

The Newport Navallog

VOL. 103 NO. 33 AUGUST 22, 2003

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Top choices for snacking

The Newport Commissary and Health Promotion Department promote healthy snacking with fruits and vegetables.

— Page 2



Blood drive passes goal

Rhode Island Sen. Reed stops by NUWC's blood drive that collects 197 pints and surpasses a 10,000 pint milestone.

— Page 3



NEX ready for school

Navy Exchange stocks the latest fashions for back to school shoppers this season.

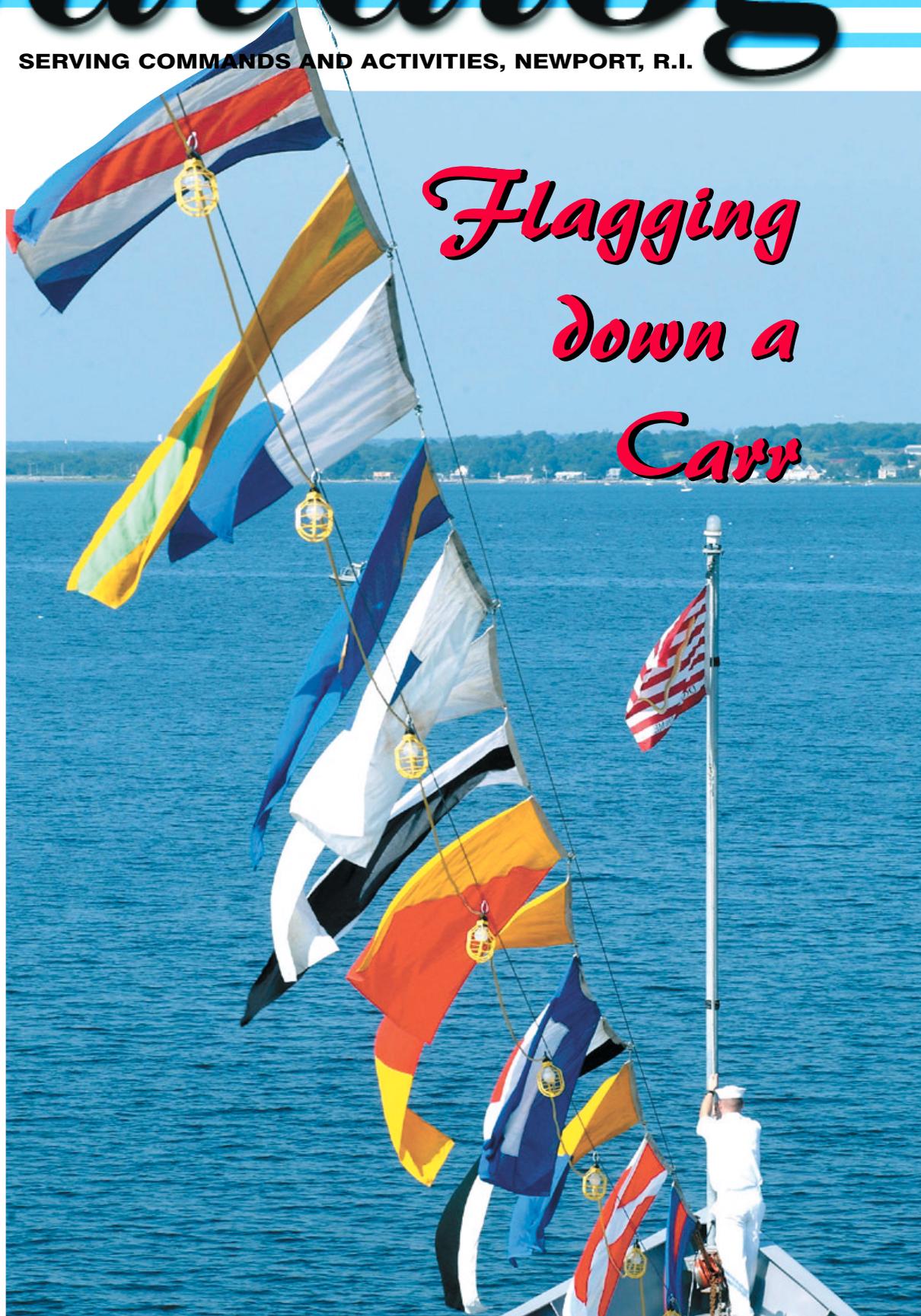
— Pages 8-9



Basketball exhibition

The Harlem Ambassadors exhibition basketball team schedules a visit to Gym 109 next month.

— Page 12



Flagging down a Carr

ADDING A LITTLE COLOR — Yeoman Second Class (SW) Brian Sturdevant, aboard the guided missile frigate USS Carr at Pier Two, secures lines to the ensign while signal flags fly over the ship's superstructure. The Oliver Perry Class warship from Norfolk, Va., is visiting Newport as schoolship for the Surface Warfare Officers School Command.

Ron Fontaine/U.S. Navy photo



Healthy snackin'



Newport Commissary and the Health Promotion Department at Naval Ambulatory Care Center (NACC) Newport joined forces last week to promote fruits and vegetables as healthier snack alternatives.

Trays of fruit, veggies and dips were available for patrons to sample.

TOP PHOTO: Kristin Wilkes, NACC nutritionist/dietician, shares a laugh with shopper Lt. Shawn Bohrer, Department Head student at the Surface Warfare Officers School Command (SWOSCOLCOM), at the '5-A-Day The Color Way' display table.

LEFT PHOTO: Commissary merchandiser Helen Rameika makes banana smoothies.

Another health snack display will be Tuesday, Aug. 26, 10 a.m. to 1 p.m., at Fitness-PLUS, Building 355.

For more information, contact coordinator, Ava Cromwell at the Newport Commissary Store at 841-2211.

Richard Alexander/U.S. Navy photos

Fireworks to cap last band concert

By **KIM MALLOZZI**
NAVSTA Public Affairs Staff

Naval Station (NAVSTA) Newport will conclude its Summer Concert Series on Friday, Aug. 29, at 5 p.m. on Dewey Field where Navy Band Northeast will present a "Salute to Summer" followed by a spectacular fireworks display.

The concert will open with Forecast, Navy Band Northeast's contemporary vocal and jazz combo. Rhode Island Sound will perform a mix of rock 'n roll and top 40.

Navy Band Northeast's Concert Band will perform a program of patriotic marches and

light concert pieces, followed by a dazzling fireworks display over Narragansett Bay about 9 p.m.

The concert is free and the public is invited as guests of the Commanding Officer, Naval Station Newport.

Visitors should bring chairs and blankets and enter Naval Station Newport through Gate One, the main entrance near the Officers' Club; Gate Four, off of Coddington Highway; or Gate 11, near the Naval Undersea Warfare Center.

The Officers' Club will sell concessions under tents on Dewey Field.

Rain date for the concert and fireworks is Aug. 30.

Hydrant flow testing may cloud tap water

From Aug. 25 to 29, the Naval Station Newport Fire

Department will perform hydrant flow tests in several Navy family housing areas including Melville, Rainbow Heights, Fort Adams and Greene Lane, William Monaco, NAVSTA water quality engineer, has announced.

The schedule is:

Melville—Aug. 25-26

Rainbow Heights— Aug. 25-26

Fort Adams — Aug. 25-26

Greene Lane — Aug. 27-28



Hydrants not completed during this schedule will be completed on Aug. 29.

There is a possibility that tap water may turn slightly brown during testing, so

housing residents should check for discoloration before cooking, drinking and doing laundry. The tap should be run for several minutes until the water is clear.

Anyone with questions may call his housing manager or call Monaco at 841-6376.

Navalog

Capt. Ruth A. Cooper
Commanding Officer, Naval Station Newport

David Sanders NAVSTA Public Affairs Officer	Bob Krekorian NAVSTA Public Affairs Staff	Greg Kohlweiss NAVSTA Public Affairs Staff
Ron Fontaine NAVSTA Public Affairs Staff	Joy Christmas NAVSTA Public Affairs Staff	Richard Alexander NAVALOG Editor

The Newport Navalog is published weekly by Edward A. Sherman Publishing Co., a private firm in no way connected with the U.S. Navy, under exclusive written contract with the Naval Station Newport.

The Editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Station, Newport, R.I. The Newport Navalog reserves the right to edit or correct copy to comply with its policies. This publication receives dispatches from the American Forces Press Service (AFPS).

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense or Edward A. Sherman Publishing Co. of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron, if a violation or rejection of the equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

The Newport Navalog is printed on recycled paper.



NUWC Newport photo

RECORD SETTER — Elisa Ketter of Middletown, wife of Naval War College student Lt. Cmdr. Timothy Ketter, donates a pint of blood at the R.I. Blood Center blood drive at the Naval Undersea Warfare Center Division, (NUWC) Newport on Aug. 14. Her donation put NUWC over the 10,000 pint mark for the past 23 years.

NUWC blood drive breaks its 10,000 pint milestone

MIDDLETOWN — The Naval Undersea Warfare Center (NUWC) Division, Newport, surpassed its 10,000 pint milestone in an all-hands blood drive Aug. 14.

Since 1980, when the Rhode Island Blood Center organized its first blood drive at what was the Naval Underwater Systems Center (NUSC), NUWC Division has conducted four to five blood drives annually. At those drives, the division has consistently provided a large number of donors and set the standard for corporate drives throughout the state.

In the 23 years since its first drive at NUWC, the Blood Center had collected 9,819 pints of blood from drives at the Navy research center. To surpass the milestone, the command needed the near one-day record 181 eligible donors.

Through the efforts of NUWC's military, civilian and contractor employees, along with retirees and friends, NUWC's blood drive surpassed its goal and resulted in over 220 individuals registering, and 197 pints of blood being collected.

Charles Fitzgerald, senior



Ron Fontaine/U.S. Navy photo

SEN. JACK REED, D-R.I., on an orientation visit to NUWC, stops by the blood drive to offer encouragement and support to the donors.

regional account manager for the R.I. Blood Center, said "The average corporate drive generates between 30 to 40 donations. Even the well-pub-

licized, one-day, media-backed drive held at the malls and other public places usually doesn't usually generate 197 donations."

Newport Naval Cable TV

200 Sailors earn U.S. citizenship

Navy and Marine Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week's show:

— More than 200 Sailors serving in the Hampton Roads, Va., area become American citizens in a ceremony aboard USS Theodore Roosevelt.

— The aircraft carrier USS Constellation (CV 64) is decommissioned in San Diego after more than 40 years of service

— The amphibious dock landing ship USS Portland is decommissioned after 25 major deployments over 30 years.

Health and Wellness Videos

The Naval Ambulatory Care Center and the Health Promotion Action Council want to help service members achieve and maintain their optimal health and wellness, while learning more about disease

prevention.

Health education and wellness programs are now offered on Newport Naval Cable Television channel 13, daily, following Navy and Marine Corps News.

During next week's featured segments, beginning Aug. 18, learn more about *Arthritis* and *Asthma in Children*. If interested in classroom/video programs or in participating in the Health Promotion Action Council, call Health Promotion Department at 841-6777.

Fleet and Family Support

Parents and teenagers may be interested in the Fleet and Family Support Center video series. These programs deal with a variety of topics, which are of interest to children of all ages, and families.

The programs air daily on channel 11 at 10 a.m., 1:30 and 7 p.m. The weekly schedule is displayed below.

To obtain a video schedule or for more information, contact the Public Affairs Office at 841-3538.

Correction

Lt. Mark Terrell, international student instructor, was misidentified in a *Newport Navallog* photo last Friday as the officer demonstrating how Sailors use the Engineering Operational Sequencing System (EOSS) to operate and troubleshoot engineering operations aboard ship.

He was shown explaining EOSS to a group of Japanese naval officers from the visiting destroyer Setogiri.

DAY	TITLE
Friday through Sunday	Single Parenting
Monday	The Art of Communication
Tuesday	Parenting Adolescents Wisely, Part I
Wednesday	Parenting Adolescents Wisely, Part II
Thursday	Parenting Adolescents Wisely, Part III

RAMADA INN & NEWPORT INN

\$111 + tax per night
Sunday-Thursday Expires 8/30/03

with Military Orders also
\$20. a day in "Funny Money"
towards food or beverage

Based on availability

In all our rooms we feature:

Microwaves & Refrigerators • 25 or 27" TV's • Coffeemakers

Included at no charge:

Indoor Heated Pool • Gameroom • FREE Showtime 1, 2 & 3
Large Fitness Room • Restaurant/Lounge on Premises • Guest Laundry Facility

SWEDISH TEMPURPEDIC MATTRESSES
IN ALL ROOMS

936 West Main Road, Middletown, RI
401-841-9200

Bravo zulu

Joint Service Commendation Medal

Lt. Jennifer Johnson, Commanding Officer, Surface Warfare Officers School Command, July 17, 2003.

