of servicemembers and their families a top priority.

## Sports

### Intramural basketball

The Naval Station (NAVSTA) Newport Intramural Basketball League final results ending Feb. 28, follow:

#### 18 and over

Feb. 24

JAGS def. REDCOM, 47-36  
NACC def. SWOS, 54-48  
Rockwilderz def. Brewers, 53-36

Feb. 26

Mavericks def. REDCOM, 71-37  
Rockwilderz def. Bulldogs, 54-49  
Brewers def. PWT, 56-40  
Navy State def. JAGS, 57-54

Feb. 27

NACC def. Bulldogs, 48-45  
Mavericks def. SWOS, 69-40  
Navy State def. PWT, 52-51

#### 35 & Over

Feb. 25

NWC Juniors def. Nothing But Net, 54-41  
No.1 Draft Picks def. Grumpy Old Men, 61-45  
NACC def. CNW, 42-26

#### Standings

Navy State.....14-0  
Mavericks.....11-3  
NACC.....9-5  
SWOS.....7-5  
Bull Dogs.....6-6  
Rockwilderz.....6-8  
JAGS.....5-8  
Brewers.....4-9  
PWT.....0-12

#### 35 & Over

NWC Juniors.....6-0  
Nothing But Net.....4-2  
No. 1 Draft Picks.....3-3  
CNW.....2-4  
NACC.....1-5  
Grumpy Old Men.....0-6

### Health and Wellness Videos

The Naval Ambulatory Care Center and the Health Promotion Action Council want to help service members achieve and maintain their optimal

health and wellness, while learning more about disease prevention.

Health education and wellness programs are now offered on Newport Naval Cable Tele-

vision channel 13, daily, following Navy and Marine Corps News.

During next week's featured segments, beginning March 10, learn more about *Insomnia*

and *Migraine & Other Headaches*. If interested in classroom/video programs or in participating in the Health Promotion Action Council, call 841-6777.

**“This plan meets my goals in life: simplify, simplify, simplify.”**

“Uniformed Services Family Health Plan makes it easy to get the care you need. Once, when I received a bill by mistake, I just called them up and they took care of it – right there on the phone. No problem at all.”

- Major Fred Ritvo, US Army Ret.  
US Family Health Plan member;  
Brewster, MA

At US Family Health Plan, we've been providing health care for military families for over 20 years, earning high patient satisfaction ratings for care and service.



- You get additional benefits at no extra cost. We cover everything that TRICARE offers, plus annual physicals, routine eye exams, and more.
- You save over 66% on prescriptions with our mail-order pharmacy service.
- It's simple – no claim forms, no deductibles, very little paperwork.

Enrollment is open all year, to military beneficiaries of all ages. For more information, visit [www.brightonmarine.org](http://www.brightonmarine.org) or call 1-800-818-8589.



US Family Health Plan is the Uniformed Services Family Health Plan, a permanent part of the military health system.

## Blood

Continued from Page 13

door as employees made their way to the Division's gymnasium and waited over 45 minutes to fill an empty donor table.

The Blood Center ignored its scheduled closing time and the nurses worked until all volunteers in line had been afforded an opportunity to

donate.

"This turnout required significant sacrifice on the part of the donors, the RIBC staff, and the Occupational Health and Security Division staff," noted Fisher.

When the day was finished, over 158 pints of much needed blood had been collected.

## Garrett

Continued from Page 3

for Sailors to stay in some of the high technology ratings, such as electronics technician, electrician's mate (submarines), and gas turbine systems technician, he said. Reenlistment bonuses for some ratings are \$5,000 or more, depending on the job.

Since Sept. 11 and the press for homeland security, there are 4,000 unfilled billets in the master-at-arms rating. It may take two to four years before the MA billets are filled, he said.

Garrett said some of the over-manned ratings are fire control technician, intelligence specialist, and yeoman (submarine and surface). Some ratings at the correct level are aviation electrician's mate, aviation support equipment technician, cryptologic technician, storekeeper and journalist.

"Basically, each Sailor is building his or her own resume. They post their college credits, enlisted warfare qualifications, training— all information on the SMART transcript," he said. "So they compete with everybody in the Navy in their rating, and the best resume moves on."

He said the approach lets the Navy keep the "cream of the crop," and everyone else is shown the door. Garrett, for example, is air and surface warfare qualified, and is working on his associate's degree from St. Leo University in Florida.

