

The Newport Navallog

VOL. 102 NO. 43 OCTOBER 25, 2002

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Tribute to fallen Marines

REMEMBERING MARINES — Marine Lance Cpl. Jesse Landrie, right, carries a wreath down the aisle while war veterans salute during Portsmouth Beirut Marine Memorial Committee services on Wednesday at the Portsmouth Historical Society on East Main Road. The 19th annual ceremony remembers nine Rhode Island Marines, among 241 Marines and Sailors, killed by terrorists in Lebanon in 1983.

Ron Fontaine/U.S. Navy photo



Squads duel in field meet

The Naval Science Institute stages intra-squad fitness competition along the Jogging Trail.

— Page 3



Children take heat

Middletown elementary school pupils feel the heat during a visit to the Fire Fighting School.

— Page 8



'5k by Bay' draws crowd

More than 260 runners turn out for the 68th running of the Surface Navy Association's '5k By The Bay' road race.

— Page 9

NWC guides N.Y. City in wargame

NEW YORK — The Naval War Gaming Department at the Naval War College, R.I., partnered with New York City's Office of Emergency Management in a two-day tabletop wargame Oct. 16-17 for Mayor Michael Bloomberg and his senior administration officials.

The war game focused on how the city responds to a variety of terrorism attacks by exploring leadership roles, communication, and decision-making. It was moderated by Dr. Kenneth Watman, director of the NWC War Gaming Department, and Professor James R. FitzSimonds, a head researcher with the War Gaming Department.

The event, which consisted of a series of war game scenarios and moderator-led discussions, put 50 senior New York City leaders in an environment where they could explore the complex nature of their duties and responsibilities, and test related command decision in a controlled setting.

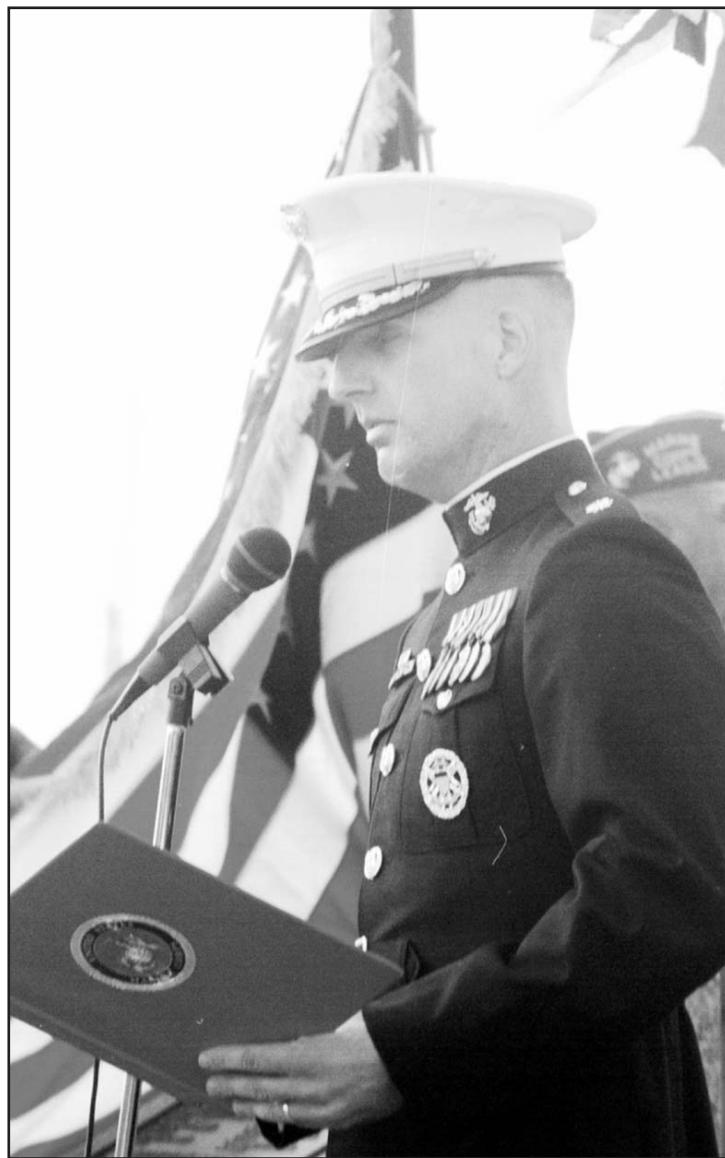
The late Jim Alexander helped bring the NWC War Gaming Department and New York's OEM together. As a leading member of OEM team, Alexander contacted the NWC about employing a war game approach.

Hawai'i Pacific University links master's program to War College

HONOLULU — The Naval War College has reached an agreement with Hawai'i Pacific University to allow every course from HPU's master of arts degree in Diplomacy and Military Studies program to be accepted into the War College curriculum.

This historic arrangement will make HPU the first university in the U.S. to have such a bi-lateral articulation agreement with the 118-year-old college, in which courses from one institution will be accepted by the other toward its master's degree.

A signing ceremony to celebrate the memorandum of understanding between HPU



Richard Alexander/U.S. Navy photo

LT. COL. PETER Vercruysee, a Naval War College student, speaks at the Marine Corps Memorial at Perrotti Park, last Saturday morning in honor of Marines lost in the terrorist bombing of the Marine Barracks in Beirut in October 1983. The ceremony was sponsored by the Col. William R. 'Rich' Higgins Detachment of the Marine Corps.

and the Naval War College took place Wednesday, Oct. 16 in downtown Honolulu. From the Naval War College, Dr. James Miskel, Acting Dean of Academics, and Professor Timothy Jackson, Director of the College of Distance Education, were both on hand at the signing along with HPU President Chatt G. Wright.

Adm. Walter A. Doran will be signing the memorandum of understanding as commander in chief of the U.S. Pacific Fleet.

"The partnership between Hawai'i Pacific and the Naval War College in support of professional military education opportunities for military offi-

cers in Hawai'i, validates the strength of our program and the uniqueness of our curriculum not found in any other university," said Dr. Michael Pavkovic, Associate Dean and Program Coordinator at HPU.

In the agreement, the Naval War College will accept any of HPU's Master's in Diplomacy and Military Studies electives to be transferred as credits into their degree program, and vice versa. This allows students at the Naval War College to earn either a graduate degree in Diplomacy and Military Studies from HPU or a graduate degree in National Security and Strategic Studies from the Naval War College.

Sailors concert to rock tonight

Navy Band Northeast's rock band, Rhode Island Sound, will perform a free concert for all hands and their families tonight at 6 p.m. on the lawn between the Navy Exchange Package Store and Uniform Shop on Peary Street, Naval Station Newport.

The rock band will play contemporary pop hits by Eminem, Avril Lavigne, Sheryl Crow, No Doubt, Alan Jackson, and more.

"Sailors, this awesome

autumn event is sure to get you moving from head to toe," the Naval Station Newport command said. "Come out of the CBQ's and listen as your Navy Band performs."

There will be complimentary hot dogs, hamburgers, chili, soda, hot chocolate, cider and other fabulous fall food. Beer and wine will be sold for \$1 a cup.

Concessions open at 5:30 p.m.

Play safe on Halloween: Take treats, skip tricks

Children look forward to Halloween almost as much as their own birthdays, as dressing in costumes and going out trick-or-treating is great fun. However, caution should also be used.

Police Capt. Lewis Scherdt, Uniform Patrol Division urges children out on Thursday, Oct. 31, to wear bright colored costumes and use face make-up instead of masks which can obstruct view. The bright colors will be easier for motorists to see.

The curfew for trick-or-treaters in Navy housing is 5 to 8 p.m.

Other safety tips:

- Never trick-or-treat alone, always go in a group, preferably with an adult.

- Only go to houses with lights on, stay in neighborhoods you know.

- Walk on sidewalks, not along the side of the road, and beware of motorists.

- Carry a light, such as a flashlight or Glo-Stik so others can see you.

- Accept only wrapped treats. Beware of homemade or unwrapped treats. Parents should always inspect treats before allowing children to eat them.

- Keep your front door lights on to let trick-or-treaters know it's safe to come to your home. This helps avoid slips and falls.

- Keep Halloween decorations from obstructing walkways. Spooky should not mean unsafe.

Navalog

Capt. Ruth A. Cooper

Commanding Officer, Naval Station Newport

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The Newport Navalog is printed on recycled paper.

Squad F-1 rules NSI field meet

By **ENS. JENNIFER BERG**
NAVSTA Public Affairs Staff

The Naval Science Institute at the Naval Education and Training Center (NETC) cranked up its intra-squad rivalry on Oct. 17 with several fitness events in a special fall field meet.

The in-house competition centered on the Naval Station Newport Jogging Trail which circles Coddington Point and extends down Peary Street to the railroad tracks. Along the way, there were seven workout stations to stop, drop and do calisthenics.

The officer candidates, divided into nine squads, started west of Nimitz Hall at four-minute intervals. Each squad consisted of about 13 to 14 members.

The squad leaders, in yellow jerseys, led their teams in the appropriate exercise at each station, keeping the squad motivated and moving together on the run.

Exercises at the first five stations included five chin-ups (two for women) 40 two-count push-ups, 50 leg lifts, 25 four-count "jumping jacks," and 25 inverted leg lifts.

