

# The Newport *Navalog*

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SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Mike Arsenault/U.S. Navy photo

A RHODES 19 sailboat in the Special Olympics Rhode Island Sailing Regatta rounds a mark under the watchful eye of the committee boat during competition last weekend off the Naval War College. Navy volunteers helped run the races. Story, more pictures, Page 9.



## Senior chiefs also siblings

For the first time, a brother and sister are enrolled together at the Senior Enlisted Academy.

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## CNO receives NUWC update

The Chief of Naval Operations visits the Naval Undersea Warfare Center for an update on research and development.

— Page 4



## Navy saves lost mariner

A Navy frigate rescues a mariner aboard his dismasted sailboat after 100 days adrift off Costa Rica.

— Page 5

# Two senior chiefs students at SEA and siblings, too

By **KATE HOWARD**  
NAVSTA Public Affairs Staff

When they're home in Macon, Ga., Buck and Frances are momma's children.

At the Senior Enlisted Academy on Naval Station Newport, they are Senior Chief Electronics Technician (SS) Walter "Buck" Taylor and Senior Chief Yeoman (AW/SW) Frances T. Vorce, the first brother and sister to go through the academy together in its 21 year history.

It's no coincidence they are in Newport together. Buck, who is 37, was stationed in Groton, Conn., attached to Submarine Surveillance Equipment Program (SSEP), and Frances, 43, was at Commander Patrol and Reconnaissance Wing Eleven (COMPATRECONWING Eleven) in Jacksonville, Fla.

They were able to come together through lots of support from their commands and some careful planning.

"We wanted this to happen," Buck and Frances agreed. "We worked a year out on this."

Coming from a close-knit family, Frances and Buck drew their desire to join the Navy from their father, Jesse Murray Taylor Jr., an underwater demolition team (UDT) frogman. Their grandfather served in the Navy as well.

These siblings have more than just their career choices in common. "We have the same outgoing personality and the same character," said Frances. They also share a love for Harley Davidson motorcycles, and they go to Bike Week with their bikes and their spouses every year in Daytona Beach, Fla.

"We turn into leather-wearing bikers," Frances said.

Frances and Buck were close growing up despite their six-year age difference, and they are close still, although they have never been stationed near each other. They have maintained a definite but healthy sibling rivalry over the years.

"We get along just fine as long as he listens to big sister," Frances joked.

Their rivalry has been a motivating factor throughout Buck and Frances' Navy careers, which span 17 and 20 years, respectively. Frances made senior chief one year prior to Buck, and she will be up for promotion to master chief in 2003. Buck will be up in 2004.



Ron Fontaine/U.S. Navy photo

**SENIOR SIBLINGS — Senior Chief Walter "Buck" Taylor and his sister, Senior Chief Frances T. Vorce are the first siblings to attend Senior Enlisted Academy together.**

They both plan to stay in the Navy for 30 years and teach when they retire.

"We're just going to move home and give daddy some of our retirement checks," Frances joked.

While at Naval Station Newport, Buck and Frances enjoy the atmosphere at the SEA. "It's great to have the opportunity to be in a group of senior enlisted and just discuss things," Buck said. "Every class here, I've taken away something that will really help me as Chief of the Boat."

After graduation on Oct. 8, Frances will return to her command in Jacksonville, Fla. Buck will report to the ballistic missile submarine USS Rhode Island, but will return to march in Bristol's annual Fourth of July Parade.

# Last call for 227th Navy Ball

The U.S. Navy's 227th birthday anniversary is quickly approaching, and Naval Station Newport is planning a gala Birthday Ball at the Officers' Club on Oct. 11, from 6 p.m. to midnight.

Already the plans are being laid for the celebration to honor the sea service from its colonial beginnings to its modern day glories.

Rear Adm. Rodney Rempt, President of the Naval War College will be the guest speaker.

The ball will be open seating, however, groups of 10 may reserve tables. Arrangements must be made through each command's Navy Ball coordinator.

A professional photographer will be available for portraits. Menu choices will include prime rib, chicken portebella, or pasta primavera.

Tickets are currently on sale. They are \$35 for O-4 or GS-12 and above; \$30 for E-7 through O-3 and GS-6 through GS-11; \$20 for E-6 or GS-5 and below.

Tickets can be paid with cash or by check payable to the Morale, Welfare and Recreation Fund. Credit card purchases should be made through MWR's Ticket Connection or the Officers' Club.

For more information contact Lt. Kurt Phoel, Naval Station Newport, at 841-2579.

# Disability Awareness Fair accents workforce abilities

MIDDLETOWN — Naval Station Newport's Equal Employment Opportunity Committee (EEO) will sponsor "Win With Ability," its second annual Disability Awareness Fair.

It will be held Oct. 23 from 11 a.m. to 2 p.m. in the Conference Center at the Ramada Inn at 946 West Main Road.

The fair is being held in recognition of "Americans with Disabilities Month," and will serve as a vehicle to provide

the public and the Naval Station Newport workforce with information on the Americans with Disabilities Act and products and services for people with disabilities.

At least 45 vendors and organizations that provide services for those with disabilities will attend, said Kathryn Allen, chairperson of the event.

Organizations such as the Visiting Nurses Association will provide cholesterol tests and similar hands-on informa-

tion.

Other companies represented include the American Heart Association, the Brain Injury Association of Rhode Island, and various companies that provide adaptive vans and retrofit vehicles to accommodate different disabilities.

The fair is open to the public.

Mental health advocates will also be available to answer questions. Ms. Allen may be contacted at 841-4875.

## Navalog

**Capt. Ruth A. Cooper**  
Commanding Officer, Naval Station Newport

**David Sanders**  
NAVSTA Public Affairs Officer

**Bob Krekorian**  
NAVSTA Public Affairs Staff

**Greg Kohlweiss**  
NAVSTA Public Affairs Staff

**Ron Fontaine**  
NAVSTA Public Affairs Staff

**Joy Christmas**  
NAVSTA Public Affairs Staff

**Richard Alexander**  
NAVALOG Editor

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# Lieutenant coordinates bone marrow donor drive

## Odds are long, but officer's sister may benefit

By RICHARD ALEXANDER  
Navallog editor

A lieutenant at the Surface Warfare Officers School Command (SWOSCOLCOM) would like to give his sister a simple gift— life, cancer-free.

Lt. E. Benjamin Miller has coordinated a bone marrow donor drive this fall at Gym 109 in an effort to find a match for his older sister in the National Bone Marrow Donor Program.

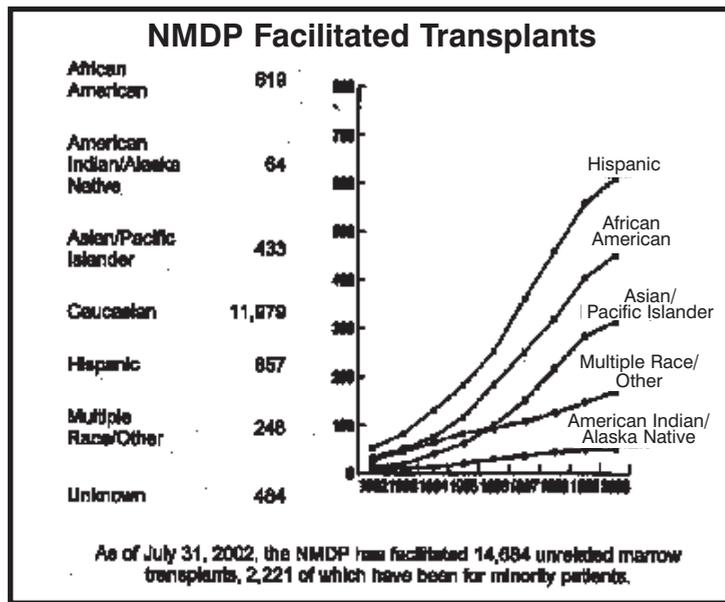
Michelle Miller, 36, is suffering from Hodgkin's lymphoma. She and her husband live in Allen, Texas, near Dallas.

