



## Historian to retire

The director of the Naval War College Museum will retire this month, capping off a 36 year federal career.

— Page 2



## Adm. Sprigg steps down

The Navy Warfare Development Command at Sims Hall holds change of command ceremonies.

— Page 2



## Navy pauses on Sept. 11th

Naval Station Newport and its tenant commands pause on Patriot Day to remember lives lost on Sept. 11.

— Page 3



## 22 advanced to E-7 rate

Twenty-two new chief petty officers proud sport khaki uniforms this week after pinning ceremonies last Saturday.

— Pages 8-9



## First Navy Jack unfurled again

**'DON'T TREAD ON ME'** — Religious Program Specialist Second Class James White raises the First Navy Jack on the visiting guided missile cruiser USS Gettysburg at Pier Two. The Secretary of the Navy ordered the jack raised at morning colors on all U.S. Navy ships afloat as of Sept. 11.

Ron Fontaine/U.S. Navy photo

# Navy Warfare changes helm

By **KATE HOWARD**  
NAVSTA Public Affairs Office

Rear Adm. Ronald A. Route relieved Rear Adm. Robert G. Sprigg as Commander, Navy Warfare Development Command (NWDC), in a change of command ceremony on Colbert Plaza at the Naval War College last Friday.

Vice Adm. Albert Konetzni Jr., Deputy Commander and Chief of Staff, U.S. Atlantic Fleet, was guest speaker.

NWDC was established in July 1998 to coordinate the Navy's warfare innovation and concept development and identify the required organizational capabilities coming from those validated concepts.

NWDC also maintains Navy doctrine publications, and plans, designs and coordinates Navy experimentation.

The command is in Sims Hall aboard Naval Station Newport, and reports to Commander, U.S. Fleet Forces Command in Norfolk, Va., with support detachments in both Norfolk and San Diego.

Route holds a bachelor of science in systems engineering from the U.S. Naval Academy and a master of science degree in Operations Research from the Naval Postgraduate School in Monterey, Calif.

He was selected to a Navy Federal Executive Fellowship, and completed a year-long assignment as a Military Fel-

low at the Council on Foreign Relations in New York City in June 1997.

Route spent the last two years as Director of the Programming Division at the Office of the Chief of Naval Operations in Washington, D.C. He served as Commander, Cruiser Destroyer Group Two and Commander, aircraft carrier USS George Washington Battle Group from May 1998 until April 2000.

Previously, Route commanded guided missile cruiser USS Lake Erie from July 1994 until July 1996. During this time, Lake Erie deployed to the Western Pacific and the Per-

**SPRIGG, Page 13**



Ron Fontaine/U.S. Navy photo

**FAIR WINDS...Rear Adm. Robert G. Sprigg, left, receives the Distinguished Service Medal from Vice Adm. Albert Konetzni Jr., Deputy Commander and Chief of Staff, U.S. Atlantic Fleet, during Sprigg's retirement ceremony.**

# Director of museum to retire

By **RICHARD ALEXANDER**  
Navalog editor

Newport will lose one of the area's foremost authorities of U.S. naval history when Anthony S. Nicolosi, director of the Naval War College Museum, retires on Sept. 30.

Nicolosi will cap 36 years of federal service, with the last 32 at the college.

"I've enjoyed being the museum director," he said. "It's had its frustrations and challenges, but it has been an educational experience for me and I've come to love the Navy in Newport."

Nicolosi started with the college in 1969 when he was tasked with creating an archive, the current Naval Historical Collection, and bringing to life a defunct internal museum consisting of exhibits in the college's old building complex.

Founder's Hall, the original site of the Naval War College from 1884-1889, was designated as the new home for the museum. It officially opened to the public in 1978.

Under his tutelage, the museum organized more than 100 exhibits and displays on naval warfare, the Navy in the region, and related military topics both in Founder's Hall and in other buildings on campus.

He and his staff coordinated as many as five separate exhibits per year, but his favorite was the "Navy Newport Artists and Art Exhibit" that drew crowds of 300 or more. The opening reception included the presentation of prizes by the NWC president.

"Artwork was accepted from active duty Navy, Navy dependents and retirees," he said. "They were juried shows, and awards for excellence were presented. We had sculptures, photographs, oil and water color paintings, needlepoint, even custom furniture."

The show's success also caused it demise three years ago, as it became too big for a reduced museum staff to handle. Tighter Naval Station security since Sept. 11 has also crippled the number of visitors to the museum. Attendance has

**NICOLOSI, Page 12**



Ron Fontaine/U.S. Navy photo

**HISTORIAN TO RETIRE — Anthony S. Nicolosi, who will retire Sept. 30 as director of the Naval War College Museum, stands behind one of the museum's many ship models.**

# Navy Prep parents to return to campus

By **JOY CHRISTMAS**  
NAVSTA Public Affairs Staff

The parents of more than 300 students in the Navy Academy Preparatory School (NAPS) Class of 2003 will return this weekend to visit the sons and daughters they said good-bye to last July.

After a more than two-month separation, they are sure to be surprised at the transformation from civilian to military life.

NAPS Parents Weekend, today through Sunday, is an opportunity for family unification, and an opportunity for the new officer candidates to show family members their

growth and development as the prepare for future leadership roles in the sea services.

The weekend gets underway when the officer candidates will march in formation to Kay Hall at 2:30 p.m. to meet their parents.

Capt. Bruce Bole, Commanding Officer, NAPS, will then get a chance to talk with battalion officers, instructors and tour Nimitz Hall and Perry Halls.

Liberal leave will be granted to officer candidates to spend time with family members, visit local tourist attractions and attend scheduled NAPS athletic events.

## Navalog

**Capt. Ruth A. Cooper**

Commanding Officer, Naval Station Newport

**Mary K. Silvia**

NAVSTA Public Affairs Officer

**Bob Krekorian**

NAVSTA Public Affairs Staff

**Greg Kohlweiss**

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**Richard Alexander**

NAVALOG Editor

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# Navy marks Patriot Day

By JOY CHRISTMAS  
NAVSTA Public Affairs Staff

The saluting battery fired on Nimitz Field, Naval Station Newport, on Sept. 11 at 8:46 a.m., signifying the exact time American Flight 11 slammed into the World Trade Center's north tower one year ago.

Inside Capt. Howard Kay Hall, Naval Station (NAVSTA) Newport and its tenant com-

panying on a daily routine, or accomplishing everyday chores of everyday life.

"And so, too, did every individual who lost his life last year. They started out the day doing everyday things that transformed ordinary individuals and a nation," she said.

Commensurate with the timeline of actual events, successive rounds were fired from the battery for United Airlines Flight 175 that struck the south tower of the World Trade Center, American Flight 77 that hit the Pentagon in Washington, and United Flight 93 that crashed into a field in Shanksville, Pa.

Representing Capt. Francis MacMahon, Commanding Officer, Naval Health Care New England, Capt. André Greedan, Deputy, Naval Ambulatory Care Center Newport, said, the attacks sent a wave of sorrow, horror and disbelief across the country, yet it rose to the occasion.

"In remembering the victims, we should also remember those of the New York Police and Fire Departments, military personnel at the Pentagon, medical rescue personnel and the thousands of everyday people who banded together to show the world that America could not, and will not, be a hostage to terrorism," said Capt. Greedan.

Capt. Daniel Brennock, Commanding Officer, Naval Education and Training Center, said people are afraid that what happened a year ago will be forgotten. Citing such conflicts as Lexington and Concord, Fort Sumter, The Maine, the Lusitania, Pearl Harbor, Vietnam, Desert Storm or Somalia, he asked if they had been forgotten.

"No, not yet and not ever," said Brennock. "The attacks of that fateful day are the same as all the others. This was not an



HM2 Michael Duff/U.S. Navy photo

**Hospital Corpsman Third Class Sarah Yeager, right, and Hospitalman Stephanie Stock prepare to raise the ensign that flew over the Pentagon on Aug. 15 to half-staff during morning colors at the Naval Ambulatory Care Center on Sept. 11.**

mands united in full force to remember and pay tribute to the victims and heroes of the terrorist attacks on the United States. Sept. 11 has been proclaimed as Patriot Day by President Bush.

Addressing an estimated 1,500 military and civilian personnel, and their family members, Capt. Ruth Cooper, Commanding Officer, NAVSTA, said she will forever remember exactly where she was and what she was doing on Sept. 11, 2001.

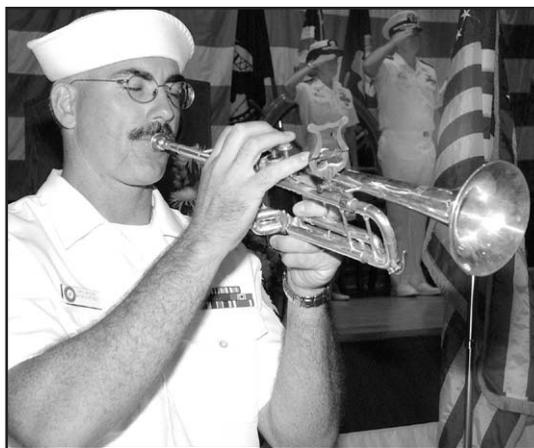
She, like others, was at work,

**PATRIOTS, Page 13**



Ron Fontaine/U.S. Navy photos

**SEVEN Marines fire three rounds each for a 21-gun salute at Capt. Howard Kay Hall on Sept. 11 to commemorate the first anniversary of the terrorist attacks on the United States.**



**MUSICIAN First Class Dan Magruder plays his role in echo Taps.**



**BOATSWAIN'S Mate Second Class Dan Gallagher rings the ship's bell as names of the R.I. victims are read.**



**NAVAL Station Police Chief Lewis Scherdt, right, and assistant Fire Chief Tom Gemppl salute as the Naval Ambulatory Care Center color guard posts the colors.**



Ron Fontaine/U.S. Navy photo

**CHANGE AT HELM —** Capt. Edward Scott Hebner, left, relieves Capt. Dennis T. Stokowski as commanding officer of the visiting guided missile cruiser USS Gettysburg during pierside ceremonies last Tuesday at Naval Station Newport's Pier Two.