Station 6 was the hill behind Noble Roman's Pizza. The officer candidates had to run backwards from the bottom of the hill to the bridge.

The last, Station 7, was by the signal flag areas near Callaghan Hall. This station combined all other exercises that the candidates had done previously throughout the course.

The final test was a sprint to the finish line by the parallel bars west of Nimitz Hall.

The field meet created a spirit of teamwork and camaraderie.

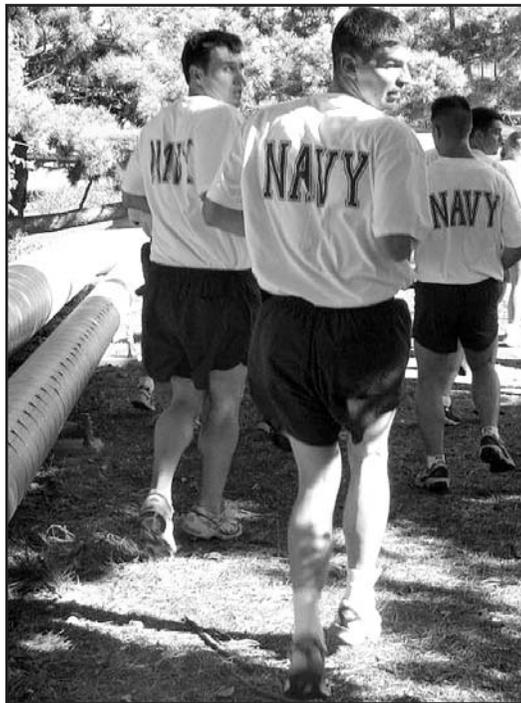
"It was tough today, but it was a good lesson in teamwork," Officer Candidate Jerry Wyrick in Squad H-2 said.

The squad leader for F-3, Officer Candidate Ericka Thomason, has been in the Navy for five years.

"I thought it was hard, but it brought us together," she said. "I was so impressed with the entire squad and the way we all worked together. In the fleet I always heard, 'lead by example.' But here we actually see it."

The winner of the field meet was squad F-1, which consisted of squad leader Officer Candidate Jamison Arline, and fellow squadmates Nico Figueroa, Michael McGehee, Nicole Jansenhinnenkamp, Bert Tredway, Jenique Williams, Robert Belflower, William Gibson, Sarah Hubler, Harley Brown, Brent Szychulda, Ryan Brooks, Corry Lougee, Ves Whittemore, and Christopher Ruth.

Tied for second place, just three seconds behind, was G-2 and H-3.



OFFICER Candidate Richard Vallegos does his last pullup as competition gets underway in the recreation fields west of Nimitz Hall.

MOTIVATION — Officer Candidate Tiana Tufua, center, gets some motivational encouragement from teammates Lucian Czarnecki, left, and Jonathan Neelard along the Coddington Point jogging trail during the Naval Science Institute field meet on Oct. 17.

Ron Fontaine/U.S. Navy photos

A number of things.....

209

The number of ensigns who will graduate today from the Division Officer Course at the Surface Warfare Officers School Command. **Page 7.**

10

The number of wins, which established a school record, tallied by the Naval Academy Prep School women's volleyball team this season. **Page 4.**

267

The number of runners in the Fall 2002 '5k By The Bay' road race sponsored by the Surface Navy Association last Friday. **Page 9.**

79.9

The amount in millions of dollars allocated for Rhode Island defense projects if the Department of Defense Appropriations Bill passes the Senate.

8

The minimum age for children brave enough to pass through Fort Adams this weekend for the Halloween fundraiser, "Fright at the Fort." **Page 7.**

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209 ensigns to graduate from Division Officer Course

By **LT. GARY ROSS**
SWOSDOC Public Affairs Officer

Graduation ceremonies will be held today at 10 a.m. in Spruance Hall Auditorium, Naval War College, for 209 junior officers who have successfully completed the Division Officer Course curriculum within the Surface Warfare Officers School Command.

Rear Adm. Gary Roughead, Chief of Legislative Affairs, will be the guest speaker. Also attending will be Capt. Ronald W. Brinkley, Commanding Officer, SWOSCOLCOM; and Capt. David A. LaBarbera, Director, SWOS Division Officer Training Department.

The mission of SWOSDOC is to provide a continuum of professional education and training in support of the Surface Navy and to prepare officers to serve at sea. During the 16-week Division Officer Course, junior officers learn the basic knowledge required to serve as a Division Officer on board a ship.

Specific areas covered include: tactics and weapons, maintenance, administration and counseling, operations, and maritime theory. The students also attended the Basic Officer Leadership Course as part of the leadership continuum and received six weeks of specialized engineering training.

After SWOSDOC, these graduates will attend specialty training to prepare them for their assigned ships.

The graduating students are:

- Ens. Alvin N. Abriam, USS McCampbell (DDG 85)
- Ens. Annamarie O. Agana, USS Curts (FFG 38)
- Ens. Megan E. Ahr, USS Ogden (LPD 5)
- Ens. Kyle R. Alcock, USS Rodney M. Davis (FFG 60)
- Ens. Joshua M. Awad, USS Pearl Harbor (LSD 52)
- Ens. James D. Bach, USS Porter (DDG

- 78) Ens. Marisa M. Ball, USS Juneau (LPD 10)
- Ens. Justin M. Barrett, USS O'Brien (DD 975)
- Ens. Sarah L. Bartek, USS Yorktown (CG 48)
- Ens. James M. Bateman, USS Crommelin (FFG 37)
- Ens. Christina M. Beal, USS Ticondero-

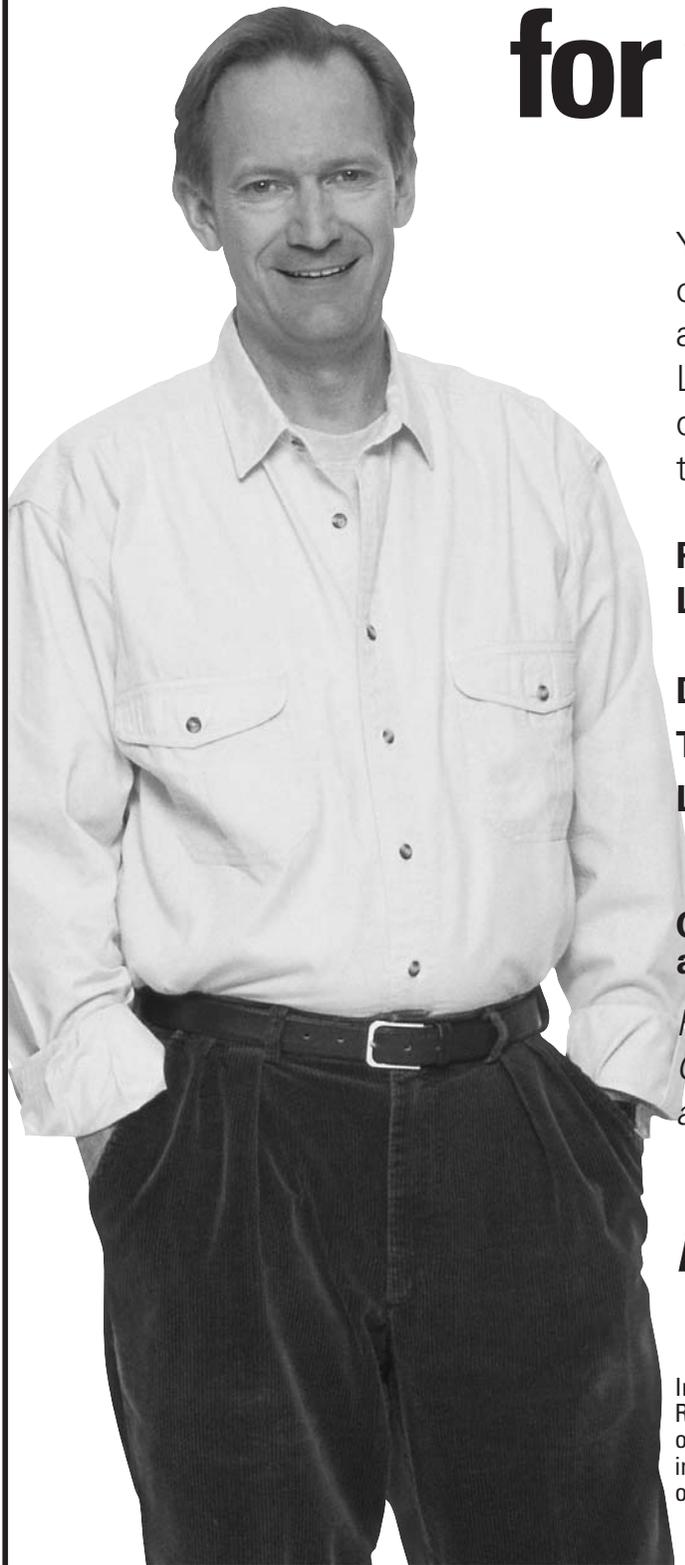
- ga (CG 47)
- Ens. Donald E. Beaucage, USS Crommelin (FFG 37)
- Ens. Brienne A. Beeson, USS Lake Erie (CG 70)
- Ens. Ann C. Billette, USS Camden (AOE 2)
- Ens. William C. Blodgett, USS Curtis Wilbur (DDG 54)
- Ens. Theresa Bly, USS Stout (DDG 55)

- Ens. Liza C. Bonilla, USS The Sullivans (DDG 68)
- Ens. Brian A. Borchardt, USS Grasp (ARS 51)
- Ens. Robert A. Brooker, USS Spruance (DD 963)
- Ens. Stephen A. Brooks, USS Lassen (DDG 82)
- Ens. Kenneth C. Bruan, USS Lake Champlain (CG 57)

- Ens. Emily W. Burgess, USS Roosevelt (DDG 80)
- Ens. Andrius P. Burggren, Diving and Salvage Training Center
- Ens. Melanie A. Burkovich, USS Lake Erie (CG 70)
- Ens. Charles D. Burton, USS O'Brien (DD 975)

SWOSDOC, Page 10

Which long-term care coverage is right for you?