Navy Commendation Medal

Lt. Mark Carter, Commanding Officer, Surface Warfare Officers School Command, July 17, 2003.

Lt. James Rapley, Commanding Officer, Surface Warfare Officers School Command, July 17, 2003.

Lt. Ronald Lott, Commanding Officer, Surface Warfare Officers School Command, July 17, 2003.

Meritorious Service Medal

EMCS Mark McCutcheon, Naval Station Newport Disaster Preparedness, from Commander, Navy Region Northeast, July 16, 2003

Capt. David Burnes, Naval Station Newport Public Work Department, from Commander, Navy Region Northeast, July 16, 2003

Lt. Cmdr. Francisco Rosario, from Commanding Officer, Surface Warfare Officers School Command, July 17, 2003.

Navy/Marine Corps Achievement

BM2 Daniel Gallagher, Naval Station Newport Seaport Operation Department, from Commanding Officer, Naval Station Newport.

Community Service Award

Naval Station Newport, from Deputy Chief of Naval Operations for Fleet Readiness and Logistics, July 16, 2003

Letter of Appreciation

Bob Krekorian, Naval Station Newport Public Affairs Office, from USS Ashland Association, July 16, 2003

Carol Gray, Naval Station Newport Combined Bachelor Housing, from Naval Criminal Investigative Service Northeast, July 16, 2003

HN Stephanie Stock, Naval Ambulatory Care Center, from Deputy, Naval Ambulatory Care Center Newport, July 23, 2003

HN Devin Kelly, from Deputy, Naval Ambulatory Care Center Newport, July 23, 2003

NUWC appoints three to head new programs

Three employees of the Naval Undersea Warfare Center (NUWC) Division, Newport have been selected to head new program areas within the Division.

In recent announcements, division executive director Donald McCormack, and division commander Capt. John Mickey, announced the selection of Dr. Susan Kirschenbaum of Kingston, R.I., as the Human Systems Integration coordinator, James Pollock of Portsmouth, R.I., as director, Homeland Security



Kirschenbaum



Babb



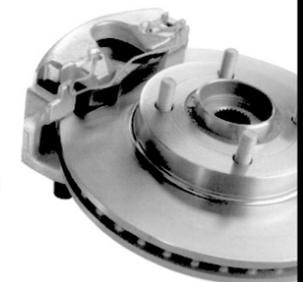
Pollock

Programs, and John Babb of Ohio Class Somerset, Mass., as Division **NUWC, Page 13**

NOBODY
KNOWS YOUR FORD BETTER.
NOBODY
DOES IT BETTER ALL IN ONE STOP.



Motorcraft®
BRAKE SERVICE
DONE IN
2 HOURS
OR LESS,
OR RECEIVE A FREE OIL CHANGE ON US.



■ Designed, engineered, recommended for your vehicle by Ford Motor Company.

Install Motorcraft® Preferred Value front or rear brake pads on most cars or light trucks. One axle. Offer applies to replacing pads or shoes only, excludes machining rotors and drums. Two-hour repair time measured from customer repair order authorization to customer notification of brake service completion. Offer applies during all Dealership business hours. Taxes extra. See Dealership for details.

\$59⁹⁵ **Motorcraft®**
Tested Tough®
PLUS battery

• With 84 month warranty

MSRP. With exchange. Taxes and installation extra.
See Dealership for price and limited warranty details.
Expires 9/30/03

\$34⁹⁵ **Maintenance**
Value Package

- Motorcraft® oil and filter change • Rotate tires
- Check belts and hoses • Test battery • Top off all fluids
- Check air filter and cabin air filter • Inspect brakes

Up to five quarts of Motorcraft® oil. Taxes and disposal fees extra.
See Dealership for details. Offer valid with coupon.
Expires 9/30/03

QualityCare™
Auto Service



Fall River Ford, Inc.

292 William S. Canning Blvd., Fall River, MA

508-730-1000

Somos Portuguese Hablamos Espanol.

1-800-667-4996

www.fallriverford.com • sales@fallriverford.com

New Service Hours:

Mon. - Thurs. 7:30am-6:00pm • Fri. 7:30am-5:00pm • Sat. 7:30am-3:00pm



Ron Fontaine/U.S. Navy photo

JOANNE O'DONNELL, left, chairperson of volunteers, Navy-Marine Corps Relief Society, Newport, briefs the new president of NMCRS, retired Adm. Steve Abbot and Mrs. Abbot on Thrift Shop operations last Monday.

Keeping good credit essential to finances

Good credit is an important part of financial planning. Establishing credit, correcting credit problems, and rebuilding good credit are important skills. Credit reports are used not only by banks, loan companies, and credit card companies, but also by rental proper-

ty agencies, potential employers, and can be part of a job security clearance process.

—Thursday, Aug. 28, from 7 to 9 p.m., and learn about your options and decipher real estate lingo.

You will meet with a representative from the Navy Feder-

al Credit Union to hear firsthand about qualifications for mortgages and other financial options. Home-buying information will be available for all areas of the United States.

To register of for more information, call 841-2283.

Identity Theft—Come to the Fleet and Family Support Center on Thursday, Sept. 4, from 11:30 a.m. to 1 p.m., and

attend the Identity Theft program. Hear how you can reduce your risk of identity theft, and what to do if your identity is stolen. Registration is required. Call 841-2283.

Fleet and Family Support Center

ty agencies, potential employers, and can be part of a job security clearance process.

A representative from the Navy Federal Credit Union will conduct a seminar on the Credit Process at the Fleet and Family Support Center on Tuesday, Aug. 26, from 11:30 a.m. to 1 p.m. Come and learn how to read, understand, and correct your credit report. Registration is required and may be made by calling 841-2283.

College Funding —This workshop is scheduled for Wednesday, Aug. 27, from 11:30 a.m. to 1 p.m., at the Fleet and Family Support Center. A Navy Federal Credit Union representative will be discussing the average annual cost of a college education and various sources of college funding.

Registration is required and may be made by calling 841-2283.

Homebuyers' Workshop

“The accident was 20 miles from nowhere in Montana. US Family brought us home.”

“My wife and I were in an automobile accident in Montana, 20 miles from the nearest town. It took two ambulances and two aircraft to air-evac us to Billings. She was in intensive care for a week. After a few more weeks, when I thought I'd be spending the rest of my life in Billings, Montana, the Uniformed Services Family Health Plan sent a Lear jet out of Denver. It landed at 8:00 a.m. and we were on our way at 9:00 a.m. – the pilot, copilot, ambulance attendant, flight nurse and the two of us. Four hours later we landed in Hyannis, where an ambulance was waiting to take my wife to the rehab hospital in East Sandwich. I thought that was rather extraordinary.”

- Rod Walz, US Air Force, Ret.
US Family Health Plan member;
Falmouth, MA

At US Family Health Plan, our mission is to help you get the care you need – even in the middle of nowhere. Enrollment is open all year – to military beneficiaries of all ages. For more information, call 1-800-818-8589.



Since 1984

Signatures
O.F.N.E.W.P.O.R.T

- Engraving •
- Monogramming •
- Awards •
- Personalized Products •
- Custom & Wedding Invitations •

Tel: 401.849.6111
Fax: 401.846.1350
www.signaturesofnewport.com

-The Polo Center-
700 Aquidneck Avenue
Middletown, RI 02842



US Family Health Plan is the Uniformed Services Family Health Plan, a permanent part of the military health system.

What's going on

Carriages, coaches in exhibition

As many as 16 carriages and road coaches, and 70 horses, will parade through parts of Newport and Middletown this weekend, as part of the Preservation Society of Newport County's Weekend of Coaching.

A free exhibition Saturday at 10 a.m. on the grounds of The Elms on Bellevue Avenue will give the public a chance to learn about the 19th century sport of coaching.

TODAY, Aug. 22

- Soup kitchen at Martin Luther King Center, 8:30 a.m., Dr. Marcus Wheatland Boulevard, military volunteers welcome.

- Soup kitchen at Salvation Army, Memorial Boulevard, welcomes military volunteers, 5 to 5:45 p.m.

- Recreation Center Movie Night - Shown upon request beginning tonight: *X-Men* (PG-13); *The Hunted* (R).

- Free at 5 on Friday at the Providence Children's Museum through August, 5 to 8 p.m., 100 South Street, Providence. Free admission for kids and adults all evening long. Visit www.childrensmuseum.org.

SATURDAY, Aug. 23

- * Destination Health: Annual Wellness Festival, 10 a.m. to 5 p.m., International Tennis Hall of Fame, Bellevue Avenue, Newport. A taste of the good life with beauty makeovers, fitness classes, cooking demonstration, tennis clinics and more. 849-3990, www.health.com.

- * Destination Health Wellness Festival, International Tennis Hall of Fame, 194 Bellevue Avenue, 10 a.m. to 4 p.m. 849-3990

- * Professional beach volleyball tournament, two-man teams, Easton's Beach, Newport, 9:15 a.m.

- * Soup kitchen, 4:30 p.m., Community Baptist Church, Dr. Marcus Wheatland Blvd. Military volunteers welcome.

- * International Cup, Newport International Polo Series, Newport vs. Blue Sky, Glen

Park, East Main Road, Portsmouth, 5 p.m. 846-0200.

SUNDAY, Aug. 24

- Chapel of Hope Sunday worship services:

- Protestant service, 8 and 10:30 a.m.

- Catholic mass, 9 a.m. and noon.

- Sunday bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.

8:30 a.m.

- WaterFire Providence, 7:31 p.m., Providence Place Park, Providence. 100 bonfires atop the three rivers passing through downtown Providence.

TUESDAY, Aug. 26

- Armed Services YMCA:

- Fitness Hour, 8 to 9:30 a.m.

- Scrapbooking, 9:30 to noon
- The Credit Process, 11:30 a.m. to 1 p.m., Fleet and Family Support Center. Call 841-2283 to register or for more information.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.

- Pre-school Story Hour, 10:30 to 11:30 a.m., Norman Bird Sanctuary. Call 846-2577. Through Aug. 19

- Soup Kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Blvd., Newport. Military volunteers welcome.

- Soup kitchen, 5 p.m., United Baptist Church, Spring Street, Newport. Military volunteers welcome.

- Officers' Club Movie Night at 6 p.m., *Bringing Down The House* (PG-13); 8 p.m., *Dreamcatcher* (R).

WEDNESDAY, Aug. 27

- Armed Services YMCA:

- Fitness Hour, 8 to 9:30 p.m.

- Animal Experience, 10:30 a.m. An up-close and personal experience with a hedgehogs, snakes, iguanas and more. Call 846-9622 for more information.

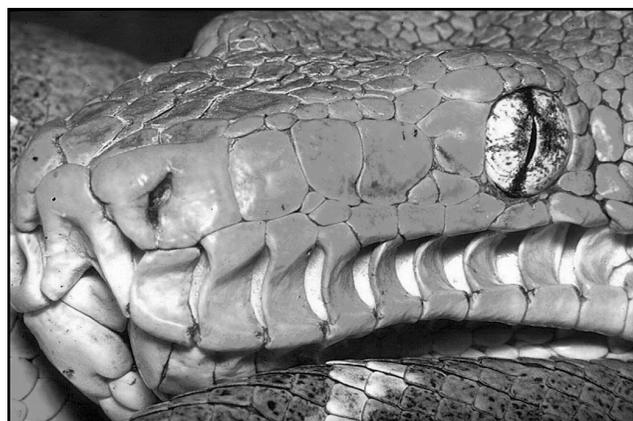
- College Funding seminar, 11:30 a.m. to 1 p.m., Fleet and Family Support Center. Learn about all the different funding resources available for college. Call 841-2283 for more information.

THURSDAY, Aug. 28

- Anger Management (second of five sessions), 2:30 to 3:30 p.m., Fleet and Family Support Center.

- Homebuyers' Workshop, 7 to 9 p.m., Fleet and Family Support Center. Representative of the Navy Federal Credit Union will speak.

- Best of Rhode Island Party, Rhode Island Convention Center, Providence. Annual Celebration of life in the Ocean State featuring more than 100 Best of Rhode Island Winners from some of the best restaurants in the state. 831-3123, www.timonthly.com.



Wolfgang Wuster photo

THE EMERALD Green Boa is just one of several slithery reptiles highlighted on Thursday from 11 a.m. to 3 p.m. as part of the 'Snake, Rattle and Roll' at Roger Williams Park Zoo in Providence. The snakes are just part of the featured program, Stayin' Alive: Amazing Amphibians and Reptiles.'