"She has been through chemotherapy, stem cell replacement, and now we hope to have success with bone marrow replacement," he said.

The bone marrow drive is scheduled for Nov. 7 in the former aerobics room at Gym 109. Donors will provide a vial of blood for testing and the results will be filed with the C. W. "Bill" Young/Department of Defense Marrow Drive Program.

Any donor who is a preliminary DNA match with a potential recipient on the registry would be notified for follow-on blood and marrow testing.

Lt. Miller knows there is only a small chance of a bone marrow match for his sister, but



with every additional donor in the program the odds increase. Even with a perfect match, the odds of a successful procedure between unrelated donors and recipients is between 20 and 40 percent.

Staff volunteers and active duty personnel at the Naval Ambulatory Care Center (NACC) will assist in drawing blood at the drive, and Morale, Welfare and Recreation will provide tables and chairs, Miller said.

The DoD program, which has more than 4.7 million donors enrolled, was named after Congressman Bill Young in 1986. The donor center was

established in Kensington, Md., to support Defense Department volunteer marrow donors, ages 18 through 60.

Eligible volunteers under the DoD program, managed by the Naval Medical Research Center, include active duty military members and their dependents, DoD civilians, reservists and National Guard, and the Coast Guard.

The Bill Young donor center is one of 94 centers that recruit donors, who become registered under the larger National Marrow Donor Program. At any given time, 3,000 patients are searching the registry for a match.

# Author Kaplan to speak at NWC

Robert D. Kaplan, a correspondent for *Atlantic Monthly* magazine and the best-selling author of nine books on international affairs, will speak Oct. 9 at 7:30 p.m. at the Naval War College as part of the Adm. Raymond A. Spruance Memorial Lecture series.

Kaplan will present his view on "The World in 2010" in Spruance Hall Auditorium.

Former President Clinton and President George W. Bush are both readers of Kaplan's books, and Kaplan has briefed Bush in the White House.

Kaplan's book, *Balkan Ghosts*, was chosen by *The New York Times* Book Review as one of the "best books" of 1993,

and by Amazon.com as one of the best travel books of all time.

In addition, *An Empire Wilderness* was chosen by *The Washington Post* and *The Los Angeles Times* as one of the best books of 1998. New York Times columnist Thomas Friedman calls Kaplan among the four "most widely read" authors defining the post-Cold War.

Kaplan has also been a consultant to the U.S. Army's Special Forces Regiment, the U.S. Air Force, the U.S. Marines, and the CIA. He has lectured at military war colleges, the FBI, the National Security Agency, the Pentagon's Joint

Staff, major universities, and business forums. Mr. Kaplan is also the recipient of the 2001 Greenway-Winship Award for Excellence in international reporting.

To attend this lecture please contact Ms. Shirley Fernandes at 401-841-4527 or e-mail [EVENINGLECTURE@nwc.navy.mil](mailto:EVENINGLECTURE@nwc.navy.mil) and provide your name and the names of everyone who will be accompanying you to the lecture. Please indicate if anyone in your party requires handicap access or might have difficulty walking from more distant parking lots.

The deadline for reservations is today.

# Romania to host NAVSTA mentors

Romanian naval personnel will receive training from some of Naval Station Newport's finest in a Joint Contact Team Program (JCTP) run by the U. S. European Command (EUCOM).

The program will be a five-day workshop, Oct. 6 to 12. The team will stay in Constanta.

The team received background information from Cmdr. Valentin Pufulescu, a Romanian naval officer, who is attending the Naval Command College at the Naval War College.

His extensive review of Romania's naval forces helped the team to create a relevant curriculum for their workshops.

The U.S. team will conduct a leadership symposium, and lead seminars and discussion

groups with 15 Romanian officers, 10 petty officers, plus Non-Commissioned Officers (NCOs) from the Romanian ground forces at each location. They will teach mentoring principles and the U.S. Navy's leadership standards.

The entourage will include Capt. John Tracy and Capt. J.R. Mathis from the Command Leadership School; Lt. Ryan Klaahsen and Lt. Cmdr. Diane Stewart from the Surface Warfare Officers School Command; and Air Force Command Sgt. William Mounsey and Master Chief Steven Juskiewicz from the Senior Enlisted Academy.

Lt.j.g. Julie Jackson will coordinate administration.

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NUWC Newport photo  
**JOSEPH MONTI, right, Head, New Initiative Development Office, Surface USW Department at the Naval Undersea Warfare Center, briefs the Chief of Naval Operations, Adm. Vern Clark, on the Spartan unmanned surface craft.**

## CNO: new technology urgent

MIDDLETOWN — The Chief of Naval Operations, Adm. Vernon E. Clark, visited the Naval Undersea Warfare Center Division, Newport, recently for updates on technology and transformational initiatives at the Navy research and development laboratory.

Adm. Clark was briefed in areas related to his Sea Power 21 initiatives. Programs covered included distributed systems "testbedding," synthetic environment tactical integration, antisubmarine warfare

sensors, supercavitating and littoral torpedoes, unmanned undersea and unmanned surface vehicles, and the SSGN transformational demonstration.

In addressing Division personnel, Clark noted that the Navy has to make things happen quickly, that it needs to be responsive to technology, and take the shackles off technology development.

"This is a very crucial time, not only because of terrorism, but I'm convinced the Navy is

going through a period in the next two to four years that will define what the Navy is going to be for the next 20 to 30 years," said Clark.

The CNO noted that the Navy has to accelerate its near-term capabilities. "We need the fleet to be actively engaged with the research and development centers, to know what kinds of things are possible," said Clark.

In his closing remarks, Adm. Clark said that he found the NUWC briefings very valuable.

## Sea Cadets mark 40th birthday

By **BRUCE INCZE**  
 NUWC Division Newport

MIDDLETOWN — The Newport Navy League hosted a cookout at the Carr Point Recreational Area on Sept. 15 in celebration of the Naval Sea Cadet Corps' 40th birthday.

The celebration was attended by Sea Cadets from the Newport and Quonset Point area units, representatives from the league's Newport County Council, and special guests.

In addition to the corps' birthday, a change of command ceremony was held.

**SEA CADETS, Page 13**



Bruce Incze/NUWC Newport photo  
**DIANE INCZE, incoming commanding officer of the Newport Sea Cadet Unit, listens to Rear Adm. John D. Butler, Commander, Naval Undersea Warfare Center, speak on the Naval Sea Cadet Corps' 40th anniversary.**

## NUWC commended for local contracting

Michael P. McHale, National Associate Administrator for the HUBZone Empowerment Contracting Program with the Small Business Administration, recently recognized the efforts of the Naval Undersea Warfare Center Division, Newport, during a SBA's regional conference held at the Hyatt Regency Hotel in Newport.

HUBZone is an SBA program designed to stimulate economic development and job creation in specific geographical areas.

To participate, a small business' principal office and 35 percent of its workforce must reside in the HUBZone, thereby bringing economic benefits to the designated area.

Division Newport placed its first HUBZone contract in 2001 with AC, Inc. of Huntsville, Ala., a qualifying business, for a testing and training device

that allows for the exercise of a submarine vertical launch missile system without the actual launching the missile.

The contract has a value of \$7 million, with a potential of \$19 million when additional options are considered.

"It's very difficult to find small business in a HUBZone with the technical assets to undertake a research and development contract," said Joseph Masterson, head of Newport Division's Commercial Acquisition Department.