## Engineer recognized for NUWC expertise

The National Defense Industrial Association (NDIA) has named Frederick Cancelliere of Portsmouth, R.I., an engineer at the Naval Undersea Warfare Center Division, Newport, as a recipient of its Bronze Medal.

The NDIA Bronze Medal recognizes outstanding individual achievements in science or engineering in the field of undersea warfare.

With a career that spans nearly 40 years, he has provided considerable technical

expertise to Division Newport programs in the areas of torpedo, countermeasure, and unmanned undersea vehicle technology, and development of anti-submarine warfare (ASW) mobile targets.



Cancelliere

NDIA is a non-partisan, non-profit association consisting of nearly 1,000 companies and more than 28,000 individuals from the defense and

national industrial base whose mission is to provide a forum

for the interchange of ideas between government and industry.

## Cruiser changes skippers

By ENS. GEOFFRY BENT  
USS Gettysburg PAO

The visiting guided missile cruiser USS Gettysburg, based in Mayport, Fla., hosted a change of command ceremony at Pier Two last Tuesday. Capt. Edward Scott Hebner relieved Capt. Dennis T. Stokowski.

Rear Adm. Jim Stavridis, Commander, Cruiser-Destroyer Group Twelve and Enterprise Carrier Strike Group, was the guest speaker.

Capt. Hebner's comes to the Gettysburg from the Office of the Secretary of Defense as an Assistant for Naval Analysis and Contingency Plans.

Hebner's previous sea duty assignments include six cruisers and destroyers in both the Atlantic and Pacific fleets. His most recent sea command was the guided missile destroyer USS The Sullivans.

He is a 1979 graduate of West Virginia University at Morgantown.

Capt. Stokowski is a 1976 graduate of Southeastern Massachusetts University. He served aboard destroyers and cruisers on both coasts and Hawaii.

His next assignment will be as a senior fellow in the chief of Naval Operations Strategic Studies Group in Newport, R.I.

### Navy Achievement Medal

ABE2 Joshua F. White, Naval Station Newport Security Department, from Commanding Officer, USS Abraham Lincoln, Sept. 4, 2002

### Letter of Commendation

ABH1 Christian M. Bailey, Naval Station Newport Security Department, U.S. Naval Reserve, Sept. 4, 2002  
Richard Alexander, Naval Station Newport Public Affairs Office, from Chief of Naval Information, Sept. 4, 2002

### Civilian Length of Service Awards

Walter J. Shaughnessy, Naval Station Newport Fleet and Family Support Center, 10 years, Sept. 4, 2002  
James W. Keith, Naval Station Newport Personal Property Office, 20 years, Sept. 4, 2002  
Michael Jackson, Naval Station Newport Fire Department, 25 years, Sept. 4, 2002  
Joseph Kusha, Naval Station Newport and Navy Region Northeast, 35 years, Sept. 4, 2002  
Lois O'Malley, Naval Station Newport and Navy Region Northeast, 35 years, Sept. 4, 2002  
Lisa Boiani Naval Station Newport Public Works Department, 15 years, Sept. 4, 2002  
Timothy Martin Sr., Naval Station Newport Fire Department, 15 years, Sept. 4, 2002  
Donald Sly, Naval Station Newport Public Works Department, 15 years, Sept. 4, 2002  
Dennis St. Laurent, Naval Station Newport Public Works Department, 15 years, Sept. 4, 2002  
Daniel Williams Naval Station Newport Public Works Department, 15 years, Sept. 4, 2002  
Roger Berube Naval Station Newport Public Works Department, 20 years, Sept. 4, 2002  
Daniel Sullman Naval Station Newport Fire Department, 20 years, Sept. 4, 2002  
David Dalpe Naval Station Newport Fire Department, 25 years, Sept. 4, 2002  
Robert Kinney Naval Station Newport Supply Department, 35 years, Sept. 4

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## Announcements

### Festival of Trees seeks volunteers

The Festival of Trees, a spectacular display of hand-decorated evergreens, is a 25-year-old tradition put on by military spouses during the annual Christmas in Newport celebration. All proceeds will benefit local charitable and non-profit organizations.

If you are interested in volunteering at the festival, making ornaments in preparation for the festival or just learning more about it, contact De Andrea Fuller at (401) 261-8184.

The calendar of events is as follows:

- Sept. 22 and 29, ornament making at the Armed Services YMCA (ASYMCA), 7 to 9 p.m.
- Oct. 3, small trees meeting, ASYMCA, 7 p.m.
- Oct. 10, Festival of Trees Committee meeting, ASYMCA, 7 p.m.
- Oct. 17, (social event) Vineyard Tour and Tasting at the Newport Vineyards, 6 to 8 p.m. (RSVP to Fuller at 401-261-8184). \$6 per person
- Nov. 7, Festival of Trees Committee meeting, ASYMCA, 7 p.m.
- Dec. 4-6, Decorate for Festival of Trees at Naval Undersea Warfare Center (NUWC) gymnasium
- Dec. 6, Festival of Trees Preview Party, NUWC gymnasium (adults only), 7 to 10 p.m.
- Dec. 7-8, Festival of Trees, NUWC gymnasium, 11 a.m. to 5 p.m.



### Free child car seat check slated at Newport Hospital

Do you have questions concerning your child's safety seat? A free car seat inspection clinic will be held at Newport Hospital on Saturday, Sept. 21 from 10 a.m. until 2 p.m.

Certified trained staff will be available to provide one-on-one training on the correct placement of child safety seats in motor vehicles.

Educational materials will also be provided. The event is being held in cooperation with Health Promotion at the Naval Ambulatory Care Center, Newport, Rhode Island, Rhode Island SAFEKIDS Coalition, the Governor's Office on Highway Safety and Newport Hospital.

### Wilderness Challenge 2002 looking for 'tough' teams

Muster a team of six shipmates, friends or family members and register today for the 19th annual Northeast Region Wilderness Challenge 2002, taking place at Submarine Base New London's Adventure Center.

The event takes place from Friday, Oct. 18 (early check-in and camp setup is allowed beginning at 3 p.m. on Thursday) to Sunday, Oct. 20.

Cost is \$150 per team entry and competition is open to all active duty, reserve, retired, Department of Defense and MWR civilians and their guests.

You must bring your own camping equipment (available for rent at MWR's Gear Rental), supplies and food; Fleet Recreation will provide all event gear.

Competitions include a trail run, paintball, rifle and pistol shoot, wood carving, log carry, tug-of-war and more! Space is limited, so gather your team and register today! No cost orders for travel, use of unit MWR funds and APF are authorized. For more information, contact Dan Tusinski at (617)242-5672 or DSN- 955-4958. His e-mail address is [Boston@cner.navy.mil](mailto:Boston@cner.navy.mil)

## Assistance

### Volunteers needed as IRS tax preparers

The Naval Legal Service Office (NLSO) is looking for volunteers to help with their free tax preparation and electronic tax filing service.

The tax center relies on volunteer income tax preparers to continue to offer this free service. Many volunteers are able to get time off from their regular schedule, while others work in whatever time they can spare. Volunteers will be trained, and will need to be available at least one evening a week from Jan. 20 to April 15, 2003. Scheduling will be flexible, and the NLSO will work with your command.

Anyone interested in becoming a tax volunteer can inform their chain of command or call Lt. Sean Cogley or Legalman Third Class Jason Weaver at the NLSO at 841-3766, ext. 200.

### Civilians eligible for CEAP counseling

All Naval Station Newport civil service employees are now eligible for three free visits and one follow-up visit per instance under the Civilian Employee Assistance Program.

Services provided under the contract include: marital and family issues; addictions including alcohol and drug; stress; emotional difficulties; and the effects of financial and legal concerns.

Family members are also covered under the contract. Even a child away at college is eligible and will be provided services in their area.

The contract is with the Lexington Group, Inc. For services call 1-800-676-HELP (4357).

### Retired Activities seeks volunteers

The Retired Activities Office (RAO), located in the Fleet and Family Support Center (FFSC), is looking for volunteers to work in the office Monday through Friday, anytime between 8 a.m. and 4 p.m.

Volunteer activities include meeting with retirees regarding any questions and providing information on a variety of services and entitlements. On-the-job training will be provided.

If you would like to volunteer, call 841-4089.

## Class 102 graduates 59 at Senior Enlisted

The Senior Enlisted Academy (SEA) graduated its 102nd class on July 31 in ceremonies held at the Officers' Club. Vice Adm. John. B. Totushek, Commander, Naval Reserve Force, was the guest speaker.

The SEA prepares selected senior enlisted leaders in paygrades E-8 and E-9 for future challenges in leadership and management responsibilities. Fifty-nine senior enlisted leaders from the Navy, Air Force, and Coast Guard comprised the 102nd graduating class.

The senior enlisted members studied leadership theories, management techniques, communications, national security affairs, Navy programs, health and physical fit-

ness.

The class also revisited Recruit Training Command, Great Lakes, and the frigate USS Constitution in Boston to re-connect the students with recruit development and naval heritage.

Established in 1981, the SEA is the capstone in the Navy's Enlisted Leadership Continuum pipeline for senior enlisted leaders. Upon successful completion of the 360 hours of instruction, students will gain 18 semester hours applied towards a college degree.




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## What's going on

### POWs/MIAs remembered

National POW/MIA Recognition Day was observed this morning in ceremonies sponsored by the Naval Education and Training Center at Capt. Howard Kay Hall, Naval Station Newport. The ceremony began at 7:45 a.m.

Capt. Ruth A. Cooper, Commanding Officer, NAVSTA, was the keynote speaker.

The program included a posting of the colors and the playing *National Anthem*, followed by an invocation.

