

# Navalog

VOL. 102 NO. 22 MAY 31, 2002



Ron Fontaine/U.S. Navy photo

**CRUNCH TIME** — Operations Specialist Second Class Daniel Zwisler, assigned to Naval Station Newport gate security, works on his biceps curls in Gym 109. May is National Physical Fitness and Sports Month. Story, more pictures, Page 6.

## Observances for Midway

Navy Newport plans three separate observances of the 60th anniversary of the Pacific Theatre's Battle of Midway.

—Page 2

## Safety seats get inspected

Naval Station Fire and Police Department sponsor a child safety seat and seat belt inspection service.

—Page 3

## Fleet Week draws 6,000

Navy Region Northeast represented at the 15th annual Fleet Week 2002 events in New York City.

—Page 9



### Observances mark Midway

Navy Newport plans three separate observances of the 60th anniversary of the historic Battle of Midway.

—Page 2



### Safety seats get inspected

Naval Station Fire and Police Department sponsor a child safety seat and seat belt inspection service.

—Page 3



### Fleet Week draws 6,000

Navy Region Northeast is represented at the 15th annual Fleet Week 2002 events in New York City.

—Page 9

# Commands to mark the Battle of Midway

By RICHARD ALEXANDER  
Navalog editor

Naval Station (NAVSTA) Newport, the Naval Education and Training Center (NETC) and the Naval War College will observe the 60th anniversary of the Battle of Midway in three separate commemorations next month.

The War College will mark the decisive battle of World War II, in conjunction with the 100th anniversary of the launching of the Navy destroyer class, by hosting a gala celebration on Saturday, June 1, at Spruance Hall and Colbert Plaza.

This is the fourth annual observance by the college.

Festivities will begin with beverages and hors d'oeuvres served at 6 p.m.

A variety of foods, including an oyster and clam raw bar, steamed shrimp, hand-carved steamship round of beef, marinated baked chicken, vegetables and desserts will be served.

Music for dancing will be provided by

the Northeastern Navy Showband. A special ceremony to remember Midway and salute the destroyer class of warship will take place on a set designed like a ship's fantail later in the evening.

Reservations are required. Dress is summer white or the equivalent for servicemembers, and either smart casual (no necktie) or time-period (1940s) for civilian guests.

Veterans are welcome to wear uniform items from their period of service. The cost is \$25 per person. For reservations and information, call the NWC Special Events Office at 841-3813.

Students, military and civilian staff members at NETC schools are invited to ceremonies aboard the decommissioned aircraft carrier Saratoga at Pier 1 on June 4 at 9 a.m.

Maj. Craig Stiles, Executive Officer at the Broadened Opportunity for Officer Selection and Training (BOOST) program, said about 190 BOOST students will make up the largest contingent NETC representation. Other school-



**SMOKE** rises from the superstructure of the carrier USS Yorktown after she was attacked by Japanese warplanes in the Battle of Midway, 1942. The ship eventually sank.

U.S. Navy archives photo

houses include the Officer Indoctrination School, the Naval Chaplains School and Communication School.

"The ceremony will be on the flight deck, weather permitting," Stiles said. "If not, we'll go below in the hangar bay."

Navy Band Northeast will provide a brass quintet, and a color guard will open the ceremony. Capt. D. J. Brennock, Commanding Officer, will offer some opening remarks. A BOOST student will narrate the events of Midway in 1942.

A moment of silence will follow, with the playing of *Taps*.

"Afterward, everyone will have a few moments to walk around the flight deck, take some pictures, and then dis-

embark," Stiles said. The final event will be held Wednesday, June 5, at 1 p.m. in the new auditorium at Building 1112, Coddington Point.

Lt.j.g. Craig Vossler, coordinator, said Capt. Ruth A. Cooper, Commanding Officer, NAVSTA will give some opening remarks, and Dr. Charles Neimeyer, academic dean at the War College, will speak.

The one-hour showing of a Midway documentary produced by the *Time-Life Battle Series* will follow. Refreshments will be available.

Lt.j.g. Vossler said all three surviving Rhode Island veterans of the Battle of Midway have accepted invitations to

MIDWAY, Page 13



Ron Fontaine/U.S. Navy photo

**NAVAL STATION NEWPORT** firefighter and emergency medical technician Scott Brown explains to Mrs. Tandy Hornsby the correct way to secure the child safety seat for her son, Tanner, at the Voluntary Seat belt and Child Restraint Inspection in the Navy Exchange parking lot last week.

## Safety seat inspection helps parents 'buckle up' correctly

By RICHARD ALEXANDER  
Navalog editor

Naval Station Newport Police and Fire Departments' Voluntary Seat belt and Child Restraint Inspection unfortunately was short on turnout last week, but long on its life-saving message.

The week of May 20 to 27 was national "Buckle Up America" Week, proclaimed by the National Highway Transportation and Safety Administration, to encourage motorists and their passengers

to buckle up over the long Memorial Day weekend.

The free inspection was held in the Navy Exchange lower parking lot May 23. Barry Spaulding, training officer for NAVSTA Security, said each vehicle's seat belt and shoulder harness were inspected for wear and tear; the proper installation of child safety seats was checked; and motorists were notified if their child's car seat was on a recall list.

He said the national average for nonuse or misuse of child

safety restraints is alarmingly high, and many parents think they are buckling their children the safe way when in fact they're not.

"Most frequently, parents have the wrong type of seat for the car, or the wrong seat for the child," he said. "Basically, there are three types — convertible safety seats, forward facing seats, and high back booster seats."

The NHTSA said all children age 12 and under should be restrained in the back seat.

## OIS to graduate 31 in ceremonies

By JOY CHRISTMAS  
NAVSTA Public Affairs Staff

Officer Indoctrination School will graduate Class 02040 in ceremonies today at 9 a.m. in Building 1112 Auditorium, at Naval Station (NAVSTA) Newport.

Rear Adm. Robert D. Hufstader Jr., MC, Medical Officer to the Marine Corps Headquarters, will be the guest speaker.