- Sunday morning Bird walks through summer, 8 a.m., Norman Bird Sanctuary. Free. Call 846-2577

- Soup kitchen, Salvation Army, Memorial Boulevard, welcomes military volunteers, 4 to 4:45 p.m.

- Free Sunday at the Children's Museum, 9:30 a.m. to 5 p.m., 100 South Street, Providence. Visit www.childrensmuseum.org.

MONDAY, Aug. 25

- MYA Summer Camp final week-long session through Aug. 29, Greene Lane Community Center.

- Armed Services YMCA:

- Fitness Hour, 8 to 9:30 a.m.

- Little Kid's Adventure Week through Aug. 28, 10 a.m. to 12:30 p.m.

- Nantucket Basketweaving through Aug. 29, 6 to 9 p.m.

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., \$10 per person.

- Soup kitchen, Martin Luther King Center, Dr. Marcus Wheatland Blvd., welcomes military volunteers,



Newport Aviation LLC

NEWPORT AIRPORT, FOREST AVENUE
MIDDLETOWN, RI 02842

LESSONS & RENTALS

**TELEPHONE: (401) 846-2FLY
CELL: (401) 639-9205**



Kelly Conner/MWR Dept. photo

HIP COMPETITOR — Tia-Rose Earnest, 6, left, and Danielle Bridges, 9, compete in the hula hoop contest at Naval Station Newport's annual Summer Picnic last Wednesday at Carr Point Recreation Area. About 315 tickets were sold for the outing which included a barbecue, several door prizes, a Moonwalk and games for kids.

Navy Choristers looking for voices

The Newport Navy Choristers are seeking new members in all voice ranges for the 2003-2004 musical season.

Celebrating its 50th year, the group performs concerts to benefit local charitable organizations. Since its founding in 1953, the Choristers have raised over \$300,000 for area groups.

Membership is open to active duty, reserve and retired military, Department of

Defense personnel, and family members 16 years or older. There are no auditions for the main chorus, and you do not have to be able to read music to join.

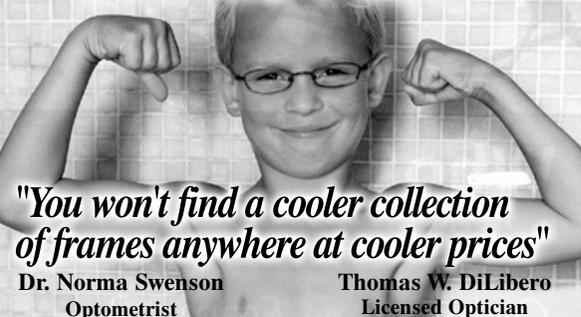
The Choristers meet Tuesday evenings from 6:15 to 8:45 in the Quinn Lecture Room at the Naval War College. The first rehearsal of the new season is Sept. 2.

For additional information, call Steve Larson at 847-4256.



OPTICAL CARE, LTD.

Cool Kid's Stuff



"You won't find a cooler collection of frames anywhere at cooler prices"

Dr. Norma Swenson
Optometrist

Thomas W. DiLibero
Licensed Optician

EYE EXAMS CONTACT LENSES EMERGENCY EYECARE
1341 West Main Road Middletown, RI across from Super Stop & Shop
401-841-5533

Veterans head back to class better prepared

BY JO1(SW/AW) S. BANSBACH
 REDCOM Northeast Public Affairs

NEWPORT, R.I. (NNS) — Every day in the Navy, training takes place. No matter what type of training, it's a common occurrence. But don't think that training stops once you leave the military.

A program is in place to provide veterans the training to acquire the skills and motivation necessary for the pursuit of post-secondary education. It's called the Veterans Upward Bound Pre-Collegiate and Educational Support Program.

To be eligible for this free program, a veteran must have served at least 180 days of active duty, other than training purposes, a service discharge that is other than dishonorable, and be a low income and/or first generation college student.

"This is the best program I've seen since the Navy started recruiting people," Marybeth O'Sullivan, an Outreach adviser, said.

The Upward Bound program is designed to prepare veterans participating in the project for careers in which persons from disadvantaged backgrounds are particularly under-represented.

"Some students tell me they have been out of school for five years, while others tell me they have been out of school for 40 years," O'Sullivan said. "It doesn't matter in this program.

All of the students share the same fear. After completing this course, they will have confidence they need to go back to school and not fail."

Students will receive academic instruction in mathemat-

ics, English, foreign language, literature and composition, laboratory science and other subjects as necessary for success in education beyond high school.

Retired Master Chief Yeoman David Trzeciak recently completed the program and says these classes have been beneficial for him. "I was in the Navy for 32 years, and this is

the best educational program that I have seen, and I've attended a lot of Navy schools."

For more about the Upward Bound program, visit their

Web site at www.veterans-upwardbound.org.

For related news, visit the REDCOM Northeast News-stand page, www.news.navy.mil/local/redcomne.



"Here's how to negotiate a new car deal."

Let USAA do all the work. We'll locate your new vehicle, with all of the options you want. Just use the online tools at usaa.com to determine the details, or call us with your description.

You can calculate your car payments and apply for a loan online too. You may even be pre-approved. Once you've identified your new vehicle, USAA will negotiate the purchase price for you, free of charge. Imagine, no haggling with the dealer, no phone calls from sales people, no games. Just pick up your car.

USAA will protect your new vehicle, too. Our auto insurance is designed for you, with convenient payment plans, special discounts and 24-hour claims service. If you're a member of the armed forces – active duty, National Guard or Reserve, officer or enlisted – you're eligible for USAA membership and all that it offers.

Get the wheels rolling on your new wheels today.
Call us at 1-888-279-2781
 or visit us at usaa.com
 and enter keycode b4a002



We know what it means to serve.®

INSURANCE • BANKING • INVESTMENTS • MEMBER SERVICES

USAA means United Services Automobile Association and its subsidiaries and affiliates. **USAA Federal Savings Bank does not guarantee that the price paid for any vehicle will be the lowest possible price.** • Any price discussion on your part with the dealer will negate our ability to negotiate on your behalf. Negotiating service is for new vehicles only. • **Any insurance product purchased in connection with your loan is not a deposit or other obligation of, or guaranteed by, USAA Federal Savings Bank or its affiliates, and is not insured by the FDIC, any other agency of the United States, or USAA Federal Savings Bank or any of its affiliates.** Total loan amount cannot exceed the vehicle's retail value as established by USAA Federal Savings Bank. • Loan products are offered by USAA Federal Savings Bank which is FDIC insured. Property and casualty insurance products are provided by United Services Automobile Association, USAA Casualty Insurance Company, USAA General Indemnity Company, and USAA County Mutual Insurance Company. • Applicants for USAA property and casualty insurance must meet group membership eligibility requirements before purchasing for the first time. All applications for property and casualty insurance are subject to underwriting. Some restrictions apply.

A2917-0703

©2003 USAA. All rights reserved.



Med Café
Mediterranean Cuisine

Dine In • Take Out
Everything Natural & Fresh
Cooked to Order

Tuesday Special
**Buy 2 Combinations
Get \$3.00 off**

**Navy Personnel always
10% off - excluding specials**
Open 6 Days Mon.-Sat. 9-9
52 E. Main Rd., Middletown
847-8900

School bells soon toll end of lazy days



AN OVERHEAD counter display at the Navy Exchange reminds school shoppers about great savings at the Navy Exchange.

SHOE sales associate Rachel Cush, stocks one of several popular athletic shoe brands, New Balance, at the Navy Exchange shoe department. The tax-free department store is well-stocked for back-to-school shopping this month.

Ron Fontaine/U.S. Navy photos



BY JOY CHRISTMAS

NAVSTA Public Affairs Staff

The Navy Exchange (NEX) at Naval Station (NAVSTA) Newport is well stocked to satisfy back-to-school shoppers, according to NEX Visual Merchandising Department associate, Joanne Brewster.

"Whether it's for preschoolers or the college-bound, you'll find it here," she said.

The Incredible Hulk action figure has been popular for the boys. There are pencils, notebooks, backpacks, folders, pencil holders, even combination locks bearing the big green creature's likeness, she said.

Lizzy McGuire and Yu-Gi-Oh are hot for the girls.

For the older students, gel pens, especially the Gelicious line of assorted fragrant ink gel pens are selling this season.

Other supplies include hand-held shredders, pencil sharpeners and label makers.

"The AA batteries are included so you don't have to purchase them separately," Brewster said.

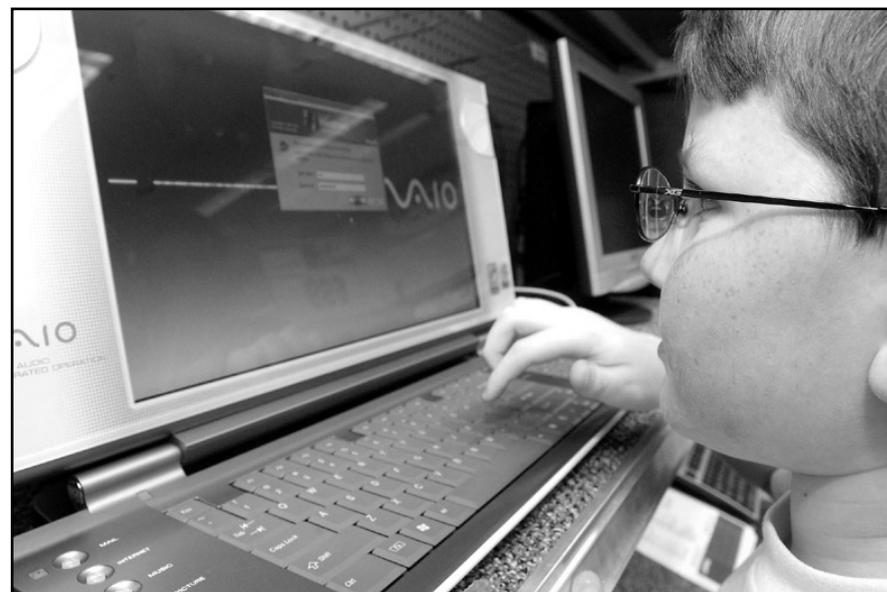
To carry the schoolbooks and supplies, backpacks in all sizes and colors are in stock.

The interchangeable carry/rolling backpacks are in demand this year. Some even come with water bottles.

Midshipman Candidates Bradley Jones and Matthew Byington, students in the 2004 Class at the Naval Academy Prep School, were among the shoppers last week.

"We're finding everything we need," said Byington, whose arms were full of notebooks and other supplies after the first day of classes. And the good thing is we don't have to pay sales tax," chimed in Jones.

SCHOOL, Page 9



BENJAMIN HODGE, 8, son of Army National Guardsman Richard Hodge, ties to crack the password to enter programming on a new all-in-one space saving personal computer.

School

Continued from Page 8

The Electronics Department offers the latest in palm pilots, personal and laptop computers, printers, software, stereo equipment, graphic calculators, boom boxes, video games, compact discs (CDs), VCR/DVD TV combinations, cordless and cellular telephones.

Busy working the keys on a new all-in-one, space-saving personal computer, Benjamin Hodge, 8, said he'd love to have one of them at home.

"This is really cool," said Hodge, never taking his eyes from the screen. "It would even be better if I could figure out the pass word and get in to use it," he joked.

For the college students who want to stay in touch with family and friends while at school AT&T phone cards are available at the registers at variable denominations.

"We have the lowest prices," said Brewster. "You can get 800 minutes for \$39.99."

In addition, the cell phone company, T-Mobile, onsite at NEX is offering free phones and other related specials with new one-year activations

Shoe sales associate Rachel Cush, said the majority of the students prefer athletic shoes for back to school. "The K-Swiss and Sketchers are popular with the junior high students," she said. "Older students, like the NAPS students, have been coming in looking the New Balance, Nike and Asics."

From underwear and socks to jackets, the



IF THE SHOE FITS — Jeff Mills, 16, does some shoe shopping with his grandparents, retired Army 1st Sgt. Ande and Marie Lamora of Bristol.

"There's a good selection here," said Mrs. English. "I'm sure we'll have good luck and find some things."

"Hoop earrings also are very popular this year and are in stock, said Brewster.

Back-to school sales have been running throughout August Brewster said, but new merchandise is arriving and stocked daily.

There's still plenty of time and merchandise to shop, so visit you NEX today for all your back-to-school and everyday shopping needs all under one roof.

For more information or store hours, call customer service at 841-1399.

NEX also carries the latest fashions for all ages.