A Seaman to Admiral-21 (STA-21) student representative gave personalized remarks before the raising of the POW/MIA flag. A moment of silence preceded the reading of the eight Rhode Island residents who remain missing, and *Taps* was played.

#### TODAY, Sept. 20

- Armed Services YMCA:
  - Fitness Hour, 9 to 10:30 a.m.
  - Nantucket Basketweaving, 9 a.m. to noon.
  - Mommy and Me Infant Massage, 9 to 10:30 a.m.
  - Adult Beginner Sewing No. 1, 9 to noon
  - Johnny Appleseed Day, 11 a.m. to noon.
  - Lunchtime BINGO, at the Recreation Center, Building 656. Noon to 1 p.m. Also Thursdays.
  - Fitness Equipment Orientation, FITNESS Plus, Building 355, 8, 9 and 10 a.m. Also, Wednesday and Friday mornings. Call 841-1474.
  - Open for Dancing, Island Moving Co., Newport, 847-4470.

ing Co., Newport, 847-4470.

- Mushroom Walk, Norman Bird Sanctuary, 3 to 5 p.m., 846-2577.
- Movies, Recreation Center, beginning at 5 p.m.: *Mr. Deeds* (PG-13) and *Windtalkers* (R). Other movies are available and may be shown upon request.
- Harvest Moon Safari, Thames and Kosmos, 6 to 8 p.m., 849-6966.

#### SATURDAY, Sept. 21

- Aquafina Taste of Rhode Island, 30 R.I. restaurants offer samples of their fare, Newport Yachting Center, 846-1600.
- Newport Harbor kayak tour, Fort Adams State Park, 9 a.m. to noon, 624-1440.
- Trinity's Colonial Fair on the Square, Trinity Church at Queen Anne Square, 10 a.m. to 3:30 p.m., 849-5015.
- Rose Island Ramble, Narragansett Bay Station, 11 a.m. to 3 p.m., 272-3540 ext. 133.
- Bag It!, Norman Bird Sanctuary, 846-2577.

• D.A.R.E. softball game, Cardines Field.

- Open for Dancing, Island Moving Co., Newport, 847-4470.
- Newport International Polo Series, Glen Farm, Route 138, Portsmouth, 5 p.m., 846-0200.
- Chapel of Hope worship services:
  - Catholic mass, 9 a.m. and noon
  - Protestant Services, 8 and 10:30 a.m.
- Sunday Bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.
- Guided Bird Walks, Norman Bird Sanctuary, 8 a.m., 846-2577.
- Aquafina Taste of Rhode Island, 30 R.I. restaurants offer samples of their fare, The Newport Yachting Center, 846-1600.
- Open for Dancing, Island Moving Co., Newport, 847-4470.
- Family Fun on Narragansett Bay, Narragansett Bay Station, 1 to 3 p.m., 474-3540 ext.133.
- Rose Island Lighthouse Auction at Harbor Court, New York Yacht Club, 2 to 5 p.m., 847-4242.

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• Open for Dancing, Island Moving Co., Newport, 847-4470.

• Family Fun on Narragansett Bay, Narragansett Bay Station, 1 to 3 p.m., 474-3540 ext.133.

• Rose Island Lighthouse Auction at Harbor Court, New York Yacht

Club, 2 to 5 p.m., 847-4242.

#### MONDAY, Sept. 23

- Armed Services YMCA:
  - Parents' Time Out, 9 to noon.
  - Open Sewing, 6 to 9 p.m.
  - Fitness Walk and Tone, 8 to 9 a.m., Gym 109.
  - Intermediate Weight Training for Women, 9 to 10:30 a.m., \$10 per person.

#### TUESDAY, Sept. 24

- Armed Services YMCA:
  - Fitness Hour, 9 to 10:30 a.m.
  - Cooking with Miss Kathy, 11 to noon.
  - Kids Sewing No. 2, 4 to 5:30 p.m.
  - Fitness Walk and Tone, 8 to 9 a.m., Gym 109. \$5 for five weeks! Call 841-3154.
  - Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.
  - Preschool Reading Hour, Norman Bird Sanctuary, 10:30 to 11:30 a.m., 846-2577.
  - Reading Your Credit Report, Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.
  - Naval War College Country Presentations, Pringle Auditorium, Malaysia and Papua New Guinea, 1 p.m., 841-4782.
  - Officer's Club movies, 6 p.m., *Big Fat Liar* (PG); 8 p.m. *Men in Black* (PG-13).
  - Astor Ball, Astors' Beechwood mansion, 8 p.m., 846-3772.

#### WEDNESDAY, Sept. 25

- Armed Services YMCA:
  - Parents' Time Out, 9 a.m. to noon, \$10 for first child, \$5 for each additional child.
  - Kids Sewing No. 2, 3:30 to 5 p.m.
  - Interviewing Techniques, Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.

#### THURSDAY, Sept. 26

- Armed Services YMCA:
  - Fitness Hour, 9 to 10:30 a.m.
  - Knitting, 10 a.m. to noon.
  - Kids Sewing 2, 2:30 to 4 p.m.
  - Kids Sewing 2, 4 to 5:30 p.m.
  - Homebuyers' Workshop, Fleet and Family Support Center, 7 to 9 p.m., 841-2283.

#### FRIDAY, Sept. 27

- Armed Services YMCA:
  - Parents' Time Out, 9 a.m. to noon, \$10 for first child, \$5 for each additional child.
  - Kids Sewing No. 2, 3:30 to 5 p.m.
  - Interviewing Techniques, Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.

#### SATURDAY, Sept. 28

- Armed Services YMCA:
  - Parents' Time Out, 9 a.m. to noon, \$10 for first child, \$5 for each additional child.
  - Kids Sewing No. 2, 3:30 to 5 p.m.
  - Interviewing Techniques, Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.

#### SUNDAY, Sept. 29

- Armed Services YMCA:
  - Parents' Time Out, 9 a.m. to noon, \$10 for first child, \$5 for each additional child.
  - Kids Sewing No. 2, 3:30 to 5 p.m.
  - Interviewing Techniques, Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.

## Security increased; gate hours revised

In accordance with the force protection change to Threat Condition Bravo, Gate 2 is now closed. All other gates are still operating under normal hours. However, all gate hours may be changed without notice due to heightened security.

**Gate 1** — Open to inbound/outbound traffic 24 hours daily.

**Gate 4** — Open to inbound/outbound traffic from 6 a.m. until 6:30 p.m., Monday through Friday, and until 9:30 p.m. Thursday to accommodate Navy Exchange shoppers. On Saturday, Sunday and holidays, the gate will be open from 8 a.m. until 6:30 p.m..

**Gate 7** — At the Naval Ambulatory Care Center is open to inbound/outbound traffic from 5 a.m.

to 9:30 p.m., Monday through Friday. On Saturday, Sunday and holidays, the gate will be open from 6 a.m. until 6 p.m.

**Gate 10** — Open to inbound/outbound traffic from 6 a.m. to 5:30 p.m., Monday through Friday. On Saturday, hours will be 6 a.m. to 1 p.m. The gate is closed Sundays and holidays.

**Gate 11** — Open to inbound/outbound traffic from 6 a.m. to 6 p.m., Monday through Friday. The gate is closed on Saturday, Sunday and holidays.

Pier 2 is secured, but will be open from 6 p.m. until 2 a.m. on special visiting requests.

Any questions or traffic concerns can be directed to NAVSTA Security at 841-4041.

## ASYMCA seeks essays on meaning of 'hero'

During the last year we have heard of many heroic acts and the word hero used many times over. Heroes come in many forms and some of them quite unexpected.

What do you think it means to be a hero? If you are a school-age child of a military service member, the Armed Forces YMCA (ASYMCA)

invites you to submit your thoughts in writing. The winner will receive a \$50 U.S. savings bond.

Entries must be received at the Newport Armed Service YMCA, 1297 Bushnell Street, Newport, R.I. 02840, no later than Oct. 1.

Winners will be published in The Newport Navallog.

### WE WANT YOU!

TO JOIN US FOR LUNCH, DINNER OR WATCH THE GAME IN OUR SMOKE-FREE RESTAURANT  
10% MILITARY DISCOUNT OFF FOOD (WITH ID)

Call Now to Make Your Reservations for Welcome & Farewell Luncheons, Graduation Dinners & Holiday Parties  
We specialize in intimate occasions

BRING IN THIS AD TO ENTER KJ'S PRIZE DRAWING

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_



**KJ'S Pub & RESTAURANT**

59 AQUIDNECK AVENUE  
MIDDLETOWN, RI 02842  
PUB: 401-848-9991  
OFFICE: 401-849-9514

FOR RESERVATIONS & FUNCTION INFO CONTACT  
KELLE' O'CONNOR

## Christmas Is Coming



**Earning Opportunity:** The Newport Daily News has a part time position available in our distribution department inserting commercial advertisements into the newspaper. We offer excellent working conditions, with a starting pay of \$7.50 per hour. We are looking for very reliable and motivated people. Daytime hours while the kids are in school are available. Monday-Friday; This position requires working Friday nights from 9PM.

Apply To: The Newport Daily News  
101 Malbone Rd.  
Newport, RI 02840

## Special ceremonies remember Sept. 11

Navy and Marine Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week's Navy/Marine Corps News show:

— Post-Sept. 11, 2001, events are remembered in a special retrospective.

— Fifth Fleet Commander, Vice Adm. Timothy Keating, talks about the readiness of Sailors and Marines under his command.

— A survivor of the attack on Pearl Harbor is laid to rest with his former shipmates aboard the battleship Utah at the bottom of Pearl Harbor.

— Sailors, veterans, and dignitaries gather on the battleship Missouri, marking the 57th anniversary of Japan's surrender and the end of World War II.

### Health, Wellness videos available

The Naval Ambulatory Care Center and the Health Promotion Action Council want to help service members achieve and maintain their optimal health and well-

ness, while learning more about disease prevention.

Health education and wellness programs are now offered on Newport Naval Cable Television channel 13, daily, following Navy and Marine Corps News.