According to David Rego, the Division's Small Business Advocate, NUWC is very active in placing contracts with small and disadvantaged companies.

"We are actively working with the SBA to increase our participation in the HUBZone Program and other SBA efforts," said Rego.



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## Announcements

### Absentee military voters urged to file applications

The state deadlines for absentee voters are nearing.

To be eligible to vote in the November general election, servicemembers and family members over age 18 should request Federal Post Card Application (FPCA) forms to register to vote.

U.S. civilians and military personnel living overseas need to submit voter registration forms to ensure local election officials receive them by Oct. 7, and then complete and return their absentee ballots by Oct. 15.

Overseas voters whose requested ballots do not arrive in time to be counted should use the federal write-in absentee ballot.

Military personnel with questions on absentee voting requirements should see their unit voting assistance

officer or read their state registration and voting procedures in the Voting Assistance Guide on the Federal Voting Assistance Program website at <http://www.fvap.gov>.

### Thrift Shop stocked for winter

Winter is just around the corner and the Navy Marine Corps Relief Society Thrift Shop is ready now.

Coats, sweaters and many other warm accessories are on our shelves. The shop is open Tuesday or Thursday from 11 a.m. to 1 p.m.

There is a demand for bridgecoats, peacoats and dinner dress uniforms from our active duty military members. Please drop them off at the donation bin.

The bin is open 24 hours, and all articles should be placed in plastic bags. Only clean and useable clothes and hardware are accepted.

Unacceptable donations include men's and women's undergarments, including bras and bathing suits, as well as large pieces of furniture.

The Thrift Shop is manned by volunteers. If you can give a few hours a week contact Dan Brenton at 841-7342.

### USO has tickets for Navy, BC game

BOSTON — The USO in Boston has a limited number of tickets available to the Boston College vs. Navy Football game on Saturday, Oct. 19.

Kick-off will be at noon in Alumni Stadium on the Boston College campus.

Tickets cost just \$20 a piece and may be purchased through the USO Office, at 427 Commercial St., Boston. For more information, call 617-720-4949.

## Meetings/reunions

### Health Consumer Council posts quarterly meeting

The quarterly Naval Ambulatory Care Center, Newport, Health Care Consumer Council meeting is scheduled for Oct. 15 at 1 p.m. in Building 43, second floor command conference room.

Beneficiaries who utilize NACC Newport for their medical care, are encouraged to attend to be appraised of current policy regarding medical care.

### Navy Choristers seeks members

The Newport Navy Choristers are seeking new members for the 2002-2003 musical season.

Membership is open to active duty, reserve, and retired military and family members 16 years old or older. There are no auditions for the main chorus, and you do not have to be able to read music to join.

The Choristers meet Tuesday evenings from 6:15 to 8:45 p.m. in the Quinn Lecture Room at the Naval War College.

For additional information, please call group chairman Pat McGue at 849-1135.



U.S. Navy photos

**ADRIFT** — The dismasted and battered sailboat *Sea Breeze*, adrift for 3 1/2 months after leaving California with its skipper, Richard Van Pham, is spotted off Costa Rica by the guided missile frigate *USS McClusky* on Sept. 17

# Frigate rescues mariner adrift, alone 100 days

ABOARD *USS McCLUSKY*, At Sea (NNS)— A calm but firm voice crackled across the ship's primary command and control circuit, "McClusky this is Alfa-Bravo, request you investigate suspected sailboat in distress in your area."

As the helmsman swung the ship around toward the sailboat's reported position, the rest of the crew sprang into action, manning the ship's boat and scouring the horizon for the stricken vessel.

The ship had a Search and Rescue (SAR) operation on its hands, the first of its deployment. A SAR mission means that a fellow mariner is in need of aid, may be injured, or, possibly worse.

In this instance a sailboat had been spotted by a U.S. Navy P-3C "Orion" long-range surveillance aircraft that earlier had been working in tandem with *USS McClusky*. Now, the mission had changed. Someone's life was at stake.

Traveling at maximum speed, the ship arrived



**VAN PHAM** is hoisted aboard the *McClusky* with the ship's rigid hull inflatable boat.

**McCLUSKY, PAGE 13**

## Christmas Is Coming



**Earning Opportunity:** The Newport Daily News has a part time position available in our distribution department inserting commercial advertisements into the newspaper. We offer excellent working conditions, with a starting pay of \$7.50 per hour. We are looking for very reliable and motivated people. Daytime hours while the kids are in school are available. Monday-Friday; This position requires working Friday nights from 9PM.

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## Annual fair celebrates the harvest

MIDDLETOWN — The 28th annual Aquidneck Island Harvest Fair, the granddaddy of harvest fairs in Newport County, will be Saturday and Sunday, Oct. 5 and 6, at the Norman Bird Sanctuary on Third Beach Road.

There will be a variety of games of skill on the Midway, a dunk tank, a mud pit, a pumpkin painting tent, pony and hay wagon rides, log-sawing and tug-of-war contests, a Monkey Bridge challenge, rock-climbing, and musical entertainment.

Almost 50 artists will be selling crafts from oil paintings to



jewelry. There will be food concession tents and refreshment vendors, flower arrangement competition and vegetable growing contests.

If that's not enough, there is always the bird sanctuary itself. The Norman Bird Sanctuary has educational initiatives of its own with a number

of hiking trails and visitor information.

The family-oriented fair will run from 10 a.m. to 5 p.m. both days. Tickets are \$5 for adults \$2 for children. For more information call 846-2577.

### TODAY, Oct. 4

- Armed Services YMCA:
  - Fitness Hour, 9 to 10:30 a.m.
  - Mommy and Me Infant Massage, 9 to 10:30 a.m.
  - Adult Beginner Sewing No. 3, 9 a.m. to noon.
  - Nantucket Basketweaving No. 1, 9 a.m. to noon.
  - Scrapbooking, 6 p.m. to midnight.
- Lunchtime BINGO, at the Recreation Center, Building 656. Noon to 1 p.m. Also Thursdays.
- Fitness Equipment Orientation, FITNESS Plus, Building 355, 8, 9 and 10 a.m. Also, Wednesday and Friday mornings. Call 841-1474.
- Birds of Prey, Norman Bird Sanctuary, 10:30 to 11 a.m., 846-

2577.

• Movies, Recreation Center, the following movies will be shown upon request, starting at 5 p.m. *Big Fat Liar* (PG) and *Men In Black* (PG-13). Other movies are available and may be shown upon request.

### SATURDAY, Oct. 5

- 28th annual Harvest Fair, Norman Bird Sanctuary, 583 Third Beach Road, Middletown, 10 a.m. to 5 p.m., 846-2577.
- Newport Historical Society's Artisans and Antiques Fair, Great Friends Meeting House, 10 a.m. to 6 p.m., 846-0813.

### SUNDAY, Oct. 6

- Chapel of Hope worship services:
  - Catholic mass, 9 a.m. and noon
  - Protestant Services, 8 and 10:30 a.m.
- Sunday Bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.
- Guided Bird Walks, Norman Bird Sanctuary, 8 a.m., 846-2577.
- 28th Annual Harvest Fair, Norman Bird Sanctuary, 583 Third Beach Road, Middletown, 10 a.m. to 5 p.m., 846-2577.

### MONDAY, Oct. 7

- Armed Services YMCA:
  - Parents' Time Out, 9 a.m. to noon.
  - Open Sewing, 6 to 9 p.m.
- Fitness Walk and Tone, 8 to 9 a.m., Gym 109.
- Intermediate Weight Training for Women 9 to 10:30 a.m., \$10 per person.
- Transformational Leadership Center of New England, Master Networking, 7 to 8:30 p.m., 683-6406.
- Festa Italiana, Edward King Senior Center, Lecture: "The Breakers: An Italian Villa on Newport's Cliff." Given by John Tschirch, 6:30 p.m., 841-0707.