Softlines Division Manager Laura Johnson said the 70s look is making a comeback and NEX is up with the trend with its own Basic Concept line of clothing. Comparable to the Wal-Mart or Target brand, It's a very durable line of clothing and costs less, said Johnson.

In stock are the hip hugger, fashion flare jeans, plus 70s-era novelty tee shirts for both boys and girls. Latest in accessories such as belts, and wristwatches from Lei, Mudd and Fossil are in stock and on sale.

At NAVSTA while her husband attends the Naval Justice School, Sue English browsed the NEX for new clothes for her son, Garrett, 10.



Hospitalman Malissa Lau gives an inoculation at the Naval Ambulatory Care Center Clinic to Mackenzie Martin, 6, daughter of Lt. Pat Martin and Amy Martin. Mackenzie will attend All Saints Academy in Middletown this fall.

NACC Clinic schedules vaccinations, physicals

By JOY CHRISTMAS
NAVSTA Public Affairs Staff

Labor Day is just around the corner and that means school bells will soon ring on Aquidneck Island and around the state. All local public schools will begin to open Sept. 2.

Portsmouth students in kindergarten through Grade 9 will begin school on Tuesday, Sept. 2. Grades 10, 11 and 12 will follow on Sept. 3.

Newport public schools will open their doors for all students on Sept. 3 with a full-day session.

Students in kindergarten through Grade 9 in Middletown also will begin classes on Sept. 3. Classes will begin for Grade 10 through 12 on Sept. 4.

Before starting school, students and parents should ensure the following procedures have been followed:

To enter kindergarten in Rhode Island public schools, students must have reached their fifth birthday by the end of the calendar year (Dec. 31).

Children who will be 6 by the end of the year are eligible for either Pre-One or Grade 1. State law requires

that a child entering Grade 1 must have completed an accredited kindergarten program. A birth certificate must be presented at the time of registration.

All students in Kindergarten through Grade 12 entering school in Rhode Island for the first time must obtain a physical examination. Physicals completed up to one year prior of registration are acceptable.

TRICARE Prime beneficiaries can schedule school or sports physicals at Naval Ambulatory Care Center, Newport, by calling 841-6074.

A special weekend school/sports physical exam clinic will be held on Saturday and Sunday, Sept. 6 and 7. Appointments are available for Saturday, 12:30 to 3 p.m., and Sunday, 9 a.m. to 2:30 p.m.

All immunizations must be up to date prior to registration. The Hepatitis B vaccine series is now required for school. The chicken pox vaccine (Varivax) is also required unless your child has already contracted the virus.

NACC, Page 13

MILITARY school bells toll, too, as Midshipman Candidates Bradley Jones, left, and Matthew Byington of the Naval Academy Prep School pick up some school supplies at the Navy Exchange following their first day of classes last week.



Special events

Fishing derby opens tonight

The Coasters' Harbor Navy Yacht Club (CHNYC) saltwater fishing tournament kicks off tonight at 5 at the NAVSTA Marina inside Gate 1. A final weigh-in will take place on Sunday, Aug. 24 at 1 p.m., and winners will be announced shortly thereafter.

Prizes will be awarded for three species of fish: striped bass, fluke (summer flounder) and scup (kids 7 to 14 only for scup). Cash prizes, rod/reel combinations, gift certificates and miscellaneous other prizes will be awarded.

Participants can fish from shore or boat.

The entrance fee is \$20 for CHNYC members and active duty, \$10 for kids ages 7 to 14, and \$30 for all others. To compete, pick-up the rules and a registration form from the MWR Marina. Call 841-3283.

Vanderbilt Hall offers discount

Vanderbilt Hall, an elegant hotel on Historic Hill, Newport, salutes the military with a special military rate for a Sunday to Tuesday arrival. The \$79 rate is for single or double occupancy, in the halls "traditional rooms" and is based on availability.

The offer is valid through Dec. 31, 2003.

This is the ideal opportunity to experience the landmark Vanderbilt Hotel at 41 Mary St. which is within walking distance to everything!

When calling to make reservations be sure to ask for the "military rate." For more information, call 846-6200, 888-826-4255 or log on to www.vanderbiltall.com.

Chief justice at observance

PORTSMOUTH — Rhode Island Supreme Court Chief Justice Frank J. Williams will be guest speaker at the Newport County Branch of the NAACP's observance of the 225th year anniversary of the Battle of Rhode Island.

Ceremonies will be Sunday, Aug. 24, at 3 p.m. at Patriots Park at the intersection of Routes 114 and 24, and will honor the members of the First Rhode Island Regiment.

Retired Maj. Marvin Abney will be master of ceremonies.

The program also includes participation by the Rhode Island National Guard, United Veterans Council of Newport County, The Arthur M. Burton VFW Post, and The American Legion and the Youth Council, Newport County NAACP.



Announcements

Demonstration offered on insulin pump therapy

Naval Health Care New England, Newport, will offer a diabetic insulin pump presentation at the Naval Ambulatory Care Center on Friday, Sept. 26, at 2:30 p.m. The presentation will provide patients with the most up-to-date information on insulin pump therapy, and explain the new 512 pump which integrates with the B-D glucose monitor.

The event is specifically for dependent diabetic patients and those currently using pump therapy. Space availability is limited, to make reservations contact Case Management at 841-6137 or Health Promotion at 841-6774.

Railroad crossing closed

The Chandler Street railroad crossing is closed for paving work and repairs to the signal and tracks, Naval Station Newport Public Works Engineering Division has announced. Traffic will be detoured via Anderson Avenue.

Work is expected to be completed by Aug. 27.

Bike safety clinic

The Law Enforcement Division of the Security Department will conduct a Bike Safety program for children on Thursday, Aug. 28, from 1:30 to 3 p.m. at the Fort Adams Community Center.

The program will educate children about proper riding techniques, proper ways to cross streets, and maintenance and proper instructions to keep bikes in good working condition.

For further information contact the Security Department at 841-3126

Injured veterans due compensation

The fiscal 2003 National Defense Authorization Act, which became effective last June 1, authorized a special compensation for retirees who have combat or operational-related disabilities.

To find out the qualifications for this compensation, or for more information, contact the Retired Activities Office, located at the Fleet and Family Support Center, Building 1260, at 841-4089.

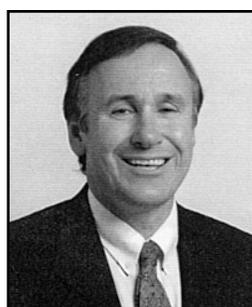
LOSE WEIGHT

AS SEEN ON TV

with Hypnosis Written Money Back Guarantee

You saw on the July 15, 2003 edition of NBC's Dateline "The Ultimate Diet Challenge" where hypnosis beat the other weight loss programs. In fact, the client who was hypnotized lost an amazing 13 lbs. the first week! We can't promise you will lose this much your first week, but you will be hypnotized twice during the Douglas Maiko, Med. class

YOU CAN BE HYPNOTIZED!



Douglas Maiko, B.A. M.Ed the developer of the Maiko Method, is a certified hypnotherapist with over 25 years of experience. He received a BA from the University of Rhode Island and a Masters Degree from Springfield College. He is a member of the National Guild of Hypnotists and the Northern RI Chamber of Commerce. He maintains a private practice in Providence, RI specializing in smoking, weight and gambling problems.

401-726-5840

180 Gano Street
Providence, Rhode Island

Everyone can be hypnotized. The fact is all of us can be hypnotized because we all have been hypnotized before. For example, have you ever driven home and been busy thinking or worrying that you don't remember how you got home? Well, if you don't remember driving your car, your sub-conscious mind was driving the car. Since your sub-conscious mind was in control, you were hypnotized - you just didn't call it hypnosis.

With our method of hypnosis you enter a deep, relaxed state of hypnosis ... you are awake ... and in control.

- Lose 30, 50, 100 lbs. or more.
- Feel full on less food.
- Eliminate cravings for sweets, junk food and carbs.
- No further sessions required.
- Your weight hides the true sexy you.
- Don't settle for an average life - attend my seminar.
- This program stops the overeating once and for all!

\$49.99 CASH



Sorry No Personal Checks. Come as a group.
\$5 Discount for groups of 4 or more.

Westport, MA

Wed., Sept. 10
Whites of Westport
Rte. 6

Middletown, RI

Thurs., Sept. 11
Ramada Inn
936 West Main Rd.

Seminars 7-9:15 p.m.
Register 6-7 p.m. at door

DISCLAIMER! Taking this seminar can result in increased confidence and excessive compliments!

SAVE FOR VALUABLE BONUS

Naval Station Newport Dining



THE OFFICERS' CLUB's first dinner show of the season, featuring a scrumptious Italian feast and the be-bopping sounds of New England's top oldies band, King's Row, is scheduled for Sept. 12.

Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

Tonight: Kick off the weekend with complimentary hors d'oeuvres in the Topside Pub from 5 to 7 p.m. Order your favorite beverage or something from the pub menu, available until an hour before closing.

Saturday: Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

Upcoming Events:

Advance tickets may be required for the following events. Gratuity is included in all tickets prices and there is no charge for children age 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

To purchase tickets or for more information, call 846-5111 or 841-4821.

King's Row Dinner Show: Join us on Friday, Sept. 12, for our first dinner show of the season featuring a scrumptious Italian feast and the be-bopping sounds of New England's top Oldies Band, King's Row! The evening begins at 6 p.m. with cocktails (cash bar) and delicious hors d'oeuvres followed by served minestrone soup, individual antipasto and plenty of hot garlic bread. Next, enjoy the bountiful buffet of Italian specialties, including six-cheese lasagna, chicken saltimbocca, baked sole Florentine and more!

Save room for dessert. There's tiramisu, spumoni, Italian ice and more!

Don't worry, you can splurge because you can spend the rest of the night dancing to the fabulous 50s and 60s tunes of The Kings of the Oldies — Kings

Row!

Tickets are on sale now at the Officers' Club Gift Shop and cost just \$23.95 each (ticket price includes gratuity.)

Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

New hours of operation:

The Enlisted Club is open 11 a.m. to 11 p.m., Monday to Saturday and from noon to 6 p.m. on Sunday. The CPO Lounge is open Monday through Thursday, 4 to 9 p.m. and Friday, 4 to 11 p.m., and by request* on the weekend.

* *The CPO Lounge will be open on the weekend, by request only for a minimum of 20 people or with a sales guarantee of at least \$200. The Lounge may also be reserved for catered events. Requests to open must be submitted by Monday for the following weekend.*

Today: Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

Tonight: Kick off the weekend with a rockin' good time! Head over to the Recreation Center, Building 656, every Friday and kick off the weekend with a fabulous TGIF party!

Starting at 5 p.m., you are invited to enjoy complimentary hors d'oeuvres, sip refreshing beverages, and listen to the coolest tunes, spun by a rocking DJ from "Get With it Productions."

Ticket Connection

Try train, riverboat for Conn. sightseeing

Climb aboard the Essex Steam Train and Riverboat for a two and a half-hour sightseeing excursion that includes some of Connecticut's most beautiful landscapes and unusual treasures.

Ticket Connection, Building 656, offers discounted tickets to the Essex Steam Train and Riverboat tour which features an hour-long tour through scenic towns, pristine meadows and coves and wildlife preserves aboard an authentic steam locomotive.

Next, board a multi-deck riverboat for a cruise down the Connecticut River. Sit back and relax as you learn about the history, natural wonders and legends surrounding the River.

You will also pass by the historic Goodspeed Opera House and Gillette Castle. The tours are available year-round (see schedule for details) and feature special weekends, including a Day out with Thomas and The Polar Express.

Tickets cost just \$22 for adults (a \$2 savings) and \$11 for children 3 to 11 (a \$1 savings). Pur-

chase yours today! For complete schedule and details, visit , call 1-800-377-3987 or pick up a brochure at the MWR Ticket Connection.

'Fox-trot' into fall with dance lessons

Get out your dancing shoes and get ready to "fox-trot" into fall as you learn up to six different dances with ballroom dance classes.

An eight-week session of lessons is scheduled to begin on Wednesday, Sept. 17, at the Knights of Columbus Hall on Valley Road, Middletown.

Classes will be held on Wednesday nights through Nov. 5 at the following times:

7 to 8 p.m., Beginner American Class (waltz, fox-trot, swing);

8 to 9 p.m., Beginner Latin Class (rumba, cha-cha, tango)

Cost is \$48 per person for 8 one-hour classes and \$80 per person for 8 two-hour classes. No prior experience is necessary, singles are welcome and the dress is casual. For more information, visit the Ticket Connection at Building 656 or call 841-3116.