If a Sailor wants to stay in, is getting college credits, and is squared away, the Navy will find a place for him or her.

If a little spiritual guidance can help with career guidance, Garrett can help there, too. He is also an ordained minister.

## Prescription refills now available online

In a continuing effort to meet the needs of its patients, Naval Ambulatory Care Center (NACC) Newport, and neighboring medical clinics under Naval Health Care New England (NHCNE), has added a convenient online computer prescription refill service.

As with the telephone refill system, this new service is available 24-7 from the comfort of your own home via your personal computer.

Refills are routinely filled and ready to be picked up in two working days.

The new cyber refill system is linked directly to the newly installed AUDIOREFILL System that also offers patrons access to drug information

and the status of their prescription.

Selecting "Prescription Status" enables patrons to see how many refills are remaining on a prescription, or if it is too early to request refills. When selecting "Refill Prescription," simply follow the prompted directions.

For those patrons who prefer to use the phone-in refill system, call 1-(877) 211-1126, and follow the voice prompts.

These services eliminate the time patients spend to walk in and wait for refills. It also greatly reduces the process time in the pharmacy for new patient refills, especially for acutely ill patients.

## Environment

Continued from Page 3

touched on water pollution, conservation, the natural filtration process, as well as things the children could do individually to protect and conserve the resource.

In another opportunity to educate, Environmental, in coordination with the NAVSTA Newport Fire Department's Hazardous Materials (HAZMAT) team, visited Portsmouth Middle School to show fifth graders the precautions and procedures involved in the event of oil and chemical spills. The students learned about the equipment used by responders in recovering hazardous materials as well as the protective equipment, breathing apparatus and decontamination procedures.

Under the coordination of Environmental, more than 200 people from NAVSTA and its tenant commands participated in the annual Earth Day base-wide cleanup in April. The effort netted more the eight tons of debris, along six miles of coastline. Additional cleanups have been implemented in an effort to keep the

base cleaner throughout the year.

In a community outreach initiative, several members of the department volunteered to partner with sixth graders at Gaudet Middle School in Middletown in a cleanup of its school grounds.

Also in April, conservation highlighted NAVSTA's celebration of Arbor Day. Environmental, in coordination with the NAVSTA Housing Office, conducted ceremonial tree and shrub plantings throughout NAVSTA's housing areas.

Another opportunity to educate played out in NAVSTA's participation in an annual charitable community event. Joined by members of the NAVSTA Public Works and Fleet Operations Department, Environmental assisted in the annual rubber duck river race in Westerly, R.I. The NAVSTA team assisted by deploying oil spill containment boom to contain and guide thousands of tiny toy ducks dumped into the Pawtucket River. The community-spirited event also served as means demonstrate

role booms play in preventing the spread of oil in response to hazardous spills.

Environmental successfully coordinated and monitored an extensive remediation of the McAllister Point Landfill. An estimated 26,000 cubic yards of contaminated sediment and landfill was dredged, and disposed of. However, the dredging adversely impacted eelgrass beds, a sensitive ecological habitat.

In a restoration effort, Environmental, in collaboration with the National Oceanic and Atmospheric Administration (NOAA), U.S. Fish and Wildlife, Rhode Island Department of Environmental Management, U.S. Environmental Protection Agency and the University of Rhode Island (URI), developed a habitat mitigation plan.

The research project entailed transplanting and seeding eelgrass in various locations in Narragansett Bay. The team effort has afforded URI the opportunity to test and monitor new techniques to preserve this environmentally sensitive area.

## Retired admiral guest speaker at Women's History Month event

By **BOB KREKORIAN**  
NAVSTA Public Affairs Staff

Retired Rear Adm. Barbara McGann, Executive Director, Rhode Island Chapter, American Red Cross, will be the keynote speaker at Naval Station (NAVSTA) Newport's celebration of Women's History Month on Thursday, March 20, at 10:30 a.m. in Captain Howard N. Kay Hall.

McGann was former Provost of the Naval War College, and retired in 2002.

A poster display highlighting the lives and pioneering achievements of famous women in the fields of law, education, the performing arts, politics and government, will be exhibited in the Building 690 Atrium.

The exhibit will include two video documentaries, "A Women's Place," and the award-winning "How We Got the Vote."