### TUESDAY, Oct. 8

- Armed Services YMCA:
  - Fitness Hour, 9 to 10:30 a.m.
  - Stamp-a-Rama, 10 a.m. to noon.
  - Cooking with Miss Kathy, 11 a.m. to noon.
- Fitness Walk and Tone, 8 to 9 a.m., Gym 109. \$5 for five weeks! Call 841-3154.
- Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.
- Reading Your Credit Report, Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.
- Movies at Officers' Club, 6 p.m. *Star Wars: Attack Of The Clones* (PG); 8 p.m. *Jason X* (R).
- The Astor Ball — An Evening Of 1890s Song and Dance, Astors' Beechwood mansion, 8 p.m., 846-3772.

### WEDNESDAY, Oct. 9

- Armed Services YMCA:
  - Parents' Time Out, 9 a.m. to noon.
  - Kids Sewing No. 4, 3:30 to 5 p.m.
- Entrepreneurism, Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.
- Festa Italiana, Newport Public Library Meeting Room, "Cinema Paradiso," 6 p.m., 841-0707.

### THURSDAY, Oct. 10

- Armed Services YMCA:
  - Fitness Hour, 9 to 10:30 a.m.
  - Little Hands Craft Project No. 1, 11 a.m. to noon.
  - Knitting, 10 a.m. to noon.
- Newport Gallery Night, City-wide, 5 to 8 p.m., 847-7666.
- Murder Mystery Tour, Astors' Beechwood mansion, 8 p.m., 846-3772.

### Upcoming events:

— Oct. 12-14, 10th annual NBC-10 Oktoberfest, authentic German celebration featuring food, music and marketplace, Newport Yachting Center, 4 Commercial Wharf, 846-1600.



Ron Fontaine/U.S. Navy photo

**HOLEY WORK** — Bob Matose of Joppa Maintenance, Inc., last week operates a Bobcat power auger along Perry Road, Naval Station Newport, for multiple plantings of blue star junipers, right photo. The evergreens were planted on both sides of the road between Gym 109 and the Newport Chalet and Harbor Island Conference Center as part of base beautification.

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Credit reports are used not only by banks, loan companies, and credit card companies, but also by rental property agencies, potential employers, and can be part of a job security clearance process.

A representative from the Navy Federal Credit Union will be conducting, "Reading Your Credit Report," at the Fleet and Family Support Center on Tuesday, Oct. 8, from 11:30 a.m. to 1 p.m.

Come and learn how to read, understand, and correct your credit report. Registration is required and may be made by calling 841-2283.

**Are you an entrepreneur?**—This workshop will be held on Wednesday, Oct. 9, from 11:30 a.m. to 1 p.m., at the Fleet and Family Support Center.

Participants will learn what it takes to start a business. Advantages and disadvantages will be addressed, as well as the steps needed for identifying the types of business to establish and financial resources for doing so.

Participants will complete a self-assessment that may help them determine if entrepreneurship is right for

them. Registration is required and may be made by calling 841-2283.

**Enhance your relationships**—The Fleet and Family Support Center is conducting a workshop for individuals and couples who would like to learn some proven ways to improve communication in their personal relationships. The five-session workshop begins Tuesday, Oct. 15, from 6:30 to 9 p.m. Call 841-2283 to register.

**Early childhood STEP (Systematic Training for Effective Parenting)**—This five-week program is designed to give parents information about child development, practical discipline, communication strategies, ways to

build self-esteem, and more.

The program begins on Tuesday, Oct. 15, from 6:30 to 8 p.m. For more information and to register, call 841-2283.

**Your ticket to ride**—You want to buy a new car. An image of your dream car hovers in your mind—it is shiny, colorful, and purrs like a kitten. But, standing between you and your dream car is the dreaded car dealer. How do you get the best car for a fair price?

Come to the Fleet and Family Support Center on Thursday, Oct. 17, from 11:30 a.m. to 1 p.m. to find out how to gather your resources and be well informed. Call 841-2283 to register.

## Dear Navy Doc

# Patient can specify life-saving treatment

**EDITOR'S NOTE:** This is a question and answer column covering health-related topics from the staff at Naval Ambulatory Care Center, Newport.

Dear Navy Doc,

I have heard a lot of talk about having an "advanced directive." What exactly is that?

—R.

Dear R.,

An advance directive tells your doctors what kind of care you would want to have if you became unable to make medical decisions (if you were in a coma, for example).

Some people have very strong feelings about what they would want done in the event of a medical emergency. The best time to make that known is far in advance of the incident - thus the name, advance directive.

A good advance directive describes the type of treatment you would want in different circumstances. Unless you tell them otherwise in an advance directive, the doctors who care for you will use all available technology to keep you alive.

Advance directives can tell your doctors that you don't want certain treatments or they can say that you want a certain treatment no matter how ill you are. Specifically, advance directives usually

indicate

— If you would want to be put on a ventilator (a breathing machine) if you stopped breathing for yourself.

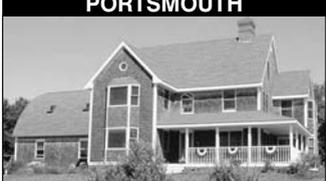
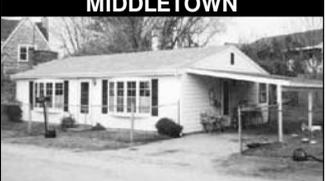
— If you would want to have defibrillation (electrical shocks to the chest) to try to start your heart again if it stopped beating.

— If you don't want to receive blood in an emergency (this is against certain religious beliefs).

Many people have strong convictions or religious beliefs about not being kept alive by "artificial" means that can be conveyed in an advance directive.

An advance directive can also designate another person to be the medical decision-maker for you if you cannot do so. This is especially important if you don't have close relatives, or if you would prefer someone who is not related to you but who knows you well (a best friend perhaps) to make decisions if you became unconscious.

While it is a bit scary to think about medical emergencies and the end of life, writing an advance directive can save much suffering. They can not only give you peace of mind but can also relieve your family or friends of the often painful burden of trying to guess what you would want **LIFE-SAVING, Page 12**