You may qualify for better long-term care coverage than what the federal plan offers—and pay less! Our new seminar, sponsored by Long Term Preferred Care, will look at the differences among plans and help you choose the program that best meets your needs.

Register for our no-cost seminar on Long-Term Care Coverage today!

Date: November 5, 2002
Time: 6:00 pm
Location: Newport Library
300 Spring Street, Newport

Call 401-849-3624 or go to www.navyfcu.org and click on "Investments & Insurance."

Financial Services and Long Term Preferred Care Representatives will be on hand to answer your questions after the seminar.

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Announcements

No BINGO on Oct. 31

BINGO will not be played at the Recreation Center, Building 656 on Thursday, Oct. 31. Regular games will resume on Friday, Nov. 1.

Lunch will be available in the Computer Café and the lounge will open for regular business on Oct. 31 at 4 p.m.

NAACP awards dinner slated

The National Association for the Advancement of Colored People (NAACP) will hold its Newport County Branch 83rd annual anniversary awards dinner on Saturday, Nov. 2, at the Hyatt Regency Hotel in Newport. Dinner tickets are \$50, and the event serves as the main source of operating funds for the upcoming year.

The speaker will be Dr. Harold Rudolph Sims, who is the founding chair of the Ambassador Leslie O. Harreman-Whitney Young African Development Foundation. The reception will be at 6 p.m. and the dinner at 7 p.m.

For more information, please contact the NAACP Office at 847-5570.

Child Development jobs

The Naval Station Newport Child Development Programs currently has openings for the following positions:

- Receptionist (full-time with benefits)
- Program assistant (part-time with benefits)

The nationally accredited Child Development programs provide developmentally appropriate learning activities for children ages six months to 5 years. Call 841-1953.

Meetings/reunions

Recreation Board to meet

The Recreation Board will meet Nov. 7 at 10 a.m., at the Recreation Center, Building 656.

The following agenda items will be discussed:

- Winter sports equipment rental
- Youth basketball
- Intramural sports program
- Recreation Center overview
- Information Technology presentation

Additional agenda items may be submitted to the recreation director no later than Nov. 1. Agenda items may be added by calling 841-3127, by fax at 841-7811 or via e-mail to Jeff Shea, Recreation Director (SheaJ@nsnpt.navy.mil).

Officers' spouses host coffee

The Newport Officers' Spouses' Club will hold a Welcome Coffee for all spouses of active duty and retired officers on Thursday, Nov. 7, from 10 a.m. to noon at the Naval War College Mahan Conference Center.

For more information, contact Rebekah Douglas at 847-3305.

Retired officers meeting

The Southeastern New England Chapter of The Retired Officers Association (TROA) will meet today at 11:30 a.m. for a social hour, followed by lunch at 12:15 p.m., at the Officers' Club.

The guest speaker will be Maj. Gen. Reginald Centracchio, adjutant general, R.I. National Guard.

All active duty and retired officers of the seven branches of uniformed services are invited to attend.

Anyone with questions may call retired Air Force Col. David Fink at 849-8468.

Marine Band offers concert

"The President's Own" U. S. Marine Band will give a free concert on Sunday, Nov. 3, at 2 p.m. at Rogers High School, Wickham Road, Newport.

The concert is being presented by the Preservation Society of Newport County.

Ticketed guests should

arrive by 1:45 p.m., and those without tickets will be seated after 1:45 p.m. To get your free tickets, call the Preservation Society at 847-1000, ext. 150.



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Navy joins Yankee Steam-up

EAST GREENWICH — Senior Chief Engineman (SW) Patrick Campbell, Chief Machinist's Mate (SW) Johnny Clayton, and Machinist's Mates First Class (SW) William Leikam and Jeff Woodstead, all of Surface Warfare Officers School Command, participated in Yankee Steam-Up Day.

The all-day event brought together many creative and imaginative people with fascinating machinery. It is a tribute to great engineers and boilermakers.

There were steam engines, gas engines, plus antique autos, boats and launches, and several exhibits. The SWOS representatives explained to the crowd how steam engines are still used on some naval vessels, and the important job that Navy engineers' have in maintaining these engines.

The museum displays the only genuine George H. Corliss steam engine running today.

"This museum is special. It preserves the real thing. It sticks to its theme: invention and engineering," according to Robert W. Merriam, Director of The New England Wireless and Steam Museum on Frenchtown Road.



YNC GinaMarine Doherty/U.S. Navy photo
STOKING THE FLAMES — Chief Machinist's Mate Johnny Clayton, center, helps feed a boiler at the New England Museum of Wireless and Steam, Inc. Yankee Steam-up Day in East Greenwich, R.I.

What's going on

Concert tonight to rock

Calling all single Sailors and military families: It's time to rock tonight!

The Sailors' Concert, offered by Navy Band Northeast's Rhode Island Sound, will rock the night away beginning at 6 on the field between the Navy Exchange Package Store and Uniform Shop on Peary Street.

Rhode Island Sound will perform hits from Eminem, Avril Lavigne, Sheryl Crow, No Doubt, Alan Jackson, and more.

There will also be complimentary food— hot dogs, hamburgers, chili, hot chocolate, cider and other fall favorites. Beer and wine will be sold \$1 a cup. The food tent opens at 5:30 p.m.

TODAY, Oct. 25

- Lunchtime BINGO, at the Recreation Center, Building 656. Noon to 1 p.m. Also Thursdays.
- Fitness Equipment Orientation,

FITNESS Plus, Building 355, 8, 9 and 10 a.m. Also, Wednesday and Friday mornings. Call 841-1474.

- "Run for Awareness," 5K Fun Run and Walk for breast cancer awareness, sponsored by Armed Services YMCA and Health Promotion Department, Gym 109, 3:30 p.m., 841-6777.
- Roomful of Blues, Oktoberfest, Officers' Club, 5 p.m., 846-7987.
- "Fright at the Fort," haunted house at Fort Adams State Park, 6 to 9 p.m., 841-0707.

SATURDAY, Oct. 26

- Haunted Newport Horror Film Festival, various locations, 1-800-976-5122.
- "Fright at the Fort," haunted house at Fort Adams State Park, 6 to 9 p.m., 841-0707.

SUNDAY, Oct. 27

- Chapel of Hope worship services:
 - Catholic mass, 9 a.m. and noon
 - Protestant Services, 8 and 10:30 a.m.
- Sunday Bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.
- Haunted Newport Horror Film Festival, various locations, 1-800-976-5122.

MONDAY, Oct. 28

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., \$10 per person.

- Candlelight Tour, Belcourt Castle, 6 p.m., 846-0669.

TUESDAY, Oct. 29

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109. \$5 for five weeks! Call 841-3154.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.

- Officers' Club movies, 6 p.m. *Sum of all Fears* (PG-13); 8 p.m. *Novocaine* (R).

WEDNESDAY, Oct. 30

- Investment Fundamentals, Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.

- "Spook"taclular Ghoulish Gathering, Officers' Club Ballroom, 5 to 7 p.m., 841-4038.

- "Fright at the Fort," haunted house at Fort Adams State Park, 6 to 9 p.m., 841-0707.

THURSDAY, Oct. 31

- Armed Services YMCA, Little Kids Halloween Party, 10 a.m. to noon.

- Naval War College Country Presentations, Pringle Hall Auditorium, Slovenia and Turkey, 1 p.m., 841-4782.

- "Fright at the Fort, haunted house at Fort Adams state park, 6 to 9 p.m., 841-0707.

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Newport, Middletown, Portsmouth

Learn some basics about the stock market

Interested in investing? Attend our beginner's **Investment Fundamentals** to find out why it is important to invest. The class is being presented at the Fleet and Family Support by a representative of the Navy Federal Credit Union on Wednesday, Oct. 30, from 11:30 a.m. to 1 p.m.

Fleet and Family Support Center

Learn about stocks, bonds, mutual funds and annuities, and how they can work for you. You also will hear about several investment approaches and strategies. Call 841-2283 to register.

Anger Management—Anger is a powerful feeling. It can be used destructively, or it can be used for positive change. Learn how to manage your anger and change your life for the better. Come to the Fleet and Family Support Center for this six-week workshop beginning Thursday, Oct. 31, from 2:30 to 3:30 p.m. It's also offered Wednesday, Nov. 13, from 11:45 a.m. to 1 p.m.