The ceremonies culminate six weeks of intense naval indoctrination for the 31 newly commissioned officers of the Medical Corps (MC), Medical Service Corps (MSC), Nurse Corps (NC), Judge Advocate General Corps (JAGC), Dental Corps (DC) and nuclear power field. The curriculum included military law, personnel administration, Navy policies, personal excellence and naval OIS, Page 13

### Newport Naval Cable TV

## Secretary of Navy reviews first term

Navy and Marine Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week's Navy/Marine Corps News show:

— Secretary of the Navy Gordon England looks back on his first year in office, and looks ahead to the future.

— The Joint Services Open House takes place at Andrews Air Force Base in Washington, D.C.

— The Commonwealth of Virginia dedicates a license plate honoring the crew of USS Cole.

**Go Navy, chart your future**

This week on Newport Naval Cable Television see the Navy's latest *Accelerate Your Life* 12-minute recruiting video on channel 11 at 8:18 and 11:48 a.m., and 5:18 p.m. It may help you decide your future.

### Hurricane preparedness

The Naval Station Hurricane Preparedness video, prepared by the Naval Training and Meteorology and Oceanography Detachment, will be aired daily at 9 a.m., and 1 and 6 p.m. on channel 11 following Navy, and Marine Corps News.

In the event of an approaching storm, tune to Newport Naval Cable TV, channel 9.

### Health and Wellness Videos

The Naval Ambulatory Care Center and the Health Promotion Action Council want to help service members achieve

and maintain their optimal health and wellness, while learning more about disease prevention.

Health education and wellness programs are now offered on Newport Naval Cable Television channel 13, Monday through Thursday, from 2 to 3 p.m.

During next week's featured segments, beginning June 3, learn more about *Osteoporosis*, and *Diabetes*.

### Fleet and Family Support

Parents and teenagers may be interested in the Fleet and Family Support Center video series. These programs deal with a variety of topics, which are of interest to children of all ages, and families.

The programs air daily on channel 11 at 10 a.m., 1 and 7 p.m. The weekly schedule is displayed below:

DAY	TITLE
Friday	Ready To Sailing Skills
Sunday	Going to School
Tuesday	Peter Along with His Parents — Make Up!
Wednesday	Emotional Family Member Program
Thursday	Self-esteem Tips for Children from Professional Practitioners

**LUNCH \$4.49**  
**DINNER \$6.99**

**No. 1 Chinese Buffet**



**ALL YOU CAN EAT!**  
Serving Beer & Wine  
Price includes soft drinks  
**FREE DELIVERY**  
TO THE BASE

865 West Main Rd., (Rt. 114) Middletown  
**847-8588/8729**  
• Show Military ID for the Discount  
• Adult Meals Only • No Coupon Needed

## SECNAV, CNO among speakers at Strategy Forum

The Naval War College's 53rd annual Current Strategy Forum, June 11-12, will concentrate on the war on terrorism, national security, and the role of naval and maritime forces.

The forum will attract many prominent civilian and military leaders from around the world including civilians from several well-known corporate and academic institutions.

The Current Strategy Forum is the capstone event of the college's rigorous curriculum and an extraordinary opportunity for the exchange of views among outstanding thinkers from across business, industry, government and the military.

Secretary of the Navy Gordon England will speak Tuesday at 9 a.m., followed by Daniel P. Burnham, chief executive officer of the Raytheon Corp. Raytheon's Naval and Maritime Integrated Systems recently was awarded part of the \$2.9 billion Navy contract for the design of

the next generation of high speed warships, the DDX class.

Chief of Naval Operations Adm. Vern Clark will speak on Wednesday, June 12, from 8:30 to 9:30 a.m. Ambassador Richard Williamson, head of the U.S. Delegation to the United Nations, will speak at 3:30 p.m.

The forum also will include four panel discussions in Spruance Hall. Heading the panels will be Dr. Alberto Coll, Dean, Center for Naval Warfare Studies; Dr. Jonathan Pollack, Director, Strategic Research Development; Dr. Kenneth Watman, Director, W.A.R. Department; and Rear Adm. Rodney Rempert, President of the Naval War College.

The forum has its origins in the round table discussions first held at the college in May 1949.

On both days there will be closed door seminars in the afternoon where in-depth discussion of the topics are encouraged.



Ron Fontaine/U.S. Navy photo

**GUEST READER—**  
**Carey Elementary School** pupils gather around Rear Adm. Barbara McGann, provost of the Naval War College, who was among invited guests last week for the school's Reading Week, May 20-24. The school invites personalities in the Newport area community to come in and read to the kindergarten. McGann will retire from active duty on June 7.

**Navalog**  
Capt. Ruth A. Cooper  
Commanding Officer, Naval Station Newport

<b>David Sanders</b> NAVSTA Public Affairs Officer	<b>Bob Krekorian</b> NAVSTA Public Affairs Staff	<b>Greg Kohlweiss</b> NAVSTA Public Affairs Staff
<b>Ron Fontaine</b> NAVSTA Public Affairs Staff	<b>Joy Christmas</b> NAVSTA Public Affairs Staff	<b>Richard Alexander</b> NAVLOG Editor

The Newport Navalog is published weekly by Edward A. Sherman Publishing Co., a private firm in no way connected with the U.S. Navy, under exclusive written contract with the Naval Station Newport.  
The Editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Station, Newport, R.I. The Newport Navalog reserves the right to edit or correct copy to comply with its policies. This publication receives dispatches from the American Forces Press Service (AFPS).  
The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense or Edward A. Sherman Publishing Co. of the products or services advertised.  
Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of the equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

The Newport Navalog is printed on recycled paper.



## May is your month for sports, fitness

What is May Month? It's a celebration of the joy and benefits of the active lifestyle.

The President's Council on Physical Fitness and Sports has proclaimed May as National Physical Fitness and Sports Month.

Proclaiming a special month to promote physical activity and fitness is a way to offer everyone a special incentive to adopt and maintain an active lifestyle for health and greater productivity, as well as happiness and fun.

Why May? Spring is in full bloom. It is nature's time for renewal. Inspired by the season's changes, we are encouraged to embark on new beginnings.

With summer just ahead, the beaches, mountains and forests, secluded lakes, rivers and streams, as well as the pool, tennis court, and golf course beckon us.