### Fleet and Family Support

Parents and teenagers may be interested in the Fleet and Family Support Center video series. These programs deal with a variety of topics, which are of interest to children of all ages, and families.

The programs air daily on channel 11 at 10 a.m., 1:30 and 7 p.m. The weekly schedule is displayed below.

To obtain a video schedule, contact the Public Affairs Office at 841-3538.

DAY	TITLE
Friday through Sunday	School: Making the Grade
Monday	Preventing School Violence
Tuesday	The Heart of Parenting
Wednesday	Bully Smart
Thursday	Angry: Ten Ways to Cool Off (for Grades K to 2)

## Learn your TRICARE benefits

The Fleet and Family Support Center is hosting a special Family Meeting to be held in conjunction with the quarterly Ombudsman Assembly meeting on Tuesday, Oct. 8. All military families are invited.

Lt. Cmdr. Robin Cunningham and Lt. Keith Bass of the Naval Ambulatory Care Center (NACC) will present information on TRICARE Northeast, Region One benefit plans and NACC services.

The special meeting will begin at 6 p.m. in Building 1112. Registration is required and may be made by calling 841-2283.

What is TRICARE? Do you know how to process a claim for TRICARE? Have you ever

had a claim rejected? In response to the challenge of maintaining medical combat readiness while providing the best health care for all eligible personnel, the Department of Defense introduced TRICARE.

TRICARE is a regionally managed health care program for active duty and retired members of the uniformed services, their families, and survivors.

TRICARE brings together the health care resources of the Army, Navy, and Air Force and supplements them with networks of civilian health care professionals to provide better access and high quality service while maintaining the capability to support military operations. TRICARE is being imple-

mented throughout the U.S., Europe, Latin America, and the Pacific as a way to:

- Improve overall access to health care for beneficiaries.
- Provide faster, more convenient access to civilian health care.
- Create a more efficient way to receive health care.
- Offer enhanced services, including preventive care.
- Provide choices for health care.
- Control escalating costs.

Now that you know why TRICARE was established, how do you use it? Where do you submit your claims? How do you find a provider?

Come to the meeting and find out.

## Understand your credit report

Good credit is an important part of financial planning. Establishing credit, correcting credit problems, and rebuilding good credit are important skills.

Credit reports are used not only by banks, loan companies, and credit card companies, but also by rental property agencies, potential employers, and can be part of a job security clearance process.

Learn how to read, understand, and correct your credit report at our seminar, Reading Your Credit Report. The Navy Federal Credit Union will be conducting this class Tuesday, Sept. 24, from 11:30 a.m. to 1 p.m.

Registration is required and may be made by calling 841-2283.

**Interviewing techniques—** This informative workshop is being held Wednesday, Sept. 25, from 11:30 a.m. to 1 p.m. Hear information on getting ready for an interview, the interview itself, different types of interviews you may encounter, and post-interview strategies.

The do's and don'ts of effective interview techniques will be discussed. Call 841-2283 to register.

Attention homebuyers—



Come to the Fleet and Family Support Center on Thursday, Sept. 26, from 7 to 9 p.m., and meet with a representative from the Navy Federal Credit Union to hear first-hand about qualifications for mortgages

and other financial options.

Home-buying information for all areas of the United States is available at this workshop. Registration is required and may be made by calling 841-2283.

**Holiday bliss or blitz?—** This program provides suggestions on increasing holiday joy by lowering holiday expenses. Participants will learn how to get through the holidays without getting into debt.

The workshop will be Thursday, Oct. 3, from 11:30 a.m. to 12:30 p.m. If you cannot attend the lunchtime session, another is scheduled for the same day from 5 to 6 p.m. Call 841-2283 to register.

You can't make a great hairstyle out of a bad haircut. Successful hairstyles depend on a "Precision Cut" technique that crops the hair to the shape of the head, for a natural look.



**\$5.00 Off**  
Razor Cut incl. Finish & Style  
Reg. \$25-\$30  
Offer expires 10/31/02  
Not to be combined with any other offer.

*Gina's Hair Salon*

1138 Aquidneck Ave., Middletown  
(At Grambell's Plaza across from Post All/Party-Time) • 847-0120

Air Conditioned • Plenty of Free Parking



## Newport County YMCA



YMCA

We build strong kids,  
Strong families, strong communities

The Newport County YMCA always waives the joiner fee for active military personnel and their families for Family, Single Parent Family, and Adult memberships.

Call the YMCA for more information at 401-847-9200

Email: [info@newportymca.org](mailto:info@newportymca.org)

## CPO pride

New Chief Machinist's Mate (SW) John Clayton stoops to receive his collar devices from his mother, Mary A. Clayton of Atlanta, Ga., as his sponsor, Chief Machinist's Mate Todd Nugent assists, and Clayton's wife, Barbara, left, looks on.

Ron Fontaine/U.S. Navy photos



# Hail to the chiefs!

**Pinning ceremony held for 23 at SWOSCOLCOM**

By YNC(SW) G. DOHERTY  
SWOS Public Affairs Officer

It was standing room only as family members and shipmates crowded into Weakley Hall Auditorium at Surface Warfare Officers School Command (SWOSCOLCOM) last Saturday for the promotion of 22 Navy first class petty officers to chief petty officers.

Rear Adm. Rodney Rempt, President of the Naval War College, spoke after his command's chiefs were initiated.

The pinning of chief collar devices on crisp new khakis, culminated a six-week initiation period to ready the new chiefs for positions of greater leadership and responsibility. Chief Yeoman Debra Bell of Naval War College served as master of ceremonies.

In addition to the new 22 Navy chiefs, Chief Damage Controlman Robert Jeffries, a Coast Guard chief petty officer on staff at SWOSCOLCOM, was also present.

Although promoted a few months prior, Jeffries realized the importance and long honored tradition of the initiation and asked specifically to participate in this year's initiation.

Spouses, parents, children and fellow chiefs participated in pinning the new CPOs, as commanding officers presented frocking and advancement let-

ters.

Command master chiefs presented the chief's creed plaques, anchors certificates, the Chief Petty Officer's coin, and ceremonial roses.

Seven red roses represent the seven days a week a chief reflects on those chiefs who lost their lives defending our country. As part of a longtime tradition, sponsors placed the chiefs combination covers on each new chief's head.

Other participants included Chief Navy Counselor (AW) Martha Lara of SWOSCOLCOM, who cited the "Sailor's Creed."

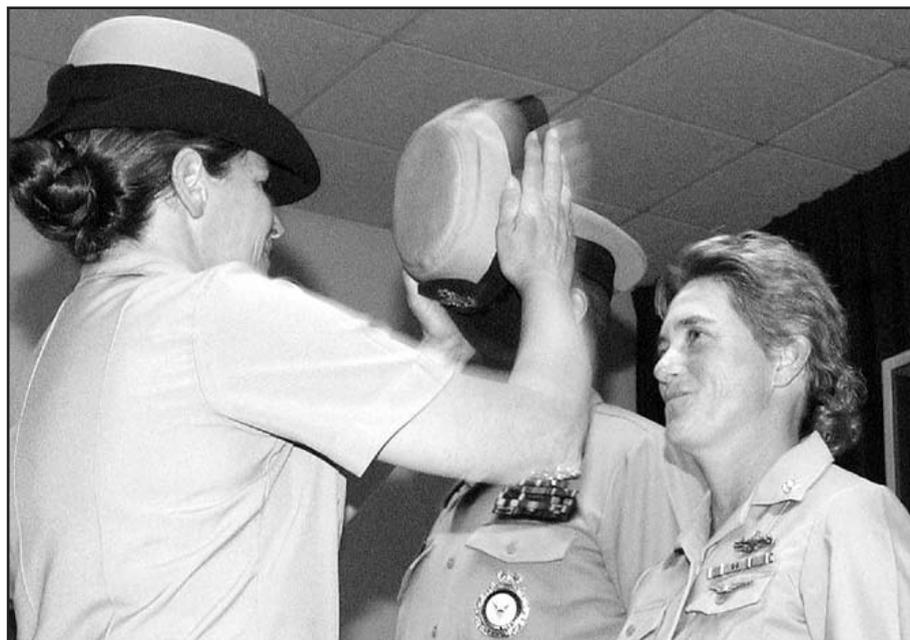
Naval War College Command Master Chief John Parkhurst led all Chief Petty Officers to attention as he read "The Chief Petty Officer's Creed," by which new as well as seasoned chief shall vow to abide.

"You have not merely been promoted one pay grade, you have joined an exclusive fellowship and, as in all fellowships, you have a special responsibility to your comrades, even as they have a special responsibility to you."

A reception was held for the new chiefs and their families following the ceremony at Duffy's Lounge.