Your Ticket to Ride—You want to buy a new car. An image of your dream car hovers in your mind. It's shiny, colorful and purrs like a kitten.

But, standing between you and your dream car is the dreaded car dealer. How do

you get the best car for a fair price? Come to the Fleet and Family Support Center on Thursday, Nov. 7, from 11:30 a.m. to 1 p.m., to find out how to gather your resources and be well informed. Call 841-2283 to register.

Retirement strategies—You are not going to be in your 20s and 30s forever. Now is the time to learn how to prepare for those days when you do not have to work every day. The Fleet and Family Support Center is offering this class on Tuesday, Nov. 12, from 11:30 a.m. to 1 p.m. Learn to manage an investment portfolio, and how taxes and inflation can affect your retirement plan. Registration is required and may be made by calling 841-2283.

Holiday Bliss or Blitz—This program provides suggestions on increasing holiday joy by lowering holiday expenses. Participants will learn how to get through the holidays without getting into debt. This workshop will be held at the Fleet and Family Support Center on Wednesday, Nov. 13, from 4 to 5 p.m.. Call 841-2283 to register.

Reading Your Credit Report—Good credit is an important part of financial planning. Establishing credit, correcting credit problems, and rebuilding good credit are important skills. Credit reports are used not only by

banks, loan companies, and credit card companies, but also by rental property agencies, potential employers, and can be part of a job security clearance process.

A representative from the Navy Federal Credit Union will conduct this program at the Fleet and Family Support Center on Thursday, 14 Nov., from 11:30 a.m. to 1 p.m.

Come and learn how to read, understand, and correct your credit report. Registration is required and may be made by calling 841-2283.

Fort Adams goes haunted, beckons all who dare enter

Fort Adams Trust as teamed up with Fright Night Productions for a Halloween fundraiser, "Fright at the Fort," at Fort Adams tonight, Oct. 26, 30 and 31. The haunted house will be open from 6 to 9 p.m. each day.

Families with children ages 8 and up are welcome, and admission fees will go toward renovation efforts at Fort Adams.

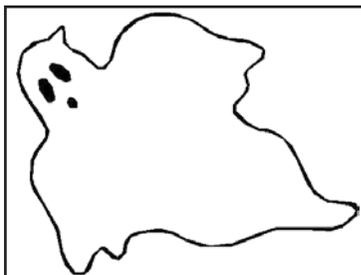
The fee is \$4 for children 8 to 12 years; and \$8 for ages 12 and up.

"The history of Fort Adams really parallels the history of

Newport," said Joan Onders, Fort Adams tour guide and wife of Naval War College student, Cmdr. Randy Onders.

"There is a group of spouses that are volunteering our time here at Fort Adams. It's such a great piece of history, and we believe it's a worthwhile cause to support."

Fort Adams is a piece of the U.S. military in Newport. It was built between 1824 and 1857 and occupied until 1950. The fort was the third largest construction project in the U.S. prior to the Civil war.



"As a new officer, my first order of the day was to join USAA."

Recent Commission? You're Eligible. As a new officer, you can rely on USAA to meet your needs as your career progresses. We're here for you whenever you need help – from PCS and deployment, to marriage, births and retirement. No matter what is happening in your life, you can rely on us for the financial services you need, including our full range of insurance, banking and investment products. And there's no membership fee. Join USAA today. Because the sooner you become a member, the sooner you'll have command of your financial future.

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Kids discover hot stuff's cool

Aquidneck School pupils visit Fire Fighter Trainer

By **KATE HOWARD**

NAVSTA Public Affairs Staff

MIDDLETOWN — Six Navy sailors, in full fire-fighting gear, stood poised with hose in hand to attack the fire roaring in front of them.

Twenty-four children, first and second graders from Middletown's Aquidneck School, knelt quietly behind them, staying low to the ground to avoid the heat and smoke.

Some children turned away and blocked their ears. Others sat open-mouthed, squealing with excitement, and tried to lean in closer as they watched the fire team charge the flames and exterminate them with ease.

The children, in observance of National Fire Prevention Week, were on a field trip to the Fire Fighting School at the Naval Education and Training Center (NETC). The school is part of the Damage Control School on Burma Road.

Before the live demonstration, the Navy staff provided the youngsters with valuable fire safety information and showed them some firefighting and fire detection equipment.

Damage Controlman First Class (SW) Scott Humphreys offered them the chance to try on a mask with an oxygen supply during a lesson on protective fire fighting clothing and gear.

"I'm not doing that; that looks scary!" was the initial reaction by some of the youngsters.

Soon, though, the children all lined up for the chance to breathe through the mask and examine equipment.

"They love this," said Pamela Alexander, the teacher of this multi-aged classroom. "We took kindergarteners last time, but they were sort of afraid. We have a better response with this age group."

Tom Shugart, a father who chaperoned the trip, has been with the Newport Fire Department for 15 years. He was impressed with the information and demonstrations the Firefighting School staff provided.

"They are well trained, well funded and very informing," said Shugart, who conducts tours of his own department for children his daughter's age. "We don't have the facilities to show them fires, and they get a hands-on look at all these tools they never get to see or touch."

After the briefing, the pupils were brought to the gear lockers where they had the chance to try on boots, gloves, flash hoods and helmets. The oversized helmets flopped loosely from side to side on their small heads, but the kids lined up excitedly to pose for pictures.



DAMAGE Controlman First Class (SW) Scott Humphreys, left, shows Middletown Aquidneck School pupil Brandon Sirois-Hanson the proper way to wear an oxygen mask during a visit to the Fire Fighting School on Burma Road recently. Looking on is John Pinto, right.

Ron Fontaine/U.S. Navy photos



HOT SEAT — Carley Shugart, center, joins her mother they watch a controlled propane fire blaze in the Fire Fighter Trainer at the NETC Fire Fighting School.



KEVIN GORMALLY, sporting a New York Fire Department ball cap, examines a Fire Finder II. It emits a sharp beep when it detects infrared heat from a fire or heat.



SUITED UP — Aquidneck School Grade 1 and 2 pupils pose for a picture in their gear. Front row, from left, are Hugh Murphy, John Pinto, Brandon Sirois-Hanson and Zoe Mazzulli. Back row, Kevin Gormally and Cameron Cluff.

Bowling

(Building 656, 841-4293)
Seaview Lanes fall/winter hours of operation follow:
Monday, 5 to 9 p.m.; Tuesday through Friday, 5 to 10 p.m., Saturday and Sunday, 1 to 7 p.m.

Specials:

—'Rock and Bowl' Nov. 2, \$7 per person, including shoe rentals. From 8 to 11 p.m., you can rock, roll and bowl at Seaview Lanes! It's affordable and it's fun, so don't miss out!
— Sunday special is \$7 an hour from 1 to 7 p.m. for two people.

Special fitness activities

Youth basketball: Youth, ages 4 to 15 are invited to register for winter basketball, which begins on Jan. 11 and runs through March 22.

Games will be played Saturdays and players will be notified of game location prior to game. Cost is \$25 per child and registration ends on Friday, Nov. 29.

Register at Gym 109, Monday through Friday, between 8 a.m. and 4:30 p.m. in the Athletic Director's office. All coaches meetings and team selections will be at Newport County YMCA on Valley Road. For more information, call Jeff Dunn at 841-7196.

Yoga: The next session of "Vinyasa" (flow) yoga classes will begin on Wednesday, Nov. 6 at Fitness Plus.

The six-week session costs \$60 and classes are held from 4:45 p.m. to 5:45 p.m. in the Aerobics Room at Fitness Plus, Building 355. A minimum of 10, pre-registered participants is needed for classes to begin and all participants must have a yoga mat by the first class. Mats may be purchased at Fitness Plus for \$18 during normal hours of operation.

For more information, or to pre-register for the next session, call Fitness Plus at 841-1474.

Computer Café
(Building 656, 841-2194)

•Personal computers available seven days a week to send and receive email, surf the web, play games, etc. — all at no charge. Open Monday through Friday at 7:30 a.m.; Saturday, 11 a.m. to 11 p.m. and Sunday, noon to 8 p.m.



Ron Fontaine/U.S. Navy photos

MORE THAN 260 runners jump off the starting line at Arleigh Burke Hall last Friday for the 68th running of the Surface Navy Association's Newport Chapter, '5k By The Bay.'

BOOST student takes '5k by the Bay'

By LT. MATTHEW PEDERSON
SWOSDOC Public Affairs Staff

Petty Officer Second Class Saulomon King, with a time of 17:03, beat second place finisher Brendan Cashman by a mere .04 seconds in the fall running of the Newport Chapter of the Surface Navy Association (SNA) 5K "By-the-Bay" Road Race.

King, 27, a prior enlisted electrician's mate, is a six-month student at the Broadened Opportunity for Officer Selection and Training (BOOST) program. Cashman finished second in last spring's SNA 5k, also.

The afternoon was cool and clear as 267 runners lined up outside Arleigh Burke Hall at 5 p.m. for the 68th running of this classic event.

After delivering a few words of welcome, Mr. W.F. Bronaugh, the vice president of the Newport Chapter of SNA, gave the order to fire the Newport Artillery Company's cannon and commence the race.