Naval Station Newport offers a variety of fitness facilities and activities to get you in shape for the warm months ahead.

Gym 109 has a huge variety of fitness equipment, such as Hammer Strength, lifecycles, treadmills and free weights. There are also basketball, squash and racquetball courts—all in newly renovated spaces.

NAVSTA Intramural Softball League teams are forming now, and golf tournaments are organized regularly by the Morale, Welfare and Recreation Department. Call 841-3154 for information.

Regular aerobics classes are held in FITNESS plus, Building 355. Call 841-1474 for more information.

Pool 307 has water aerobics and recreational swimming throughout the work week and weekends. Call 841-6628 for more information.

If bowling is more your speed, Seaview Lanes in the Recreation Building is open Wednesday through Friday, with a "Rock 'n Bowl" tomorrow night from 8 to 11.

Take a sailing lesson from the Coasters' Harbor Navy Yacht Club, and rent a sailboat from the NAVSTA Marina. Gear Rental has bicycles for rent for a long pedal down Defense Highway and back.

If you exercise for 30 minutes a day every day this month, you'll be on your way to an active summer of fun and fitness. Children need to be active for 60 minutes a day—running, skating, climbing—whatever keeps them moving.

A study in *The Physician and Sports Medicine* found that physically active individuals had lower medical costs than inactive people. If all inactive American adults became physically active, the potential savings could be more than \$75 billion annually.

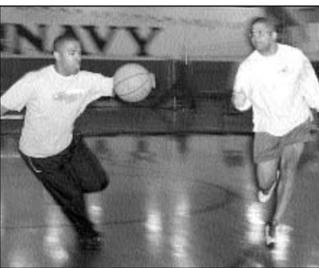


**ABS SOLUTION**— Jessica Carrol and Jennifer Mason do some crunches in Gym 109. May is National Physical Fitness and Sports Month.

Ron Fontaine/U.S. Navy photos



**ENSIGN Zach Murphy, a student at the Surface Warfare Officers School Command, works out the new Hammer Strength Iso Lateral Hi-Row machine.**



**GYM 109 offers several basketball courts for pickup games during the lunch hour.**



**GINA HOPPER, whose husband works at the War College, works out on the elliptical cross trainer at Gym 109.**

## Fleet and Family Support

# Learn some options on family insurance

Come to the Fleet and Family Support Center on June 4, from 11:30 a.m. to 1 p.m., to learn more about insuring your family. Hear about the Survivor Benefit Plan, term and whole life insurance, individual retirement accounts, education plans, and long-term care insurance. Reservations are required and may be made by calling 841-2283.

**Anger Management**—Come to the Fleet and Family Support Center on June 6, from 11:45 a.m. to 1 p.m., for this informative workshop on anger management. Anger is a powerful feeling. It can be used destructively or it can be used for positive change. Learn how to manage your anger and change your life for the better.

Registration is required and may be made by calling 841-2283.

**Learn to Balance Checkbook**—A representative from

the Navy Federal Credit Union will provide you with the "ins and outs" of checkbook balancing at the Fleet and Family Support Center on Wednesday, June 12, from 11:30 a.m. to 1 p.m.

The Checkbook Balancing Workshop also will feature information on automatic teller machine transactions, VISA Debit transactions, check holds and returned check charges and fees.

For information and to register for this workshop, call 841-2283.

**Your Ticket to Ride**—Have you ever purchased a car or truck and then had this uncomfortable feeling that maybe you paid too much?

If you can say yes, or want information on how to buy a new or used car or truck, plan on attending the Car Buying Workshop at the Fleet and Family Support Center on Friday, June 21, from 11:30 a.m. to

1 p.m. A representative from the Navy Federal Credit Union will provide you with the skills

to negotiate the best price, compare costs of ownership, and conduct research via the Inter-

net and to explore financing and lease options. Call 841-2283 for information.



BEING CALLED UP? MOBILIZING? DEPLOYING?  
**IF YOU HAVE QUESTIONS ABOUT YOUR CAR INSURANCE, CALL YOUR GEICO DIRECT REPRESENTATIVE TODAY.**



If you've had a recent change in your duty status, get in touch with GEICO immediately. We offer: Discounts for active duty, guard, reserve and retired military • Offices near most military bases • Reduced coverage for secured/stored vehicles • Emergency deployment discounts We've served the military since 1935 and we're standing by you now. Call us.

(401) 847-3100 | 790 Aquidneck Ave. | Middletown  
Route 138A, just north of Green End Avenue

Military discounts not available in all states or for all GEICO companies. Government Employees Insurance Co. • GEICO General Insurance Co. • GEICO Indemnity Co. • GEICO Casualty Co. These companies are subsidiaries of American International Group, Inc. GEICO auto insurance is not available in MA or RI. GEICO, Washington, DC 20076. © 2002 GEICO.

What's going on

# Wellness Fest set Saturday

MIDDLETOWN —The Naval Station Health Promotion Action Council will host a Family Wellness Fest tomorrow, 10 a.m. to 2 p.m., at Carr Point Recreation Area.

The Wellness Fest will focus on summer safety and family health and is a great way to get ready for the warm months ahead.

Informational displays regarding water safety, skin cancer awareness, helmet safety, tobacco awareness and more are planned. In addition, a car seat safety check will be held from 10 a.m. to 1 p.m. on a first-come, first-serve basis, with information about Rhode Island's new booster seat law. Rain date is Saturday, June 8.



TODAY, May 31

- Opening ceremonies, Special Olympics Rhode Island 34th annual Summer Games, University of Rhode Island, Kingston, Route 138.

- Armed Services YMCA: —Fitness Hour, 9 to 10:30 a.m.

- Big Kids Game Night, 6 to 9 p.m.
- Reading Your Credit Report; Learn what information is in your credit report. Fleet and Family Support Center

- Lunchtime BINGO, noon to 1 p.m. at the Recreation Center, Building 656! New game every 10 minutes. Cost is \$1 each. Also Thursdays.

- 28th annual Newport Spring Boat Show, noon to 8 p.m., Newport Yachting Center, America's Cup Avenue and Commercial Wharf.