Go the Distance at Roger Williams University



As a member of the military, you need to arm yourself with an education that will take you places. Through the Open College at Roger Williams University you can pursue a distance learning degree that will have little or no interference in your personal or work commitments.

Through Roger Williams University's Open College, military students can benefit from:

- **No campus residency requirement**
- **Reduced tuition and increased financial aid**
- **External study and online courses**
- **Extensive credit for life, work, or military experience**
- **Time-shortened degree programs**

Choose from bachelor degree programs in Business Management, Criminal Justice, Industrial Technology, Public Administration, and Social Science.

Roger Williams University

UNIVERSITY COLLEGES FOR CONTINUING EDUCATION

Open College

150 Washington Street • Providence, RI 02903

One Old Ferry Road • Bristol, RI 02809

E-mail: jstout@rwu.edu

www.rwu.edu/programs/uvc

Roger Williams University is accredited by the New England Association of Schools and Colleges.

Call 1-800-458-7144, Ext. 3530 or (401) 254-3530 for information.

Leisure

Bowling

(Building 656, 841-4293)

The Seaview Bowling Center, Building 656, is operating on the following summer schedule: Monday and Tuesday, secured; Wednesday, Thursday and Friday, 5 to 10 p.m.; Saturday and Sunday, 1 to 7 p.m. Rock and Bowl, every other Saturday, 8 to 11 p.m.

For more information, call the Bowling Center at 841-4293, during business hours.

Specials:

Youth Bowling Leagues: Morale, Welfare and Recreation's Seaview Bowling Lanes, Building 656, invites bowlers ages 5 and up to participate in the Youth Bowling (YABA) League. League bowling will begin Sept. 13 and all games will be played on Saturdays from 1 to 3 p.m.

The league is open to children of active duty military personnel, retirees, reservists and DoD civilians. For more information, please call Ed Machado Wednesday, Thursday or Friday, 5 to 10 p.m., Saturday and Sunday 1 to 7 p.m. at 841-4293. Evenings, you may also contact Lee Van Buren at 849-5877.

- **Rock and Bowl:** Every other Saturday night beginning at 8 p.m. Cost is just \$7 per person. Bowl a strike when the head pin is red and you will win a prize! It's rocking, it's rolling, it's bowling and it's a blast! The next Rock and Bowl night is, tomorrow night, Aug. 23.

- Sunday special is \$7 an hour from 1 to 7 p.m. for two people.

- Bowling birthday parties available Saturdays and Sundays and include reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, including shoe rental.

- Bumper bowling is always available.

Youth/special fitness activities

(Gym 109, 841-3154)

Soccer Skills Clinic: Children ages (4 to 12) are invited to learn or brush up on soccer skills at the Military Youth Activities (MYA) Soccer Clinic. Two sessions will be held on Saturday, Sept. 6 from 10 a.m. to 11:30 a.m. for ages 4 to 7 and noon to 1:30 p.m. for ages 8 to 12 on the basketball courts at

Gym 109. There is a \$5 fee per child.

Children will learn general rules and regulations. Basic skills like passing, dribbling and shooting will also be taught. Parents must remain in the gym for the entire session. Registrations will be accepted at Gym 109 Monday through Friday, 8 a.m. to 4:30 p.m., until Sept. 3. For more information call the Athletic Department at 841-7196.

Gymnasium

(Gym 109, 841-3154 or FITNESS Plus, Building 355, 841-1474)

- **Register today for intramural flag football** and have a super season of friendly competition and fun! The league is open to active duty, retirees, reservists, dependents and DoD civilians age 18 and over.

Games are played Mondays through Thursdays (Fridays if needed) at Carr Point and Lawrence Field at 5:15 p.m. and 6:15 p.m.

The flag football season runs Sept. 8 through Nov. 14.

Teams may register at Gym 109, Monday through Friday, 8 a.m. to 4:30 p.m. until Oct. 10. There is a \$15 fee for DoD civilians. There will be a coaches meeting at 4:30 p.m. on Wednesday, Sept. 3, at Gym 109.

All teams are required to pay a (refundable) \$100 forfeit fee and must have matching shirts with numbers by the first game. For more information, call the Athletic Department at 841-7196.

Computer Café

(Building 656, 841-2194)

- **Personal computers** available seven days a week to send and receive email, surf the web, play games, etc. — all at no charge. Open Monday through Saturday, 11 a.m. to 9 p.m. and Sunday, 1 to 6 p.m. Food menu available from the Recreation Center kitchen.

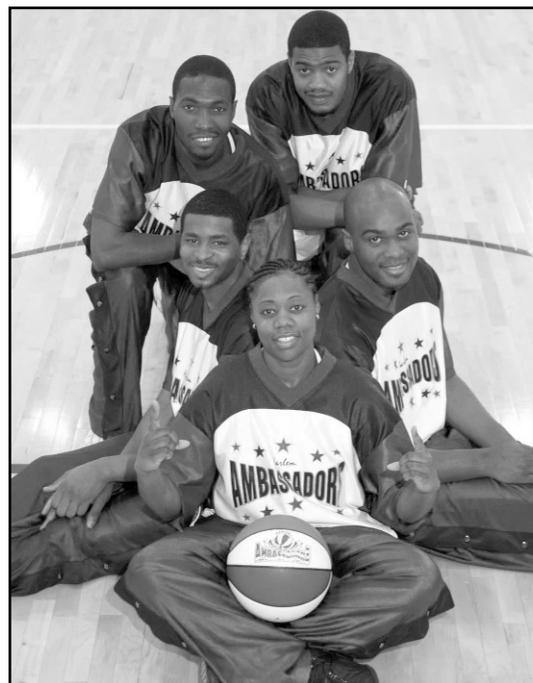
Music/games

(Building 656, 841-3054)

- **Lunchtime BINGO**, Thursday and Friday only. Cover all the numbers on your BINGO card within the designated amount of numbers called and you will win \$500! If no one wins, play continues until a good BINGO is called, winning that lucky person \$100.

Sports

Exhibition basketball squad to display razzle and dazzle



THE HARLEM AMBASSADORS exhibition basketball team will perform at Gym 109 on Sept. 19.

By **GREG KOHLWEISS**

NAVSTA Public Affairs Staff

The internationally acclaimed Harlem Ambassadors 2003-2004 "Around the World" basketball tour will come to Gym 109, Naval Station (NAVSTA) Newport, on Friday, Sept. 19 at 7 p.m.

A Navy pickup team will be formed to challenge the Ambassadors, and the free exhibition game is open to anyone with access to NAVSTA.

Over the past four years, no other sports team has entertained more active duty military than the Harlem Ambassadors.

The Harlem Ambassadors features high-flying slam dunks, dazzling ball handling, and comedy routines led by Lade' Majic, queen of show basketball.

Majic the only woman coach/player of the all men's professional team, has played more show basketball games than any woman in history, and represents a great positive role model for young girls.

Majic said, "We like to be challenged by the best local players," and added, "There are always a few tough players in any place we go."

The Harlem Ambassadors Tour has been to 39 states and 19 foreign countries, and is the leading provider of entertainment to the U.S. military by performing at 100 bases worldwide.

The team has performed for troops deployed in front lines of the Balkans and Korea, and most recently for Marines guarding suspected al Qaida terrorists at Naval Station Guantanamo, Cuba.

For additional information, contact Morale, Welfare and Recreation Department's Special Events at 841-4038.

Intramural softball

The Naval Station Newport Intramural Softball League playoff results as of Aug. 19 follow:

Aug. 11

NACC Bombers def. Dental, 5-3
24/7 def. DH-175, 9-3
NWC def. Security, 9-3
REDCOM One def. Fighin' Corgis, 20-2

Aug. 12

The Chiefs def. 24/7, 11-5
NWC def. PW Black Sheep, 8-4
NACC Bombers def. Out of the Box, 10-4
Gun Slingers def. REDCOM One, 14-2

Aug. 13

Dental def. REDCOM One, 4-3
Security def. Out of the Box, 6-1

Aug. 14

The Chiefs def. Gun Slingers, 7-5
NACC Bombers def. NWC, 10-8
Security def. Dental, 10-5

Aug. 18

24/5 def. DH 175, 9-1
PW Blacksheep def. 24/7, 16-4
The Chiefs def. NACC Bombers, 9-4

Aug. 19

Gun Slingers def. Security, 6-1
PW Blacksheep def. NWC, 9-6

NAPS football posts its gridiron schedule

The Naval Academy Prep School football team's pre-season opens with an intra-squad scrimmage on the new Nimitz Field, Saturday at 10 a.m.

Head coach is Clayton Hendrick-Holmes.

The schedule:

Aug. 23, intra-squad, 10 a.m.
Aug. 30, Salve Regina University, 10 a.m.
Sept. 6, at Hudson Valley Community College, Troy, N.Y., 1 p.m.
Sept. 13, Dean College, Franklin, Mass., 1:30 p.m.
Sept. 27, at Nassau Junior College, Garden City, N.Y., noon
Oct. 5, at Naval Academy junior varsity, Annapolis, Md., noon
Oct. 12 (Parents Weekend) at Yale University junior varsity, New Haven, Conn., 1 p.m.
Oct. 25, Bridgton Academy, Maine, 1 p.m.
Oct. 31, at Naval Academy junior varsity, Annapolis, Md., 3 p.m. (NAPS battalion trip)
Nov. 8, Military Academy Prep School, 1 p.m.
Nov. 15, Morrisville Junior College, noon
Nov. 22, at Air Force Prep School, 1 p.m. (tentative)
All home games are played at Nimitz Field, Naval Station Newport. For information, please contact Kendrick-Holmes at 841-4732.

NUWC

Continued from Page 4

guided missile submarine program technical manager.

Dr. Kirschenbaum will be responsible for ensuring that Human Systems Integration (HSI) is institutionalized in the Division's development and acquisition activities. She will also insure that HSI policy, guidance, and instructions are disseminated and implemented across Division programs, and that the Division's HSI interests are represented and maintained both internally and externally.

Pollock will be responsible for identifying and transitioning appropriate NUWC technologies, systems and knowledge to national homeland security needs and markets.

As a result of the Navy's full establishment of Ohio Class guided missile submarine program, Babb will be point of contact and customer advocate for SSGN matters.

NACC

Continued from Page 9

Required immunizations include: DTaP, five (5) doses; Polio, four (4) doses; MMR, two (2) doses; and Hepatitis B, three (3) doses. In addition, a lead screening is required for all kindergarten students.

The Immunization Clinic at NACC will screen records and administer any necessary immunizations on a walk-in basis. The hours of operation are Monday, Tuesday, Thursday and Friday, 8 a.m. to 3:15 p.m., and 8 a.m. to 1 p.m. on Wednesday. For additional information, call 841-6037.

Proof of residency is required for school registration in each district in the form of rent receipt, utility bill, R.I. driver's license, or letter from the Naval Station Newport Housing Office.

School bus schedules for all school districts will appear in the Newport Daily News next week.

**Classified Advertising
pays off!**

Classifieds

**For fast results
Call 849-3300**

10 - Help Wa

NURSING RNS AND LPNS

Grand Islander Center hiring full & part-RNs/LPNs for all shift. If you are a RN w/ four years experience your base rate will be \$24.00 per hour or LPN with four years experience; your base rate will be \$19.62. In addition these positions offer a \$2000 sign-on bonus for full time \$1000 sign-on bonus for part-time, \$1.00 differential for 3-11 shifts and \$2.00 weekend differential. Both the above rates include a full benefits package including MEDICAL BENEFITS UPON HIRE and a generous paid time off program. If you are not interested in benefits, your base rate will be increased. For more information, please apply in person or contact Melinda Jewell, Regional Recruiter at 4226-2843. Grand Islander Center, 333 Green End Ave., Middletown, RI 02842. Email: grandercenter@gvh.com. EOE, M/F/D/V.

NURSING:
Child Psychiatric Nurse
Job code #03-041
JCAHO accredited community mental health center has a part-time (10.5 hr./wk, weekday only) opening for child psychiatric nurse. This position provides professional psychiatric nursing services to children and families as well as provides consultations to schools, dietitians, community agencies and organizations.

RI RN license and previous psychiatric nursing experience required. Working with children with emotional or behavioral problems preferred.

Submit cover letter (refer to Job Code #), resume and 3 professional letters of recommendation by August 28, 2003 to: Human Resources Administrator, Newport County CMHC, 127 Johnnycake Hill Road, Middletown, RI 02842. Fax: 401-848-9151, Email: idarling@nccmhc.org. EOE

**Newport Daily
News Carriers
Earn more
than money
849-3300**

"WE DELIVER"

10 - Help Wa

BABYSITTER IN MY HOME. 5-11pm. 3 nights/wk. Exp. w/newborns, \$5/hr. 841-9667

BLIMPIE'S SUBS & SALADS now hiring full & part time help lunches & eves., flexible scheduling. Call 662-2006 for more info. apply at 957 W. Main Rd., Middletown 846-3644.