This fall's race was held to help support the Navy and Marine Corps Relief Society (NMCRS) and the Newport Chapter of the SNA.

Following are the first and second place winners and times for each category:

Overall Winner

Male: Saulomon King, 17:03; female: Sarah Ray, 20:27

17 and Under

Male: Bronson Venable, 18:47; female: Elena Moore, 25:14 and Emily Barnett, 33:07

18 to 29

Male: Brendan Cashman, 17:07, Bryant Trost, 17:39; female: Brienne Beeson, 22:54, Christine Martin, 23:41

30 to 39

Male: Michael Desomd, 17:56, Michael Bowen, 18:19; female: Theresa Michal, 21:43, Stephanie Demarco, 22:07

40 to 49

Male: Paul Simore, 18:02, Kevin D'Amanda, 18:17; female: Jan Merrill-Morin, 20:50, Pam Derdolf, 22:12

50 and Up

Male: Greg Behie, 18:23, Joseph Murray, 20:32; female: Polly Stout, 27:44, Mary McCauley, 28:43

Clydesdale Division

Angel Martin, 19:32, Walter Mey Jr., 19:51

Philly Division

Sharon Beaudoin, 23:07, Veronica Maher, 28:19

Team Mixed

Go Number Two/Don't Share Underwear, 1:58:17 (Kline, Michal, Pellissur, Kostiuk, Sampson), OIS, 1:58:40 (Vargas, Standley, Wilkinson, Ernsberger, Whatley)

The results are posted on the Cool Running web site: www.cool-running.com and the SNA 5K web site: www.sna5k.com/event.html

The post-race prizes included: a \$25 gift certificate to Brick Alley Pub, two \$20 gift certificates for Coddington Brewery, one night's stay at the Newport Marriott, one night's stay at Hotel Viking, and four adult passes to the Preservation Society of Newport County mansions.

Sponsors for the race were First Command Financial Planners, Toyota of Newport, Samuel Adams Brewing, the Naval Station Newport Commissary, Surface Warfare Offi-



TOP: In a two-man sprint to the finish, Saulomon King, left, holds off Brendan Cashman to win in 17:03.

LEFT: The first woman to cross the finish line is Sarah Ray at 20:27.

cers School, Crystal Spring Natural Spring Water, Newport Rental Guide, Noble Roman's Pizza, The Hotel Viking, Coddington Brewery Company, Brick Alley Pub and Restaurant, the Preservation Society of Newport County, and Newport Marriott.

Our relationship with God isn't based on perfection

By **CMDR D. GUNDERLACH**
NAVSTA Senior Staff Chaplain

Gemstones: Smooth. Shiny. Perfectly smooth, and perfectly shiny.

Recently I met a pastor whose hobby is lapidary. He obtains rough stones — jade and tektite — from The Philippines and cuts and polishes them and mounts them to make very beautiful jewelry.

Some stones are very smooth; others have small scratches visible only under a 10-power magnifying glass. And still others have innate structures such that it is impossible to remove all the scratches and make them perfectly smooth.

He showed me how to use a magnifying glass to see how well the scratches have been removed from the stones. “We try to get all the scratches out,” he said. “The attempt is to make the stone as close to perfect as possible.”

For humans, the attempt is often the same—to become as close to perfect as possible.

We don't carry scorecards around with us, at least not very often. Recently, though, a Sailor came to see me, and in the course of our conversation he said, “I know I'm not going to heaven based on what I've done.” He was bothered about some aspect of his life. At the very least, he knew he wasn't perfect.

Why would anyone even want to try to be perfect, anyway? Whoever told us to be perfect? I don't recall anyone ever telling me that in so many words, but that sure seems to be the message many people get.

Look around at some adults who have children, especially in attempts to get the kids to behave. You get the drift. The message is “Be good.” No, ultimately the message is “Be extremely good. Do everything I say. Be perfect.”

In St. Matthew's gospel in the Christian New Testament, Jesus says, “You, therefore, must be perfect, as your heavenly Father is perfect.”

So it appears, for people of faith, that we receive the “be perfect” message from God as

well as from our parents. No wonder that many people are walking the face of the earth either trying to be perfect or feeling terrible because they aren't!

This gets to be pretty “heavy duty.” Is there no relief? Well, I've got some good news. The Scriptures make it clear that our relationship with God does not depend on us; it depends

on Him! Again: our relationship with God does not depend on us; it depends on Him!

When that Sailor I mentioned earlier left, I returned

our conversation to what he had said earlier: “I know I'm not going to heaven based on what I've done.”

Then I asked him to consider again what God has done.

Keeping the Faith

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Naval Station Newport Dining

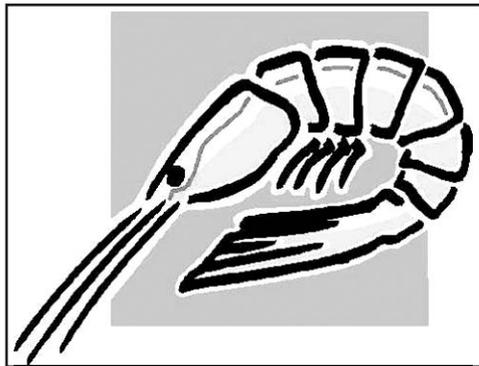
Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

Today: Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections.

Tonight: The legendary jump-blues band, Roomful of Blues, returns to Rhode Island for this spectacular Oktoberfest event at the Officers' Club!

The doors open at 5 p.m. and delicious, authentic German delicacies will be available kiosk-style. Tickets are avail-



IF YOU LOVE SHRIMP, then the popular Shrimp-A-Peel is the place to be on Nov. 8. Call the Officers' Club at 846-7987 for more information.

able at the door for just \$12 each.

Nov. 8: Tickets are now on sale for a spectacular Shrimp-A-Peel on Friday, Nov. 8 from 6 to 9 p.m. If you love shrimp, then you will certainly want to get in on this special dining event!

Tickets cost \$29.85 for adults, \$11.45 for children (4 to 12), and, as always, children 3 and under are free.

Please note: Gratuity is included in ticket price. Seating reservations are required and must be made at time of ticket purchase. Call 846-7987 to purchase tickets or for more information.

Nov. 15: If you long for "Yesterday" and the songs of The Beatles, you won't want to miss the extraordinary event taking place at the Officers' Club on Friday, Nov. 15!

Join "John," "Paul," "George" and "Ringo" as Abbey Road, New England's No. 1 Beatles tribute band, takes the stage for a night of reminiscing rock and roll!

The evening begins with a delicious Italian buffet complete with hors d'oeuvres, antipasto, minestrone soup

and over a half dozen Italian entrees, including six-cheese lasagna, chicken saltimbocca, and baked sole Florentine!

The cocktail bar opens at 6 p.m.; dinner begins at 6:45 p.m. and Abbey Road performs from 7 to 10:30 p.m.

Tickets are on sale at the Officers' Club Gift Shop for \$22.95 for adults and \$11.45 for children (4 to 12). Children 3 and under are welcome at no charge and gratuity is included in ticket prices. Purchase by phone using Visa/MasterCard at 846-7987.

Nov. 28: Your whole family will give thanks when you purchase tickets for the Officers' Club annual Thanksgiving Day Feast on Thursday, Nov. 28.

Enjoy an abundant appetizer and salad bar, dozens of delicious entrees, homemade breads and rolls, and a decadent pastry and dessert bar for just \$24.10 for adults, \$11.45 for children 4 to 12 (children 3 and under are free).

The buffet will be served from 11 a.m. to 3 p.m.

All ticket prices include 15 percent gratuity and seating times must be requested when purchasing tickets. Purchase tickets at the Officers' Club Gift Shop during normal hours of operation or by phone at 846-7987, using Visa or MasterCard.

Enlisted Lounges (Recreation Center, Building 656, phone 841-3054)

Today: Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

Tonight: Unwind after work at the Recreation Center with a drink and complimentary hors d'oeuvres buffet from 5 to 7 p.m. Or, enjoy a delicious fish and chips dinner from 5 to 8.

Naval Dental Center Northeast

Fluoride protects pearly whites

By **CMDR. STUART MILLER**
Naval Dental Center Northeast

Fluoride is found throughout nature in water, soil, and most foods. Fluoride is important to the prevention of dental disease because it is easily absorbed into tooth enamel, especially in children's growing teeth.

Once teeth are developed, fluoride makes the teeth more resistant to decay.

Fluoride is absorbed either systemically or topically. Systemic fluoride is ingested when added to water supplies, beverages, or in dietary supplements. Fluoride that is not excreted by the body is deposited in the hard structures like bones and teeth.

Topical fluoride is found in products like toothpaste and mouth rinses. These products contain high concentrations of fluoride which can be applied directly to the teeth and should then be expectorated or rinsed out of the mouth without swallowing.

The dentist can apply professionally administered topical fluorides such as gels or varnishes during dental cleaning appointments. For patients with a high risk of dental caries, a special fluoride gel may be prescribed for home use.

Fluoridated water protects against cavities and root caries, a progressive erosion of adult root surfaces caused by gum recession. Fluoridated water also helps remineralize early carious lesions. Public water fluoridation is considered the most efficient and cost effective dental caries prevention measure available.