National Women's History

Month, celebrated every March, is a special opportunity to recognize and celebrate women's contributions to the Navy and our nation, Vice Adm. Gerald L. Hoewing, Chief of Naval Personnel and Deputy Chief of Naval Operations (Manpower and Personnel), said in an all-Navy message.

"Women Pioneering the Future" is this year's theme, which is certainly reflected by U.S. naval history.

"Women have supported the Armed Forces since the American Revolution, even sailing aboard ships in the Colonial Navy. Today Women serve throughout the Armed

Forces.

"They are in command of warships, leading by example as command master chiefs ashore and afloat, engaging Iraqi anti-aircraft artillery batteries, and, having slipped the bonds of earth, hurtling through outer space.

"Filling billets once occupied only by men, Navy women — active, reserve, and civilian — serve proudly in exacting positions of leadership around the globe. These professionals shoulder formidable responsibilities and personify the image of honor, courage, and commitment.

"Take time to participate in your local observances throughout the month," Vice Adm. Hoewing said. "You will find items of interest on command bulletin boards."

See also the National Women's History website: [www.NWHP.org](http://www.NWHP.org)



**Barbara McGann**

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**CARPENTERS & LEAD CARPENTERS** needed for frame crew for work in the Newport RI area. Paid holidays, vacation, health insurance & growth opportunities. Own hand tools & transportation required. Self-motivated good attitude a must. Call 401-265-6476.

CLEANING/MAINTENANCE Self motivated individual to perform all aspects of housekeeping duties as well as light maintenance work & setup & breakdown of functions. Heavy lifting required. Must have own vehicle 25-35 hrs./wk. morning. Apply in person 11 Long Wharf, Newport, between 10-2. No phone calls.

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DENTAL HYGIENIST: For desirable Newport office. Benefits. 3 per wk. Call 847-7662

DOCK PERSONNEL People needed to assist w/bldg. floats & get marina ready for season. Must have marine experience & be handy w/tools. Heavy lift required. 25-35 hrs./wk. Apply in person 11 Long Wharf, Newport, between 10-2. No phone calls.

DRIVERS WANTED, full or part time, flex hours if needed. Apply in person, Mama Leone's, 150 Connel Highway, Newport.

FRONT DESK AGENT: Local Inn seeks Front Desk Agent for downtown property. Must be friendly & sale oriented. Please call 849-2693 fax resume to 847-8543

## 10 - Help Wa

GYMNASTICS INSTRUCTORS needed for 1 or more days per wk. Call Nina or Jim at 847-920

HAIRDRESSER wanted for Newport salon. Elizabeth, 253-4206, eves.

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LEASING/OFFICE ASST. for lge. apt. community. Mostly part time, soon full time required. Must have car & valid driver's lic. Great pay + commissions. Call Northgate 847-7804.

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NURSING: RN upto \$30, LPN upto \$26, CNA upto \$15. Preference Health Care, 245-0795.

RECEPTIONIST Trainee Mon. to Fri., AM's start. Top pay. 846-781

RESTAURANT STAFF, RETAIL STAFF, immediate openings, HIGH PAY SCALE. Full & part time, weekends eves. a must. Experience only need apply. Apply in person at Anthony's Seafood, 96 Aquidneck Avenue, Middletown. 846-9620.

WAITSTAFF. Apply at Reidy's Restaurant 3351 E. Main Rd., Portsmouth ask for Bob.

## 12-Earning Opp

ATTN. Work from home \$500-\$1500 part time \$2000-\$4500 full time www.workfromhomeRI.com Health/Nutrition 846-756

## 170-Services

DUMP RUNS, attics, basements, garages, etc., negotiable. brush. 849-1362.

## 350-Instructio

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## 530 - Household

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1 BDRM. refurbished. No smoking/pets, laundry \$800+. Edith Cushing, ReMax 848-6750.

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NEWPORT: Lge. 2 bdrm., 2 flrs. 1 b. washer/dryer. Walk to downtown. No smokers/pets. \$1,100+. Pet 846-4668.

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## 730 - Houses

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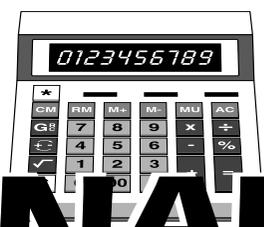
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## USS Iwo Jima on deployment

NORFOLK, Va. (NNS)—More than 4,000 Sailors and Marines attached with the USS Iwo Jima (LHA 7) Amphibious Ready Group (ARG) have begun a scheduled deployment. The ships include the Norfolk-based amphibious assault ship USS Iwo Jima (LHA 7), the amphibious transport dock ship USS Nashville (LPD 13), and the Little Creek-based amphibious dock landing ship USS Carter Hall (LSD 50).