- Fitness Equipment Orientation for proper/safe use of Nautilus equipment, cardiovascular machines and the free weights, every Monday, Wednesday and Friday mornings at 8, 9 and 10 a.m., FITNESS Plus, Building 355. Call FITNESS Plus at 841-1474.

- Movies, Recreation Center, 5 p.m., *The Lord of the Rings* (PG13). Other movies are available and may be shown upon request.

- Pawtucket Red Sox vs. Columbus

Clippers 7:05 p.m. McCoy Stadium, One Ben Mondor Way, Pawtucket.

SATURDAY, June 1

- Kindermusik at Armed Services YMCA, spring semester runs every Saturday through June 8, for newborns to age 5. Call Terriann Lane at 846-1331.
- 28th annual Newport Spring Boat Show, 10 a.m. to 6 p.m., Newport Yachting Center, America's Cup Ave. and Commercial Wharf, Newport.
- Newport International Polo Series, 5 p.m., Teams from around the world compete in Olympic caliber polo, Glen Farm, East Main Road (Route 138) Portsmouth.

SUNDAY, June 2

- Chapel of Hope worship services: Catholic mass, 9 a.m. and noon —Protestant Services, 8 and 10:30 a.m.
- Sunday Bowling, \$7 per hour, Seaview Bowling Lanes, Building 656.

- Two-person minimum per lane. In addition, the bowling center also has two pool tables, video games and cable TV for your favorite programs or sporting events. For more information, call the Bowling Center at 841-4293.

- 28th annual Spring Boat Show, 10 a.m. to 5 p.m., Newport Yachting Center, America's Cup Avenue and Commercial Wharf, Newport.

MONDAY, June 3

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109, 841-3154.
- Intermediate Weight Training for Women 9 to 10:30 a.m., Monday and Wednesday, \$10 per person for the six week class, Gym 109, 841-3154
- Summer Conference on Global Ethics, Salve Regina University; keynote speakers are Terrence Murray, chairman of Fleet Boston Financial Corp., and Tom Hughes, a Washington-based consultant, for more information call 341-2241 or e-mail sruxten@salve.edu

TUESDAY, June 4

- 60th anniversary Battle of Midway observance, sponsored by Naval Education and Training Center, aboard carrier Saratoga, Pier 1, 9 a.m.
- Movie, *Midway*, starring Charlton Heston and Gregory Peck, Building 690 Command Conference Room, 9:30 a.m.
- Newport International Film Festival, Jane Pickens Theater, Opera House and Tennis Hall of Fame, box office, 20 Long Wharf Mall, or call 848-9466. Discount ticket vouchers at Ticket Connection.

- Armed Services YMCA: —Fitness Hour, 9 to 10:30 a.m., —Scrapbooking, 9-noon. Create beautiful memories with your snapshots
- Kids Sewing No. 3, 4 to 5:30 p.m. Kids ages 7 and over learn the basics of sewing, \$48 per child for four 1 1/2 hour sessions; three 2-hour sessions; and \$36 for three 1 1/2 hour sessions. Must be paid in advance.

- Adult Beginner Sewing No. 3 6-9 p.m. \$72 with beginner books offered at \$10.50.
- Fitness Walk and Tone, 8 to 9 a.m., Gym 109. New program designed for patrons age 50 and up. For more information, call the fitness staff at 841-3154.
- Intermediate Weight Training for Women," 9 to 10:30 a.m., Monday and Wednesday, Gym 109, 841-3154.
- Movies Officers' Club, 6 p.m., *Snow Dogs* (PG); 8 p.m., *Rollerball* (PG13)
- Recreation Center—Beginning tonight the following movies will be shown upon request, starting at 5 p.m.: *The Lord of the Rings* (PG13). Other movies are available and may be shown upon request.
- Insuring Your Family, 11:30 a.m. - 1 p.m. or 6 to 8:30 p.m.; Fleet and Family Support Center.
- Summer Conference on Global Ethics, Slave Regina University; keynote speakers are William E. Silvia, Union Carbide Corp, and Dr. Charles Neimeyer, dean of academics at the Naval War College. For more information call 341-2241

- WEDNESDAY, June 5
- 60th anniversary Battle of Midway observance, sponsored by Naval Station Newport. Guest speaker Dr. Charles Neimeyer followed by video documentary on Midway, *Time-Life Battle Series*, Building 1112, 1 p.m.
- Armed Services YMCA: —Parents' Time Out, 9 to noon. Children must be 18 months and older. \$10 for first child, \$5 for each additional child.
- Kids Sewing No. 3, 3:30 to 5 p.m.
- Newport International Film Festival, military discount ticket vouchers at Ticket Connection

- THURSDAY, June 6
- Movie, *Midway*, starring Charlton Heston and Gregory Peck, Building 690 Command Conference Room, 1 p.m.
- Armed Services YMCA: —Fitness Hour, 9 to 10:30 a.m., —Knitting, 10 a.m. to noon. Learn to make beautiful hand-knitted items.
- Lunch Bunch, 11 a.m. to noon. Make and eat delicious pigs in a blanket and fries. \$5 for adults/\$1 for children.
- Kids Sewing No. 3, 2:30 to 4 p.m.; 4 to 5:30 p.m.
- Anger Management, 11:45 a.m. to 1 p.m., Fleet and Family Support Center.

- Upcoming: June 7 — Newport Chapter Surface Navy Association Spring 2002 5K By the Bay Road Race, 5 p.m.
- June 11 — Newport Gulls baseball club "Military Appreciation Night," 6:35 p.m., Cardines, downtown Newport. A special night honoring local military personnel and 2002 Sailors of the Year. Admission is \$1 for adults, 25 cents for children.

## SEVENTH DAY ADVENTIST

### FALL RIVER SEVENTH DAY ADVENTIST CHURCH

(English Language)  
2695 No. Main St., F.R.  
Bible Study Sat. 9:30 AM  
Worship Services Sat. 11 AM  
Wed. evening Bible Study 7:00 PM  
508-646-3506

## God's 911

In trouble? Remember this emergency number.