More than 144 million residents in more than 10,000 communities in the United States drink fluoridated water. Most public water supplies are artificially fluoridated with sodium fluoride.

The Environmental Protection Agency has determined that the accepted "optimal" range of fluoride in water is between 0.7 and 1.2 parts per million (ppm) with a limit of 4 ppm. These standards for safe drinking water are supported by more than 140 studies in 20 different countries over several decades.



In general, fluoride is safe unless it is misused or over concentrated. Drinking excessive

paste, mouth rinses, and topical supplements. Children are more susceptible to dental fluorosis because developing teeth are sensitive to high levels of fluoride. Beverages can contain too much fluoride or none at all. An analysis of 532 juices was conducted to determine the amount of fluoride in these drinks.

The study concluded that more than half of ready-to-drink juices, frozen-concentrated juices, and juice flavored drinks have more fluoride than is recommended. Variations ranged from 0.02 to 2.80 ppm correlating to the amount of fluoride in the water used in the manufacturing process.

amounts of fluoride can cause dental fluorosis, a harmless cosmetic discoloring and mottling of the enamel, visible by chalky white specks and lines or pitted and brown stained enamel on developing teeth.

Avoid swallowing tooth-

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Rams tie Army in standoff

MIDDLETOWN — After two periods of regulation play and two overtime periods, the Naval and Military Academy Prep Schools soccer teams had to settle for 1-1 tie last Saturday on Prichard Field.

NAPS entered the contest at 9-0.

Both teams had numerous opportunities to score, but a nuisance 30 mph southwest wind foiled almost every offensive drive.

The Golden Knights of Ft. Monmouth, N.J., scored first on a penalty kick caused by a foul in the goalie's box eight minutes into the game. It took the NAPS team until the 32nd minute of the first half to get back into contention with a pass over the goalie's head by Midshipman Candidate Kevin Krumpotich.

From that point until the end of the first half neither side came close to scoring.

The second period went back and forth until a foul in the penalty area by the Army defense sent the Rams' Bradley Feige to the line to try and put Navy up with 15 minutes left in the game.

But the wind steered ball into the goal post. It bounced to an Army defenseman who cleared it out of the goal area.

As the second half ended the



Richard Alexander/U.S. Navy photo
AIR BALL — Naval Academy Prep School teammates Bradley Feige (10) and David Barriga (8) race to head the ball against Army Prep defenders on Prichard Field last Saturday.

coaches and referees agreed to have two 10-minute overtime periods to try and break the deadlock, but neither side could score.

"It was a very hard fought game and both teams played with spirit and dedication. In the end the teams shook hands and parted," NAPS coach Pete Bergen said.

NAPS entered the Army-

Navy contest undefeated, mostly recently having beaten Tabor Academy in Marion, Mass., Oct. 10, 3-0; and the Coast Guard Academy, 4-1, at home on Oct. 15.

NAPS' last two matches are away against Community College of Rhode Island in Warwick on Oct. 29; and against Philips Exeter Academy on Dec. 6.

NAPS gridgers upend Endicott

The Naval Academy Prep School football team cruised to its sixth win this season with a 54-6 drubbing of Endicott College last Saturday.

The Rams record at 6-1 includes a win over the Naval Academy junior varsity in Annapolis, Md., on Oct. 13; and its only loss against Bridgton Academy, 31-17, in Maine on Oct. 5.

The teams next face service rival Military Academy Prep School at Fort Monmouth, N.J., on Nov. 2.

Against Endicott of Beverly, Mass., the Navy offense dominated, rolling up 568 yards of

total offense. Fullbacks Matt Hall, Ronnie Kimbrough and Casey Dalton slashed the Endicott defense with hard nose runs.

Wide receiver Brandon Harrell caught a 40 yard touchdown pass from quarterback Bo Bohannon, the longest pass play from scrimmage thus far this season.

The offensive line of Zack Gallion, Justin Carson, Ryan Haught, Ryan Roeling, Jesse Suarez, James Rossi punished the Endicott defense.

NAPS backup Quarterback Marc Lawson had a solid game, rushing for one touchdown.

The defense only allowed a little over 100 yards of total offense. Endicott managed only one touchdown, as the NAPS "hit squad" defense gave up only three first downs.

The Rams' Zack Robinson, Scott Clark, James Lee, Danny Davis turned in peak performances.

"Overall, the offense dominated the game early," said assistant coach Ens. Eric Reed. "Any time you can hang 50 on a team, that means your offense is playing hard."

"Hopefully we can continue this type of attitude when we take the field against MAPS in two weeks."

Navy spikers pound MAPS

The Naval Academy Prep School women's volleyball team capped off a record 10-1 season by trouncing Military Academy Prep School (MAPS) 30-18, 30-15 and 30-10, last Saturday in Gym 302.

It was the last game of the season.

Midshipman Candidate Mariellen Carnes had 38 assists, Karla Lazenby and Aimee' Burns each had 13 kills, Miranda Melson had a career

high of eight kills.

Burns led the team in serving with five aces against the Golden Knights.

"It was a great way to finish off the season," assistant coach Ens. Shevonne Wells said. "The girls managed to set a new record for women's volleyball at NAPS."

NAPS topped the Community College of Rhode Island, 30-24, 36-34, 30-23, on Oct. 15 in Warwick.

Dodgers ice Mets, rule NWC softball

MIDDLETOWN — Game MVP Tom Kastner drove in three runs including the go-ahead run in a decisive fourth inning to lead the Dodgers over the Mets, 5-3, Oct. 15 in the Naval War College's first Intramural Softball Championship.

Dodgers' pitcher Ken Lissner scattered six hits over seven innings of work, but things got a little dicey in the top of the fourth. With one out and no one aboard, Ned Woolfolk

drove a 3-1 pitch over the right field fence for a solo home run, tying the game at one apiece.

The next batter, Tommy Baker, sent his second pitch over the right-centerfield fence for back-to-back home runs that put the Mets up 2-1 going into the bottom of the fourth inning.

The Dodgers' Jim Bredemeir, who went 2-3, hit a sharp grounder to short, and Bullet Jones followed with a single to put runners at first and second.

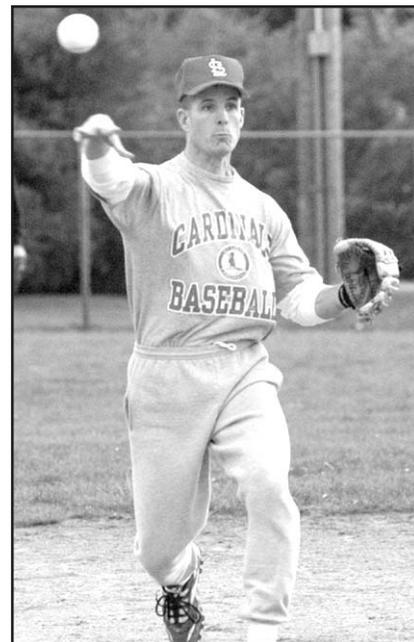
Kastner roped a sharp line drive to the gap in left-centerfield, which was too much for the Mets' outfielder to handle. The Dodgers soon went up, 4-2.

The Mets cut the Dodger lead to a run in the fifth inning on a RBI double by Ken Jacobsen,

With one out and nobody on, Lissner decided to intentionally walk Woolfolk.

Baker roped a single to left field, advancing Woolfolk to second. However, both runners would be stranded there as Lissner got Scott Goehring to fly out and Bob Roome to ground into a fielder's choice.

The Dodgers added an insurance run in the bottom half of the inning.



PHC Jon Hockersmith/U.S. Navy photo
Lt. Col. Don Kastner, the Naval War College Dodgers' MVP, makes an infield throw.