The 23 new chiefs and their commands are:

GSEC(SW) Alan Badger, Surface Warfare Officers School Command



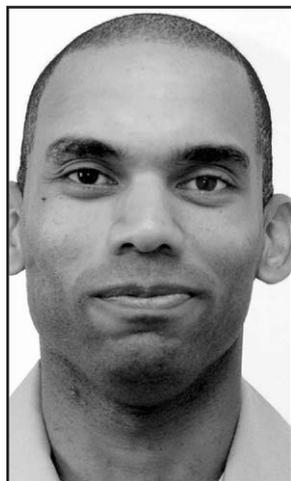
**New Chief Machinery Repairman (SW/AW) Bonnie Hoard, right, receives her cover from, her sponsor, Chief Personnelman (SW) Jessica Brown.**

ICC(SW) Stephen Blease, Naval War College  
MMC(SW) Daniel Bolton, Surface Warfare Officers School Command  
MMC(SW) Johnny Clayton, Surface Warfare Officers School Command  
YNC(SW) GinaMarie Doherty, Surface Warfare Officers School Command  
MMC(SW) Christopher Ehmann, Naval Ambulatory Care Center Newport  
FTC(SS) Christopher Gauker, Naval Undersea Warfare Center  
FTC(SS) Michael Gower, Naval Undersea Warfare Center  
MSC(SW) Wade Griffith, Naval Station Newport  
MRC(SW/AW) Bonnie Hoard, Naval Station Newport  
FCC(SW) Jason Janco, Surface Warfare Offi-

cers School Command  
DCC Robert Jeffries, USCG, Surface Warfare Officers School Command  
GMC(EOD/SW/AW/PJ) Jason Kephart, Explosive Ordnance Mobile Unit Detachment Two  
ETC(SW) Choyce Larue, Mobile Inshore Undersea Warfare Unit 202  
HMC(SW/FMF) Patrick Modglin, Naval War College  
OSC(SW) William Moreau, Naval War College  
MMC(SW) John Newcomb, Surface Warfare Officers School Command  
YNC Cathy Newman, 7th Naval Construction Regiment  
**CHIEFS, Page 9**



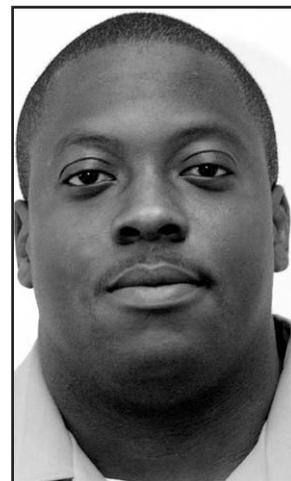
**BADGER**



**BLEASE**



**BOLTON**



**CLAYTON**



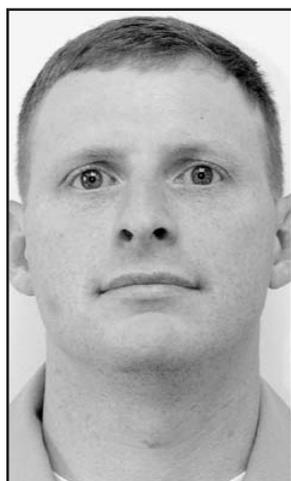
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**EHMANN**



**GAUKER**



**GOWER**



**GRIFFITH**



**HOARD**



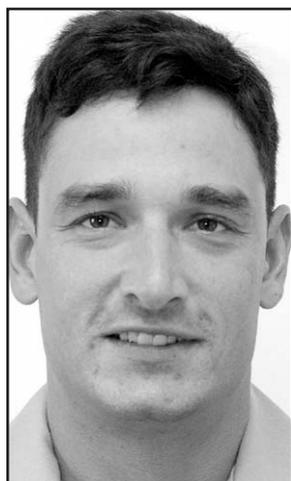
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**JEFFRIES**



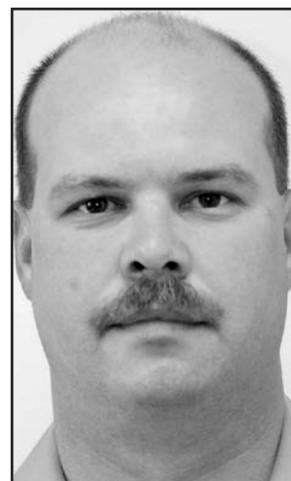
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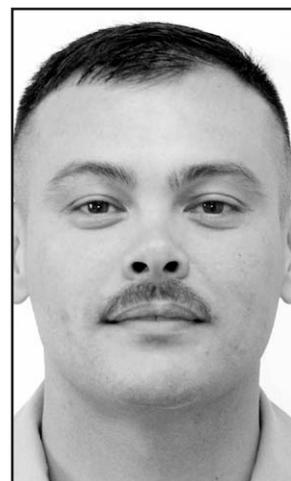
**LARUE**



**MODGLIN**



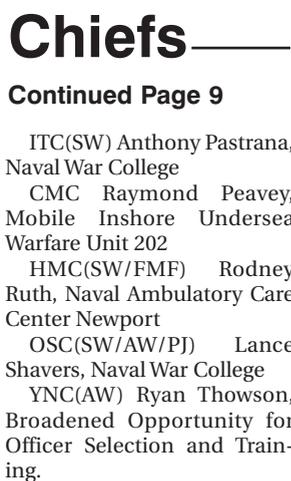
**MOREAU**



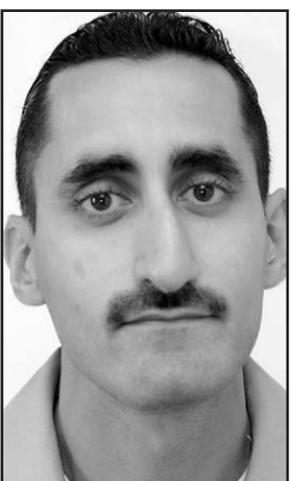
**NEWCOMB**



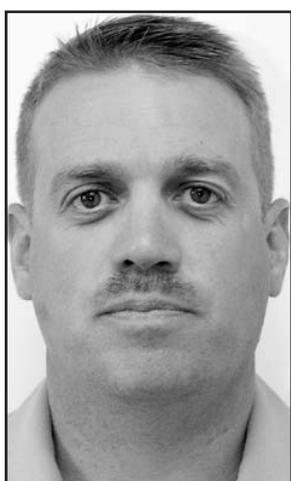
**NEWMAN**



**PASTRANA**



**PEAVEY**



**RUTH**



**SHIVERS**



**THOWSON**



## Chiefs

Continued Page 9

ITC(SW) Anthony Pastrana,  
Naval War College

CMC Raymond Peavey,  
Mobile Inshore Undersea  
Warfare Unit 202

HMC(SW/FMF) Rodney  
Ruth, Naval Ambulatory Care  
Center Newport

OSC(SW/AW/PJ) Lance  
Shavers, Naval War College

YNC(AW) Ryan Thowson,  
Broadened Opportunity for  
Officer Selection and Training.

## Naval Station Newport Dining

### Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

New lunch selections will have your mouth watering

Just can't bear the thought of another canned or frozen lunch? Then you will want to head over to the Officers' Club, Building 95 and dine on a fresh, delicious selection from the all-new lunch menu!

You can still choose from the two hot entrees, order an overstuffed sandwich or make yourself a crisp salad from the salad bar, but now there are even more choices including low fat pockets, gourmet items, vegetarian alternatives and specialty salads. There is truly something for everyone—all offered at affordable prices! A cup of "Block Island" chowder or hearty Navy chili complements any lunch choice. Lunch is

served Monday through Friday from 11 a.m. to 1:15 p.m. For information, call 841-4821.

**Today:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections.

**Tonight:** Kick off the weekend right with a choice of Friday fun: Enjoy a fabulous outdoor barbecue or complimentary hors d'oeuvres every Friday from 5 to 7 p.m. Buy a beverage and receive a "free food" token good for a free hot dog or hamburger or, enjoy a free food buffet. Deck and Pub open at 4 p.m. Rocking DJ, Lou Paziienza spins tunes every Friday from 5 to 9 p.m.

**Saturday:** Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

**Sunday:** All hands brunch, buffet-style, main dining room, 10 a.m. to 12:30 p.m. Reservations required.

**Monday and Tuesday:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5:30 to 8 p.m., Topside Pub Pasta Night. All-you-can-eat fresh cooked pasta, salad and warm garlic bread. Pub opens at 4 p.m. On Tuesdays, free movies at 6 and 8 p.m. in the Topside Pub.

**Wednesday:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, free sliced beef sandwiches. Buy a beverage of your choice and receive a food token redeemable for two sandwiches. Other items also available. Pub opens at 4 p.m.

**Thursday:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings,



**DANCE to the cool sounds of rhythm & blues, soul, Motown, boogie-woogie and swing music by the fabulous Eight to the Bar during a Friday special edition of Lobsters for Happy Hour on Sept. 27.**

fresh garden salads, creamy clam chowder and buckets of steamed clams with drawn butter. Pub opens at 4 p.m.

### Upcoming Events:

Advance tickets may be required for below events. Gratuity is included in all tickets prices and there is no charge for children age 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

**Sept 27:** Purchase tickets today to a special Friday edition of Lobsters for Happy Hour featuring the swinging sounds of Eight to the Bar!

Enjoy a fabulous evening of dining on a full Lobsters for Happy Hour a la carte menu featuring one-plus pound boiled lobster, steamers, BBQ chicken, giant Idaho baked potato, fresh garden salad and more!

Eat as much as you want because when the music starts at 7:30 p.m. you'll be dancing to the cool sounds of rhythm & blues, soul, Motown, boogie-woogie and swing music by the fabulous Eight to the Bar.

Advance tickets for this extraordinary event are now on sale at the Officers' Club Gift Shop for just \$10 each. Tickets will also be available the night of the show for \$13 each.

Tickets for children ages 4 to 12 cost \$5 a piece and children under 3 are admitted free. Purchase tickets by phone using Visa/MasterCard by calling 846-7987. Don't miss this outstand-

ing musical event—order your tickets today. For more information on Eight to the Bar visit their website at [www.eighttothebar.com](http://www.eighttothebar.com).

**Oct. 4:** Purchase tickets today for the final clamboil of the season featuring an all-you-can-eat menu of New England favorites!

Enjoy creamy clam chowder, stuffed quahogs, steamers, herb-roasted chicken, Italian sausage with onions, red bliss potatoes, corn on the cob, salad, fruit salad, warm corn bread and more! This dinner event takes place from 6 to 9 p.m. and cost is \$24.10 for adults, \$11.45 for children 4 to 12, and free for children 3 and under. Include a one-pound lobster with your clamboil for just \$30.95 for adults and \$18.35 for children 4 to 12, a price you won't find anywhere else! Gratuity is included in ticket prices and seating will be by tickets and reserved time (requested at time of ticket purchase) only.

### Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

**Today:** Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

**Tonight:** Head over to the deck tonight and every Friday night and kick off the weekend with a dynamite deck party! Starting at 5 p.m., you are invited to enjoy grill-your-own complimentary hot dogs, hamburgers and much more, as you sip refreshing beverages, and listen to the coolest tunes, spun by "Deck D.J." Tim West.

