

Navalog

NAVY COMMANDS AND ACTIVITIES, NEWPORT, R.I.



PHC (AW) Jon Hockersmith/U.S. Navy photo

MARSHALING HIS FORCES — Cmdr. Jim Cunha, center, Executive Officer, Naval Station Newport, and a Rhode Island native, leads the Navy Division in the 217th Bristol, R.I., Civic, Military and Firemen's Parade down Hope Street on July 4. Navy Newport had strong representation. Story, more pictures Pages 8-9.



Dental readies helm change

Capt. Boyd Robinson, Commanding Officer, Naval Dental Center Northeast, reflects on his naval career.

— Page 2



Navy to assist at Black Ships

The Navy will help Japanese artists celebrate Commodore Perry accomplishments at the annual Black Ships Festival.

— Page 3



Colored flags signal danger

Gym 109 and FITNESS Plus post colored flags to warn exercisers of high heat and humidity danger.

— Page 5

Captain to retire, reflects on new dental emphases

By JOY CHRISTMAS
NAVSTA Public Affairs Staff

When Capt. Andre Santos relieves Capt. Boyd Robinson as Commanding Officer, Naval Dental Center Northeast next week, it will be one of mixed emotions. The change of command ceremony, followed by Capt. Robinson's retirement July 17 on Dewey Field, will end his stellar 26-year Navy career in the Naval Dental Corps, but will begin another in civilian dentistry.

A native of San Francisco, Calif., Capt. Robinson will take a teaching position at the University of Florida (UF) Dental School in Gainesville. "It will be a bitter-sweet time, said Capt. Robinson. "The Navy is the only thing I know. I will miss the people the most. There is no organization or system that has the camaraderie the Navy has."

The former personal dentist to former Presidents Ronald Reagan and George Bush at Bethesda Naval Hospital (1989-93), and director of the dental program at Navy Post Graduate School in Monterey, Calif. (1997-2000), Robinson said his decision to retire comes at the right time. He has the opportunity to work in the two areas he loves most — dental instruction and practice.

Robinson also said he leaves his command in the very capable hands of Capt. Santos.

Capt. Santos, mentored by Capt. Robinson while a resident at Naval Postgraduate Dental School, also relieved Capt. Robinson as director there.



Ron Fontaine/U.S. Navy photo
CAPT. BOYD ROBINSON, Commanding Officer, Naval Dental Center Northeast, considers a response to a question. He will retire after change of command ceremonies July 17.

Although an administrator, Robinson works in the Newport Branch Clinic at least once a week. He said his executive officer and the rest of his administrative staff keep things running smoothly. Likewise, he also works side-by-side with the staff on site visits to other clinics in the region.

"It makes you more conscious of what they do," he said. "You think you know it all, but you continue to learn from those who do the work every day."

More than \$17 million in dental services was supplied by the command last year.

DENTAL, Page 12



DR. ROBINSON, assisted by Dentalman Camilla Barrow, examines a patient at the Branch Dental Clinic.

Next concert offers music of Big Bands

By MARY NAVARRO
Navalog Contributor

Naval Station Newport continues its Summer Concert Series on Friday, July 19, at 6 p.m., on Dewey Field. Navy Band Northeast will perform high-energy swing and lively big band music by such greats as Glenn Miller and Louis Armstrong. There also will be a tribute to our nation's veterans.

Other concerts in the summer concert series include:

- Friday, Aug. 9, at 6 p.m.: "Rocking the Summer Away" featuring Navy Band Northeast's rock group, Rhode Island Sound, performing contemporary and classic rock 'n roll tunes.
- Friday, Aug. 30, 6 p.m.:

Wildfire smoke, ozone impact R.I. air quality

Because of elevated concentrations of ground-level ozone, commonly called smog, air quality in Rhode Island has been adversely affected over the past weeks. Naval Station Newport's Environmental Protection Division reports.

Smoke from the Canadian wildfires, most noticeable on Sunday and Monday, is not expected to further impact southern New England air quality.

Who is affected by ground-level ozone?

Anyone can be affected by ozone, but groups particularly sensitive include children and adults who are active outdoors, and people with respiratory disease such as asthma. Sensitive people who experience effects at lower concentrations are likely to experience more serious effects at higher concentrations.

How does ozone affect human health?

Exposure to elevated ozone

AIR QUALITY, Page 12

Navalog

Capt. Ruth A. Cooper

Commanding Officer, Naval Station Newport

Mary K. Silvia Bob Krekorian Greg Kohlweiss
NAVSTA Public Affairs Officer NAVSTA Public Affairs Staff NAVSTA Public Affairs Staff

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NAVSTA Public Affairs Staff NAVSTA Public Affairs Staff NAVALOG Editor

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The Newport Navalog is printed on recycled paper.

Naval Station Newport presents a "Salute to Summer" concert featuring Navy Band Northeast's Concert Band and Rhode Island Sound. The concert will conclude with a spectacular fireworks display over Narragansett Bay.

All concerts are free and the public is invited as guests of the Commanding Officer, Naval Station Newport. Concert-goers should bring chairs and blankets and enter the Naval Station through Gate One, the main entrance near the Officers' Club; Gate 11, near the Naval Undersea Warfare Center; or Gate Four, off of Coddington Highway.

The Officers' Club will sell concessions on Dewey Field, beginning at 5 p.m.

Navy to help celebrate 19th Black Ships Festival

By RICHARD ALEXANDER
Navalog editor

The Naval War College president and Navy Band Northeast musicians will help celebrate the 19th annual Newport Black Ships Festival, July 18-21.

The festival, presented by the Japan America Society of Rhode Island, is a celebration commemorating the establishment of friendly trade relations between the United States and Japan. The trade agreements were negotiated by Navy Commodore Matthew C. Perry of Newport in 1854.