CARPENTER & LABORER Must have tools & transportation. 846-8788

HOTEL FRONT DESK Agent, part to full 20-40 hrs. Apply in person Howard Johnson Inn, 351 W. Main Rd. Middletown or call Bob Wirth 849-2000 ext. 31

PURCHASING ASST. - Salve Regina University seeks qualified applicants for this full year-round, position carry out a full range purchasing administrative office support & specific purchasing projects assigned by the Director. High school diploma or GED required; purchasing or materials management experience preferred. Proficiency MS Word/Excel with strong data entry skills required. Strong oral/written communication & interpersonal skills required. Must be highly motivated, able to work independently & in a team environment. Deadline for submission is Fri., Aug. 29, 2003. Send application (online) & resume to: Director of Human Resources, 100 Ochre Point Ave., Newport, 02840-4192. EO/AA employer. Minorities woman encouraged to apply. The University Affirmative Action Policies & Procedures can be obtained in the office of the Vice President for Administration www.salve.edu

10 - Help Wa

CHILD CARE: Part-time, own car. Fun, energetic. For 9/8. 848-5983.

HOUSECLEANERS: \$9/hr. for dependable cleaners. Mon.-Fri. day own car. 846-7855.

LIFEGUARD, part time. Apply in person, Howard Johnson Inn, Middletown, or call Bob Wirth 849-2000 ext. 313

LINE COOK, immediate openings, experience preferred. Competitive wage. Sardellas Restaurant, 849-6312.

NEWPORT ATHLETIC CLUB, part-time positions avail. immediate Front Desk, Nursery Fitness Center, Snack Bar, Lifeguards. Apply in person 66 Valley Road Middletown.

PART TIME HELP: for elderly woman, light housekeeping, personal grooming. Must have own car. 846-2184.

PET GROOMER/BATHER. Days, full or part time. Call 401-624-9969 or apply Sakonnet Grooming, 549 Main Road Tiverton.

RECEPTIONIST/ CUSTOMER SERVICE. 8-5 Mon.-Fri. Newport Glass, 847-3249.

RESERVATION SECRETARY/Dispatcher & Drivers. Cozy Cabs, 12 Connell Hwy. 846-2500.

SHOE STORE full & part time Sales position. Apply at Brick Market "Other" Shoe Store MODERN IMAGE or call 846-3130.



WAITSTAFF, part/full time, exp. only, round position. Call appt. Portsmouth Oyster Bar. 862-7788.

12-Earning Opp

ATTN. Work from home \$500-\$1500 part time \$2000-\$4500 full time www.workfromhomeRI.com Health/Nutrition 846-7566

DEALERS wanted. Spa products. Sells like wildfire, up to 55% profit. Will train. 952-0074.

350-Instructio

BARTEND

Day & Evening Classes Boston Bartenders School Get Certified/Jobs Dartmouth, (508)984-4515

400-Pets & Su

AKC BOXER PUPS: Male/female, fawn or brindle, ready 8/2 Jess or Rob, 849-6354

500 - Garage

AUG. 23, 8am-12pm, 8 Resolute Rd., Farragut Field Housing, Newport Toys, lots of misc.

515 - Health

BIANCHI man's rd. bike. Excellent cond. Loop peddles, racing sea computer, Kevlar tires pump incl. Also Mondia bicycle car rack. Will '93-'98 VW Jetta, all '93-'98 Golf & '92-Grand Am. \$375 for both. Call 508-496-824

NORDIC TRACK Ski machine. Older model in very good working condition. \$10. Call 877-2727 after 5 p.m.

520 - Miscell for Sale

2 YAKIMA TOP MOUNT-ED box, largest capacity incl. rack system. \$600+/ea. Sale \$250/ea. 846-7374.

CUP CADET, 10 hp, 32" cut, new battery & new drive belt. Runs great. Asking \$850. 683-1410.

KAR CADDY TOW dolly w/spare tire. \$50 846-0883.

NAVY & MARINE UNIFORMS: Digital cammies, Please email me RubyBerry@hotmail.com

530 - Househol

BDRM: A cherry wood queen solid sleigh bed with mattress set plastic, dresser, mirror chest of drawers nightstand. Unused. Cost \$5500, sacrifice \$1500. Can deliver. Chris, 258-0923.

530 - Househol

BED: Black wrought iron queen. Headboard/footboard/canopy. Mattress/box/frame. Unused. Cost \$1000, sell \$250. Can deliver. Chris, 401-258-0923.

BEIGE LEATHER love-seat & ottoman, \$250. Call 848-0587.

COUCH, good cond., neutral/pale floral, long. \$200. 847-2002.

DINING ROOM SET. A Cherry Chippendale, 14 ft. double pedestal table w/2 leaves, 8 chairs w/ball-in-claw feet. Lined china buffet, sideboard server. Never used. Retail \$6000, sell \$1750. Chris 258-0923.

GE GAS STOVE, good condition. \$200 683-1910.

GLASSTOP dining room table w/marble base 4 chairs, \$500. 848-0587

KING SIZE bedroom set, \$1200. Call 848-0587.

KITCHENAIDE double door built-in oven \$1500. Call 848-0587.

MAYTAG double door refrigerator, \$350. 848-0587.

MOVING SALE, living room set. \$300 862-5444.

SERVICEABLE WASHER, dryer, refrigerator. Package \$375. 849-9877.

SUNROOM KIT, Four Seasons System 4 Greenhouse, 5 bays wide (13'-2"), may be reduced by 3 bays deep (8'-2") by 8'9" tall, 20 years old, recent disassembled, assembly manual and digital pictures of tear-down; ir misc. extra seals, frame fasteners. \$1,000 or best. 423-2538.

WHITE LEATHER SECTIONAL living rm., yrs. old, new cond \$1500. Call 848-0587.

FURNITURE

Living Room Groups

Sofa and Loveseat
3 Tables, 2 Lamps
starting **\$699^{mo.}**

Bedroom Groups

Queen Bed, Night Stand
Dresser/Mirror, Chest
starting **\$998^{mo.}**

**1-800-615-1433
www.anet1.com**

590 - Music

VIOLIN LESSONS. Ages 5-95, Call Mr. Dragon 847-8529.

HAWKERS WANTED

Looking for individuals to
sell single copies of
The Newport Daily News

- Commissions & Tips
- Supervision Provided

Contact Rob at

The Newport Daily News

849-3300 Ext. 242

0670-Business Op

BRISTOL CAFE Business for sale, 30 seats fully equipped kitchen \$30,000. 225-0099.

INVESTING?
Promises of big profits means big risk! Call AG-Consumer Protection at 800-852-7776, the Federal Trade Commission at (877)-FTC-ELP for free information Or visit our Web site www.ftc.gov/bizop.

RESTAURANT. Breakfast, Lunch. Turn-key Consistent profits. Well known. Established year round customer base. Low overhead. Seats 40. Sale by owner relocating. Reply to 1322, Portsmouth.

695-Houses to

JAMESTOWN. Male roommate to share 2 bedroom home. Walk to water. \$850 utilities included. Call 226-696

700 - Rooms f

MIDDLETOWN: 5 mi. from Newport, sunny, clean, quiet, new queen bed, double closet, utilities., including car safe off-st. parking pool, non smoker, security deposit. \$550/mo (401)-741-7487.

PLEASANT FURN. room overlooking Easton's Beach. All utilities. Shared kitchen & bath. On site coin-op laundry \$500/mo. Long term preferred. Call 864-27

710 - Unfurn.

(2) 2 BDRM., APTS. 5th Ward, Hardwoods, laundry, heat/water incl., pets/smokers. \$1050. avail 9/7. \$975, av 9/1. 862-3577.

1 BDRM. VICTORIAN: New paint, hardwoods, washer/dryer, parking yard. \$750+. Osborn Realty, 401-840-4150.

1 BDRM. w/office, 2 yr new, bright, 1st. apt., off st. parking laundry. \$950. 849-875.

2-3 BDRM., 2 baths w/deck, near Salve downtown, short/long \$1,200+. 253-9501.

4 BDRM., 2 baths w/deck, 2 flrs., updated near Salve & downtown. \$1,700+. 253-9501.

BRISTOL, waterfront. Avail. now. No utilities. 401-253-4162, cell 529-4836.

LGE. 2 BDRM., quiet, details, laundry, garage \$1250+. Edith Cushing, ReMax 848-6750.

NEWPORT, newly renovated 3 bdrm. New porch, washer/dryer. No smokers/pets. \$1600+. 847-6667.

NEWPORT. 2 bdrm., 1.5 bath duplex, oversized master, w/d hookups, full basement, off parking \$1300. 965-244!

710 - Unfurn.

1 BDRM., Annandale area \$950 all included. 841-5791.

NEWPORT. Cozy 2 bdrm. Quiet, washer/dryer, dishwasher, stove, yard, parking. Avail. 9/1. \$975 heat 849-1797 or 662-2515.

NEWPORT/MIDDLETOWN line. 2 bdrm. avail. Living, private yard, 2nd floor. \$975. 404-51-1814 or 508-487-7382 after 6:30pm.

NEWPORT: 1 bdrm., incl. utils., avail Sept. 1. Short term rentals/flexible. \$750/mo. Call Linda 401-849-382 or 401-225-8033.

720- Furnished

1 BDRM. waterfront, Oct.-April \$850. 1 bdrm waterfront, Sept.-May \$950. 2 bdrm. waterfront, now-June \$1600 Newport RE, Roy 849-0090.

DOWNTOWN NEWPORT: 3 bed, washer/dryer, incl. util., - May: \$1200. Yearly \$1500 mo. 401-954-4492

MIDDLETOWN: 2 bdrm., Sept-May, pets ok \$700/mo. incl. utilities. 461-0356, or 465-0438.

MODERN 1 BDRM. Furn., on Point, 10 min walk to base & downtown, 1 yr. lease. \$ incl. heat & water. Available immediately. 849-5895.

725 - Condos

1, 2, 3 BDRMS., near base, excellent in location, yard, parking. Heat/cable incl. 846-01

BRICK MARKET 2 bdrm., Pottery Barn furniture \$1600. 847-8375

DOWNTOWN. 2 bdrm., 1 bath, huge living rm. block to Bowens. \$995 per mo. + utils. Avail. now. 888-634-2373.

GREAT LOCATION: 4 bdrm., 2 bath, Thames st. Restaurants/shopping 2 blocks from the Harbor. Fully furnished. 9mo. or 12mo lease (9/03-5/04 or 9/8/04) \$1550/mo. incl. utilities. Jack 508-520-699

NEWPORT. Waterfront 2 bdrm. condo. Avail Aug. - June. \$1600 per mo. Call Roy, 849-0090

SHORT TERM RENTAL. Sept. & October. Luxur 1-1/2 bdrm., harbor view condo. Fully furnished. \$3000. 401-864-1056.

SPECTACULAR VIEWS of bay, bridge and inner harbor, swimming pool, tennis, jogging paths, 24 hr. security. much more. In resort setting. 1 bdrm. furnished. Sept. 1 - June. \$9/mo. 847-3455.

730 - Houses

1-4 BDRM., Unfurn./Furn Newport, Middletown, Homes, Condos, Apts. \$1100-\$2200/mo. Prudential Prime Mon.-Sat @ 849-1800 or Sun. @ 855-0485/862-7862.

730 - Houses

ADORABLE 2 bdrm., 1 bath, Middletown. Nic yard. \$1500+. 683-1666

BRISTOL 3 BDRM., working fireplace, hardwoods, garage, washer/dryer. Avail. \$2000+ 254-6033.

FRESHLY decorated. 3 bdrm. home, in Portsmouth. Fireplaced living rm. & den, plus Florida rm. 1 Sept. occupancy \$1700 +. Glo Real Estate Reps, 849-2082.

INDIAN AVE. AREA: Estate setting, 2 bdrms long term lease. Pet welcome, privacy \$1,600. 401-339-4571

JAMESTOWN. In village, w/waterview. 2 bdrms. fully furn. Open floor plan w/decks, washer/dryer, 1-1/2 baths, walkout basement. 9/1/03-6/1/04. \$1500 mo. 423-1960.

NEWPORT, 3 bdrm. furn. Sept. 1- May (will do 1 yr.). 2 bdrms \$1965/mo. incl. elec. heat, off st. parking. Call Linda, 401-228-8033 or 849-3820.