The party moves inside in case of rain. So, mark your calendar, tell your friends and get ready to kick off the weekend at the Recreation Center. For more information, call 841-3054.

From 5 to 8, order our fish 'n chips dinner. Call for advance order take out. No home delivery.

**Saturday:** 11 a.m. to 11 p.m., Pub menu available all day.

**Sunday:** Noon to 8 p.m., Pub menu available all day.

**Monday-Friday:** Breakfast, 7:30 to 11 a.m., full menu featuring omelets, breakfast sandwiches, bagels, muffins, croissants and pancakes.

Lunch begins at 11 a.m., daily spe-

cial and pub menu, including burgers, salads, sandwiches and more. Lunch and dinner is open to all hands and Department of Defense civilians are always welcome.

Call for advance order takeout. No home delivery.

**Monday** is "Pile your Plate" with Pasta night, 5 to 8 p.m. Enjoy pasta, marinara sauce, meatballs, sausage, salad and more! Just \$4 per person.

**Tuesday** is "Taco Night," 5 to 8 p.m. Create your perfect taco using all your favorite ingredients for just \$1 each!

**Wednesday** is "Wild Wings" Night, 5 to 8 p.m. Basket of chicken wings (available three ways), fresh celery and blue cheese dipping sauce costs just \$2.25!

**Thursday** is our "Sizzling Sirloin Special," 5 to 8 p.m. Includes steak, French fries and salad for "sizzling" \$7.50!

**Who will survive?** Survivor, the original reality based show, is setting up camp in Thailand and you won't want to miss a minute of the action!

This show's contestants include Training Pool 307 coordinator, Helen Glover, trying to outwit, outplay and outlast the competition. Want to see how she does? Come over and watch at the Recreation Center, every Thursday night starting at 8 p.m. and see who survives. Cast your ballot on who will be the next one "taken out by Thailand" by 8:45 p.m. and you could win!

At the conclusion of the show the bartender or manager on duty will begin pulling the ballots. The first correct answer will win a gift certificate for two fish 'n' chips dinners with a complimentary glass of wine or domestic beer. You must be present to win and there will be one winner for each episode.

Contest will take place every Thursday through the final episode.

### Noble Roman's Pizza

(Building 1255, phone 851-2006)

Breakfast, lunch and dinner menu. Dine-in, take out and home delivery to Navy family housing and Combined Bachelor Housing Quarters evenings only after 4 p.m.

Open weekdays, 6:30 a.m. to 9 p.m.; Saturday from 10 a.m. to 10 p.m.; and Sunday, 10 a.m. to 9 p.m. Also, Breyers Ice Cream available.

### Blimpie's Subs and Salads

(Navy Exchange Main Building)

Lunch and dinner menu, dine-in or take out. No home delivery. Open NEX hours: Monday through Saturday, 9:30 a.m. to 6 p.m., and Sundays 11 a.m. to 4 p.m.

## Leisure

### Swimming

(Pool 307, 841-6628)

The fall/winter swim schedule follows:

- Water aerobics, Tuesday and Thursday from 4:45 to 5:45 p.m. Cost is \$3 per class or \$25 for 11 classes.

- Swim Lessons: Register at Pool 307 or Gym 109 for next eight-week session. Cost is \$40 per enrollee and lessons are available to swimmer of all experience levels, ages 18 mos. and up. Call for info.

- Recreational swimming:
  - Lap Swim for all authorized patrons (fees apply), Monday to Friday, 12:15 to 1 p.m.; Monday to Friday, 3 to 6 p.m.; Monday and Wednesday, 7:30 to 9 p.m.; Saturday, 7 a.m. to 3 p.m. and Sunday, noon to 3 p.m.

- Open Swim for authorized patrons (fees apply), Monday, Wednesday and Friday, 3 to 6 p.m.; Saturday, 9 a.m. to 3 p.m., and Sunday, noon to 3 p.m.

- Family Fun Swims, Friday 7:30 to 9 p.m. and Sunday, 3 to 5 p.m.; \$3 per family. Have a splashing good time with your air mats, wacky noodles and lifeguard-approved toys.

### Bowling

(Building 656, 841-4293)

Seaview Lanes fall/winter hours of operation follow:

Monday, 5 to 9 p.m.; Tuesday through Friday, 5 to 10 p.m., Saturday and Sunday, 1 to 7 p.m. Every other Saturday night, 8 to 11 p.m. for Rock 'n Bowl.

#### Specials:

- 'Rock and Bowl' Sept. 21, \$7 per person, including shoe rentals. From 8 to 11 p.m., you can rock, roll and bowl at Seaview Lanes! It's affordable and it's fun, so don't miss out!

- Sunday special is \$7 an hour from 1 to 7 p.m. for two people.

- Bowling birthday parties available Saturdays and Sundays and include reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, including shoe rental.

### Special fitness programs, events

**Youth fitness program** — Eligible youth wishing to utilize Morale, Welfare and Recreation Department fitness facilities (Gym 109 and Fitness Plus) are required to take a

mandatory resistance and aerobics training class prior to entering the facilities during the designated times.

This class is required for youth ages 10 to 15, and is also available for 16 and 17-year-olds who may choose to participate in the fitness assessment program.

The Youth Fitness Class is available on an individual



**NEW YOGA classes are offered in the Aerobics Room at Fitness Plus, Building 355. For more information, or to register, call 841-1474.**

basis by pre-registering at Gym 109 or Fitness Plus in Building 355. Parents are required to be in the building where the course is being held during all class sessions.

Complete details on this program and youth fitness policies are available at Gym 109. Call 841-7196 for information or to pre-register.

**Command Relay offers group challenge**— All commands are invited to compile their best swimmer, runner, bicyclist, sprinter and all around best athlete for Morale, Welfare and Recreation's Command Relay event on Sept. 27 at 3:30 p.m.

Teams are allowed five participants and each member will perform one of the following events: half-mile swim, 5k run, bike to Carr Point, obstacle course and 400 yard sprint. The relay wraps up at Carr Point with a complimentary cookout and awards ceremony.

All participants will receive a t-shirt and the winning team will be awarded a plaque that will be displayed at Gym 109. Register at Gym 109 and

hurry—we can only take the first 12 teams! For more information, call Brett Estrella at 841-7196.

**Yoga**— "Vinyasa" (flow) yoga classes are underway on Wednesdays at Fitness Plus. This dynamic class will take participants through a series of poses with particular emphasis on using breath to guide movement. Students will learn the Ujjayi breathing technique and proper posture alignment while enjoying a vigorous cardiovascular workout. Special attention will be directed towards postures that aid in athletic activities.

The six-week session costs \$60 and classes are held from 4:45 p.m. to 5:45 p.m. in the Aerobics Room at Building 355. A minimum of 10, pre-registered participants is needed for classes to begin and all participants must have a yoga mat by the first class. Mats may be purchased at Fitness Plus for \$18 during normal hours of operation.

For more information, or to pre-register, call Fitness Plus at 841-1474.

### Gymnasium

(Gym 109, 841-3154)

- Fitness equipment such as Hammer Strength, lifecycles, treadmills, free weights, etc available; also racquetball, squash and basketball courts.

### Music/games

(Building 656, 841-3054)

- Lunchtime BINGO, Thursday and Friday only. Cover all the numbers on your BINGO card within the designated amount of numbers called and you will win \$500! If no one wins, play continues until a good BINGO is called, winning that lucky person \$100.

Three regular games each day with \$30 prizes for every BINGO called. Jackpot game begins at 12:30 p.m.

- Karaoke, Sept. 28, at 8 p.m. Showcase your talents with golden oldies, country hits, and of course, today's top tunes, beginning at 8 p.m. No cover charge, open to all hands. Offered every other Saturday night.

## Ticket Connection

### See Broadway musicals at discount matinees

The Ticket Connection in Building 656, has tickets available for several musicals coming to the Providence Performing Arts Center in Providence, R.I. Seating is located in the orchestra section for the Sunday matinee performances of the following shows:

*Les Miserables*, Nov. 3., 2 p.m. \$53

*Miss Saigon*, Jan. 12, 2003, 1 p.m. \$54

*Phantom of the Opera*, March 2, 2003, 2 p.m. \$65

*Beauty and the Beast*, April 3, 2003, 1 p.m. \$65

Tickets will be sold on a first come basis and, because of the limited number of tickets available, the Ticket Connection reserves the right to limit quantities.

Visit the Ticket Connection office in Building 656 to purchase tickets or call 841-3116 for more information.

### See New York City under Christmas lights

Shop 'til you drop, amid the magnificent Christmas decorations in New York City on Friday, December 13! Join the Ticket Connection as we board the bus and head to the Big Apple for a dazzling day of shopping and sightseeing. Take in the spectacular Rockefeller Center Christmas tree with its 78,000 lights, visit famed toy store FAO Schwartz, or shop for the latest fashions—it's your day, your choice!

Trip price is just \$43 per person and space is limited. Register at the Ticket Connection, Building 656 or call 841-3116 for more information.

## 227<sup>th</sup> NAVY BIRTHDAY BALL

**October 11, 2002**

**6 PM – MIDNIGHT**

*Join the celebration to honor the sea service from its colonial beginnings to its modern day glories.*

**Guest speaker:**

**Rear Admiral Rodney P. Rempt  
President, Naval War College**

#### MENU

**Prime Rib, Chicken Portabella or Pasta Primavera**

**A professional photographer  
will be available for portraits.**

#### TICKETS NOW ON SALE

- \$35 for O-4 or GS-12 and above
- \$30 for E-7 to O-3 and GS-6 to GS-11
- \$20 for E-6 or GS-5 and below

**Tickets can be purchased at the Ticket Connection, Officers' Club, or through your command point of contact.**

**For more information, call  
Ensign Jennifer Berg at 841-6222.**

# Transportation Dept. honors Juniper for service Sept. 11

By ENS. ELIZABETH KLCO  
USCG cutter Juniper PAO

NEW YORK, N.Y. — The Coast Guard cutter Juniper, a Newport, R.I.-based ocean buoy tender, was honored in New York City on Sept. 5 by the Secretary of Transportation Norman Mineta.