Navy Band Northeast's Showband will perform on Bowen's Wharf on July 18 at 6 p.m. as a prelude to the weekend festival.

The band will be joined by special guest artists Musician First Class John Blount, a trumpet player with the U.S. Navy Commodores; and retired Senior Chief Musician Mike Sheppard, former drummer with the Navy Commodores and the Maynard



Navalog file photo
COMMODORE Matthew Perry of Newport, R.I., meets Japanese emissaries in his first landing in Japan in 1851. His squadron of 'black ships' lies at anchor in background.

Ferguson Orchestra.

They will play a wide variety of popular music.

Rear Adm. Rodney Rempt, President of the War College, and retired Rear Adm. Barbara

McGann, former Provost, will be among the speakers at opening ceremonies at Touro Park on Friday, July 19, at 11 a.m.

BLACK SHIPS, Page 13



Walt Munroe/DIILS photo
THE DEFENSE INSTITUTE of International Legal Studies marks its 10th anniversary. Joining Lt. Gen. Tome Walters, center, Director of the Defense Security Cooperation Agency, are, from left, current and former DIILS directors Col. Richard Price, Cmdr. Burton Waltman, Capt. Ron Winfrey and Capt. Guy Abbate.

DIILS marks decade of training

The Defense Institute of International Legal Studies (DIILS) celebrated its tenth anniversary on June 28. Air Force Lt. Gen. Tome Walters, the Director of the Defense Security Cooperation Agency, marked the 10th anniversary along with Air Force Col. Richard Price, the Director of DIILS.

The Defense Security Cooperation Agency is the parent agency of DIILS.

The Institute trains foreign military and civilian students in the rule of law, human rights, war crimes investigations, the development of military justice codes, and other legal issues.

It conducts most of this

training under the Expanded International Military Education and Training program. In addition to classroom instruction at Newport, DIILS mobile teams instruct students in countries around the world.

Since its founding in 1992, DIILS has trained over 17,000

DIILS, Page 13

Newport Naval Cable TV

Carrier Roosevelt named best in fleet

Navy and Marine Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week's Navy/Marine Corps News show:

— USS Theodore Roosevelt is awarded the Battenburg Cup for being the best ship in the Atlantic Fleet.

— The Chief of Naval Education and Training receives an award for its distance learning programs.

— A P-3 Orion squadron returns home to Hawaii after supporting Operation Enduring Freedom.

Go Navy, chart your future

This week on Newport Naval Cable Television see the Navy's latest *Accelerate Your Life* 12-minute recruiting video on channel 11 at 8:18 and 11:48 a.m., and 5:18 p.m. It may help you decide your future.

Navy Marine Corps Relief

The video by the Navy Marine Corps Relief Society, *Taking Care of Their Own*, will immediately follow Navy & Marine Corps News at 9 a.m., and 1 and 6 p.m.

History and naval warfare

This week's featured video, *The Adventures of Bob Ballard*, will be shown at 9:07

a.m., and 1:07 and 6:07 p.m.

Health, Wellness Videos

The Naval Ambulatory Care Center and the Health Promotion Action Council health education and wellness programs are now offered on Newport Naval Cable Television channel 13, Monday through Thursday, from 2 to 3 p.m.

Beginning July 15, learn more about *Overweight and Obesity*, and *Skin Cancer*.

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War College dean leaves for Pa. military academy

BY LT. DAVID AUSIELLO
Deputy Public Affairs, NWC

The challenge of helping to educate young men in his home state was too good to pass up for departing Naval War College Dean of Academics Dr. Charles P. Neimeyer.

June 28 marked the final day at the college for Neimeyer who began his new job as Dean of the College and Vice President of Academic Affairs at Valley Forge Military Academy and College in Wayne, Pa., effective July 1.

Calling the decision "extremely difficult" and one made with a "heavy heart," Neimeyer said he is looking forward to a new challenge.

"While it is very challenging here to be dean, it's a different sort of challenge at Valley Forge where you have young men on the verge of going in several directions in their lives. There, they give them structure and help form their



PHC (AW) Jon Hockersmith/U.S. Navy photo
FAREWELL TO DEAN — Dr. Charles P. Neimeyer, right, Naval War College Dean of Academics, and his family members, Janet Neimeyer, and sons Chris and Patrick, are honored at a hail and farewell last month. Presiding is Rear Adm. Rodney P. Rempt, left, NWC President.

educational and character development. I find it tremendously rewarding to be a part of putting young men on the right path to success."

The Valley Forge Military Academy has students in Grade 7 through 12, and the college is a two-year post-graduate institution.

NEIMEYER, Page 13



YN1 G. Doherty/U.S. Navy photo
CHIEF Electrician's Mate (Surface Warfare) James Eastwood gestures as he speaks at his retirement ceremony aboard 'Old Ironsides' in Boston Harbor on June 22.

Chief caps 24 years

By YN1 G. DOHERTY
SWOSCOLCOM Public Affairs Staff

BOSTON — After 24 years of naval service, Chief Electrician's Mate (Surface Warfare) James W. Eastwood retired on

EASTWOOD, Page 13

The Newport Daily News

is looking for Salespeople to work Monday through Thursday from 4:00 PM to 7:00 PM to solicit new customers door to door.

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for more information.

Announcements

Gym 109 and FITNESS Plus posting daily heat warnings

The following policy regarding utilization of Gym 109 and FITNESS Plus during periods of extremely warm and humid weather will be in effect until further notice.

GREEN FLAG — Unlimited physical activity permitted in both facilities.

YELLOW FLAG — (85 to 87 degrees) Activity advised only for members who have been exercising in similar conditions for 10 or more days.