Try using God's 911 number. You may find it a great source of comfort and hope.

It's Palm 911. Read it and the verses that follow.

Fall River Seventh Day Adventist Church  
2695 No. Main St., FR  
(508) 646-3506



NEWPORT International Film Festival  
June 4-9, 2002

## FESTIVAL HIGHLIGHTS

FEATURE FILM COMPETITION

SHORT FILM COMPETITION

DOCUMENTARY COMPETITION

Q&A WITH DIRECTORS

DAILY FILMMAKER PANEL DISCUSSIONS

5 DAYS 'TIL SUNDAY/ NEWPORT FILM PROJECT

OUTDOOR SCREENING OF "SABRINA" AT TENNIS HALL OF FAME

GEORGE HARRISON FILM RETROSPECTIVE

Box Office 848-9466  
Hours: 12-5 Everyday  
20 Long Wharf Mall

www.NewportFilmFestival.com

# Fleet Week focuses on military pride



THE GUIDED missile cruiser USS Leyte Gulf passes Liberty Island and the Statue of Liberty in New York Harbor as Fleet Week 2002 Parade of Ships gets underway, May 22.

By RICHARD ALEXANDER  
Navallog editor

NEW YORK CITY — Twenty U.S. Navy, Military Sealift Command, Coast Guard and international naval ships sailed from the Verrazano Bridge up the Hudson River May 22 in a Parade of Ships to kick off the 15th annual Fleet Week 2002.

The weeklong event, through Memorial Day, drew 6,000 servicemembers. It honors America's maritime heritage and gave the public the opportunity to visit U.S. Navy ships for the first time since Sept. 11.

The week featured static displays of Army and Marine Corps equipment, Army precision parachute jumping and Marine Corps martial arts demonstrations, cooking competition, U.S. Coast Guard drug and explosives search dog exhibits, and tug-of-war competition between Sailors and the New York Police Department.

Navy Band Northeast's 16-piece Showband performed at Fox Network's *Fox and Friends* morning show on May 22.

Lt. j.g. Raymond Penland, band director, said the performance was the most prominent event during the year he has been in charge.

He called the event "very exciting," and spent a few minutes being interviewed by the show's hosts on topics ranging from the history of the band to the pride the Sailors feel about their service in uniform.

Chefs and mess specialists from military commands visiting or stationed in New York competed for best appetizers, entrees and desserts in the "Best Chow" contest at the Intrepid Sea Air Space Museum. Rear Adm. Michael Tracy, Commander, Navy Region Northeast, was one of the judges, along with chefs from some of the most famous restaurants in New York.

A few days earlier Adm. Tracy rang the closing bell for the New York Stock Exchange in pre-Fleet Week activities.

Tracy was joined by Dana Cosgrove, deputy to the commander.

The week ended with Memorial Day ceremonies on the Intrepid flight deck, where a 100-foot national ensign was unfurled, and four wreaths were cast into the water. The ceremony included a 21-gun salute, the playing of *Taps* and a flyover by an F-15 squadron in missing-man formation.



THE COAST GUARD sail training ship, the barque Eagle, unfurls a few sails as she motors up the Hudson River with the New York skyline in the background. JO1 Jay Cope/U.S. Navy photos



JUDGES sample fare prepared by military mess specialists from the USS Leyte Gulf in Fleet Week's "Best Chow" competition. The visiting Danish ship HDMS Thetis won for best entree.



A JOINT FORCES color guard arrives at the podium aboard the carrier Intrepid at Memorial Day services begin.



TWO MARINES demonstrate martial arts and hand-to-hand combat techniques for spectators pier side at the Intrepid Sea, Air, and Space Museum.



## Health Promotion Department

## Pre-diabetes tests can determine risks

Recently, the public has become acutely aware that Type II Diabetes is on the rise, especially in our younger populations.

A condition called "pre-diabetes," otherwise known as impaired glucose tolerance, may exist for years prior to the actual diagnosis of diabetes. The reason this is so significant is that it is in this time period that we can actually offset or prevent Type II diabetes from ever occurring.

Impaired glucose tolerance, resulting from insulin resistance occurs as a result of the body making too much insulin and sugar, leading to the pancreas "burning out", unable to produce enough insulin to metabolize the carbohydrates we ingest.

Pre-diabetes can be determined through two methods: the first from a blood test called fasting plasma glucose, and the second being the oral glucose tolerance test.

The blood glucose levels measured after these tests determine whether you have a normal metabolism, or whether you have pre-diabetes or diabetes. Fasting glucose levels between 110 and 126, or levels between 140 and 200 after the completion of the OGTT are clear indicators of pre-diabetes. This is the time to take action for reversal of the disease process!

Lifestyle changes are definitely necessary for blood glucose control, such as proper nutrition and weight loss management through physical activity. Merely 30 minutes a day of moderate exercise, coupled with 5 to 10 percent reduction in body weight can produce a 58 percent reduction in the development of diabetes.

Don't worry if you don't make it to your ideal body weight. A loss of 10 to 15 pounds can make an enormous difference.

Ask your primary care physician about the steps to take. Take control of diabetes before it controls you!

## NACC collects Gold Star for health program

Naval Ambulatory Care Center (NACC) Newport and is one of 26 commands Navy-wide and two Military Treatment Facilities (MTF) under the command of Naval Health Care New England to be awarded the 2002 Navy and Marine Corps Command Excellence in Health Promotion Award (Gold Star Award).

NACC Groton, Conn., was also selected for the prestigious award.

The Navy and Marine Corps-wide competition sponsored by the Navy Environmental Health Center, recognizes the development and implementation of health promotion programs that successfully meet the needs of its service population. Commands are evaluated on specific criteria, including staff, resources and the level and components of programming.

## Sports

## SWOS 5k calling all hands

By LT. M. S. PEDERSON  
Surface Warfare Officers School

The Newport Chapter of the Surface Navy Association (SNA)'s spring running of the "5K By the Bay" Road Race is only a week away at Naval Station Newport.

The goal of this semi-annual event, June 7 at 5 p.m., is to provide a high quality running (or walking) adventure for all participants. Proceeds from the race will benefit the Navy and Marine Corps Relief Society, which provides emergency financial assistance to active

duty and retired Navy and Marine Corps personnel and their families.