Mineta visited Juniper to honor the Coast Guard and local New York water transportation companies for their service to others after the attacks on Sept. 11, 2001.

Numerous New York water transportation companies came to the aid of 500,000 survivors and evacuated them from lower Manhattan.

The Coast Guard organized security zones and coordinated emergency relief supplies and transportation of fire fighters and police officers to "ground zero," site of the World Trade Center.

Secretary Mineta presented various water transportation and Coast Guard personnel with the Transportation 9/11 Medal. He also presented a newly created Secretary's Out-



Ensign Elizabeth Klco/USCG photo

**RECOGNITION FOR SEPT. 11 — Cmdr. William Milne, left,, Commanding Officer of the Coast Guard cutter Juniper, based in Newport, receives the Secretary of Transportation's Outstanding Unit Award Pennant from Transportation Secretary Norman Mineta in New York City.**

standing Unit Award Pennant to local Coast Guard commands that served the New York Harbor area after the events of Sept. 11.

Among those receiving the award on behalf of his unit was Cmdr. William Milne, commanding Officer of cutter

Juniper.

Also in attendance were Vice Adm. Thomas Barrett, Vice Commandant of Coast Guard; Rear Adm. Vivien Crea, Coast Guard First District Commander; and Capt. Craig Bone, Activities New York Commander.

## Nicolosi

Continued from page 2

dropped from 16,000 to 3,500 annually.

Nicolosi's other favorites were the anniversary observances of famous naval battles in World War II, such as Leyte Gulf and Midway. In 1988 the Naval Underwater Systems Center, now the Naval Undersea Warfare Center Division, Newport, supplied 22 torpedoes for an exhibit on the evolution of the ordnance.

In 1990 an exhibit on the Battle of the Atlantic, the museum acquired a German enigma code-writing machine from the CIA in Virginia that arrived by train.

"That was the first time they let it out of the Washington area," he said. The machine was removed from the Nazi U-Boat 505 in World War II.

The museum also staged three exhibits for visiting PT Boat veterans from World War II. The current exhibit highlights the centennial of the Navy class of warship, the

destroyer.

Nicolosi said the museum is one of 11 U.S. Navy museums in the country. Though it's one of the smallest, it has a strong reputation for excellence.

"I love doing historical research," Nicolosi said. "I consider an artistic approach to the display, then consider the space I have to work with, and then develop an educational chronology."

Ideas for exhibits often came from social acquaintances or visitors to the museum. An exhibit on airships and dirigibles, and their use in naval warfare, was suggested by a former blimp pilot.

Nicolosi, through research, would find private collectors or modelers who could contribute to a particular exhibit. He also cultivated friendships with curators at other naval museums for exchange of ideas.

Nicolosi said during the Clinton administration, an

undersecretary of the Navy toured the museum and admired a print of John Paul Jones's famous sea battle when he proclaimed, "I have not yet begun to fight."

Against Nicolosi's wishes, the print was "loaned" and wound up hanging on an office wall in Washington. But during the changeover between the Clinton and Bush administrations three months later, a curator and friend of Nicolosi retrieved the painting and shipped it back to Newport.

Over the years, dignitaries from around the world have visited the museum. It was summer administration offices for Presidents Eisenhower in 1957 and Kennedy in 1961.

Nicolosi and his wife, who have four adult daughters, will retire to Wakefield, R.I. A reception will be held Sept. 27 from 2 to 4 p.m. on the second floor of the museum.

## Sports

# NAPS Rams grind to 3-0

FRANKLIN, Mass. — The Naval Academy Prep School football team raised its season record to 3-0 last weekend, with a hard-fought victory over Dean College, 42-39.

Navy Prep scored on the first play from scrimmage on an 84-yard run by Midshipman Candidate Mike Cunningham. After an inspired first half, NAPS took a 28-10 lead into the third quarter.

But Dean surprised NAPS with two quick touchdowns to start the third quarter. Leading 31-28 at the end of the quarter, Dean attempted to hold on for a win. But NAPS scored with 36 seconds left in the fourth to take the three-point victory.

Midshipman Candidate Matt Hall rushed for 179 yards on 21 carries, and Cunningham rushed for 112 yards on three carries.

"For the most part we played a great game," said offensive line coach Ens. John Jeffrey. "It took a lot of pride and determination to push through. If we can combine that with desire and consistency, we will be victorious every time."

The Rams host Nassau Junior College of New Hampshire tomorrow at 2 p.m. on Prichard Field for Parents Weekend.

Against Hudson Valley Community College on Sept. 7, the Rams tallied their second victory, 28-19.

The special teams element was in high gear. The punt return team managed to block four punts, and two were

returned for touchdowns.

Midshipman candidate Trey Hines posted an impressive day on special teams, returning three kickoffs for over 105 yards, blocking a punt, and returning another for touchdown.

Brad Christiansen capitalized on a Hudson Valley fumble scoring after a 20-yard sprint. Offensively, NAPS' Hall scored on a 50-yard run an almost uneventful day.

## NAPS spikers pound Mitchell

NEW LONDON, Conn. —

The Naval Academy Preparatory School's women's volleyball team raised its season record to 4-1 after defeating Mitchell College, 30-14, 30-17, and 30-15, in New London on Sept. 12.

Midshipman Candidates Aimee Burns, Karla Lazenby, and Mariellen Carnes led the team. Burns had 10 kills and 10 digs. Lazenby followed with nine kills, two digs, and two aces.

Carnes racked up 21 assists (a record high), and four kills. Desiree Sanchez achieved a personal record of four digs, and Miranda Melson had two solid blocks.

Coach Ens. Shevonne Wells said, "Our team did a good job maintaining their level of play throughout the match. It was tough to do because the competition just wasn't there."

NAPS entertained Dean College last night at Gym 302.

## Newport Blues team seeks new swimmers

The Newport Blues Swim Team is now accepting new members for the 2002/2003 season. The team is open to dependents of active duty, retirees, reservists and Department of Defense civilians, ages 5 to 18.

Registration will be held weekdays at Pool 307, from 6 to 7:30 p.m., through Friday, Sept.

27. Cost to participate is \$40 per month and all participants will be required to complete a 50-yard freestyle swim. Practices will take place Monday through Friday from 6 to 7:30 p.m. and swim meets will be held on Saturdays.

For more information, call Pool 307 at 841-6628.

# Patriot Day

Continued from Page 3

attack (just) on the city of New York, not an attack (just) on the Pentagon, but an attack on the United States of America and the character, values, and freedoms that define us," said Capt. Brennock.

"Just as we realized the attack on Pearl Harbor was an attack on us all, that it the way we should always think of the attacks of Sept. 11 and the other attacks in the last decade, Brennock said. He said if the U.S. had responded to attacks overseas in years past, then Sept. 11 would not have occurred.

"We passed those debts off as just the cost of doing business around the world."

Capt. Ronald Brinkley, Commanding Officer, Surface Warfare Officers School Command, said although gathered in this peaceful setting, let no one doubt for a moment our nation is at war.

"We are in a war unlike any we have fought before, against an illusive and traitorous enemy.

Brinkley said, the war on terrorism goes beyond al Qaeda, the Taliban or capturing Osama bin Laden.

"Its purpose is to root out global terrorist networks, not just in Afghanistan, but wherever they are to ensure they can not threaten the American people or their way of life."

Despite our assertive efforts since the declaration of war last Oct. 7, Capt. Brinkley said, winning the war on terrorism will require more than the most powerful military might in the world.

"The single most important factor in winning this war will be to maintain the determination of the American people to see it through to its conclusion," said Brinkley. A war that will affect future global financial institutions, political gatherings and powers of worship in our own backyard.

Let us hereby resolve to always remember what happened on Sept. 11, 2001."

The ceremony also included the tolling of bells as the names of the Rhode Island victims were read. The ship's bell was also sounded for those aboard the planes, and at each of the attack sites.

Navy Band Northeast played patriotic music throughout the program.

In a special presentation, Capt. Cooper presented Assistant Fire Chief Tom Gempp and Police Chief Lewis Scherdt of the NAVSTA Newport Fire and Police Departments, and representatives from the Newport and Rhode Island State Police Departments, with U.S. flags that were flown over the Pentagon.

Other participation included a color guard from Naval Ambulatory Care Center (NACC) Newport, and the playing of echoes by twin buglers from Navy Band Northeast.

# Sprigg

Continued from Page 2

sian Gulf for six months as a unit of the aircraft carrier USS Constellation Battle Group. Lake Erie participated in Operation Southern Watch, enforcing U.N. sanctions against Iraq, and Operation United Shield, supporting the withdrawal of U.N. forces from Somalia.

Route's awards include the Legion of Merit (four awards), the Defense Meritorious Service Medal, the Meritorious Service Medal (four awards), the Navy

Commendation Medal (three awards), and the Navy Achievement Medal.

Route is married to the former Camilla Panek of Denver, Colo., and they have a son, James.

Sprigg assumed command of NWDC in June 2001, and the command moved to the forefront of Navy experimentation during his tenure. The change of command marked Sprigg's retirement from the Navy after 33 years of service.



Ron Fontaine/U.S. Navy photo

**Marine Sergeants Nancy Shaffer and Richard Sala, right, from the Broadened Opportunity for Officer Selection and Training, present a wreath in remembrance of victims in New York, Washington and Pennsylvania.**

Chaplain (Lt.) Richard Vidrine, NAVSTA Chapel of Hope, gave the invocation and benediction.

The ceremony concluded with a wreath laying in memory of the victims.

Similar remembrances were also held on Sept. 11 at the Naval War College.

Military personnel marched in formation to morning colors at the Naval Ambulatory Care Center, where they raised an ensign that flew over the Pentagon last Aug. 15.