SWOSDOC

Continued from Page 4

Ens. Louis E. Butler, USS Vicksburg (CG 69)
Ens. Anthony J. Cademarti, USS Scout (MCM 8)
Ens. John J. Cahill, USS Roosevelt (DDG 80)
Ens. William L. Carr, USS John S. McCain (DDG 56)
Ens. Steven M. Carter, USS Cowpens (CG 63)
Ens. Kristen E. Cartus, USS Crommelin (FFG 37)
Ens. Kristina M. Chenery, USS Anchorage (LSD 36)
Ens. Christopher Cheung, USS Vincennes (CG 49)
Ens. Edwin T. Chin, USS Vincennes (CG 49)
Ens. Craig N. Chlebicki, USS Boxer (LHD 4)
Ens. Natalie Chouinard, USS Seattle (AOE 3)
Ens. Nathan J. Christensen, USS Reuben James (FFG 57)
Ens. Jason A. Cipriano, USS Paul Hamilton (DDG 60)
Ens. Brian L. Cochran, USS Ramage (DDG 61)
Ens. Paul J. Coco, USS Winston S. Churchill (DDG 81)
Ens. Zachary K. Cole, USS Oak Hill (LSD 51)
Ens. Ryan P. Conole, USS John S. McCain (DDG 56)
Ens. Jeryl S. Contemprato, USS Higgins (DDG 76)
Ens. Jennifer A. Courcy, USS Comstock (LSD 45)
Ens. Dennis M. Coyne, USS Hawes (FFG 53)
Ens. Jeremy D. Crestetto, USS Mobile Bay (CG 53)
Ens. Robert B. Cripps, USS Tortuga (LSD 46)
Ens. Jessica R. Crocker, USS Peleliu (LHA 5)
Ens. William E. Culpeper, USS Milius (DDG 69)
Ens. Daniel W. Daily, USS Paul F. Foster (DD 964)
Ens. Ryan Dam, USS Howard (DDG 83)
Ens. Craig R. Davis, USS Taylor (FFG 50)
Ens. Elizabeth J. Derricott, USS Hopper (DDG 70)
Ens. James A. Dilg, USS Howard (DDG 83)
Ens. Michael R. Dillon, USS Robert G. Bradley (FFG 49)
Ens. Christopher A. Dobson, USS Nicholas (FFG 47)
Ens. Amanda L. Donges, USS Bonhomme Richard (LHD 6)
Ens. Thomas A. Douglas, USS Vincennes (CG 49)
Ens. Stephen C. Duba, USS Sentry (MCM 3)
Ens. Colin J. Dunlop, USS Bulkeley (DDG 84)
Ens. Renee M. Dunlop, USS Ramage (DDG 61)
Ens. John L. Ennis, USS Oak Hill (LSD 51)
Ens. Mia N. Esposito, USS Tortuga (LSD 46)
Ens. Jennifer L. Everson, USS Chosin (CG 65)
Ens. Joshua M. Fields, USS McCampbell (DDG 85)
Ens. Spencer M. Fields, USS Lasalle (AGF 3)
Ens. Jason D. Flinkman, USS Kauffman (FFG 59)
Ens. Tracy B. Forand, USS O'Bannon (DD 987)
Ens. Christopher A. Gahl, USS Paul Hamilton (DDG 60)
Ens. Doyle P. Galvin, USS Shiloh (CG 67)
Ens. Jamada J. Garner, USS Donald Cook (DDG 75)
Ens. Matthew D. Gleason, USS Oscar Austin (DDG 79)
Ens. Christopher M. Greller, USS McCampbell (DDG 85)
Ens. Jonathan J. Haase, USS Safeguard (ARS 50)
Ens. John D. Hafner, USS Cole (DDG 67)
Ens. John J. Haigh, USS Kearsarge (LHD 3)
Ens. Kenneth A. Haik, USS Klakring (FFG 42)
Ens. Daniel A. Hancock, USS Antietam (CG 54)
Ens. Bradley D. Hansell, USS Shiloh (CG 67)
Ens. Richard A. Hayes, USS Rentz (FFG 46)
Ens. Sarah L. Heidt, USS McCampbell (DDG 85)
Ens. Theodore A. Hermeling, USS Lake Champlain (CG 57)
Ens. Thomas R. Hickey, USS Germantown (LSD 42)
Ens. Jason A. Hickle, USS Shiloh (CG 67)
Ens. Kelly M. Hogan, USS Elliot (DD 967)
Ens. Nathan A. Hood, USS Antietam (CG 54)
Ens. Adrian A. Hovey, USS Monterey (CG 61)
Ens. John J. Hoy, USS Lasalle (AGF 3)
Ens. Peter D. Huffman, USS John S. McCain (DDG 56)
Ens. Monica M. Hundt, USS Antietam (CG 54)
Ens. Tara Inverso, USS Boxer (LHD 4)

Ens. Adam C. Jennings, USS Ogden (LPD 5)
Ens. Adam I. John, USS Porter (DDG 78)
Ens. Benjamin W. Johnson, USS Shoup (DDG 86)
Ens. Michael A. Johnson, USS Cowpens (CG 63)
Ens. Alexander L. Jones, USS Yorktown (CG 48)
Ens. Peter Y. Jun, USS Benfold (DDG 65)
Ens. Matthew T. Jungels, USS Hue City (CG 66)
Ens. James R. Junio, USS Higgins (DDG 76)
Ens. Ian J. Kalin, USS Spruance (DD 963)
Ens. Jason T. Kercheval, USS Underwood (FFG 36)
Ens. Cory G. Knopp, USS Curtis (FFG 38)
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town location - walk
harbor, shops, schoo
beach. 3 bdrm., 2 bat
move in cond., fence
yard 20 Columbia Ave
\$360,000. Call Debbi
owner/agent 486-8567.

REDUCED! 3 bdrm.
ranch hardwoods & lge.
family room + mature
landscaping & deck on
a corner lot. \$249,9
Century 21 A+A+, Dav-
id Lawrence/Cathy
Wicks 849-0660 ext
234 or 683-1022.

905 - Trucks &

CHEVY FULL SIZE
TRUCK '90. Newly in-
spected till '04. M
new parts. 100,000 m
Great work truck
\$2,000/best. 841-5941.

CHEVY VAN '84, full
size, short body, 5 p
senger, 100,000 mi
Asking \$800. 683-7583.

DODGE MOTOR HOME
'76, sleeps 4, full b
en, shower, air, go
cond., very nice insi
\$3,000/best. 849-2484.

FORD F150 LARIAT, 90
SUPER CAB: w/racks
& bedliner. 142,000 m
\$2700/best. 845-0676.

ISUZU '90 PICKUP long
bed, white, auto, buck
seats, good stereo, f
rack avail. \$250
401-662-2200.



TUNDRA 2000 V8 4x2,
30,000 mi., just recei
30,000 mi. tune-up
runs like new, towi
package, bed-line
\$17,500, Call 683-9713

907- Boats &

19' SAILBOAT. Keel cen-
terboard, 20" draft,
beam. All equipped.
cockpit, cutty forwa
\$1000 offers. 847-6692

912-Auto Parts

4 YOKO GUARDEX
snow tired, 175/65R14
mounted, under 3,000
mi. \$100/best, 849-271

915 - Autos f

ACURA COUPE '89:
Ageless classic, 2 c
sunroof, air, power w
dows & locks, jus
inspected. Gold w/ta
cloth. \$2,500. 841-506

CHEVY NOVA 1988 (Co-
rolla) twin-cam engir
standard, very reliak
\$650/best. Tiverto
401-935-4470, anytime.

CHEVY SUBURBAN '89
4 wheel dr. \$4000 boo
value, \$2950 quick sal
High mileage, clean
dependable. 846-2147.

915 - Autos f

CAPRICE CLASSIC '85.
Runs. \$200 as is. C
401-265-6476.

FORD EXPLORER ED-
DIE BAUER 1991. Ex-
cellent cond., new ti:
6 cyl., power steeri
4x4, leather interi:
\$4500/best. 847-7875.

FORD WINDSTAR '96,
New Ford installed mo
tor/trans. Loadc
\$6,900. 847-8159.

HONDA ACCORD '92
EX- 4dr. Sedan, exce
lent cond., new: ti:
radiator, battery, Si
owner 163,000 mi.
\$4500 Call 683-3591.

HONDA CIVIC DX '92. 5
spd., 130,000 mi. ru
great. \$1950. 338-6302

HONDA CIVIC DX '98, 4
dr., 5 spd., silver,
tastic cond., 88,000
\$7800. 847-6811.

HONDA CIVIC LX '95: 4
dr., power windows
locks, cd, standard,
cellent cond. inside
out. Must sell. \$4,
or best. Call 846-425

LEXUS '97 ES300, se-
dan, loaded, 4 dr.,
cellent cond., high
\$15,000/ best. 640-566

MAZDA MX6 '89 GT
Turbo, black. New star
er & brakes, good
cond., runs great
Needs some work.
\$1250/best. 682-2168.

MAZDA PROTEGE DX
'92, 4dr., auto, 113,
mi., 1 owner, inspect
8/02, excellent cond
\$2,750/best, 846-8303.

MERCEDES 190E 2.6
'87: Average mi., gre
looking & running. Fu
power, incl. sunroof
airbag. Asking \$3,50
847-4479.

MERCEDES 230 '67:
Antique. Inspected, ru
great. \$2000. 682-2462

MITSUBISHI 3000 GT
'93: V6, auto., air,
runs & looks excellen
\$4500. 316-9072.

NISSAN SENTRA '96: 1
owner, 106,000 mi.
Great cond. \$3,500/fir
849-3078.

PLYMOUTH ACCLAIM
'91 Low mileage, aski
\$2000, call 847-8192.

SATURN '99. 42,000 mi.
Sunroof, loaded. Warr
nty. \$7500. 848-2315.

TOYOTA CAMRY '87,
runs well. \$600
849-2490.

TOYOTA COROLLA '88:
Very good cond., new
brakes, new tire
\$2,000/best. 624-8941.

TOYOTA SUPRA '90,
black, auto, load
150,000 mi., great c
\$3000/best. 683-1577.

VOLVO 740: Station
wagon, 1989, 100,000
mi new exhaust, bat
tery, inspection. \$20
847-1797, 5pm-9pm.

VW GOLF 1990. 5 spd.,
mechanically sound,
needs body work. \$850.
849-2720 after 5 p.m.

VW JETTA '88: 4 door,
power steering, stere
Runs great, good cond
\$1000/best. 401-965-843:

WINDSTAR '97, 76,000
mi., burgundy, power
looks & runs excellen
\$5000. 683-0226.

Navy-wide news

115 photographers capture '24 hours'

WASHINGTON (NNS) — One hundred top civilian photographers and up to 15 senior military photographers chronicled DoD personnel on duty at over 100 locations on Oct. 22, to tell the U.S. Armed Forces' story in pictures.