|  |  |   |
|--|--|---|
|  <b>Prudential</b> Prime Properties<br>http://www.prudentialprime.com (web site) prime@prudentialprime.com (E-mail)   |  |   |
| <b>136 West Main Rd., Middletown • 849-2800</b>  |  |   |
| <p><b>NEW LISTING</b></p>  <p>Middletown - three bedroom, 2 bath well constructed Gambrel Cape with open floor plan, large oversized deck and magnificent views of Narragansett Bay. \$395,000 Call Barry Clark 849-2800x222 eves. 847-8266 or Art Weber 849-2800x254 eves. 849-3547. #213454</p>  | <p><b>LARGE VICTORIAN HOME</b></p>  <p>With over 1800 sq. ft. of living area. Hardwood floors, porches, off street parking, nice flowing floor plan with great light. Easy to show not a drive-by. \$249,900 Call Michelle Gilman at 849-1637. #210513</p>              | <p><b>NEWPORT CLASSIC</b></p>  <p>Warmth, elegance, and charm describe this very unique and spacious six bedroom, five and one-half bath Queen Anne Colonial in the heart of Newport's historic and charming Point District. Offered at \$1,150,000. Rich and Patricia Carrubba Ext. 226/227 Eves. 845-2574. #209970</p>   |
| <p><b>NEWPORT WATERFRONT</b></p>  <p>Brenton Cove Condominium with beautiful water views of Newport Harbor. 2-3 bedrooms, 3.5 baths, fireplace, 3 decks, central air. \$650,000 Call Dave McCauley 849-2800x219 or 862-6206. #212069</p>   | <p><b>PORTSMOUTH</b></p>  <p>Waterfront Black Point Farms - 4-5 bedroom Cape, beach rights, deck, garage. Wonderful location. \$1,050,000 Call Dave McCauley 849-2800 or 862-6206. #205960</p>  | <p><b>JAMESTOWN SHORES</b></p>  <p>Walk to sunset beach. Unique, open floor plan, spacious 2 bedroom with lovely yard on 1/3 acre with 3 bedroom ISDS. Call Michelle Gilman 849-2800x240 eves. 849-1637.</p>   |
| <p><b>OAKLAND FARM CONDO</b></p>  <p>Tastefully decorated throughout, positioned for maximum views of meadows from this three bedroom, three bath which offers cathedral ceilings, gas fireplace, designer kitchen, central air and private terrace. \$479,000 Call Phyllis Joslin 849-2800x215 eves. 683-0048. #200988</p>  | <p><b>MIDDLETOWN</b></p>  <p>Desirable duplex with a 3 bedroom unit and a 2 bedroom unit, both with separate utilities. Off-street parking, and a convenient location. Offered at \$164,900. Call Patricia or Rich Carrubba Ext. 227 or 226 Eves. 845-2574. #210888</p> | <p><b>PORTSMOUTH</b></p>  <p>Waterfront - 3 bedrooms, 2 baths, 2 car garage, deck, fireplace, sunroom and more. \$595,000 Call Dave McCauley 849-2800x219 or 862-6206. #209163</p>   |
| <p><b>PORTSMOUTH</b></p>  <p>This home features lots of space including room to expand. The master bedroom suite features a Rumford fireplace, water jet shower and a water view. The home also features a two sided fireplace, den, formal dining room or informal family room. A must see. This home is presented at \$549,000. Please call John Silvia at 862-3883 to arrange an appointment. #209901</p> | <p><b>MIDDLETOWN</b></p>  <p>Located in prestigious Easton's Point. Small ranch with magnificent views of ocean and mansions. Upward expansion potential. \$249,000 Call Barry Clark at 849-2800x222 eves. 847-8266 or Art Weber 849-2800x254. #108070</p>              | <p><b>BUSINESS FOR SALE NEW LISTING</b></p> <p>Exciting opportunity to own your own business. Long term lease available. Well established wholesale, Fresh Fish Market and Retail. Operating out of the same location for over 20 years. Prime location with incredible visibility. Expansion potential for new owner. For details call Michelle Gilman at 849-2800x240 or e-mail shell@prudentialprime.com Offered for sale at \$1,800,000. Shown by appointment only. #212519</p> |



**SPORTING** her best straw hat with a bow, Katelyn Johansen, 4, enjoys a cookie with her juice at the Armed Services YMCA tea party last week.

## It's tea time at ASYMCA

MIDDLETOWN — The Armed Services YMCA friends joined together for a dress-up Tea Party complete with juice and snacks last week.

Many toddlers came already dressed, and others dressed up in the clothing provided by the ASYMCA. Some of the girls got make-up from their moms. There were fairies and princesses and firemen, too.

Held on Sept. 27, from 11 a.m. to noon, the cost was just \$5 per child.

It was just another of the many children's programs hosted by the Armed Services YMCA where parents participate with their child.

Next Friday, Oct. 11, the toddlers will head out to the Haunted Corn Maze at Escobar's dairy farm in Portsmouth. The ASYMCA will sponsor a Halloween party for the older kids on Oct. 18 from 6 to 9 p.m., and another for the little ones on Oct. 31 from 10 a.m. to noon.

For more information about programs, call 846-9622 or email, [www.nptasymca.edgenet.net](http://www.nptasymca.edgenet.net).



**EMILY FENNEL** applies lip liner to her mother, Bridgit, at the ASYMCA tea party.

Ron Fontaine/U.S. Navy photos



**AVERY TIBBETS**, 2, enjoys some juice with her snacks.



**WITH HER RED HAT** and bead necklace as accessories, Hunter Dawley, 3, waits for refreshments to be served.



**FIRE CHIEF** Roarke Corsen, 2, waits patiently for permission to snack.



Mike Arsenault/U.S. Navy photo

**THREE** of the 19 boats that competed in the Rhode Island Special Olympics Sailing Regatta race in close quarters during stiff breezes last Saturday. The Naval War College is in the background.



PHC Jon Hockersmith/U.S. Navy photo

**LET THERE BE FIRE** — Olympic torch runner Timmy Coogan arrives at Dewey Field for opening ceremonies Saturday morning.

# 75 Special Olympians tame wind for medals

By **YN1 JEFF BARIL**  
SWOSCOLCOM Public Affairs Staff

The seventh annual Special Olympics Rhode Island Sailing Regatta, sponsored by the Surface Warfare Officers School Command, was held last weekend in water north of the Newport Bridge.

Capt. Ronald Brinkley, Commanding Officer, SWOSCOLCOM, spoke at opening ceremonies on Dewey Field that included the arrival of the Special Olympic torch and a Navy color guard.

Capt. Brinkley, in opening remarks, reflected on how pleased he is that SWOSCOLCOM is sponsoring the Special Olympics. He said he was so impressed with the athletes that he'd go to sea with all of them.

The athletes represented racing teams from Rhode Island, Massachusetts, Connecticut and Virginia. High winds Saturday morning kept the 75 athletes ashore, forcing start times to be moved to the afternoon.

Last year's racing was cancelled because of a strong nor'easter. All participants and volunteers were relieved that this was not the case this year.

The Ida Lewis Yacht Club and the Coasters' Harbor Island Yacht Club worked with the volunteers from area commands in training the participants of the race.

Weekly practices were conducted from July through September. The Navy Sailing Center at the Naval Station Newport Marina provided Rhodes 19 boats for the race. Local spectator boats, Opus and Nancy B, transported



PHC Jon Hockersmith/U.S. Navy photo

**SPECIAL OLYMPIAN Henry Moretti reads the Olympic oath with assistance from Capt. Ronald Brinkley, left, Commanding Officer, Surface Warfare Officers School Command, and Senior Chief Quartermaster Mike Jones, regatta management team, at opening ceremonies.**

the Special Olympics athletes.

The Coasters' Harbor Island Yacht Club served as the Race Committee, and SWOSCOLCOM students served as skippers for the race course "mark boats" provided by The Ida Lewis and Coasters' Harbor Yacht Clubs.

A dinner dance was held Saturday night at the Fleet Reserve Association in Newport.

The regatta ended Sunday with an awards ceremony conducted by Capt. Brinkley.

## Naval Station Newport Dining

### Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

**Today:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections.

**Tonight:** Kick off the weekend right with a choice of Friday fun: Enjoy a fabulous outdoor barbecue or complimentary hors d'oeuvres every Friday from 5 to 7 p.m. Buy a beverage and receive a "free food" token good for a free hot dog or hamburger or, enjoy a free food buffet. Deck and Pub open at 4 p.m. Rocking DJ, Lou Pazienza spins tunes every Friday from 5 to 9 p.m.

**Saturday:** Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

**Sunday:** All hands Brunch, buffet-style, main dining room, 10 a.m. to 12:30 p.m. Reservations required.

**Monday and Tuesday:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5:30 to 8 p.m., Topside Pub Pasta Night. All-you-can-eat fresh cooked pasta, salad and warm garlic bread. Pub opens at 4 p.m. On Tuesdays, free movies at 6 and 8 p.m. in the Topside Pub.

**Wednesday:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, free sliced beef sandwiches. Buy a beverage of your choice and receive a food token redeemable for two sandwiches. Other items also available. Pub opens at 4 p.m.