RED FLAG — (88 to 94 degrees) Activity advised only for members who have been exercising in said conditions for 30 days or longer.

BLACK FLAG — (temperature in facilities reach 95 degrees or over) Gym facilities, with the exception of locker and shower rooms will secure.

Flags will be prominently posted at the main entrance to Gym 109.

CCRI satellite campus closed

All Community College of Rhode Island (CCRI) fall courses at satellite campuses are canceled, except at Newport Hospital, Howard W. Shea, Director, Navy College Office, NAVSTA Newport has announced.

Naval Station Newport is one of the satellite campus sites affected. Classes were held in Perry Hall, with the last class graduating July 3.

The only courses CCRI will offer will be held at the Knight Campus at Warwick, Flanagan Campus at Lincoln, and Liston Campus at Providence. All telecourses and Distance Learning courses will remain intact.

This schedule will remain in effect until further notice.

Health Care Council to meet

The quarterly Naval Ambulatory Care Center Health Care Consumer Council meeting will be held on Tuesday, July 16, at 1 p.m. in the second floor conference room of Building 43.

All beneficiaries and their families who receive health care at NACC Newport are invited to attend, as well as tenant command representatives.



Ron Fontaine/U.S. Navy photo
SERVICEMEMBER walks into Gym 109 where a green flag is posted over the door. A colored flag system, ranging from green to black, warns of unhealthy or dangerous high heat and humidity inside.

NUWC wins SECNAV safety award

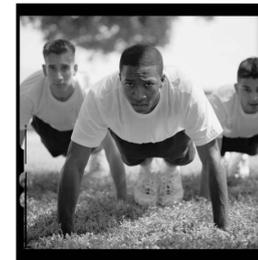
By GARY STEIGERWALD
Public Affairs Officer NUWC Division
Newport

Naval Undersea Warfare Center Division Newport was recently named winner of the Fiscal 2001 Secretary of the

Navy (SECNAV) Safety Ashore Award, in the medium non-industrial category.

This award recognizes the overall quality of the Division's safety program, record of achievement, and mishap

prevention efforts. Division Newport garnered this award, won at the highest level, once again for outstanding teamwork in carrying out exceptional safety and occupational health practices.



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Navy/USMC Achievement Medal

MM1(SW) Jeffrey A. Woodstead, Surface Warfare Officers School Command, from Commanding Officer, Naval Station Newport

ET2(SS) Matthew A. Hall, from Commanding Officer, Naval Station Newport

HT2(SS) Marc R. Folsom, Naval Station Newport Security Department, from Commanding Officer, USS Cape St. George (CG-71)

National Defense Service Medal

MA2 Daniel Armstrong, Naval Station Newport Auxiliary Security Force, (first award), July 10, 2002

HT2 Ron Bartlett, Naval Station Newport Auxiliary Security Force, (first Award), July 10, 2002

EN2 Jack Bieber, Naval Station Newport Auxiliary Security Force, (first Award), July 10, 2002

AOAN Brenda Campbell, Naval Station Newport Auxiliary Security Force, (first Award), July 10, 2002

MASN Steven Chandler, Naval Station Newport Auxiliary Security Force, (first Award), July 10, 2002

MASN Calvin Coleman, Naval Station Newport Auxiliary Security Force, (first Award), July 10, 2002

MASA Dominic Dinuzzo, Naval Station Newport Auxiliary Security Force Department, (first Award), July 10, 2002

BM3 Daniel Gallagher, Naval Station Newport Port Operations, (first Award), July 10, 2002

MASA Jon Gengler, Naval Station Newport Auxiliary Security Force, (first Award), July 10, 2002

MASN Deana Harris, Naval Station Newport Auxiliary Security Force, (first Award), July 10, 2002

Ensign Steve Lepper, Naval Station Newport Auxiliary Security Force, (first Award), July 10, 2002

MS3 Robert Lonergan, Naval Station Newport Combined Bachelor Housing, (first Award), July 10, 2002

MA3(SW) Deonarine Manboth, Naval Station Newport Auxiliary Security Force, (first Award), July 10, 2002

MASR Anthony Marino, Naval Station Newport Auxiliary Security Force, (first Award), July 10, 2002

MA3(SW) Deonarine Manboth, Naval Station Newport Auxiliary Security Force, (first Award), July 10, 2002



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What's going on

64 concerts planned for Music Fest

The Newport Music Festival 2002 will celebrate its 34th season beginning tonight through July 28, with unique chamber music programs, American debuts, world-class artists and special events in the famed Newport Mansions on Bellevue Avenue.

The festival will present 64 concerts, up to five per day.

In its 33-year history, the Newport Music Festival has become celebrated for presenting over 130 artists and ensembles in their American debuts.

Call 846-1133 for information, concert performances and tickets.

TODAY, July 12

• Lunchtime BINGO, at the Recreation Center, Building 656. Noon to 1 p.m. Also Thursdays.

• Fitness Equipment Orientation, FITNESS Plus, Building 355, 8, 9 and 10 a.m. Also, Wednesday and Friday mornings. Call 841-1474.

• Newport 2002 International Kite Festival, Brenton Point State Park, Newport, 9 a.m. to 5 p.m., 846-3262.

• Miller Lite Hall of Fame Tennis Championships, 194 Bellevue Ave., Newport, 11 a.m., 849-6053.

• Save the Bay at the New England Aquarium at Easton's Beach, 1:30 to 2:30 p.m. Free.

• Shrimp A-Peel, Officers' Club, 6 or 9 p.m. \$29.85 for adults, \$11.45 for children, 4 to 12. Call 846-7987.

• Recreation Center movies, beginning at 5 p.m.: *High Crimes* (PG13) and *Time Machine* (R). Other movies are available and may be shown upon request.