The public is encouraged to participate.

The 5K course follows a scenic route by Narragansett Bay and the Newport Bridge.

The entry fee after today is \$15.

Trophies will be awarded to the top male and female finishers in each "running" category: age 17 and under, 18 to 29, 30 to 39, 40 to 49, 50 and over, and Clydesdale for males 200 pounds and over.

Teams consisting of five or

more will also compete for awards.

Refreshments will be available to all participants following the race. Plenty of great prizes from participating local businesses will be drawn at the post-race awards ceremony, but you must be present to win.

Race director Lt. Carmelo Quijano said this will be the 67th running of the event series and will be the largest and most memorable.

An entry form is printed below:

**5K By The Bay Entry Form (please print clearly)** (detach)

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Phone # \_\_\_\_\_ Gender: M F

Address \_\_\_\_\_ Zip \_\_\_\_\_

Age on June 07, 2002 \_\_\_\_\_ Are you entering as a Clydesdale: Y N

T-Shirt Size: M L XL XXL

**TEAM SECTION - Team name must be on each member's entry. Each team member must complete individual entry and sign below: Entries for entire team, and team, must be submitted together.**

Team Name \_\_\_\_\_ (circle one) Director: Married Female Male

Team Captain's Name \_\_\_\_\_ Phone # \_\_\_\_\_

**THE FOLLOWING WAIVER AND RELEASE MUST BE READ AND SIGNED:**

I, the undersigned, hereby certify that I do hereby release, defend, indemnify, and hold harmless any and all persons and entities from and against all claims, damages, losses, and expenses, including reasonable attorneys' fees, that may be asserted against or incurred by any person or entity participating in or observing the race, whether or not such claims, damages, losses, and expenses are caused in whole or in part by the negligence of any person or entity participating in or observing the race. I agree to indemnify and hold harmless any and all persons and entities from and against all claims, damages, losses, and expenses, including reasonable attorneys' fees, that may be asserted against or incurred by any person or entity participating in or observing the race, whether or not such claims, damages, losses, and expenses are caused in whole or in part by the negligence of any person or entity participating in or observing the race.

Participant's Signature (or parent/guardian if under 18 years old) Date \_\_\_\_\_

Please make checks payable to SNA Newport and mail completed form and check to: SNA 5K, SWOS/SCOW Club 76, 444 Cushing Road, Newport RI 02841-1209. Or, deliver form and check to Naval Station Bldg 52, Sublevel Hall, Room 116. Do not mail after 01 June. Registration fee is non-refundable.

## Wrestler and pitcher Navy Prep top athlete

By LT. CMDR. T. ALLVORD  
NAPS Public Affairs Officer

Graduation ceremonies for the Naval Academy Preparatory School (NAPS) Class of 2002 were held May 18 at Capt. Howard Kay Hall, and for the third consecutive year the Outstanding Athlete Award was presented to a NAPS baseball player.

Midshipman Candidate Cody Rapp put up numbers on and off the field, and on the wrestling mat.

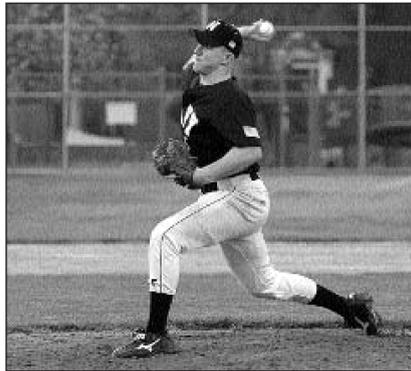
Rapp was a member of the undefeated wrestling team last

winter, and contributed his own 9-3 individual record.

Rapp earned Co-Most Valuable Player honors along with Midshipman Candidate Justin Ossola to help lead the baseball team to a 20-13 overall record (fall and spring ball) while posting a 6-1 record on the mound.

He also set two new school records, including a 1.58 ERA while limiting the opposition to a .139 batting average.

He finished 82th in his original class of 365, with a 2.625 GPA.



PHC (AW) Jon Hockersmith/U.S. Navy photo  
**MIDSHIPMAN CANDIDATE Cody Rapp, Naval Academy Prep School, fires another pitch at Cardines Field.**

## SEA

Continued from Page 4

101 with the opportunity to look back and find meaning in our naval heritage, and become acquainted with new recruits and the recruit training process.

Master Chief Rick Byrnes of Northfield, N.J., said, "Combining the classroom work with the off-site visits to the USS Constitution and RTC allowed me to gain a different point of view of the Navy as a whole.

"I see things now from a different community perspective (submarines, surface, aviation, Seabee, SEALS, other services) which gave me more tools for my toolbox."

As the pinnacle of the Navy's enlisted leadership continuum pipeline for senior enlisted leaders, graduating students earn up to 18 semester credits towards a college degree. For more information on the SEA, go to [www.mt.cnet.navy.mil/sea](http://www.mt.cnet.navy.mil/sea)

Members of Class 101 and their ultimate duty stations include:

AZCS(AW) Myra J. Acevedo, Carrier Airborne Early Warning Squadron 120  
AECS(AW) Jodi L. Allen, Recruit Training Command, Great Lakes, Ill.