The 26th Marine Expedi-

## Navy-wide news

tionary Unit (Special Operations Capable) (MEU/SOC) also deployed as a major component of the Iwo Jima ARG. The 26th MEU is headquartered at Camp Lejeune, N.C. Others deployed with the Iwo Jima ARG include landing craft utility boats and landing craft, air cushioned vehicles and assault craft.

## 800 more join USNS Comfort

BETHESDA, Md. (NNS) Medical and support staff from National Naval Medical Center (NNMC) and several other Navy medical units in the region have been ordered to join the Navy's hospital ship USNS Comfort (T-AH 20) deployed to the U.S. Central Command (CENTCOM).

The deployment of more than 800 additional crewmembers will bring the ship up to its 1,000-bed capability.

Comfort deployed Jan. 6 as part of the repositioning of forces and assets in support of the president's global war on terror and future contingencies. One of two U.S. Navy hospital ships operated by the Military Sealift Command, Comfort's primary mission is to provide flexible medical response to support operations.

Comfort's medical crew is comprised of personnel from the National Naval Medical Center and its branch medical clinics, as well as from other naval hospitals and clinics along the Eastern seaboard. The largest group of Navy medical and support personnel to staff the Comfort comes from NNMC.

## Nimitz bringing 8,000 to Gulf

SAN DIEGO (NNS)— More than 8,000 Pacific Fleet Sailors assigned to the USS Nimitz (CVN 68) Carrier Battle Group (CVBG), led by Commander, Cruiser Destroyer Group 5, Rear Adm. Samuel J. Locklear III, deployed March 3 to the Arabian Gulf in support of the global war on terrorism.

The aircraft carrier USS Nimitz (CVN 68), homeported in San Diego deployed with the following battle group ships: USS Chosin (CG 65), USS Princeton (CG 59), USS Fitzgerald (DDG 62), USS Rodney M. Davis (FFG 60) and USS Bridge (AOE 10).

Nimitz and other San Diego-based ships left on March 3. Bridge and Rodney M. Davis departed the Pacific Northwest and joined Nimitz off the coast of Southern California for the transit West across the Pacific Ocean. Chosin departed Pearl Harbor, Hawaii, and joined the battle group in the Pacific.

The crews of USS Benfold (DDG 65) and USS Oldendorf (DD 972) will join the Nimitz Battle Group later in the year as part of the Navy's Sea Swap Program.

## West Coast ships offload in Kuwait

CAMP PATRIOT, Kuwait (NNS) — A joint-service, multinational force is currently participating in the offload of seven American West Coast ships at Camp Patriot, Kuwait..

The armada of ships, known as Commander, Task Group (CTG) 51.6, recently arrived to offload personnel and equipment for possible future contingencies in the Central Command area of responsibility.

This is the third such offload to take place at Camp Patriot. More than 2,000 Sailors, Marines, Soldiers, Airmen and Coast Guardsmen make up Camp Patriot, which is the location for CTG 51.8.

During the week-long process, Camp Patriot residents will work with their Kuwaiti counterparts in ensuring weapons systems, aviation assets, combat equipment, military supplies and more than 1,500 Marines from the 1st Marine Expeditionary Battalion are transported from the beach to their specific mission areas.

## Groton mourns lost astronaut

GROTON, Conn. (NNS) — Nearly 17 years to the day after the world watched Space Shuttle Challenger explode after launching, they were shocked again as they watched Space Shuttle Columbia break apart

approximately 200 miles above Texas, during the return to Earth Feb. 1..

All seven astronauts were lost in that tragedy, and many people felt the loss of these seven heroes, including Cmdr. Laurel Clark who, for a short time, called Naval Undersea Medical Institute (NUMI)

home.

NUMI paid tribute to Clark, a NUMI alumna who graduated from the Undersea Medical Officer Candidate Class 59 in 1989.

Before her flight, the NUMI staff designed a special T-shirt for her to carry into space.

# Cuffy's End-of-Winter CLEARANCE SALE

*We're getting ready for our Spring merchandise to arrive so we're offering you these great sale prices on our fall & winter items. Don't wait... quantities are limited and when its gone... it's Spring!*

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