PORTSMOUTH: 3 bdrm., 1.5 bath, incl. elec./water/deck/appliances/fireplace/fans/lge. \$1,900/mo. 683-5462.

TIVERTON RANCH, New home just built. 3 bdrms, 2 baths, garage, walkout basement, large deck, water view, fully furnished, w/d hook up, 15 min. from Newport. \$1,800+. 623-1507 or 683-1968.

UPPER BROADWAY, 3 bdrm., nice yard, washer/dryer, year round great neighborhood. \$1650+ 203-458-0453.

741 - Winter

1 BDRM., Sunny, easy parking, off Bellevue short walk to beach laundry. Lease available Sept. 1. No pets. 617-388-8070.

ATTN. NAVY, SALVE & Others. Rentals all types available. Remax, Edith Cushing 848-6750.

INDIAN AVE., Middletown. Tastefully furnished bdrm. Deck, washer/dryer, garage, beach Sept.-July or longer \$1700 a mo. 683-0123, 846-7368.

JAMESTOWN. Island Realty has an excellent selection of rentals available. Call Dan 423-2200.

PORTSMOUTH: Panoramic waterviews from this 4,000 sq. ft. hillside furnished 3 level bdrm./4 bath secluded cul de sac home w/adj. wooded. \$2,200 per mo 813-281-0197. www.reservationsdirect.com

770 - Garages

ISLAND SELF STORAGE secure storage; various sizes available. Cars, furniture, residential, commercial storage. Climate/non-climate. Call for prices, 60033, fax 683-4762.

870 - Houses**EQUAL HOUSING OPPORTUNITY**

All real estate advertising in this newspaper subject to the Federal Fair Housing Act of 1968, as amended, which makes it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin or an intention, to make any such preference a condition, limitation, or discrimination." This newspaper will knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination, call HUD toll free at 1-800-669-9777. The Toll-free number for the hearing impaired is 1-800-927-9275. In Rhode Island: R.I. Human Rights Commission - 1-277-2661 Dept. of Housing & Urban Development - 528-5351 Little Compton WATERFRONT acreage with tranquil, private views of conservative land and ocean. Pristine seasonal or year round home. 1.1 million Spinnaker Real Estate 401-635-2300

PORTSMOUTH, RI. Live next door to famous luxury resort & Scott golf course. Walking distance to Narragansett Bay. Enjoy water views from this picture perfect, quality contractors 2 bdrm., 1 bathroom. Extensively renovated, brand new inside & out. Garage, relaxing decks, considerable storage, mins. Newport. \$450,000. 401-683-5173.

PORTSMOUTH, RI. Need stress relief? Quality contractor house, 30 ft. front beach. Relax on heavenly porch listening to the ocean. Astounding waterviews. 2 bdrm., bath, fireplace. Walk beach, park & golf course. Located on desirable peninsula. \$429,000. 401-683-5173

Tiverton Winding, wooded driveway leads to 3 bed, 2 bathroom single story home on a very private hillside acre. Great location! Just listed \$349,000. Spinnaker Real Estate 401-635-2300

902 - Motorc

HONDA Metropolitan II Scooter 50cc, 4 stroke only 105 mi. Spotless perfect cond., blue white; no motorcycle license needed. \$1500 or best offer. 846-9375.

PANDA ENJOY Scooter '03: 49.5cc, very 1 mi., still new. \$900/1 662-9285.

SUZUKI FA50 '84, scooter, runs great. \$300 Tom 835-1685.

905 - Trucks &

CHEVY G20 VAN '95. 305 V8, cruise, tilt, tow package, am-fm cassette. 98,000 miles. Blue book \$5653, asking \$4700/best. 624-4191 days Dave.

FORD F150 '86, work truck, runs great. \$5683-9632.

FORD F350 1989, w/12' stake body. Good cond. \$1800/best. 683-9160.

GMC SONOMA '98, pickup, automatic 90,000, looks & runs great. \$4000/best. 853-289 Rob.

MAZDA B2600i '92: 110,000 mi., 1 owner, all service records, excellent throughout. Much recently new. \$3,500. 846-3502.

NISSAN PATHFINDER 1993, 4x4, 170,000 miles. New clutch, new belt incl. timing belt. Blue speed. Goodrich tires. Runs great. \$2600. 508-725-3797.

TOYOTA '91, 4x4, pickup, Extra cab, 5 speed, new shocks, brakes & tune-up. \$4200 683-5081.

TOYOTA CARGO VAN 1989. Cosmetically challenged, hit in rear. \$ Call 849-3072.

907- Boats &

1972 O'DAY 22'. Sleeps 4, new/like new sail VHF, AM/FM CD. Ready to sail! Trailer & dishes \$5000/best. 624-8351.

9 FT. PRAM, excellent cond. w/oars. \$200 849-3911.

AQUARIUS '75 23' sailboat. Excellent ginning cruising family boat w/more room than most boats of this size. Trailerable & easy maintain. Main, jib, genoa & spinnaker all in good cond. Incl. new 2000 Suzuki 6 hp outboard. A bargain! \$3500. 849-4888, 662-4889, or e-mail ride0312@ride.ri.net.

RASCAL KAYAK. 9 ft. Ocean or river. Paddle & vest. \$300. 848-971338-4462.

STINGRAY 10: 120 Hsp., Great cond., must see \$2800, 401-743-5491.

915 - Autos f

ACURA VIGOR GS '94, 150,000 hwy. mi., runs well. \$4800. 683-1144.

915 - Autos f

BEEBLE '99. Auto, low miles, extras. \$9100/st. 401-845-6279.

BMW 320i '77: Classic, good cond., avocado green. \$1,600. 849-9154

EAGLE TALON '92: 150,000 mi., cheap looks good, runs well need to sell fast. \$ or best. 965-1802.

FORD ESCORT LX '94: 103,000 mi., 4 door \$1000. 401-848-7852

FORD FOCUS ZX3 2001. Great. 20,000 miles \$8400. Urgent. 848-4503

FORD TAURUS '94: Air, v6, runs good. \$2,000 or best. 847-7227. Must sell soon.

GMC SUBURBAN '89, 4X4, needs minor work but drivable w/wal sticker. \$1,800 846-2147.

HUNDAI SANTA FE: 02, Like new, 8,500 miles \$18,000/best. 225-5678

JEEP CHEROKEE '90: 104,000 mi., inspect decent cond. Asking \$2,000/best. 846-9855.

JETTA '96, 85,000 mi. good condition. \$4500 662-2744.

MAZDA 626 '88, 5 spd., 115,000, brand new starter, needs clutch \$500/best. 835-1654.

MERC. GRAND MARQUIS '99, 350,000 miles. good cond. \$4995. 846-7090.

MERCEDES S500 '99, 66,000, loaded, min \$38,000. 847-8377.

MERCURY VILLAGER '93: Good transportation, boat hitch. \$1,683-5390.

NISSAN 300ZX '87, runs perfectly, T-tops, stereo, inspected, rust needs some detail \$1,400. 401-423-2633.

NISSAN PATHFINDER '92, excellent condition of new parts, excellent vehicle for school to school, auto, \$10 stereo system, snow board racks. \$3800/best 924-0483.

OLDS. CUTLASS Ciera '88. Station wagon. 90,000 + mi. Good shape. Used only in the summer. \$1000. 841-9041.

PLY. GRAND VOYAGER '93, mint cond., fully loaded. \$2500. 841-1618

TOYOTA COROLLA '83, 65,000 original miles \$500/best. 846-9801.

TOYOTA COROLLA DX '95: 83,500 mi., 5-speed, air, all power, good con. \$3,800. Days 845-3511, nights 935-4030.

TOYOTA CORSICA 1984. \$500 or best offer. Call 683-0482.

VOLKSWAGEN PASSAT GLX '95. V-6, clean, excellent condition. 91,000 mi. \$4300. 846-3210.

VOLVO 240DL 1988: Runs fine, drives great. \$600. 401-682-2930.

VW JETTA '97: Good cond., 75,000 miles \$5,000. 401-207-9089.

VW JETTA 1991: Runs & looks great. \$2,500 401-662-6024.



ANY JOB

"1 ACE CLEANUPS CALL US", Dump runs, cellars, repairs, movi 847-6476, 855-9250.

ALL JOBS: Dump runs, rubbish removal, hauli ng, moving, painting lawn care. Call Mik 847-0835.

HANDY MAN: House- hold repairs, auto pairs, lanscaping & a job. Call 401-497-3243

JACK OF ALL TRADES. Handy jobs, auto detai dump runs. 423-1256.

"YOU CALL WE HAUL" Attics, basements, g rages & estates. Some times we pay you! Odd job specialists. 849-74

APPRAISALS

CHERYL B. WRIGHT APPRAISALS. Let me appraise your antique & collectibles befo you decide to sell. O item to entire estat Also written apprais with or without phot for estates, insurance charitable donation: Fees per item or per l Cheryl 401-842-0397.

Bobcat / Dumptr

DEMOLITION WORK & firewood \$120/cord. C. Viveiros 401-662-1266.

BRUSH REMOVAL

FILL, LOOM, stone, grading, lawn repair. Viveiros 401-662-1266.

CARPENTRY

ALL TYPES CARPENTRY Specializing in sma jobs. Apt. maintenance Jim 401-418-0226.

CARPENTRY, painting, roofing, pressure washi ng, etc. David Cabr 682-2832.

CARPET CLEANIN

846-7855 NEWPORT CLEANING & MAID SERVICE CO. Rugs, carpet, & Upholstery Free estimates, fa service. Will look ne

A LOCAL NAME you can trust. Call To Jobb Carpet & Uphol- stery Cleaners. 683-438

JIMMY STUART Carpet & Upholstery Cleaners Quality service, reas- able rates Ins. 847-861

CHILD CARE

PROFESSIONAL NAN- NY: Avail. full/part Fun & active. Degree w/local refs. Studyi child development, wi travel. call: 401-338-5

CLOCK SERVICE

F.I. BARNEY, Est. 1944 Grandfather & mechan- ical clocks. 783-2538.

COMPUTERS

COMPUTER PROB- LEMS? Call Geeks to Go for all your compu er needs. Yes, we ca do it. 842-0208.

MAC training & repai Call John at 401-47- 4601, visit gibstone.c

VIRUS PROBLEMS? FJR Computer Service fast reliable, affordable c puter repair & insta tions. 401-297-9205.

DIVORCE MEDIAI

DIVORCE MEDIATOR Divorcing? I help pa ners create their o divorce agreement. More amicable, cheaper & faster than most co- ventional divorces. M- tary discount. 935-384

DRIVEWAYS

J.A.M. CONSTRUCTION Co. Asphalt, grave stone pavers, concrete, oil & stone. Servi Aquidneck Island for 3 years. 849-8080.

STONESEALED, colored stone drive-ways, a- phalt paving, backho- rental. Ricci Asph: Specialists. 437-095 Days or evenings.

TEVES PROFESSIONAL Blacktop Driveway Seal ing/Coatings. 848-9270

EXCAVATION

DUMP TRUCK, backhoe & bulldozer servic: Land clearing, tree wo & concrete work. KC Construction, 683-1784

FLOOR CLEANIN

CLEAN, STRIP, WAX & poly application, Gr Dawson 846-5945.

HAULING

HAVE TRUCK WILL HAUL. Brush, junk, leaves, appliances, co- struction cleanups, e Local cell, 497-1282.

HEALTH & NUTRIT

HERBALIFE distributor. 846-7562. Product www.loseweightnowRI.com or Opportunity www.workfromhomeRI.com

HOME IMPROVEMEN

BATH & KITCHEN: Re- pairs & renovations. M Lic. & registrati 508-415-8026.

BAY HOME Improve- nt. Interior, exterior ovations & repair: kitchens & baths. Lic ins. John 297-9135.

CRAFTSMAN with 25 years experience offe the following: inte- painting, decoratin carpentry, cabinetry, f flooring, all types home repair and remo- deling. Kitchens an baths a specialt: Please call Charles Hripak @ 848-7775. Al calls returned.

HOME IMPROVEMEN

CARPENTER/Contractor: Remodeling/repair/ addi ions. 25 yrs. exp. Br Chandler, 846-6376.

CARPENTRY, Painting, windows, drs., decks tile, all repairs. 847-

ISLAND HOME REPAIR Service. Remodeling, repairs. 849-5206.

Wilsons Construction: Old Home Restoration. Lic.# 2280406. 401-245 7969 or 401-322-3080.

HOUSECLEANING

846-7855 NEWPORT CLEANING & MAID SERVICE. "We Do It All": Regular or 1 t service, Move in/ou Windows in/out, carpe cleaning, Constructic clean up, Cellar/Garag clean outs & Dump runs. Last minute O.K Lic./bonded/ins.