CMDCM(SW/AW) Francis Bagarella, Electronic Attack Squadron 143  
YNCS Thomas E. Bair, Chief of Naval Operations

EMCM(SW) Roland G. Bartley, USS Theodore Roosevelt (CVN 71)

DCCS(SWCC/SW) Patrick J. Battles, Special Boat Unit 12

HMCS(SW/FMF) Mark E. Bjornson, Naval School Of Health Sciences

AFCM(AW/NAC) William P. Bright, Naval Air Maintenance Training Group Detachment

CMDCM(SW) Jeffrey T. Budd, Naval Station

CMDCM(AW) Rex L. Burton, Strike Fighter Squadron Reserve 203

EMCM(SW) Richard E. Byrnes, Afloat Training Group Detachment

CMDCM(AW/SW) Kevin J. Callahan, Fighter Squadron Atlantic (VF 103)

EMCS(SW) Bernabe C. Caluza Jr., Afloat Training Group and Detachment, Pacific

MACS(SW) Jerome J. Carrubba Jr., Construction Battalion Center Security Detachment

PNCS(SW/AW) Robert S. Chadwell, Naval Reserve Personnel Center

AMCS(AW/NAC) John S. Claussen, Naval Air System Command

ENCS(SW/AW) Kendall J. Clinton, Naval Support Facility

CMDCM(AW/SW) John L. Coggins, USS Spruance (DD 963)

CMDCM(SW) Decelino D. Contreras, USS Benfold (DDG 65)

PNCS(SW) Luisito R. Cruz, USS Juneau (LPD 10)

CTACM Susan W. Davis, U.S. Navy Senior Enlisted Academy

HMCS(FMF) Miguel A. Delgado Jr., 1st Marine Expeditionary Force Fleet Marine Force

STSCS(SS) Robert P. Dingmann, USS Hyman G. Rickover (SSN 709)

HMCS(SW/AW) Donald E. Eddleman, Naval Operational Medical Institute Detachment East

CMDCM(SW/AW) David L. Flamand, USS

Arleigh Burke (DDG 51)

CMDCM(SW) Keith A. Frank, USS Mitscher (DDG 57)

EMCS(SW/AW) Michael E. Gebhart, Navy Personnel Command, Millington, Tenn

MMCS(SS) Brad Green, USS Pennsylvania (SSBN 735) Blue

HMCS(FMF/AW) Michael E. Grey, 2d Force Service Support Group, Fleet Marine Force

HMCS(AW/FMF) Ismael T. Guanzon, U.S. Naval Hospital, Bethesda, Md.

FCSS(SW) Bradley M. Haskins, Fleet Technical Support Center Atlantic Detachment

SKCS(AW/SW) Lillie M. Henderson, USS Dwight D. Eisenhower (CVN 69)

CMDCM(SW) Gregory H. Hixson, USS Chancellorsville (CG 62)

SMSgt David P. Holden, AFC2 TIG/A6

SMSgt William A. Houston, 727 Air Mobility Squadron

FTCS(SS) Stanley L. Jewett Jr., USS Nevada (SSBN 733) Gold

STSCS(SS) Neal D. Johnson, USS Ohio (SSBN 726) Gold

ADCS(AW/NAC) George W. Jubert, Helicopter Mine Countermeasures Squadron (HM 14)

CTOCM(SW) Donn E. Kaczmarek, U.S. Central Command/CCJ6

ETCM(SEAL) Victor A. Licause, Special Warfare Group Unit And Detachment Atlantic

CMDCM(SW) Robert W. Longworth, Navy Recruiting District New Orleans, La.

HMCS(SW) Shannondor Marquez, USS Tarawa (LHA 1)

MMCM(SS) Joseph J. Martel, Submarine Squadron Support Unit

CMDCM(SCW) Michael J. Mrsny, U.S. Naval Mobile Construction Battalion Three

CMDCM(SW/AW) Terry A. Newhart, USS Elrod (FFG 55)

ENCS(SWCC/SW) David M. Newhouse, Special Boat Squadron One

AWCS(AW/NAC) David L. Peters, Helicopter Antisubmarine Wing U.S. Atlantic Fleet

HMCS(FMF/NAC) Michael R. Ruiz, 1st Marine Division Fleet Marine Force

CMDCM(AW) Miguel A. Sanchez Jr., Helicopter Anti-Submarine Squadron (HS 15)

SKCS(SW) Daniel A. Sepke, USS Dwight D. Eisenhower (CVN 69)

CMDCM(SW/AW) Donald J. Snider, USS Vandegrift (FFG 48)

CMDCM(SW/AW) Homer I. Stinson Jr., USS Hayler (DD 997)

CMDCM(SW) Robert W. Stocklin, USS Portland (LSD 37)

CTOCM(SW/AW) David L. Surrrell, Office of Naval Intelligence, Special Intelligence Command, U.S. Commander-in-Chief Pacific

ATCS(AW) Steven P. Trompeter, Fleet Logistics Support Squadron Reserve (VR 55)

MKCS Terence F. Vanderwerf, USCG cutter Midgett (WHEN 726)

OSCS(SWCC/PJ) Jonathan R. Voltmer, Special Boat Unit 20

YNCS(SW/AW) Susan A. Whitman, U.S. Transportation Command Joint Intelligence Center

SMSgt. Michael B. Woods, 83 Command Squadron

## Midway

Continued from Page 2

attend.

Between June 2 and 7, the Atrium in Building 690, NAVSTA headquarters, will display images, posters and timeline fact sheets about the battle. A Power Point presentation will run continuously.

The Hollywood video, *Midway* starring Charlton Heston, Henry Fonda and Robert Mitchum, will be played on a VCR in the Command Conference Room on June 4 at 9:30 a.m., June 6 and 7 at 1 p.m. The

movie lasts 2 hours.

The Battle of Midway, which was fought from June 2 to 6, 1942, is remembered for both its triumphs and its tragedies. With only three carriers, U.S. forces were able to sink four Japanese flattops.

The U.S. victory at Midway reversed the course of World War II, but not without the loss of the carrier USS Yorktown and the destroyer USS Hammann.

## OIS

Continued from Page 3

leadership.

The graduates and their ultimate assignments are as follows:

Ensign William R. Berg, MSC, Naval Operational Institute, Pensacola, Fla.

Ensign Edward Brinston, MSC, Naval Hospital, Guam

Ensign Amy Rae Burton, MSC, AHS, Fort Sam Houston, Texas

Ensign Janiese Alicia Cleckley, MSC, Naval Ambulatory Care Center, Portsmouth, N.H.

Ensign Benjamin P. Collins, NC, Great Lakes, Chicago, Ill.

Lt. Johnny Lee Cosby, MSC, Marine Corps Recruiting Det. Parris Island, Beaufort, S.C.

Ensign Colleen Lynn Culbertson, NC, Naval Medical Center, San Diego, Calif.

Ensign Mary Lynn Emanuele, NC, Naval Medical Center, Portsmouth, Va.