Deputy, Capt. Andre Greedan, read a proclamation accompanying the flag from Secretary of Defense Donald H. Rumsfeld.

It read in part: "In appreciation of your courageous and dedicated service, it is my honor and privilege to present to you, the men and women of the United States Armed Forces, this symbol of American freedom in honor of those who died on Sept. 11, 2001."

The NACC color guard also participated in Newport's candlelight procession from the Quaker Meeting House to the Colony House to mark the one-year anniversary of the terrorist attacks.

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## President maintains Iraq is grave danger

WASHINGTON (NNS) — President Bush called Saddam Hussein's regime in Iraq a "grave and gathering danger" during a speech this week to the U.N. General Assembly in New York.

Bush said the world must make a choice between fear and progress. He said the United States will take action against Saddam's brutal regime and urged the members to help.

"By heritage and by choice, the United States of America will make that stand," Bush said. "And delegates to the United Nations, you have the power to

make that stand as well."

Bush said terrorism is the greatest

threat to world peace today. This threat exists in many nations, including the United States, according to the President.

He said these groups are plotting other attacks. "Our greatest fear is that terrorists will find a shortcut to their mad ambitions when an outlaw regime supplies them with the technologies to kill on a massive scale," he said. "In one place, in one regime, we find all these dangers in their most lethal and aggressive forms, exactly the kind of aggressive threat the United Nations was born to confront."

Bush told the delegates that even before the Persian Gulf War, Saddam Hussein was a danger to regional and world peace. He said the Iraqi dictator used chemical weapons during the Iran-Iraq War of 1980-1988. Saddam then turned these weapons of mass destruction on his own people. Right now, Bush said, Iraq has stockpiles of VX, mustard and other chemical agents.

## Greatest tasks face military, Bush says

WASHINGTON (NNS) — President Bush said that "the greatest tasks and the greatest dangers will fall to the armed forces of the United States" as the country continues its war on the terrorists who struck America Sept. 11, 2001.

Bush, speaking at the Pentagon observance of the one-year anniversary of the attacks, said the nation mourns all those who died in New York, Pennsylvania and Virginia. "The murder of innocents cannot be explained, only endured," he said. "And though they died in tragedy, they did not die in vain."

He said the terrorists attacked the Pentagon because it is a symbol of America's might and resolve. "The terrorists chose this target hoping to demoralize this country," he said. "They failed."

Within minutes brave men and

women were rescuing their comrades. Within hours, in this building, the planning began for a military response. Within weeks, commands went forth from this place that would clear terrorist camps and caves and liberate a nation. And within one year, this great building has been made whole once again."

The president said the war on terrorism is being waged on many fronts. U.S. and coalition partners have captured more than 2,400 terrorists, frozen more than \$100 million in funds and continues work to expose terrorist cells and foil future attacks. He said a larger number of terrorists have been killed in combat. He said the attacks began the first battle of the 21st century.

"The enemy who struck us is determined and resourceful," he said. "They will not be stopped by a sense of decency or a hint of conscience, but they will be stopped."

Bush said the United States fights for freedom and liberty. America also fights for the security of allies and for peace in the world. "We fight for the dignity of life against the fanatics who feel no shame in murder," he said.

He thanked coalition allies helping in the battle against terror. "(The terrorists) are opposed by freedom-loving people of many lands," he said. "They are opposed by our allies who have fought bravely by our side."

"And as long as terrorists and dictators plot against our lives and our liberty, they will be opposed by the United States Army, Navy, Coast Guard, Air Force and Marines."

Bush said the U.S. military brings "hope and justice and promise of a better day" wherever it goes. He told members of the armed force that they are "worthy of the traditions you represent, the uniform you wear, the ideals you serve. America is counting on you and our confidence is well-placed."

## Navy 'Ship Shape' helps shed weight

PORTSMOUTH, Va. (NNS) — You go to the gym, run, sweat, get on the elliptical trainer, get your heart rate up, and yet you still have trouble shedding those extra pounds. If you need help reaching your weight goal, the Ship Shape program may be just the ticket.

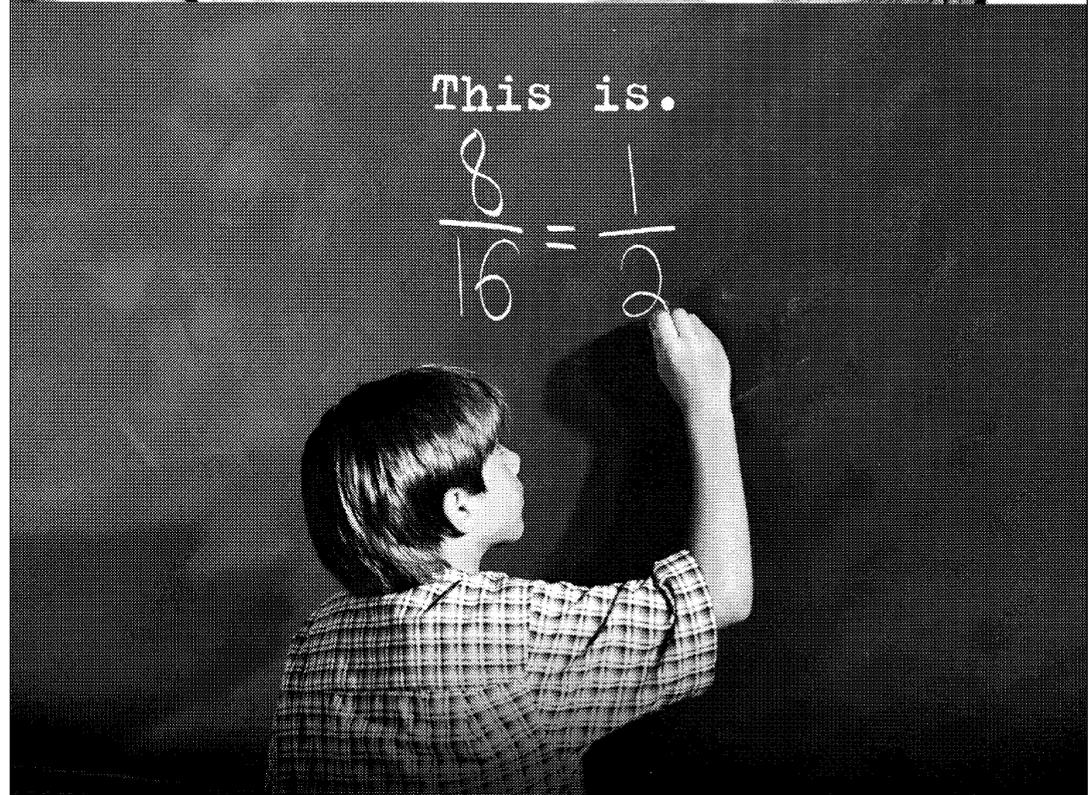
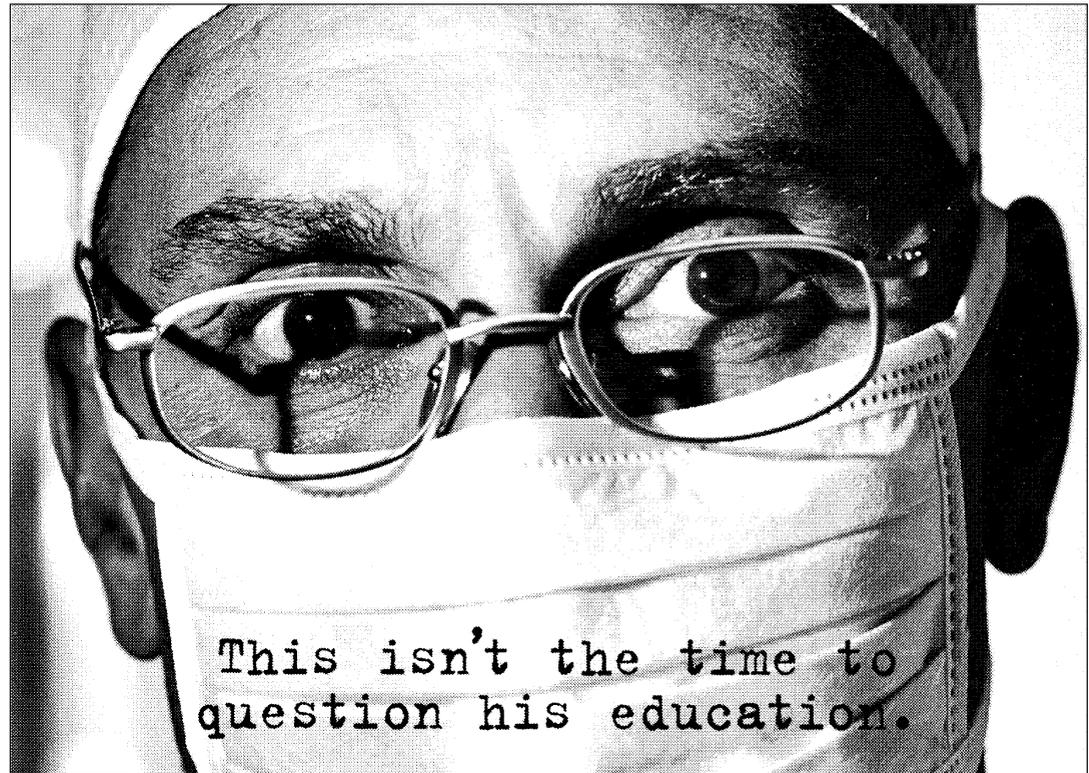
The Navy Environmental Health's Center's Ship Shape program is

designed to increase the number of active duty Sailors and Marines who are living a healthy lifestyle and maintaining a healthy body composition.

According to Lynn Kistler, Ship Shape's program manager, the nutrition and fitness program grew out of the old two-week inpatient weight management program.

(To find out more about Ship Shape, contact the Health Promotions Department at the Naval Ambulatory care Center, Newport, R.I. Call 841-6777)

## Navy-wide news



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