The resulting images will be published in a "coffee-table" style hardcover book of photographs: *A Day in the Life of the Armed Forces*. The planned publication date is May 17, 2003 — Armed Forces Day.

The photographer assigned to Naval Station Newport was Air Force Master Sgt. Lance Cheung from Headquarters, News Agencies, Lackland AFB, Texas.

Two Super Hornets crash off Monterey

LEMOORE, Calif. (NNS) — Two F-18F "Super Hornets" assigned to Strike Fighter Squadron (VFA) 41 based at Lemoore Naval Air Station, Calif., crashed at sea approximately 80 miles southwest of Monterey, Calif., last Friday morning. The U.S. Coast Guard has launched a search and rescue operation for the four aviators.

Fire school

Continued from Page 8

Next on the tour was the Fire Fighter Trainer. With everything from controlled propane-fueled fires to pressurized hoses, the mockup of a ship's hold is designed to give a comprehensive overview of the situations a firefighting team might face at sea.

Hospital Corpsman Second Class Ferenc Karoly showed the children what happens when an unsecured fire hose is pressurized with water, and flails away like a huge snake.

He spoke from in front of a heavy glass partition, while behind him the uncontrolled hose blasted water against the glass, and whipped around wildly and indiscriminately. The children watched in delight and shrieked when it pointed in their direction, occasionally squirting Karoly through a small crack in the partition.

The Sailors showed the children a torch used to cut through steel. They watched through a heavy curtain to protect their eyes.

"This looks like a yellow fruit roll-up," one child whispered to another.

The torch cut a smiling face into a piece of steel plating. Later, the Sailors cut the face out as a souvenir for the pupils to bring back to their classroom.

Soon, it was time to go and the children filed out of the trainer.

"Wow, that was a huge fire," Humphreys said as the group left. "Did you guys bring marshmallows?"



U.S. Navy photo courtesy SEA

CLASS 103, Senior Enlisted Academy, poses at Tomich Hall before graduation ceremonies Oct. 8.

Senior Enlisted graduates Class 103

CMDCM RALPH RAO

Senior Enlisted Academy PAO

The Senior Enlisted Academy graduated its 103rd Class in ceremonies, Oct. 8, at the Officers' Club. Guest speaker was Capt. Daniel J. Brennock, Commanding Officer, Naval Education and Training Center.

The SEA prepares selected senior enlisted leaders in pay grades E-8 and E-9 for future challenges in leadership and management responsibilities. Fifty-nine senior enlisted leaders from the Navy, Air Force, and Coast Guard comprises the 103rd graduating class.

Class President Command Master Chief (SW/AW) Bill Marriott of Montgomery, Ala., said, "The SEA provides an excellent opportunity for senior enlisted leaders to exchange knowledge and experiences."

Members of Class 103 and their ultimate duty stations follow:

CMDCM(SW/AW) Mark H. Baker, Recruit Training Command, Great Lakes.
 BUCS(SCW) Bruce J. Barr, 3rd Naval Construction Brigade
 ENCS(SW) William J. Beasley, Destroyer Squadron 14.
 MTCS(SS) Peter L. Beck, submarine USS Tucson (SSN 770)
 CMDCM(AW/SW) Charles O. Blanks, Strike Fighter Squadron (VFA 125)
 PNCS(SW/AW) Phillip L. Brannon, dock landing ship USS Kearsarge (LHD 3)
 AZCS(AW/SW) Clifford Brown, Naval Air Systems Command, Detachment
 CMDCM(AW) William J. Brunner, Helicopter Anti-Submarine Squadron (HS 75)
 DKCS(SW/AW) Reynor K. Burkle, carrier USS Theodore Roosevelt (CVN 71)
 BMCM(SWCC/SW) Arturo Camacho, Special Boat Unit Twelve
 ASCS(AW/SW) Richard A. Collins, Administrative Support Unit, Southwest Asia
 ABFCS(AW/SW) Arden A.

Costen, Recruit Training Command, Great Lakes

MMCS(SS) William F. Delaney, fleet ballistic missile submarine USS Nevada (SSBN 733) (blue crew)
 Master Sgt. Richard R. Dodds, USAF 3rd Airlift Squadron
 HMCS(SS/AW) Jaycee M. Enriquez, Naval Branch Medical Clinic

BMCS(SWCC/SW) Richard A. Evans, Special Operations Command Pacific
 SKCS(SW) James D. Flynn, Naval Academy Preparatory School, Newport, R.I.

FSCM Jason C. Fort, Coast Guard Maintenance and Logistics Command Atlantic (MLCLANT)

CMDCM(SEAL) Steven P. Gibling, SEAL Team 2

QMCS(SW) David L. Griggs, Naval Station Annapolis, Md.

CMDCM(SW/AW) Charles P. Hardin, Fighter Squadron (VF 213)

NCCS(SW) Robert D. Hicks, U.S. Naval Support Activity

SKCS(SW) Michael D. Jackson, Willow Grove, Pa., Naval Air Station, Joint Reserve Base

CMDCM(SS) Bernard R. Jacques, U.S. Submarine Base, San Diego, Calif.

CMDCM(SW) John H. Jordan Jr., Navy Recruiting District Raleigh, N.C.

S M C S (S W / A W)
 Anthony M. Josey, Naval Support Activity, Norfolk, Va., Northwest Annex

Senior Master Sgt. Steven D. Kelly, U.S. Air Force Europe (USAFE)

CMDCM(SW/AW) Stanley A. Lomax, guided missile frigate USS Samuel B. Roberts (FFG 58)

ISCM(SEAL) Bradley A. Lucas, Naval Special Warfare Center, San Diego

CMDCM(AW/SW) William B. Marriott Jr., Naval Air Systems Command Headquarters

FCCS(SW) Daniel W. Martin, Senior Enlisted Academy, Newport, R.I.

CMDCM(SW) Roger A. McCormack, guided missile cruiser USS Anzio (CG 68)

CTRCS(SS/SW) William J. McGrath Jr., Naval Security Group Activity, Kunia

AWCS(AW/SW) Calvin W. Mickey, Helicopter Anti-Submarine Squadron Light 37

BUCS(SCW) Robert S. Moons, U.S. Naval Mobile Construction Battalion 40.

WO1 Lechesa M. H. Motshabi, foreign national, WO Exterior Wing, South African army.

ITCS(SEAL/FPJ) Peter

E. Naschak, Navy Personnel Exchange Program, Australia

MUCM Diana D. Ogilvie, U.S. Navy Band, Washington.

ETCS(SW/SWCC) Kyle D. Reagan, carrier USS John F. Kennedy (CV 67)

CMDCM(AW) James V. Regnerus, Naval Air Reserve, Point Mugu

LNCM(SW/AW) Calvin N. Richards, Naval Justice School Detachment

ETCM(SS) Brian P. Schell, USS Salt Lake City (SSN 716)

AVCM(AW/SW) Michael P. Schmitz, Aviation Intermediate Maintenance Unit

CMDCM(SS) Robert J. Shannon Jr, Submarine Squadron Fifteen

ETCM(SW/AW) Charles A. Shores, carrier USS John C. Stennis (CVN 74)

CMDCM(AW/NAC) Randall W. Siefferman, Fleet Logistics Support Squadron (VR 61)

WO2 Melanie H. Smith, Foreign National, South African navy, Saldanha Bay

HTCM(SW/MDV) Raymond C. Spann, Naval Diving And Salvage Training Center

OSCS(SW/AW) Gerard E.

Sprewell, Afloat Training Group And Detachment Pacific

EMCS(SW) William J. Stieve Jr., Navy Personnel Command, Millington, Tenn.

YNCS(AW/SW) William R. Straker II, Strike Fighter Squadron (VFA 151)

ETCS(SS) Walter "Buck" M. Taylor, Chief of the Boat (Blue Team) fleet ballistic missile submarine USS Rhode Island (SSBN 740)

MMCS(SW) Robert L. Titus Jr., Fleet Technical Support Center Atlantic

CTRCM Robin D. Todd, Senior Enlisted Academy, Newport, R.I.

CMDCM(AW) Genetriz R. Tourtellotte, Patrol Squadron

PNCS(SW) John D. Vance, USNR(TAR), Commander, Naval Reserve Force

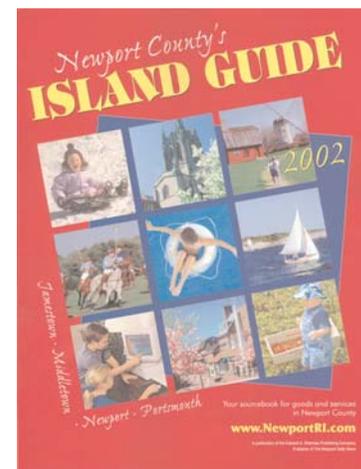
SMSgt. Leonard L. Victory, USAF, 20th Operations Support Squadron, Shaw AFB, N.C.

YNCS(AW/SW) Frances E. Vorce, Patrol Wing ELEVEN

HMCM Ronney A. Wright, USNR(TAR), Marine Forces Reserve

ENCS(SW) Steven M. York, Shore Intermediate Maintenance Activity, San Diego, Calif.

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