Ensign Neva R. Fuentes, NC, Naval Medical Center, San Diego, Calif.

Lt. Mary G. Garcia, NC, Naval Hospital, Bremerton, Wash.

Ensign Jennifer May Garner, MSC, Branch Medical Clinic, NAS, Oceana, Portsmouth, Va.

Ensign Kurt James Giometti, NC, National Naval Medical Center, Bethesda, Md.

Lt. Brian Edward Godines, MSC, Naval Hospital, Great Lakes, Ill.

Lt. j.g. Adonis M. Hardeman, MSC, Naval Dental Center, South West, San Diego, Calif.

Lt. j.g. Rudolph Robert Herrera, MSC, Naval Aerospace Medical Institute, Pensacola, Fla.

Ensign Emily Aileen Kirby, NC, Naval Hospital, Jack-

sonville, Fla.

Lt. j.g. Nicole Lea Layer, MSC, National Naval Medical Center, Bethesda, Md.

Ensign Roderick Maclan, NC, Naval Medical Center, San Diego, Calif.

Ensign Lizeel A. Papel, NC, Naval Hospital, Jacksonville, Fla.

Ensign Michael Sean Payne, MSC, Naval Medical Information Management Center, Bethesda, Md.

Ensign Craig Anthony Pettit, MSC, Naval Hospital, Twentynine Palms, Calif.

Lt. Eric John Proescher, MSC, Naval Hospital, Great Lakes, Ill.

Lt. j.g. Jennifer Lee Remmers, MSC, Disease Vector Ecology and Control Center, Jacksonville, Fla.

Ensign Jennifer Jeanne Rosen, MC, Naval Hospital Training, San Diego, Calif.

Ensign Marian Elizabeth M. Ryan, NC, Naval Hospital, Okinawa, Japan

Ensign Nathan Lee Seaman, MSC, Naval Hospital, Yokosuka, Japan

Ensign Leslie Nathan Shipp, MSC, Fleet Hospital Operations Training Command, Camp Pendleton, Calif.

Ensign Carolyn Ruth Skelton, MSC, Naval Medical Center, Portsmouth, Va.

Lt. j.g. Jami Ann Stakley, NC, Naval Medical Center, San Diego, Calif.

Ensign Jimmy S. Trujillo, NC, Naval Medical Center, San Diego, Calif.

Lt. Daryl S. Wong, MC, Student, Naval Aerospace Medical Institute, Pensacola, Fla.



## CNO addresses message mismatch

NORFOLK, Va. (NNS) — Telling the story straight is key to overcoming message mismatch, Chief of Naval Operations Adm. Vern Clark said during the recent 2002 Worldwide Navy Public Affairs Symposium.

"There isn't any organization in the world with over 20 people that work there that doesn't have a message mismatch problem," the CNO said. "If you want to be an effective corporate structure that is going to be able to accomplish the mission and get the job done, you have to have to have people working this issue."

Clark also stressed the importance of organizational self-talk at every level of the chain of command, from the Pentagon to the deckplates. "We become

### Navy-wide news

what we say about ourselves," Clark said, adding that even more than the Navy's record-breaking retention, what he likes best about his first 22 months in office is the renewed focus on service.

### MWR to send ten to capital

MILLINGTON, Tenn. (NNS) — Ten lucky winners and their guest will get to enjoy the ultimate American holiday Washington, D.C., as part of Navy MWR's "Celebrate a Monumental Fourth" contest.

Sightseeing tours, chance of a lifetime leisure activities and spectacular Fourth of July fireworks over the Washington Monument await the lucky winners of this contest.

MWR (Morale, Welfare and Recreation) will keep the winners and their guests in the lap of luxury at the historical Willard Inter-Continental throughout the June 30 to July 7, 2002, Grand Prize trip.

MWR's "Celebrate a Monumental Fourth" contest is a multiple choice Washington, D.C. trivia quiz. Official rules and entry form can be picked up two ways:

Online: Go to [www.mwr.navy.mil](http://www.mwr.navy.mil), select "Saluting Sailors and Their Families," and click on "Celebrate a Monumental Fourth." This is accessible 24 hours a day through 9 a.m. (Central) on June 3.

## Annapolis Class scales Herndon

ANNAPOLIS, Md.—It was Commissioning Week at the Naval Academy in Annapolis, Md., and what could that possibly mean?

A thousand newly minted ensigns joining the fleet, ready to serve our nation? Well, uh, that, too.

What it really means is that its time for the annual climbing of the Herndon Monument at the academy. This is the ceremony when first-year midshipmen have to work together to scale the greased 16-foot obelisk, and remove the "plebe" hat that's stuck on the top and replace it with a midshipman's hat.

A plebe hat sort of resembles a

Sailor's dixie cup hat, but with a dark rim; the midshipman hat is close to what officers and chiefs wear. This ceremony marks the first-year midshipman's passage from "plebes," to regular midshipmen.

Midshipman Fourth Class Daniel Knott was named "admiral" for the Class of 2005, for being the one to successfully scale the human pyramid.

# Smart drivers.



## Smart loans.

Navy Federal has low-rate new and used auto loans to

put you behind the wheel with 100% financing, including taxes, tags and title, and terms to fit your needs.

New auto loan rates as low as

**4.9% APR\***

## Refinance and get \$100!

Get a second chance at a first-rate deal when you refinance your loan from another financial institution or dealer. Your \$100 bonus will be paid directly to your share savings account.\*\*

**NAVY FEDERAL CREDIT UNION**

Apply today! Visit [www.navyfcu.org](http://www.navyfcu.org), call 1-800-336-3333 or stop by a member service center.

\*Annual Percentage Rate. Rates subject to change and term restrictions. \*\*Refinance bonus offer ends September 30, 2002. New auto must have been purchased within 12 months to qualify for new auto rate. \$100 bonus will be deposited following receipt of loan document from member. Navy Federal Credit Union can serve most active and retired Navy and Marine Corps military personnel, Department of the Navy civilian employees and their families. Federal law generally prohibits federal credit unions from serving nonmembers. This credit union is federally insured by the National Credit Union Administration. 10441 (5-02)