SATURDAY, July 13

• Rhode Island Chapter, R.I. Red Cross Babysitting Courses, Middletown Town Hall, 9 a.m. to 5 p.m., \$40.

• Newport 2002 International Kite Festival, Brenton Point State Park, Newport, 9 a.m. to 5 p.m., 846-3262.

• Hall of Fame Induction Ceremony of Pam Shriver and Mats Wilander, International Tennis Hall of Fame, Bellevue Avenue, 849-6053.

• Live Jazz, Greenvale Vineyards, Wapping Road, Portsmouth, 1 to 4 p.m., 401-847-3777.

• Newport Polo Series, Glen Farm, Portsmouth, 5 p.m., 846-0707.

SUNDAY, July 14

• Chapel of Hope worship ser-

VICES:

— Catholic mass, 9 a.m. and noon.

— Protestant Services, 8 and 10:30 a.m.

• Sunday Bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum.

• 2002 Classic Car Show, Glen Park, 10 a.m. to 5 p.m.

• Miller Lite Hall of Fame Tennis Championships, Bellevue Avenue, Newport, 11 a.m., 849-6053.

• Newport Comedy Series, Newport Yachting Center, 7:30 or 9:30 p.m., 846-3018.

MONDAY, July 15

• Fitness Walk and Tone, 8 to 9 a.m., Gym 109.

• Intermediate Weight Training for Women, 9 to 10:30 a.m., \$10 per person.

• Newport 2002 International Kite Festival, 9 a.m. to 5 p.m., Brenton Point State Park, Ocean Drive, Newport.

• "Once Upon a Summertime," Newport Public Library, 11:30 a.m., 401-847-8720.

• The Debbie Sullivan Group, Middletown Historical Society, Paradise Park, 6 to 7:30 p.m.

• The Edwards Twins, Newport Playhouse and Cabaret Restaurant, 8 p.m., 848-7529.

TUESDAY, July 16

• Fitness Walk and Tone, 8 to 9 a.m., Gym 109. \$5 for five weeks! Call 841-3154.

• Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.

• Community First Aid and Safety Courses, 6 p.m., \$55, 401-846-8100.

• Officers' Club movies, at 6 p.m. *John Q* (PG13); at 8 p.m. *We were Soldiers* (R).

WEDNESDAY, July 17

• Arachnifest, Roger Williams Park Zoo, 11 a.m. to 3 p.m.

THURSDAY, July 18

• Pawtucket Red Sox vs. Scranton/WB Red Barons, 12:05 p.m. McCoy Stadium, One Ben Mondor Way, Pawtucket, 724-7300.

• 19th Anniversary Black Ships Festival prelude, Northeast Navy Show Band, Bowen's Wharf, 6 p.m.

• Rhode Island Chapter, R.I. Red Cross, Community First Aid and Safety Courses, 6 p.m., \$55, 846-8100.

• Evening Kayak Paddle, Wickford Kayak Centre, 7 to 9 p.m., Members 10 and up \$40, non-members 10 and up \$35.

UPCOMING EVENTS:

• Aug. 2, Officer's Club Clambol feast, \$24.95 adults, \$11.45 children 4 to 12, call 846-7987.

Sailing, Sake & Sushi!

July 18 • 2pm • Goat Island

Sail aboard the 101' schooner *Aurora*. View Newport harbor as you sip *Gekkeikan Sake* and sample sushi from *Sumo Sushi*. \$25 per person. Sponsored in part by *Masters and Servant*. Reservations required, call 846-2720.

Sake and Local Wine & Beer Tasting

July 19 • 5-6:30pm • Newport Vineyards

Sample premier specialty sakes and plum wine from *Gekkeikan*; award winning wines from *Newport Vineyards* and a variety of *Newport Storm Beers* from R.I.'s only microbrewery. \$10 per person in advance \$12 at the door. For tickets call 846-2720 or 848-5161.

Taiko Drum Concerts

July 20 • 6pm • Tennis Hall of Fame

Bellevue Ave.

Presented by *Southwest Airlines* and *Newport Storm*, you are invited to enjoy the awesome energy, spirit, and power of *Izumi Taiko-kai*, next *Ryu Shu Taiko* will incorporate exciting forms of karate into the rhythms of their drumming...Then, *The Maturiza Drum Troupe*, now a regular at *Walt Disney World's Epcot Center*, will mesmerize you with their speed, power and dramatic sound! Adults \$12/Kids \$6. Rain location Rogers High, Wickham Rd., Newport.

July 21 • 1pm • Fort Adams

Lawn seating bring a blanket, free parking

Presented by *Southwest Airlines* and *The Newport Daily News*, the sky is bright with a special kite flying prelude (at 12:15pm) by *High Flyers Flight Co.*, R.I. *Martial Arts Academy* will demonstrate Japanese swordsmanship. Children can learn *Origami* or take in a self defense workshop by *R.I. Ninjutsu Center*. Then, enjoy thundering performances by *Ryu Shu Taiko* and *The Maturiza Drum Troupe* from *Walt Disney World's Epcot Center*. Adults \$8/Kids \$5. Rain location Rogers High.

Arts, Crafts, Martial Arts, & More!

Touro Park • Bellevue Avenue • July 20 • 10am-4pm / July 21 • 11am-3pm

Workshops and demonstrations in the Japanese arts of Ikebana, Calligraphy, Origami, the traditional Tea Ceremony, and more. Face painting for children; Aikido demonstrations, kites, Japanese food, entertainment, and much more! Free!