**Thursday:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings, fresh garden salads, creamy clam chowder and buckets of steamed clams with drawn butter. Pub opens at 4 p.m.

### Upcoming events:

Advance tickets may be required for below events. Gratuity is included in all tickets prices and there is no charge for children age 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

**Oct 10:** Native Newporter, Kevin Sullivan brings his compelling lyrics and commanding voice to the Officers' Club for an extra special "Lobsters for Happy Hour." You won't want to miss this accomplished local singer/songwriter of original pieces about "love, survival and the power of nature."

The bar opens at 4 p.m.; Lobsters for Happy Hour are available from 5 to 7 p.m.; the pub menu will also be available beginning at 5 p.m. Entertainment will take place from 5:30 to 8:30

p.m. For more information on Kevin Sullivan visit [www.sullivanmusic.com](http://www.sullivanmusic.com).

### Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

**Today:** Lunch starting at 11 a.m., featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

**Tonight:** Head over to the deck tonight and every Friday night and kick off the weekend with a dynamite deck party! Starting at 5 p.m., you are invited to enjoy grill-your-own complimentary hot dogs, hamburgers and much more, as you sip refreshing beverages, and listen to the coolest tunes, spun by "Deck D.J." Tim West.

The party moves inside in case of rain. So, mark your calendar, tell your friends and get ready to kick off the weekend at the Recreation Center. For more information, call 841-3054.

From 5 to 8, order our fish 'n chips dinner. Call for advance order take out. No home delivery.

**Weekly Pool Tournaments** are open to active duty, retired, reservist and DoD civilian personnel, age 18 or older, and will take place beginning at 7 p.m. in the Enlisted Club at the Recreation Center, Building 656. The fee is \$5.

Don't miss out, only the first 10 participants can play! For more information, call Deb Newton or Kath Watterson, evenings at 841-2575.

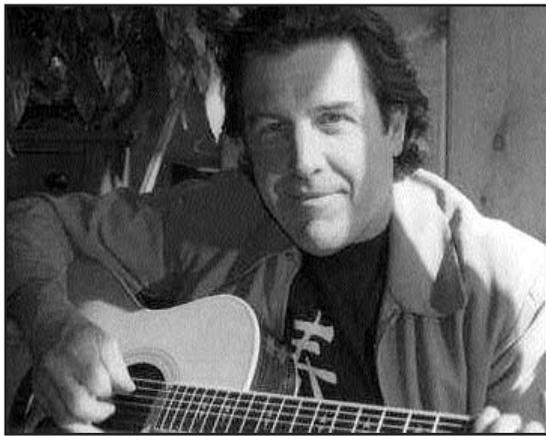
**Who will survive?** *Survivor*, the original reality based show, has moved to an island off the coast of Thailand.

One of the contestants is Training Pool 307 coordinator, Helen Glover, who is trying to "outwit, outplay and outlast" the competition.

Come over and watch at the Recreation Center, every Thursday night at 8 p.m., and see who survives. Cast your ballot on who will be the next one tossed from Thailand by 8:45 p.m. and you could win!

At the conclusion of the show the bartender or manager on duty will begin pulling the ballots. The first correct answer will win a gift certificate for two fish 'n' chips dinners with a complimentary glass of wine or domestic beer. You must be present to win and there will be one winner for each episode.

The contest will take place every Thursday through the final episode. Come on out and see if you can outwit, outplay and outguess your fellow viewers. Call 841-2575 or 841-3054 for more information.



**NATIVE Newporter Kevin Sullivan brings his lyrics and commanding voice to the Officers' Club for an extra special "Lobsters for Happy Hour," Oct. 10. More information this page.**

## Ticket Connection

### Foxwoods has discounts to Foxwoods boxing events

LEDYARD, Conn. — Foxwoods Casino is offering a military discount on tickets for the Oct. 25 live boxing event. The two-for-one discount is valid on the \$40 tickets and is available to all active duty and retired military members.

Tickets must be purchased at the box office and proper military identification will be required. No phone orders will be accepted.

The evening's main event will feature a 12-round USBA Lightweight Championship fight between Julian Wheeler and Leavander Johnson. The co-feature is a 10-round lightweight bout with Gary "Tiger" Balletto vs. Jose Antonio Ramirez. Five other matches are also on the schedule. Doors open at 6 p.m.

For additional information, visit [www.foxwoods.com](http://www.foxwoods.com) or call the casino.

### King Richard's Faire back in Carver, Mass.

CARVER, Mass. — Highwaymen, jousting knights, magicians, musicians, wenches, swordsmen and mimes are just a few of the characters that will greet you at King Richard's Renaissance Faire in Carver.

The Faire, held on an 80-acre site of woodlands and meadows, runs weekends ONLY to Oct. 20 and is a must-see for entertainment.

Discounted adult tickets for selected dates are priced at \$20 (\$22 at the gate) and are available at the Ticket Connection in Building 656. Tickets for children ages 5-12 may be purchased for \$11 at the gate.

Children under age 4 will be admitted free. Call 841-3116 for more information.

### Discounted passes available to Rhode Island Rock Gym

Discounted passes for the following rock climbing packages at the Rhode Island Rock Gym in Pawtucket, R.I. are available at the MWR Ticket Connection in Building 656:

Beginner package, \$20 (Reg. \$30)

One-day pass, \$10 (Reg. \$12)

One-month pass, \$49 (Reg. \$59)

Three-month pass, \$130 (Reg. \$149)

10-punch pass, \$80 (reg. \$100)

20-punch pass, \$155 (reg. \$180)

For directions to or more information on the Rock Gym, call 727-1704.

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**Swimming**

(Pool 307, 841-6628)

The fall/winter swim schedule follows:

• Water aerobics, Tuesday and Thursday from 4:45 to 5:45 p.m. Cost is \$3 per class or \$25 for 11 classes.

• Recreational swimming:

—Lap Swim for all authorized patrons (fees apply), Monday to Friday, 12:15 to 1 p.m.; Monday to Friday, 3 to 6 p.m.; Monday and Wednesday, 7:30 to 9 p.m.; Saturday, 7 a.m. to 3 p.m. and Sunday, noon to 3 p.m.

—Open Swim for authorized patrons (fees apply), Monday, Wednesday and Friday, 3 to 6 p.m.; Saturday, 9 a.m. to 3 p.m., and Sunday, noon to 3 p.m.

—Family Fun Swims, Friday 7:30 to 9 p.m. and Sunday, 3 to 5 p.m.; \$3 per family. Have a splashing good time with your air mats, wacky noodles and life-guard-approved toys.

**Bowling**

(Building 656, 841-4293)

—Seaview Lanes fall/winter hours of operation follow:

Monday, 5 to 9 p.m.; Tuesday through Friday, 5 to 10 p.m., Saturday and Sunday, 1 to 7 p.m. Every other Saturday night, 8 to 11 p.m. for Rock 'n Bowl.

**Specials**

—'Rock and Bowl' Oct. 5, \$7 per person, including shoe rentals. From 8 to 11 p.m., you can rock, roll and bowl at Seaview Lanes! It's affordable and it's fun, so don't miss out!

— Sunday special is \$7 an hour from 1 to 7 p.m. for two people.

— Bowling birthday parties available Saturdays and Sundays and include reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, including shoe rental.

**Special fitness programs & events**

**Youth fitness program** — Eligible youth wishing to utilize Morale, Welfare and Recreation Department fitness facilities (Gym 109 and Fitness Plus) are required to take a mandatory resistance and aerobics training class prior to entering the facilities during the designated times.

This class is required for youth ages 10 to 15, and is also available for 16 and 17-year-olds who may choose to participate in the fitness assessment program.