AQUIDNECK'S BEST: For exceptional servi call Myriam 481-9670.

GM CLEANING SERVI- CE. We do all job move in/out, Bonded & insured. 847-8195.

HOUSE & office cleaning. Dependable. Low pric- es, free estimate. Go: refs. Ins. Call Crist 401-749-8446.

JANES' CLEAN Houses, offices, apts., windo move out, constructor Best price (many year of experience) an good refs. 846-1219.

LILLY LANES Cleaning Center. No job to big small. Last minute p- problems. Come home to a sparkling cle house. Very reasonable rates. Native Newport & excellent refs. Call estimate at 401-253-6627

MARIA CLEANER'S. House, apts., offic: 401-845-0342. God Bless your home.

TRACEY & ELLEN CO. Refs.. Detailed & tho ugh. Call (508)-674-498

U.S. PARADISE: All odd jobs. 401-339-2935.

HOUSEKEEPERS

DO YOU NEED profes- sional cleaning? Ref Call Maria 508-824 3681, cell 508-789-3901

Household Serv

EUROPEAN STYLE. Exp., reliable, profes- sional. Cleaning, laund gardening cook- ing/catering/baking, home care. 284-1115.

LANDSCAPING

ACOASTAL TREE. Full service tree/landscap co. Lic. 618. 847-0311

CHOICE LAWN CARE. Lawn clean-ups & mow- ing, hedges. 849-2347

GRASSHOPPER LAND- SCAPE COMPANY. Complete lawn care, hedges, mulching, grav el driveways, patic trees & shrubs install Since 1978. 846-9390.

LANDSCAPING

FLAHERTY LANDSCAP- ING. Lawn & garden, weeding, rototilli; mowing. Mulch. Fully insured. 846-6593.

Just Grass Lawnmowing. Reasonable rate. Prompt service. 692-1154.

NEWPORT Landsculptor. Trees, gardens, lawns Expert work. 30 yr exp. Refs. 401-663-0241

TONY MENDONCA LANDSCAPING: Inter- locking block wall walks, & patios. Mai- tenance, all types plantings. No job t big or small, we do all. Free estimate 508-677-4936.

LOCKSMITH

A-1 LOCKSMITH, busi- ness & residential bonded & ins. 847-1703

MASONRY

AL LOPES. General contractor. Masonry an- paint. Call 683-1249.

BRICK, Stonework, Side- walks, Patios, Repair Lic. & Ins. Call 423-11

BUILD/RESTORE STONEWALLS, patios, steps, sidewalks, chi- neys, John 683-4933.

DOWNEY MASONRY: 20 yr professiona Stone/Brick work, chin- neys, fireplace & ste; Build/restore/sheetrock paint. Mike 849-8388.

M.S. Morvan Masonry Complete masonry service. Brick, blo- stone, concrete. New restoration. 792-8691.

MEDICAL BILLI

CLAIM, coding, compli- ance, collection. Exc- lent service. Call 4 9109 Evolution.

MOVING

CHAMPION MOVERS. Apts. & Households. : piece or entire conten Lic. & Insured. 846-445

PAINTING&PAPERI

1ST. CHOICE PAINT- ING, exterior & inter Wallpaper. Exp., affo: able. Mike, 846-7799.

30 YR'S EXPERIENCE No job too small. J- sured & Lic. 846-6375

ALBERTO PAINTING and Power Washing. Free estimates. Ca 841-5693.

DECO PAINTING: Interior/Exterior. E- estimates. 401-662-0366

DONBACH PAINTING & PAPER. Meticulous, in- teriors, wallpaper. Li- ins. 848-7846.

EXTERIOR/INTERIOR Painting: 35 years. Fr- estimates. 846-9774.

FREE ESTIMATES Paint- ing, papering, lic. 2897 H. Cassese Jr.

HIGG'S PAINTING, Inte- rior/exterior. Check prices. Fully ins., estimates. 508-679-5300

PAINTING&PAPERI



KLT REMODELING & Finish Painting. Lic. Ins. #11156. Call 78 6355 or cell 932-3151

M.S. PAINTING. Interior & Exterior. prices! Free estimate Ask for Milton 508-67 1523. God bless you!

MARTINELLI PAINTING 45 yrs. exp. No job small. 848-0585.

NEWPORT PAINTING. 25 years experience Licensed & Insured 849-4204 or 481-7591

SWEENEY & COMPANY Interior Wall & Decoi- tive Painting - Faux i- shes; Tromp l'oei Floors. Ann Sweeny 401-683-9797.

POWER WASHING

NARRAGANSETT BAY Pressure Washing. Clean dirt, milde- houses, decks, etc 433-4929, license 1970

TEVES Professional Pow- er Washing, residenti- commercial, marine. Paint/Stain. 848-9270.

ROOFING

DAVID WELCH Painting & Roofing. Lic. insured. For reasonabl estimates call 847-003

STUMP GRINDIN

LAWN CARE, Cleanups, material delivery. C Viveiros 401-662-1266.

TENNIS LESSON

HAVE FUN learning a- fantastic sport w/t best. USPTA certifie. 20 yrs. JUST DO IT! Call Mike @ 848-5006.

TILE

ISLAND TILE WORKS. Installation & repa: Floors, countertops showers. 401-663-0241.

TREE SERVICE

A-1, Removal, pruning stumps. Lic.# 260 insured. Joe 924-0214.

TUTORING

PRIVATE MATH TUTOR Pre-Algebra through SAT. Prepare now fo- Oct. SAT's. Lear strategies. 849-4889.

WINDOW CLEANIN

"Reflections." Residenti Storms, screens, sil- Toll free. 866-996-464

846-7855 NEWPORT CLEANING & MAID SERVICE Sparkling Windows In & out, fre estimates, fast servi Lic./Bonded/Ins.

WINDOW TREATMEN

HOUSECLEANING: Nice couple, good price refs. 508-646-9388.

3 LINES, 28 DAYS ONLY \$60

To advertise your business or home service in both The Newport Daily News and The Navalog CALL 849-3300

"Advertising Deadline: Thursday at 11 a.m. each week"

Navy-wide news

Two Groton subs return to port

GROTON, Conn. (NNS) — The Los Angeles-class, fast-attack submarines USS Providence and USS Augusta returned to Naval Submarine Base New London (SUBASE) last week to the waiting arms of family and friends.

The faces of those family and friends were welcome sights to the Sailors, but it was the faces not seen before that were the most precious of all.

Chief Fire Control Technician (SS) Pete Keller, a Providence Sailor, had only seen photographs and video of his four-month-old daughter before the homecoming, and held her for the first time Aug. 9.

"I'm just overjoyed to be here. It has been a long six months, and I'm glad to be home," he said.

His wife, Sarah, admitted she was looking forward to her husband spending some time with their daughter now that he was home.

"Tonight I'm going to share him, have dinner and let him get his 12 hours of sleep, but tomorrow, I'm going to hand her to him, then I'm going out for a couple of hours," she

joked.

Providence and Augusta departed SUBASE in February and deployed across the Atlantic Ocean to the Mediterranean and Red Seas.

Dolphins join terrorism war

MANAMA, Bahrain (NNS) — With terrorist attacks like that against USS Cole (DDG 67) in October 2000 still a very real possibility, the U.S. Navy has a new ally in the global war on terrorism—the Mk 6 anti-swimmer dolphin system.

Much more than your typical Sea World entertainers, these dolphins are dedicated Navy Sailors, standing watch over Arabian Gulf ports and deterring uninvited guests seeking to harm ships and ports. With swimmer defense experience dating back to Vietnam, the Navy's Mk 6 dolphins are ready to deploy any time, anywhere.

Taking over from the Sea Lion Shallow Water Intruder Detection System, the dolphins, operated by Explosive Ordnance Disposal (EOD) Mobile Unit 3, provide significant operational force protection capabilities to the 5th Fleet theater.



Photo courtesy Electric Boat

HIGH AND DRY — The Navy's newest and most advanced nuclear powered submarine, Virginia (SSN 774), is moved outdoors from assembly for the first time at Electric Boat, Groton, Conn. The \$2 billion sub was launched and then christened last weekend.

West Nile Virus: Are you at risk?

WASHINGTON (NNS) — You are standing in the backyard, eating barbecue chicken, chatting with friends and family, having a good time. Meanwhile, a female Culex pipiens mosquito is looking for her next meal — blood. She needs the protein to produce several hundred eggs. She bites; you scratch your arm. A few days later, you have a fever, headache and body-aches; typical symptoms of the flu.

You visit your doctor and the diagnosis is a mild form of West Nile Virus. Your doctor treats the symptoms, and a few

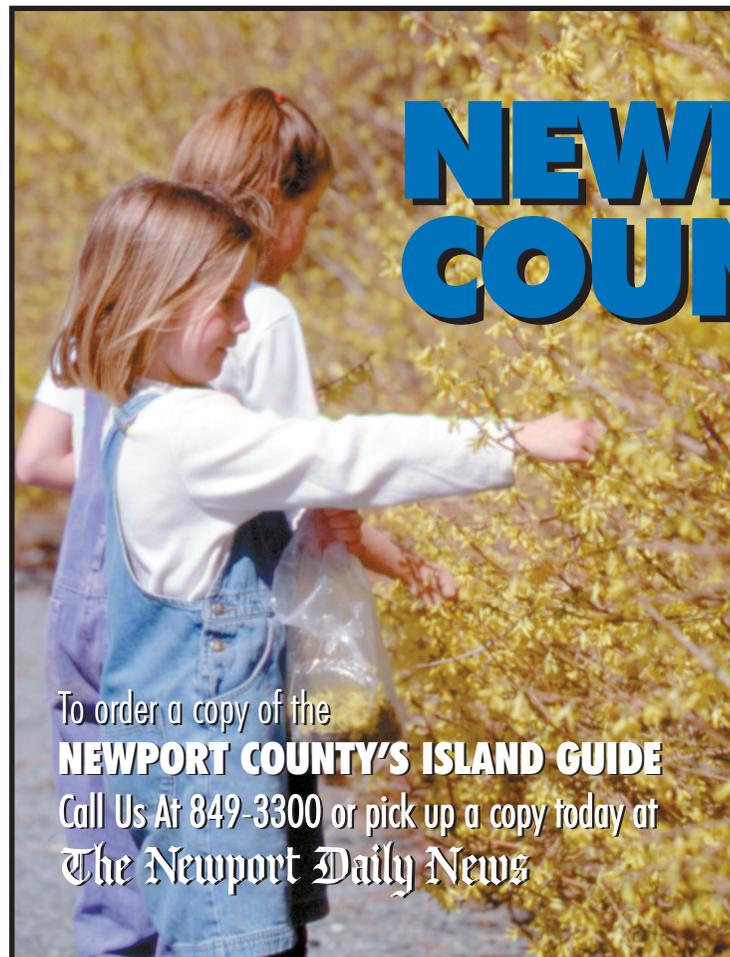
days later, you feel as good as new.

Until preventative measures like vaccines are discovered, surveillance and common sense are the best course of action to avoid infective mosquito bites. "We try to make everyone aware of the disease and where it exists," said Lt. Cmdr. Gary Tetreault, medical entomologist at the Naval Environmental Health Center, Portsmouth, Va.

Most people bitten by an

infected mosquito never experience symptoms, according to the Center for Disease Control and Prevention (CDC). Twenty percent of those who do experience flu-like symptoms.

In rare, severe cases, the disease can be life threatening with symptoms including high fever, stiff neck, disorientation, coma, tremors, convulsions, muscle weakness and paralysis. People over 50, and those with weak immune systems are most at risk.



NEWPORT COUNTY

At Your Fingertips



To order a copy of the **NEWPORT COUNTY'S ISLAND GUIDE** Call Us At 849-3300 or pick up a copy today at *The Newport Daily News*



**351 West Main Road, Middletown, R.I.
401-849-2000**

- Enroll Free - Howard Johnson Super Miles
- Whirlpool Spa & Sauna
- Voice Mail
- Coffee Makers in all rooms
- Refrigerator & Microwave in some rooms (extra charge may apply)
- Pets Welcomed in selected rooms
- Applebee's Neighborhood Grill & Bar (Continental Breakfast, Lunch & Dinner available)
- Indoor Heated Pool
- Tennis Courts

Enjoy a FREE* Appetizer *Some Restrictions Apply

Military Discount
\$87⁰⁰

single or double, plus tax

Valid Sunday thru Thursday
Special Events & Holidays may be higher

Offer expires 08/31/2003