July 18-21

TORAY The Newport Daily News **知識** Dynamic Strategies Asia, Inc. **Gekkeikan**

For information call 846-2720 or visit www.BlackShipsFestival.com

Discount Tickets Available at MWR Ticket Connection

BLACK SHIPS FESTIVAL

Addicted to gambling? You're taking a big chance

By ELAINE FLEMMING
NAVSTA FFSC Staff

For many people gambling is a fun, social activity. They plan a day or night out at a casino, perhaps go with a few friends, maybe even take in a dinner or a show.

For the problem-gambler, the fun part may have worn off some time ago. His or her gambling is most likely a solitary activity, and winning back past losses is the "mission."

There are many forms of gambling and many types of gamblers. Psychological profiles help to determine which treatments and programs will best suit the individual. Many times a person will fit neatly into one of the general categories below. Most often, however, a person will present a combination of these general categories:

Action gambler — The typical "action gambler" is interested in games that require some skill. They are highly competitive individuals who often have had sports backgrounds. Their gambling histories generally start in adolescence, through the college years and into adulthood.

Their gambling choices may include sports betting, casino card or dice games, race track or other locations.

Escape gambler — The escape compulsive gamblers typically play games that do not require high levels of skills or knowledge such as handicapping. They tend to choose games such as slot machines, video poker, cherry masters, bingo and keno. The escape gambler may go into a "trance like" state and spends extensive amounts of time "lost" in their gambling.

Internet gambler — The action of placing wagers through on line sources while enjoying the privacy of one's own PC defines the process of Internet gambling. This type of gambling also affords 24-hour availability for gambling activity. The gambler is able to conceal activity from family members who may not even be aware of a problem. Internet gambling contributes to loss of work productivity, extended amounts of time spent on-line and the potential for extensive financial losses.

Stock Market gambler — The high-risk behavior associated with compulsive gam-

bling is not unlike placing wagers in a casino type setting. Impulsive day trading and "playing" the market that results in financial and emotional distress to the gambler

and the family can also be classified as the impulse disorder of compulsive gambling.

One of the first indicators that gambling is becoming a

problem in an individual's life is when the gambling "just isn't fun anymore." If you are wondering about your own

GAMBLING, Page 12

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Patriotism: Forward, march!



SEVENTEEN members of the Gold Crew of the fleet ballistic missile submarine USS Rhode Island of Kings Bay, Ga., fall in behind the boat's parade banner.



PLATOON leader, right, gives orders to march to the Naval Science Institute's Legacy Class 2002, Naval Education and Training Center.

PHC (AW) Jon Hockersmith/
U.S. Navy photos

Navy shows true colors for July 4th

BRISTOL, R.I. — Despite oppressive humidity and blistering temperatures well into the 90s, the 217th Bristol Civic, Military and Firemen's Parade held on July 4th went off without a hitch.

Among those to show their patriotic colors was the proud wave of Navy blue led by Rhode Island native and Naval Station Newport's executive officer, Cmdr. Jim Cunha. He was marshal of the Navy Division which consisted of marching units from the Naval Science Institute (NSI),

the Officer Indoctrination School (OIS) and the Navy Chaplains School.

The Naval Ambulatory Care Center (NACC) Newport, the Naval Education and Training Center's Seaman-to-Admiral 21 Program and the 6th Motor Transport Battalion from the Navy-Marine Corps Reserve Center, Providence, all contributed color guards to the parade.

Seventeen members of the submarine USS Rhode Island's

PARADE, Page 9



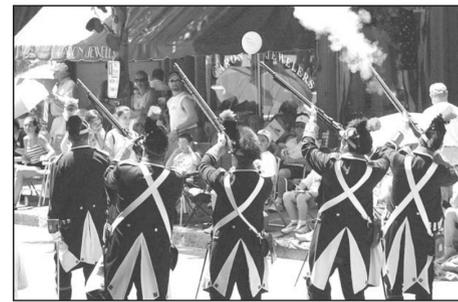
HONORS RENDERED — Lt. Kevin Underwood, left, aide to Rear Adm. Rodney P. Rempt, right, President of the Naval War College, salute from the NWC Command Cutter as it passes the guided missile frigate USS Stephen W. Groves at anchor outside Bristol Harbor.



CREWMEN FROM THE VISITING FRIGATE USS Stephen W. Groves pass down the parade route.



COLOR GUARD from the Naval Ambulatory Care Center, Newport, follows the command route.



SOME militiamen, left, fire their muskets during a pause in the parade.



OFFICER Indoctrination School students, enrolled in the NETC school's summer class, form four columns along the parade route. The second half of the class graduates July 19.

Parade

Continued from Page 8

Gold Crew also participated in the parade. Homeported in Kings Bay, Ga., the ballistic missile submarine was commissioned into service at Newport's Pier Two in 1994.

Also visiting Bristol was the USS Stephen W. Groves, a guided missile frigate, which anchored in Bristol Harbor to serve as the backdrop to the parade. The frigate also provided a marching unit.

Besides the military representatives there were floats, bands, veterans groups, patriotic, and civic organizations from around the country.

Watching the parade was Rear Adm. Rodney Rempt, President of the Naval War College, his wife, friends and other guests who motored to Bristol on the NWC Command Cutter.

The parade, which is the oldest of its kind in the nation, drew a crowd of thousands. The parade was televised on Channel 12, WPRI.

Also on July 4, Navy Band Northeast provided music for the annual ceremonial turnaround of the frigate USS Constitution in Boston Harbor.

Naval Station Newport Dining

Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

Today: Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections.

Tonight: Kick off the weekend right with a choice of Friday fun: Enjoy a fabulous outdoor barbecue or complimentary hors d'oeuvres every Friday from 5 to 7 p.m. Buy a beverage and receive a "free food" token good for a free hot dog or hamburger or enjoy a free food buffet.

Saturday: Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

Sunday: All hands brunch, buffet-style, main dining room, 10 a.m. to 12:30 p.m. Reservations required.