The Youth Fitness Class is available on an individual basis by pre-registering at Gym 109

or Fitness Plus in Building 355. Parents are required to be in the building where the course is being held during all class sessions.

Complete details on this program and youth fitness policies are available at Gym 109. Call 841-7196 for information or to pre-register.

**Yoga:** "Vinyasa" (flow) yoga classes are underway on Wednesdays at Fitness Plus. This dynamic class will take participants through a series of poses with particular emphasis on using breath to guide movement. Students will learn the Ujjayi breathing technique and proper posture alignment while enjoying a vigorous cardiovascular workout. Special attention will be directed towards postures that aid in athletic activities.

The six-week session costs \$60 and classes are held from 4:45 p.m. to 5:45 p.m. in the Aerobics Room at Fitness Plus, Building 355. Mats may be purchased at Fitness Plus for \$18 during normal hours of operation.

For more information, or to pre-register for the next session, call Fitness Plus at 841-1474.

**Computer Café**

(Building 656, 841-2194)

•Personal computers available seven days a week to send and receive email, surf the web, play games, etc. — all at no charge. Open Monday through Friday at 7:30 a.m.; Saturday, 11 a.m. to 11 p.m. and Sunday, noon to 8 p.m. Food menu available from the Recreation Center kitchen.

**Music & games**

(Building 656, 841-3054)

•Lunchtime BINGO, Thursday and Friday only. Cover all the numbers on your BINGO card within the designated amount of numbers called and you will win \$500! If no one wins, play continues until a good BINGO is called, winning that lucky person \$100.

Three regular games each day with \$30 prizes for every BINGO called. Jackpot game begins at 12:30 p.m.

•Karaoke, Oct. 12 and 26, at 8 p.m. Showcase your talents with golden oldies, country hits, and of course, today's top tunes, beginning at 8 p.m. No cover charge, open to all hands. Offered every other Saturday night.

**Naval Station movies**

•Officers' Club — Tuesday, Oct. 8, at 6 p.m. *Star Wars: Attack Of The Clones* (PG); 8 p.m. *Jason X* (R).

•Recreation Center — Beginning tonight, the following movies will be shown upon request, starting at 5 p.m. *Big Fat Liar* (PG) and *Men In Black* (PG-13). Other movies are available.



**ADD SOME BINGO to your lunch break, Thursday and Friday only, at the Recreation Center, Building 656. Three regular games each day with \$30 prizes for every BINGO called. Jackpot game begins at 12:30 p.m.**

**Military pauses for POWs/MIAs**

Navy and Marine Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week's Navy/Marine Corps News show:

—Naval District Washington honors prisoners of war and those missing in action with a wreath-laying ceremony at the Navy Memorial in Washington, D.C.

—The Fleet and Family Support Center offers help to military spouses seeking employment.

— Sailors and Marines must request absentee ballots soon to vote in the November general election.

**Health and Wellness videos**

The Naval Ambulatory Care Center and the Health Promotion Action Council offer health education and wellness programs on channel 13, daily, following *Navy and Marine Corps News*.

During next week's featured segments, beginning Oct. 7,

learn more about *Anorexia and Bulimia* and *Arthritis*.

**Fleet and Family Support**

Parents and teenagers may be interested in the Fleet and Family Support Center video series. These programs deal with a variety of topics, which are of interest to children of all ages, and families.

The programs air daily on channel 11 at 10 a.m., 1:30 and 7 p.m. The weekly schedule is displayed below.

| DAY                   | TITLE  |
|-----------------------|--|
| Friday through Sunday | Parenting Adolescents Weekly, Part III                             |
| Monday                | Single Most Important Ingredient in Building a Loving Relationship |
| Tuesday               | Four Essential Elements Every Relationship Needs to Succeed        |
| Wednesday             | Overcoming the Major Destroyer of Relationships                    |
| Thursday              | The Communication Method that Increases Intimacy and Understanding |

**227th NAVY BIRTHDAY BALL**



Oct. 11, 2002  
6 PM - MIDNIGHT  
Officers' Club



Cheers from Prince Ribb, Chicken Portabella or Pasta Primavera

Tickets can be purchased at the Ticket Connection, Officers' Club, or through your command point of contact.

- \$35 for O-4 or GS-12 and above
- \$30 for E-7 to O-3 and GS-6 to GS-11
- \$20 for E-6 or GS-5 and below

For more information, call  
Linda Jennifer Gory at 841-4222

**TICKETS NOW ON SALE**

# NAVSTA fires up heating systems

The first day of fall has passed, which means the heating season has arrived. Steam heat was turned on this week in Naval Station (NAVSTA) Newport command quarters on Coasters' Harbor Island, Robert Yeagley, Public Works, Operations Division, has announced.

NAVSTA housing or buildings with boilers, including the Morale, Welfare and Recreation Center Child Day Care buildings, the Armed Services YMCA, Greene Lane, Coddington Cove and Fort Adams Community Centers, the Naval Ambulatory Care Center, Cloyne Court and the Fire Station, Melville, also were provided with heat.

Next week, Oct. 7 to 12, NAVSTA facilities on Coasters' Harbor Island, Coddington Cove, and Coddington Point that have berthing areas with steam heating systems will be activated.

Combined Bachelor Housing Buildings 172, 442, 443, 444, and 678 must wait to have the Maintenance Service Contractor energize the heating systems.

## Life-saving

Continued from page 7

when you are unable to say. There are many sources that can give you further information about advance directives including your health care provider and the patient administration department at the clinic. You can create one by contacting a civilian attorney or the Navy Legal Services Office at 841-3766. Once you complete an advance directive, you should give copies to your doctors (the medical records department at the clinic) and to your family.

*(If you have a question(s) that you would like to have addressed in this column, forward it by email to or drop off your written questions in the confidential "Dear Navy Doc" box at the Health Promotions clinic, second floor, Naval Ambulatory Care Center Newport, R.I. Questions and responses are for publication, only. Personal responses will not be forwarded to the individual. Individuals desiring a personal response should direct their question to their health care provider.)*

—Navy Doc

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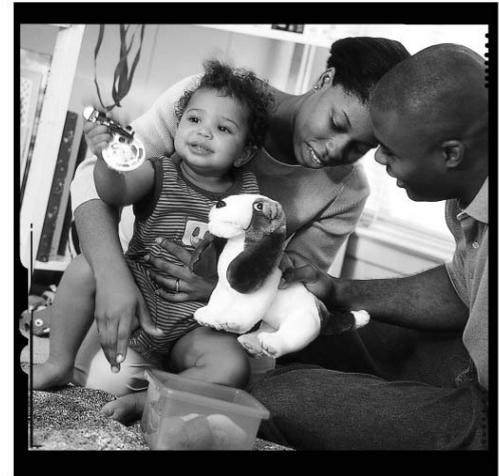


## Sports

### Intramural flag football

The Naval Station Newport Intramural Flag Football League results and standings as of Sept. 27 follow:

| Date     | Matchup                      | Score | Standings            |
|----------|------------------------------|-------|----------------------|
| Sept. 23 | NUWC Nerds def. SWOS Charlie | 1-0   | JOA.....2-0          |
| Sept. 24 | SWOS Alpha def. S-Birds      | 7-0   | REDCOM.....1-0       |
| Sept. 25 | JOA def. NACC                | 21-15 | SWOS Bravo.....1-0   |
| Sept. 26 | Helmets def. SWOS Delta      | 1-0   | SWOS Alpha.....1-1   |
|          |                              |       | NUWC Nerds.....1-1   |
|          |                              |       | SWOS Charlie.....0-1 |
|          |                              |       | NACC.....0-1         |
|          |                              |       | S-Birds.....0-1      |
|          |                              |       | SWOS Delta.....0-2   |



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USAA even has special programs for your children. We can help you with the purchase of car seats. USAA has a special youth-oriented savings and investment program that will help you

teach your children about money management. And we have a variety of insurance and investment programs to help protect your family's financial future. It's important to look ahead, so if you don't have a sound financial plan, you can log on to [usaa.com](http://usaa.com) and complete our free Financial Profile. It's a great way to get started.