Monday and Tuesday: Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5:30 to 8 p.m., Topside Pub Pasta Night. All-you-can-eat fresh cooked pasta, salad and warm garlic bread. Pub opens at 4 p.m. On Tuesdays, free movies at 6 and 8 p.m. in the Topside Pub.

Wednesday: Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, free Sliced Beef Sandwiches. Buy a beverage of your choice and receive a food token redeemable for two sandwiches. Other items also available. Pub opens at 4 p.m.

Thursday: Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings, fresh garden salads and buckets of steamed clams with drawn butter. Pub opens at 4 p.m.

Upcoming Events:

Advance tickets are required for all events below. Gratuity is included in all tickets prices and there is no charge for children 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

July 18 and 25: If you missed Chris Vincent's first visit to the Officers' Club, you will certainly want to mark your calendar for his return, back to back Thursday performances on the lawn.

Enjoy "tropical folk-rock rhythms, colorful, quirky lyrics and light-hearted fun" as "Cape Cod's answer to Jimmy Buffett," Chris Vincent serenades you by the seashore. Head over to the deck early. Beverages will be available beginning at 4 p.m.

Lobsters for Happy Hour menu will be available from 5 to 7 p.m.

Aug. 2: Purchase tickets today for a summer tradition: an all-you-can-eat New England Clam-boat feast, including favorites such as creamy clam chowder, stuffed quahogs, steamers and little necks on the half shell. The buffet also features herb-roasted chicken, Italian sausage with onions, red bliss potatoes, corn on the cob, salad, fruit salad and warm corn bread.

Cost is \$24.95 for adults, \$11.45 for children 4 to 12, and free for children 3 and under. Include a one-pound lobster with your clam-boat for just \$30.95 for adults and \$18.95 for children 4 to 12, a price you won't find anywhere else! Seatings are available from 6 to 9 p.m. and must be reserved at time of ticket purchase. For more information, please call 846-7987.

Enlisted Lounges

(Building 656, phone

841-3054)

Today: Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

Tonight: Head over to the deck tonight and every Friday night and kick off the weekend with a dynamite deck party! Starting at 5 p.m., you are invited to enjoy grill-your-own complimentary hot dogs, hamburgers and much more, as you sip refreshing beverages, and listen to the coolest tunes, spun by Tim West.

Saturday: 3 to 11 p.m., Pub menu available all day.

Sunday: Noon to 8 p.m., Pub menu available all day.

Monday-Friday: Breakfast, 7:30 to 11 a.m., full menu featuring omelets, breakfast sandwiches, bagels, muffins, croissants and pan-cakes.

Lunch: begins at 11 a.m., daily specials and pub menu, including burgers, salads, sandwiches and more. Lunch and dinner is open to all hands and Department of Defense civilians are always welcome.

Tuesday is "Taco Night," 5 to 8 p.m. Create your perfect taco using all your favorite ingredients.

Wednesday is "Wild Wings" Night, 5 to 8 p.m. Basket of chicken wings (available three ways), fresh celery and blue cheese dipping sauce.

Thursday is our "Sizzling Sirloin Special," 5 to 8 p.m. Includes steak, french fries and salad.

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Swimming

(Pool 307 841-6628)

• Water aerobics, Tuesday and Thursday from 4:45 to 5:45 p.m. Cost is \$3 per class or \$25 for 11 classes.

• Recreational swimming:

—Active Duty Lap Swim, free for active duty and reservists only, Monday-Friday, 11 a.m. to 12:15 p.m.

—Lap Swim for all authorized patrons (fees apply), Monday to Friday, 12:15 to 1 p.m.; Monday to Thursday, 3 to 8 p.m.; Friday, 3 to 6 p.m.; Saturday, 7 to 9 a.m. (six lanes available) and 9 to 3 p.m. (three lanes available); and Sunday, noon to 3 p.m.

—Open Swim for authorized patrons (fees apply), Monday & Wednesday, 3 to 8 p.m.; Friday, 3 to 6 p.m.; Saturday, 9 a.m. to 3 p.m., and Sunday, noon to 3 p.m.

—Family Fun Swims, Friday 6 to 8 p.m. and Sunday, 3 to 5 p.m.; \$3 per family. Have a splashing good time with your air mats, wacky noodles and lifeguard-approved toys.

Aerobics/ exercise

(FITNESS Plus, Building 355, 841-1474)

Summer hours of operation are Monday to Friday, 5 a.m. to 7:30 p.m.; closed weekends and holidays.

•Yoga: "Vinyasa," a dynamic yoga class, emphasis on breathing techniques and proper posture alignment while enjoying a vigorous cardiovascular workout. Six-week class for \$60. Yoga mat required. To pre-register for one of the next sessions, beginning the week of July 15, call Fitness Plus at 841-1474.

•Group Fitness Classes: Offered Monday through Friday. Classes include cardiovascular workout, toning and circuit training and are offered throughout the day. No need to pre-register. Classes are free to active duty, dependents, and active reservists. DoD may participate for just \$1 to walk-in or purchase a punch card good for 30 classes for just \$25. Call or stop by for current schedule.

'Big dippers' put to the test

•Be a big dipper at Gym 109's Dip Contest on Thursday, July 18.

The contest, which will run

continuously throughout the day, is open to men and women, ages 18 and over. The winner will be the contestant from each category who completes the most dips without touching down at any point.

Male contestants will be given 20 pounds of resistance and the women will be given 30 pounds of assistance.

Prizes will be awarded to the top contestant in each group. For more information, call Gym 109 at 841-7196.

•"Early Bird Fun Run and Walk" will get your heart pumping and feet moving bright and early on Tuesday, July 23. The three-mile run and one and a half mile walk, begins at 6 a.m. and will take you around Coasters' Harbor

Island, starting and ending at Gym 109. This event is open to all active duty, retirees, reserve personnel, DoD civilians and all family members.

Participants under age 18 must have written parental consent (on forms available at Gym 109). Registrations will be accepted at Gym 109 for more information, call 841-7196.

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- Major Fred Ritvo, US Army Ret. USFHP member; Brewster, MA

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Enrollment is open all year, to military beneficiaries of all ages. For more information, visit www.brightonmarine.org or call 1-800-818-8589.



US Family Health Plan is the Uniformed Services Family Health Plan, a permanent part of the military health system.

Gambling

Continued from Page 2

gambling behavior or that of a loved one, consider the following questions:

- Did you ever lose time from work or school due to gambling?
- Has gambling ever made your home life unhappy?
- Did gambling affect your reputation?
- Have you ever felt remorse after gambling?
- Did you ever gamble to get money with which to pay debts or otherwise solve financial difficulties?
- After losing, did you feel you must return as soon as possible and win back your losses?
- After a win, did you have a strong urge to return and win more?
- Did you often gamble until your last dollar was gone?
- Did you ever borrow to finance your gambling?
- Have you ever sold anything to finance gambling?
- Did you ever gamble longer than you had planned?
- Have you ever gambled to escape worry or trouble?

- Have you ever committed, or considered committing, an illegal act to finance gambling?
- Did gambling cause you to have difficulty in sleeping?
- Do arguments, disappointments or frustrations create within you an urge to gamble?

Most compulsive gamblers will answer yes to at least seven of these questions.

The Fleet and Family Support Center (FFSC) can provide services for friends or family members who are concerned about a loved one's gambling. Like alcoholism or substance abuse, the problem-gambler rarely seeks treatment on his or her own accord; they're often motivated to come into treatment by pressure exerted from someone close to them—a family member, a boss, etc.

The FFSC has a licensed, credentialed counselor, who is ready to help you beat your gambling addiction. Call 841-2283 for more information.

Dental

Continued from Page 2

With an emphasis on patient care and wellness, Capt. Robinson said the staff stresses to patients the importance of being proactive in their oral health.

"The focus of patient care has transitioned from intervention to prevention. It has been very successful in cost effectiveness and allows us to focus more on professional development and operational readiness."

Robinson said his most rewarding accomplishment was implementing stages of

training modules designed for all dental technicians to be trained in all dental specialties.

The process is now being looked at for implementation Navywide.

Similar to his Navy career, Capt. Robinson's new position in Florida will have administrative duties. But he looks forward to working with the graduate students in a program offering the latest in dental technology, and treating patients.

"I will still have the best of all worlds," he said.

Air quality

Continued from Page 2

levels can cause serious breathing problems, it may aggravate asthma, and other pre-existing lung diseases, and it can make some more susceptible to respiratory infection. The most common symptoms of ozone exposure are coughing, pain when taking a deep breath, and for people with respiratory dis-

ease, shortness of breath.

How can I limit exposures to ozone?

All people, especially children should limit strenuous outdoor activity during the afternoon and early evening hours, when ozone levels are highest. Schedule outdoor exercise and children's outdoor activities in the morning hours.

Sports



TRIBUTE TO SUBMARINERS — Newport Gulls Head Coach Terry Allvord, right, presents a jersey signed by the collegiate baseball team to the crew of the fleet ballistic missile submarine USS Rhode Island during a game with the Torrington, Conn., Twisters at Cardines Field, Newport, last week. Master Chief Storekeeper (SS) Steve Lennon, left, Chief of the Boat; and Lt. Cmdr. Gary Rogeness, ship's engineer, accepted the shirt on behalf of the crew.

Ticket Connection

WBRU's Love Shack Luau tickets

Light a fire under your summer, with 95.5 WBRU's Love Shack Luau.

The Newport Yachting Center is your island destination as Providence radio station, WBRU raises the party tent and lights the tikis on Friday, July 19, for a love boat-style singles party!

Starting at 7 p.m., enjoy Newport's premiere waterfront location as you sip a cool tropical cocktail (cash bar) with some new friends and get ready for a fabulous feast!

Hawaiian-style food and island music set the scene for the wildest three-course dinner you've ever had.

Find yourself seated at a table for eight, with equal servings of men and women, and share a tasty appetizer. Then it's off to your second table for the main course, and on the third for dessert.

Singles must be at least 21 years old and tickets cost \$65 each and are available at Ticket Connection, Building 656. For more information, call 841-3116.

N. Y. attractions offered at discount

The MWR Ticket Connection is pleased to announce the arrival of discount tickets to some of New York City's hottest attractions!

Visit the ticket office in the Recreation Center, Building 656, and pick up tickets to Madame Tussaud's Wax Museum, the NBC Studio Tour, Grayline Sightseeing Tours and the Intrepid Air, Sea and Space Museum, all at an affordable price! Discounts are also available for selected hotels on a space available basis.

Stop by today for more information or to pick up some tickets.

Intramural softball

The Naval Station Newport Intramural Softball League results for week ending Jun. 28 follow:

June 20
NJS def. T-Hawks, 16-3
No Names def. NACC, 12-2

June 24
NACC def. NIS, 12-9
Blue Shirts Bombers def. NWC Juniors, 1-0

June 25
Out of the Box def. Chiefs, 18-5
NACC def. T-Hawks, 8-4
No Names def. PSD/Dental, 30-4

June 26
Out of the Box def. Blue Shirts Bombers, 8-4

June 27
No Names def. T-Hawks, 14-1
NACC def. Chiefs, 12-5

Standings	
No Names.....	8-1
Out of the Box.....	6-2
Pier 2 Puddle Jumpers.....	5-2
NACC.....	5-3
NIS.....	5-3
Blue Shirts Bombers.....	3-6
Chiefs.....	3-6
PSD/Dental.....	2-5
T-Hawks.....	1-8
NWC Juniors.....	3-6

Neimeyer

Continued from Page 4

In addition to the new professional challenges, Neimeyer will also be moving closer to his extended family, who live close to the Valley Forge campus. The Neimeyer family also includes three children, Kelly, 24, Patrick, 18, and Christopher, 15.