Remember, because you serve, USAA can serve her, too.

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or visit us at [usaa.com](http://usaa.com)



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# McClusky

Continued from Page 5

within an hour. Standing just outside the boat's small cabin, the man broke into a wide grin. Richard Van Pham — adrift at sea for more than 3 1/2 months — had at last been rescued.

A native of Vietnam, Van Pham fled that country and its protracted war in the early 70s. He made it to the United States and for 26 years lived in the Los Angeles area, working small jobs and earning just enough money to support a spartan lifestyle aboard his small boat.

He kept the Sea Breeze at a marina in the Long Beach area. An avid mariner, he frequently sailed long distances for the sheer pleasure of getting away from it all.

This past June he had planned on a simple day sail from Long Beach to Catalina. Not planning a long voyage, he stowed few provisions, and he did not bother to tell anyone except a friend at the marina.

It is not known exactly what happened that day in June 2002. But this much Van Pham was later able to relate.

At some point during his ill-fated journey, the wind came up — suddenly and much stronger than he had anticipated. His mast and sails began to groan under the strain of the sudden gale.

He attempted to alter course back to Long Beach but catastrophe struck — his mast snapped in two. With no other means of propulsion, little food and an inoperative radio, Van Pham was in big trouble.

For days he drifted at the mercy of the ocean currents, hoping to happen upon a rescuer. He was disappointed at the lack of contact with another boat; angry at himself for getting into this predicament; and fearful at what lay ahead.

As the days turned into a week and then two weeks and more, Van Pham ran out of food. He collected rainwater; stayed inside the boat's cabin during the hottest part of the day, and, most impressively, fished and caught sea turtles and gulls to eat.

Weeks then turned into months. Without any family to report him missing he continued to drift, alone at sea.

# Sea Cadets

Continued from Page 4

Instructor Diane Incze relieved Lt. William Fenton as commanding officer of the Newport unit. Lt. Cmdr. Michael Campbell, Regional Director 1-2 Southern New England, presided.

Rear Adm. John D. Butler, Commander, Naval Undersea Warfare Center under Naval Sea (NAVSEA) Systems Command, spoke. Capt. John C. Mickey, Division Newport, and Dave Rogers, candidate for U.S. Congress, also attended.

Finally, after some 3 1/2 months on the high seas, Van Pham saw the sleek hull of the frigate on the horizon. He was saved.

Onboard McClusky the Damage Control Assistant, Ens. Matthew Chesnik, and his leading Chief, Chief Damage Controlman David Britton readied the ship's Rescue and Assistance Team. The ship slowed to a halt and launched its small RHIB boat.

The crew, including boat officer Lt. j.g. Charlie Collins, readied themselves. They did not know what to expect. The ship's Surface Combat Action Team, led by Chief Fire Controlman (SW) Scott Lee, manned their topside guns — just in case.

The boat approached Van Pham's small craft with its broken mast lashed to the hull. There was a makeshift sail, tattered and full of holes that was doing little good capturing the wind.

As the ship rolled with the waves, the revealed hull was covered in barnacles; brown rust streaked the vessel's sides. Dozens of birds were perched all over the boat.

"It seemed like if there was a spare space of freeboard, the birds were on it," said Collins. Continuing to close, the crew was surprised to see California registration markings on the boat's hull.

As the boat crew approached, a wispy little man in tattered jeans, a torn shirt and a longish beard appeared topside and began jumping up and down.

Van Pham was brought aboard and transferred to McClusky. Once onboard he received a thorough check up from the ship's Independent Duty Corpsman. He was in remarkably good shape.

After several days McClusky made a regularly scheduled port call to Guatemala. Van Pham was put ashore and transferred to the American Embassy personnel for further transfer back to the marina in Long Beach.

Before he left, however, the crew extended their hand in generosity once more, presenting him with \$800 they had collected to help him start a new life.

The Naval Sea Cadet Corps and Naval League Cadet Corps is for youth ages 11 through 18. The objectives and purposes of the programs are "to encourage and aid American youth to develop, train them in seagoing skills, and to teach them patriotism, courage, self-reliance and kindred virtues."

For additional information on the programs, call Incze in Portsmouth at 846-1967 or email at goedna@aol.com

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## Navy-wide news

### Navy solicits opinions from first term Sailors

MILLINGTON, Tenn. (NNS) — Approximately 10,000 randomly selected Sailors will soon get the opportunity to have their opinions on reenlistment and quality of Naval service heard.

The chance comes in the form of a survey administered by the Navy Personnel Research, Studies and Technology (NPRST) Department of Navy Personnel Command (NPC) in Millington, Tenn.

The survey, which will be taken primarily by first termers, will take approximately 30 minutes to complete. It is designed to provide each recipient a means to convey feedback, concerns and desires on issues such as pay, the assignment process and how time is spent during the workweek.

The purpose of the survey is to collect useful statistical information to identify and prioritize areas of concern to Sailors.

Acting Chief of Naval Personnel Rear Adm. Gerry Hoewing stressed the importance of the survey.

"The value of this survey, like all others, is determined by the participants' input. I encourage all Sailors who receive this survey to participate honestly and truthfully," he said. "Your shipmates count on you to provide accurate information, and your feedback is crucial to us. The time you invest will impact on you and your shipmates."

### CNO says naval aviation critical in terror war effort

SPARKS, Nev. (NNS) — Two-thirds of the Navy's carrier force has deployed since the terrorist attacks of Sept. 11 and naval aviation will continue to play a critical role in the War on Terrorism, Chief of Naval Operations Adm. Vern Clark said recently.

"What the world, and our leadership, is understanding is why the nation has to have this kind of capability," the CNO told naval aviators at the Tailhook Reunion Banquet. "Without naval aviation, we would be just like any other navy."

Clark said that naval aviation has excelled because of its focus on the growth and development of its Sailors.

According to Clark, another reason for Naval aviation's success is clear focus on its purpose: to project American sovereignty and power to far corners of the Earth.

### Former SECNAV Nitze at newest keel-laying

BATH, Maine (NNS) Former Secretary of the Navy Paul Nitze authenticated the keel of the Arleigh Burke-class destroyer named in his honor during a keel laying ceremony held Sept. 20 at Bath Iron Works here.

The future-USS Nitze (DDG 94) will be the 24th Arleigh-Burke-class destroyer built at Bath Iron Works, in coordination with Naval Sea Systems Command's Supervisor of Shipbuilding, Conversion and Repair, Bath. The ceremony also marked the second time at Bath where a namesake was present for a keel-laying (the first was Adm. Arleigh Burke, namesake for DDG 51 and the ship class).

The laying of the keel is the first major milestone in the construction of any ship. The short program included tack welding Nitze's initials onto a steel plate. The steel plate will be installed prior to christening, scheduled for March 2004.

## Celtics offer military night

BOSTON — The Boston Celtics will sponsor an Armed Forces Night for their game against the Utah Jazz at the Fleet Center on Monday, Nov. 11, at 7 p.m. Military personnel will receive a special discount

of \$5 per ticket in recognition of Veterans Day 2002.

The event is co-sponsored by the USO New England, and military members will receive a 30 percent discount coupon for the Fleet Center pro shop.

Tickets can be reserved now, and they are limited. After the discount, tickets are \$20, \$31, and \$45 per person.

Robert Vines may be called for more information at (617) 854-8077.



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