Janet Neimeyer also leaves the Naval War College family where she has served as membership coordinator for the Naval War College Foundation since December 1998.

Neimeyer will be joining a familiar face at the Pennsylvania campus, former Naval War College Provost and retired Rear Adm. Peter A.C. Long.

Long has been the President at Valley Forge for the past two years, and according to Neimeyer, his presence is an added bonus.

"I admire Admiral Long's leadership style and the way he understands education. That's what attracted me to Valley Forge."

Dean since August 2000, Neimeyer said Dr. William Turcotte, chairman emeritus of the National Security Decision Making Department, had the biggest impact on him during his tenure in Newport.

"He was a tough teacher...he didn't gingerly lead you along. He took an interest in developing me as a person and an individual. He helped develop my leadership skills that I think will carry me through as a Vice President of an academic institution."

On the war against terrorism, Neimeyer, one of the War College's most experienced experts in the field, said the U.S. is in it for the long haul.

"I think this is going to be very much like a cold-war fight. It is going to go on for a long time with each year a new version of terrorism coming out. We are going to have to fight it much like the strains of flu we get out every year. We are going to have to come out with a new vaccine or inoculation to defend against it."

Neimeyer also commented that "striking first" is an option the U.S. can and should take if the situation warrants it. He also described Iraq as a "big concern," but one that could be diminished if Saddam Hussein allows weapons inspectors to return to the country.

As for the future of the Naval War College, the outgoing Dean said New-

port is in good hands.

"I think Admiral Rempt has a great vision for this institution. He foresees a lot more Navy leadership participation in the college and I think he is going to build and get the resources needed to accomplish it."

Looking ahead, Neimeyer has some big projects to look explore, including the possibility of expanding Valley Forge into a four-year university.

"The demand is out there," he said. "We've got more and more students requesting admission to our college and we are going to look at developing the school program similar to the Virginia Military Institute."

While only five to 10 percent of Valley Forge graduates go on to serve in the military, Neimeyer noted applications

have soared since Sept. 11.

Neimeyer said his time in Newport will play a significant role. "I hope to apply what I have learned here in my new job."

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DISHWASHER, part time. Apply Anthony's Seafood, 846-9620.

DRIVER'S WANTED. Local. Apply in person at Shop Wash, 1376 W. Main Rd., Middletown.

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LIFEGUARD part time. Apply in person Howard Johnson Inn, Middletown or call Jeff Miller, 849-ext. 304.

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RESTAURANT WAITSTAFF, Cook - Apply Gold's Grill 218 Valley Rd., Middletown

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Sailors and Marines join race at Le Mans

MILLINGTON, Tenn. (NNS) — Navy Morale, Welfare and Recreation (MWR) teamed up with General Motors (GM) Racing to allow four Sailors and two Marines from the carrier USS John F. Kennedy Battle Group currently operating in the 5th Fleet to visit Le Mans, France to experience pit crew life and a virtual "day" at the races.

"This event is part of an initiative between GM and Navy MWR," said Cheryl Anderson, MWR's Entertainment and Special Events Coordinator.

Navywide news

"Navy MWR picked up the transportation and lodging and GM covered everything else."

After qualifying for the Le Mans Race in May, the six members of the Corvette team flew from Paris to the aircraft carrier. Six Sailors and Marines were chosen from this visit to attend the 24 Hours of Le Mans as special guests of the Corvette team.

Corvette Racing won its second straight one-two finish in the GTS class at Le Mans. The yellow Chevrolet Corvette C5-R machines' first-place car finished 11th overall. Ron Fellows, Johnny O'Connell and Oliver Gavin were the winning drivers.

Navy's race truck benefits recruiting

FORT CARSON, Colo. (NNS) —Traveling at nearly 170 miles per hour, shaking the ground below and filling the air with a crowd-pleasing, ear-piercing rumbling, a blur of yellow and blue screams for attention.

That blur is the Navy NASCAR Craftsman truck, the Navy's latest recruiting tool, and it recently competed at the NASCAR Craftsman 200 race at Pikes Peak International Raceway, south of Colorado Springs. The truck not only thrilled the crowds, but also lent a helping hand to the local Naval Reserve recruiting efforts.

The truck is the only official Navy-sponsored NASCAR vehicle, and will remain sponsored by the Navy for the rest of its 17 scheduled races this year.

"Numerous NASCAR folks had previously approached the Navy for sponsorship, but the cost was prohibitive," said

Jeri Ezell, communications deputy department head at the Center for Career Development in Millington, Tenn. "However, the Rausch Racing Team and the Wood brothers came in with a sponsorship plan we could afford, and we felt that their driver, Jon Wood would be a great representative for the Navy."

In order to maximize interest that the bright and colorful truck brought with it, the recruiters set up a display booth at the Pikes Peak International Raceway for the entire weekend. They passed out various naval informational packets, as well as giving away promotional items such as water bottles, sunglasses and keychains.

On Sunday the racing team parked their brightly-colored cargo trailer and the Number 50 Ford F-150 race truck next to the recruiters booth and helped generate further interest. Jon "The Accelerator" Wood, the 20-year-old driver from Stuart, Va., spent about 30 minutes at the recruiting booth signing autographs and greeting fans.

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